



Take Another Look at Summer Food

**Simplified Rules
Make It Easier**



...Why Participate?

- Learning does not end when school lets out
- Neither does need for good nutrition
- Crucial for safe and healthy summers
- Only 20 percent of children eligible for free and reduced price meals during school year get summer meals



Nutritious Meals...

- Provides wholesome, prepared meals to 3.3 million children each day
- Gives children the good nutrition they need to learn, play, grow, and be safe
- Helps families stretch their food dollars
- Keeps food service workers employed year-round
- Ensures reliable stream of Federal money to schools



Nutrition Education...

- Teaches important lessons in nutrition education and food safety
- Encourages children to **Eat Smart. Play Hard.™**
- Offers lots of resources for parents, teachers, and food service professionals



Entitlement...

- No waiting lists
- No citizenship tests
- No discrimination based on race, color, national origin, sex, age, or disability
- Meals for all eligible children 18 and under and eligible people with disabilities



SFSP...

- Ideal for schools with summer enrichment, recreational, or activity programs
- Provide meals at school and other sites
- New rules simplify claims and maximize reimbursements

Simplified Procedures...

- **No** reporting of costs
- **No** comparing of “meals times rates” payments with actual or budgeted costs
- **No** classifying of costs as either “operational” or “administrative”



Benefits...

- Receive maximum rates of reimbursement
- Pay for any allowable cost, whether operating or administrative
- Plan and budget more reliably
- Waive review of experienced school sponsors' budgets



Making It Even Simpler...

- Permanent agreements
- 5 year duration for area eligible sites
- Sharing of children's eligibility status
- \$100K limit for small purchases

Seamless Summer...

- Offer summer meals to community children
- Provide meals at school and other sites
- Follow school meal rules
- Serve all meals free to children
- Claim “free” school rates for all reimbursable meals
- Continue getting commodities, severe need, and “extra 2 cents”



Summer School

- Serve only enrolled students in academic summer school
- Continue participating in National School Lunch and School Breakfast Programs
- Claim reimbursable meals at free, reduced price, and paid rates

...How can schools help?



Become a Sponsor...





Sponsors...

- Attend your State agency's training
- Locate eligible sites
- Hire, train, and supervise staff
- Arrange for meals to be prepared or delivered
- Monitor your sites
- Prepare claims for reimbursement

Run a Site...



Sites...

- Attend your sponsor's training
- Supervise activities and meal service at your site
- Distribute meals
- Keep daily records of meals served
- Store food appropriately
- Keep site clean and sanitary

Be a Vendor...



Vendors...

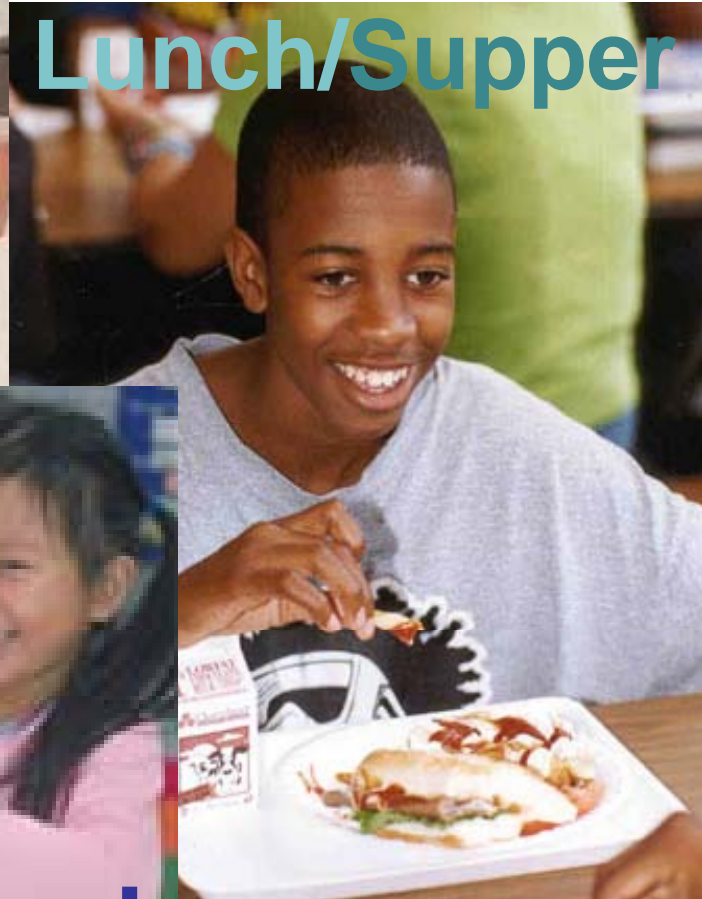
- Register with State agency, if required
- Meet appropriate health and sanitation standards
- Prepare meals meeting USDA nutrition standards
- Deliver meals on schedule
- Keep delivery records
- Fulfill agreement

Nutrition...

Breakfast



Lunch/Supper



Snack





Reimbursement...

- Adjusted annually
 - January 1 for SFSP
 - July 1 for School Meals and Seamless Option
- Higher in Alaska and Hawaii
- Claims for up to 2 meals per child per day at most sites
- 3 reimbursable meals for migrant and camp sites

Per Meal Rates...

Type of Meal	SFSP		Seamless Option
	Rural or Self Prep	Urban or Vended	
Breakfast	1.72	1.69	1.40
Lunch or Supper	3.03	2.98	2.57
Snack	0.71	0.70	0.71

Per Meal Rates...

Type of Meal	SFSP		Seamless Option
	Rural or Self Prep	Urban or Vended	
Breakfast	1.72	1.69	1.40
Lunch or Supper	3.03	2.98	2.57
Snack	0.71	0.70	0.71

Summer Meals at School





Resources...

- Summer Food
<http://www.summerfood.usda.gov/>
- Team Nutrition
<http://teamnutrition.usda.gov/>
- National Food Service Management Institute
<http://www.nfsmi.org/>
- Healthy Meals Resource System
<http://healthymeals.nal.usda.gov/nal/>



Search FNS

- Search all USDA
- Search Tips

Browse by Subject

- ▶ Community Outreach
- ▶ Data & Statistics
- ▶ Financial Management
- ▶ Forms
- ▶ Food Safety
- ▶ Grants
- ▶ Nutrition Education
- ▶ Regulations & Policy

You are here: Home > SFSP

Summer Food Service Program

Welcome to the Summer Food Service Program! SFSP is the single largest Federal resource available for local sponsors who want to combine a feeding program with a summer activity program. Children in your community do not need to go hungry this summer. During the school year, nutritious meals are available through the National School Lunch and School Breakfast Programs. But those programs end when school ends for the summer. The U.S. Department of Agriculture's Summer Food Service Program helps fill the hunger gap.

- **About the Program** - Frequently Asked Questions, Program History, Participation Data
- **Reimbursement Rates**
- **Income Eligibility Guidelines**
- **States** - Resources for State agencies
- **Financial Management Tools**
- **Sponsors** - Resources for SFSP sponsors and what it takes

See Also

- **What's New**
- **Disaster Assistance**
- **Policy**
- **Regulations**
- **Legislation**
- **Team Nutrition**
- **Research**
- **School Meals**
- **Nutrition Assistance Programs**



Food That's In . . . When School Is Out! **Summer Food Service Program for Children**

Building Partners for Summer Food

Partnering with individuals, community groups, public agencies and businesses is a way of obtaining needed resources for your Summer Food Service Program (SFSP). Whether at the State or local level, finding partners to supplement your existing resources can result in a stronger SFSP. Partnering can also generate interest in the SFSP, build community support, and help you to better meet the nutritional and developmental needs of the children you serve.

How Can Partners Contribute?

Partners can help in any number of ways short of being responsible for the overall SFSP administration.

- **Outreach.** Partners can help States find new sponsors, help sponsors find new sites, or raise community or neighborhood awareness of the location of SFSP sites. Statewide advocacy groups, local organizations, public agencies and businesses all have experience with, and systems for, communicating with the public. They can help you “get the word out” about SFSP.
- **Meal Preparation and Distribution.** Sponsors who cannot prepare their own meals can find a partner, such as a school or food service management company, to prepare and/or distribute meals. Sponsors must pay for these meal services out of their Federal operating reimbursement. Your expectations regarding the preparation, distribution, quality and payment for the meals must be carefully spelled out in the contract, as should the flexibility to meet changing circumstances. Sponsors should not underestimate the time and energy needed to build a good working relationship with their meal vendor, and should consult their State agency for help with the writing of bid specifications and the



Food That's In . . . When School Is Out! Summer Food Service Program for Children

Recruiting Children

Raising Community Awareness of the Summer Food Program

One key to success for the Summer Food Service Program (SFSP) is to make children and parents aware that SFSP meals are available in their community. Studies show that many parents of eligible children do not know when a site is nearby. In fact, most parents of eligible children do not know that SFSP exists.

An effective community outreach campaign can ensure that a sponsor has high and stable site attendance. Stabilizing attendance improves the Program's fiscal base by providing a predictable flow of revenue and maximizes the SFSP's impact on the nutritional and developmental status of the community's children.

An effective outreach campaign includes: (1) an exciting, high quality site operation; (2) presentations to key groups and individuals in the community; (3) distribution of materials to draw attention to your SFSP; and (4) coverage and support by the media.



Site Operations

The most effective way to make people aware of your SFSP is to operate a high quality Program. Participating children will advertise your Program for you by telling their friends and siblings about your sites.

Speak to as many groups and individuals as you can about SFSP. The message should be simple: There are children in the community that need good nutrition and organized activities in order to learn and grow when school is out. The SFSP provides that opportunity to children. Some suggestions for presentations are:



Home About Team Nutrition FNS Newsroom Help Contact Us

Search FNS

- Search all USDA
- Search Tips

Browse by Audience

Browse by Subject

- ▶ Join the Team
- ▶ Healthy Schools
- ▶ School Success Stories
- ▶ Training Grants
- ▶ Resource Library

You are here: Home

Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.

Team Nutrition's Goal is to improve children's lifelong eating and physical activity habits by using the principles of the **Dietary Guidelines for Americans** and **MyPyramid**. To accomplish this goal, Team Nutrition has developed this site and two sister sites:

- The Team Nutrition site reaches a broad audience with information on nutrition education, healthy eating and physical activity. Schools are the key focal point.
- The **Healthy Meals Resource System** provides technical assistance support and materials for school foodservice and child care professionals.

What's New

- **New Dietary Guidelines Fact Sheets**
- **2008 Team Nutrition Events Calendar**
- **2008 Team Nutrition Training Grant Application**

MyPyramid For Kids

Click here to play **MyPyramid Blast Off**

an interactive computer game

My Pyramid...

TIPS FOR FAMILIES

EAT RIGHT

- 1 Make half your plate fruits and vegetables—eat often.
- 2 Vary your vegetables—eat several different colors.
- 3 Focus on fruits. Choose fresh, frozen, or canned (no added sugar).
- 4 Get your calcium. Choose lowfat and fat-free milk, yogurt, and cheese.
- 5 Go lean with protein. Choose lean meats, poultry, fish. Also, choose beans, chickpeas, nuts, and tofu.
- 6 Change your fats. Use liquid oils such as olive, canola, and soybean.
- 7 Don't sugar up. Added sugars contribute to obesity and heart disease.



EXERCISE



Fact Sheet

Jazz Up Your Menu With Fruits for Healthier School Meals

KEY ISSUES:

- People who eat a variety of fruits as part of a healthy diet are likely to have a reduced risk of some chronic diseases.
- The 2005 Dietary Guidelines for Americans recommend that we eat two cups of fruit every day (based on a 2,000 calorie meal plan).
- Remember, fruits:
 - provide nutrients that we need for good health, such as potassium, fiber, vitamin C, and folate.
 - are naturally low in fat, sodium, and calories.
 - have no cholesterol.
- Offer a variety of fruits every week.
- Contact local farmers to start a farm-to-school program to obtain high quality fresh produce. To get started, go to: www.fns.usda.gov/cnd/Guidance.

We eat with our eyes—then our mouths. If it looks good, we'll taste it. If it tastes good, we'll eat it. Because fruits are colorful and delicious, they have built-in appeal. And they're available in so many forms—they give you a quick and easy school meals and snacks.

Recipe for Success

- Boost the nutritional value**
- Go easy on juice. Offer most fruit as whole fruit.
 - Vary fruit choices. Offer fruits like apples, bananas, prunes, dried peach, honeydew melon.
 - Select fruit canned in 100 percent juice.
 - Cut the fat with fruit! Try applesauce instead of oil when baking cookies or bread.
- Add fruit to meals and snacks**
- Buy fresh fruits in season when peak flavor; seasonal fruits like peaches, apples, and berries.
 - Add crushed pineapple, mandarin oranges, or fruit to your favorite salad mix or cole slaw.
 - Offer baked apples, fruit cobbler, or fruit and yogurt dessert treat!
- Make fruit look good and easy to eat**
- Choose a variety of fruits with contrasting colors and shapes to catch kids' attention.
 - Cut up fruits, especially apples and oranges, to make them kid-friendly and easy to eat.

Level 1

MyPyramid FOR KIDS

Lessons for Grades 1 and 2

MyPyramid For Kids

Eat Right. Exercise. Have Fun.

MyPyramid.gov

Enjoy Moving

Be physically active every day*

Less Sitting (around)

Enough Stretching and Building Your Muscles

More Making Your Heart Work Harder

Plenty Moving Whenever You Can

NFSMI...

▪ <http://www.nfsmi.org/>



▪ <http://healthymeals.nal.usda.gov/nal/>



United States Department of Agriculture

Healthy Meals Resource System



Home | About HMRS | Topics A-Z | Discussion Groups | Directory of Chefs | Help | Contact Us

You are here: [Home](#) / [Food Service](#) / [Child Nutrition Program Resources](#) / [Summer Food Service Program](#)

Food Service

Summer Food Service Program



The SFSP is the single largest Federal resource available for local sponsors who want to combine a feeding program with a summer activity program. Children in your community do not need to go hungry this summer.



Resources at the National Agricultural Library

Find materials in the NAL collection related to Summer Feeding. For information on borrowing materials, please see the [NAL Web site](#).

Summer Food Service Program

USDA. Food and Nutrition Service.
The single largest Federal resource available for local sponsors who want to combine a feeding program with a summer activity program. Children in your community do not need to go hungry this summer.

I Want To...

- Review Regulations and Policies for FNS Programs
- Locate My State Agency
- View Local Wellness Policy Resources
- Find Sample Newsletters for My Staff

Food Service

- Associations and Organizations
- Child Nutrition Program Resources
 - Afterschool Snack Program

Partners...





2009 Reauthorization...

- Improve nutrition and strengthen Program management
- Ensure all eligible children have access to Program benefits
- Advance technology and innovation



Looking Back...

1989 Private nonprofit sponsors in SFSP

1994 SFSP at non-school sites during emergency school closures

1998 Higher rates in Alaska and Hawaii

2004 Rural Transportation Grants



Sharing New Ideas...

- Regional listening sessions
- Conversations with stakeholders
- Opportunity to comment at Regulations.gov until Oct 15:
<http://www.regulations.gov/fdmspublic/component/main?main=SubmitComment&o=09000064805f47dd>



Public Comment and Submission Form

Docket and Document Information

Docket ID FNS-2008-0011

Docket Title Request for Public Comments for Use in Preparing for 2009 Reauthorization of the Child Nutrition Programs and WIC

Document ID FNS-2008-0011-0001

Document Title Request for Public Comments for Use in Preparing for 2009 Reauthorization of the Child Nutrition Programs and the Special Supplemental Nutrition Program for Women, Infants and Children

View Document



How to Comment

Dec '08 SFSP Conference...





Points to Remember...

- Good nutrition for children
- Resource for schools
 - Cash payments
 - Training
 - Nutrition education
- Child Nutrition State Agency:
<http://www.fns.usda.gov/cnd/Contacts/StateDirectory.htm>