

Salmon Shepherd's Pie

Makes 4—3 ounce servings

1 can (14 3/4 ounce) salmon, low sodium
11 ounces frozen, mixed vegetables, thawed
1/2 cup tomato, diced

3/4 teaspoon dill weed
2 cups cooked mashed potatoes
1/8 teaspoon paprika (optional)

1. Preheat oven to 400 degrees.
 2. Drain the salmon, keeping 2 tablespoons of liquid.
 3. Mix the salmon with mixed vegetables, tomato, salmon liquid and dill weed.
 4. Place the salmon mixture in a 1-quart baking dish.
 5. Spread the mashed potatoes over the top of the salmon mixture.
 6. Bake at 400 degrees for 20 to 25 minutes or until heated through.
 7. Sprinkle with paprika before serving.
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