

**Miller, Diane M. (CDC/NIOSH/EID)**

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**From:** dadley@kta.com  
**Sent:** Friday, March 07, 2008 10:04 AM  
**To:** NIOSH Docket Office (CDC)  
**Cc:** Chen, Jihong (Jane) (CDC/NIOSH/EID) (CTR); Doyle, Glenn (CDC/NIOSH/EID)  
**Subject:** 132 - WorkLife Comments

**Name**

Dan Adley, CIH, CSP

**Organization**

Adley Associates, LLC

**Email**

dadley@kta.com

**Address**

161 Dodd Drive  
Washington, PA 15301  
USA

**Comments**

As an industrial hygienist I recognized some years ago the rising incidence of lifestyle related in the workplace and began to offer training and consulting services in the broad areas of nutrition and fitness, as well as Wellness Programs. I am extremely encouraged by NIOSH's efforts to intergrate overall workplace health under a larger umbrella. The draft guideline will be very helpful. However, to achieve greater results, it should serve as an outline to a larger more comprehensive treatment of each of the 4 major elements and 20 individual items. A true Guidance Document would prove to be a valuable tool for many professions, but especially for industrial hygienists attempting to take a more holistic viewpoint of worker health.

The only specific comment on the draft is that it fails to address the issue of the worker's family. I recognize NIOSH's position that efforts affecting all workers pay greater dividend than relying solely on individually focused strategies. However, to effect the lifestyle changes needed to improve overall workplace health, the families of workers need to be engaged in the process. For instance, workplace smoking cessation efforts could be undermined if the worker returns home to a smoking spouse.

Great job. I look forward to additional insightful and beneficial documents and tools as part of NIOSH's WorkLife initiative. Thank you.