A confidential program available at no cost to you or your family.

The Student EAP is provided by

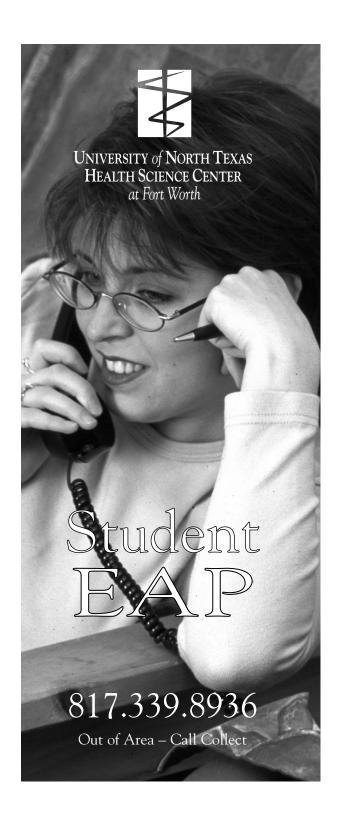
Corphealth, Inc.

Student EAP: 817.339.8936 (out of area, call collect)

Sponsored by

Corphealth, Inc. 1300 Summit Avenue Suite 600 Fort Worth, Texas 76102





# What is the Student EAP?

- Student and Dependent Benefit
- Convenient
- Confidential

The Student EAP is a UNT Health Science Center sponsored program designed to provide immediate professional assistance for personal or emotional problems. These services are provided as a student benefit, and include assistance with marital, family, work-related conflicts, financial issues, stress management, and alcohol or drug abuse.

There is no cost to students or their immediate family members to use the service. The EAP provides up to six (6) counseling sessions with a professional EAP specialist.

# What can the Student EAP do for me?

#### Comprehensive Assessments:

Your EAP professional will help you clarify the nature of your problem or concern and determine exactly what assistance you need to get started in the right direction. Many times individuals receive what they need during the assessment and require no outside referral.

#### Information:

Your EAP professional can answer questions regarding helping resources in the community and advise on how to best utilize your health benefits, should you need to use them.

#### Crisis Intervention:

Your EAP professional will help you address any pressing or critical problems as rapidly as possible.

#### Referral for Treatment:

If you need assistance beyond what is available through the Student EAP, you and your counselor will identify local resources available for additional assistance.

### How does the EAP work?

Help is just a phone call away. When you call, your EAP professional will schedule a confidential appointment away from the UNT Health Science Center Campus.

## What about my privacy?

Any and all contacts you have with the EAP, whether on the telephone or in person, are strictly confidential within the limits specified by law. Student names, records, and other identifying information are not shared with the UNT Health Science Center.

Help is only a phone call away . . .

Student EAP: 817.339.8936 (Out of area, then call us collect) The Helpline is accessible 24 hours a day, 7 days a week.