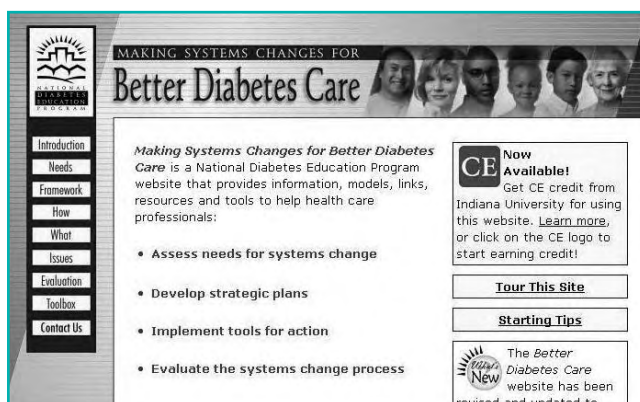


Continuing Education Credit Now Available for *BetterDiabetesCare* Website



Introducing... a continuing education program designed by the foremost expert in how to improve your practice... you. The National Diabetes Education Program brings you *BetterDiabetesCare*, a dynamic website and resource that allows you to ask your own questions about the real challenges that affect your practice: making patient-centered team care a reality for your patients; managing patient records, payments, and other information; and evaluating outcomes and making informed decisions about improving your practice.

You choose the question, and you choose the tools and resources you need to find the answers. Just document the process and receive up to ten hours of continuing education credits from the Indiana University School of Medicine.

BetterDiabetesCare is focused on how to improve the way you deliver diabetes care rather than the clinical care itself. The content of the website is based on current, peer-reviewed literature and evidence-based practice recommendations. It provides models, links, resources, and tools to help you assess your needs, develop and plan strategies, implement actions, and evaluate results.

The CE/CME option caps a yearlong review and revision of the *BetterDiabetesCare* site led by Dr. Kevin Peterson, chair of NDEP's Health Care Provider Work Group, and Dr. Charles M. Clark Jr., NDEP chair emeritus and associate dean for continuing education at Indiana University.

The continuing education credits will be awarded for reflective learning—a self-directed process that occurs in response to key issues or problems that arise in health care practice. You can draw from appropriate sources: educational programs, websites, colleagues, literature reviews, readings, or practice assessments such as reviewing patient medical records.

"As a chronic disease, it is clear that diabetes needs to be managed with continuous, proactive, planned care rather than episodic, illness-focused care," said Dr. Kevin Peterson. "Changing the way we deliver health care can help us develop the infrastructure we need to provide the quality care that we strive for. CE credits provide another incentive to take the time to meet these important challenges."

Dr. Clark and his staff at Indiana University have made a significant contribution to the development of the CE/CME program. Dr. Clark brought the reflective learning concept to the work group for consideration, and Indiana University staff developed the CE/CME program's structure and questions, including the computer programming necessary to bring it to life. "NDEP could not have done this without the help of Indiana University and Dr. Clark," noted NDEP Chair Dr. Lawrence Blonde. "We can add this to the long list of contributions Dr. Clark, our chair emeritus, has made to NDEP."

For a nominal fee of \$10, users of the site will receive a certificate documenting up to ten CE/CME credits per year. Visit *BetterDiabetesCare* at www.BetterDiabetesCare.nih.gov, share the site with colleagues, and click on the CE link to learn more and to begin earning credits! ■

A Message from our Chair



Welcome to the winter 2006 issue of *NDEP Update*. This is an exciting time for the NDEP. We have introduced *The Power to Control Diabetes Is in Your Hands*, our updated campaign for older adults, highlighting comprehensive control and new diabetes-related Medicare benefits. And our *BetterDiabetesCare* website

now offers continuing education credits to health care professionals using this resource to improve systems and delivery of care in their practice.

This is also a time of transition, as I try my best to succeed Dr. James R. Gavin III, my predecessor, colleague, and friend, as NDEP Chair.

On behalf of the NDEP, I thank Dr. Gavin for his great leadership during the past three years as he:

- Raised NDEP's profile in the media. In the world of diabetes, no one is better known than Jim. Offering Jim as a spokesperson has significantly increased the number of eyes and ears that have heard our message. More than 177 million

See **CHAIR** on page 2

New Leaders, Departing Veterans

Lawrence Blonde, M.D., F.A.C.P., F.A.C.E. began his term as the new chair of the National Diabetes Education Program in October 2005. As chair, Dr. Blonde will lead the NDEP Executive Committee and Steering Committee as we work with our federal, state, and local partners to continue to change the way diabetes is treated.

Dr. Blonde is director of the Ochsner Diabetes Clinical Research Unit in the Section on Endocrinology, Diabetes and Metabolism, and associate director of the Internal Medicine Residency Program in the Department of Internal Medicine at the Ochsner Clinic Foundation in New Orleans. A member of the board of the American Association of Clinical Endocrinologists, Dr. Blonde has previously served as chair of the NDEP Operations Committee, vice chair of the NDEP Health Care Provider Work Group, and representative of the American College of Physicians on the NDEP Steering Committee.

NDEP is also pleased to announce **Jeffrey B. Caballero, M.P.H.**, executive director of the Association of Asian Pacific Community Health Organizations (AAPCHO), as the new chair of the Operations Committee, where leaders of NDEP's work groups and committees come together to collaborate on cross-cutting projects and initiatives. Mr. Caballero has served as longtime chair of the Asian American and Pacific Islander Work Group and represents AAPCHO on the NDEP Steering Committee.

Frank Vinicor, M.D., M.P.H., director of the Division of Diabetes Translation (DDT) at the Centers for Disease Control and Prevention (CDC) and CDC representative to the NDEP Executive Committee has left DDT and NDEP to join the senior leadership team of the CDC National Center for Chronic Disease Prevention and Health Promotion.

"It has been a joy to watch NDEP develop from an idea into a reality, and I plan to promote NDEP as a model for educational outreach," said Dr. Vinicor. "My hope is that, as the organization continues to grow, that NDEP never loses sight of the people it serves."

In his place, **Mike Engelgau, M.D.**, is serving as acting director of DDT and has joined the NDEP Executive Committee. Winner of the prestigious 2005 American Diabetes Association Kelly West Award for Diabetes and Epidemiology, Dr. Engelgau brings with him experience as chief of DDT's Epidemiology and Statistics Branch and division-wide associate director of prevention policy.

Many of NDEP's work groups have also seen a transition in leadership. **Tele Frost-Hill, R.N., F.N.P.**, clinician at LBJ Hospital in American Samoa, will succeed Jeff Caballero as chair of the Asian American and Pacific Islander Work Group. As work group chair and vice chair, Mr. Caballero and Ms. Frost-Hill were instrumental in the adaptation of NDEP materials in 16 Asian and Pacific Languages, and in the development of *Two Reasons I Find Time to Prevent Diabetes: My Future and Theirs*, NDEP's diabetes prevention campaign targeted to Asian Americans and Pacific Islanders. **Man-Ja Lee, R.N., B.S.N.**, project coordinator at Parkland Health and Hospital System in Dallas, will now serve as vice chair of the work group.

Yanira Cruz, M.P.H., president and CEO of the National Hispanic Council on Aging, and **Jaime Torres, D.P.M., M.S.**, associate director for consultative services at Coler-Goldwater Specialty Hospital in New York—chair and vice chair of NDEP's Hispanic and Latino Work Group respectively—have concluded their enormously successful terms. Ms. Cruz and Dr. Torres were instrumental in the creation of *Paso a Paso*, NDEP's diabetes prevention campaign for Hispanics and Latinos as well as the award winning MOVIMIENTO music CD.

The work group has welcomed new chair **Isabel Almendarez, M.P.H.**, health program analyst with the D.C. Diabetes Prevention and Control Program, and new vice chair **Julia Burgos**, national director of Latino initiatives at the American Diabetes Association.

CHAIR from page 1

people learned about NDEP this past year, in large part thanks to Jim.

- Met with leadership of a number of organizations to strengthen existing and forge new partnerships with NDEP. In ways both subtle and obvious we continue to see rewards from this outreach.
- Helped NDEP develop and present the world's first comprehensive, multicultural public education program for diabetes prevention. *Small Steps. Big Rewards. Prevent type 2 Diabetes*, came to life under Jim's leadership.

Jim perfectly combines scientific and clinical expertise, great passion to help people with diabetes, and communication skills that resonate far and wide. Among his other talents, Jim is an excellent singer, and I believe that in all his NDEP activities he has always displayed perfect pitch. I'm grateful that he will continue to actively participate in NDEP.

As NDEP moves forward, we hope to:

- Encourage even stronger collaborations among our partners and volunteers. And we need to capture opportunities to promote systems change through collaborations with health professionals and business and managed care leaders.
- Complete an economic analysis of the benefits of treating diabetes and preventing pre-diabetes. This report will include a rigorous, systematic review of existing studies and best practices and can set the stage for an expanded focus on health care system changes.
- Release a series of toolkits for community organizations that will help them put NDEP messages and materials to work. These toolkits will guide organizations in their efforts to address diabetes prevention and control.

The revised *National Diabetes Fact Sheet* released by CDC in October 2005 estimated that nearly 21 million Americans are now living with diabetes, a 14 percent increase since 2003, and another 41 million have pre-diabetes. Under the leadership of Dr. Gavin and founding Chair Dr. Charles M. Clark Jr. we have made progress in changing the way diabetes is treated. We all know that more needs to be done, and I look forward to working with each of you to enhance the contribution of NDEP for people with and at risk for diabetes. ■



SPREADING THE *word* NDEP Partners at work.

Because our partners play such a key role in our mission to *promote, promote, promote*—they also play a key role in our ability to measure how we're doing. That's why the NDEP Partner Activities Survey, sent every spring and fall by email, is so important. NDEP would like to thank all of our partners who participated in the November 2005 edition of the survey. Here are just a few of the ways, reported in the survey, that our partners are working to change the way diabetes is treated.

State Diabetes Prevention and Control Programs (DPCPs)

- The **California Diabetes Prevention and Control Program** partnered with Wal-Mart to run a *Small Steps. Big Rewards.* video public service announcement in all of their California stores each day for a two-month period.
- The **Delaware Diabetes Prevention and Control Program** conducted an evaluation of a *Small Steps. Big Rewards.* pilot program that provided information to seniors about how to prevent or delay type 2 diabetes. The evaluation showed that seniors who participated in the program increased their knowledge of diabetes and were satisfied with the program.
- The **District of Columbia Diabetes Prevention and Control Program** implemented a community-based campaign promoting the link between diabetes and cardiovascular disease using *Be Smart About Your Heart* campaign materials. The campaign included a mayoral proclamation designating March as Diabetes Heart Health Month.
- The **Florida Diabetes Prevention and Control Program** distributed *Small Steps. Big Rewards.* materials to every county in the state as part of their "Step Up Florida" campaign.
- The **Idaho Diabetes Prevention and Control Program** conducted a *Small Steps. Big Rewards.* media campaign in 16 counties throughout the state that encouraged residents interested to call the state's referral ID Care Line to receive a pedometer and information about diabetes prevention. A follow-up survey with people who had called the referral line found that some people had increased their physical activity and their intake of fruits and vegetables.
- The **Montana Diabetes Prevention and Control Program** distributed *Small Steps. Big Rewards.* GAME PLAN toolkits as part of a project designed to help a primary care practice monitor people with pre-diabetes.
- The **Virginia Diabetes Prevention and Control Program**, in collaboration with the Virginia Diabetes Council, offered a "Preventing type 2 Diabetes: Small Steps. Big Rewards." workshop that provided the results from the Diabetes Prevention Program and highlighted the materials available from the NDEP. The workshop was used to announce a mini-grant opportunity for community-based diabetes prevention efforts.

Work Group Members

- **Lizia Auger** of the **Hispanic and Latino Work Group** conducted several diabetes prevention awareness programs for Spanish-speaking seniors and young mothers. The programs incorporated many of NDEP's materials, including information from the *Small Steps. Big Rewards.* campaign.
- **Rosalyn Correa-de-Araujo** of the **Health Care Providers Work Group** incorporated *Be Smart About Your Heart* and *Control Your Diabetes. For Life.* materials in workshops for physicians and nurses interested in developing programs at their hospitals for women with cardiovascular disease.
- **JoAnn Gurenlian**, chair of the **Pharmacy, Podiatry, Optometry and Dentistry (PPOD) Work Group** provided *Small Steps. Big Rewards.* and *Be Smart About Your Heart* materials to dental health professionals through a series of continuing education courses.
- **Catherine Marschilok** of the **Diabetes in Children and Adolescents Work Group** used *Small Steps. Big Rewards.* materials during a diabetes training course for nurses who work for the New York State Office of Mental Retardation and Developmental Disabilities.
- **Gladys Gary Vaughn**, chair of the **African American Work Group** referenced *Control Your Diabetes. For Life.* and *Be Smart About Your Heart* materials in presentations to U.S. Department of Agriculture staff members who run programs addressing a wide range of audiences including farmers, ranchers, refugees, and youth.
- **Melissa Stankus** of the **Business and Managed Care Work Group** offered a range of NDEP materials to onsite healthcare providers who treat and manage employees at risk for or with diabetes.



Deadline Approaches for New Medicare Prescription Drug Coverage (Part D)

As of November 15, 2005, 42 million Americans who are 65 or older or disabled are eligible to enroll in the new Medicare Prescription Drug Coverage, also known as Medicare Part D, with coverage beginning January 1, 2006. Many of those eligible may be confused or overwhelmed not only about whether to join but also about how to join—in most states people will have to choose among more than 40 different plan options. And while that's a lot of information to process, most people will want to make their decisions in the next few months. Enrollment continues through May 15, 2006, and people eligible now who delay their decision to enroll will see their premiums increase by 1% per month. For example, someone eligible now who waits until May

2008 to enroll will pay premiums 24% higher than if they enrolled by May 2006.

What can you do to help? Direct those eligible to call 1-800-MEDICARE (1-800-633-4227) for personalized information about their options. They should have their Medicare information, list of medicines, and the address of their local pharmacy with them when they call. TTY users should call 1-877-486-2048. Interested parties can also call their local office on aging at 1-800-677-1116 or visit www.eldercare.gov to find local counselors. For more information for your organization, including public service announcements to hang in your office, visit www.cms.hhs.gov/medlearn/drugcoverage.asp. ■

Medicare Benefits: Spread the Word!

"Many people don't know that they're eligible for Medicare benefits like diabetes self-management training, medical nutrition therapy, or diabetes screening tests," reports Ms. Leontos. "And people won't take full advantage of these benefits until they know and understand them. We need to spread the word!"

People with diabetes are eligible for diabetes self-management training and medical nutrition therapy if they've recently enrolled in Medicare, if they've recently been diagnosed with diabetes, or if they've recently had certain changes in their treatment. People with diabetes should talk with their doctor about utilizing these benefits.

Medicare also pays for several other services for people with diabetes, including diabetes self-testing equipment and supplies, A1C tests, dilated eye exams, glaucoma screenings, foot care and exams, and flu and pneu-

mococcal pneumonia shots. Prescriptions are required for most of these services, so people with diabetes should talk with their doctor to learn more and to make sure they're taking full advantage of their coverage.

People at risk for diabetes should talk with their health care team; they may be eligible for up to two diabetes screenings each year, especially if they are obese or overweight or have high blood glucose, high blood pressure, cholesterol problems, or other risk factors. "This is preventive medicine that will ultimately lower health care costs by diagnosing and treating people with diabetes earlier and thus delaying or preventing serious complications," says Ms. Leontos. ■

"Many people don't know that they're eligible for Medicare benefits like diabetes self-management training, medical nutrition therapy, or diabetes screening tests."

— Carolyn Leontos, M.S., R.D., C.D.E., Chair, NDEP Older Adults Work Group





It's Not Too Late to Prevent Diabetes. Take Your First Step Today

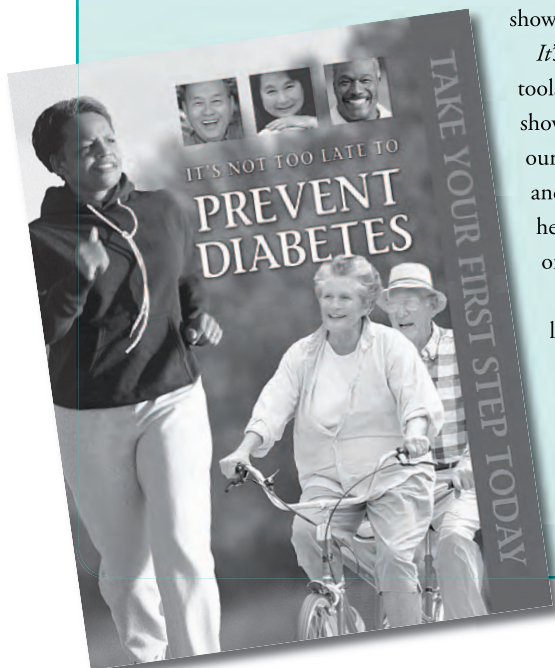
by Dr. James R. Gavin III, NDEP Immediate Past Chair

Too often as older adults we feel that it's too late for us to do much good in preventing illnesses like diabetes. We spend too much time regretting the years we spent gaining weight and not exercising. I've heard friends and colleagues express their feeling that it's too late for them to make major lifestyle changes at this point in their lives. The Diabetes Prevention Program shows us that this is wrong. It's not too late to prevent diabetes... and we can all start today.

It's Not Too Late to Prevent Diabetes. Take Your First Step Today provides free information and tools designed to help older adults at risk stop diabetes in its tracks. Prevention tip sheets show that increasing physical activity doesn't have to be boring or hard. We can walk through our local malls. We can dance (even in our own living rooms). We can visit museums, zoos, and aquariums and be active with our families. The NDEP also encourages smart ways to eat healthy, and provides fat and calorie counters to keep track of progress and recipes for those of us who might like to try something new.

Now is the time to take control of our health, for ourselves and our families. Help your loved ones and your communities prevent diabetes by embarking on a new, healthier lifestyle. The steps are small, but the rewards are big. Lose just 5 to 7 percent of your current body weight through healthy eating and getting thirty minutes of physical activity 5 days a week, and you can significantly reduce the threat of diabetes.

Diabetes prevention is proven, possible, and powerful—especially for older adults. Take your first step today. ■



The Power to Control Diabetes Is in Your Hands Community Action Kit

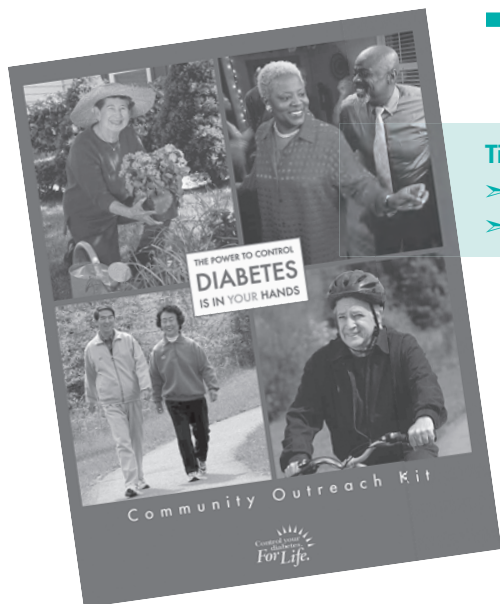
The *The Power to Control Diabetes Is in Your Hands* community action kit is a comprehensive resource designed to assist community organizations in helping their older adult members living with diabetes learn how to manage the disease and live longer, healthier lives.

Tips and materials in this kit include:

- > diabetes information
- > ideas to promote diabetes awareness, education, and control
- > resource lists
- > marketing materials to promote the campaign

“We’ve made it simple to spread this message within your organization or community,” says Ms. Leontos. “Just take one of our articles, customize it with your local information, and then drop them in your newsletter or promote it to your local media.”

The community kit includes *The Power to Control Diabetes Is in Your Hands*, a clear and comprehensive brochure about diabetes and related Medicare benefits that can be used independently for older adults living with diabetes and their loved ones. This brochure focuses on the importance of a comprehensive approach to controlling diabetes by managing blood glucose (blood sugar), blood pressure, and cholesterol; taking prescribed medicines; making healthy lifestyle choices; and accessing Medicare benefits. ■



National Diabetes Action Plan

Diabetes: *A National Plan for Action* is the latest initiative sponsored by the U.S. Department of Health and Human Services to address diabetes prevention, detection, and treatment. Prompted by the Secretary's commitment to disease prevention and health promotion, together with efforts of individuals and organizations—including the American Diabetes Association, Juvenile Diabetes Research Foundation International, American Association of Diabetes Educators, and other professional associations—the national action plan utilizes a comprehensive action-oriented approach to identify activities among relevant stakeholders to improve diabetes prevention, detection, and care.

Download the National Diabetes Action Plan at: <http://aspe.hhs.gov/health/NDAP/NDAP04.pdf>. ■



PARTNER

Representing nurse practitioners from across the country and from all specialties, the American Academy of Nurse Practitioners (AANP) is a longtime member of the NDEP Steering Committee, providing advice and counsel on the development and dissemination of NDEP messages and materials.

American Academy
of
Nurse Practitioners

AANP promotes NDEP on their website by featuring a link to the NDEP homepage as well as articles and information from NDEP NEWS & NOTES, our monthly e-newsletter. They have also promoted NDEP messages and materials through their print publications and in AANP Smart Brief, their daily e-newsletter. AANP will support NDEP evaluation efforts by including questions about diabetes in an upcoming survey of their members.

AANP Executive Director Dr. Judith Dempster serves on NDEP's Health Care Provider Work Group, a volunteer committee that seeks to reduce the gap between current and desired patient outcomes and support health care providers in their efforts to provide quality care. Dr. Dempster played an integral role in the work group's development and launching of NDEP's *BetterDiabetesCare* website (see page 1).

With gratitude and much appreciation, NDEP acknowledges the continuing hard work and dedication of Dr. Judith Dempster and the American Academy of Nurse Practitioners in support of our work to change the way diabetes is treated. ■

APPLAUDS from page 2

Other new work group leaders include **W. Lee Ball Jr., O.D.**, director of optometric services at the New England Eye Institute and assistant professor of optometry at New England College of Optometry as vice chair of the Pharmacy, Podiatry, Optometry, and Dentistry Work Group; **Gladys Gary Vaughn, Ph.D.**, director of the office of outreach at the USDA Office for Civil Rights, and **Janet Brown, R.N., M.S.N., M.P.H.**, clinical trials manager at the Albert Einstein School of Medicine as chair and vice chair of the African American Work Group; **Gale Marshall**, consultant with Two Feathers Management, as vice chair of the American Indian and Alaska Native Work Group; and **Francine Kaufman, M.D.**, head of the Center for Diabetes, Endocrinology, and Metabolism at Childrens Hospital Los Angeles and professor of pediatrics at the Keck School of Medicine of the University of Southern California as vice chair of the Diabetes in Children and Adolescents Work Group and chair of NDEP's Gestational Diabetes Mellitus Expert Panel.

Volunteers are the heart and soul of our program. We applaud departing veterans for their outstanding contributions in getting us to where we are today, and welcome our new leaders with excitement for what's to come. ■

a job WELL DONE

NDEP has been awarded the following honors in summer and fall 2005:

- NDEP's *Small Steps. Big Rewards.* radio public service announcements have been honored with the Crystal Award of Excellence by the **Communicator Awards**. The PSA package includes 30 and 60 second ads tailored for general audiences, older adults, African Americans, American Indians and Alaska Natives, Asian Americans and Pacific Islanders, and Hispanics/Latinos. Live-read scripts and mp3 audio files for all twelve ads are available online at www.ndep.nih.gov.
- The Public Relations Society of America National Capital Chapter awarded NDEP a 2005 **Thoth Award** for our *Small Steps. Big Rewards.* diabetes prevention tip sheets. NDEP has adapted the message that diabetes prevention is proven, possible, and powerful into twenty culturally appropriate tip sheets—from Spanish to Samoan.
- *Move It! And Reduce Your Risk for Diabetes*, NDEP's physical activity campaign for American Indian youth, has been awarded the **Horizon Health Education Program Award**. The CDC Horizon Health Award is given each year to a program developed by CDC or in collaboration with CDC partners which has been in existence for 2-4 years and exhibits significant potential to substantially and positively affect the practice of health education.
- NDEP's *Small Steps. Big Rewards.* diabetes prevention tip sheet for older adults, *It's Not Too Late to Prevent Diabetes. Take Your First Step Today* has been awarded the Bronze Award in the government brochure category by the 2005 **National Mature Media Awards**.

updated NDEP PUBLICATIONS

To order these publications or other NDEP materials, please call 1-800-438-5383 or visit the NDEP website, www.ndep.nih.gov.

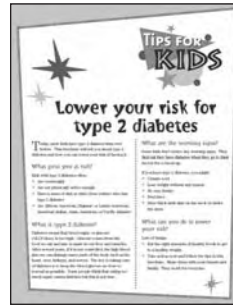
UPDATED



If You Have Diabetes, Know Your Blood Sugar Numbers

One of NDEP's most popular products, this updated and redesigned patient education brochure provides information on measuring blood sugar levels using the A1C test and the finger-stick test. Available in English and Spanish.

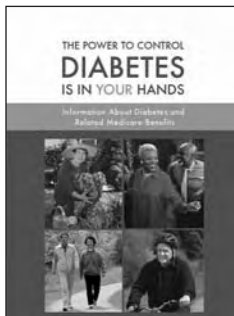
NEW



Lower Your Risk for type 2 Diabetes

This colorful, easy-to-read tip sheet encourages young people to take steps to lower their risk for type 2 diabetes. It provides tips to reach a healthy weight and lead an active lifestyle and includes healthy food and activity guides.

UPDATED



The Power to Control Diabetes Is in Your Hands

This brochure provides information for older adults with diabetes on how to manage their disease, including the importance of checking blood glucose levels, managing the ABCs of diabetes and how to access Medicare benefits. Available in English and Spanish.

NEW

Dealing with the Ups and Downs of Diabetes



This colorful, easy-to-read tip sheet encourages teens with type 2 diabetes to feel OK about themselves and their diabetes. It provides tips to help them deal with the ups and downs of diabetes—to reach out and get support from others; to involve their family and their health care team; and to take action to manage their diabetes for a long and healthy life.

NOW IN 15 LANGUAGES!

Two Reasons I Find Time to Prevent Diabetes: My Future and Theirs

Designed specifically for Asian Americans and Pacific Islanders, the tip sheet provides information about Asian Americans' and Pacific Islanders' risk for diabetes and the small steps they can take to prevent the disease. Now available in English and 14 Asian and Pacific Islander languages:

- Chinese
- Thai
- Tagalog
- Hindi
- Japanese
- Lao
- Hmong
- Gujarati
- Korean
- Cambodian
- Samoan
- Vietnamese
- Tongan
- Chamorro



UPDATED

Tips for Kids with type 2 Diabetes

NDEP's colorful, easy-to-read tip sheets for kids with type 2 diabetes have been revised with updated

USDA nutritional guidance and are available in English and Spanish. Titles include *What is Diabetes?*, *Eat Healthy Foods*, *Be Active*, and *Stay at a Healthy Weight*.

Promote Promote, Promote, Promote!

Planning a promotion around diabetes control or prevention? Consider using NDEP messages and materials and help change the way diabetes is treated.

Take our feature articles, OpEds, and public service announcements, and customize them. Add your organization's name and mission, and talk about how you and NDEP are working together. Put your logo on an ad. Add your contact information to a feature article. Then submit the ad and the article to your local paper. Everybody wins: the local paper gets a local story, your organization gets some good publicity, and NDEP spreads the word about our campaigns and materials. And don't forget to promote our products in your organization's newsletter, mentioning them at meetings and in slide presentations, and talking about them on conference calls!

Visit NDEP's campaign tools website at www.ndep.nih.gov/campaigns/tools.htm for sample articles, OpEds, fact sheets, public service announcements, and tips for working with the media. ■

NDEP

on the road

The NDEP regularly exhibits at national meetings across the country. Exhibits provide an opportunity to share information and publications, promote NDEP programs and resources, and strengthen links with partner organizations. Upcoming NDEP exhibits are listed below:

- > **American College of Physicians**
April 6-8, 2006 • Philadelphia, PA
- > **CDC Diabetes Translation and Obesity Conference**
May 16-19, 2006 • Denver, CO
- > **American Diabetes Association**
June 9-13, 2006 • Washington, DC
- > **American Academy of Nurse Practitioners**
June 20-25, 2006 • Gaylord, TX

NATIONAL DIABETES EDUCATION PROGRAM



Changing the Way Diabetes Is Treated

Partnerships • Community Outreach • Awareness Campaigns • Tools and Resources for Consumers and Health Care Providers

A Joint Program of the National Institutes of Health and the Centers for Disease Control and Prevention

stay connected
WITH NDEP

- > **Visit NDEP online** at www.ndep.nih.gov.
Learn more about diabetes, download diabetes education resources and tools, learn how to work with the NDEP to promote diabetes prevention and control, and find out more about how NDEP works to change the way diabetes is treated.
- > **NDEP NEWS & NOTES**, NDEP's monthly e-newsletter, is designed to keep you informed about our activities and help you identify opportunities to incorporate our messages, products, and activities into your programs. If you would like to receive NDEP NEWS & NOTES every month, please email us at ndep@info.nih.gov and ask to be added to our subscriber list.

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