

TIPS FOR EFFECTIVE
MENTORING

- **Avoid being judgmental of a protégé's life situation.**

Acceptance without conditions communicates that your concern comes without strings attached

- **Don't expect to have all the answers.** Sometimes just listening attentively is all people need.

- **Be clear about your expectations and your boundaries.** Set up ground rules and communicate them.

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Give. Receive. Mentor

VOLUME 1 ISSUE 3

MARCH 2008

2008 Governor's Conference on Service & Volunteerism



Join OFBCI and your fellow youth workers at the 2008 Governor's Conference on Service and Volunteerism!

This year's conference, held at the Sheraton Indianapolis Hotel and Suites (Keystone at the Crossing) focuses on "Learning from Yesterday, Preparing for Tomorrow." What better way to prepare for tomorrow than to better equip youth workers with the tools to serve Hoosier young people?

In addition to youth development, other tracks focus on capacity building, marketing and communication, volunteer management, and service-learning. A service project will be completed to benefit Indiana homeless shelters, the Governor's Awards for Volunteer Service will be presented, and attendees will have countless opportunities to network with one another and with presenters.

We hope you will join us for this exciting and inspiring conference! Visit <http://www.in.gov/ofbci/2472.htm> for more information or to register for more information or to register.

YOUTH DEVELOPMENT SESSIONS

- Introduction to Positive Youth Development
- Youth and Adults as Partners in Social Change
- Analyzing the Role of Adults in Youth Rebellion
- Does Your Youth Program Accomplish Its Key Objectives? How Can You Tell?
- Misremembering History: Why the Past is Haunting the World
- Flying Fingers through the Generations
- Teaching Youth Leadership
- Engaging Young People in Philanthropy

The Teen Guide to Global Action



Kids everywhere are deciding they can't wait to become adults to change the world. They're acting right now to fight hunger and poverty, promote health and human rights, save the environment, and work for peace. Their stories prove that young people can make a difference

on a global scale. Like Barbara Lewis's groundbreaking *The Kid's Guide to Social Action*, this book includes real-life stories to inspire young readers, plus a rich and varied menu of opportunities for service, fast facts, hands-on activities, user-friendly tools, and up-to-date resources kids can use to put their own volunteer spirit into practice. It also spotlights young people from the past whose efforts led to significant posi-

tive change. Upbeat, practical, and highly motivating, this book has the power to rouse young readers everywhere.
Barbara A. Lewis

To order your copy click below:

http://www.freespirit.com/catalog/item_detail.cfm?ITEM_ID=584&CAT_ID=0

IBE Girls Empowerment Conference

Indiana Black Expo, Inc. (IBE) is proud to announce the detail of its 2nd annual Girls Empowerment Conference (GEC)! GEC is an exciting, one day program that seeks to (1) encourage young ladies to make good decisions; (2) improve their self-esteem; and (3) empower them to reach their full potential.

Themed "**You Go Girl!**," the 2008 IBE Girls Empowerment Conference will be Saturday, March 29, 2008, 8:30 AM - 5:30 PM held at the 2nd Presbyterian Church 7700 N. Meridian Street, Indianapolis. Contact Britany Smith at bsmith@indianablackexpo.com for registration questions.

Community Guide to Helping America's Youth

The Community Guide to Helping America's Youth is assisting communities in meeting the needs of their youth. The Community Guide to Helping America's Youth is a website designed to assist communities as they seek to form local partnerships, assess their communities' assets, identify local and Federal resources, and search for evidence-based programs to meet community needs. Over 1,000 members of community partnerships across the country have participated in day-long trainings on how to use this valuable Guide, which is available at: <http://www.helpingamericasyouth.gov/guide.cfm>.

Are you a high school or college student looking for a summer job? Indy Parks is now hiring for seasonal positions. For more information call 317-327-PARK

3rd Annual Fashion Show Luncheon Will Raise Funds for Youth



Government funding allows many children from poor families to attend early childhood and after-school programs. However, many parents who

do not qualify for these vouchers still cannot afford quality education and care for their children. AYS, Inc., a not-for-profit agency that operates 45 before- and after-school and early childhood programs in central Indiana, tries to accommodate these families through sliding fee scales and the AYS Financial Assistance

Fund.

In addition to the generous donations of individuals and businesses in the community to the fund, proceeds from AYS' Diva Fashion Extravaganza provide funding for working families in need of quality programs for their children. AYS' board members, staff members and volunteers have begun planning for the luncheon on March 8, 2008 from 12:00 to 3:00 p.m., which will feature a fashion show and silent auction. The event will be hosted by the Oak Hill Mansion in Car-

mel again this year.

Over 1,600 children are enrolled in AYS programs this year. Currently, 61 of these children benefit from scholarships from the AYS Financial Assistance Fund. More children can be helped. For more details contact Leslie Hankins



Email: lhankins@ayskids.org
 Phone: 317-803-3134 x18
 More Info: www.ayskids.org
 Location Details:
 AYS Professional Development Ctr,
 4755 Kingsway Dr. Suite 300,
 Indianapolis IN 46205

ACE Mentor Program



High school students in the South Bend area can now benefit from a nationwide program designed to introduce

them to the wide range of career opportunities open to young people in architecture, construction, engineering, and related areas of the building design and construction industry.

At weekly meetings, student teams work directly with professionals from leading area firms, who volunteer their time to mentor the teams as they design hypothetical projects, tour local construction sites, and visit architectural, engineering and construction offices.

For students, it's a unique chance to discover and develop new skills, solidify future goals and get on track to exciting, rewarding careers. In addition, many students form positive relationships with industry professionals who can provide important references for obtaining college admissions, scholarships, internships and full-time employment.

Students in the ACE program typically work closely with their mentors on projects that provide hands-on experience in solving the types of design, engineering and construction challenges industry professionals confront every day.

The teams often learn how to use advanced computerized tools, such as AutoCAD, while special exercises and activities

illustrate the industry's demand for young people skilled in math, physics, economics, art and other disciplines.

Many ACE affiliates culminate their program year with special events at which teams present their concepts to mentors, families, teachers and community leaders.

If you'd like to experience ACE's challenges, opportunities and rewards for yourself, just contact:

Ron Michaelis

Coordinator, South Bend & Vicinity Electrical Apprenticeship and Training
 Location: 56365 Peppermint Rd South Bend, IN 46619
rmichaelis@jatc153.com
 Phone: 574 233-1721

Apply For The YSA National Youth Council

Youth Service America is still accepting applications for its National Youth Council (NYC). The NYC is a diverse group of young people from across North America that advise YSA in its programming, direction, and evaluation. The council serves as a catalyst for youth service movement by participating in projects that promote youth voice, youth leadership, and youth-adult partnerships.

Eligibility Requirements for the National Youth Council

The Council is seeking young people who are diverse in:

- age (12-22 at the time of application);

- involvement in service and community;
- perspectives regarding youth involvement and decision-making; and
- demographics, including, but not limited to: location (*all applicants must be located in the United States, its territories or Canada), ethnicity, and grade level

Selection Process

Step 1: Once applications are received, a committee comprised of current NYC members and the YSA Director of Outreach will evaluate applications. Candidates will be notified in early April if they have been se-

lected for an interview.

Step 2: Candidates will be interviewed by the YSA Director of Outreach and at least one NYC member.

Step 3: Candidates will be notified if they were chosen for the NYC by early May.

Applications are due March 10, 2008.

To request an application packet, contact Daniel Hatcher, adviser to the NYC at dhatcher@ysa.org.

Brookside Community Youth Program



Starting on Friday, February 29th and continuing every Last Friday of the Month at 6:00 PM, MC Blair Karsch invites

all up-and-coming talent to showcase themselves at Brookside Church. Mr. Blair is familiar to Indianapolis as a

reading teacher and poet who hosts these events at a Books-A-Million on Indy's far Northside. We provide the microphone, stage, and a chili supper for all

– You bring your talent. No admission charged but donations for the program will be gratefully accepted. You can

also bring food or gently used clothing for the Brookside Food and Clothing Pantry. BCYP began as an after school basketball program, started by former

resident and retired coach Bob McKinney 17 years ago, and has evolved into a daily after school program for at-

risk children ages 6 to 16. Games, drama, art programs, computer learning, homework help and many other activities

each week.

Contact: Ken Holyoak
Brookside Community Youth Program
Phone 317-253-7000

The Brookside Community Youth Program brings Open Mic Nights from Northside to Indianapolis' East Side at Brookside Community Church 1035 N Olney Street

COLTS CELEBRATE READING WITH LOCAL SCHOOL CHILDREN

As schools across the country prepare to celebrate reading and one of the most beloved children's book authors of all time, the Colts will be joining more than 1,600 students for Read Across America Day and Dr. Seuss' birthday. **Wide Receiver Roy Hall** is taking part in a different kind of practice than he's used to by preparing to spout some of Dr. Seuss' famous colorful rhymes like "The quick Queen of Quincy and her quacking quacker-oo," in front of audiences of hundreds at three local Indianapolis schools.

In an effort to generate enthusiasm for reading nationwide and focus the country's attention on how important it is to motivate children to read, Hall will assist First Book-Indianapolis in distributing 1,250 books to children at

Washington Irving Elementary on **Friday, February 29, 2008**. First Book is a non-profit organization that provides children from low-income families the opportunity to read and own their first new books.

On Read Across America Day, celebrated on **March 3rd** this year, Hall will join Colts mascot, Blue and The Cat in the Hat for a visit to Coleman Academies. There, the trio will read *Horton Hatches the Egg* to students and enjoy a few laughs as Blue and The Cat in the Hat put on a show for the audience.

For the last stop of the day, Hall will bring lunch, provided by Penn Station, to Mrs. Angela Hampton's first grade class at College Park Elementary to celebrate their award

of 1,000 books from Scholastic. The class won the books under the condition that they would donate them to those in need. The College Park first-graders have decided to give the books to their schoolmates and Hall will assist in the distribution. He will also read a Dr. Seuss book to the class.

These visits are all part of the continuing efforts by the Indianapolis Colts to support reading initiatives and promote the team's Blue Ribbon Literacy Campaign encouraging all Hoosiers to spend more time reading.



Wide Receiver Roy Hall will appear at the following locations:

Friday, February 29, 2008

1:30-3:00 pm

Washington Irving Elementary—1250 E. Market Street

Monday, March 3, 2008

10:00-11:30 am

Coleman Academies—1740 E. 30th Street

Monday, March 3, 2008

12:30-3:00 pm

College Park Elementary—2811 Barnard Street

For more information, media may contact Jessica Castellanos, Colts Community Relations Manager at 317-808-5142 or via cell phone at 317-997-9031.



THE COOKIE MOVEMENT



The Cookie Movement is a program for girls of all ages that focuses on building self-esteem and encourages abstinence among teens. Through a 5-week series of fun, interactive workshops we help girls discover and embrace their individual value, develop a healthy self-image, and feel empowered enough to make wise, but sometimes hard life choices.

You might ask, "what does self-esteem have to do with abstinence?" Everything! Girls with high self-esteem are three times more likely to delay having sex and 40% of girls with low self-esteem have sex by 9th grade, compared to only 18% of girls with high self-esteem. Abstinence is not for the "average" girl and in today's culture it takes an extraordinary person with an extraordinary sense of self to refrain from premarital sex. We believe every girl has the potential to be extraordinary, and The Cookie Movement is designed to impart that same belief to girls.

Workshop Topics Include:

- ◆ Self-esteem and Self-Value
- ◆ Keep it Real: Accept Yourself and Others--As is!
- ◆ Steps to Setting and Achieving Goals
- ◆ Accountability and Responsibility
- ◆ A S.M.A.R.T. (Saving My Assets For The Right Time) Cookie and the Right Glass of Milk

The workshops are onsite and tailored to fit organizational needs and group dynamics. Not to leave the boys out coed workshops are available, as well. To schedule a session or find out more about The Cookie Movement visit us at www.thecookiemovement.com.

Up coming engagements:

- ◆ 3/6/08 Unity Development Center Keep It Real-Accept Yourself and Others--As Is!
- ◆ 3/21/08—4/25/08 New Horizon Alternative School 5-week Series

The Cookie Movement is a program of Forward Moves, LLC

Additional Contact Information:
 Trina Dawkins Patterson,
 President and Facilitator
 Forward Moves, LLC
 Phone: (317) 696-7498
 E-mail: trina@thecookiemovement.com



March 2008


Sun Mon Tue Wed Thu Fri Sat



American Red Cross Month



I Be Positive - Do Something Positive Day
 IHSAA Girls State Basketball Finals
 Conesco Fieldhouse 10:30 am & 6 pm Price: \$10 (317) 846.6601 <http://www.ihsaa.org>

2 Namesake Day Indiana Pacers vs. Milwaukee Bucks Conesco Fieldhouse 6 pm \$10 - \$88 http://www.pacers.com	3 Read Across America Day Fun Facts About Names Day I Want You To Be Happy Day National Anthem Day	4 March Forth - Do Something Day National Grammar Day Unique Names Day	5 Learn What Your Name Means Day Crispus Attucks Day St. Piran's Day	6 Aurora Public Library Presents 'I Have a Dream' 9:00am; 11:00am; 1:00pm at the Aurora Lion's Club, 2nd & Main Streets, Aurora, IN Reservations Required: Please call 812-926-0646	7 Anniversary - Monopoly Game WinterJam Tour '08! Allen County War Memorial Coliseum 4000 Parnell Avenue Fort Wayne, IN 46805 \$10 at the door - no tickets required	8 Girls Write Now Day Genealogy Day International Working Women's Day Anniversary - US Income Tax
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9 Anniversary - Barbie Doll Check Your Batteries Day Daylight Savings Time Begins	10 Green Monday Asante Children's Theatre's "Hip Hop Be-Bop Do-Wop" performance at IN History Center www.asantechildrenstheatre.org	11 Dream 2008 Day Indiana Pacers vs. Seattle Supersonics Conesco Fieldhouse 7 pm \$10 - \$88 Phone: 917.2500 http://www.pacers.com	12 We Anniversary-Girl Scouts Intro to Grant Seeking for Non-Profits Indianapolis-Marion County Public Library 9:30 - 11 am FREE http://www.imcpl.org	13 Brown County Map Day: Travel the Past at Donna's Custom Framing and Gallery, 1156 Old State Road 46 Nashville, IN Phone: 812.988.0775 FREE	14 International Ask a Question Day 	15 Ides of March Genealogy Program for Kids, IN Historical Society 10 a.m. -3 p.m \$5
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16 Act Happy Week Big Ten Men's Basketball Pep Rally Conesco Fieldhouse 1:30 pm - 3:30 pm FREE http://www.indianasportscoop.com	17 St. Patrick's Day St. Patrick's Day Parade presented by Cathedral High School Downtown Indy 11:30 am FREE (317) 884.3836 http://www.indystpats.com	18 Awkward Moments Day 	19 Indiana Pacers vs. Charlotte Bobcats Conesco Fieldhouse 7 pm Price: \$10 - \$88 (317) 917.2500 http://www.pacers.com	20 Absolutely Incredible Kid Day 	21 Good Friday Indiana Pacers vs. Minnesota Timberwolves Conesco Fieldhouse 7 pm \$10 - \$88 (317) 917.2500 http://www.pacers.com	22 Celebrating Youth Art Month: Monroe County Community School Corporation Exhibition, Bloomington, IN http://artmuseum.iu.edu at Thomas T. Solley Atrium, Phone: 812-855-5445 FREE
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23	24 	25	26 Little Red Schoolhouse 31st Annual Festival at Hessville Park (Kennedy Avenue & 173rd St.) Hammond, IN Phone: 219-844-5666 FREE	27 Youth Chorale Concert featuring the Fort Wayne Youth Chorale & Chamber Singers 7:30 p.m. at the IPFW Rhinehart Recital Hall 2101 Coliseum Blvd. E. \$5 General Admission	28 4th Friday Arts to 9 p.m. Historic Downtown Crown Point, IN (138 S. Main St) www.4thfridayarts.com Phone: (219) 662-3290 Free	29 College Mentors for Kids Walk for Kids at The Canal and White River State Park 2 pm \$15; \$10 team members http://www.collegementors.org
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30 Doctor's Day 	31 Indiana Pacers vs. Miami Heat Conesco Fieldhouse 7 pm \$10 - \$88 http://www.pacers.com	 <i>Give. Receive. Mental.</i>				
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Office of Faith-Based & Community Initiatives

If you have questions, mentor/mentee stories, or events to be added contact:

Melissa Anderson-Traylor

AmeriCorps* VISTA Mentoring Outreach Associate
Indiana Government Center South
302 W. Washington, Room E012
Indianapolis, IN 46204
Phone: 317.234.4234
Fax: 317.233.5660
E-mail: manderson-traylor@ofbci.IN.gov
Website: www.IN.gov/ofbci\2402.htm

Technical Assistance Resources

Many agencies offer listservs that regularly announce new funding opportunities and other items of interest. Some of these listservs are listed below:

- ◆ *Youth Development Research Forum* listserv send an email to 4hhq@csrees.usda.gov.
- ◆ The U.S. Department of Education's Office of Safe and Drug-Free Schools offers additional funding information through the *PreventionED* listserv. Access to the listserv is available at www.ed.gov/news/newsletters/listserv/preventioned.html.
- ◆ *Youth Initiatives Update* send an e-mail to yi@ncfy.com.
- ◆ The Substance Abuse and Mental Health Services Administration at the U.S. Department of Health and Human Services offers an *eNetwork*. To receive information from SAMHSA, register at <http://www.samhsa.gov/enetwork/> and click on "Join the Network."

Bring more Americans into service

Salute AmeriCorps members & alums

Thank community partners



AmeriCorps, a program of the Corporation for National and Community Service, is a network of local, state, and national service programs that connects more than 70,000 Americans each year in intensive service to meet our country's critical needs in education, public safety, health, and the environment.

AmeriCorps Week, May 11-18th, is a recruitment and recognition event designed to bring more Americans into service, salute AmeriCorps members and alums for their powerful impact, and thank the community partners who make AmeriCorps possible. More than 50,000 people of all ages and backgrounds are helping to strengthen communities and increase the civic engagement through 92 national service projects across Indiana. During this week, AmeriCorps members, alums, grantees, program partners, and friends will shine a spotlight on the work done by members across this State, and motivate more Americans to join or volunteer in their communities.