## TRIBAL CHILD CARE MINIMUM STANDARDS

# **SELF-ASSESSMENT WORKBOOK**





Child Care Bureau, Administration for Children and Families, US Department of Health and Human Services

#### **ACKNOWLEDGEMENTS**

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\*Denotes members who participated on the Tribal Child Care Standards Advisory Subcommittee.

### Tribal Child Care Health and Safety Standards Technical Assistance Self-Assessment Workbook

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### INTRODUCTION AND EXAMPLE FORMAT

#### **Tribal Child Care Standards Technical Assistance Self-Assessment Workbook**

Title VI of the Personal Responsibility and Work Opportunity Reconciliation Act of 1996 (Public Law 104-193) requires the Secretary of the US Department of Health and Human Services to develop minimum child care standards for Tribes and Tribal organizations receiving funds under the Child Care and Development Fund. The law requires that the standards be developed in consultation with Tribes and Tribal organizations, and appropriately reflect Tribal needs and available resources.

This *Technical Assistance Self-Assessment Workbook* was developed to assist Tribal child care administrators and providers in assessing their unique situations and technical assistance needs. This document is consistent with the format of the *Minimum Tribal Child Care Standards*: Policies/Practices/Caregiver Training, Building and Premises, and Infection Control. Next to each standard is an opportunity for individuals to share their concrete experiences and needs. Each asterisk with this document annotates the special circumstances unique to family child care homes.

The Child Care Bureau will be conducting cluster trainings at eight locations throughout the country during the summer of 2000. These cluster training sessions are designed to support Tribes as they begin the process of implementing the Health and Safety Guidance. **The Self-Assessment Workbook** will be used during cluster trainings along with other materials that are being developed to assist Tribes with implementation. Tribal CCDF grantees are strongly encouraged to take advantage of this training opportunity.

Below is an example of how the document can be utilized:

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Caregivers shall meet or exceed state caregiver to child ratios and group size limits.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>	We are planning to combine resources with another child care center and hire one additional staff member. Once this is accomplished we will meet this standard.	We would like to know where we could find our state's regulation for group size ratios.

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Caregivers shall meet or exceed state caregiver to child ratios and group size limits.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Caregivers shall directly supervise infants, toddlers, and preschool children by sight <b>and</b> * hearing at all times, even when the children are in sleeping areas. * caregivers in family child care homes shall directly supervise infants, toddlers, and preschool children by sight <b>or</b> hearing at all times, even when the children are in sleeping areas.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Caregivers shall know the whereabouts of the children in their care at all times.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Tribes shall have a policy for conducting background checks consistent with the Indian Child Protection and Family Violence Prevention Act.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Employment or character references shall be completed for all caregivers.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
The Tribe shall have a written plan to ensure the training of caregivers in areas including but not limited to: health and safety, child development, infectious diseases (including universal precautions), child abuse, first response, and choking prevention.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Caregiver training shall be documented.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION D: PROGRAM	M POLICIES		
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Written policies shall be established, implemented, maintained, and available, and shall address, but not be limited to, the following content areas: child development, health and safety, infectious diseases, child abuse, first response, and choking prevention.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
All caregivers, other staff, and volunteers shall be trained in the importance and implementation of the policies.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Policies related to program operation shall be shared with parents of children in care.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
If children will be transported, drivers shall be licensed and children shall be fastened in the vehicle in an age-appropriate restraint that is properly positioned and installed.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
To reduce the risk of udden infant death syndrome SIDS), infants shall be placed o sleep on their backs unless otherwise directed by the child's physician, and all sleeping arrangements for nfants through 12 months of age shall use firm mattresses and avoid soft bedding naterials such as comforters, pillows, fluffy blankets, or stuffed toys.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
The caregiver/facility shall ask parents for information regarding the child's development, health and behavioral status, especially nformation about the child's health since the last attendance in the facility.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
When bottle feeding, caregivers shall either hold nfants or feed them sitting up. Infants who are unable to sit shall always be held for bottle feeding. The caregiver shall not permit bottle propping or infants' carrying bottles throughout the day or night.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Children shall not be physically restrained by bonds, ties, or straps for disciplinary purposes. If a child must be restrained for edical reasons, that restraint should occur in accordance with the instruction of the child's physician and/or ractitioner and permission of the parent.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
ach caregiver/facility shall have and implement a cipline policy that outlines sitive methods of guidance propriate to the ages of the children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

#### SECTION II. BUILDING AND PREMISES

SUBSECTION A: SAFE EN	SUBSECTION A: SAFE ENVIRONMENT				
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)		
Guidelines shall be developed to assure child care homes/facilities are safe, and meet tribal, state, or local fire and safety regulations.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>				
The caregiver/facility shall follow tribal, state, or local guidelines regarding the installation and appropriate use of smoke detectors. Smoke detectors and other devices shall meet tribal, state, or local standards.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>				

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Useable space, equipment, and exit arrangements shall be adequate for the number, ages, and abilities of the children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Indoor and outdoor play areas shall be checked daily, and prior to their use by children, for hazards.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Paint on both interior and exterior premises shall be free from hazardous quantities of lead.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
A plan shall be in place to ensure routine maintenance, and sanitation procedures shall be conducted to keep the structure clean, sound, and in good repair.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Sufficient heating and cooling shall be provided within the child care setting to maintain a temperature that will not cause harm to children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Ventilation shall be provided to prevent the accumulation of harmful odors and fumes.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Poisons, toxic materials, cleaning supplies, sharp or pointed objects, plastic bags, matches, flammable liquids, drugs of any kind, insecticides, guns, and other hazardous materials shall be stored and/or locked, covered, or removed so as to be inaccessible to children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
All water hazards, such as pools and permanent standing water, shall be enclosed with a fence, or otherwise safeguarded to ensure that they cannot be accessed.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Electrical outlets accessible to children shall be covered with child-resistant safety plugs.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
In child care homes, smoking and/or alcohol consumption shall be prohibited on the premises when children are present. In child care centers, smoking alcohol, and illegal drugs shall be prohibited on the premises of the facility at all times. Persons under the influence of alcohol or illegal drugs shall not be allowed in the child care setting.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Telephones or another identified and acceptable means of communication shall be available to facilitate contact with emergency services.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
The child care home/facility shall have and post emergency plans and procedures appropriate for that facility, addressing potential disasters such as fire, hurricane, volcano, flood, blizzard, tornado, etc.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Emergency evacuation procedures shall be in place and posted prominently within the facility to evacuate children as a first priority in the event of a fire or other emergency.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
The child care setting shall have a minimum of two unobstructed exits leading to safe, open areas.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION A: SAFE ENVIRONMENT				
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)	
Approved, properly maintained multi-purpose fire extinguishers, appropriate for the size of the child care setting, shall be readily available, and caregivers shall be trained on their operation.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			

SUBSECTION A: SAFE ENVIRONMENT				
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)	
<ul> <li>Emergency plans shall include:</li> <li>A record of two emergency contact persons for each child</li> <li>Permission slips for emergency transport to health care facilities for the provision of emergency care, signed by the parent or legal guardian</li> <li>Permission for emergency treatment</li> <li>A hospital and physician of choice as designated by the parent or guardian</li> <li>Individual plans for children with special health care needs, including allergies, developed by that child's physician</li> </ul>	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
An appropriately stocked first aid kit shall be present and easily accessible to caregivers at all times, including during field trips and while transporting children. At a minimum it shall include: Emergency plans, disposable gloves, band-aids and bandages, tape, sterile gauze pads, roll gauze, scissors, emergency numbers, first aid resource guide, insect sting kit.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

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Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Materials, toys, and furnishings shall be safe, age appropriate, durable, and maintained in good condition.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
The layout and maintenance of all indoor and outdoor equipment and surfaces shall be carefully selected to minimize the possibility of injury to children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Equipment shall be stored in a safe and orderly fashion when not in use.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Infant and toddler toys shall be made of non-toxic materials and shall be cleaned and/or sanitized when soiled or at least daily. If the toys are not used, they shall be cleaned weekly.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Cribs and/or cradleboards and infant sleep equipment shall keep the infant safe from the dangers of suffocation, and will not allow a child to either fall, become entrapped, or have clothing tangled on protrusions.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
No child shall sleep on a bare, uncovered surface. Seasonally appropriate covering, such as sheets or blankets that are sufficient to maintain adequate warmth, shall be available and shall be used by each child below school age.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Children shall not share bedding. Related children may share sleeping arrangements upon parent approval. Each item of sleep equipment (sheets, blankets, pillows, etc.) Shall be assigned to an individual child and shall be used only by that child while he/she is enrolled in the program. Each mat, cot, or crib mattress shall be covered with the child's individual sheet for exclusive use by that child.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

#### SECTION II. BUILDING AND PREMISES

SUBSECTION B: NURTURING AND ENRICHING ENVIRONMENT				
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)	
A written plan for daily activities shall be in place.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			
The daily activities shall include the goals for children's development and learning and the experience through which they will achieve these goals.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			
Daily routines shall be established to allow children to develop expectations and feel secure at the child care setting.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			

SUBSECTION B: NURTURING AND ENRICHING ENVIRONMENT			
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Caregivers shall model respect for the feelings and rights of others, and provide an environment that respects gender, culture, ethnicity, family composition, and the special emotional, cognitive, and developmental needs of the individual child.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
The child care setting shall include toys, activities, and materials that are safe and appropriate for the various developmental stages of the children in care.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
All equipment in the setting shall be designed to support the abilities and developmental levels of the children served, with adaptations made as necessary to support children with disabilities.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION C: TRANSPO	SUBSECTION C: TRANSPORTATION		
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
If children are transported, a written permission slip signed by a parent or recognized guardian shall be on file.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Children shall be required to use safety belts or, for children under age 4, federally-approved and properly installed child passenger restraint systems (car seats).	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Children shall never be transported in the rear of a pick-up truck.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
The National Highway Traffic Safety Administration recommends placing all children 12 and under in the rear seat. In the event that no option exists for placing a child in	<ul> <li>Meet</li> <li>Exceed</li> </ul>		
<ul> <li><i>Exists for placing a child in the rear seat, the following steps shall be taken:</i></li> <li><i>Properly restrain the child.</i></li> <li><i>Push vehicle seat all the way back to maximize distance between child and air bag.</i></li> <li><i>Seat child directly against the seat back.</i></li> </ul>	<ul> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Children shall never be left unattended in vehicles.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION C: TRANSPORTATION			
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Appropriate caregiver to child ratios shall be maintained during the transportation of children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Only licensed drivers shall be allowed to transport children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Automobile insurance shall be maintained to meet or exceed minimum state standards.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Strict policies shall be developed to prevent persons under the influence of alcohol or illegal drugs from operating vehicles while transporting children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION C: TRANSPO	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
There shall be no smoking in vehicles when transporting children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Vehicles shall be routinely inspected and maintained to ensure that all safety features are operational.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

#### SECTION III. INFECTION CONTROL

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Children receiving care should be age-appropriately immunized in accordance with Indian Health Service (IHS) or the state public health agency recommendations.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Tribes may exempt: children whose parents or guardians object to immunization on religious grounds, and/or children whose medical condition requires that immunizations not be given.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

#### SECTION III. INFECTION CONTROL

SUBSECTION B: SANITAT	ION Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Equipment shall be kept clean, sanitary, and in operable condition.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Any surface contaminated by body fluids (saliva, mucus, vomit, urine, stools, or blood) shall be cleaned and disinfected immediately, and caregivers shall use universal precautions (see appendix), including gloves, when cleaning contaminated areas.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Toilet areas, including sinks, countertops, faucets, handles, doorknobs, toilet bowls, toilet and seats shall be cleaned immediately when soiled, or at least daily.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION B: SANITAT	SUBSECTION B: SANITATION		
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Potty chairs and changing tables shall be cleaned and disinfected after each use.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Floors shall be cleaned when soiled or at least daily. Carpets and rugs shall be shampooed when soiled and vacuumed at least daily.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Toys shall be cleaned when soiled or at least weekly, and small toys that children can place in their mouths shall be cleaned and disinfected after each use.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Garbage and rubbish shall be removed from rooms where children and adults will be present.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Garbage and rubbish should be stored in a closed ontainer that prevents access to children and animals ncluding rodents and insects.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Food preparation areas shall be separate from eating*, play, toilet, bathroom, and diaper changing areas, and treas where animals are kept. Food preparation and eating areas may be combined for tribal family child care homes.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Food preparation areas, including countertops and abletops shall be cleaned and disinfected, before and after each use.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Dishes, highchair trays, and Food service utensils shall be cleaned and disinfected after each use. If basins are used, here shall be separate basins for diaper changing cleanup and the cleaning of food service utensils.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Dishes and food service utensils shall be allowed to air dry and stored in a manner that preserves their clean/disinfected status.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION C: HANDWA	ASHING		
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Signs shall be posted* at each sink indicating when handwashing is required and the proper steps to follow. *Family child care homes are exempt from this standard.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
<ul> <li>All caregivers, volunteers, and children shall wash their hands:</li> <li>Before and after eating, giving medication, and participation in moist play;</li> <li>After diapering, toileting, cleaning, and the handling of body fluids, even if gloves are used;</li> <li>After handling animals, animal waste, or animal cages.</li> </ul>	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
All caregivers, volunteers, and children shall wash all parts of their hands for at least 10 seconds with soap and water and rinse them with water. If standing water is used to rinse hands, the water shall be fresh for each person and shall not be re-used. Running water is preferable.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
In child care centers, paper towels shall be used to dry hands and turn off faucet handles. Each paper towel shall be used once by only one individual. *In child care homes, a clean, individual paper or cloth towel should be used for each child.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Safe drinking water shall be accessible to children while indoors or outdoors and shall be dispensed by personal water bottle, drinking fountain, or cups labeled for individual use by each child.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Food shall be properly wrapped and handled.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Food that has been served to the child and not eaten shall be discarded by placement in containers with tight-fitting lids that are emptied at least daily.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Foods brought from home shall be labeled with the child's name, date, and the type of food, and shall not be shared with other children unless intended for that purpose.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Warm food shall be maintained and served at a temperature not less than 140°f.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Cold foods shall be maintained refrigerated at a temperature of 40°f or lower in the refrigerator and 0°f or lower in the freezer.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Breastmilk (if not frozen) and prepared bottles of formula shall be kept refrigerated until immediately before use.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION D: FOOD SA	FETY		
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Frozen breastmilk shall be thawed under cold running water or in the refrigerator.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Breastmilk or formula shall be warmed in a pan of hot, not boiling water, for 5 minutes. The bottle should then be shaken, and the milk temperature tested before feeding.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Microwaves shall never be used to heat bottles of formula or breastmilk.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
When there is more than one bottle-fed infant, bottles of breastmilk and formula shall be labelled with the child's name and shall be used only for the intended child.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Any contents remaining in a bottle of formula or breastmilk after feeding shall be discarded.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Unused, expressed breastmilk shall be discarded after 48 hours if refrigerated, or after 2 weeks if frozen.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Prepared bottles of formula shall be discarded after 24 hours if not used. An open container of ready-to-feed or concentrated formula shall be covered, refrigerated, and discarded after 48 hours if not used.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Precautions against choking shall be taken when feeding infants and toddlers. (see appendix for appropriate actions to address choking)	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Caregivers shall not offer to children under 4 years of age foods that are implicated in choking incidents (round, hard, small, thick and sticky, smooth, or slippery). Examples of these foods are hot dogs (whole or sliced into rounds), whole grapes, hard candy, nuts, seeds, raw peas, hard pretzels, chips, peanuts, popcorn, marshmallows, spoonfuls of peanut butter, and chunks of meat larger than can be swallowed whole.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Standard (If Applicable)       □ Meet	(Please List)
The facility shall provide	
nutritious meals according to a written plan Partially Met Unmet	

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
<ul> <li>The facility shall ensure that:</li> <li>Children in care for 8 and fewer hours shall be offered at least one nutritious meal and two nutritious snacks or two meals and one snack;</li> <li>Children in care for 9 and more hours shall be offered at least two meals and two snacks or three snacks and one meal;</li> <li>A nutritious snack shall be offered to all children in midmorning and in midafternoon;</li> <li>Children shall be offered food at intervals not less than 2 hours apart and not more than 3 hours apart unless the child is asleep.</li> </ul>	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

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Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
Caregivers shall feed infants on demand unless the parent provides written instructions otherwise.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
Individuals responsible for food preparation or service shall be free of contagious disease.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION E: CARE OF	ILL CHILDREN		
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
A policy for determining inclusion, exclusion, and dismissal of ill children shall be implemented.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
<ul> <li>A child shall be excluded from the child care program if:</li> <li>the child does not feel well enough to participate comfortably in the usual activities of the program;</li> <li>the caregivers cannot care for the sick child without interfering with the care of the other children; or</li> <li>keeping the child in care poses an increased risk to other children or adults in the child care facility, as determined by the caregiver or, if necessary, a local health official.</li> </ul>	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)
A written plan shall be in place for caring for an ill child.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		
A written plan shall be in place addressing medication administration.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>		

SUBSECTION F: CAREGIVER HEALTH				
Minimum Standard	Program Status	Describe Plan to Meet Minimum Standard (If Applicable)	Technical Assistance Needed (Please List)	
<ul> <li>Policies shall be developed for maintaining and addressing issues related to caregiver health. The policies shall include:</li> <li>Guidelines for exclusion for illness and the subsequent return to work</li> <li>Information on the major occupational health hazards for caregivers</li> <li>Stress Management Techniques</li> </ul>	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			
A policy shall be in place to ensure that all child care providers shall be physically and emotionally able to care for children.	<ul> <li>Meet</li> <li>Exceed</li> <li>Partially Met</li> <li>Unmet</li> </ul>			