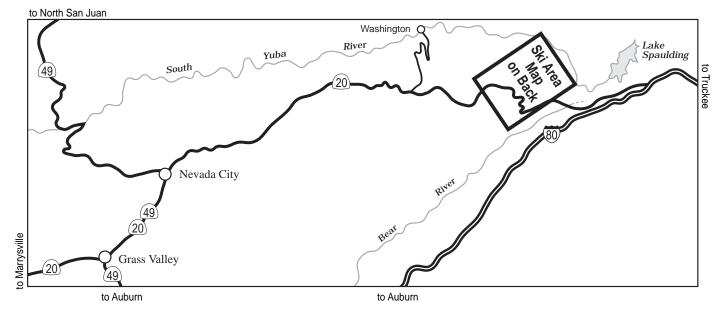
Steephollow Nordic Ski Area

Nevada City Ranger District

Tahoe National Forest





Welcome

The Steephollow Recreation Area is located on the north side of State Highway 20 on the headwaters of Steephollow Creek. It extends from the Omega Rest area to the Lake Spaulding Overlook. No vehicles (including snowmobiles) are allowed in the Steephollow recreation area in the winter except landowners under special use permit. In a cooperative agreement with the Tahoe National Forest, The Nordic Skiers of Nevada County have marked and maintained the trails since 1982. Trailheads are located at Alpha-Omega rest stop and at turnouts east of rest stop. Parking is available when plowed.

Trail Tact

- Ski single file, always on the right if two tracks are available.
- Ski within your ability for distance and speed, adjust for terrain, visibility and other skiers nearby. Maintain a safe distance.
- Downhill skiers have right of way, they are moving faster and have less control.
- Always get off trail when you stop, and get up quickly after you fall.
- Keep your poles close to your body when skiing, especially when passing or being passed.
- Anything you pack in, pack out, please don't litter!



United States Department of Agriculture



Tahoe National Forest

Prepare for Changing Weather

Check weather forecast. Notify someone of your travel plans. Never ski alone.

Weather, equipment failure, and snow conditions can create trail emergencies. Carry the items you think you might need to spend one cold night in the snow.

- Extra warm clothing (wool is best)
- Flashlight
- Sunglasses, sunscreen and chapstick
- Waterproof matches and candle or firestarter
- Extra food plus lunch
- Pocketknife
- First aid kit
- Space blanket
- Topographic map of the area & compass
- Repair kit: duct tape, screw driver, steel wool
- Metal cup for melting snow
- Ensolite pad
- 6 X 8 plastic tarp and 50 feet of nylon cord

rev.11/95

