

What is the problem?

The 2007 Iowa Youth Risk Behavior Survey indicates that among high school students:

Sexual Risk Behaviors

- 43% ever had sexual intercourse.
- 4% had sexual intercourse for the first time before age 13 years.
- 13% had sexual intercourse with four or more persons during their life.
- 34% were currently sexually active. (1)
- 34% did not use a condom during last sexual intercourse. (2)

Alcohol and Other Drug Use

- 18% drank alcohol or used drugs before last sexual intercourse. (2)
- 1% used a needle to inject any illegal drug into their body one or more times during their life.

What are the solutions?

Better health education • Supportive policies

What is the status?

The 2006 Iowa School Health Profiles indicates that among middle schools and high schools:

Health Education

- 37% required students to take two or more health education courses.
- 24% taught 11 pregnancy, HIV, or STD prevention topics in a required health education course.
- 67% taught abstinence as the most effective method to avoid pregnancy, HIV, and STDs in a required health education course.
- 68% taught how HIV is transmitted in a required health education course.
- 29% taught how to correctly use a condom in a required health education course.
- 53% taught how to find valid information or services related to HIV or HIV testing in a required health education course.
- 33% had a lead health education teacher who received staff development during the two years before the survey on HIV prevention.

Supportive Policies

Among schools with a policy on students and/or staff who have HIV infection or AIDS

- 94% had policies that addressed procedures to protect HIV-infected students and staff from discrimination.
- 95% had policies that addressed maintaining confidentiality of HIV-infected students and staff.
- 91% had policies that addressed adequate training about HIV infection for school staff.

1. Had sexual intercourse with at least one person during the 3 months before the survey.
2. Among students who were currently sexually active.

Where can I get more information? Visit www.cdc.gov/healthyouth or call 800 CDC-INFO (800-232-4636).

