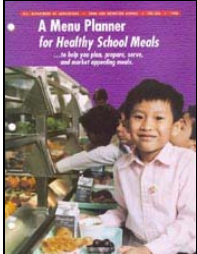
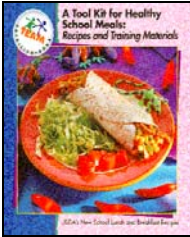

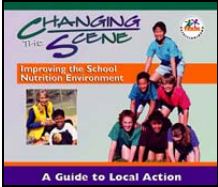



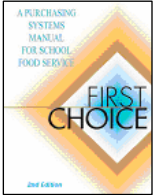
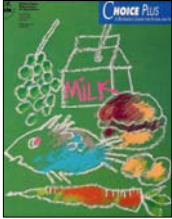


Resource	Description	Ordering, Downloading, and/or URL Information
<p data-bbox="245 380 597 558">U.S. Department of Agriculture, Food and Nutrition Service, <i>A Menu Planner for Healthy School Meals</i>, 1998</p> 	<p data-bbox="631 380 1078 594">Manual presents the basic concepts of the School Meals Initiative for Healthy Children and explains how to translate the concepts into real meals for children in real schools.</p> <p data-bbox="631 636 1081 705">It will help you plan, prepare, serve, and market appealing meals.</p>	<p data-bbox="1109 380 1463 485">http://schoolmeals.nal.usda.gov/Recipes/menuplan/menuplan.html</p>
<p data-bbox="274 930 566 1182">U.S. Department of Agriculture, Food and Nutrition Service, <i>A Tool Kit for Healthy School Meals: Recipes and Training Materials</i>, 1997</p> 	<p data-bbox="631 930 1081 1656">Kit that contains more than 50 recipes USDA has developed as part of the Healthy Kids Initiative. The recipes in the <i>Tool Kit</i> are designed help you serve "Total Quality School Meals" to your young customers. "Total Quality School Meals" are meals that have good taste, good nutrition, and are attractive. Also includes a promotion guide and a training manual with instructions on preparing, modifying, and standardizing recipes. Each recipe includes a nutrient analysis and marketing guide. Recipes are given for 50 and 100 portions. This resource will be combined with a revision to <i>Quantity Recipes for School Food Service</i>.</p>	<p data-bbox="1109 930 1463 999">http://schoolmeals.nal.usda.gov/Training/train.html</p>



Resource	Description	Ordering, Downloading, and/or URL Information
<p data-bbox="250 380 594 705">U.S. Department of Agriculture, Food and Nutrition Service, <i>Accommodating Children with Special Dietary Needs in the School Nutrition Programs—Guidance for School Food Service Staff</i>, 2001</p> 	<p data-bbox="631 380 1073 814">Guidance presents information on how to handle situations that may arise and offers advice about such issues as funding and liability. It also describes some of the factors, which must be considered in the early phases of planning, and suggests ways in which the school food service can interact with other responsible parties in the school and the community at large to serve children with disabilities.</p> <p data-bbox="631 856 1068 1035">Guidance is based on the policy guidelines outlined in FNS Instruction 783-2, Revision 2, <i>Meal Substitutions for Medical or Other Special Dietary Reasons</i>.</p>	<p data-bbox="1109 380 1466 485">http://www.fns.usda.gov/cn/d/Guidance/special_dietary_needs.pdf</p>
<p data-bbox="240 1150 602 1402">U.S. Department of Agriculture, Food and Nutrition Service, <i>Changing the Scene: Improving the School Nutrition Environment—A Guide to Local Action</i>, 2000</p> 	<p data-bbox="631 1150 1081 1549">Tool kit that addresses the entire school nutrition environment, including a commitment to nutrition and physical activity, pleasant eating experiences, quality school meals, other healthy food options, nutrition education and marketing the issue to the public. This kit can help local people take action to improve their school's nutrition environment.</p> <p data-bbox="631 1591 1065 1808">The kit includes a variety of tools for use at the local level to raise awareness and address school environment issues that influence students' eating and physical activity practices.</p>	<p data-bbox="1109 1150 1463 1220">http://www.fns.usda.gov/tn/Resources/changing.html</p>

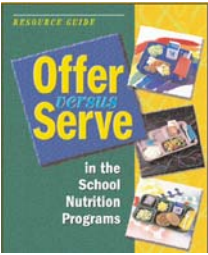

Resource	Description	Ordering, Downloading, and/or URL Information
<p>U.S. Department of Agriculture, Food and Nutrition Service, <i>Commodity Food Fact Sheet Database</i></p> <p> Food Distribution Programs</p> 	<p>Web page that provides links to the online commodity fact sheets database maintained for all Food Distribution Programs. Each fact sheet gives a basic description of the available USDA product, suggested uses, preparation and storage tips, as well as nutrition facts such as the number of calories, cholesterol levels, fat and sodium contents, etc.</p>	<p>http://www.fns.usda.gov/fdd/facts/commodityfacts.htm</p>
<p>U.S. Department of Agriculture and the U.S. Department of Health and Human Services, <i>Nutrition and Your Health: Dietary Guidelines for Americans, 2000</i></p> 	<p>Guidelines are published every five years and provide authoritative dietary advice for people two years and older. They serve as the basis for Federal food and nutrition education programs.</p>	<p>http://www.pueblo.gsa.gov/cic_text/food/dietguide2000/dietguide.pdf</p>


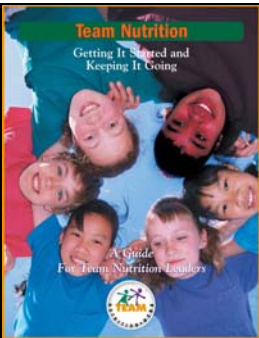
Resource	Description	Ordering, Downloading, and/or URL Information
<p>U.S. Department of Agriculture and Center for Nutrition Policy and Promotion, <i>Dietary Guidelines for Americans online course</i>, 2001</p> 	<p>Free online self-study course designed for nutrition educators and researchers, dietitians, school food service professionals, and others working in the health care arena who provide food and nutrition education or counseling to the public. It is especially appropriate for those who wish to understand the science and rationale of the Dietary Guidelines for Americans as national nutrition policy.</p>	<p>http://www.dga2000training.usda.gov/welcome.htm</p>
<p>U.S. Department of Agriculture, Food and Nutrition Service, <i>Eat Smart. Play Hard.</i>TM</p> 	<p>The web link to Eat Smart. Play Hard.TM is about making America's children healthier. It's about practical suggestions that will help nutrition educators motivate children and their caregivers to eat healthy and be active.</p> <p>The Eat Smart. Play Hard.TM Campaign messages and materials are fun for children and informative for caregivers. To make your job easier, we have kid-tested the messages and based them on the <i>Food Guide Pyramid</i> and <i>Dietary Guidelines for Americans</i>.</p>	<p>http://www.fns.usda.gov/eatsmartplayhard/</p>

Resource	Description	Ordering, Downloading, and/or URL Information
<p data-bbox="240 453 602 779">U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, <i>First Choice: A Purchasing Systems Manual for School Food Service, 2nd Edition, 2002</i></p> 	<p data-bbox="630 453 1024 779">A resource to guide child nutrition professionals in their procurement procedures. Topics include steps in purchasing, the marketplace regulations, product movement, bid units, specifications, brand approval, receiving, and more.</p>	<p data-bbox="1060 453 1468 520">http://www.nfsmi.org/Information/firstchoice/fcindex.html</p>
<p data-bbox="250 1115 592 1402">U.S. Department of Agriculture, Food and Nutrition Service, with the National Food Service Management Institute, <i>Choice Plus: A Reference Guide For Foods and Ingredients Edition, 1997</i></p> 	<p data-bbox="630 1115 1024 1514">A resource on foods and ingredients to assist purchasers in developing food specifications consistent with nutritional goals and knowledge. Provides information to help program operators make informed decisions when purchasing products for use in school lunch and breakfast programs.</p>	<p data-bbox="1060 1115 1468 1182">http://www.nfsmi.org/Information/Guide.html</p>

Resource	Description	Ordering, Downloading, and/or URL Information
<p>U.S. Department of Agriculture, Food and Nutrition Service, <i>Food Buying Guide for Child Nutrition Programs</i>, 2001</p> 	<p>Tool to determine the contribution foods make toward the meal pattern requirements. It helps food-service personnel to purchase the right amount of food.</p>	<p>http://schoolmeals.nal.usda.gov/FBG/buyingguide.html</p> <p>If you need a copy contact FNS at:</p> <p>(703)-305-2609 or (703)-305-1624</p>
<p>U.S. Department of Agriculture, Food and Nutrition Service, <i>Fruit and Vegetable Galore</i>, 2004</p> 	<p>This tool provides a wide range of information to directly assist schools in serving more fruits and vegetables in ways that motivate students to eat more fruits and vegetables. Resource includes three publications and five posters. Also included is a self-tutorial CD-ROM for school foodservice staff.</p>	<p>http://www.fns.usda.gov/tn/Resources/fv_galore.html</p> <p>The distribution of this publication began in 2004 to State agencies, school food authorities and schools participating in the Child Nutrition Programs.</p>

Resource	Description	Ordering, Downloading, and/or URL Information
<p data-bbox="261 464 557 642">U.S. Department of Agriculture, National Agricultural Library, <i>Healthy Schools Meals Resource Center</i></p> 	<p data-bbox="615 464 1114 716">Web link to the Healthy School Meals Resource System (HSMRS). The HSMRS, as USDA's Training and Technical Assistance Component, assists state and local school foodservice programs meet the <i>Dietary Guidelines for Americans</i>.</p> <p data-bbox="615 758 1114 968">By using this Resource System, school nutrition personnel and trainers can easily locate appropriate and useful training materials available for loan from the collection of the National Agricultural Library.</p>	<p data-bbox="1154 464 1495 537">http://schoolmeals.nal.usda.gov</p>
<p data-bbox="237 1167 581 1272">NFSMI, <i>Measuring Success with Standardized Recipes</i>, 2002</p> 	<p data-bbox="607 1167 1122 1419">Manual describes recipe standardization techniques in detail and includes examples, practice exercises, and reference materials. It is a “how-to” guide on recipe standardization for managers and cook-level employees. Includes a video and CD ROM.</p>	<p data-bbox="1151 1167 1495 1272">http://www.nfsmi.org/Information/stdrecipes/complete.pdf</p>

Resource	Description	Ordering, Downloading, and/or URL Information
<p data-bbox="272 457 574 632">U.S. Department of Agriculture, Food and Nutrition Service, <i>Offer Versus Serve in School Nutrition Programs</i></p> 	<p data-bbox="634 457 1032 814">The package will contain training modules for the food-based and nutrient-based menu planning approaches. Each module includes all the information and tools you'll need to successfully train staff on OVS. Package includes a resource guide, training video, and marketing materials.</p>	<p data-bbox="1159 457 1370 489">Coming in 2004</p>
<p data-bbox="240 1073 602 1209">U.S. Department of Agriculture, <i>Serving It Safe: A Manager's Tool Kit</i>, 2nd Edition</p> 	<p data-bbox="634 1073 1024 1318">Describes why food safety is important and gives guidance on how foodservice personnel can assure the preparation and service of safe foods. Provides information based on the 2001 Food Code.</p> <p data-bbox="634 1360 997 1612">Package includes 119-page manual, 102-page instructor guide, and 25 1/2" x 33" English/Spanish posters. Instructor guide provides an outline for conducting 10 hours of group training.</p>	<p data-bbox="1068 1073 1458 1136">http://schoolmeals.nal.usda.gov/Safety/safe.html</p>

Resource	Description	Ordering, Downloading, and/or URL Information
<p>Public/Private partnership between the fruit and vegetable industry and the U. S. Government, <i>5 A Day for Better Health Program</i></p> 	<p>Several web links to a national nutrition program that seeks to increase the number of daily servings Americans eat of fruits and vegetables to five or more. The program informs Americans that eating fruits and vegetables can improve their health and may reduce the risk of cancer and other chronic diseases. The program provides consumers with easy ways to add more fruits and vegetables into their daily eating patterns.</p>	<p>http://www.5aday.gov/index.shtml</p> <p>http://www.cdc.gov/nccdphp/dnpa/5ADay/index.htm</p> <p>http://www.5aday.org/</p>
<p>U.S. Department of Agriculture, Food and Nutrition Service, <i>Team Nutrition—Getting It Started and Keeping It Going: A Guide For Team Nutrition Leaders</i></p> 	<p>The guide focuses on the critical first steps in initiating and implementing Team Nutrition, and also provides how to's, ideas in action, available resources, and real world challenges and solutions identified by the USDA's Team Nutrition Demonstration Project participating States and their schools.</p>	<p>http://www.fns.usda.gov/tn/Resources/index.htm</p> <p>This publication will be distributed in 2004 to State agencies and current Team Nutrition schools.</p>