



# RUBELLA

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The rubella virus causes a rash and mild fever that usually lasts 2 to 3 days. Most children recover quickly and completely from rubella. Adults and teens who get the disease may have swollen glands in the back of the neck, and pain, swelling, or stiffness in their joints (arthritis). If a woman gets the disease in the early months of pregnancy, there is an 80 percent chance her baby will be born with serious birth defects. This is called CRS (congenital rubella syndrome). Babies with CRS may be born blind or deaf or may have damaged hearts or small brains. Rubella vaccine is combined with mumps and measles vaccines into a single shot.