

TIPS FOR EFFECTIVE
MENTORING

• **Maintain regular contact.**

Mentors should assume they are the givers in the relationship. Consistent contact models dependability and builds trust. At least weekly contact is recommended.

• **Always be honest.** Trust &

respect are the foundations on which mentorships are built.

• **Respect confidentiality.**

Good friends do.

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Give. Receive. Mentor

VOLUME 1 ISSUE 2

FEBRUARY 2008

National Girls and Women in Sports Day

Zeta Phi Beta Sorority, Inc., in cooperation with the Indiana University School of Health, Physical Education, and Recreation (HPER) and the City



of Bloomington, will provide support to high-school aged (9-12th grades) African-American and Latina girls interested in attending a mentoring program and the 8th Annual National Girls and Women in Sports Day at Indiana University Assembly Hall February 16 - 17, 2008.

On Saturday, participants will visit the IU School of HPER and spend the night at the Girl Scouts of Tulip Trace Council Belmont Preserve and Outdoor Education Center. On Sunday, they will attend an IU Women's Basketball game and participate in pre-game

activities that include meeting female athletes and receiving information regarding leadership, academic skills, and career opportunities.

This event is FREE for participants. Please register by Friday, February 8, 2008 (space is limited).

For more information and registration forms, contact Susan Johnson, sud-johns@indiana.edu, 812-332-2385, or visit www.bloomingtongradzetas.com.



Mentor Advisory Council (MAC)

The Mentor Advisory Council (MAC) was formed in 2007 as a forum for mentor agencies to discuss issues which affect them; generate ideas for upcoming events, trainings and workshops; coordinate marketing resources; state-wide networking among mentor agencies; promote individual agency missions for mentoring; and to share ideas to spearhead National Mentoring Month.

MAC would like to thank you for your support during the 2008 National Mentoring Month Campaign and offer you a chance to participate by giving your recommendations on how we can best support your organization's mentoring programs.

If you or your agency would like to commit to serve on the Advisory Committee for the remain-

der of 2008 contact Melissa Anderson-Traylor at manderson-traylor@ofbci.IN.gov.

Thank you in advance for your service to the youth of our state and the difference you make in the programs you administer.

M A C

Mentor Advisory Council

Starfish Initiative Mentor Appreciation Event Honors Mentors

In honor of National Mentoring Month, Starfish Initiative, located in Indianapolis, held its annual mentor appreciation event on Wednesday, January 16th. All



Starfish Mentors on Court

mentors and their guests were treated to a dinner and program in Pepsi Square at Conseco Fieldhouse. Quinn Buckner, former NBA player and commentator for Pacers TV, was the fea-

tured speaker. Following the program, all enjoyed watching our Pacers defeat the Golden State Warriors. The mentors were recognized at half court during a special halftime presentation. Huntington Bank was the proud sponsor of this event.

Starfish Initiative's mission is to cultivate promising, economically disadvantaged, high school students into college-educated leaders by providing them with individual mentors, leadership training and community service opportunities. In so doing, it is their aim to instill in each Scholar the desire to contribute to his or her community in years to come.

Currently, there are nearly 100 students representing 23 area high

schools enrolled as Starfish Scholars. Each is matched with an individual volunteer adult mentor who serves as their "college coach". Starfish Initiative has a goal of adding an additional 100 students to its program before the start of the 2008-09 school year.



*Bob Goodrum
(left) & Quinn
Buckner (right)*

To learn more about the Starfish mission of "Filling Empty Caps and Gowns," visit www.StarfishInitiative.org or call 317-955-7915.



**Monument Lighthouse
Charter School**
4002 N Franklin Rd,
Indianapolis, IN
www.lighthouse-academics.org

Share Your Mentor Story

Thank You **Joy Evans, Indianapolis, IN** for your Mentor Story:

"My principal, Misty Ackle-Dumas has been a great inspiration in building my career. She is a positive leader, motivator and educator. Currently she has initiated, developed and is successfully running Monument Lighthouse Charter School. She is a determined and hard-working woman and to her credit, "We are winning on Franklin Road". Keep up the good work Misty!!!"

Share your mentor story at: www.IN.gov/ofbci/2444.htm.

2nd Annual Indiana Scholar Fair

Calling all traditional and non-traditional students and adults who are interested in pursuing higher education! Join IBE for the second Indiana Scholar Fair to expose Hoosiers to resources for higher education including information workshops and application assistance. You don't have to go "out-of-state" to accomplish your goals in education. Indiana has schools that have specialties in fields ranging from Aeronautics to Zoology and so much more!

Make plans now for the 2nd Annual Indiana Scholar Fair being held on Saturday, February 23, 2008 from 10 a.m. to 2 p.m. at the Indiana Statehouse Rotunda, 200 W. Washington, Indianapolis. This FREE event offers all students an opportunity to talk one-on-one with Indiana's colleges and universities. For more information, call 317.925.2702 or visit www.indianablackexpo.com.



Mentoring Children of Prisoners Demonstration Voucher Project-Update



Last month, First Lady Laura Bush announced a 30 million dollar initiative to create a nationwide voucher program designed to provide children of incarcerated parents with expanded access to mentoring services which will be administered by MENTOR/The National Mentoring Partnership.

The project is in a planning phase. Mentoring programs that wish to par-

ticipate will be required to demonstrate adherence to key best practices and deliver quality mentoring services in exchange for federal funding. MENTOR is working to finalize eligibility criteria, the application process, and the requirements for service-delivery.

In Spring of 2008, the project will move into an implementation period that includes soliciting participation from mentoring programs, publicizing the program to eligible children, con-

necting children to programs, monitoring the delivery of mentoring services, and disbursing voucher funds.

Register to receive MENTOR's e-mail communications for key updates. Visit www.mentoring.org and look for the "Manage your E-Subscriptions" header in the bottom right of the page. Enter your information and sign up for "Children of Prisoners Voucher Project Updates."

FIFTH THIRD BANK'S YOUNG BANKERS CLUB GIVES 40 BANKERS OPPORTUNITY TO MENTOR 147 MARION COUNTY STUDENTS



INDIANAPOLIS – Recognizing the importance of mentoring children at an early age about finances and personal responsibility, Fifth Third Bank developed its 10-week, unique hands-on financial literacy program targeted at low and moderate-income Indianapolis fifth and sixth grade students.

Forty bankers from various lines of business throughout the bank give up three hours of their workday every Thursday for 10 weeks to mentor students. The mentors have the opportunity to teach first-hand the importance of finances including saving, investing and becoming an educated consumer to students who might not otherwise receive the information.

Back for the fourth consecutive year and running through March 20, the 2008 Young Bankers Club is serving 147 Indianapolis fifth and sixth graders from four schools: Washington Irving School 14 (1250

E. Market Street); William McKinley School 39 (1733 Spann Avenue); Wendell Phillips School 63 (1163 Belmont Ave.); and Christel House Academy (2717 S. East Street).

"Mentoring our students is very fulfilling," said Mary Murff, Executive Assistant, Fifth Third Bank. "Our goal is to empower the students with financial knowledge, while including business tips, presentation skills and making learning fun. I'm very grateful that Fifth Third allows us the time to be Young Bankers Club mentors."

The customized Young Bankers Club curriculum meets local and state educational standards in both mathematics and social studies. Fifth Third mentors are responsible for teaching the curriculum and providing leadership, guidance and friendship throughout the program. Teachers and instructional assistants are available in the classroom if mentors need assistance. The goal of the program is a ratio of 1 to 4 mentors to students.

In March, the mentors will take their students on a field trip to the bank's community partner, the

University of Indianapolis, to explore college life. Mentors and participants will attend a graduation celebration on March 20 also to be held at UIndy.

"The Fifth Third Young Bankers Club provides Fifth Third employees the opportunity to serve the communities where we work and live everyday," said Fifth Third Bank President & CEO, John E. Pelizzari. "As a major employer in the city, we have a vested interest in developing and educating our city's students. We're proud of our bankers and this program as they both further our commitment to tomorrow's leaders,"

For more information, contact: Natalie Guzman, Public Relations Director, at (317) 383-2372 or Wanda Jones, Community Development at (317)-383-2328.



Mary Murff Mentoring Young Bankers Club Student

College Mentors for Kids hosts the 7th Annual Walk For Kids

The Central Indianapolis Chapters of College Mentors for Kids, Inc. will be hosting the **7th Annual Walk for Kids on March 29th**. This annual event is a charity walk for mentors and community members alike and will be held at the White River Canal beginning at 2pm. This event is a great chance to get some exercise while helping better the lives of local children and the surrounding community. Food and water will be provided after the one-mile



walk, in addition to a complimentary goody bag!

College Mentors for Kids exposes children to college life and the opportunities available to them by focusing on higher education, community service, and culture and diversity. College Mentors targets children who may otherwise be unaware of college and its opportunities. Our activities take place weekly on twenty Indiana campuses and one Illinois campus. We currently reach over 800 children – **211 in Central Indianapolis alone!**

All registrations are due before February 29th and include a t-shirt! You can register for \$15 as an individual, or form a team of 5 or more



for only \$10 per person. Come enjoy fresh air, friends, food and music! All proceeds will help benefit the five chapters of Central Indianapolis at Butler University, IUPUI, Ivy Tech, Marian College, and University of Indianapolis.

For more information or to register, please contact:

Natalie Ciambrone at nciambrone@collegementors.org or 317-921-1798



Don't throw your old newspapers in the trash! Recycle them at Louis B. Russell School 48, located at 3445 Central Avenue (recycling bin behind the school).

Help provide additional resources for the students of school 48, while helping the environment!

Project MR. (Male Responsibility)

Are you a young man who wants to learn what it takes to be a responsible male in society?

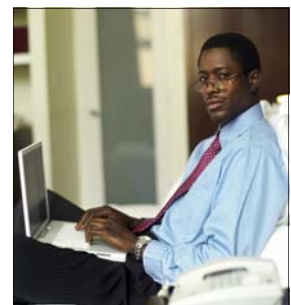
If you answered yes, then the **Project Male Responsibility (Project MR.)** program is right for YOU!

Project MR., offered by the **Center for Leadership Development (CLD)** is a six-week intensive program designed to educate adolescent males between grades 7-10 in key attitudinal and behavioral traits. The program is designed to provide the




participants, referred to as **mentors**, with core life skills in the following areas: Academics, responsibility, health, career, time management, financial literacy respect for themselves. All of the sessions are facilitated by adult professional African-American men.

Project MR. recruits young minority males and provides them with education and resources on how to make healthy life choices and overcome barriers. **Project MR.** takes place on six consecutive Saturdays in the spring.

The next session will be held in Spring 2008! For more information about **Project MR.** or other CLD programs, visit our website at www.cldinc.org or contact the CLD office at **317.923.8111**.



FEBRUARY 2008

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|--|--|
|  | | | | | 1 Eastern Star Choir & Dance (Indy Arts Garden) | 2 Chinese New Year Celebration Terre Haute, IN |
| 3 Glennwood Steppers Performance (Evansville, IN) | 4 Speaker Series: Stedman Graham | 5 Celebration of Black History at Hilbert Circle Theatre | 6 | 7 Indianapolis Steppers (Indy Arts Garden) | 8 | 9 Metro Youth Orchestra (Indy Arts Garden) |
| 10 Spoken Word (Indy Arts Garden) | 11 | 12 Drums of West Africa (Indy Arts Garden) | 13 Freetown Village (Indy Arts Garden) | 14  | 15 | 16 Girls & Women in Sports Day (Bloomington, IN) |
| 17 Girls & Women in Sports Day (Bloomington IN) | 18 President Day at Indy Children's Museum—FREE | 19 Liberation AME Zion (Indy Arts Garden) | 20 | 21 AU Gospel Concert (Anderson, IN) | 22 Governor Service Award Nominations Due | 23 IBE IN Scholar Fair |
| 24 Krash Krew (Indy Arts Garden) | 25 Children's Museum MLK Essay Entries Due | 26 | 27 Peking Acrobats of China (Gary, IN) | 28 | 29 Register for Walk for Kids & Drum Major Essay |  |

Schedule of Events

Feb 1—Feb 29, 2008

Art and Soul Celebration in the Indy Arts Garden

Feb 2, 2008

Chinese New Year Celebration Indiana State University Dede I, II, and III (HMSU) 4:30 PM to 8:00 PM Call 812-237-2440 For more info

Feb 3, 2008

The Glenwood Steppers will get your feet tapping and your head nodding as they perform at the Louis J. Koch Family Children's Museum of Evansville in the Freedom Gallery at 1:00.

Feb 4, 2008

Steward & Associates Speaker Series Stedman Graham

Feb 16 - 17, 2008

National Girls and Women in Sports Day at Indiana University Assembly Hall .

Feb 18, 2008

President's Day at Indianapolis Children's Museum—FREE admission

Feb 21, 2008

Anderson University Gospel Choir Concert held in Reardon Auditorium Chapel at 10:00

Feb 22, 2008

Governor's Awards for Volunteer Service Nominations Due

Feb 23, 2008

IBE Indiana Scholar Fair being held on from 10 a.m. to 2 p.m.

Feb 25, 2008

Indianapolis Children's Museum MLK Essay Entries Due Contact Melissa Trumpey at 317.334.3114

Feb 27, 2008

Peking Acrobats of China performed at the Westside Theatre Guild Gary, IN Call 219-977-2198 ext. 11 for more information

Feb 29, 2008

Steward & Associates Speaker Series Rodney & Holly Robinson Peete

Feb 29, 2008

Registration/Entries Due: College Mentors for Kids Walk for Kids

Stewards and Associates MLK "Drum Major" Essay Contest



STEWARDS ASSOCIATES

Speaker Series



Stedman Graham
Feb. 4



Rodney & Holly Peete
Feb. 29



Jim Ellis
April 24

Martin Luther King Jr. "Drum Major" Essay Contest

Steward & Associates, Inc., a community based organization that brings national leaders to Indianapolis in a speaker series forum, is proud to announce that our annual Dr. Martin L. King Jr. "Drum Major" Essay Contest will begin accepting essays until February 29, 2008.

We urge you to participate in this year's contest as we focus on the theme:

"What is the "Pride" Within You?"

Dr. Martin Luther King, Jr. utilized excellent verbal communication skills in the Civil Rights struggle and we would like to encourage students from grades K-12th to partake in this challenge.

Three winners will be selected from each grade category (K-2nd, 3rd -5th, 6th- 8th and 9th -12th). All finalists will have a photograph session with Jim Ellis, who will be the featured speaker in the Steward & Associates 2008 Speaker Series on Thursday, April 24, 2008.

Jim Ellis' story is a testimony to the power of dreams and their ability to inspire and transform human life. His story is the subject of the film, *Pride*, starring Terrence Howard.

The winners will be announced to the public at the April 24th event. Students' essays will be displayed in the lobby of Martin University and the first place winners will be asked to read their essays the night of the program.

All 3rd – 12th grade essays will be judged on content, grammar, originality of thought, clarity of expression, and legibility. The art work submitted by students K-2nd will be judged on creativity, visual communication of topic, and originality of artwork and ideas.

We are asking that all entries be post-marked by Friday, February 29, 2008

Thank you in advance for your participation and if you have any questions or comments, do not hesitate to contact Jeanette Lackey at 317-946-5150.



Office of Faith-Based & Community Initiatives

If you have questions, mentor/mentee stories, or events to be added contact:

Melissa Anderson-Traylor

AmeriCorps* VISTA Mentoring Outreach Associate

Indiana Government Center South

302 W. Washington, Room E012

Indianapolis, IN 46204

Phone: 317.234.4234

Fax: 317.233.5660

E-mail: manderson-traylor@ofbci.IN.gov

Website: www.IN.gov/ofbci/2402.htm

8 WAYS TO PREVENT BURN-OUT AMONG NONPROFIT WORKERS

1. Prioritize by Your Core Values
2. Practice the 3-D Principle (Do It, Delegate It or Dump It)
3. Avoid Multi-Tasking
4. Slow Down
5. Realize That You Cannot Do Everything
6. Learn to Let Go
7. Find a Creative Outlet: Song, Dance, Photography, Exercise, Etc
8. Make Friends and Maintain Relationships!

List provided by Young Nonprofit Professionals Network - Fort Wayne Area Chapter!

Contact Information:

E-mail—fwamembers@lists.ynpn.org

Website—www.ynpn.org



Save the Dates!

On **March 25-26, 2008**, the Office of Faith-Based & Community Initiatives, in partnership with Indiana Campus Compact, will host the 2008 Governor's Conference on Service and Volunteerism at the Sheraton Indianapolis Hotel and Suites!

This year's conference program features the celebration of Indiana Campus Compact's 15th Anniversary, the Governor's Awards for Volunteer Service, nearly 70 breakout sessions, service projects, and excellent networking opportunities with your peers from all across the state!

So mark your calendars now for an event that is not to be missed! Online registration opens in January 2008 and Early Bird registration starts at just \$129 for adults, \$79 for students. For more information, visit our website: <http://www.in.gov/ofbci/2472.htm>.

Make nominations at: http://www.surveymonkey.com/s.aspx?sm=KeBnFbgaOmhcoG32GJJzwQ_3d_3d

Nominations Now
Being Accepted for the

2008

Governor's Awards for Volunteer Service

Nominations Due by February 22, 2008