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CENTERS FOR DISEASE CONTROL AND PREVENTION  
NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH

convenes the

TOWN HALL MEETING

**NORA**

**NATIONAL OCCUPATIONAL**

**RESEARCH AGENDA**

The verbatim transcript of the  
Town Hall Meeting of the National Occupational  
Research Agenda held in Houston, Texas, on  
January 23, 2006.

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January 23, 2006

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-- "\*" denotes a spelling based on phonetics, without reference available.

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**PROCEEDINGS**

(9:00 a.m.)

**OPENING REMARKS****DR. SARAH A. FELKNOR**

**DR FELKNOR:** Good morning, and I think we're ready to get started. My name is Sarah Felknor and I'm the interim director of the Southwest Center for Occupational and Environmental Health at the University of Texas School of Public Health. And I'd like to begin this morning by introducing our Dean, Dr. Guy Parcel, who has some words of welcome. Dr. Parcel.

**DR. PARCEL:** Thank you very much, Sarah. My role in this is very -- very brief, and so I'll keep my remarks brief. On behalf of President Willerson\*, president of the University of Texas Health Science Center, I extend a welcome to all of you who are participating in this town hall meeting, and especially send warm welcomes from the faculty, staff and students of the University of Texas School of Public Health. We consider ourselves unique in -- among schools of public health in that we have a main campus here in Houston, but we also have regional campuses throughout the state,

1 including Brownsville, El Paso, San Antonio and  
2 Dallas. So we attempt to provide education,  
3 training, research and community services  
4 throughout Texas.

5 I especially extend warm welcomes to Dr. Howard  
6 and to all of the NIOSH staff who are here  
7 today, and to Dr. Levin and colleagues  
8 attending with him from UT Tyler, one of our  
9 sister schools within Texas.

10 We greatly value our occupational health and  
11 safety programs here in the school, both from  
12 the standpoint of our teaching program and our  
13 research program. The Southwest Center for  
14 Occupational Health and Safety is one of our  
15 leading research centers within the school, and  
16 we think it's one of the leading NIOSH-funded  
17 centers in the country. We're very proud of  
18 the work that the Center's doing, and we're  
19 very pleased to have this opportunity to host  
20 this town hall meeting today.

21 And I'd like to finally express my appreciation  
22 to Sarah Felknor for her leadership for the  
23 town hall meeting, and to George Delclos and  
24 Sarah for their leadership in directing the  
25 Southwest Center for Occupational Health and

1 Safety.

2 Welcome, everybody. I hope you have an  
3 enjoyable and productive day. Thank you.

4 **DR. FELKNOR:** Thank you, Dr. Parcel, for your  
5 comments and support. It's a real pleasure to  
6 host this meeting in the School of Public  
7 Health, and I'd like to also acknowledge our  
8 co-partner at the University of Texas Health  
9 Science Center at Tyler, Southwest Center for  
10 Agricultural Health, Injury Prevention and  
11 Education, which is directed by Dr. Jeff Levin.  
12 It's a particular honor to welcome Dr. John  
13 Howard from NIOSH, who's made special  
14 arrangements to attend this town hall meeting.  
15 And I'd like to also recognize Dr. Max Lum and  
16 all of his associates at NIOSH who've worked  
17 tirelessly to organize these town hall meetings  
18 all over the United States.

19 And finally I'd also like to thank Dr. George  
20 Delclos and my colleagues at the Southwest  
21 Center for their help in coordinating this  
22 event.

23 Every day in the United States thousands of  
24 workers are either injured or become ill as a  
25 result of the work that they do. Over 12,000

1 injuries and illnesses are reported each day in  
2 this country, and many more go unreported, for  
3 a variety of reasons including inadequate  
4 surveillance systems, fear of retribution or  
5 lack of training. The burden of workplace  
6 injury and illness is often disproportionately  
7 borne by more vulnerable worker populations,  
8 including hourly and non-documented workers,  
9 and those without sick leave or health  
10 insurance.

11 As we open this town hall meeting we're  
12 reminded of the 12 miners who lost their lives  
13 21 days ago in the Sago Mine disaster. In  
14 March of 2005 in Texas City, just ten miles  
15 from here, an explosion in the third largest  
16 petrochemical plant in the United States killed  
17 15 workers and injured 170 others. These  
18 workplace fatalities are statistics without  
19 tears. Almost 500 people lose their lives  
20 every month in workplaces across the country.  
21 This town hall meeting includes a special focus  
22 on the hazards of healthcare workers. Health  
23 care is a particularly complex industry due to  
24 its multiplicity of hazards and risk factors  
25 not found in other workplace settings. The



1 healthcare industry employs approximately 13.5  
2 million workers, almost 500,000 of whom are  
3 self-employed contract workers. Contract  
4 workers represent a particularly vulnerable  
5 population that is often lacking in safety  
6 training, administrative controls and reporting  
7 systems.

8 As the face of workers in the United States  
9 changes, so do our challenges as we incorporate  
10 an increasingly diverse work force into the  
11 U.S. economy. Most of the Hispanic workers in  
12 the United States were foreign-born, and many  
13 have higher workplace fatality rate than their  
14 non-Hispanic peers. The cultural differences  
15 and language barriers of the diverse work force  
16 create additional challenges for health and  
17 safety professionals.

18 While our progress in occupational health and  
19 safety has been significant, there is still  
20 much to do. This town hall meeting gives us a  
21 forum to speak for those who do not have a  
22 voice, and to contribute to the development of  
23 a National Occupational Research Agenda that  
24 provides a framework for investigation into the  
25 causes and conditions of workplace injury and

1 illness so we can prevent lives from being  
2 lost, and reduce the risk of injury or illness  
3 because of the work we do. This is our chance  
4 to contribute to an open process of comment and  
5 consideration, and to hear from key informants  
6 from industry, worker organizations,  
7 researchers and occupational health  
8 practitioners, and to participate in this  
9 crucial data-gathering activity.

10 This is also an exciting opportunity for our  
11 students of public health -- who'd better be  
12 here -- to see first hand the important role  
13 that front line workers, researchers and policy  
14 makers play in setting priorities for future  
15 funding initiatives. So I encourage you to  
16 contribute to this process, to listen carefully  
17 and to remember the person behind the  
18 statistic.

19 We have representatives here today from many  
20 industries, and we appreciate the effort you've  
21 made in being with us and we look forward to  
22 your comments.

23 And now I'd like to introduce our co-partner in  
24 the NIOSH town hall meeting, Dr. Jeff Levin,  
25 director of the Southwest Center for

1           Agricultural Health, Injury Prevention and  
2           Education at UT Tyler. Dr. Levin and his  
3           colleagues have been an important part of the  
4           organization of this event, and we appreciate  
5           their contributions. Dr. Levin.

6           **DR. LEVIN:** Thank you, Dr. Felknor. Good  
7           morning. I'm Jeff Levin and it's my privilege  
8           to serve as Center director for the Southwest  
9           Center for Agricultural Health, Injury  
10          Prevention and Education at the University of  
11          Texas Health Center at Tyler. It's also my  
12          pleasure to add to this morning's welcome to  
13          Dr. Howard, representatives of NIOSH and all of  
14          you. On behalf of the Southwest Center I would  
15          like to extend our thanks to NIOSH for its  
16          efforts relative to defining the future  
17          directions of our National Occupational  
18          Research Agenda, or NORA.  
19          Dr. Felknor and others will be describing this  
20          process as we go throughout the day, but  
21          finally I would like to express my gratitude to  
22          Dr. Max Lum, NIOSH staff, and in particular to  
23          our colleagues at the ERC here at the UT School  
24          of Public Health, Dr. Felknor, Dr. Delclos and  
25          Dean Parcel, who have worked tirelessly to

1           ensure a successful town hall meeting today.  
2           At the close of this morning's session there  
3           will be opportunity to summarize briefly and to  
4           synthesize what we've all heard. Having  
5           attended another NORA town hall meeting  
6           recently, it's possible and likely that a  
7           series of recurring themes will surface.  
8           Although there will be many issues discussed  
9           this morning and in the sector-specific area of  
10          healthcare and social assistance this  
11          afternoon, I would like to suggest that an  
12          important one is the training of healthcare  
13          providers in safe work practices, and the  
14          education of the health personnel work force  
15          who will carry forward in both research and  
16          education integral to the success of NORA's  
17          future. Evaluating and defining these needs  
18          and funding for ERCs will remain essential.  
19          Secondly, the sector of agriculture, forestry  
20          and fisheries is a very dynamic one with  
21          changing work force demography, technology and  
22          external influences. Like many of the other  
23          sectors, this will require a portfolio of  
24          research efforts, developing new knowledge  
25          which impacts injury and illness rates and

1 addresses emerging issues because of a changing  
2 workplace environment. Future funding for this  
3 initiative will remain key as well.

4 Third, with terrorism and emerging infectious  
5 diseases such as avian flu remaining matters of  
6 pressing interest, research, training and other  
7 strategic approaches to ensure preparedness  
8 should continue as priorities. This is  
9 relevant for the protection of emergency  
10 responders and healthcare workers, and for the  
11 recognition and response to possible agro-  
12 terrorism. In other words, emphasis on  
13 preparedness is a cross-cutting potentially  
14 cross-sector consideration which should occur  
15 in the context of readiness for public health  
16 disasters and all hazards.

17 Dr. David Lakey\*, director of clinical  
18 infectious diseases at the UT Health Center at  
19 Tyler, and chair of the curriculum committee  
20 for the Texas Bioterrorism Continuing Education  
21 Consortium, was unable to be here today and he  
22 sends his regrets. However, he may submit  
23 written comments later in this regard.

24 Finally it is critical that we make every  
25 effort to engage stakeholders in the process,

1 and that we explore methods for transmitting  
2 our research efforts into practice in a way  
3 that will allow employers and workers to take  
4 advantage of these best practices.

5 Once again, I appreciate NIOSH and all of you  
6 for the opportunity to help define NORA's  
7 ongoing and future course. With that, I turn  
8 the podium back to Dr. Felknor. I welcome  
9 again, and thank you.

10 **DR. FELKNOR:** Thank you, Dr. Levin. Now it's a  
11 real pleasure for me to introduce Dr. John  
12 Howard, the director of NIOSH. Dr. Howard has  
13 been the director of NIOSH for four years, the  
14 former director of Cal OSHA, an occupational  
15 medicine physician, an attorney, and many more  
16 -- a real renaissance man. I'd also like to  
17 mention that it's particularly pleasurable for  
18 us to be able to introduce Dr. Howard as the  
19 director of NIOSH because the founding director  
20 of RERC is Dr. Mark Keith -- Marcus Key, thank  
21 you very much; one of those moments you never  
22 hope you have -- Dr. Marcus Key, who is the  
23 founding director of NIOSH and also the  
24 founding director of RERC, so it is a real  
25 pleasure to introduce Dr. Howard.

1           **DR. HOWARD:** Thanks, Sarah. Good morning,  
2           everybody. How's everybody doing? Great,  
3           right? We need some energy here. Thanks so  
4           much for coming out today and I really want to  
5           thank the Dean and Sarah, Jeff, everybody else  
6           for -- for their lovely reception last night  
7           and offering this beautiful school of public  
8           health as the locus for our town hall meeting.  
9           I welcome each and every one of you, especially  
10          those of you who are still students, and those  
11          of us that are continuing students. I think  
12          that -- that means all of us.  
13          This is a very important process that we're  
14          involved in. As we know, in 1996 the Institute  
15          launched the National -- the word is National -  
16          - Occupational Research Agenda. It's an agenda  
17          for all of us, for all of us who work, for all  
18          of us who employ, for all of us who are engaged  
19          in American commerce -- and even  
20          internationally through global collaborations,  
21          which all of you have excelled at, also.  
22          I think it's very important that we come  
23          together at this beginning of a new decade.  
24          There's nothing particularly to mark this  
25          decade. The Congress is appropriating our

1 money every year for NORA. But we thought it's  
2 important, since the original NORA launch in  
3 1996 was a decade-long effort, we thought it  
4 was important to sort of retool our agenda.  
5 And what we've done for this second decade is  
6 to use a sector-based -- an industrial sector-  
7 based approach focused on bringing research to  
8 practice, to the people out there -- all of us  
9 who practice occupational safety and health in  
10 the employment setting -- for the good of  
11 workers who are always our beneficiaries for  
12 all the activities that we do.

13 So I think it's extremely important that you be  
14 here today and that you comment. We have many  
15 people here from NIOSH who are good listeners,  
16 and that's our job today, so that we can retool  
17 the NORA agenda for this next decade.

18 It's extremely important that we do this  
19 because we value three important core values  
20 for NORA and throughout our Institute. One is  
21 relevance. Our work has to be relevant to the  
22 problems of the real world, and that's what we  
23 want to hear about today. We have to  
24 prioritize our scarce resources. We wish they  
25 were more abundant, but they are scarce, so we



1           have to prioritize our work to the most  
2           relevant problems. And that's tough, because  
3           priority-setting is a very tough process.  
4           Second is quality. We have to make sure that  
5           the work that we do, both intramurally, within  
6           the Institute, and by the grant process that we  
7           have so that individuals, such as you here at  
8           the University of Texas, can take the money  
9           that the Congress appropriates to us and,  
10          according to our priorities, produce solutions  
11          to our problems. But the quality has to be the  
12          best scientific quality it can be.  
13          The third is impact. We have to make sure that  
14          we're not doing research for research's sake.  
15          We have to have endpoints. We have to have  
16          measures. We have to have metrics to figure  
17          out whether we're achieving impact. And that's  
18          extremely important because stakeholders -- as  
19          workers and stakeholders, as employers want to  
20          know, as taxpayers should know, what are we  
21          getting for those dollars that we give you.  
22          So it's extremely important that you all be  
23          here today. We're thrilled to be here  
24          ourselves. I have been at the University of  
25          Texas School of Public Health before and it's a

1           wonderful institution, and so it's a great  
2           place for a town hall meeting. Plus, as you  
3           know, in our sector-based approach we're  
4           looking at healthcare as a separate sector.  
5           We've separated it out from services. The  
6           North American Industrial Classification  
7           System, which was just launched a few years  
8           ago, separated out a whole bunch of services.  
9           Well, we've left services as a big lump, but  
10          we've separated out healthcare because it's  
11          extremely important, for so many reasons. And  
12          it's very appropriate that we be here in  
13          Houston. I think we're in the center of an  
14          employment setting of tens of thousands of  
15          healthcare workers, and we hope to hear about  
16          their issues today.

17          David Weissman, who is the manager of our  
18          healthcare sector program, is here. Terri  
19          Palermo, who is our coordinator for that  
20          program, is here today. So I'm very glad to  
21          see each of you and I hope we have a great day.  
22          I know we will, and thank you again, Sarah, for  
23          your dynamic organization, and for Jeff for  
24          being our co-sponsor. I look forward to a  
25          great day. Thank you very much.

INTRODUCTION TO RESEARCH AGENDA PROCESSSID SODERHOLM, NIOSH

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**DR. SODERHOLM:** Yes, energy. I'll -- I'll try to follow here, John. I'm going to talk a little bit about the process today. And Mary, I've lost all my screens. I don't see how to turn the projector on so all my right-hand screens are empty. So let me start talking here -- oh, I betcha I just have to touch it... Ah, very good. Okay. Thank you, Mary. So, talking about the National Occupational Research Agenda, we are here seeking broad input. We want to hear from everyone. So the NORA vision -- we -- we've heard a lot about the second decade of NORA. A lot of -- some people have heard about some changes, so let's talk first about the NORA vision, what -- what hasn't changed. It has been and will remain a national partnership effort to define and conduct priority research. The vision includes stakeholder input, and that's what -- that's the -- part of the process that we're in the middle of now, 13 town hall meetings. I get to see my wife now on -- again this -- this winter, but -- but it's an important process.

1           We're -- this information will be used to  
2           identify research priorities for the nation,  
3           and I'll describe how that's going to -- to  
4           happen. But describe -- but setting the  
5           priorities isn't the end of the process. We've  
6           got to work together to address those  
7           priorities. NIOSH is not in the position to be  
8           able to do everything that needs to be done, by  
9           any means. It's the partnerships of NIOSH with  
10          many different organizations and individuals  
11          that will have the real impact that NORA and  
12          the money from Congress and the efforts, the  
13          resources of the nation can -- can really focus  
14          to make a difference in this -- in this  
15          problem.

16          So leveraging those funds to support research  
17          in priority areas is important. During the  
18          first decade we had a fair amount of success in  
19          leveraging some NIH funds where there were  
20          cross -- where there were issues that were of  
21          interest to NIH institutes as well as to  
22          occupational safety and health. But I think  
23          there's a lot more that can be done, and we're  
24          looking forward to finding ways to do that.  
25          The second decade of NORA will be a little

1 different from the first. We're focusing, as  
2 John said, on moving research to practice in  
3 workplaces, and these sector-based partnerships  
4 -- these partnerships are going to be key to  
5 doing that. So this approach will address the  
6 most important problems.

7 And by problems -- that's a fairly ambiguous  
8 word. It might be risk. We might think of it  
9 in terms of exposures, injuries, diseases, or  
10 failures of the system, or you know, things  
11 that need to be improved in the system that  
12 deals with all these issues.

13 The approach -- we'll have at least one  
14 research strategy, what are the important  
15 issues and how are we going to work on them,  
16 for each of the eight sector groups, and I'll  
17 at least name those here in a minute. The --  
18 but we may need to have strategies for  
19 subsectors. Some subsectors are going to be  
20 different enough that the decision may be made  
21 to have a different research strategy for two  
22 or three different subsectors within a sector.  
23 And we're not losing -- we're not missing --  
24 the problem of all these issues we worked on  
25 for ten years, which are really cross-sector,

1 cross-cutting issues, those problems haven't  
2 gone away. Occupational hearing loss is still  
3 very important, for example. And we're not  
4 going to lose those. You -- we will index, we  
5 will show within the sector agendas where these  
6 cross-sector issues that we've been wrestling  
7 with appear, so researchers who tend to define  
8 themselves in terms of "I work on occupational  
9 hearing loss", for example, will be able to see  
10 where that priority has been pointed out in  
11 each -- you know, which sectors, and what types  
12 of research has been called for within those  
13 sectors. So the cross-sector needs are still  
14 there, and they will be identified in this  
15 process.

16 Why sector-based? Well, workplaces, workers,  
17 organizations tend to identify themselves by  
18 sector. Research needs, some are very similar  
19 across sectors, but many differ by sector. We  
20 think this approach is really going to help us  
21 focus on the goals, objectives and the results.  
22 And especially through partnering, it'll be an  
23 efficient process for getting the results back  
24 into -- getting the results into the workplace.  
25 We'll have the input from the sector as to what

1           the issues are that need to be worked on. When  
2           new knowledge and new products are put together  
3           through the NORA process, we will then have the  
4           partnerships to introduce those products that  
5           are being -- being waited for into the sectors  
6           so they can make a difference. That's the  
7           vision of the sector-based approach.  
8           Here are, in -- in some abbreviations, the  
9           names of the eight sectors. As John mentioned,  
10          we're using the North American Industrial  
11          Classification System. They define about 20  
12          sectors, and we've done some -- some grouping.  
13          And healthcare and social assistance actually  
14          is a sector in the NAICS system. If you go to  
15          our web site you can see the links to all these  
16          definitions if you want to delve into that.  
17          So we will have eight NORA sector research  
18          councils, and they will interact with a cross-  
19          sector research council. The cross-sector  
20          research council -- well, each research council  
21          will have a co-lead, someone from within NIOSH  
22          and a stakeholder representative outside of  
23          NIOSH will be co-leading. And certainly more  
24          than half, maybe more than two-thirds, of the  
25          members of each research council will be

1 stakeholders outside of NIOSH. The co-leads of  
2 each of the eight sector research councils,  
3 those 16 people will be the core of the cross-  
4 sector research council. So this will be a  
5 group that will provide for some consistency.  
6 And on the scientific side particularly we'll  
7 be looking for those themes that are running  
8 across sectors and where those can be gathered.  
9 And more can be gained by putting these  
10 together and working on these across sectors in  
11 some situations.

12 NIOSH's role is one of stewardship and  
13 providing infrastructure. There are many  
14 contributions from other organizations to keep  
15 all these groups going. We know that from the  
16 experience of the NORA teams in the first  
17 decade of NORA, so we're not the only ones  
18 providing the infrastructure, but we take  
19 responsibility for making sure the process is  
20 able to continue moving forward.

21 So to say a little bit more about the research  
22 councils, diverse input will be processed by  
23 these research councils, will be considered by  
24 these research councils, and lead to robust  
25 research strategies and then actually working



1 on those strategies together.

2 So the initial research council work will be to  
3 take the various inputs. Front and center is  
4 the stakeholder input that we're receiving now,  
5 and I'll talk a little more about how that's  
6 going to be handled. But of course members  
7 sitting at the table will have their own  
8 expertise. And there's the surveillance data  
9 that we rely on when we can, to -- you know, to  
10 the extent it's available. All these inputs  
11 will be used by the research -- each research  
12 council through their own priority-setting  
13 process to come up with a draft research  
14 strategy.

15 This will then be put on the web. We've asked  
16 people if they'd like to be reviewers of draft  
17 documents. We'll let you know when draft  
18 documents are on the web. And with additional  
19 stakeholder input then, this will become a --  
20 you know, for the moment, the research  
21 strategy.

22 But these are dynamic strategies. As progress  
23 is made, every few years we anticipate looking  
24 at the research strategies to see where they  
25 need to be updated.

1           So this talks about the initial work. The  
2           overall goal of the research council is not  
3           only to put together the research strategies  
4           but to serve as a focus for bringing the  
5           partners together who need to make the  
6           progress.

7           So moving right along, why are we here today?  
8           We want your participation in providing input.  
9           But we also would like you to volunteer to be  
10          on a research council, for example, or to be a  
11          reviewer, a sort of named or a reviewer on the  
12          list to be notified when a document is ripe for  
13          review. So please volunteer. You can give  
14          your information to me or at the front desk, or  
15          go into the web site -- I'll give you the  
16          information in a minute -- and we can, you  
17          know, learn about your interest and be able to  
18          see who is willing to volunteer and then be  
19          able to tap those that would make a diverse and  
20          balanced research council.

21          So what's going to happen with your input?  
22          Well, first of all -- he isn't as obvious  
23          today; in some of the other town hall meetings  
24          he's been sitting right up front -- we have a  
25          transcriptionist who will be taking a -- will

1           be providing a verbatim transcript of  
2           everything we say. And that -- those comments  
3           will be entered into the NORA docket. Actually  
4           Christie Forrester in the second row here, from  
5           NIOSH, will be parsing that and putting it into  
6           the web site, just as we -- we've made  
7           opportunities for people to enter information  
8           on the web site directly. Then those comments  
9           will be visible on the web site.

10          If you've visited our web site and -- oops,  
11          actually -- ah, there it is on the first line.  
12          If you visit our web site you'll see there's a  
13          place to type in text with your comment. And  
14          to the left of that there is a place that says  
15          "view comments by others", and so within, you  
16          know, a couple of weeks we should have the  
17          transcript. Within a few more weeks we'll be  
18          putting those on the web site. You'll be able  
19          to see your comments and the comments of  
20          everyone else on the web site.

21          And those are divided into very broad  
22          categories initially, the eight sectors, plus  
23          comments that are specifically on cross-sector  
24          areas, plus comments on the process. So they  
25          will be entered into that NORA docket. And

1 everything in the docket will -- is actually  
2 available, if someone wants to travel to  
3 Cincinnati to look at it in person, and most of  
4 it will be on the web.

5 There are -- if you have pictures, tables,  
6 other kinds of information that won't go into a  
7 text box on a web site, you can e-mail that to  
8 the docket. And we don't currently have a way  
9 to put that on the web site, but that will be  
10 available in the docket and I'll talk to you  
11 about how it's going to be provided to the  
12 sector research councils.

13 So everything in the docket will be provided to  
14 each of the sector research councils as  
15 individual comments. Everything -- the context  
16 of what you've said, all your comments will be  
17 there. But we will group them and we'll index  
18 them according to category. So a research  
19 council will certainly get all the comments  
20 relating to their sector, say healthcare and  
21 social assistance, but also if they're  
22 interested in what was said about, you know,  
23 occupational injuries or motor vehicle  
24 accidents -- which tends to be a problem in  
25 most sectors -- there will be an in-- they'll

1           be able to read each comment that was provided  
2           about motor vehicle accidents through this  
3           indexing process, regardless of how it came  
4           into the system and what sector it was  
5           initially aimed at.

6           So -- so the NORA sector research councils will  
7           have a lot of information, all the information  
8           you've provided, coming their way and they will  
9           be processing that.

10          Your input will be outlined at the NORA  
11          symposium. This will be happening in -- at the  
12          end of April, April 18 to 20 in Washington.  
13          And there are many parts of the symposium and I  
14          encourage you to visit the web site and learn  
15          about it. You can register now. It's too late  
16          to submit an abstract, but we've very excited  
17          because we received almost 200 abstracts for  
18          posters, so this is going to be a very rich,  
19          scientific symposium. So please, come joint  
20          us. We'll celebrate what we've accomplished in  
21          the ten years of NORA, for example, by looking  
22          at all these abstracts of all this work that's  
23          been done. We will celebrate the 35th  
24          anniversary of the Occupational Safety and  
25          Health Act. We will say thank you to our NORA

1 teams, the -- who -- who worked hard for ten  
2 years. And now with the new process the teams  
3 are being called research councils and are  
4 sector-oriented. And we will have workshops to  
5 talk about the input that was received and do  
6 some initial multi-voting to get an initial set  
7 of what the group assembled feels the  
8 priorities are within -- within that sector.  
9 So it's going to be I think a very rich  
10 symposium and I hope you'll consider joining us  
11 there.

12 So talking about today's process, what are we  
13 looking for? We're looking for information on  
14 top problems, and I mentioned those could be  
15 diseases, injuries, exposures, populations at  
16 risk, failures of the system -- or, you know,  
17 anything else that you can think of that helps  
18 define the problem for you. But in addition,  
19 if you have ideas -- what are the key  
20 partnerships in order to make progress, what's  
21 the research that's going to make a difference,  
22 what kind of studies, what kinds of  
23 information, what kinds of information transfer  
24 will make a difference. We're looking for  
25 brief presentations. We realize that people

1           are bringing passion and often a lifetime of  
2           work, and please, put all that into written  
3           documents and either submit them to the web  
4           directly or give them to us. But we're looking  
5           for the highlights. We're looking for those  
6           exciting kernels that'll -- that'll give us an  
7           idea of what you're thinking about in a brief  
8           five-minute presentation today. And we will be  
9           trying to, you know, move the process along and  
10          asking for input. If you didn't sign up, we  
11          hope to have time at the end of each block to  
12          ask, is anyone, you know, at this point ready  
13          to come up and give some -- some input. You  
14          don't have to have signed up, assuming we have  
15          time. So that's one reason we want to keep our  
16          presentations brief.  
17          And we're all here to listen. We're asking  
18          that we avoid criticism of the earlier  
19          presenters. But listen, reflect -- offer a  
20          different view, for sure, if that's what you  
21          feel you want to do -- but we're not here to  
22          criticize what others offered as their opinion,  
23          but to get everyone's opinion.  
24          So thank you. Some final thoughts, if you  
25          aren't already registered for the NIOSH e-news,

1           please register. There's news -- there's a  
2           little -- for -- once a month an e-mail will  
3           come to your mailbox and it will give you just  
4           a 100 or 200-word summary about different  
5           things happening in NIOSH. We have short  
6           summaries of what's happening in NORA, for  
7           example, and lots of other information. If  
8           you're too busy, you can ignore it, but I think  
9           you'll find it's quite quick and very  
10          interesting reading.

11          You can provide input at the NORA web site, and  
12          if you have any questions, want to volunteer,  
13          please feel free to use me as the focal point.  
14          My title is NORA Coordinator, and I will be  
15          glad to either answer your question myself or  
16          get the right people who can do that. So  
17          there's a separate e-mail address there. I  
18          have cards on the registration table if you  
19          want to pick one up, and that has my direct e-  
20          mail also. I check them both every day.  
21          So I thank you, and at this point I'll turn it  
22          back over to Sarah. And we can turn the  
23          presentation off. Thank you.

24          **DR. FELKNOR:** Thank you, Dr. Soderholm. Now  
25          we're ready to get into the meat of the matter.



**REGIONAL AND LOCAL SESSION: STAKEHOLDER PRESENTATIONS****MODERATOR: SARAH A. FELKNOR**1  
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What we've -- we've organized those who have already registered with us into groups of panels, and so I'd like to start each -- the beginning of each section of presentations by asking those of you who are in this panel to please move up to the front if you're not already here so we'll have less time delayed in getting folks to the podium for the presentation.

The first panel this morning is Martha Vela Acosta, Eva Shipp, Bobbi Ryder and Ron Sokol and Ben Amick. If you could move a little bit closer to the front of the auditorium, we'd appreciate it.

If -- again, we'd like to make sure that you hand in written copies of your testimony. If you have that available today you can leave it with us in the front, or any of the NIOSH staff at the registration table. And you can also file those on-line.

Yes?

**UNIDENTIFIED:** (Off microphone)

(Unintelligible)

**DR. FELKNOR:** Yes, we have a very well-trained

1 timer here today. And I've been trained in  
2 enacting her wishes. So we'd like to try to  
3 keep comments to five minutes and -- so that we  
4 have plenty of time for everyone to contribute.  
5 And also there is an opportunity for you to  
6 contribute additional comments. If you run out  
7 of time and you really have things that you  
8 want to say, you're invited and encouraged to  
9 please register those on-line as written  
10 comments as well. So it's an attempt to just  
11 keep this forum as open and broad as possible.  
12 And also as a courtesy, would you please turn  
13 your pagers and telephones to the courtesy  
14 mode, and we'll go ahead and get started with  
15 Dr. Vela Acosta.

16 If you -- if you would please state your name  
17 and your affiliation at the beginning of your  
18 comments, please. Your name and affiliation.

19 **DR. VELA ACOSTA:** Buenos dias.

20 (Whereupon, the speaker continued a greeting in  
21 Spanish, without an interpreter.)

22 And I am the same, Martha and Soledad, so the  
23 title of my presentation is Advancing an  
24 Occupational Health Agenda for Farm Workers.  
25 NIOSH is the only agency that can adequately

1 address the occupational health and safety of  
2 migrant and seasonal farm workers in this  
3 country. If NIOSH places priority on applied  
4 research designed to yield practical results  
5 for this population, researchers will be  
6 responsive to that lead.

7 The National Agricultural Workers Survey is the  
8 only national information source addressing  
9 this population. It reported that 62 percent  
10 of the farm workers live in poverty and they  
11 represent almost half of the population  
12 employed in seasonal agricultural work.

13 Spanish was reported as the native language for  
14 81 percent of those farm workers, 41 percent  
15 they cannot speak English and 53 percent they  
16 could not read English at all. The average  
17 annual individual income for those farm workers  
18 was between \$10,000 and \$12,000, and the family  
19 incomes was averaged between \$15,000 and  
20 \$17,000 every year. Fifty-two percent of  
21 workers reported that they would not be covered  
22 by workers' compensation for a work-related  
23 illness or injury, and only 23 percent said  
24 that they were covered by health insurance.  
25 Culturally appropriate interventions are needed

1           for all Spanish-speaking farm workers. In my  
2           years working with migrant educators, the  
3           potential avenue for occupational health and  
4           safety curricula is an avenue to reach those  
5           young farm worker programs. This partnership  
6           approach is demonstrating the building capacity  
7           for promoting occupational health and safety  
8           education and to develop sustainable programs  
9           that are workable and effective. In my  
10          experience, many agricultural employers welcome  
11          partnerships with researchers. They are  
12          willing to collaborate to find out what  
13          practices work better to prevent occupational  
14          diseases and injuries at their workplace.  
15          These types of collaborations are a genuine  
16          opportunity for researchers, for employers and  
17          for NIOSH, but they will be much more likely to  
18          occur if NIOSH specifies these types of  
19          projects in their call for research.  
20          The National Occupational Research Agenda  
21          recognizes that no single organization has the  
22          resources necessary to conduct occupational  
23          safety and health research to adequately serve  
24          all the needs of this diverse work force in the  
25          U.S. Partnerships and coordinating addressing

1 the scarcity of bilingual resources in  
2 occupational health and safety research are  
3 required to determine the efficacy of  
4 intervention techniques and strategies. The  
5 research initiatives set forth in NORA should  
6 be applauded, but they could be strengthened  
7 through integration of a specific call for  
8 applied collaborative research projects  
9 targeting Spanish-speaking farm workers.

10 **DR. FELKNOR:** Is this microphone working -- no.

11 **UNIDENTIFIED:** (Off microphone)

12 (Unintelligible)

13 **DR. FELKNOR:** It is? Okay, great. Okay, thank  
14 you.

15 All right. Our next presenter will be Eva  
16 Shipp -- Dr. Shipp.

17 **DR. SHIPP:** My name is Eva Shipp and I'm a  
18 recent graduate in the occ-epi program here at  
19 the UT School of Public Health, and currently  
20 I'm working at the Texas A&M School for --  
21 School for Rural Public Health. And today my  
22 comment is going to be on back pain in farm  
23 worker youth.

24 Many of the one to four million hired seasonal  
25 and migrant farm workers in the United States

1           are children. Unfortunately, enumerating this  
2           population is difficult because of their mobile  
3           nature. In 1996 the USGAO estimated that there  
4           were 290,000 farm workers ages 15 to 17 alone.  
5           This population is largely foreign-born and  
6           unauthorized. Although they play an important  
7           role in our agricultural economy, many are  
8           impoverished, and few have employer-provided  
9           health insurance.

10          Despite the hazardous nature of agricultural  
11          work, very few studies focus on back pain in  
12          farm workers, and even fewer include  
13          adolescents. However, agricultural tasks may  
14          be particularly harmful to the musculoskeletal  
15          system of growing youth. Hazards include  
16          sustained bent, stooped and awkward postures;  
17          repeated bending and twisting; and heavy  
18          lifting. These are very common in tasks such  
19          as harvesting from the ground. An assessment  
20          of farm chores performed by youth indicated  
21          that the physical demands were comparable or  
22          even greater than those associated with high-  
23          risk industrial jobs that we have deemed  
24          inappropriate for adolescents.

25          While the consequences of back strain during

1           adolescence are unknown, injury at such a young  
2           age is a concern because the musculoskeletal  
3           systems are not yet fully developed. Therefore  
4           these young workers may be more vulnerable to  
5           injury, or more likely to sustain injuries with  
6           lasting effects, including back pain in  
7           adulthood.

8           I recently completed my dissertation here at  
9           UTSPH. Working with investigators at the Texas  
10          A&M School for Rural Public Health we began to  
11          address issue-- gaps in the literature. Using  
12          data from a project funded by the Southwest  
13          Center at Tyler, we estimated the prevalence of  
14          severe back symptoms among high school students  
15          from Starr County, a population that includes  
16          many migrant farm workers. During a nine-month  
17          period the prevalence of severe back symptoms  
18          among 345 farm workers was 15.7 percent,  
19          compared to 12.4 percent among 1,547 non-farm  
20          workers.

21          During this same period I was somewhat  
22          surprised to find that well over a third also  
23          held a non-farm job. A third of the farm  
24          workers. The prevalence of severe back  
25          symptoms on these workers increased to 19.1

1 percent. We also found that farm work  
2 exposures remained significant in a multiple  
3 logistic regression model that adjusted for the  
4 effect of non-work factors. Our results are  
5 similar to those reported by Park\* and  
6 colleagues on a study of adult male farm  
7 workers. They also recommended further  
8 investigation of the relationship between back  
9 pain and working both farm and non-farm job  
10 simultaneously.

11 In 2002 NIOSH sponsored a conference that  
12 focused on the prevention of MSDs in children  
13 and adolescents working in agriculture. But  
14 many of the research gaps identified during  
15 this meeting remain and require our attention.  
16 Among others these include identification of  
17 the most pertinent risk factors for targeted  
18 interventions. Further research could also  
19 guide legislation that addresses the health of  
20 farm worker youth specifically. This includes  
21 legislation such as the Children's Act for  
22 Responsible Employment that seeks to provide  
23 the same protections to youth agricultural  
24 workers, as well as young workers employed in  
25 other industries.



1 In summary, since the livelihood of many of  
2 these young workers depends on their ability to  
3 engage in physically demanding work, both now  
4 and in the future, more research is critical in  
5 this population of young disadvantaged workers.  
6 Thank you.

7 **DR. FELKNOR:** Our next speaker is Bobbi Ryder  
8 from the National Center for Farm worker  
9 Health. Good morning.

10 **MS. RYDER:** Thank you very much, Dr. Felknor.  
11 I'd like to try and make ten points in five  
12 minutes. Who's my timekeeper here? Can you  
13 give me a one-minute warning, and I may talk  
14 really fast in that last minute.

15 My name is Bobbi Ryder. I'm with the National  
16 Center for Farm worker Health, and I am going  
17 to try and give you my life's work in five  
18 minutes. The first point about current  
19 demographics, we estimate that there are about  
20 three and a half to five million farm workers  
21 and their dependents in the United States  
22 currently performing either migratory or  
23 seasonal agricultural labor where they don't  
24 move from one place to the other. We include  
25 in that group folks who are residents who've

1           been farm workers for many generations,  
2           citizens, as well as immigrants, both  
3           documented and not documented. They're doing  
4           work as defined by the Department of Health and  
5           Human Services as agriculture which, in a broad  
6           sweep, does not include animal husbandry nor  
7           packing nor slaughterhouses. Other than that,  
8           anything grown in and on the land is their  
9           definition of agriculture.

10          They are a hard to reach and hard to serve  
11          population. And as a result, they're also hard  
12          to research. Their mobility, the  
13          inaccessibility of their living arrangements in  
14          rural, country labor housing and crowded into  
15          back lots in semi-urban areas makes them very  
16          hard to serve. And as a result, if we do  
17          manage to reach them for some basic research,  
18          very, very hard to go back to to follow up to  
19          see what the outcomes are. That was my second  
20          point.

21          Third, let's make a leap here and instead of  
22          just looking at the occupational risks and  
23          illnesses, let's look at the patient as a  
24          whole, because there's a direct implication  
25          between access to care and their ability to

1 perform their jobs. I would like to suggest a  
2 partnership between NIOSH, the Health Resources  
3 and Services Administration, and the Agency for  
4 Healthcare Research and Quality, otherwise  
5 known as ARQ. There are 150 grantees funded by  
6 HRSA to deliver services to farm workers in  
7 approximately 500 service delivery sites around  
8 the country. They're currently serving  
9 approximately 700,000 patients -- user  
10 patients, unduplicated. So where do the rest  
11 of the three and a half to five million  
12 patients go? Well, they don't all go anywhere.  
13 Many of them use the emergency rooms. Many of  
14 them go across the border for their healthcare.  
15 But an even larger number simply have no access  
16 to healthcare at all.

17 My fifth point, we have a lost opportunity to  
18 create -- to have created greater access to  
19 care for farm workers in this Presidential  
20 administration. There was a Presidential  
21 initiative to increase access to care for all  
22 populations, including farm workers. And that  
23 Presidential initiative had the goal of  
24 increasing access by 100 percent. In order to  
25 do so and compete effectively to set up a new

1 access point for delivery of services to  
2 migrant farm workers, we needed national data  
3 that's not available for the population. We've  
4 increased services to this small segment of the  
5 overall community health center user population  
6 by less than ten percent in those five years.  
7 And how did that happen? It's because of what  
8 we don't know about the population. There's a  
9 deal breaker in the front part of the  
10 application process. It's called a need for  
11 assistance worksheet. You have to have  
12 national data. You can't use your own  
13 practice-based research data. It has to come  
14 from somebody else. And so where else do we  
15 turn? We've heard about the NAWS, thank you  
16 very much, Dr. Acosta. We didn't hear anything  
17 about health status in the NAWS. We heard pure  
18 demographics. The Bureau of Vital Statistics  
19 is no help because there's not one in the  
20 country that documents death or infant  
21 mortality by occupation. So we don't know.  
22 The U.S. Census made a significant effort to  
23 reach out to include farm workers in the  
24 population in the last census, but they still  
25 didn't document occupational status in that

1 census data.

2 There's several ways of collecting research.

3 The one that I'm most fond of is practice-based

4 research. And there is a national sampling

5 that exists of existing records of registered

6 patients that can give us a lot of data. That

7 was conducted in 1989 and it was only a

8 midwestern sampling. This is the model that we

9 would like to see replicated on a national

10 basis. I appreciate your point, Dr. Howard,

11 that this is a national occupational research

12 agenda.

13 Okay, I've made six of my ten points, I've got

14 a one-minute sign here. I guess I'm going to

15 blend the rest of them altogether and simply

16 say that the fabric of our society is woven

17 with an interesting tapestry of ethnicities

18 from many waves of migration into the United

19 States. Someone once asked me -- excuse me,

20 someone once said to me that slavery was our

21 most expensive mistake in this country. I

22 prefer to think of it in human terms, but if

23 you want to look at it in economical terms,

24 education, lack of education and health

25 disparities among African-Americans has been a

1 significant problem in this country.

2 Likewise, we have imported workers from Mexico  
3 for many, many decades to do work in this  
4 country, and we have a significant health  
5 problem among this population, which is not  
6 documented.

7 My last comment, in presentation to the Surgeon  
8 General's Conference on Occupational Health in  
9 I believe 1989 or 1990 I talked about the  
10 significant health problems that we were seeing  
11 on the front line. And after that presentation  
12 an academician came up to me and kind of looked  
13 down his nose at me and said well, we're not  
14 seeing that in the literature. And I said you  
15 know what, you're not looking in the right  
16 place.

17 Please, let's look in the right places  
18 together. Thank you.

19 **DR. FELKNOR:** Thank you. Now changing themes a  
20 little bit, Ron Sokol will be talking to us  
21 about the petrochemical industry.

22 **MR. SOKOL:** My name is Ron Sokol. I'm  
23 executive director of the Contractors Safety  
24 Council in Texas City, Texas. And I'd ask our  
25 panel to kind of leave the farm and now come

1           into the industrial environment. I'd like to  
2           talk to us specifically about the process  
3           safety management compliance for the  
4           petrochemical industry, including contractor  
5           operations during turnarounds and maintenance  
6           activities.

7           As many of us know, the Occupational Safety and  
8           Health Administration promulgated safety  
9           management standard in 1992 as a result of two  
10          catastrophic incidents that occurred here in  
11          the Houston Area, specifically the Phillips  
12          Chemical complex and the ARCO Refinery in  
13          Channelview. As a result of this -- these two  
14          incidents that caused over 40 lives to be lost,  
15          the process safety management outlined a  
16          systematic process for the industry to evaluate  
17          catastrophic events within their own industry.  
18          Within the process safety management standard,  
19          14 elements were identified. One of the  
20          principal concerns addressed in the standard  
21          was the use of contractors for maintenance and  
22          turnaround activities. As a result of this  
23          standard, many in the petrochemical industry  
24          have initiated programs to evaluate the safety  
25          performance of contractors used in both

1           turnaround and general maintenance activities.  
2           The result of this is that many of the  
3           contractors working within the industry have  
4           achieved accident and illness rates that are  
5           far superior to the permanent plant workers.  
6           One of the areas that I would like to see NIOSH  
7           be involved with is to evaluate many of these  
8           best practices that have been developed within  
9           the industry, and there's a need to be able to  
10          review, communicate and share these best  
11          practices with the rest of the petrochemical  
12          industries for others can share in these  
13          results.  
14          Consequently, though, the fatality rates of  
15          contractors within the petrochemical industry  
16          is higher than that of permanent plant workers.  
17          One of the initiatives that I would like to see  
18          evaluated is a -- not only a compliance effort,  
19          but within our organization we have instituted  
20          a process within our petrochemical industry to  
21          assure that every contract worker is drug free,  
22          security background checked, safety trained and  
23          skill assessed. These four cornerstones of  
24          contractor compliance needs to be implemented  
25          throughout the whole industry. The events of



1           September -- or the events of March 23rd on  
2           2005 only involve contractors at the BP  
3           facility in one area, and that was in the area  
4           of fatalities. There was not one contractor  
5           man-hour that was spent in that unit that  
6           exploded. The only event was regarding  
7           contractors' locations within the facilities  
8           for facility siting and location of trailers.  
9           This also needs to be an area that needs to be  
10          investigated and researched within this  
11          initiative to ensure that we have safe  
12          distances, determine what those distances are  
13          to ensure that these people are not placed in  
14          harm's way in the event of catastrophic  
15          explosion.

16          Secondly, the process hazard analysis  
17          requirement within the standard needs to be  
18          evaluated. Over ten years have passed since  
19          the initial PHAs had to be completed. It is  
20          imperative that we review the effectiveness of  
21          these PHAs to ensure that it is not just a  
22          checking the box once we completed the initial  
23          PHA in 1995. What effectiveness do we have to  
24          ensure that we've incorporated management of  
25          change activities into these PHAs? How are the

1 information being communicated, not only to the  
2 operators, the maintenance personnel and the  
3 contractors, but the effectiveness of this  
4 communication is imperative.

5 The events of March 23rd, 2005 at the BP  
6 refinery in Texas City needs to be a catalyst  
7 to use the resources of NIOSH to be able to  
8 evaluate these issues and share the findings  
9 with the rest of the industry.

10 Lastly, other issues involve the effectiveness  
11 of the mechanical integrity processes for the  
12 petrochemical industry, and the need to conduct  
13 research on the best practices on mechanical  
14 integrity and share these throughout the  
15 industry and with other trade organizations  
16 such as API, NPRA, Texas Chemical Council, and  
17 other industry trade associations. Thank you.

18 **DR. FELKNOR:** Thank you, Ron. And now Dr. Ben  
19 Amick will talk to us about ergonomics in the  
20 workplace. No? Injury.

21 **DR. AMICK:** Good morning, Director Howard,  
22 members of the NIOSH NORA team. Thank you for  
23 the opportunity to speak. I would also like to  
24 thank Dr. Sarah Felknor for bringing this town  
25 meeting to Houston. Thank you, Sarah. My name

1 is Ben Amick and I'm associate profession of  
2 behavioral science and epidemiology, and a  
3 member of the Southwest Center for Occupational  
4 and Environmental Health.  
5 First I would also like to take the opportunity  
6 to congratulate NIOSH on the success of NORA I,  
7 and your vision for NORA II as a sector-based  
8 approach. I would like to speak to you today  
9 about injury prevention and control in the  
10 healthcare sector. I will use broad brush  
11 strokes to paint the picture today, but will  
12 provide more well-documented written comments.  
13 My comments are shaped by my own work  
14 experiences. I had the privilege of working  
15 for five years in the U.S. Congress as a policy  
16 analyst. I have collaborated with industry and  
17 labor on the first large-scale chair\*  
18 intervention study and -- that demonstrated  
19 both health and productivity effects. And am  
20 now intervening in a variety of nursing homes,  
21 hospitals and social service organizations with  
22 a new program we've developed, the  
23 (unintelligible) vocation program, to change  
24 work. And finally, I am the co-developer of  
25 the most commonly-used presenteeism (sic)

1 scale, the work limitations questionnaire, and  
2 a new series of scales to assess organizational  
3 policies and practices in injury prevention,  
4 disability management and return to work.  
5 My messages are simple. We must scale up our  
6 intervention efforts to create scientific  
7 knowledge that can provide the evidence base  
8 needed for scientifically credible  
9 recommendations. Pre post-only test  
10 interventions with no control groups are  
11 unacceptable. We can no longer continue to  
12 support interventions that have fatal flaws in  
13 them and therefore are subject to the  
14 criticisms, both by labor, employers and the  
15 scientific community with respect to the  
16 evidence.  
17 Multi-site interventions are critical. We must  
18 no longer do single-site interventions, but  
19 multi-employer, multi-site interventions to  
20 demonstrate that interventions can be conducted  
21 and implemented at multiple sites and multiple  
22 companies and in both the public and private  
23 sector.  
24 We must recognize that health promotion and  
25 health protection are integral in the

1           successful implementation of interventions.  
2           They are synergistic. We often go into work  
3           sites assuming that everybody that's in the  
4           work site is willing and ready to change. This  
5           is wrong. Many people exist and live in our  
6           society and they are constantly told that they  
7           cannot engage in any successful change, and  
8           therefore we must engage in both health  
9           promotion programs to bring everybody up to the  
10          same place, and then the health protection  
11          programs. They act in synergy. These are  
12          critical to provide the types of information  
13          necessary for systematic reviews.  
14          We must ensure our valuable research dollars  
15          are effectively used by developing consensus on  
16          the outcome measures. When each scientific  
17          group uses different measures, we are faced  
18          with difficult challenges in research  
19          synthesis. We have just finished a research  
20          synthesis of the office ergonomics intervention  
21          literature, and unfortunately we were unable to  
22          integrate the scientific -- the published  
23          information into a single set of effect  
24          measures because there is no consensus on the  
25          outcomes used. We must have consensus and part

1 of NORA II has to be developing consensus  
2 panels on the measures to be used in large-  
3 scale intervention studies or we will not be  
4 able to leverage our science.

5 We must measure outcomes that are meaningful to  
6 all stakeholders, including measures of  
7 productivity and human burden of occupational  
8 injury. While there has been a clarion call  
9 for measures of objective productivity and  
10 measures of presenteeism, which I think are  
11 very important for many people, we must also  
12 remember many workers work with injuries and  
13 absorb a burden. So we must also capture the  
14 burden of those injuries on the individual  
15 worker, their family and the household. Those  
16 are a different set of measures. They need to  
17 be measured differently, but they're equally  
18 important.

19 We must transfer knowledge by conducting  
20 systematic literature reviews that meet  
21 acceptable scientific standards for research  
22 synthesis, but also answer questions that are  
23 relevant to all stakeholders. To produce a  
24 literature review which answers a question  
25 which a group of scientists find interesting

1 but nobody else finds interesting is really not  
2 enough anymore. We must engage stakeholders in  
3 the questions that we answer in our literature  
4 reviews. We have just finished one on office  
5 ergonomics and are just starting one on nursing  
6 homes, and liter-- systematic reviews provide a  
7 public face to our science. And we must be  
8 engaging in them in a continuous process where  
9 they get re-reviewed every other year, and this  
10 is the type of knowledge that allows us to  
11 engage in work with workers.

12 Zero? Okay, let's see, one last comment. We  
13 must recognize that employers and labor are not  
14 passive receptors of scientific knowledge, but  
15 active agents of change that should be studied.  
16 We have left this organizational context out of  
17 most of our research, and I would just remind  
18 you all that if you go back to Barbara  
19 Silverstein's original paper on force and  
20 repetition, the exposure effect was equally as  
21 large as the five plants that were implemented  
22 as indicator variables in the studies, so  
23 there's something going on at the plant level  
24 that matters. And we should be studying that  
25 context because how we -- understanding that

1 will help us succeed in doing interventions.

2 Thank you.

3 **DR. FELKNOR:** Thank you very much, Dr. Amick.

4 I'd like to check -- before we move to the next  
5 panel -- with any NIOSH staff to see if we've  
6 had any additions to this panel? None that we  
7 know of? One? I'm sorry, Sid, you're going to  
8 have to register if you want to speak.

9 **DR. SODERHOLM:** Get my noisemaker turned on  
10 here. I have one -- one request. I had asked  
11 that if anybody would like to put in their  
12 written comments to please do that by giving  
13 them to us here at the front or at the  
14 registration desk. Our transcriptionist is  
15 finding we're using some terminology, and some  
16 acronyms especially, that is going to be very  
17 difficult to accurately collect and reflect in  
18 the transcription so he's asking -- we're  
19 asking if you could -- if you have written  
20 comments to please leave us a copy. You can  
21 check with the registration desk if you, you  
22 know, absolutely only have one copy. Maybe we  
23 can get a copy made. And so we're asking those  
24 who speak and had a written -- to please leave  
25 us a copy to help with the transcription. And



1 I am not aware that anyone has been added. I  
2 don't see -- (Unintelligible), has anyone been  
3 added this session? Okay. Let's see, what's  
4 the -- Vanna White, is this what we're doing  
5 here?

6 **UNIDENTIFIED:** (Off microphone) Just one  
7 (unintelligible).

8 **DR. SODERHOLM:** Okay. So any time would be  
9 okay for this person? Oh, at the end, Chip  
10 Carson.

11 **DR. FELKNOR:** Okay. Then moving into our next  
12 panel of presenters for the morning session, if  
13 you would please move a little closer to the  
14 front of the podium, that will save us some  
15 time -- Dr. Arnold Schechter, David Coultas,  
16 Michelle McHugh and Dr. Lawrence Schulze. And  
17 we'll begin with comments from Dr. Arnold  
18 Schechter, if you would please come forward.

19 **DR. SCHECTER:** Thank you, Dr. Felknor. Much of  
20 the -- I am an occupational medicine physician  
21 also. I work and teach at the University of  
22 Texas School of Public Health, Dallas Regional  
23 Campus. I want to talk to you about brominated  
24 flame retardants, worker safety and health.  
25 Brominated flame retardants, especially

1 polybrominated diphenyl ethers, are widely used  
2 in the United States to reduce fire injuries.  
3 They are found in television sets, computers,  
4 fax machines, in some textiles, styrofoam in  
5 chairs and mattresses and in carpet paddings.  
6 These brominated flame retardants are currently  
7 found in all people studied in the United  
8 States, whether blood, milk, fat tissue or  
9 fetal liver.

10 Levels of one of these types, the  
11 polybrominated diphenyl ethers, or PBDEs, are  
12 orders of magnitude higher in the US than found  
13 elsewhere worldwide. High levels have been  
14 reported in U.S. household vacuum sweepings and  
15 on office computer and computer monitor wipes.  
16 There is both structural and toxicological  
17 similarity of PBDEs to PCBs. Animal studies  
18 with PBDEs show similar health outcomes,  
19 cancer, reproductive and developmental  
20 toxicity, endocrine disruption and central  
21 nervous system alterations. No human health  
22 studies have been published at this time.  
23 The only occupational study worldwide is from  
24 Sweden. There are no U.S. studies on worker  
25 safeties. Worker studies in Swedish electrical

1 recycling workers showed elevated PBDEs in the  
2 blood of workers. After worker protective  
3 measures were instituted, levels decreased.  
4 The elevated PBDE levels reported in exposed  
5 Swedish workers, the exposed Swedish workers,  
6 were lower than the general population levels  
7 for the United States.

8 It is believed that some U.S. workers are at  
9 risk from PBDE and other brominated flame  
10 retardant exposure. Exposure and health  
11 studies are urgently needed to document  
12 exposure and possible adverse health  
13 consequences from such exposures, as well as to  
14 take preventive measures.

15 Workers at risk include those involved in  
16 manufacture of brominated flame retardants,  
17 including the one type that's still being  
18 manufactured in the United States; those  
19 involved in putting brominated flame retardants  
20 on or into electronic, textile, styrofoam;  
21 those involved in recycling such materials;  
22 first responders, such as firefighters, police  
23 and emergency medical specialists; as well as  
24 garbage disposal and incineration workers.  
25 Since PBDE levels in humans have gone from not

1 detectable in the 1970s in the USA to the  
2 highest in the world in the early 2000s, while  
3 at the same time dioxins, dibenzofurans\* and  
4 PCBs have declined -- government regulations  
5 are working with respect to these persistent  
6 organic pollutants -- that it is of  
7 considerable urgency to determine which  
8 exposures (sic) are exposed, how such exposures  
9 can be decreased, and what the health  
10 consequences are of worker and general  
11 population exposure.

12 Hopefully NIOSH, the National Institute of  
13 Environmental Health Sciences and EPA, along  
14 with partners in university and industry can  
15 work together to decrease this potential human  
16 health hazard. Thank you.

17 **DR. FELKNOR:** Thank you, Dr. Schechter. Dr.  
18 David Coultas from the University of Texas  
19 Health Science Center in Tyler. Good morning.

20 **DR. COULTAS:** Good morning. Thank you. Again,  
21 my name is Dave Coultas. I'm a pulmonary  
22 physician and chairman of medicine at the  
23 University of Texas Health Center at Tyler. As  
24 a pulmonary physician and epidemiological  
25 researcher I've had a longstanding interest in

1 occupational and environmental lung diseases,  
2 health disparities and prevention of chronic  
3 lung diseases.

4 During my training as a pulmonary physician  
5 over 20 years ago, my perspective on  
6 occupational lung diseases was largely limited  
7 to the classical dust-induced diseases from  
8 inorganic dust, including asbestos, silicosis  
9 and coal workers' pneumoconiosis, and organic  
10 dust such as farmers' lung. Subsequently my  
11 knowledge about occupational lung diseases was  
12 greatly influenced by my clinical and research  
13 work with miners in New Mexico and Colorado.  
14 Over the past 20 years we have learned that  
15 many more workplace exposures are associated  
16 with a much wider range of acute and chronic  
17 lung diseases than these classic dust-induced  
18 diseases. Occupational exposures are  
19 associated with non-malignant diseases such as  
20 asthma, chronic obstructive pulmonary disease  
21 known as COPD, and idiopathic, quotes,  
22 interstitial pneumonias and malignant  
23 respiratory diseases.  
24 First, chronic airflow obstruction from asthma  
25 and COPD has huge public health and economic

1           impacts in the U.S., and a substantial  
2           proportion of morbidity from chronic airflow  
3           obstruction is attributed to workplace  
4           exposures. Of the over 16 million adults with  
5           asthma in the U.S., up to 33 percent of over  
6           five million are estimated to have work-related  
7           asthma, either caused by or worsened by  
8           exposures at work. And of the 12 million  
9           persons -- estimated 12 million persons with  
10          COPD, growing evidence over the past ten years  
11          strongly suggests that up to a quarter, or  
12          about three million of COPD may be attributed  
13          to workplace exposures. In addition, of all  
14          the causes of death in the U.S. such as heart  
15          disease, stroke and cancer, COPD is the only  
16          one with rising rates of mortality in the U.S.  
17          While these estimates for the number of persons  
18          affected by chronic airflow obstruction from  
19          workplace exposures are large, these numbers  
20          are probably underestimated because the true  
21          number of affected persons with asthma and COPD  
22          are frequently under-diagnosed. Furthermore,  
23          the proportion of persons with chronic airflow  
24          obstruction affected by workplace exposures  
25          varies between racial and ethnic groups,

1           estimated at 22 percent among whites, 23  
2           percent among African-Americans, and strikingly  
3           50 percent among Mexican-Americans. A wide  
4           variety of workplaces have been associated with  
5           increased risk for chronic airflow obstruction  
6           including the armed forces, rubber, plastics  
7           and leather manufacturing, utilities, textile  
8           product manufacturing, construction, metal and  
9           automobile manufacturing, food product  
10          manufacturing, and agriculture.  
11          Well, the -- now, switching gears from chronic  
12          airflow obstruction to the chronic fibrotic  
13          lung diseases, including asbestosis, silicosis  
14          and coal workers' pneumoconiosis are among the  
15          classic occupational lung diseases, there is  
16          growing evidence that other fibrotic lung  
17          diseases also may be associated with other  
18          occupational and environmental exposures. For  
19          example, the "idiopathic" interstitial  
20          pneumonias, chronic pneumonias with no known  
21          cause, may in fact result from a wide variety  
22          of occupational and environmental exposures  
23          including farming, metal and wood dust  
24          exposure, silica and cigarette smoking.  
25          In a meta-analysis that I conducted recently of

1           six case-control studies of idiopathic  
2           pulmonary fibrosis, also known as IPF, the  
3           population-attributable risk for cigarette  
4           smoking was estimated at 49 percent, and 20  
5           percent for farming.

6           While the idiopathic interstitial pneumonias  
7           are not as common as asthma and COPD, there's  
8           no effective therapy for IPF, and this evidence  
9           suggests that there may be an opportunity for  
10          prevention.

11          Similarly, effective treatment for lung cancer  
12          -- switching gears again -- is very limited and  
13          prevention offers the greatest hope. Nearly 60  
14          agents found in a wide variety of workplaces  
15          are established or suspected human carcinogens,  
16          and it's -- the estimated attributable risks  
17          range from five to 35 percent, and it is  
18          estimated that in the U.S. over 16,000 lung  
19          cancer deaths may result from occupational  
20          exposures.

21          So in summary, we have strong evidence that  
22          combined chronic respiratory diseases from  
23          workplace exposure in the U.S. result in a  
24          substantial public health burden. Moreover,  
25          workplace exposures that cause respiratory



1 diseases disproportionately affect non-white  
2 and lower socioeconomic populations who have  
3 traditionally been overexposed in hazardous  
4 industries.

5 Thank you very much.

6 **DR. FELKNOR:** Thank you, Dr. Coultas. Our next  
7 presenter is going to be Michelle McHugh,  
8 doctoral student, School of Public Health --  
9 one of my students who's accounted for during  
10 her health and safety program management class;  
11 thank you, Michelle.

12 **MS. MCHUGH:** I swear I'm not doing  
13 (unintelligible) --

14 **DR. FELKNOR:** I see the rest of you. I just  
15 want you to know that.

16 **MS. MCHUGH:** Good morning. My name is Michelle  
17 McHugh and I'm a doctoral student in  
18 Environmental and Occupational Health Sciences  
19 here at the University of Texas School of  
20 Public Health. I'd like to thank NIOSH for  
21 coming to Texas to gather our contributions for  
22 the second National Occupational Research  
23 Agenda. I'm pleased to say that this is my  
24 second time participating in NORA, having been  
25 on the other side of the microphone in 1995

1           when I helped organize the town hall meeting in  
2           Seattle, Washington with staffers from Dr.  
3           Rosenstock's office.

4           I would like to focus my comments on answering  
5           the question of how I can make a difference for  
6           workers. Without the graduate traineeship I  
7           receive in industrial hygiene through the NIOSH  
8           Educational Research Center we have here at the  
9           University of Texas School of Public Health,  
10          I'd have to say not as big as I would like. My  
11          comments today focus on the importance of  
12          continuing to fund the 16 NIOSH ERCs located  
13          throughout the United States. Funding for  
14          these centers to train occupational and  
15          environmental health specialists through  
16          graduate-level academic programs and continuing  
17          education courses is vital to conducting the  
18          research that will reduce work-related  
19          illnesses and injuries, as well as the  
20          promotion of safe and health workplaces. I  
21          need to caveat that and say the research and  
22          practices.

23          I've had the opportunity to directly benefit  
24          from two of the ERCs in the last 12 years. My  
25          first association was as the program

1 coordinator for the University of Washington's  
2 occupational and environmental medicine  
3 residency program, and later as a continuing  
4 education coordinator in the Northwest Center  
5 for Occupational Safety and Health. Both  
6 programs are components of the University of  
7 Washington's ERC.

8 My time at the University of Washington  
9 introduced me to the field of occupational  
10 health and safety, and ignited my desire to  
11 work to protect the health, safety and well-  
12 being of those in the workplace and community.  
13 While at the University of Washington I truly  
14 worked with professionals dedicated to this  
15 mission, and their commitment to the field is  
16 what led me to pursue graduate-level training  
17 in occupational and environmental health.  
18 My second association, with another ERC, is  
19 through my funding as a doctoral student in  
20 industrial hygiene at the University of Texas  
21 Southwest Center for Occupational and  
22 Environmental Health. My NIOSH-funded  
23 traineeship enables me to focus on a field that  
24 is truly my passion, and contribute to  
25 progresses in occupational safety and health.

1 I am able to work and learn from another set of  
2 professionals equally as dedicated as those I  
3 worked with in Washington.

4 In closing, I sincerely hope NIOSH will  
5 continue to fund these centers, as the  
6 individuals trained in the graduate-level  
7 programs and continuing education courses are  
8 going to be the ones who can answer the  
9 questions posed here today: Who is at most  
10 risk? How serious is the issue? What research  
11 is needed? Who are the stakeholders and  
12 partners, and how we can make a difference.  
13 Thank you.

14 **DR. FELKNOR:** Thank you very much, Michelle.  
15 I'd like NIOSH to know that that was a self-  
16 initiated presentation. And now Dr. Lawrence  
17 Schulze will talk to us about ergonomics,  
18 petrochemical industry.

19 **DR. SCHULZE:** Actually I'm -- I'm splitting; I  
20 have a split personality today, so if you could  
21 give me a zero after the first one, then a  
22 second one. I have two topics, actually. You  
23 can look on your list.

24 I'd like to thank Director Howard for the  
25 opportunity, sir, for putting this together,

1 School of Public Health. I'm Lawrence Schulze.  
2 I'm from the University of Houston and the  
3 School of Public Health. I'm an adjunct  
4 professor here.

5 My first topic is regarding the petrochemical  
6 process workers on the heel of Ron Sokol. I'm  
7 not sure which sector this fits into. You may  
8 consider a ninth sector as the petrochemical  
9 industry.

10 The average age of a petrochemical process  
11 worker in the United States is about 55 years  
12 old, predominantly male, predominantly  
13 overweight or obese, and deconditioned. Injury  
14 distributions are about 50 percent back  
15 injuries, 20 percent shoulder, 20 percent  
16 wrist, and about ten percent head, face and  
17 neck injuries.

18 Where do these injuries come from? The most  
19 common factor is opening and closing manually-  
20 operated valves, either by hand or by using --  
21 the most common is either a pipe wrench or the  
22 new aluminum valve wrench. When putting an  
23 aluminum valve wrench on steel, aluminum loses  
24 out, they tend to slip. And then there's  
25 reaction forces that the worker has to deal

1 with.

2 We conducted a pilot study funded by NIOSH --  
3 thank you very much -- looking at rotational  
4 force capabilities of males and females between  
5 the ages of 35 and 55. We simulated the  
6 opening and closing of valves using actual  
7 valve hand wheels, heights taken from the  
8 workplace, using a rotational force transducer  
9 that allowed us to adjust height, pitch angles,  
10 et cetera. We also compared these results to  
11 standards that are published by the American  
12 Bureau of Shipping, published in books by  
13 Kodak, Van Cotton, Kincaid, which is typically  
14 the most referenced references that people use  
15 for designing workplaces, and compared the 35  
16 to 55-year-old data to the data in these  
17 standards which was collected on 18 to 24-year-  
18 old military personnel straight out of boot  
19 camp.

20 What did we find? We found that every  
21 measurement that we took for pitch angle,  
22 height and distance was nowhere near the  
23 capabilities of these young workers that we  
24 have established as our standard.

25 What do we need? We need to collect data from

1 workers, the deconditioned worker out in the  
2 workplace. We don't have any of this data. We  
3 need to do that, or we're designing systems for  
4 18 to 24-year-olds that 55-year-olds are  
5 working. I don't know about you, I'm 48 and I  
6 know I can't do what I used to be able to do at  
7 18.

8 So my next topic. This is healthcare related,  
9 and because I was told I couldn't do one in the  
10 morning and one in the afternoon, I'm doing  
11 this in the morning. This information is  
12 fundamentally related to many of the healthcare  
13 presentations that you're going to hear this  
14 afternoon.

15 New demographics addressing the nursing  
16 shortage in the United States is being affected  
17 by Filipino, Indonesian, Malaysian populations,  
18 as well as Latin American populations. These  
19 Latin American populations happen to be mostly  
20 from Costa Rica, Honduras and Nicaragua.

21 What does that mean? This is similar to what  
22 we saw in the early '90s, for those who have  
23 been in the healthcare industry around the  
24 Texas Medical Center back then when we had a  
25 nursing shortage crisis. We had an influx of

1 nurses from other countries, which essentially  
2 brings down the average height of the workers.  
3 What do we know also that's going to happen in  
4 the next ten years? About roughly 65 percent  
5 of the U.S. population is going to be 55 years  
6 or older. Here comes the baby boom population.  
7 What do we also know? That for women the  
8 average dress size in 1989 was eight, and now  
9 it's 16 to 18. Which means that our  
10 populations are heavier -- that's from the  
11 textile industry, by the way. Our population  
12 is -- two-thirds of our population is  
13 overweight or obese.  
14 What does that mean for someone who is five  
15 foot tall or five foot two trying to move a  
16 patient that's 165 pounds? You have the  
17 potential for musculoskeletal injuries that  
18 you're going to hear about, other injuries,  
19 back injuries -- and we know the lifetime back  
20 injury rate for nurses is 80 percent. Some --  
21 80 percent of the nurses will suffer some type  
22 of back injury in their career. What does that  
23 mean for the shorter-statured worker?  
24 We've also looked at the data that we've been  
25 using for years, the NASA 1024\* standard, which



1           by the way, the most popular standard that we  
2           use. And we've also looked at the CAESAR data,  
3           the Civilian Anthropometric and European  
4           Surface Anthropometric Resource, that was  
5           funded partially by the government and  
6           military, the car makers and the textile  
7           industry. CAESAR has 2,400 usable individual  
8           people in it. When you stratify (sic) that  
9           data by the socioeconomic level that they talk  
10          about, age and gender, you roughly get 15  
11          people per cell.

12          So what did we decide to do? One of my  
13          students getting her master's degree is from  
14          Peru, so she decided to collect some data on  
15          Latin American nurses. She'd collect data for  
16          30 nurses and compared it to that 15, and what  
17          did she find? She found that no anthropometric  
18          data point matched any of the CAESAR data. So  
19          we are using CAESAR data -- the car industry,  
20          the textile industry, the patient industry like  
21          the Hoyer lift, et cetera, for all equipment  
22          being used, and they're using the CAESAR  
23          database. Doesn't match what's out there.  
24          We've got a problem.

25          Also on top of that, the human factor's an

1           ergonomic society and you hear the United  
2           States has endorsed the use of the ISO-7250  
3           standard, which is the European standard for  
4           anthropometric measurement. By doing that it  
5           negates many of the data points that we're  
6           using in the CAESAR database or in the NASA  
7           1024 database -- any database pre-2000 negates  
8           and makes them obsolete.

9           What do we need to do? We need to collect some  
10          real data on real people that are out there in  
11          the workforce. Not the people who volunteered,  
12          like myself, to go get measured for the CAESAR  
13          database. We need to measure nurses. We need  
14          to be designing the workplace to protect the  
15          nurses, using real nursing data from real  
16          nurses, not from the general U.S. population  
17          because that population does not appear to  
18          match the data that we're using to design.

19          I'd like to thank you for the opportunity for  
20          this short brief moment to present these two --  
21          what I feel are very important issues with the  
22          petrochemical process industry, as you know,  
23          and also with healthcare topics that you'll be  
24          hearing more about this afternoon. Thank you  
25          very much.

1 **DR. FELKNOR:** Thank you, Dr. Schulze. Christy  
 2 -- Christy, do we have any additions to this  
 3 panel that you know of? No? Okay.

4 Moving on to the next group of speakers then,  
 5 I'd like to ask John Johnson, Luke Metzger,  
 6 Lawrence Whitehead, David Dedrick and Chip  
 7 Carson to move closer to the podium if you're  
 8 sitting in the back of the auditorium. And  
 9 we'll begin with comments from John Johnson.  
 10 Mr. Johnson?

11 **MR. DEDRICK:** No, but I did happen to talk to  
 12 him this morning and he's not going to make it.

13 **DR. FELKNOR:** Okay. And you are?

14 **MR. DEDRICK:** I'm Dave Dedrick.

15 **DR. FELKNOR:** Okay. Is Luke Metzger here?

16 (No responses)

17 No? Lawrence Whitehead? Dr. Whitehead.

18 **DR. WHITEHEAD:** Okay. Good morning. My name's  
 19 Larry Whitehead and I direct the industrial  
 20 hygiene program here at the Texas ERC. I spend  
 21 a lot of time in national academic activities,  
 22 various committees and such, where the programs  
 23 try to figure out what it is we're doing as we  
 24 educate industrial hygienists, but the data  
 25 also suggest that we still need industrial

1 hygiene education and graduates, but should be  
2 broadening the scope of that education.  
3 Graduates in environmental science in schools  
4 of public health dropped by 29 percent in the  
5 ten years 1994 to 2004, according to the  
6 Association of Schools of Public Health. Many  
7 industrial hygiene programs observed the same  
8 pattern. Other public health majors were  
9 steady or grew in number. So why is this?  
10 Well, no one in the various school programs is  
11 completely sure. Answers most likely include  
12 lack of awareness of graduate study in  
13 environmental and occupational health among the  
14 undergraduates who might be coming here; not  
15 realizing the jobs exist, although I tend to  
16 doubt that many undergraduates are aware of the  
17 IH job market directly; an increase -- and I  
18 think this is a big one -- in attractive jobs  
19 in other areas. For example, the growth of  
20 molecular biology has suddenly made biology  
21 majors look very seriously into that direction,  
22 and there is a lot of employment. And perhaps  
23 reduction in social focus on environmental  
24 issues.  
25 To address these issues among undergraduates

1 the American Industrial Hygiene Association  
2 recently published a video on the profession  
3 that's really very good, as well as a  
4 PowerPoint and a number of print materials, all  
5 of which they have available on-line and have  
6 distributed to the identifiable academic  
7 programs in the country for industrial hygiene.  
8 The schools are present on the internet, as  
9 they must be, but they need to be efficiently  
10 found by search engines. That's our problem to  
11 figure it out, but we're working on it. Our  
12 ERC and our Division of Environmental and  
13 Occupational Health Sciences, for example, have  
14 redesigned our web sites, and also this fall e-  
15 mailed information on our programs to just  
16 about all the science departments we could find  
17 and student clubs -- which is a useful means --  
18 in biology, chemistry and pre-med at  
19 approximately 25 four-year colleges and  
20 universities within a reasonable driving  
21 distance because we offered to speak at these  
22 and made about a half-dozen campus visits.  
23 We're just getting started on figuring out how  
24 to recruit (unintelligible) graduates. You'd  
25 think -- been doing it for 20 years. No, we

1 really didn't need to in industrial hygiene,  
2 and now we have to figure it out. We'll know  
3 very soon if the applicant pool was increased.  
4 There are jobs in industrial hygiene, but the  
5 situation is complex. Many industries have  
6 mature occupational health programs but  
7 basically have only a replacement employment  
8 market that is not expanding or is shrinking  
9 somewhat. Consulting appears to also be at a  
10 replacement level.

11 Why do I mention that? Well, a third of  
12 hygienists are consultants. The IOM/NIOSH  
13 monograph, *Safe Work in the 21st Century*,  
14 discussed the need also for occupational health  
15 services in the service industries and in small  
16 and medium-sized businesses which is not being  
17 addressed. I don't think that's solved yet.  
18 Data suggest the job demand is changing. A  
19 thesis here by Virginia Rodriguez examined  
20 trends in utilization of Certified Industrial  
21 Hygienists since 1990. The number of active  
22 CIHs is down about five percent from its peak  
23 just a few years ago. This may not yet be a  
24 trend, but it's the first substantial drop in  
25 almost 20 years. Consultants make up about a

1           third of the profession, but that group has  
2           leveled off.

3           Industries that traditionally need many  
4           hygienists show little or no growth -- excuse  
5           me -- little or no growth in the numbers of  
6           hygienists, or are shrinking, and these include  
7           chemicals, refining, insurance and  
8           transportation equipment. For example, Ford  
9           this morning announced cutting 14 North  
10          American plants in the next few years, and  
11          25,000 to 30,000 jobs over roughly the period  
12          2007 to 2012. Only the industries of,  
13          quote/unquote, consulting and educating -- and  
14          educational services were both among the top  
15          ten in numbers of hygienists in 1990, and have  
16          grown at at least five percent per year on  
17          average since then. But consulting is now  
18          flat. It depends on everyone else needing  
19          industrial hygiene services, and that's gone  
20          down.

21          So where are we? Manufacturing demand is flat,  
22          averaged over the last 14 years. Some major  
23          industries are dropping. Industries that  
24          utilize consulting are not currently expanding  
25          that need. The service sector grows, but in

1 most portions of this sector, one IH supports  
2 many more workers than in manufacturing.  
3 Possible exceptions to this include educational  
4 services and healthcare services.

5 Okay. In closing, industrial hygiene is  
6 changing. Our education includes more safety,  
7 environmental and management content. These  
8 are converging. Traditional industrial hygiene  
9 I think is shrinking if you define it the way  
10 it's been defined for 50 years. But as we  
11 redefine what it means to practice a broader  
12 field, I think industrial hygiene will not be  
13 shrinking, but it will be changing, and the  
14 academic programs need to figure this out.  
15 NIOSH training will continue to be vital to  
16 this future, as it has been for 30 years.  
17 Thank you.

18 **DR. FELKNOR:** Thank you, Dr. Whitehead. And  
19 now we'll hear from David Dedrick from the  
20 Linbeck Group to talk to us about the  
21 construction industry. Mr. Dedrick?

22 **MR. DEDRICK:** (Off microphone) Thank you to  
23 NORA for putting this on and NIOSH for  
24 attending.

25 (On microphone) I probably don't need this



1           because I spent 20 years in the Marine Corps --

2           **DR. FELKNOR:** But the trans--

3           **DR. SODERHOLM:** (Off microphone)

4           (Unintelligible)

5           **MR. DEDRICK:** I understand. I'll stay in the  
6           vicinity. All right?

7           How are our workers getting hurt in the  
8           construction industry? We looked at this  
9           problem within our company and did a little bit  
10          of research. We took three years where 100  
11          injuries had occurred, and we analyzed how they  
12          got hurt. And I've also subsequently done this  
13          in several other construction companies or in  
14          conjunction with them, and I'll offer this  
15          graph in evidence that -- it's of -- where --  
16          how injuries occur in the construction  
17          industry. What it says is 84 percent are  
18          primarily behavior. The employee knew better,  
19          but he chose to do something different.  
20          Another 12 percent of those involved a behavior  
21          and a condition that caused him to get hurt,  
22          and generally speaking that's where the most  
23          serious injuries occurred. And only four  
24          percent of our injuries were conditions or  
25          miscellaneous type injuries that we couldn't

1 quite account for because of the data may be in  
2 improper reports. But I found this to be  
3 within five percent of all the five different -  
4 - four or five different times we've done this.  
5 So this kind of tells me that maybe measuring -  
6 - and please, don't anybody take offense by  
7 this -- the amount of sand that we breathe  
8 every day is not where we need to spend out  
9 time, but maybe in how to get the worker to  
10 want to work the way we train him to work.  
11 We analyzed our incidents and came up with a  
12 graph showing where people got hurt. The  
13 highest frequency came in eyes on their path,  
14 not looking where they were going, making a  
15 quick step first before they thought about it  
16 or planned it. Line of fire, getting between a  
17 fixed and a moveable object. And lifting and  
18 carrying was probably one that maybe needs a  
19 little more work, but the person knew how to  
20 lift; he just chose to bend his -- bend at the  
21 waist as opposed to bending the knees. He knew  
22 -- he knew how to lift. When you'd ask him,  
23 he'd say yes, but it didn't look that heavy so  
24 I just picked it up. Okay?  
25 Does this work in the construction industry? I

1 spoke of behavioral safety now back in October,  
2 and I knew I was going to get that question so  
3 I put together a few statistics. We invoked a  
4 behavioral safety system where we do have  
5 workers doing observations of one another and  
6 giving one another feedback and developing the  
7 communication at the job site level. And being  
8 (unintelligible) behavioral safety now, I  
9 thought I'd throw them a curve ball and I said  
10 Tom Krause doesn't know anything about workers  
11 getting hurt. And -- my God, I don't want to  
12 say this; I'm having one of those moments --  
13 Scott Geller's a fool and the consultant that  
14 we used to develop our program, Terry McSween,  
15 doesn't know how to spell safety so he calls it  
16 value-based safety.

17 We did our first observation and feedback  
18 session on the 15th of July, 2003 and we had  
19 three pilot projects for the remainder of 2003  
20 that were doing behavioral observations. We  
21 had 272 observations per month during that --  
22 remainder of that year at only 37.6 percent  
23 participation, but they were 97.3 percent safe.  
24 2004 we rolled it out across the whole company  
25 to see how it would work across a commercial

1 construction company. Okay. We turn over  
2 employees about as fast as anybody -- let's  
3 just put it that way; I'll be polite with this  
4 crowd -- and in 2004 we jumped up to 784  
5 observations per month at 58 percent  
6 participation across the whole company, and  
7 97.5 percent safe.

8 2005 up through the beginning of the conference  
9 I ran it per month again and we jumped even  
10 farther to 876 observations per month with 73.1  
11 percent participation, and a rate of 97.8  
12 percent safe.

13 These numbers seem to indicate that the workers  
14 will do this, even in an environment where it  
15 had never been tested before, the commercial  
16 construction environment.

17 Is this important to us? Well, from my  
18 perspective, 18,179 times safety was talked  
19 about on a Linbeck project by peers. And to  
20 me, that's important.

21 **DR. FELKNOR:** Thank you very much. And now  
22 we'll hear from Dr. Chip Carson.

23 **DR. CARSON:** My name is Chip Carson. I'm a  
24 faculty member here at the UT School of Public  
25 Health in the Southwest Center for Occupational

1 and Environmental Health. I'm also the  
2 director of the occupational and environmental  
3 residency program housed here at University of  
4 Texas in Houston. I'm the incoming director of  
5 the National Association of Occupational  
6 Medicine Residency Directors. And I am myself  
7 a recipient of a NIOSH traineeship during my  
8 doctoral training at another ERC in Cincinnati  
9 some years ago, and have benefited greatly from  
10 that.

11 What I'd like to talk to you a little bit about  
12 today is education of occupational health  
13 professionals and the needs we have for that --  
14 a continuing need.

15 Recent reviews, analyses and published opinion  
16 papers have pointed out there is a  
17 dramatically-changing landscape in occupational  
18 health practice in this country. It's very  
19 different from what it was back in 1970 at the  
20 passage of the Occupational Safety and Health  
21 Act and when the concepts of the roles of  
22 occupational health professionals became really  
23 fixed.

24 Injuries and illnesses in the American  
25 workplace are addressed by a number of systems.

1           One of those notable of course is the workers  
2           compensation system. Well, who staffs the  
3           workers compensation system in terms of  
4           occupational health professionals? It's  
5           primarily primary care professionals -- primary  
6           care physicians, nurses --with no occupational  
7           health training -- retired surgeons, various  
8           other professionals who get into this who have  
9           really no formal occupational health training.  
10          So where are all our occupational health  
11          trainees going? They're being absorbed by the  
12          system to perform management, administrative,  
13          oversight functions for programs within  
14          industry or the healthcare industry, as well,  
15          or in academia -- which is a true need -- but  
16          they are not able to provide services. And  
17          this is because there are so few of them.  
18          There's been an identified shortage for many  
19          years of occupational health professionals, and  
20          this continues to exist. And very few of them  
21          are now getting directly into occupational  
22          health practice.

23          These trained people are now absorbed to do  
24          designing, monitoring and directing of the  
25          programs that are in existence, and to manage

1           those programs that exist. This defines a true  
2           manpower shortage in occupational health  
3           professions. The shortfall comes in part from  
4           the limited funding for training that's  
5           provided in this country, most of which is  
6           provided by NIOSH and I think this agency  
7           deserves a great gratitude from us for being  
8           able to consistently provide such funding. But  
9           it's not enough, and it's not doing that job  
10          that we need to do and the job that we have  
11          consistently, in writing, identified as a big  
12          need for this country.

13          It is critical in our future to generate  
14          scientifically-valid needs analysis and  
15          productivity research to highlight not just the  
16          need for occupational health professional  
17          education, but also its value to our country as  
18          a whole, to its value to the productivity of  
19          business, and to its value for the maintenance  
20          of health of our human resources.

21          The American workforce is a prime laboratory  
22          for this kind of research. Practice-based  
23          research is an ideal mechanism for generating  
24          this kind of information, and there is also an  
25          opportunity for which we as occupational health

1 professions are in a unique position to provide  
2 translational research for basic science  
3 research that is being generated in the  
4 academic setting, and put that into practice in  
5 the workplace in saving lives, preventing  
6 illness and injury.

7 I think we should take advantage of this to  
8 generate the necessary research that will  
9 provide a background to show this value, will  
10 leverage additional training elsewhere with  
11 currently existing funding in occupational  
12 health content, and establish liaisons of  
13 research agenda between not only NIOSH and  
14 practicing occupational health professionals,  
15 but also basic science research throughout the  
16 United States. Thank you.

17 **DR. FELKNOR:** Thank you, Dr. Carson. Do we  
18 have an additional speaker?

19 (Pause)

20 Has Luke Metzger arrived?

21 (No responses)

22 No. Okay. Next we will hear from Mr. Bronson  
23 Frick. Mr. Frick, are you here? No?

24 **UNIDENTIFIED:** (Off microphone) I'm not sure.

25 **DR. FELKNOR:** Okay. Mr. Frick? No. Okay.



1 Well, is there anyone else who would like to  
2 speak this morning?

3 (No responses)

4 Then we'll take a short break -- why don't we  
5 do that. It's about ten of 10:00 (sic). Why  
6 don't we take a ten-minute break and we'll  
7 reconvene back here at 11:00 o'clock.

8 (Whereupon, a recess was taken from 10:50 a.m.  
9 to 11:05 a.m.)

10 **DR. FELKNOR:** We're ready to reconvene, please.  
11 We have at least one more speaker for this  
12 panel this morning, and we're also wondering if  
13 Luke Metzger has arrived from Austin. Mr.  
14 Metzger, are you here?

15 (No responses)

16 Okay, if we could get back to our seats,  
17 please, so we can continue, we're in the home  
18 stretch of the morning session. And we're  
19 going to hear from Mr. Bronson Frick, who's  
20 just come in from the airport. Mr. Frick.

21 **MR. FRICK:** Hi, thank you very much for folding  
22 me into the schedule. My name is Bronson  
23 Frick. I'm with the organization called  
24 Americans for Non-smokers' Rights. We're a  
25 national member-based organization

1           headquartered in Berkeley, California. Our  
2           sister organization, the American Non-smokers'  
3           Rights Foundation, is our 501(c)(3) arm that  
4           does public education around a smoke-free  
5           workplace policy and the benefits of smoke-free  
6           air.

7           I'm here today to encourage NIOSH and NORA to  
8           conduct further research into occupational  
9           exposure to second-hand smoke. This research  
10          is incredibly important for helping point the  
11          way to solutions to that problem in a variety  
12          of workplace settings. Although many workers  
13          throughout the country are now protected from  
14          second-hand smoke, thanks to either corporate  
15          policies or the growing number of smoke-free  
16          workplace laws and ordinances, many other  
17          workers are left behind, particularly those in  
18          the manufacturing sector or in the hospitality  
19          sector, especially venues like casinos,  
20          restaurants, bars, bowling alleys, hotels and  
21          pool halls. Those workers are typically left  
22          behind, and they have one of the highest cancer  
23          rates of any occupational sector in America.  
24          According to the Centers for Disease Control,  
25          at least 38,000 Americans still die every year

1 due to exposure to second-hand smoke, and  
2 thousands more suffer disease. It remains a  
3 leading cause of preventable death -- leading  
4 cause of preventable death and disease in the  
5 United States, and it's all too preventable.  
6 The new 2005 California EPA report now finds a  
7 causal link to breast cancer in pre-menopausal  
8 women from exposure to second-hand smoke. The  
9 California Air Resources Board will be voting  
10 in a couple of weeks to -- whether or not to  
11 make -- classify second-hand smoke as a toxic  
12 air contaminant, putting it in the same  
13 category as diesel fumes, so that relates to  
14 NIOSH's mission.

15 ASHRAE, the American Society of Heating,  
16 Refrigeration and Airconditioning Engineers,  
17 which is meeting right now in Chicago, they  
18 issued a board policy statement in 2005  
19 reaffirming that ventilation systems are not a  
20 solution to second-hand smoke because there is  
21 no known safe level of exposure.

22 The U.S. Society of Actuaries issued a report  
23 in 2005 finding that second-hand smoke costs  
24 the U.S. economy about \$10 billion a year in  
25 lost productivity and higher healthcare costs,

1 so it remains of vital interest to the economy  
2 for having a healthy workforce -- a healthy,  
3 productive workforce and a way to control  
4 spiraling healthcare costs.

5 NIOSH is prepared to do air quality and second-  
6 hand smoke-related studies in two casinos in  
7 Law Vegas this month -- I believe it's this --  
8 actually this week -- based upon the complaints  
9 of two casino workers that were exposed to  
10 second-hand smoke and -- so we're grateful for  
11 NIOSH -- for responding to their complaints.  
12 Unfortunately the casino workers have been  
13 fired for having filed the complaint with  
14 NIOSH. After the original two filed their  
15 complaint, 200 other casino workers joined in  
16 the complaint and so the casinos obviously have  
17 acted against the original two as a way to  
18 scare off other workers.

19 Other workplaces -- like I said, factories, we  
20 still hear about like car manufacturing plants  
21 where people smoke on the line, and  
22 particularly other kinds of hospitality  
23 sectors. Our organization receives calls every  
24 week from casino workers, bar workers, they're  
25 hospitalized because of their exposure to

1 second-hand smoke. But they're caught in this  
2 awkward place where if they quit their job then  
3 they're not able to feed their kids, or they  
4 might become homeless or unemployed.

5 Okay. So that's all I have. So thank you  
6 again to NIOSH for looking into the ongoing  
7 problem of occupational exposure to second-hand  
8 smoke. And we greatly value and appreciate  
9 your research that helps to quantify the health  
10 problem and point the way to solutions. Thank  
11 you.

12 **DR. FELKNOR:** Thank you, Mr. Frick. Has Luke  
13 Metzger arrived?

14 (No responses)

15 Okay. No? Any additional speakers for this  
16 morning's sessions?

17 (No responses)

18 Going once, twice -- okay. Now Dr. Levin is  
19 going to summarize the key points that we heard  
20 this morning. We want to thank all of the  
21 speakers and look forward to the summary. Dr.  
22 Levin.

23 **CLOSING: JEFFREY LEVIN**

24 **DR. LEVIN:** I'd like to add my thanks to the  
25 speakers, as well. What I'm going to just try

1           to do is take a couple of minutes to hit the  
2           high points of what we thought we heard this  
3           morning. We'll start with NORA, the town --  
4           this is -- the town hall meeting is an  
5           important part of the process to define our  
6           agenda -- and I think there's an emphasis on  
7           "our" agenda -- in that this second decade  
8           creates an opportunity to retool our research  
9           for an R2P process that focuses on relevance,  
10          quality and impact. And that NIOSH's role in  
11          this will be to provide an infrastructure to  
12          nurture and prioritize research strategies and  
13          to spark the process of carrying through with  
14          the agenda.

15          Some specific top priorities that were  
16          mentioned, as you'll recall, are that  
17          culturally-appropriate interventions are needed  
18          to develop sustainable programs and  
19          partnerships; that enumeration is going to be  
20          an important issue, particularly among groups  
21          like migrant and seasonal farm worker  
22          populations, including youth, and looking at  
23          such things as the impact of working multiple  
24          jobs.

25          It was mentioned that we'll have to examine the

1           impact of agricultural work on health and  
2           propose partnerships among multiple  
3           stakeholders in order to conduct necessary  
4           research that'll be important to collect  
5           practice-based research and look for -- and I  
6           quote -- information in the right places; that  
7           it'll also be important in various areas of  
8           industry to evaluate best practices, share them  
9           throughout industry, examine the effectiveness  
10          of process safety and ensure compliance to  
11          protect contract workers. And then it was also  
12          mentioned that scaling up intervention  
13          standards and developing consensus standards  
14          for measuring outcomes will be an essential  
15          part of the process.

16          There was a good deal that was mentioned about  
17          education of the occupational health workforce.  
18          To summarize about that, the need to stimulate  
19          student interest in areas such as industrial  
20          hygiene as that -- as that area is redefined,  
21          to focus on addressing the shortage of  
22          practicing occupational health professionals  
23          and emphasizing the value of occupational  
24          health practice.

25          There was some specific mention about

1           conducting worker studies of health effects  
2           related to exposure to polybrominated diphenyl  
3           ethers and its widespread use in industry, and  
4           to also look at the many workplace exposures  
5           that increasingly have been associated with a  
6           wide array of pulmonary diseases that merits  
7           ongoing research.

8           Finally there was mention that it would be  
9           important to collect data from current workers  
10          to establish occupation-specific ergonomic and  
11          equipment standards. We heard at the end of  
12          our session this morning that there is needed  
13          emphasis to study ways to help workers behave  
14          and work more safely, and the need to develop  
15          pilot methods to try to do that. And then  
16          finally, as you just heard, ongoing research  
17          needs to evaluate occupational exposure to  
18          second-hand smoke. So quite a wide array of  
19          topics, but some recurring themes regarding  
20          partnerships, education, training and the like.

21          **DR. FELKNOR:** Thank you, Dr. Levin. I'd like  
22          to add two other points to the summary, and one  
23          is the recurring theme of the disproportionate  
24          distribution and burden of occupational illness  
25          and injury as it falls across different



1 demographics, whether the demographics are by  
2 race, ethnicity, obesity, age, gender. And I  
3 think we heard that in a variety of sectors  
4 that presented.

5 And also to highlight the comment that was made  
6 by Dr. Amick is using the NORA -- the next  
7 decade of NORA as an opportunity to develop  
8 consensus about the measurements that we're  
9 going to use, in addition to conducting the  
10 research. But -- but have that process bring  
11 us to a point of consensus. Let us know when  
12 you're able to do that.

13 So this morning's session was intended to be  
14 for a wide variety of different sectors  
15 because, as was noted early in the morning,  
16 this is intended to be a national research  
17 agenda. And we appreciate everyone's comments.  
18 Are there any other comments to be made at this  
19 time?

20 (No responses)

21 Dr. Lum?

22 **FINAL REMARKS: MAX LUM**

23 **DR. LUM:** Thank you. I'm Max Lum. I'm the  
24 communication lead at NIOSH, and I know people  
25 have thanked you for coming. I'm going to

1           thank you for staying and to urge you to come  
2           this afternoon and also hear the speakers that  
3           we have this afternoon.

4           But it's a pleasure -- my next chore here is to  
5           really thank both of the sponsors of this  
6           meeting. This is a lot of work, and the  
7           leadership that we've had here in Houston  
8           helping us to put this on has been terrific,  
9           and also at Tyler. This has been a -- really a  
10          long process, so I'd like to present the  
11          Southwest Center for Occupational and  
12          Environmental Health just a plaque -- let me  
13          read it for you -- it's for your leadership in  
14          organizing a town hall meeting for the National  
15          Occupational Research Agenda. We appreciate  
16          your dedication in advancing the safety and  
17          health of workers in your region and throughout  
18          the nation. Thank you very much.

19          And we're -- and we're still talking, so that's  
20          good, there's -- you know, at this point.

21          **DR. FELKNOR:** Wait until Tuesday.

22          **DR. LUM:** Yeah, right. And also to Jeff Levin,  
23          thank you very much, the Southwest Center for  
24          Agricultural Health, Injury Prevention, and  
25          Education again, I think, for your leadership

1 in organizing and help us with the town hall  
2 meeting. I think in the wording there's a  
3 couple of really key points, and I think that's  
4 in your dedication is clear and your support  
5 for us has really been unfailing. And the  
6 other issue is of course leadership. Thank you  
7 very much, Jeff.

8 Yeah, we'll reconvene at 1:00 o'clock. Can we  
9 come back at 1:00, if that's possible? We  
10 might begin just a tad early. And just let me  
11 ask one more question. I know there's someone  
12 in this audience that wants to speak, that's  
13 thinking no, I just don't have it together; I  
14 just don't have it quite together. So I'm  
15 asking that person, would they -- aha, there we  
16 go. Would you like to come forward, please?  
17 And if there are other folks, please, think --  
18 this is a great opportunity. This information  
19 goes into the NIOSH docket. It makes its way  
20 to our researchers, you're -- you've come out  
21 today so please let us hear from you.

22 **DR. DEFOY:** Thank you.

23 **DR. LUM:** Yeah.

24 **DR. DEFOY:** Hi, my name is Walt DeFoy. I'm a  
25 disability medical director for Aetna Insurance

1           Company. I've come here through several  
2           channels, but the main reason I'm here is that  
3           I serve an advisory committee for Social  
4           Security through America's health insurance  
5           plans and I'm a member of the American  
6           psychiatric task force to develop guidelines  
7           for return to work assessment for behavioral  
8           health professionals.

9           We have reached a point in all of these areas  
10          where we don't know how to assess whether a  
11          person can return to work based on a behavioral  
12          health issue. That is, can they persist in a  
13          task; can they take supervision; can they  
14          supervise others; can they work collaboratively  
15          with coworkers. The need for the development  
16          of an assessment tool to evaluate these areas  
17          is extremely important, and I think it cuts  
18          across all the areas we've talked about today.  
19          But it's particularly important in returning to  
20          work and returning workers to work who have  
21          behavioral health issues.

22          That's important because now Social Security's  
23          behavioral health cases represent 50 percent of  
24          the new disability case log -- huge amount. In  
25          our organization behavioral health cases

1 represent about 12 percent of all disability  
2 cases, but they take up to 40 percent of our  
3 resources. So this is a major area. I'm  
4 hoping that NIOSH might be able to impact or  
5 help with a research agenda in this area.  
6 Thank you.

7 **DR. FELKNOR:** Thank you very much, Dr. DeFoy.  
8 Last call for Luke Metzger.

9 (No responses)

10 Okay. I guess we'll -- yes, someone's coming?

11 **UNIDENTIFIED:** (Off microphone) Come back at  
12 1:00.

13 **DR. FELKNOR:** Come back at 1:00? We'll --

14 **UNIDENTIFIED:** (Off microphone) We have one  
15 more (unintelligible).

16 **DR. FELKNOR:** A third comment, Dr. Schulze?

17 **DR. SCHULZE:** (Off microphone) Yes.

18 **DR. FELKNOR:** Two and a half minutes this time.

19 **DR. SCHULZE:** Yes, ma'am. I work for her. One  
20 of the things I'd like to address is I used to  
21 have an occupational safety engineering program  
22 grant and recently lost that due to our  
23 university not hiring another faculty member,  
24 which was one of the major comments, that I was  
25 a one-man show. However, I think NIOSH needs

1 to reconsider this approach, simply because we  
2 can make up that difference -- if we cannot  
3 hire another faculty member -- through adjunct  
4 faculty members.

5 Mayor Consatti's\* safety engineers' Gulf Coast  
6 chapter, which I'm the president of, we have  
7 1,400 members in the Gulf Coast area, all  
8 within driving distance of our campus. There  
9 is a huge need for safety professionals with  
10 advance degrees. We cannot provide that in  
11 this area. The only place that they get to go  
12 is Texas Tech, and there's no school around  
13 here that allows us to do that in the  
14 engineering area.

15 So I think, and I would like to encourage NIOSH  
16 to reconsider their position about funding one-  
17 man shows. We were doing a great job. We had  
18 a lot of students that were interested in that.  
19 We still have students who are asking where  
20 they can go to get an advanced degree in  
21 occupational safety engineering, and the only  
22 place we get to tell them is to go to Texas  
23 Tech. And I don't know if you've ever been to  
24 Lubbock or not, but they're -- the industry  
25 availability in Lubbock for getting students to

1 see what's happening in industry and actually  
2 putting to practice research and activities  
3 where they can actually do something and get  
4 their fingernails dirty and their hands dirty  
5 is not that available in Lubbock. It is in  
6 Houston. We have lots of industry, have a wide  
7 variety of industry. We have healthcare, we  
8 have petrochemical process, we have  
9 manufacturing, food processing industries here  
10 -- we have the gamut, and I'd like NIOSH to  
11 reconsider that position. Thank you.

12 **DR. FELKNOR:** Thank you, and we'll adjourn for  
13 lunch and we'll reconvene here in the  
14 auditorium at 1:00 o'clock. Thank you,  
15 everyone.

16 (Whereupon, a recess was taken from 11:20 a.m.  
17 to 1:15 p.m.)

**HEALTHCARE AND SOCIAL ASSISTANCE SESSION:**  
**INTRODUCTION TO THE SECTOR APPROACH**

18 **TERRI PALERMO, NIOSH**

19 **DR. FELKNOR:** Good afternoon and welcome. The  
20 focus this afternoon is going to be the  
21 healthcare industry. Over 13 and a half  
22 million people work in the healthcare industry  
23 and we're located in what we're fond of saying  
24 is the largest medical center in the world.

1 Over 65,000 people work in the Texas Medical  
2 Center, so that's why you can't ever get  
3 parking.

4 Okay, please turn off your cell phones and your  
5 Blackberries and all of that to maybe help with  
6 the interference we were having -- help avoid  
7 the interference we were having earlier. And  
8 it's my pleasure to introduce this afternoon's  
9 moderator. Terri Palermo is public health  
10 advisor to NIOSH and is the coordinator of the  
11 healthcare and social assistance sector, and is  
12 going to give us an introduction to the focus  
13 of this afternoon's session and will moderate  
14 the panelists this afternoon. Terri?

15 **MS. PALERMO:** Thank you. And we've had a  
16 request that -- there's a lot of people from  
17 NIOSH here and not everyone knows those folks,  
18 so we would like the NIOSH people to stand and  
19 introduce themselves, so -- one at a time.  
20 (Whereupon, the NIOSH staff members introduced  
21 themselves from the audience to audience  
22 members. However, since no microphone  
23 facilities were provided for speaking from the  
24 audience, the reporter was unable to capture  
25 their introductions.)



1 **MS. PALERMO:** Okay. Do we have everyone now?

2 **MR. WEISSMAN:** And I'm David Weissman. I am  
3 the manager for the healthcare and social  
4 services sector and will be working with Terri  
5 on this session.

6 (Pause)

7 **MS. PALERMO:** Sorry. Well, I want to thank  
8 each of you for being here today, and I will  
9 review the NORA history and the vision, for  
10 those of you who weren't here this morning, and  
11 talk a little bit about the plans for the  
12 second decade of NORA and how you can  
13 participate, and also to take a brief look at  
14 the NORA and social assistance healthcare  
15 sector.

16 NORA began -- or it's the National Occupational  
17 Research Agenda began in 1996 when input of  
18 over 500 stakeholders was provided to identify  
19 21 occupational safety and health research  
20 priorities for the nation. NIOSH leveraged  
21 resources nationwide to support research in  
22 these priority areas, and we worked together to  
23 address the priorities.

24 And for the second decade of NORA we're using a  
25 sector concept. We know that industry

1 stakeholders are key to helping us knowing and  
2 to solving occupational safety and health  
3 problems. And the partnerships that we develop  
4 are key in making a difference of moving our  
5 research products into practice. And also  
6 industry and employee groups are part -- are  
7 organized by sectors, so we decided that a  
8 sector approach for the second decade was  
9 appropriate.

10 Industries are developed -- are grouped into  
11 eight sectors, and each sector will be using a  
12 NORA sector research council and stakeholder  
13 input to develop its priorities. And each will  
14 have their own separate research agenda and  
15 goals, and make plans to assure funding,  
16 develop partnerships, conduct the research and  
17 also adopt the successful strategies.

18 The NORA research sector councils will be made  
19 up of groups of people from many different  
20 organizations, and here are some of those that  
21 are listed. And NIOSH's role will be to  
22 promote the process. We'll also be providing  
23 research and surveillance to advance the plans  
24 and support the needs of the research council,  
25 as well as providing some funding for

1 extramural research and training.

2 And there are several ways that you can  
3 participate. You can provide your ideas and  
4 your input that will shape the agenda, and that  
5 can start today with today's meeting. And also  
6 volunteer to participate on the sector research  
7 council, as well as encourage your own  
8 organization to become involved. And the NIOSH  
9 healthcare and social assistance sector  
10 research council start up in spring of this  
11 year.

12 We'll take a quick look at the healthcare and  
13 social assistance sector, go over what groups  
14 are included in this sector, and what are some  
15 of the major injury and illness problems and  
16 what NIOSH is currently doing.

17 The healthcare and social assistance sector is  
18 classified as Code 62 under the North American  
19 Industry Classification System, and there are  
20 four major employer subdivisions, which you see  
21 here. And there's an estimated 16.7 million  
22 workers in this group. And in hospitals 5.7  
23 million; health services, excluding hospitals,  
24 is 8.2; and social assistance is 2.8. And  
25 there -- under social assistance there's

1 several groupings and these are listed here  
2 with their estimated number of employees. And  
3 some of the major issues in this sector are  
4 accidents and injuries, and under that are  
5 MSDs, violence, motor vehicles, slips, trips  
6 and falls, adverse exposures such as chemicals,  
7 work organization, psychosocial issues and  
8 stress. And also infectious disease, which  
9 could be airborne or bloodborne, and we need  
10 better surveillance in order to know the issues  
11 as well as to be able to measure the impact.  
12 And to have evaluation of -- I'm sorry --  
13 intervention effectiveness.  
14 According to the Bureau of Labor Statistics,  
15 15.9 percent of all non-fatal workplace  
16 injuries and 18.4 percent of non-fatal  
17 illnesses are occurring in the healthcare and  
18 social assistance sector. The number of cases  
19 are listed here in hospitals, nursing and  
20 residential care facilities, ambulatory care,  
21 services and social assistance. And -- and of  
22 the 14 leading industries that -- for illness  
23 and injuries, hospitals have ranked as number -  
24 - as one of the top three in the last three  
25 years.

1           And NIOSH is currently conducting research by  
2           their internal scientists by providing funding  
3           and support for external scientists and  
4           academic researchers. We're supporting a wide  
5           variety of projects cutting across healthcare  
6           and social assistant issues. We collaborate  
7           with other federal agencies in developing  
8           guidelines and recommendations for healthcare  
9           facilities, and also work across this -- other  
10          CDC centers who are involved in healthcare.  
11          And we have a new emphasis in our institute on  
12          research to practice.

13          And there are a number of products that we've  
14          produced over the years, and there's a number  
15          of them in the back that you're welcome to take  
16          with you.

17          And there's several ways that you can provide  
18          input and also to get additional information.  
19          We have a topic healthcare page on our NIOSH  
20          web site for more information about healthcare.  
21          We have a NIOSH e-news that comes out monthly  
22          and there'll be continuing updates in that.

23          And you can offer input or volunteer through  
24          the NORA web page, and also you can e-mail Sid  
25          Soderholm, who is our NORA coordinator, with

1 any ideas that you might have.

2 And also in April we're having a NORA symposium  
3 in D.C. and we'd like to see -- see you attend  
4 that. And that is also on the web site and  
5 registration information.

6 Is there any questions?

7 (No responses)

8 And we have listed here David Weissman, who is  
9 the manager, as he said before, and I'm the  
10 assistant coordinator, and Jim Boyana\*, who's  
11 in the audience, is the assistant coordinator.

**HEALTHCARE AND SOCIAL ASSISTANCE SESSION:**

**STAKEHOLDER PRESENTATIONS**

**MODERATOR: TERRI PALERMO, NIOSH**

12 **MR. WEISSMAN:** All right. What I'd like to do  
13 now is we'll transition into the part of the  
14 meeting where you, the presenters, will be able  
15 to come and tell us, NIOSH, about key issues.  
16 For those who were here in the morning this'll  
17 be a repeat, but just a few housekeeping  
18 issues. We'll be calling up the presenters in  
19 groups, and when Terri calls out, you know, the  
20 names in your group, please come to the front  
21 of the room to facilitate interchanges between  
22 the presenters.

23 Each presenter will be limited to five minutes.  
24 Ann Berry\* will be the timer and she'll raise

1 her hand like that when you have one minute  
2 left, and she'll raise it again at the end of  
3 your time. And I have the unfortunate position  
4 of having to enforce things, so I'll try to be  
5 good cop as much as I can, but I'll get  
6 schizophrenic and be bad cop if I have to be.  
7 And I think that covers everything. I would  
8 emphasize what Sid said earlier, which is that  
9 the point of the process is to hear what  
10 people's thoughts are and what people have on  
11 their minds, and to present what you're  
12 thinking rather than react to things that other  
13 presenters have said. So please refrain from  
14 criticizing others, but basically just speak  
15 what's on your mind and what your thoughts are  
16 about the issues.

17 And having said that, I'll turn things over to  
18 Terri.

19 **MS. PALERMO:** Okay, we would like to have the  
20 first group of speakers come up to the -- to  
21 the front of the room -- Barbara Smisko, Linda  
22 Lee, Melissa McDiarmid, Jim Kahar and Ray Hanke  
23 (sic).

24 And Barbara, if you want to go ahead and come  
25 to the podium, as well, (unintelligible).

1           **MR. WEISSMAN:** At the beginning of each  
2 presentation please state your name and  
3 affiliation. Thank you.

4           **MS. SMISKO:** Thanks for your invitation to  
5 comment. I'm Barbara Smisko, director of  
6 national environmental health and safety for  
7 Kaiser Permanente. We are a healthcare  
8 services on an in-patient and out-patient basis  
9 to over 8.3 million members in nine states and  
10 the District of Columbia. Kaiser Permanente  
11 includes over 12,000 physicians and more than  
12 148 (sic) non-physician employees. We operate  
13 30 medical centers and more than 430 medical  
14 office buildings.  
15 In 2004 hospitals reported more non-fatal  
16 injuries and illnesses than any other industry,  
17 and healthcare retained the fourth largest non-  
18 fatal incident rate compared to other  
19 industrial sectors. We have identified three  
20 issues -- cultural, ergonomic and hazardous  
21 exposures. These issues cut across all the  
22 aspects of healthcare systems that include  
23 hospitals, medical office buildings,  
24 laboratories, pharmacies and radiology.  
25 First the cultural issues of healthcare. We



1           have a good picture of what current injury  
2           risks are, although unique cultural challenges  
3           make reducing workplace injuries extremely  
4           challenging.

5           The biggest challenge is creating a culture of  
6           safety within the complex hierarchical  
7           structure. Healthcare is predominantly  
8           practiced by individuals with a high degree of  
9           autonomy, and a willingness and openness to  
10          give and receive feedback needed in behavioral-  
11          based safety programs is not the norm.

12          Creating a culture of safety in healthcare is  
13          also challenging because of a rapid and  
14          constantly-changing environment, with new  
15          priorities arising that take the spotlight off  
16          workplace safety. New regulation is quite  
17          frequent and can consume an organization's  
18          efforts.

19          Recent revelations (sic) about prevalence of  
20          medical errors have shifted more focus on  
21          patient safety, which may directly compete with  
22          worker safety. The link between healthcare  
23          occupational safety and health and patient  
24          safety will be a critical component of moving  
25          the two fields forward together instead of in

1           opposition.

2           The ability of an organization to maintain a  
3           productive and health workforce is becoming  
4           increasingly difficult in the United States.  
5           The aging workforce and the prevalence of  
6           chronic diseases resulting in lost productivity  
7           and higher costs to American workforce,  
8           including our own industry.

9           The second issue is ergonomics. Ergonomic-  
10          related injuries are a primary contributor to  
11          the overall injury rate in healthcare. Sixty  
12          percent of Kaiser Permanente's workplace  
13          injuries are related to strains and sprains,  
14          and ten percent are attributed to work-related  
15          musculoskeletal disorders.

16          In addition to existing ergonomic risks, new  
17          medical technologies and electronic data  
18          systems are being introduced at a faster rate  
19          than ever before, creating new and more  
20          numerous exposures.

21          The changing demographics of the United States  
22          population introduce new ergonomic concerns as  
23          well. More chronically ill and obese patients  
24          who may not be able to assist themselves need  
25          assisted transfers in greater numbers than

1           before.

2           The third issue is hazardous exposures and  
3           unknown hazards. Healthcare is unique in that  
4           not only are workers exposed to known hazards  
5           like chemical disinfectants and waste  
6           anesthetic gases, but there is also a  
7           possibility that exposure to an unknown  
8           biological respiratory hazard could occur at  
9           any time. Respiratory protection continues to  
10          be one of the most difficult safety programs to  
11          implement. Healthcare specific evidence-based  
12          science is needed.

13          There are challenges in evaluating exposures to  
14          known hazards as well. The research on  
15          exposure and health effects does not always  
16          move quickly, so in some cases we truly do not  
17          understand what the exposures actually mean to  
18          our employees.

19          There is substantial evidence that hazardous  
20          drug exposures during preparation and  
21          administration may be more prevalent than  
22          previously thought. However there are few  
23          established methodologies available to measure  
24          airborne or surface concentrations of hazardous  
25          drugs, and very little dose-response

1 information available to evaluate exposure  
2 data.

3 High level disinfectants pose similar exposure  
4 concerns, with new products being frequently  
5 introduced with little or no exposure data or  
6 sampling methodologies available to assist in  
7 evaluating potential health risks to healthcare  
8 workers.

9 In conclusion, healthcare faces many challenges  
10 in maintaining a safe and health workplace.

11 The biggest challenge is creating a safety  
12 culture that is adaptable to the complex  
13 hierarchical structure and multiple priorities  
14 of healthcare. In addition, the industry needs  
15 to create new ways of reducing ergonomic risks  
16 and assessing hazardous biological and chemical  
17 exposures.

18 We appreciate the opportunity to comment on the  
19 National Occupational Research Agenda. Thank  
20 you.

21 **MS. PALERMO:** Linda Lee.

22 **DR. LEE:** Thank you. Good afternoon. My name  
23 is Linda Lee and I'm the executive director and  
24 chief safety officer at M. D. Anderson Cancer  
25 Center. And I'm also in the interim acting

1           associate vice president for patient care  
2           facilities for the institution.

3           M. D. Anderson has about 16,000 employees,  
4           faculty and staff, and about \$2.5 billion of  
5           operating funds, 9 million square feet under  
6           roof, as well as about 1,200 research labs. So  
7           we have a pretty large facility and we, as  
8           environmental health and safety professionals,  
9           have some concerns and I think that they've  
10          been voiced in some aspects.

11          We're certainly concerned about personal  
12          protective equipment in relation to pandemic  
13          flu and emergency preparedness and availability  
14          should we have a flu outbreak in this country.  
15          We're also concerned and would like to see some  
16          research on patients with infectious diseases  
17          and their exhalation from patient ventilators.  
18          There are filtrations on some of them, but some  
19          of them do not.

20          We're also looking at assessing chemical and  
21          biological hazards from exposures to manifolded  
22          exhaust systems. In the old days you used to  
23          have a dedicated exhaust system. Your lab went  
24          out. Now because of money and concerns, we  
25          have venti-- we have ventilation systems that

1           are manifolded together, except in the highest  
2           hazards of BL3\* laboratories.  
3           We're looking at infectious disease risk  
4           assessments for construction workers. We're  
5           continually under renovation. We're  
6           continually under modification. In many of  
7           those things we're looking at systems where  
8           employees are taking out old vacuum systems,  
9           old facilities that had one time been exposed  
10          to blood, body fluids, chemicals, et cetera.  
11          We're looking biological exposures to  
12          housekeepers, employees who go in for an  
13          isolation patient, looking at settling times.  
14          When should it be between the time a patient  
15          goes in, a patient comes out and housekeeping  
16          goes in? We look at 30-minute turnarounds on  
17          the rooms because we're at 100 percent  
18          capacity. What should those settling times be?  
19          We're also looking at education for healthcare  
20          workers to understand the subtle differences in  
21          personal protective equipment. What's the  
22          definition of a mask, what's the definition of  
23          a respirator? And many times those are being  
24          focused on by healthcare providers in infection  
25          control without a lot of degree of

1           understanding between the differences of those  
2           PPE.

3           And then finally, one of the drugs we have  
4           major concerns of course is Ribavirin. There's  
5           a lot of information out there on Ribavirin,  
6           but we continue to struggle with protective  
7           equipment, protective environments for  
8           patients, particularly pediatric patients where  
9           the parents want to be in the room during the  
10          treatments or the patient can't stay in the  
11          room during the treatment, what -- how and how  
12          should we protect the parents of the children  
13          and what is appropriate? We focus mostly on  
14          occupational exposures, but what about the non-  
15          occupational exposures from the patients and  
16          the visitors and their family?

17          I'd like to thank you for this opportunity  
18          today to address you and hopefully these things  
19          will be considered in your future research.  
20          Thanks.

21          **MS. PALERMO:** Melissa?

22          **DR. MCDIARMID:** Thank you. My name's Melissa  
23          McDiarmid. I'm with the University of Maryland  
24          School of Medicine's occupational health  
25          program in Baltimore. And my topic concerns

1 chemical hazards in healthcare. They're high  
2 risk and high hazard, but generally poor  
3 recognition as such.

4 It's counter-intuitive that the healthcare  
5 industry, whose mission is the care of the  
6 sick, is itself a high hazard industry for the  
7 workers it employs. This industry sector  
8 consistently demonstrates poor injury and  
9 illness statistics, among the highest in the  
10 U.S., while it employs about ten percent of the  
11 U.S. workforce. This suggests a large  
12 population at potential risk of health harm.

13 It is therefore most appropriate that NIOSH has  
14 chosen this industry sector to be included in  
15 the next generation of NORA activity.

16 While possessing every hazard class, the  
17 biologic and musculoskeletal hazards are those  
18 typically considered in workplace safety  
19 programs. However, under-appreciated are the  
20 diverse and novel chemical hazards also present  
21 in the healthcare environment in the form of  
22 sterilants, germicidals, industrial cleaning  
23 agents and pharmaceuticals, including the  
24 highly toxic anti-cancer drugs. Many of these  
25 drugs are themselves genotoxic, carcinogenic



1 and/or reproductive and developmental  
2 toxicants. In recent years they have been the  
3 subject of environmental monitoring campaigns,  
4 which have demonstrated troubling results, with  
5 widespread work area contamination observed.  
6 Responding to these observations, two NORA I  
7 teams, the control technologies and  
8 reproductive hazards research teams, joined  
9 efforts to sponsor an enormously successful  
10 working group of stakeholders affected by the  
11 use of hazardous anti-cancer drugs in  
12 healthcare. Working over four years, this  
13 group considered these new data, and proposed  
14 solutions and promoted them. In a splendid  
15 example of research to practice, this groups  
16 work resulted in the publication of the NIOSH  
17 alert on the safe handling of hazardous anti-  
18 cancer drugs in health care, with a national  
19 rollout in October of 2004. The work of the  
20 group, however, is unfinished and ongoing.  
21 As NORA II receives the baton of responsibility  
22 for the research agenda in healthcare for the  
23 protection of present and future healthcare  
24 workers, it is important to build on the  
25 strengths of NORA I and capitalize on its

1           legacy. The task will not be easy. Biases  
2           within the healthcare industry and the safety  
3           and health community collude to limit both the  
4           awareness of hazards which do exist, and the  
5           successful application of classical approaches  
6           used to assure safe jobs. The unique mission  
7           of healthcare also adds obstacles to our  
8           efforts in that self-preservation behaviors  
9           which normally may protect workers are  
10          suspended in a culture of selfless commitment  
11          to patient care. This erroneous either/or  
12          mentality must also be addressed by our safety  
13          and health community, and changed to a both/and  
14          outlook during worker training efforts.  
15          While daunting in scope, it is critical that  
16          NORA II address the high hazard exposures of  
17          healthcare and specifically tackle this  
18          enlarging use of highly toxic pharmaceuticals.  
19          Already underway is an explosion of technology  
20          growth in pharmaceutical applications.  
21          Noteworthy here is that about half of the  
22          present nanotechnology applications are for  
23          pharmaceutical or other medical use. But  
24          again, due to this disconnect between the  
25          hazard recognition of drugs and the traditional

1           lack of safety and health expertise in  
2           healthcare settings, the growth in high hazard  
3           chemical use has not been accompanied by  
4           stepped-up safety programs in hospitals.  
5           Add to this the increasing frequency of complex  
6           care delivery moving outside of the hospitals  
7           to clinics and patients' homes. The migration  
8           of healthcare hazards enlarges the potentially  
9           affected population to those transporting these  
10          hazardous materials and to patients' family  
11          members as well. There are also patient safety  
12          issues suggested by gaps in safe handling  
13          practices of drugs and other therapeutic  
14          products.

15          The challenge for NORA II resides in continuing  
16          the vital safety and health advances of NORA I  
17          in this complex, highly technical work sector.  
18          A comprehensive culture of safety in healthcare  
19          must be crafted and promoted that allows the  
20          provision of life-saving therapies to patients  
21          while protecting and ensuring the health, lives  
22          and livelihood of the caregivers who treat  
23          them. Thank you.

24          **MS. PALERMO:** Is Jim Kaylahar (sic) here? I  
25          don't know if I'm pronouncing your name right

1 or not.

2 (No responses)

3 Okay. Hank Rayhee (sic)?

4 **MR. RAHE:** Let me step this up a little bit.

5 Hello. Did that wake everyone up? I'm a

6 little less vertically-challenged than most, so

7 I'll try to get this up to the right size.

8 My name is Hank Rahe, although it's one of the

9 most mispronounced four-letter words in the

10 language, and I'm technical director for

11 Containment Technologies Group, which is a

12 small company nobody's ever heard of.

13 Historically I spent a short 30 years at Eli

14 Lilly & Company. During the last eight years I

15 had responsibility for developing and

16 implementing containment technologies to deal

17 with hazardous compounds. I was also part, and

18 continue to want to be part of the hazardous

19 drug group. And in those roles I wanted to

20 share with you a little bit perhaps of

21 experience through describing a journey.

22 A journey starts with a definition of a

23 pharmaceutical. All pharmaceutical compounds

24 are hazardous. The issue is how much and how

25 often, because if they weren't hazardous or

1           were not creating an effect, they would not  
2           have any benefit in society. So given the fact  
3           that they're all hazardous, what we need to  
4           look at is how much and how often, and how do  
5           we prevent that coming to -- inadvertently to  
6           people it's not intended to come to.

7           Looking down that journey it's also important  
8           to understand the delivery mechanisms for those  
9           compounds. Approximately 80 percent of the  
10          drugs that are delivered are delivered in  
11          what's called solid dosage form -- tablets,  
12          capsules, a little bit of powders. The others  
13          are delivered in what I refer to as parental or  
14          injectable drugs. And as Melissa indicated,  
15          there are a lot of new and innovative forms  
16          coming which have in themselves a high -- high  
17          level of hazard to them.

18          So to continue on the journey, let's take a  
19          brief look at drugs and how they're evolved or  
20          developed from discovery to delivery to a  
21          patient, and what happens along that way as  
22          they're developed.

23          I had the pleasure and pain of being involved  
24          with the committee at Lilly that established  
25          exposure limits for -- internally for workers

1 and will share in the brief minutes I have a  
2 little bit of that. But one of the important  
3 things in developing a drug was to determine  
4 whether it was therapeutically effective or  
5 not, because if it wasn't there wasn't any  
6 point in evolving the compound to a  
7 pharmaceutical product.

8 Once it was determined to be effective, the  
9 next issue was what levels is it  
10 therapeutically effective at, and what levels,  
11 if possible, is there no effect level. The  
12 purpose of the committee that I sat on at Lilly  
13 -- which involved industrial hygiene people,  
14 development, engineering -- was to look at  
15 those drugs and provide a safe level internally  
16 for the development -- or for developing  
17 facilities and handling techniques for those  
18 compounds. And as you can imagine, in the  
19 world of pharmaceutico (sic) we weren't talking  
20 about a 250 milligram delivery, we were talking  
21 about kilogram, so facilities have been evolved  
22 to safely handle these drugs to exposure  
23 limits.

24 In the developing of those engineering controls  
25 three things are identified in OSHA and pretty

1 well practiced are the means of control --  
2 engineering controls, work practices and  
3 personal protective equipment. Also to go with  
4 that is monitoring, because if you don't know  
5 where your journey's going to, you don't know  
6 where you've been. So you need to monitor not  
7 only the workplace for safe exposure levels,  
8 but also the people that are involved in that  
9 workplace. So developing those strategies for  
10 engineering controls, personal protective  
11 equipment and work practices, and evolving the  
12 monitoring, are extremely crucial.  
13 That has all occurred with the major  
14 development of compounds. The major  
15 disconnect, and I think what many of us are  
16 here to express our concern over, is the  
17 communication of that knowledge base to the  
18 delivery segment, the hospitals  
19 (unintelligible) practices, the clinics that --  
20 and the healthcare givers that provide the  
21 delivery of those compounds to the end patient.  
22 And there is a major disconnect there, for a  
23 lot of reasons that you can't cover in five  
24 minutes total time. I'll skip over those but  
25 would be glad to discuss those later.

1           How do we overcome those major disconnects? I  
2           think that's one of the things that we're  
3           certainly here to look at. One is there is a  
4           knowledge base out there that needs to be  
5           tapped, and that's the major pharmaceutical  
6           companies, because they do provide facilities  
7           for deli-- for manufacturing these drugs and  
8           getting them into final dosage forms.

9           As part of the alert group, there were over --  
10          I'm going to be wrong in my exact number, but  
11          approximately 15 major pharmaceutical companies  
12          involved with that. I think we need to re-  
13          energize that and see if we can take advantage  
14          of that knowledge base and transfer it on to  
15          the -- to the delivery section of healthcare.  
16          One mechanism that's been discussed many times  
17          is banning/banding\* exposure limits because, as  
18          you can imagine, with -- I think in terms of  
19          just simply cytotoxics there are well over 100  
20          drugs out there so you don't really want 100  
21          different exposure limits floating around. It  
22          just gets too confusing, so that's one  
23          potential and an objective I think that should  
24          be seriously considered.

25          The second --



1           **MR. WEISSMAN:** We need to wrap up, we're over.

2           **MR. RAHE:** Okay, how about one minute?

3           **MR. WEISSMAN:** Okay.

4           **MR. RAHE:** The art of negotiation. The other  
5 major objective is self-help within  
6 understanding what goes on in the delivery  
7 process because there -- there have been many  
8 things completed, but there's no target. And  
9 as an engineer, for me to design an effective  
10 engineering control I need to understand what  
11 the exposure limit I'm trying to deal with.  
12 The typical transfer in healthcare is taking a  
13 material from a vial, using a syringe to  
14 transfer it to the mechanism that delivers it  
15 to a patient. It's not a complicated  
16 operation, but we don't understand anything  
17 officially about the exposure limits that  
18 occurs during that. We've got gross data, but  
19 what does it mean? What level of the three  
20 forms of mater -- solid, liquid and gas -- do  
21 we produce when we simply do that transfer?  
22 There's an important piece of research, if  
23 done, can help greatly.

24           Am I under?

25           **MR. WEISSMAN:** Thank you very much. And please

1           -- if you have additional comments, please  
2           submit them in written form. Thank you.

3           **MS. PALERMO:** We would like to ask the next  
4           group of speakers to come forward, please.  
5           Loretta (sic) Wright, Shelby VanMeter, and Ann  
6           Maheta (sic) and Ilise Felshans (sic). And  
7           you're...

8           **MS. VANMETER:** Shelby.

9           **MS. PALERMO:** Okay. Do you want to go ahead  
10          and start, Shelby, then?

11          **MS. VANMETER:** My name is Shelby VanMeter and  
12          I'm a registered nurse. The reason I'm here  
13          today is because not only have I been affected  
14          by an exposure at work, I'm also a patient who  
15          has to deal with this. When I was asked -- 11  
16          years ago when I was working as a nurse-  
17          practitioner -- to help expand and develop a  
18          new stabilization area for our newborn  
19          intensive care, I was ecstatic. I thought this  
20          is going to be, you know, the best thing. I  
21          can get everything I want in that facility and,  
22          you know, it's the dream job. And I never  
23          expected that the construction from that  
24          development would not only end my career as a  
25          nurse-practitioner, but it would also affect my

1 life, you know, from that day on.

2 I was exposed to chemicals while they were  
3 remodeling. I ended up -- instead of running  
4 to a delivery of a premature baby, I ended up  
5 going to the hospital myself, and that was the  
6 first of many events where I was hospitalized  
7 or had to go to the emergency room. This is  
8 something that's impacted my life every day.  
9 Even to this point 11 years later, I'm still  
10 affected by that.

11 When I leave my home I carry a backpack that  
12 weighs almost 20 pounds, so that I have my  
13 nebulizer, my medications, everything that I  
14 could possibly need in case I'm exposed to a  
15 trigger going to work, at work, on my way home.  
16 I now work in an out-patient clinic, and I  
17 never thought that I would have to kind of  
18 dodge my everyday job because I have to avoid  
19 cleaners, dry erase markers, microwave ovens,  
20 anything that can put a trigger into the air.  
21 I also have to avoid construction. Even though  
22 the facility that I work at does an outstanding  
23 job in keeping that construction out of our  
24 work area, there's still vapors. There's still  
25 dust. There's still things that trigger that,

1 and it's just an everyday event.  
2 I ended up leaving my job as a nurse-  
3 practitioner, which is something that I'd  
4 always dreamed about. I left nursing for four  
5 and a half years and finally, after finding an  
6 occupational environmental pulmonologist --  
7 which was something that my workplace  
8 originally had never heard of. You know, I was  
9 fortunate to have a friend who went to the  
10 graduate school here and knew someone. But  
11 through my physician's care and new  
12 medications, I've been able to go back to work.  
13 But I can't work in-patient because of the  
14 constant exposure of chemicals, cleaning,  
15 exhaust fumes from ambulances, things that are  
16 just common every day in our hospitals. But  
17 I've pretty much found a safe environment in an  
18 out-patient clinic working with children that  
19 have cancer. But still, just these simple  
20 things cause me to have issues every single  
21 day.

22 **MR. WEISSMAN:** Thank you.

23 **MS. PALERMO:** Okay, we can -- if any of the  
24 other speakers have come in, they can come up  
25 now, or we can open it up to anyone who has

1 something to say.

2 **UNIDENTIFIED:** (Off microphone)

3 (Unintelligible)

4 **MS. PALERMO:** Okay.

5 **UNIDENTIFIED:** (Off microphone)

6 (Unintelligible)

7 **MS. PALERMO:** Okay.

8 **MS. MALECHA:** I'm Ann Malecha and I'm the  
9 director of research at Texas Women's  
10 University College of Nursing here in Houston.  
11 We have three campuses, one in Denton, Dallas  
12 and here in Houston. And I'm talking on the  
13 interaction between personal stressors and  
14 workplace violence. And I will say it's from a  
15 nursing point of view, looking at nurses as --  
16 coming from a nursing student. Just so you  
17 know, I'm representing -- we have over 50 full-  
18 time faculty here in Houston teaching  
19 undergrad, master's and the doctoral program in  
20 nursing. And it's been overwhelming, when we  
21 started to form a research team we put a call  
22 out to faculty, would you like to meet to  
23 investigate personal stressors and how it  
24 impacts -- we know nursing students 'cause we  
25 listen to nursing students, but also nurses.

1           And we consistently have over 20 faculty that  
2           show up for each meeting. So we know, as  
3           faculty, our students come to us with great  
4           personal stressors, and they take those  
5           personal stressors to the workplace.

6           What I would like to say is there is a great  
7           deal -- lack of research on what do we mean by  
8           personal stressors. And if I look a little bit  
9           disorganized, it's 'cause I am in the process  
10          of trying to put together a literature review.  
11          There was a study that was recently put out in  
12          September, 2005 and they were just looking at  
13          how R.N.s view the work environment in terms --  
14          just generally. And what they found is 31  
15          percent do complain of back or musculoskeletal  
16          injury, and this was compared to 2002 data  
17          where it was 34 percent, so there was a slight  
18          decrease.

19          The second was episodes of violence in the  
20          workplace, and it was 28 percent in 2002 and it  
21          remains at 28 percent in 2004. And at the end  
22          of that survey the -- the conclusions were this  
23          is still a problem in the workplace in terms of  
24          high levels of violence.

25          It -- mostly when we talk to nurses and talk

1 about workplace violence, if you look at  
2 workplace violence on a continuum from  
3 incivility all the way to homicide, most of the  
4 workplace violence they are talking about is  
5 verbal abuse, harassment and emotional abuse.  
6 And there has been a literature review  
7 conducted and, again, over and over the verbal  
8 abuse is what comes out as the work-- in terms  
9 of the workplace violence that I'm talking  
10 about.

11 In terms of personal stressors, again, there's  
12 been limited research done on it. There's been  
13 one researcher here in Texas, and she has  
14 looked at who experiences workplace violence in  
15 terms of nurses. And the two studies that she  
16 conducted -- I have my literature review -- she  
17 looked at workplace violence -- and over and  
18 over, this is another thing that comes out in  
19 the literature if you talk about stressors, is  
20 a history of child abuse. She found 58 percent  
21 of nurses have child abuse, primarily sexual  
22 abuse, 89 percent of those childhood abuse; 41  
23 percent witnessed adult -- witness currently  
24 adult abuse. She did a study looking at  
25 Hispanic nurses and what she basically found is

1           94 percent suffer emotional verbal abuse at  
2 workplace violence.

3           Basically, to summarize, there's a definite --  
4 she sees a history of abuse. Nurses that  
5 report workplace violence verbal abuse have a  
6 history of personal abuse. So that's -- in  
7 terms of defining one workplace stressor is  
8 child -- a history of child abuse, as well as a  
9 history of adult abuse and current abuse.

10          The only other personal stressor that has been  
11 studied is finances, and that has come out as a  
12 strong personal stressor is the worry about  
13 personal finances.

14          And then we recently just finished a pilot  
15 study here in Houston following 99 students one  
16 year after they graduated, and we found the  
17 same thing with personal finances being a  
18 strong personal stressor. But interestingly  
19 enough, we're seeing an increase -- instead of  
20 child care being a personal stressor, that more  
21 and more nurses are taking care of other family  
22 members other than children. We find about 18  
23 percent out of the group of nurses were  
24 concerned about not having adequate care for  
25 someone at home other than a child, compared to



1           only 15 percent for child care. So that's a  
2           growing concern.

3           But I guess to summarize, the research that's  
4           needed is what do we mean by personal  
5           stressors. There's a lack of data on that, but  
6           we do know it does impact how a nurse views  
7           workplace violence. Thank you.

8           **MS. FEITSHANS:** My name's Ilise Feitshans and I  
9           -- I teach in this field, but I also write a  
10          treatise called "Designing an Effective OSHA  
11          Compliance Program", so my comments are going  
12          to be very broad-brush comments pertaining to  
13          the history of occupational health and the  
14          future of NORA and NIOSH in light of that  
15          history and facing the challenges on the  
16          frontier of science.

17          When the U.S. Congress wrote the Occupational  
18          Safety and Health Act of 1970 it sought to  
19          cover a lot of ground in one bold stroke of the  
20          legislative pen. It sought to reduce injury  
21          and illness at work, to preserve our human  
22          resources by protecting the health of workers -  
23          - of every working man and woman in the nation,  
24          and to force development of new technologies  
25          through research and implementation strategies

1           that would ameliorate working conditions  
2           throughout the land. Several fundamental flaws  
3           in OSH Act undermine its effectiveness. The  
4           many compromises required to pass this  
5           important legislation are reflected, one, in  
6           the lack of jurisdiction over very important  
7           sectors of the working population, such as  
8           public sector, some parts of mining,  
9           agriculture, things like that. And also the  
10          failure to provide private rights to action by  
11          citizens to enforce its tenets when the  
12          citizens themselves are not the workers who are  
13          harmed.

14          But overall, OSH Act has done pretty well for a  
15          relatively young statute. Congress, through  
16          the authority delegated to the Secretary of  
17          Labor and to NIOSH in Sections 21 and 22 of the  
18          statute, did force new technology in  
19          occupational health and occupational safety,  
20          just as the Congress intended. If you look in  
21          contrast to 1965, which was a time when there  
22          were only a few non-profit organizations and  
23          trade associations groomed professionals who  
24          would create programs for workplace health and  
25          safety training, the statutory scheme has an

1           amazing track record in promoting a wonderful  
2           state-of-the-art understanding for occupational  
3           safety and health.

4           Successes have been talked about by other  
5           people here. My point is to say that NIOSH has  
6           been the linchpin of these developments. NIOSH  
7           research goals provided the financial resources  
8           for thousands of investigative studies, and in  
9           turn generated the impetus for many research  
10          programs in academia that would never have  
11          existed but for the government interest in the  
12          subject of their work.

13          So this sounds really broad-brushed when you  
14          look back from 35 years toward a new century.  
15          But as my son would say, you know, that's about  
16          as long as it takes for God to grow a  
17          fingernail. It's not really much time in the  
18          history of the world. And when we're at the  
19          dawn of a new century we have the luxury, and  
20          maybe even the obligation, to think about that  
21          new century.

22          So there are three things that my remarks would  
23          like to underscore in the vital areas for the  
24          work in occupational health in the future.

25          First, a renewed emphasis on safety now that we

1           have better technologies thanks to NIOSH  
2           research and the new types of jobs that are out  
3           there such as genetic technicians,  
4           nanotechnology and such.  
5           Two, outreach to all populations. We need a  
6           classless model that embraces service  
7           industries, professional workers such as  
8           doctors, architects, engineers, lawyers,  
9           leadership people in business and government.  
10          Outreach using health promotion that embraces  
11          the special needs of changing demographics of  
12          our populations to include working moms, older  
13          workers who will use their experience beyond  
14          the seventh or eighth decade of their life,  
15          minorities who are assimilating into our  
16          workforce and have special linguistic needs.  
17          And of course across all of these categories  
18          there are people with disabilities who, that's  
19          to the Americans With Disabilities Act, have  
20          now an equal opportunity to education and will  
21          enter our workforce, regardless of the causes  
22          of injury, having a life experience of  
23          disability. This is really very different than  
24          the model at the time that OSH Act was written.  
25          And they will take their rightful place as

1 employers, employees and taxpayers, raising  
2 that ever-thorny question of how do you provide  
3 reasonable accommodations.

4 The third area is that OSH Act itself needs  
5 reform. Yes, the old statute has served us  
6 very well. And some people in Washington, D.C.  
7 do say if it ain't broke, why fix it. But in  
8 truth, 35 years, it's time for a little bit of  
9 a renewal job. Thirty-five years without  
10 modification for a statute is really an  
11 extremely long time. We need a provision in  
12 the new OSH Act statute that will provide for  
13 citizen suits and the right of individuals who  
14 are not under contract in the particular work  
15 site but may be present in that work site to  
16 complain about harms in the workplace that  
17 nonetheless have an impact on health for all.  
18 So I speak of this from an academic  
19 perspective. I have never worked for either  
20 labor or management sides, always worked in  
21 academia. And one of the books that I've  
22 written for non-lawyers is available to the  
23 panel for your review if you need it for  
24 anything.

25 I really appreciate NIOSH's extremely

1           pioneering work, but I think that the emphasis  
2           really has to be on looking very closely,  
3           first, at the old question of safety, which is  
4           very much a changing notion.  When OSHA and  
5           NIOSH were born there were consensus standards,  
6           there were organizations that were sort of  
7           loosely defined -- created standards, but there  
8           wasn't a process for doing that.  There wasn't  
9           a functional analysis of what goes into a  
10          standard.  Our courts have taught us  
11          subsequently through the benzene decision and  
12          other cases what that's supposed to look like,  
13          and we need to use that in looking at safety  
14          with new eyes.

15          As I said about demographics, it's not just  
16          that we have a different population, but we  
17          need to approach it in a way that's classless  
18          and available to groups that we have really  
19          overlooked in the past.  And --

20          **MR. WEISSMAN:**  Need to wrap up.

21          **MS. FEITSHANS:**  Am I out of time?  Okay.

22          That's it.  Thank you.

23          **MR. WEISSMAN:**  Thank you.

24          **MS. PALERMO:**  Is Lisa Pompeili (sic) here?

25          **UNIDENTIFIED:**  (Off microphone)

1 (Unintelligible)

2 **DR. POMPEII:** I think I'm out of order,  
3 actually.

4 **MS. PALERMO:** That's okay.

5 **DR. POMPEII:** Okay. All right. Hello, my name  
6 is Lisa Pompeii and I'm an assistant professor  
7 here at the University of Texas, and my  
8 background is in occupational epidemiology and  
9 occupational health nursing.

10 I signed up to talk today about return to work  
11 issues among healthcare workers, specifically  
12 nurses and nurses aides. However, in the  
13 interest of time I would like to focus  
14 specifically on return to work issues among  
15 nurses aides after sustaining a work-related  
16 musculoskeletal injury, or specifically a back  
17 injury.

18 I'm currently conducting a NIOSH-funded study  
19 called "Back Pain and Work Disability Among  
20 Healthcare Workers", and the setting for the  
21 study is a tertiary care medical center in  
22 central North Carolina. And the purpose of the  
23 study is to examine risk factors for back  
24 injuries among nurses and nurses aides and the  
25 impact of work disability resulting from those

1 types of injuries.

2 While working on this study, differences in  
3 return to work issues between nurses and nurses  
4 aides started to become apparent. I'm reticent  
5 about not focusing on nurses right now because  
6 I don't want to in any way minimize the  
7 experiences that they have trying to return to  
8 work or the difficulties that they have. I  
9 just want to focus more on how these two groups  
10 are really different.

11 And when you dig through the literature, the  
12 occupational health literature, looking for  
13 information on nurses and nurses aides,  
14 typically these two work groups are analyzed  
15 together. They're combined. And what happens  
16 is I believe that they're portrayed as being  
17 similar, when in fact they're very different.  
18 As a result, aspects of nurses aides' jobs that  
19 may contribute to disparities in their health  
20 have not received adequate attention.

21 A handful of studies have reported what injury  
22 rates reflect, and that is that nurses aides  
23 lift more, they -- they twist, they bend.  
24 Their jobs are more physically demanding  
25 compared to nurses. I have seven years of



1 workers comp injury data, and the nurses aides  
2 have a rate of 8.4 injuries per 100 FTEs,  
3 that's occupational back pain injuries,  
4 compared to nurses that are at 4.0 -- they're  
5 still high, but nurses aides are twice that.  
6 They have higher rates of lost work day  
7 injuries, they have higher rates of restricted  
8 work day injuries.

9 Some fundamental differences between these two  
10 work groups, the first is latitude. When a  
11 nurses aide is not able to perform their job in  
12 the hospital setting, their ability to move to  
13 another job is very limited, compared to a  
14 registered nurse. Registered nurses have more  
15 years of education, formal education, and they  
16 may have more latitude. They can transfer  
17 within the hospital setting possibly to other  
18 jobs.

19 The hospital setting where I'm conducting my  
20 study, nurses aides can move to a housekeeper  
21 position, they can go to dietary, they can go  
22 to laundry or they can go to a secretarial  
23 position. One only out of those four is a --  
24 is a desk job, and that's if they meet the  
25 educational requirements for that job.

1           There's the reporting structure within the  
2           nursing unit. Typically nurses aides have to  
3           manage their own work restrictions and they  
4           have to manage -- or negotiate with the nurse  
5           manager in order to do that and they may not  
6           feel comfortable. They may fear retribution or  
7           job loss if they refuse to perform work duties  
8           that are difficult, placing them at further  
9           risk for injury.

10          Disparities in health already exist among  
11          nurses aides with regard to significantly high  
12          rates of occupational back pain compared to the  
13          general work force. But they're at risk for  
14          further health disparities if they incur  
15          additional injuries and loss, or lose their job  
16          and the benefits of employment because of these  
17          injuries. Workers who sustain occupational  
18          back pain or have occupational work-related --  
19          excuse me, work-related back injuries have been  
20          found to be less likely to return to work, or  
21          they have delayed return to work if they have  
22          to go back to a job that's physically  
23          demanding. We already know this.

24          And we also know that return to work  
25          strategies, including modified work and

1 physical therapy, assist workers to getting  
2 back to work. But when we conducted focus  
3 groups with nurses compared to nurses aides, we  
4 found that nurses aides didn't have that ease  
5 of returning back to work. They had a harder  
6 time negotiating with their managers. They had  
7 a harder time negotiating work restrictions.  
8 They felt isolated.  
9 They also felt like they couldn't go to their  
10 fellow nurses and ask them for work because  
11 they felt like their jobs are very different  
12 than the nurses' jobs. So on a typical nursing  
13 unit in a shift you've got two nurses aides.  
14 And so if one of those nurses aides doesn't  
15 show up, the other nurse aide has to pick up  
16 that slack. So I asked them a question. When  
17 you -- is there ever a time when you go to work  
18 and you have back pain and you feel like you  
19 can't work but you work anyway? All of the  
20 nurses said no, that they just take time off if  
21 they can't go. The nurses aides, all of them  
22 said yes, I still go. And they go because they  
23 feel obligated. They feel committed. It isn't  
24 just because they can't afford it, but they go  
25 because they feel like they need to be there.

1 I know I only have a few seconds left. I would  
2 just like to recommend that future research  
3 separate these two occupational groups so that  
4 we can find out more about how to return nurses  
5 aides to -- back to work post-back injury.  
6 Thank you.

7 **MR. WEISSMAN:** Thank you.

8 **MS. PALERMO:** We have two people from earlier  
9 in the afternoon that, if they're in the  
10 audience, we'd like them to come forward.  
11 Laurette Wright?

12 (No responses)

13 And I'm not -- probably mispronouncing this  
14 name, Jim Kalahar (sic)?

15 Okay. So with --

16 **MR. WEISSMAN:** Well, that being the case, we're  
17 well ahead of schedule here. What I'd like  
18 would be to take a 15-minute break. If there  
19 are people here who have not signed up to make  
20 comments who would like to make comments,  
21 please come up to the table and give me your  
22 names. Thank you very much.

23 **DR. SODERHOLM:** I'd like to make a quick  
24 comment in case someone wasn't here this  
25 morning. If at all possible, we'd love to have

1 a copy of your written comments. If you only  
2 have one copy, we'll see if we can make a copy  
3 if you can hand it out at the registration  
4 desk. Or if you can give me a copy, that would  
5 be great. It'll help our transcriptionist a  
6 lot. So thank you very much and we have a 15-  
7 minute break, so...

8 **MR. WEISSMAN:** So we'll reassemble at half-  
9 past. Thank you.

10 (Whereupon, a recess was taken from 2:15 p.m.  
11 to 2:30 p.m.)

12 **MR. WEISSMAN:** If Jim Kelaher is here, please  
13 come up and we'll start with you. If not,  
14 we'll go to the next panel and I'll defer to  
15 Terri.

16 **MS. PALERMO:** We'll also see if Laurette Wright  
17 is here?

18 (No responses)

19 Okay, so we'll start with the next group,  
20 George Delclos, Paul Rountree, Stephanie  
21 Tabone, Nancy Crider, Nancy Menzel, Jan  
22 Frusca...

23 **MR. WEISSMAN:** Frustaglia.

24 **MS. PALERMO:** -- and Mary Moss.

25 **MR. WEISSMAN:** Starting with George Delclos,

1           if...

2           **DR. DELCLOS:** Good afternoon. I'm George  
3           Delclos. I'm on the faculty here at the  
4           University of Texas School of Public Health.  
5           I'm a professor and I direct the division of  
6           environmental and occupational health sciences.  
7           I'm also a practicing occupational and  
8           pulmonary physician, and I have submitted my  
9           detailed comments to -- to the group. Thank  
10          you for allowing me to speak today. Good  
11          afternoon.

12          There are approximately 16 million people in  
13          the United States with asthma, and the  
14          incidence and prevalence of asthma have been  
15          increasing in the general population, both  
16          worldwide and in the United States, for the  
17          past two and a half decade. Prevalence  
18          estimates vary widely, depending on race,  
19          ethnicity and geographic area, with some  
20          estimates as high as 19.6 percent having been  
21          reported.

22          Now the annual economic and social consequences  
23          of asthma are staggering, as evidence by more  
24          than 100 million days of restricted activity  
25          yearly, nearly 500,000 hospitalizations, over

1           5,000 deaths, and more than \$27 billion in  
2           costs. Various factors have been implicated in  
3           explaining these worsening epidemiological  
4           trends, including contaminants present in  
5           workplaces.

6           In the United States it's estimated that there  
7           are over 20 million workers potentially exposed  
8           to occupational asthmagens, 9 million of whom  
9           are exposed to established asthma sensitizers  
10          and irritants. Work-related asthma is  
11          currently the most frequently reported  
12          diagnosis of work-related respiratory disease  
13          in developed nations, and the U.S. is no  
14          exception. In a study conducted by our group  
15          based on the adult population data from the  
16          NHANES III, we estimated that the prevalence of  
17          work-related asthma in the United States to be  
18          around 3.7 percent, and that of work-related  
19          wheezing, which is a cardinal symptom of  
20          asthma, to be about 11 and a half percent.  
21          Estimates of just how much asthma in adults is  
22          attributable to the work environment have  
23          varied widely, probably due to several reasons,  
24          including geographic area, lack of recognition,  
25          differential reporting, absence of statewide

1 surveillance systems for asthma and variations  
2 in what we actually call occupational or work-  
3 related asthma. However, in the review and  
4 synthesis of 43 studies, Blanc and Toren found  
5 that the median attributable risk for asthma --  
6 for workplace asthma to be about 15 percent  
7 among the best-designed studies.

8 Now certain groups of workers are well-known to  
9 be at particularly high risk of developing  
10 workplace asthma, including red cedar workers,  
11 isocyanate chemical workers, construction  
12 workers, and farmers. However, whereas the  
13 magnitude of the risk and etiologic agents are  
14 well characterized for many of these  
15 occupations, this is less well studied in the  
16 case of healthcare workers, where data are  
17 largely derived from case series and relatively  
18 few population surveys.

19 Healthcare workers comprise eight percent of  
20 the U.S. workforce, and are one of the fastest  
21 growing sectors of that workforce, projected to  
22 increase to more than 15 million by 2012. In  
23 other words, a 30 percent increase from about  
24 2002. The greatest growth is occurring in out-  
25 patient settings, with average annual increases



1 more than double those of the remainder of the  
2 U.S. economy. Healthcare-related occupations  
3 represent 50 percent of the top 30 fastest  
4 growing occupations in the U.S. And within the  
5 healthcare sectors the professions that are  
6 expected to grow by more than 20 percent  
7 include nurses, physicians, respiratory  
8 therapists, occupational and physical  
9 therapists, the dental professions and pharmacy  
10 professionals.

11 Following the passage of the 1992 OSHA  
12 Bloodborne Pathogens standard, which resulted  
13 in a significant increase in the use of latex-  
14 containing personal protective equipment, cases  
15 of latex-related asthma drew attention to  
16 healthcare workers. Potential asthmagens in  
17 healthcare settings, however, do go beyond  
18 latex, and include disinfectants,  
19 pharmaceuticals, sensitizing metals,  
20 methacrylates, aerosolized medications and  
21 cleaning products, among others. Furthermore,  
22 since there are potentially multiple  
23 sensitizers in healthcare environments, it is  
24 possible that interactions among these various  
25 compounds could affect sensitization

1 thresholds. Previous studies in several  
2 countries have described an increased  
3 occurrence of asthma among specific groups of  
4 healthcare workers, including nurses,  
5 respiratory therapists and pharmaceutical  
6 workers.

7 In the U.S. the health services industry is  
8 second only to the transportation equipment  
9 manufacturing sector in total number of  
10 reported asthma cases. Five of the top 11  
11 industries and nine of the 22 leading  
12 occupations associated with significant  
13 increased asthma mortality were related to  
14 healthcare services. And recent surveillance  
15 data from California, Massachusetts, Michigan  
16 and New Jersey found that work-related asthma  
17 among healthcare workers represented 16 percent  
18 of the total reported cases, exceeding the  
19 proportion of the workforce made up of  
20 healthcare workers. Agents most frequently  
21 associated with these reported asthma cases  
22 include, still, latex -- although we're doing a  
23 better job with that -- cleaning products, and  
24 poor indoor air quality.

25 Now in our own NIOSH-funded study of asthma

1 prevalence and risk factors that we've been  
2 conducting in a large representative sample of  
3 over 5,600 Texas healthcare workers, analysis  
4 of which is still ongoing, the overall  
5 prevalence of a physician diagnosis of asthma  
6 was 14.7 percent, ranging from a high of 17  
7 percent among respiratory therapists to a low  
8 of 12 percent among physicians. These asthma  
9 prevalence figures are substantially higher  
10 than those reported for the general Texas and  
11 U.S. populations. Furthermore, the prevalence  
12 of asthma with onset after entry into  
13 healthcare -- into the health professions,  
14 which could be used as a surrogate for work-  
15 related asthma, was likewise high. In addition  
16 to latex and based on self-reported exposures,  
17 the preliminary analyses showed elevated odds  
18 ratios for women, obesity, years as a health  
19 professional, exposure to aerosolized  
20 medications, and exposure to glutaraldehyde and  
21 cleaning products.

22 In summary, there's evidence that workers in  
23 healthcare settings are at an increased risk of  
24 work-related asthma. However, important gaps  
25 exist in the healthcare worker literature with

1           respect to risk characterization of healthcare  
2           worker subgroups, identification and assessment  
3           of specific exposures to asthmagenic compounds,  
4           estimation of the impact of asthma on work  
5           patterns and productivity among healthcare  
6           workers, and implementation of proper  
7           preventive measures.

8           I urge NIOSH to support and expand continued  
9           research into this important topic, and I thank  
10          you for your time.

11         **MS. PALERMO:** Paul Rountree?

12         **DR. ROUNTREE:** Good afternoon. I'm Paul  
13         Rountree. I'm on the faculty at University of  
14         Texas Health Center at Tyler. I think I can  
15         speak with some credibility about aging among  
16         healthcare workers.

17         You know, the day that we have awaited for has  
18         finally arrived. We've come to 2006 when the  
19         boomers begin to reach age 60. So the question  
20         is, what will be the effect of this boomer  
21         generation on healthcare?

22         Now we know that as you age you have certain  
23         physiologic changes that occur that we call  
24         normative aging. In addition to that, we also  
25         know that you have higher prevalence of chronic

1 conditions like arthritis, heart disease, lung  
2 disease and the like as you mature. So I think  
3 that it's fair to assume that we're going to  
4 have a burgeoning increase in the demand for  
5 healthcare services in our country.

6 This comes at a time when we have currently a  
7 shortage of 126,000 registered nurses in the  
8 United States, and it's projected that this  
9 increase is going to continue faster than we  
10 can in fact replace them. And we also are  
11 dealing with an aging nurse population. The  
12 projection is that the average registered nurse  
13 in the United States by 2010 will be age 50.  
14 So we basically have a changing workforce, and  
15 we have a workforce that's aging, and we have  
16 an increased demand. What does this mean for  
17 the registered nurse, then?

18 We know that registered nurses already are  
19 working more hours and have more mandatory  
20 overtime. And we know that studies have shown  
21 that mandatory overtime impacts on job-related  
22 stress, as well as patient safety. We know  
23 that registered nurses have increased rates of  
24 injury, as do all healthcare workers, but  
25 particularly registered nurses and nursing care

1 assistants, and earlier speakers have alluded  
2 to that.

3 It's clear that older workers also have delayed  
4 recovery, and there's much data from the Bureau  
5 of Labor Statistics that would attest to this  
6 fact. So I think it's reasonable to assume,  
7 among the registered nurse population that's  
8 injured, that we need to examine causes of  
9 delayed recovery.

10 I suggest to you that we need to look at the  
11 interactions between job-related stress,  
12 between co-morbid conditions that nurses may  
13 have, as well as behavioral characteristics in  
14 an attempt to explain issues about recovery  
15 from injury in this particularly important  
16 group of people.

17 I am currently working with the College of  
18 Nursing at the University of Texas at Tyler,  
19 and we are involved in a cross-sectional study  
20 that's unfunded looking at registered nurses in  
21 a large number of institutions in rural health  
22 communities in east Texas. It's really been  
23 remarkable that we've had support from a number  
24 of large hospitals -- from the chief nursing  
25 officers at a number of these large hospitals,

1           who are actively supporting our research  
2           because of their issues and concerns about  
3           nurse retention as a result of the various  
4           influences that I've described. And I hope  
5           that NIOSH will take an interest in the -- in  
6           the synergism that exists between these varied  
7           influences, work-related injury and recovery.  
8           Thank you very much.

9           **MS. PALERMO:** Okay. Is -- Jim Kelahar (sic)?

10          **UNIDENTIFIED:** (Off microphone) Just arrived.

11          **MS. PALERMO:** Yeah.

12          **DR. KELAHER:** Well, thank you very much. I  
13          think, like everyone else, I appreciate the  
14          opportunity to provide input to NIOSH as they  
15          form their agenda for the coming decade.  
16          Just by way of quick background, I'm a  
17          physician whose practice is devoted exclusively  
18          to occupational medicine. Within OcMed, most  
19          of my encounters involve healthcare sector  
20          workers. For example, I'm a medical director  
21          at Baylor College of Medicine. In all we have  
22          about 10,000 employees. I also serve as an  
23          out-source director, basically, for other  
24          healthcare entities. So most of my dealings  
25          are with health -- healthcare sector employees.

1 I have two primary themes to consider for  
2 developing a research agenda, the first of  
3 which entails new diagnoses and novel problems  
4 within healthcare. Medicine invariably is  
5 responding to new challenges all the time.  
6 Some of these things are conditions or problems  
7 that have never been described or discovered,  
8 whereas others may be known problems but are  
9 merely being approached in a new way. If you  
10 consider even recent events, physicians,  
11 nurses, paramedics, everyone within the  
12 healthcare sector has been called upon to  
13 respond to various things such as natural  
14 disasters. New conditions such as SARS, bird  
15 flu, which for all practical purposes really  
16 has not developed into a problem but might, and  
17 yet we're all expected to know how to respond,  
18 how to take care of others, while at the same  
19 time we incur risks.

20 And we incur health risks largely to the  
21 unknown, especially when you're dealing with a  
22 new condition, a new problem. It's hard to  
23 tell what long-term problems are going to arise  
24 from being exposed to it, or working with  
25 patients who are exposed to it. So invariably



1           there need to be mechanisms to help define what  
2           the problems are going to be and to properly  
3           define exposures in the present so that we can  
4           properly assess people in the future.  
5           And this issue of new problems, new diagnoses,  
6           new conditions goes beyond even the clinical  
7           realm. It's as prevalent, if not more  
8           prevalent, within the setting of medical  
9           research. We like to think of medical research  
10          as always being on the cutting-edge, as  
11          developing new techniques, new strategies,  
12          dealing with new technologies. But again,  
13          we're also dealing with problems that have not  
14          been described before.  
15          We have healthcare workers exposed to various  
16          things like oncogenes, adenovirus vectors, and  
17          yet we know very little about the long-term  
18          effects from exposure. We're not sure of  
19          morbidity that may arise. And yet there's  
20          very little in the way of appropriate guidance  
21          for what to do to protect people. There's  
22          certainly little that's known as far as any  
23          outcomes in working around these entities and  
24          what types of tasks pose the biggest problems.  
25          So I think definitely the new -- the new,

1 emerging conditions that we're faced with in  
2 society are also some of the new, emerging  
3 conditions that we're faced with in research.  
4 The second theme I just wanted to hit upon  
5 briefly as far as the research agenda is being  
6 sure to consider healthcare trainees within the  
7 scope of any sort of research project. We  
8 think of trainees traditionally as students.  
9 In many ways we're all students throughout our  
10 lives. But the trainees are often  
11 disenfranchised from the rest of the system.  
12 If you think about a typical employer/employee  
13 relationship that occurs, there's perhaps more  
14 accountability that goes on. Some of it is  
15 legally prescribed, some of it is -- just  
16 occurs through tradition. Yet healthcare  
17 trainees often don't share in the same  
18 protections that employees share in.  
19 And there's some practical issues that arise in  
20 trying to account for trainees. This includes  
21 the fact that many of them are transient, for  
22 example, in institutions that they rotate in.  
23 Institutions may not be very well aware of  
24 their presence. They may know in general that  
25 they're there, and I think for a large part a

1 lot of institutions try to incorporate them to  
2 the extent they can within safety programs.  
3 But the bottom line is that a lot of trainees  
4 don't have access to the same resources  
5 employees do -- things like training, PPE,  
6 certainly ongoing healthcare and surveillance.  
7 A lot of that, when it does occur, is pushed  
8 onto the employee, meaning they have to follow  
9 up through their own health plan or they have  
10 to buy their own equipment. This is something  
11 that's almost unheard of within the employment  
12 sector. Not to say that we need a workers comp  
13 system for students, but they definitely need  
14 to be considered within the context of any sort  
15 of medical surveillance.  
16 Just as important as far as their  
17 vulnerability, if you will, is the fact that a  
18 lot of them are pursuing second careers, third  
19 careers. A lot of them have been engaged in  
20 healthcare for quite some time by the time they  
21 hit a -- quote, a career goal. So often we're  
22 picking up healthcare employees, we're roping  
23 them into some sort of surveillance program or  
24 workers comp or risk management program because  
25 they just started employment with us. But by

1 virtue of the fact of what they've been doing  
2 the last ten years, they've really been  
3 healthcare employees for ten years. So if you  
4 consider a nurse or a medical aide who has --  
5 who is just starting work, this is a person who  
6 may have been working as a paramedic or an aide  
7 for several years before becoming a nurse. And  
8 yet on day one when they develop low back pain,  
9 we measure their exposure from the time of  
10 employment and we often overlook their, quote,  
11 pre-employment exposures. So the relevance of  
12 a person's student status as their career, if  
13 you will, just can't be downplayed enough.

14 **MR. WEISSMAN:** We'll need to wrap up.

15 **DR. KELAHER:** Okay. I'm right there. So  
16 again, I think their consideration into any  
17 sort of surveillance program and monitoring  
18 program is a -- is a must in any sort of  
19 research agenda. So thank you very much.

20 **MS. PALERMO:** Stephanie Tabone?

21 **MS. TABONE:** Hello, my name is Stephanie  
22 Tabone. I'm a registered nurse and director of  
23 practice at Texas Nurses Association. As a  
24 representative of Texas Nurses Association I'd  
25 like to thank you for the opportunity to

1 provide input into the future research agenda  
2 for occupational health and safety in the area  
3 of healthcare.

4 Registered nurses constitute the largest  
5 healthcare occupation group in the country.  
6 Then-NIOSH director Linda Rosenstock testified  
7 before Congress in 2000 that nursing personnel  
8 have one of the highest job-related injury  
9 rates of any occupation. And she related in  
10 that same testimony that the rate of injury  
11 specifically for R.N.s was greater than that of  
12 workers in construction and agriculture. In  
13 fact, construction and agriculture work is  
14 safer now than it was a decade ago. Not  
15 something that can be said for healthcare.  
16 Moreover, characterization of the nursing  
17 profession by the Bureau of Labor Statistics  
18 lists hazards, including ergonomic injuries and  
19 acquisition of infectious disease, exposure to  
20 chemicals, shocks from electrical equipment,  
21 and hazards posed by compressed gases, not to  
22 mention emotional strain from close contact  
23 with critically ill patients. The statistics  
24 and characterization of the work of nurses  
25 reinforce the perception that providing patient

1 care is hazardous and that nursing is  
2 undesirable work.  
3 Because R.N.s make up such a large component of  
4 healthcare delivery system, hazards to nurses  
5 in the workplace constitute a serious public  
6 health concern. This is true not only in terms  
7 of real injury, but in their potential to  
8 impact the capacity of the healthcare system to  
9 deliver essential services to those whose  
10 health is compromised. It is also the case  
11 that most hazards that accompany the delivery  
12 of patient care are preventable, or at least  
13 can be mitigated by improving safety processes.  
14 Texas Nurses Association would like to commend  
15 NIOSH for its research in the area of  
16 healthcare and in particular in resulting  
17 guidance in the areas of violence prevention  
18 and recent guidelines for lifting in long-term  
19 care settings. This work has enabled Texas  
20 Nurses Association to advocate for and get  
21 enacted legislation that requires nurses and  
22 healthcare organizations to work together to  
23 produce increase -- policies and procedures  
24 that increase safety in these areas.  
25 Safe patient-handling initiatives decrease

1 injuries that cause harm to patients and result  
2 in increasing cost of care, while violence  
3 prevention has the compassionate outcome of  
4 helping to limit persons in moments of crisis  
5 from hurting themselves or others. So not only  
6 do these efforts protect nurses, they also have  
7 the added effect of helping patients.

8 Evidence-based guidance and best practices  
9 provide essential components when nurses seek  
10 to improve the delivery of care. The need for  
11 continuing research in healthcare in the area  
12 of workplace safety cannot be over-stated. As  
13 the population ages, the need for provision of  
14 care is projected to increase, while the number  
15 of persons available to deliver that care is  
16 projected to decrease.

17 It is essential for us to develop safety  
18 processes that increase the desirability of  
19 nursing as a profession by eliminating, to the  
20 extent possible, unsafe practices in all  
21 delivery settings, as well as identifying ways  
22 that an aging healthcare workforce can continue  
23 to deliver that care safely. To this end the  
24 American Nurses Association and Texas Nurses  
25 Association have brought talking points to this

1           -- to this session, and they are listed in the  
2           written testimony.

3           As we review how each of the issues -- I'm  
4           going to go over the issues just briefly --  
5           that impact the nursing profession, we must  
6           always remember that those things that are  
7           unsafe for nurses have equal, and sometimes  
8           more profound, effects on patients.

9           Safe patient handling itself, by looking at  
10          that as a patient safety issue, has allowed  
11          nursing to now start to get some very important  
12          things into the workplace to help with lifting.  
13          And another speaker I think will speak to that.  
14          Others have talked about chemical exposures, so  
15          I won't go into that, either. I think the  
16          things that have been said are very good and  
17          important.

18          There's two things that I'd like to add. One  
19          is in the area of worker fatigue. There's a  
20          lot of work -- we know that worker fatigue has  
21          an impact on omission of care. What we do not  
22          know is how long it takes someone to recover  
23          after they have become fatigued. Neither do we  
24          know the additive effects -- just one second  
25          more -- the additive effects of things like



1           emotional strain to that fatigue, so we don't  
2           have those add-on things.

3           And in the area of infectious exposure, what we  
4           don't look at often is how many opportunities  
5           there are to do something -- for example, hand-  
6           washing being a simple example. There may be  
7           many times or many more opportunities in a --  
8           in a time of care to do hand-washing than there  
9           are minutes in the day. So when we ask  
10          somebody to do something that's more safe, we  
11          sometimes do not look at how much time that  
12          takes in relationship to the actual process the  
13          person's involved in. And that's something I  
14          think really needs to be looked at when we ask  
15          people to do things that are safer. And I'll  
16          end my comments there. Thank you.

17          **MS. PALERMO:** Nancy Crider, come forward?

18          **MS. CRIDER:** Good afternoon. Thank you for the  
19          opportunity to present today and have input  
20          into the agenda. My name is Nancy Crider. I'm  
21          a master's-prepared nurse, currently full-time  
22          doctoral student here at the UT Health Science  
23          School of Public Health in management, policy  
24          and community health with a minor in  
25          occupational and health safety. I've been a

1 registered nurse for over 25 years. My primary  
2 background is nursing administration and  
3 education. I've been a past president of the  
4 Houston Organization of Nurse Executives and on  
5 the board with the Texas Organization of Nurse  
6 Executives.

7 Much of what you heard today I want to repeat  
8 and emphasize with a couple of additional  
9 factors. As you know, it's well documented  
10 that the hospitals and healthcare organizations  
11 present a wide variety of biological, chemical,  
12 radiological and musculoskeletal hazards.

13 Employee health and safety for those of us in  
14 administration are key issues in maintaining a  
15 viable workforce that's able to meet the  
16 healthcare needs of our populations, and also  
17 to be prepared on a whole-hazards approach for  
18 emergency preparedness that we're currently  
19 gearing -- been gearing up to, even more so  
20 since 2001.

21 Many safety initiatives have been initiated  
22 from the NORA I. Bloodborne pathogens is  
23 clearly -- are getting attention. They create  
24 new hazards as we do the personal protective  
25 with -- with gloves. Issues that are still out

1           there as far as airborne exposures to both  
2           infectious disease, and particularly the  
3           occupational hazards as we do new construction  
4           and renovations in our hospitals. The air  
5           handling and exposure there are still issues  
6           that need to be addressed in practice.  
7           One issue that I have heard this morning, but  
8           not this afternoon as much, is the changing  
9           demographics of the workforce is creating new  
10          challenges. Many employees have -- both at the  
11          professional and the unlicensed level are not  
12          native-born and English is not their first  
13          language. We have a challenge here I think in  
14          the research to look at the cultural  
15          competency, a culturally-appropriate training  
16          strategy to look at where we have opportunities  
17          for safety. We have literacy issues. And even  
18          those who are fully literate in their own  
19          native language, when you get into the nuances  
20          of health and safety in the United States  
21          hospital and healthcare organization are not  
22          totally fluent, and that creates a great deal  
23          of misunderstanding. So I would adhere to this  
24          needs to be additional behavioral and social  
25          research as far as the culture of safety and

1 training for both licensed and unlicensed  
2 personnel as to how to bridge the gap between  
3 knowledge of safety -- knowledge of safety  
4 practices and the behavior in the workplace.  
5 Additional time I want to do is the workplace  
6 fatigue and safety. We know from aerospace and  
7 transportation that the effects of fatigue are  
8 similar to alcohol in the bloodstream. And not  
9 only do we have employees working long hours,  
10 again we have multiple -- the economic  
11 conditions are multiple jobs, and they come  
12 from work to the work site without adequate  
13 rest. So the timing of what it needs to  
14 recover becomes important, not just for  
15 scheduling in our own institution, but knowing  
16 whether you have contract workers in, knowing  
17 whether you have trainees in, people who are  
18 going to school full-time and working full-  
19 time. It's created a additional need for  
20 training there.

21 Finally, ergonomic studies, as you develop --  
22 the development and manufacture of assistive  
23 devices, I will reiterate -- looking at the  
24 workforce, who are the workers using it. We  
25 have an aging workforce, in many cases

1           deconditioned and suffering from chronic  
2           illnesses themselves (sic) who are caring for  
3           obese patients. They are -- arthritis, the  
4           musculoskeletal risks, and we also have the  
5           foreign workforce who may be, as a speaker this  
6           morning said, a petite Filipino nurse who  
7           clearly cannot manage the same as a strapping  
8           18-year-old, five ten, 180-pound male.

9           In summary, I'd like you to continue the NORA  
10          initiatives. Look at the multi-cultural, the  
11          training issues, the literacy issues and the  
12          gap -- bridging the gap between knowledge and  
13          practice of PPE. Thank you.

14         **MS. PALERMO:** Nancy Menzel?

15         **DR. MENZEL:** Hello, I'm Nancy Menzel from the  
16          University of Florida College of Nursing. I'm  
17          an occupational health nurse-researcher in  
18          musculoskeletal disorders in direct patient  
19          care providers. I also received a NIOSH  
20          traineeship 25 years ago to attend the Harvard  
21          School of Public Health, so thank you, NIOSH.  
22          And I also graduated from the University of  
23          South Florida College of Public Health Sunshine  
24          ERC with a Ph.D.

25          This morning Dr. Howard spoke about relevance

1 of research, and I can't imagine anything much  
2 more relevant than the nursing shortage the  
3 previous speakers have spoken to. This is a  
4 problem where by 2015, in fewer than nine  
5 years, they predict a 20 percent shortage of  
6 nurses. And we really must do something to  
7 prevent their leaving the workforce.

8 The University of Florida graduates 180 new  
9 baccalaureate-prepared R.N.s every year, and  
10 within two or three years most of them have  
11 left the bedside. So the problem really isn't  
12 supply, it's keeping the workforce at the  
13 bedside.

14 Part of that is the healthy worker effect.

15 They realize that they're going to get injured  
16 if they continue, because being a nurse is very  
17 hazardous to your health. The solution is not  
18 to go to developing nations and steal their  
19 supply of R.N.s with better wages and bring  
20 them to the United States and hurt them as  
21 well. Nurses are not hatched like eggs.

22 However, if they were and the farmer noticed  
23 that 75 percent of them were being broken  
24 during production, there would be something  
25 done about it. Instead we continue to injure

1           our nurses.

2           I prepared a summary of gaps and needs for

3           further research which I distributed earlier,

4           and I'd just like to go over some of the main

5           highlights from my vantage point. One of them

6           is the pathogenesis of work-related

7           musculoskeletal disorders in nurses. How early

8           does this start? Does it start in nursing

9           school? Where -- what are the exposures there?

10          What are the biomarkers of musculoskeletal

11          damage that's occurring to these nurses?

12          Exposure assessment, the methods that we use

13          now are observation. I think NIOSH has used

14          things where they put little clickers on

15          machines to see if the lifting equipment is

16          being used. But we must develop more

17          sophisticated methods than that.

18          Under-reporting of work-related musculoskeletal

19          disorders, we're using as a metric occupational

20          injuries. That's rather like counting the

21          number of planes that crash each year as our

22          metric. I think we can do better than that.

23          Contributions of psychosocial factors to these

24          disorders in nurses, what is the contribution

25          of stress or organizational factors?

1 Patient handling technology, although we've  
2 seen research that demonstrates that injuries  
3 are lowered, with this technology many nurses  
4 continue to resist its use because it's awkward  
5 to use and it's inconvenient and it takes a  
6 long time. We still don't have any equipment  
7 that assists a nurse to turn a patient from  
8 side to side, and that's one of the biggest  
9 exposure points.

10 Adoption of technology, I've alluded to some of  
11 the reasons why nurses don't use the  
12 technology, but what is the reason that  
13 employers are not wholesale adopting this?  
14 They complain about the nursing shortage, and  
15 yet they fly recruiters to the Philippines to  
16 bring Philippine nurses back, but they don't  
17 invest in the technology. What can be done?  
18 And the relationship of work-related  
19 musculoskeletal disorders to quality of care  
20 and patient safety. When I did my dissertation  
21 at an unnamed facility, I worked with nurses  
22 who were working 12 and 16-hour shifts, and I  
23 followed them around and wrote down what they  
24 did, and it was pretty exciting for me. But  
25 many of them stopped turning patients and



1           ambulating them toward the end of their shift  
2           because they were physically exhausted. So I  
3           know that there's a relationship between  
4           patient safety and nurse safety.

5           These issues need to have further investigation  
6           and funding by NIOSH. Thank you.

7           **MS. PALERMO:** Jan Frustigala (sic)?

8           **MS. FRUSTAGLIA:** Good afternoon. I'm Jan  
9           Frustaglia --

10          **MS. PALERMO:** I'm sorry.

11          **MS. FRUSTAGLIA:** -- that's okay -- and I'm the  
12          executive chair of my organization's -- of  
13          continuing education for AOHP, and that  
14          organization is the Association of Occupational  
15          Health Professionals in Healthcare. On behalf  
16          of AOHP organization, I thank you for allowing  
17          our input at this public meeting of the second  
18          decade of NORA.

19          AOHP is the primary association for  
20          occupational nurses and other professionals  
21          providing occupational health services to  
22          workers in healthcare. The occupational health  
23          nurse, usually called employee health in a  
24          hospital setting, performs a multitude of  
25          services that evaluate, screen and monitor the

1 environment and the worker in healthcare  
2 settings. Prevention of injury, illness and  
3 disability is the primary practice objective.  
4 Health promotion, wellness, is one method to  
5 those objectives. But realistically, the  
6 practice objectives become more challenging due  
7 to the everyday hectic pace in the healthcare  
8 facility. The patients are sicker, the  
9 healthcare worker works more hours with less  
10 support from their administration, and the  
11 outcomes can be seen in the loss run data. And  
12 we can see these in benefits, dollars being  
13 spent for more medical and mental health care.  
14 This presentation is focused to the following  
15 broad issue that we feel NORA could include in  
16 the next decade:  
17 Examining the research on health habits and  
18 attitudes, then apply and expound them  
19 specifically to the healthcare worker. Seek  
20 the answers to why so many healthcare workers  
21 are basically unhealthy, and what can be done  
22 to improve the mental and the physical human  
23 factors of the healthcare worker. For this  
24 healthcare worker, continued research is needed  
25 in behavior modification, mental health

1 management, coping with work stressors, and how  
2 the practice of motivation factors can lead to  
3 optimal health maintenance. Examine the  
4 employer's medical benefits incurred costs.  
5 They have continued to climb year after year.  
6 Is that because the healthcare worker is  
7 inappropriately using their medical benefits?  
8 Is it because the worker is less healthy and  
9 requires more medical prescriptions and  
10 services under their employer's medical  
11 benefits? Is the solution better case  
12 management? Should the employer and/or the  
13 insurance company be held more accountable to  
14 provide strategies around prevention versus  
15 continually raising the premiums to the  
16 healthcare worker? More facilities can take  
17 what has been learned about managing injury  
18 under the workers compensation systems in all  
19 the various states and apply those learnings to  
20 case management of their employees' medical  
21 benefits.

22 Secondly, AOHP commends NIOSH and NORA for your  
23 research, and we want continuation of strategic  
24 research to gain an accurate picture of the  
25 environment inside healthcare setting -- its

1 stressors, hazards, potential exposures --  
2 mentioned by many of my colleagues this  
3 afternoon -- and inherent risk. Continue to  
4 advise on risk avoidance, disease detection and  
5 the disability limitations that can be  
6 integrated into work practices. Provide  
7 research to practice on the human factors of  
8 disease and disability. Thank you very much  
9 for this opportunity.

10 **MS. PALERMO:** Mary Matz?

11 **MS. MATZ:** Good afternoon. I'm Mary Willa Matz  
12 and I'm with the Veterans Health  
13 Administration. I am an industrial hygienist  
14 and an occupational safety and health  
15 researcher, so I'm not a clinician so I'm  
16 coming from a little bit of a different vantage  
17 point.

18 Representing the VHA is certainly something  
19 that I have also talked with some of our -- our  
20 -- excuse me, I'm getting off-track here. I  
21 should just read my notes here.

22 As the largest healthcare organization in the  
23 United States, VHA has a unique vantage point  
24 for identification of important occupational  
25 safety and health issues. On an annual basis

1 the VHA records more than 25,000 injuries,  
2 which afford us a really vast database from  
3 which to determine issues in need of study and  
4 intervention.

5 The VHA injury data consistently finds the  
6 following types of injuries as top ones, and  
7 you should have a pie chart on that. But if  
8 you don't, I can read them to you. Slips,  
9 trips and falls are consistently the number one  
10 source of injuries in the VA for about the last  
11 four or five years, at around 20 percent of our  
12 injuries. Struck by/against, approximately 13  
13 percent, as well as bloodborne pathogens and  
14 body fluid-related exposures, also 13 percent.  
15 We show approximately 12 percent from lifting  
16 and repositioning patients, 8 percent from  
17 manual materials handling, and 6 percent from  
18 assault/workplace violence.

19 Due to the limitations in time I'm going to  
20 briefly discuss some of the recommended  
21 research topics. Full descriptions and  
22 supporting data for our recommendations, as  
23 well as research and partnership suggestions,  
24 will be provided separately through the on-line  
25 submission process.

1           The VHA recommends and requests the continued  
2           focus on sharps injury prevention, especially  
3           use of technology in that prevention. And we  
4           request then increased attention on seven  
5           different items, obviously that I won't be able  
6           to get into -- in too detail, but I did want to  
7           speak on these somewhat.

8           The first is occupational burdens, including  
9           work organization, shift work, job assignments  
10          and others. And these have already been spoken  
11          on earlier.

12          Another topic which hasn't been addressed is  
13          the implementation of evidence-based and best  
14          practice programs. We have the information out  
15          there. We have the interventions. But quite  
16          often the nursing staff are not willing or not  
17          able, for whatever reasons, to actually put  
18          these into practice. That needs to be looked  
19          upon.

20          Under-reporting of injuries, this is a huge  
21          issue. We don't really know what's going on  
22          out there. OSHA has estimated that for every  
23          musculoskeletal injury reported there's a  
24          similar one that's not reported. The 2001 VHA  
25          task force on workplace violence prevention

1           showed that there's a factor of under-reporting  
2           of five. And similar under-reporting can be  
3           seen in blood and body fluid exposures, et  
4           cetera.

5           So each of these areas have unique  
6           considerations and conditions surrounding them,  
7           therefore unique issues may be related to their  
8           under-reporting. And in order to know the true  
9           state of injury incidents, under-reporting must  
10          be addressed.

11          Continuing on to another topic, emerging  
12          pathogens protection. There's concern that the  
13          respiratory protection standard as written in  
14          the pandemic flu plan may not adequately  
15          protect healthcare workers from transmission of  
16          disease. The plan recommends wearing, quote, a  
17          surgical mask or a procedure mask for close  
18          contact with infectious patients. N-95  
19          respirators or surgical masks do not adequately  
20          defend against penetration, nor the airborne  
21          nature of viroparticles. Much higher levels of  
22          respiratory and other protection are needed  
23          until scientific evidence -- including volume  
24          and virus produced per cough, size of  
25          particles, aerodynamic properties, et cetera --

1 is generated that can be used to identify  
2 control measures such as respirators that will  
3 reliably protect healthcare workers from the  
4 organism in question. We recommend that NIOSH,  
5 OSHA and CDC and CID/NCID\* collaborate to  
6 review and determine a scientifically-  
7 defensible posture regarding airborne pathogen  
8 transmission issues. We also suggest testing  
9 existing N-95 respirators and surgical masks  
10 for protective capacities, as well as  
11 developing new technology that will control  
12 transmission of known infectious diseases, and  
13 from this information develop criteria that can  
14 be extrapolated for new pathogens encountered.  
15 Next topic, slips, trips and fall incidents --  
16 can I have another few minutes since I have so  
17 many more and I'm the last --

18 **MS. PALERMO:** (Off microphone) (Unintelligible)  
19 time, so --

20 **MR. WEISSMAN:** (Off microphone) Yeah, we have  
21 to (unintelligible).

22 **MS. MATZ:** Okay. Thank you. Slip, trip and  
23 fall incidents. Slips, trips and falls are the  
24 leading cause of occupational injuries among  
25 hospital workers. The national average for



1 falls on the same level per 10,000 FTE in  
2 hospitals in 2003 was 31.6, as compared to 19.9  
3 for general industry. BJC Healthcare, a large  
4 private healthcare organization, reports 26.3  
5 falls on the same level in 2005, with over a  
6 million dollars in workers comp claims. Very  
7 significantly, as I reported earlier, the  
8 majority of the injuries for the Veterans  
9 Health Administration come from slips, trips  
10 and falls. And once again, these are reported  
11 injuries, though.

12 Small, sort-term intervention studies dealing  
13 with behavioral aspects of STF incident  
14 causation rather than large studies that have  
15 been difficult to manage and track are  
16 suggested. As well, cost effectiveness of  
17 existing and new strategies would be  
18 beneficial, as would continuation of  
19 descriptive studies.

20 Next topic, and the last one -- excuse me, it's  
21 the next to the last one -- is workplace  
22 violence. Violence in the workplace, both  
23 physical and psychological, is a major concern.  
24 Almost two-thirds of non-fatal assaults at  
25 works (sic) happen in hospitals, nursing homes

1           and facilities that provide health or social  
2           services. Our VHA task force on violence  
3           prevention showed that nurses and nursing  
4           assistants were most likely to be victims of  
5           injurious violence, and incidents were most  
6           likely to occur in in-patient and nursing home  
7           settings. Among other topics of research, the  
8           effectiveness and cost benefit of existing  
9           strategies is important to determine.  
10          Organizational factors and unit organizational  
11          cultural influence on the risk of workplace  
12          violence may also shed light on this subject.  
13          And the next and last issue, and it's been  
14          addressed elsewhere, is patient handling. And  
15          I won't go into statistics on this, but I will  
16          say that continued innovations in technology  
17          are needed for control of risk. As well,  
18          program implementation facilitators and  
19          barriers need to be identified for improvement  
20          in safe patient handling compliance. As well,  
21          with the new -- new construction and  
22          renovations going on in the healthcare  
23          industry, it's critical to have acceptance and  
24          inclusion of ergonomic design by architects and  
25          engineers. But the science behind ergonomic

1 recommendations for safe patient handling,  
2 especially for bariatric and total dependent  
3 care patients is lacking. So we see that  
4 science is needed to support ergonomic design  
5 criteria.

6 And I will say that we have also -- have a list  
7 of recommendations for these topics that I  
8 provided to you earlier, and we also will be  
9 addressing these -- these issues on-line --  
10 through your on-line process. Thank you.

11 **MS. PALERMO:** We have -- all of our scheduled  
12 speakers have already talked, so we open the  
13 floor to anyone who would like to add to the  
14 discussion. You're welcome to come forward.

15 **UNIDENTIFIED:** I'm not really prepared to talk  
16 on this topic but I don't think it was  
17 mentioned this evening and I would just like to  
18 express this issue personally. I do feel a bit  
19 like we have a choir here and that we preached  
20 to the choir on occupational health issues.  
21 And I did want to say that since we're talking  
22 about the healthcare sector that at least in my  
23 mind there remains a relative lack of awareness  
24 or recognition among the healthcare community  
25 itself of the implications of work on health,

1           whether that is from an economic perspective in  
2           terms of trying to maximize the number of  
3           patients that a nurse has to care for, how to  
4           manage a case of occupational illness and how  
5           to deal with the employment implications of  
6           that illness, how to search for an occupational  
7           pulmonary physician who might recognize that  
8           there is a relationship between an occupational  
9           exposure and a disease, so I think it would be  
10          prudent to at least raise the issue that we  
11          have to focus on what our role and  
12          responsibility should be to make sure that the  
13          healthcare community itself is more aware of  
14          occupationally-related issues.

15         **DR. SODERHOLM:** Could we have your name for the  
16         transcript, please?

17         **DR. LEVIN:** I'm sorry, Jeff Levin from Tyler.

18         **MR. WEISSMAN:** Any other -- any other  
19         presentations from the audience? Would anyone  
20         else like to come up and make a comment?

21                                 (No responses)

22         **SUMMARY: DAVID WEISSMAN, NIOSH**

23           If not, it falls upon me to do a brief summary  
24           of our session, and I'd really like to start by  
25           thanking our partners, the people who really

1           did the heavy lifting here to put together this  
2           session. First of all, the folks from the  
3           University of Texas School of Public Health and  
4           the Southwest Center for Occupational and  
5           Environmental Health, Sarah Felknor and George  
6           Delclos. I'd really like to thank you and your  
7           folks for the wonderful job that you did and  
8           the hospitality that you showed us.  
9           In addition, I'd like to thank the folks from  
10          the University of Texas at Tyler and the  
11          Southwest Center for Agriculture Health, Injury  
12          Prevention and Education, Jeff Levin in  
13          particular, for the -- just the great work in  
14          putting this together. Thank you so much.  
15          And finally I'd like to thank all of the  
16          presenters who took the time to come here and  
17          to put together a presentation, a focused  
18          presentation and get up in front of the  
19          audience and talk and tell us what you think  
20          about the priorities. We really appreciate  
21          you. I mean partners are very key to this NORA  
22          process. As you've heard many times, our  
23          slogan is really research to practice through  
24          partnerships, and the partnerships are really,  
25          really key so that we can achieve the goals

1           that John Howard spoke about earlier, the goals  
2           of relevance, the goals of quality and the  
3           goals of impact for our research. So we really  
4           appreciate your participation in this meeting,  
5           and we also really appreciate your continued  
6           involvement by giving additional comments via  
7           the web site, by e-mailing us, or by  
8           volunteering to participate in the sector  
9           research councils.

10          I'd like to talk a little bit about some of the  
11          issues that we -- that we heard about here  
12          today, and I won't be able to sort of  
13          exhaustively cover everything, but we heard --  
14          and I like this overall comment. We heard  
15          about the need to develop a culture of  
16          workplace safety and health in the healthcare  
17          and social services sector, and address the  
18          inherent tension between the motive to self-  
19          preservation and then the motive to selfless  
20          patient care that involves getting in there and  
21          taking care of people, even if those people are  
22          a potential hazard to you. And I remember  
23          early in the HIV epidemic when people were  
24          scared to take care of HIV-infected patients,  
25          and you could really see the difference between

1           those who were truly motivated to take care of  
2           people and then the people who were there for  
3           other purposes, based on people's willingness  
4           to get in there and take care of people even if  
5           there was some potential perceived self-risk  
6           there. So it's very important that we develop  
7           a culture that values safety and recognizes  
8           that the -- but still recognizes that there is  
9           risk. And part of that culture of safety is to  
10          have adequate surveillance, and we've heard  
11          about the importance of having surveillance so  
12          that we know what's happening and so that we  
13          know if our interventions actually work, and  
14          we've heard that.

15          We've heard a lot about accidents and  
16          musculoskeletal injuries, slips and trips and  
17          falls, back injuries from lifting, the need for  
18          patient handling technologies, the need to  
19          assess what are the predictors of recovery from  
20          injury, and the finally how to prevent injury  
21          due to workplace violence, which unfortunately  
22          many people in the healthcare sector are very  
23          exposed to.

24          We've heard about hazardous exposures and there  
25          are a broad range of hazardous exposures we've

1 heard about. We've heard about chemical  
2 exposures and radiological exposures,  
3 biological exposures. We've heard about  
4 inhalation exposures to asthmagens. And then  
5 thinking about exposure broadly, not just as  
6 substances, we've heard about exposure to  
7 psychosocial problems and exposure to personal  
8 stressors including verbal abuse.  
9 We've heard about work organization and worker  
10 fatigue and the risk that that can pose to both  
11 workers and patients.  
12 And then finally we've heard concerns about new  
13 kinds of exposures, such as new exposures due  
14 to application of nanotechnology in the  
15 workplace and use of new sorts of genetic  
16 therapies. One type of exposure that we've  
17 heard a great deal about are exposure to  
18 infectious agents, both agents capable of  
19 transmitting disease via the airborne route and  
20 agents capable of transmitting infection  
21 through contact or through injury -- things  
22 like bloodborne pathogens.  
23 We've heard about sharps injury prevention.  
24 We've heard about the need to better understand  
25 airborne transmission and what kind of



1           respiratory protection is appropriate for  
2           emerging infectious diseases.

3           There was mention of the special needs of  
4           people who are involved in emergency response  
5           and in response to disasters. And people who  
6           are involved in those sorts of situations have  
7           all these kinds of exposures, but under the  
8           very stressful conditions that can exist, as  
9           we've unfortunately seen in the Katrina  
10          situation.

11          Finally we've heard about populations at risk  
12          and the need to reach out to all of these  
13          populations, be they disadvantaged; be they  
14          minorities, especially people who speak English  
15          as a second language; be they those with  
16          disabilities or the elderly. We've heard about  
17          the need to think about people who aren't  
18          directly involved in patient care, people like  
19          family and visitors and housekeepers and  
20          construction workers and trainees, all the  
21          kinds of people that you don't necessarily  
22          think of immediately but are very important  
23          exposed people in the healthcare and social  
24          services sector.

25          And finally let's mention the group that's the

1 reason the healthcare and social services  
2 sector exists, which are patients, who also  
3 have many of the same exposures that all the  
4 rest of us have.

5 So we've heard some really important ideas and  
6 some really important priorities, and we take  
7 this very seriously. We value your input as we  
8 develop our agenda, and we greatly, greatly  
9 appreciate your participation in this meeting.  
10 And with that, I'll turn things over to Sid  
11 Soderholm to finish up.

**ADJOURN**

**SID SODERHOLM, NIOSH**

12 **DR. SODERHOLM:** Well, thank you. Dave did a  
13 very nice job of thanking. I'd like to thank  
14 David and Terri for their leadership this  
15 afternoon and for this journey they're  
16 embarking upon in leading the NORA efforts in  
17 this sector over the next several years.  
18 A few real quick notes. If you talked and have  
19 some notes you can leave with us, that would be  
20 very helpful. There are a number of CDs, NIOSH  
21 healthcare-related publications prior to April,  
22 2005. We're going to have to take these back  
23 with us if you don't take them with you, so  
24 please -- please make use of those.

1           And if you did not sign in on the way in, we  
2           really are trying to -- a part of  
3           accountability -- capture a record of the  
4           number of people and who were here today, so if  
5           you haven't signed in, please -- please do so  
6           on the way out.

7           And this is just the beginning of the process.  
8           Keep up with e-news, volunteer to be involved  
9           on committees or as reviewers. Keep -- keep  
10          tracking and keep giving feedback so -- so we  
11          can keep working on the highest priorities and  
12          having the right people involved.

13          So thank you very much and have a safe trip  
14          home.

15          (Whereupon, the meeting was adjourned at 3:30  
16          p.m.)

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**CERTIFICATE OF COURT REPORTER****STATE OF GEORGIA****COUNTY OF FULTON**

I, Steven Ray Green, Certified Merit Court Reporter, do hereby certify that I reported the above and foregoing on the day of January 23, 2006; and it is a true and accurate transcript of the testimony captioned herein.

I further certify that I am neither kin nor counsel to any of the parties herein, nor have any interest in the cause named herein.

WITNESS my hand and official seal this the 21st day of February, 2006.

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**STEVEN RAY GREEN, CCR****CERTIFIED MERIT COURT REPORTER****CERTIFICATE NUMBER: A-2102**