

**Reuss, Vicki A. (CDC/NIOSH/EID)**

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**From:**  
**Sent:** Tuesday, November 20, 2007 10:58 AM  
**To:** NIOSH Docket Office (CDC)  
**Cc:** Chen, Jihong (Jane) (CDC/NIOSH/EID) (CTR); Doyle, Glenn (CDC/NIOSH/EID)  
**Subject:** 110 - TDSH Comments

Name

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Comments

I reviewed your questionnaire goals and it is good. However, as a DOT medical examiner, you will find that most drivers do not answer any questions honestly. in Crossville, TN asked drivers to fill out the Epworth sleep scale as part of the Dot medical exam. Two of his large trucking companies, offered to pay for a sleep study on any driver who had secondary signs of sleep apnea. His results showed that the drivers who claimed to have absolutely no problems had the worst sleep apnea. Those with problems do not want to disclose any history in fear of losing their certificate. I've found drivers not listing sedating medicines, never admit to snoring, no history of any surgery but have a large scar on their back, no heart problems but have a cabg scar, and many more examples.

You need to have a way to verify the honesty factor or your data is 'garbage' with erroneous conclusions. I predict your questionnaire will show drivers are the most healthy, non-smoking, best sleepers, and don't need health intervention in the population. (sorry) I've worked with truckers too long to trust what they say. I trust what I see.

Truth Bias is going to be your biggest issue.  
I look forward to your results.