



NATIONAL MENTORING MONTH

JANUARY 6—JANUARY 12

SHARE WHAT YOU KNOW...MENTOR A CHILD!



Give. Receive. Mentor.



31 Days of Mentoring



Give. Receive. Mentor.

JANUARY 6, 2008

“Mrs. Hess was my 9th grade typing teacher. It is funny to think about it now, but back in 1977 we learned how to type on manual typewriters. She encouraged me, to not only learn to type, but to be a model student and to take additional business courses. Even when I was no longer in her class, I knew I could always count on her if I needed anything. I am very grateful Mrs. Hess took the time to mentor me because my love for the administrative assistant field is due to her.”

Janet Simpson

DISCOVER YOUR SPECIAL GIFTS AND TALENTS

Recognize that each person has different and special talents. The giving of these talents is part of sharing time, talent, treasure, and taking action for the common good.

Instruction: Acknowledge that the things that make people different are special to each individual. People are just like the apple. No matter the differences on the outside, inside everyone are seeds that are just waiting to grow and develop and be nurtured to make each one a “star”. Follow directions on next page.

MENTORING QUOTE

"Having to describe what you do helps you reflect on why you think it's important and fun. I also found it helpful in thinking about the qualities I was looking for in new employees in my company." <Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>



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“The purest giving has no other motive but to give. It seeks pleasure rather than gratitude, fun rather than sacrifice, sharing rather than barter.”

Bel Kaufman

JANUARY 6, 2008

DISCOVER YOUR SPECIAL GIFTS AND TALENTS*

Materials: Apples—different sizes, colors and shapes, knife, small box, paper, and pencil

- * Place various apples in a basket. Notice the differences and likeness of the apples.
- * Write how the apples are different/alike?
- * Cut some of the apples in half horizontally across the middle of the apple.
- * What do you see on the inside of the apple? All apples have a five-pointed star inside that holds the seeds.
- * Think about the “special seeds” inside of you. Write or draw 7 to 10 gifts or talents about yourself on scraps of paper, one per paper, folded and put in the small box.
- * Share some of the ones you thought of with your mentor.
- * After you have filled your box, share your special gifts and talents by giving them away.
- * Talk to your mentor and think of all the ways you can share your gifts with your family, school or community.

***FOR MORE ACTIVITIES VISIT WWW.LEARNINGTOGIVE.ORG**



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31 Days of Mentoring

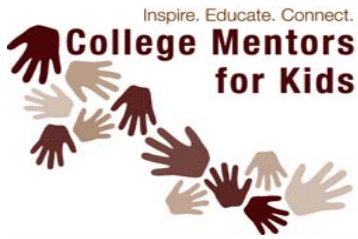


Give. Receive. Mentor.

*There is only one child in the world and that child's name is
ALL children.
Carl Sandburg*

JANUARY 7, 2008

College Mentors for Kids, Inc., is an innovative non-profit that pairs first- through fourth-graders with a college student mentor on a college campus for weekly activities focused on higher education and career, culture and diversity and community service. College Mentors for Kids serves 810 children from 30 elementary schools at 20 university based chapters with 900 mentors and college student leaders. For more information, including a list of partner universities and elementary schools visit, www.collegementors.org



Instruction: Employees who are encouraged by their leadership to become involved in the community are consistently more satisfied in their work than those who are not involved in or encouraged to volunteer by their management and company.

MENTORING QUOTE

"Watching/helping others allows me to see where I have been. It helps me to reflect on my past to better design my future." <Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>

Share What You Know...Mentor a Child.



31 Days of Mentoring

"The man who mentored me was just as busy as I was, and I bumped into him quite a few times that day. My Grandfather was hard at work getting out the vote for me. His name was Edmund Flinn, and he had a huge impact on my life."

Lt. Governor Becky Skillman



JANUARY 8, 2008

WRITE PEN PAL LETTER

Encourage Mentoring by writing / exchanging friendly letters between mentees at other sites around the city. Mentoring sites can exchange basic information on mentee – age – interests – first name – (pair - girls w/ girls and boys w/ boys). Mentees will communicate what activities they do with their mentor – what they like most and how it has affected their lives.

Instructions: Give mentees the opportunity to express to others what mentoring means to them. It will give encouragement to the mentors and give them better insight into their mentees life. This will be a great opportunity to use some of the letters as quotes in future promotions and endorsements. See next page for suggestions on writing your friendly letter.

MENTORING QUOTE

"One's ability to develop others is something my company rates us on, this opportunity helps my ability to do that."
<Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>

Share What You Know...Mentor a Child.



31 Days of Mentoring

Giving kids clothes and food is one thing but it's much more important to teach them that other people besides themselves are important, and that the best thing they can do with their lives is to use them in the service of other people.

Dolores Huerta



JANUARY 8, 2008

WRITE PEN PAL LETTER

- * Brainstorm ideas to write in the first letter.
 - * Suggested ideas: hobbies; what you did over the summer; talk about the town/state.
 - * Ask questions, so that person has something to respond to.
- * Format of a friendly letter should include
 - * Date, greeting, body, closing, signature.
 - * At least two paragraphs and must include capital lettering and correct punctuation.
- * Once letter is completed, get it checked (and edited, if needed).
- * Once edited, begin writing final copy of the letter, and deliver.

MENTORING QUOTE

"I've always loved mentoring or tutoring...Since I've had a full-time job, I don't seem to have the time to do that sort of thing. Email, however, is something I do have time for, since it removes all of the scheduling problems. And I've always felt that email is a unique means of communication, well suited to this sort of thing. This program is perfect for me."

<Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>

Share What You Know...Mentor a Child.



31 Days of Mentoring



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"Life's most persistent and urgent question is, 'What are you doing for others?'"

Dr. Martin Luther King, Jr.

JANUARY 9, 2008

SOCIAL STUDIES ACTIVITIES

This will provide a child with an opportunity to further their education and make applications for their own lives regarding their future, recognize Martin Luther King Jr. as a great leader who worked to get equal rights for all people, and understand Martin Luther King Jr's hope that all people could live together without prejudice.

Instructions: Take an active role in academic activities in efforts for your mentees to gain a sense of cultural history and is an excellent follow-up to MLK day. See next page for suggestion for a Social Studies activity.

MENTORING QUOTE

"I missed being able to draw a diagram or open a book together. I had to work a little harder in email. But that just made me explain things better. Email is very convenient, I can send it off in the middle of the night... I found it very rewarding -- I'm sure I got as much out of it as she did." <Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>

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31 Days of Mentoring

Human progress is neither automatic nor inevitable... This is no time for apathy or complacency. This is a time for vigorous positive action.

Martin Luther King, Jr



JANUARY 9, 2008

SOCIAL STUDIES ACTIVITIES

1. Introduce the activity on Rev. Martin Luther King Jr. by showing a picture of him on a poster or in a book. Ask the children what they already know about Martin Luther King Jr. Ask them if they know why we celebrate King's birthday.
2. Read the book *Happy Birthday, Martin Luther King*, by Jean Marzollo. Follow the story with a discussion about the new information learned.
3. Explain that Martin Luther King Jr. was famous because he helped our country change some very unfair laws. Discuss the meaning of a law and that a law is like a rule. Discuss fair rules and unfair rules. Use examples of rules. Ask the children if the rules are the same for everyone in the class. Are they fair to every one? Then give some examples of rules that would be unfair to some people in class.

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"I've had many mentors, but the one whom I remember most is the late Mrs. Annamae Ayers, my 8th grade music teacher at IPS #91. She introduced me to the power of music by encouraging me to sing. Eventually, she persuaded me and two of my classmates to form a vocal trio, entered us in the state's music contest, and spent many lunch hours working with us to perfect our craft. We went on to earn a first place medal in our division. Because of her, I chose to major in music in high school and college, and music has become a large part of my life.

Thanks, Annamae, for making a difference in the life of a child."

Cecelia Johnson-Powell

JANUARY 10, 2008

DEVELOP BUSINESS PARTNERSHIPS—FIFTH THIRD BANK

By collaborating with businesses to recruit mentors, employees will experience a greater satisfaction in their work and management will gain an improved workforce. Join forces with businesses and mentoring organizations in Indianapolis and surrounding cities to promote mentoring during business hours.

Instructions: Join the hands-on financial literacy program at Fifth Third Bank. The *Young Bankers Club* is essential for children to learn the importance of saving, basic banking, money management principles and a post secondary education. This program serves as re-enforcement on the basics of reading, mathematics, social studies, and guidance throughout the course. Contact: Beverly Mukes-Gaither at (317) 383-2636.

MENTORING QUOTE

"I am finding that she is very direct about asking questions, and we have a lively email exchange going! She tells me that I am helping her quite a bit...and, she is also helping me to understand some of the current thinking about women getting a Ph.D." <- Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>



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31 Days of Mentoring

"I would like to thank Laurence N. Smith, then Dean of Students at Chicago State University. Upon hearing I was dropping out of college in 1972, he persuaded me to stay one more semester. Dean Smith then met with me weekly until I got back on track academically. He instilled a love of learning. He also taught me how acts of caring can change lives."

Rick Bentley



JANUARY 11, 2008

EARTH SCIENCE ACTIVITY DAY

The purpose of this activity is to assist your mentee in developing a deeper understanding of what it means to be an environmental steward and to apply this knowledge, by means of conservation and recycling, to identify environmental misuse of natural resources as found in his/her home, school, and community.

Instruction: Select service plan intended to provide a positive impact in the environment. For example, design a motto that could be used by the various National Parks to remind campers and hikers to be responsible citizens for the common good while in National Park areas or observe the environments of their home, school, community that does not reflect good stewardship of our Earth's natural resources. This will give a better understanding on how you can become a steward of Earth's natural resources and effect positive change at home, school, and community?

MENTORING QUOTE

"I'm finding this a very interesting experience. I hope [my student] is getting as much out of this as I am; I like to hear what it's like to be a college student again, unsure about what the future will be." <Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>

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"My dad, Jim, taught me not to be afraid of hard work or long hours and to be suspicious of things that came too easy. He emphasized honesty and respect and taught me a lot about how to treat others. Self-reliance was expected, self-importance was discouraged. My dad was an important influence on the person I am today."

Representative Brad Ellsworth

JANUARY 12, 2008

GIRLS INCORPORATED

Girls Incorporated is a national nonprofit youth organization dedicated to inspiring all girls to be strong, smart, and bold. For over 55 years, Girls Inc. has provided vital educational programs to millions of American girls, particularly those in high-risk, underserved areas. Today, innovative programs help girls confront subtle societal messages about their value and potential, and prepare them to lead successful, independent, and fulfilling lives.



Instruction: Encourage girls to build strong, healthy relationships, be smart about college and career planning, and make bold, empowered life choices. Using an outreach model, we build strong community partnerships; delivering programs to girls in the neighborhoods where they live.

MENTORING QUOTE

"In the end I was glad I was paired with a very junior student. We don't have much outreach for young women early on in their education, when they're making critical choices. It's great to help them calibrate what their expectations should be."

<Quotes from MentorNet mentors. <http://www.mentornet.net/documents/about/experiences/mquotes.aspx>>

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