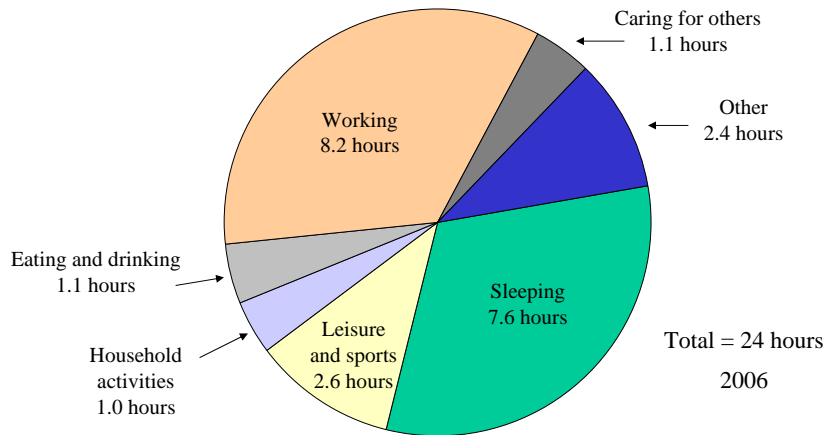


Chart 6-9. On weekdays that they worked, employed persons with children spent two-thirds of an average day working and sleeping



NOTE: Data are for weekdays (Monday-Friday) only and refer to employed persons ages 25 to 54 who worked on the diary day and lived in households with children under 18. All categories, except sleeping and working, include related travel time. Data are 2006 annual averages.

SOURCE: Bureau of Labor Statistics

Chart 6-9. On weekdays that they worked, employed persons with children spent two-thirds of an average day working and sleeping

- On an average work day (Monday-Friday) in 2006, employed persons ages 25 to 54 with children in the household worked about one-third (8.2 hours) of the day. No other single activity was allocated as much time.
- This same group slept 7.6 hours on weekdays that they worked—0.7 hour less than the average for workers 15 years and older. The remainder of the day was spent doing a variety of activities, including leisure and sports (2.6 hours); caring for others (1.1 hours); eating and drinking (1.1 hours); household activities such as housework, food preparation, and household management (1.0 hours); and other miscellaneous activities.
- Of the 1.1 hours spent per day caring for others, about an hour was spent providing care to children (household and non-household) under the age of 18 as a primary activity. Primary childcare activities include bathing, dressing, reading to, and playing with children.