

The Heart Truth: Post test

CME Activity Name:

CME Activity Location:

CME Activity Date:

Multiple-Choice Knowledge Assessment:

Please mark the best response to each question below.

- Which of the following conditions places a woman at high risk (> 20% over 10 years) for a coronary artery disease event?
 - Established coronary artery disease
 - Cerebrovascular disease with carotid artery involvement
 - End stage renal disease
 - All of the above place a women at high risk for a coronary artery disease event
 - Don't know
- Which of the following foods is the usual major dietary source of trans-fatty acids?
 - Processed meat
 - Baked products made with partially-hydrogenated vegetable oil
 - Fatty fish
 - Whole milk
 - Don't know
- Which of the following is true about the use of HMG CoA-reductase inhibitors (statins) in women?
 - Women with diabetes should receive statin therapy to lower their level of low-density lipoprotein cholesterol (LDL-C) to < 100 mg/dL
 - Statins are less effective in preventing coronary events in women than men
 - Women with coronary artery disease should receive lifestyle therapy first, with statin therapy initiated only if lifestyle therapy fails
 - All of the above are correct
 - Don't know
- Which of the following is currently recommended to prevent coronary artery disease events in women?
 - Post-menopausal hormone therapy with transdermal estrogen
 - Antioxidant vitamin supplements
 - Both transdermal estrogen and antioxidant vitamin supplements
 - None of the above is currently recommended to prevent coronary artery disease events in women
 - Don't know
- Which of the following is true regarding the incidence of diabetes in women?
 - Asian-Americans have a low risk of type 2 diabetes mellitus
 - African-Americans have a low risk of type 2 diabetes mellitus
 - Latinas have a low risk of type 2 diabetes mellitus
 - None of the above are correct
 - Don't know
- Which of the following is true regarding race/ethnicity and heart disease and women?
 - White women are more likely to die from heart disease than African American women
 - Among women of all races and ethnicities, African American women are the most likely to die from heart disease
 - Although heart disease is the leading cause of death for white women, it is not the leading cause of death for Asian-American women
 - Latinas are less likely to have risk factors for heart disease than white women
 - Don't know
- Which of the following is true about counseling women about smoking cessation?
 - Women respond to the same treatments as men
 - Depression is a more common barrier to smoking cessation in women compared to men
 - Concern about weight gain is a more common barrier to smoking cessation in women compared to men
 - All of the above are true statements
 - Don't know

8. Which of the following is true about the treatment of hypertension to prevent heart disease in women?
- a. Thiazide diuretics should be avoided in women with diabetes
 - b. Except for sodium restriction, diet changes are effective only if weight loss occurs
 - c. Increasing alcohol intake to two drinks per day is recommended, unless contraindicated
 - d. None of the above are true statements
 - e. Don't know

Self-Assessment of Knowledge

9. How prepared are you ...	1 Not at all prepared	2 Slightly prepared	3 Somewhat prepared	4 Generally prepared	5 Completely prepared
a: to assess and stratify women into high, intermediate, lower, and optimal risk categories for coronary artery disease?	1	2	3	4	5
b: to counsel a woman who asks about the use of hormone therapy, antioxidant supplements, or aspirin to reduce coronary artery disease event risk with up-to-date information?	1	2	3	4	5
c: to prevent, evaluate, and treat heart disease in women of diverse racial and ethnic backgrounds?	1	2	3	4	5

10. How knowledgeable are you about ...	1 Not at all knowledgeable	2 Slightly knowledgeable	3 Somewhat knowledgeable	4 Generally knowledgeable	5 Very knowledgeable
a: current approaches to smoking cessation, exercise, weight management, and diet to reduce risk for coronary artery disease events in women?	1	2	3	4	5
b: goals for major risk factor interventions to prevent coronary artery disease events in women, including goals for management of blood pressure, lipids, and diabetic management?	1	2	3	4	5

Feedback on program:

Please circle the best response to each statement below.	1 Strongly Disagree	2 Disagree	3 Neutral	4 Agree	5 Strongly Agree
The information presented was credible.	1	2	3	4	5
The information will change how I treat my patients.	1	2	3	4	5
As a result of the presentation, I feel more knowledgeable about heart disease in women.	1	2	3	4	5
The information presented will help me better care for patients of diverse racial and ethnic backgrounds.	1	2	3	4	5

Comments:

If you do not wish this evaluation used for research, please check here: []