

# Do you have an **11** or **12** year old?

## If yes, help prepare your child for the adolescent years ahead.



“I recommend that all 11 and 12 year olds get a check-up to monitor their growth, talk about their development, and get updated on their vaccines.”



Now is the perfect time to vaccinate your child against serious diseases like meningitis, tetanus, cervical cancer, and whooping cough.

## **Schedule a pre-teen check-up today!**

For more information on vaccines, ask your child's healthcare provider or call **800-CDC-INFO** (800-232-4636)  
Website: [www.cdc.gov/vaccines/preteen/](http://www.cdc.gov/vaccines/preteen/)



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR DISEASE CONTROL AND PREVENTION

