

Resources for School Health and Safety

Resources for All SHI Modules

CDC School Health Guidelines and Strategies*

Guidelines for School and Community Programs to Promote Lifelong Physical Activity Among Young People, 1997

Guidelines for School Health Programs to Promote Lifelong Healthy Eating, 1996

Guidelines for School Programs to Prevent Tobacco Use and Addiction, 1994

School Health Guidelines to Prevent Unintentional Injuries and Violence, 2001

Strategies for Addressing Asthma Within a Coordinated School Health Program, 2004

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Resources for Module 2: Health Education

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Physical Education and Physical Activity

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Nutrition

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Tobacco

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Unintentional Injury and Violence

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Asthma

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Government Agencies

Cross-Cutting

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth

Health Resources and Service Administration
Maternal and Child Health Bureau
Parklawn Building, Room 18-05
5600 Fishers Lane
Rockville, MD 20857
www.mchb.hrsa.gov

Physical Education and Physical Activity

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth/physicalactivity

National Cancer Institute
Building 31, Room 10A03
9000 Rockville Pike
Bethesda, MD 20847
1-800-4-CANCER
www.nci.nih.gov/

Centers for Disease Control and Prevention
Division of Nutrition and Physical Activity
4770 Buford Highway, MS K24
Atlanta, GA 30341
770-488-5705
www.cdc.gov/nccdphp/dnpa

President's Council on Physical Fitness & Sports
Department QW, Room 738-H
200 Independence Avenue, SW
Washington, DC 20201
202-690-9000
www.fitness.gov

Nutrition

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth/nutrition

National 5 A Day Program
6116 Executive Boulevard, MSC8322, Suite 3036A
Bethesda, MD 20892
1-800-422-6237
http://www.5aday.gov/homepage/index_content.html

Centers for Disease Control and Prevention
Division of Nutrition and Physical Activity
4770 Buford Highway, MS K24
Atlanta, GA 30341
770-488-5705
www.cdc.gov/nccdphp/dnpa

National Cancer Institute
Building 31, Room 10A03
9000 Rockville Pike
Bethesda, MD 20847
1-800-4-CANCER
www.nci.nih.gov/

Food Nutrition Information Center
National Agricultural Library, Room 105
10301 Baltimore Avenue
Beltsville, MD 20705

U.S. Department of Agriculture
Center for Nutrition Policy and Promotion
3101 Park Center Drive, Room 1034
Alexandria, VA 22302

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

301-504-5719
www.nalusda.gov/fnic

703-305-7600
www.usda.gov/cnpp

U.S. Department of Agriculture
Team Nutrition
3101 Park Center Drive, Room 632
Alexandria, VA 22302
703-305-1624
www.fns.usda.gov/tn

Tobacco

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth/tobacco

National Cancer Institute
Building 31, Room 10A03
9000 Rockville Pike
Bethesda, MD 20847
1-800-4-CANCER
www.nci.nih.gov/

Centers for Disease Control and Prevention
Office of Smoking and Health
4770 Buford Highway, MS K50
Atlanta, GA 30341
770-488-5705
www.cdc.gov/tobacco

U.S. Department of Education
Office of Safe and Drug Free Schools
400 Maryland Avenue, SW
Washington, DC 20202
1-800-USA-LEARN
www.ed.gov/about/offices/list/osdfs/index.html

Substance Abuse & Mental Health Services
Administration
5600 Fishers Lane, Room 12-105
Parklawn Building
Rockville, MD 20857
301-443-4795
www.samhsa.gov

Unintentional Injury

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth/injury

National Highway Traffic Safety Administration
400 7th Street
Washington, DC 20590
1-888-327-4236
www.nhtsa.dot.gov

Centers for Disease Control and Prevention
Division of Unintentional Injury Prevention
4770 Buford Highway, MS K63
Atlanta, GA 30341
770-488-1506
www.cdc.gov/ncipc

National Institute for Occupational Safety & Health
24 Executive Park Drive, MS E-74
Atlanta, GA 30329
1-800-356-4674
www.cdc.gov/niosh/homepage.html

Violence

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth/injury

Health Resources and Services Administration
Take a Stand. Lend a Hand. Stop Bullying Now
Parklawn Building
5600 Fishers Lane
Rockville, Maryland 20857
<http://www.stopbullyingnow.hrsa.gov/index.asp>

Centers for Disease Control and Prevention
Division of Violence Prevention
4770 Buford Highway, MS K60
Atlanta, GA 30341
770-488-1506
www.cdc.gov/ncipc

National Institutes of Health
National Heart, Lung, and Blood Institute
National Asthma Education and Prevention
Program
31 Center Drive MSC 2486
Bethesda, MD 20892
301-592-8573
<http://www.nhlbi.nih.gov/about/naepp/>

Centers for Disease Control and Prevention
National Center for Environmental Health
Division of Environmental Hazards and Health
Effects
1600 Clifton Road NE, MS E-19
Atlanta, GA 30333
1-888-232-6789
www.cdc.gov/asthma

Substance Abuse & Mental Health Services
Administration
5600 Fishers Lane, Room 12-105
Parklawn Building
Rockville, MD 20857
301-443-4795
www.samhsa.gov

Centers for Disease Control and Prevention
National Institute for Occupational and Safety Health
200 Independence Ave., SW
Washington, DC 20201
1-800-356-4674
<http://www.cdc.gov/niosh/topics/asthma/>

Substance Abuse & Mental Health Services
Administration
National Mental Health Information Center
5600 Fishers Lane, Room 12-105
Parklawn Building
Rockville, MD 20857
301-443-4795
<http://www.mentalhealth.samhsa.gov/15plus>

Environmental Protection Agency
Ariel Rios Building
1200 Pennsylvania Avenue, N.W.
Washington, DC 20460
1-202-272-0167
<http://www.epa.gov/asthma>

U.S. Department of Education
Office of Safe and Drug Free Schools
400 Maryland Avenue, SW
Washington, DC 20202
1-800-USA-LEARN
www.ed.gov/about/offices/list/osdfs/index.html

Asthma

Centers for Disease Control and Prevention
Division of Adolescent and School Health
C/O Healthy Youth
P.O. Box 8817
Silver Spring, MD 20907
1-888-231-6405
www.cdc.gov/HealthyYouth/asthma

Environmental Protection Agency
Ariel Rios Building
1200 Pennsylvania Avenue, N.W.
Washington, DC 20460
202-272-0167
<http://www.epa.gov/asthma>

Centers for Disease Control and Prevention
National Center for Environmental Health
Division of Environmental Hazards and Health
Effects
1600 Clifton Road NE, MS E-19
Atlanta, GA 30333
1-888-232-6789
www.cdc.gov/asthma

National Institutes of Health
National Heart, Lung, and Blood Institute
National Asthma Education and Prevention Program
31 Center Drive MSC 2486
Bethesda, MD 20892
301-592-8573
<http://www.stopbullyingnow.hrsa.gov/index.asp>

Centers for Disease Control and Prevention
National Institute for Occupational and Safety
Health
200 Independence Ave., SW
Washington, DC 20201
1-800-356-4674
<http://www.cdc.gov/niosh/topics/asthma>

Non-Governmental Organizations

Cross-Cutting

American Academy of Pediatrics
141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
847-434-4000
www.aap.org/

Council of Chief State School Officers
One Massachusetts Avenue, NW, Suite 700
Washington, DC 2001-1431
202-336-7000
ccsso.org/

American Association for Health Education
1900 Association Drive
Reston, VA 20191-1598
1-800-213-7193
www.aahperd.org/aahe/template.cfm?template=main.html

Family, Career and Community Leaders of America
1910 Association Drive
Reston, VA 20191-1584
703-476-4900
www.fcclainc.org

American Association of School Administrators
801 N. Quincy St., Suite 700
Arlington, VA 22203-1730
703-528-0700
<http://www.aasa.org/>

National Assembly on School Based Health Care
666 11th Street NW
Washington, DC 20001
202-638-5872
www.nasbhc.org/

American Cancer Society
1599 Clifton Road, NE
Atlanta, GA 30329
1-800-227-2345
www.cancer.org

National Association of School Nurses
1416 Park Street, Suite A
Castle Rock, CO 80109
1-866-627-6767
www.nasn.org/

American Medical Association
515 N. State Street
Chicago, IL 60610
312-464-5000
www.ama-assn.org/

National Association of State Boards of Education
277 S. Washington Street, Suite 100
Alexandria, VA 22314
703-684-4000
www.nasbe.org/

American School Counselor Association
801 N. Fairfax Street, Suite 310
Alexandria, VA 22314
703-683-ASCA
www.schoolcounselor.org/

National Coalition for Parent Involvement in Education
3929 Old Lee Highway, Suite 91-A
Fairfax, VA 22030-2401
703-359-8973
www.ncpie.org/

American School Health Association
7263 State Route 43, P.O. Box 708
Kent, Ohio 44240
330-678-1601
www.ashaweb.org/

National Conference of State Legislatures
444 North Capitol Street, NW, Suite 515
Washington, DC 20001
202-624-5400
www.ncsl.org/

Association for Worksite Health Promotion
60 Revere Drive, Suite 500
Northbrook, IL 60062
847-480-9574
<http://www.uwsp.edu/hphd/awhp/>

National Education Association Health Information Network
1201 16th Street NW, Suite 521
Washington DC 20036
1-800-718-8387

P.E. 4 LIFE
1150 17th Street, NW, Suite 407
Washington, DC 20036
202-776-0377
www.pe4life.org/

National Governors Association
444 N. Capitol Street
Washington, DC 20001
202-624-5300
www.nga.org

National PTA
330 N. Wabash Avenue, Suite 2100
Chicago, IL 60611
1-800-307-4PTA
www.pta.org/

National School Boards Association
1680 Duke Street
Alexandria, VA 22314
703-838-6722
www.nsba.org/site/index.asp

www.neahin.org/
Public Education Network
601 Thirteenth Street NW, Suite 900 North
Washington, DC 20005-3808
202-628-7460
www.publiceducation.org/

Society of State Directors of Health, Physical
Education and Recreation
1900 Association Drive, Suite 100
Reston, VA 20191-1599
703-390-4599
www.thesociety.org/

The Center for Health and Health Care in Schools
1350 Connecticut Avenue, Suite 505
Washington, DC 20036
202-466-3396
www.healthinschools.org/home.asp

Physical Education and Physical Activity

Action for Healthy Kids
One Massachusetts Avenue, NW, Suite 800
Washington, DC 20001
1-800-416-5136
www.actionforhealthykids.org/

National Association for Sport and Physical
Education
1900 Association Drive
Reston, VA 20191-1598
1-800-213-7193
www.aahperd.org/naspe/template.cfm

American Association for the Child's Right to Play
Graduate Physical Education
240 Hofstra University
Hempstead, NY 11548
516-463-5176
www.ipausa.org/

National Center for Education in Maternal and
Child Health
Georgetown University P.O. Box 571272
Washington, DC 20057
202-784-9770
www.ncemch.org/

American Heart Association
7272 Greenville Avenue
Dallas, TX 75231
1-800-AHA-USA1
<http://www.americanheart.org>

National Federation of State High School
Associations
P.O. Box 690
Indianapolis, IN 46206
317-972-6900
<http://www.nfhs.org/>

Center for Weight and Health
101 Giannini Hall #3100
Berkeley, CA 94720
510-642-1599
nature.berkeley.edu/cwh/

National Recreation and Park Association
22377 Belmont Ridge Road
Ashburn, VA 20148-4501
703-858-0784
<http://www.nrpa.org/>

Nutrition

Action for Healthy Kids
One Massachusetts Avenue, NW, Suite 800
Washington, DC 20001
1-800-416-5136
www.actionforhealthykids.org/

Food Allergy & Anaphylaxis Network
10400 Eaton Place, Suite 107
Fairfax, VA 22030-2208
1-800-929-4040
www.foodallergy.org/

American Heart Association
7272 Greenville Avenue
Dallas, TX 75231
1-800-AHA-USA1
www.americanheart.org

National Center for Education in Maternal and
Child Health
Georgetown University, P.O. Box 571272
Washington, DC 20057
202-784-9770
www.ncemch.org/

School Nutrition Association
700 South Washington Street, Suite 300
Alexandria, Virginia 22314
703-739-3900
www.asfsa.org/

National Food Service Management Institute
The University of Mississippi
P.O. Drawer 188
University, MS 38677-0188
1-800-321-3054
www.olemiss.edu/depts/nfsmi/

Center for Weight and Health
101 Giannini Hall #3100
Berkeley, CA 94720
510-642-1599
nature.berkeley.edu/cwh/

Society for Nutrition Education
9202 N. Meridian Street, Suite 200
Indianapolis, IN 46260
1-800-235-6690
www.sne.org/

Tobacco

American Legacy Foundation
1001 G Street, NW, Suite 800
Washington DC, 20001
202-454-5555
www.americanlegacy.org

Campaign for Tobacco Free Kids
1400 Eye Street, Suite 1200
Washington D.C. 20005
202-296-5469
www.tobaccofreekids.org

American Lung Association
1740 Broadway
New York, NY 10019
1-800-LUNG-USA
www.lungusa.org

Center for Tobacco Cessation
901 E Street, NW, Suite 500
Washington, DC 20004
202-585-3200
www.ctcinfo.org

Americans for Nonsmokers' Rights
2530 San Pablo Avenue, Suite J
Berkeley, CA 94702
510-841-3032
anr@no-smoke.org

National Latino Council on Alcohol and Tobacco
Prevention
1400 16th Street, NW
Washington, DC 20009
202-265-8054
www.nlcatp.org

Unintentional Injury

Brain Injury Association of America
105 North Alfred Street

National Fire Protection Association
1 Batterymarch Park

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Alexandria, VA 22314
703-236-6000
www.biausa.org

Children's Safety Network
55 Chapel Street
Newton, MA 02458-1060
617-969-7100 X2722
www.childrensafetynetwork.org/

Consumer Federation of America
1424 16th Street, NW, Suite 604
Washington DC 20036
202-387-6121
www.consumerfed.org/

Emergency Medical Services for Children
111 Michigan Avenue, NW
Washington, DC 20010
202-884-4927
www.ems-c.org/

Home Safety Council
P.O. Box 1111
North Wilkesboro, NC 28656
336-658-5634
www.homesafetycouncil.org

Injury Control Resource Information Network
200 Lothrop Sreet, Suite B400-PUH
Pittsburgh, PA 15213
412-648-2600
www.injurycontrol.com/icrin/

Insurance Institute for Highway Safety
1005 N. Glebe Road, Suite 800
Arlington, VA 22201 USA
703-247-1500
www.highwaysafety.org/

Quincy, MA 02169-7471
617-770-3000
<http://www.nfpa.org/index.asp>

National Latino Council on Alcohol and Tobacco
Prevention
1400 16th Street, NW
Washington, DC 20009
202-265-8054
www.nlcatp.org/

National Program for Playground Safety
Education, Leisure Services, and Athletic Training
University of Northern Iowa
Cedar Falls, IA 50614-0618
1-800-554-PLAY
www.playgroundsafety.org

National Recreation and Park Association
22377 Belmont Ridge Road
Ashburn, VA 20148-4501
703-858-0784
www.nrpa.org

National SAFE KIDS Campaign
1301 Pennsylvania Avenue, NW, Suite 1000
Washington, DC 20004
202-662-0600
www.safekids.org

National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143-3201
630-285-1121
www.nsc.org

National School Safety Center
141 Duesenberg Drive, Suite 11
Westlake Village, CA 91362
805-373-9977
www.nsscl.org/

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

National Association for Sport and Physical Education
1900 Association Drive
Reston, VA 20191-1598
1-800-213-7193
www.aahperd.org/naspe/template.cfm

Pedestrian & Bicycle Information Network
730 Airport Road, Suite 300
Campus Box 3430
Chapel Hill, NC 27599
919-962-2203
www.pedbikeinfo.org

Safe USA
C/O Harry Teter/ American Trauma Society
8903 Presidential Parkway, Suite 512
Upper Marlboro, MD 20772
www.safeusa.org

Violence

American Association of Suicidology
4201 Connecticut Avenue, NW
Suite 408
Washington, DC 20008
202-237-2280
www.suicidology.org/

Children's Safety Network
55 Chapel Street
Newton, MA 02458-1060
617-969-7100 X2722
www.childrensafetynetwork.org/

American Counseling Association
5999 Stevenson Avenue
Alexandria, VA 22304
1-800-347-6647
http://www.counseling.org/AM/Template.cfm?Section=PUBLIC_POLICY

Injury Control Resource Information Network
200 Lothrop Street, Suite B400-PUH
Pittsburgh, PA 15213
412-648-2600
www.injurycontrol.com/icrin/

American Foundation for Suicide Prevention
120 Wall Street, 22nd Floor
New York, NY 10005
1-888-333-AFSP
www.afsp.org/

National Association of School Psychologists
4340 East West Highway, Suite 402
Bethesda, MD 20814
301-657-0270
www.nasponline.org/index2.html

American Psychological Association
750 First Street, NE
Washington, DC 20002-4242
1-800-374-2721
www.apa.org

National Clearinghouse on Child Abuse & Neglect
330 C Street, SW
Washington, DC 20447
1-800-394-3366
www.calib.com/nccanch/

Brain Injury Association of America
105 North Alfred Street
Alexandria, VA 22314
703-236-6000
www.biausa.org

National Organization for Victim Assistance
1730 Park Road NW
Washington, DC 20010
1-800-try-nova
www.try-nova.org/

Center for Mental Health in Schools
P.O. Box 951563
Los Angeles, CA 90095-1563
310-825-3634
smhp.psych.ucla.edu/

National Youth Violence Prevention Resource Center
P.O. Box 6003
Rockville, MD 20849-6003
1-866-SAFEYOUTH
www.safeyouth.org/

SCHOOL HEALTH INDEX – MIDDLE SCHOOL/HIGH SCHOOL

Center for the Study and Prevention of Violence
University of Colorado at Boulder, 439 UCB
Boulder, CO 80309-0439
303-492-8465
www.colorado.edu/cspv/

Office of Juvenile Justice and Delinquency
Prevention
810 Seventh Street, NW
Washington, DC 20531
202-307-5911
ojjdp.ncjrs.org/

Students Against Destructive Decisions
P.O. Box 800
Marlboro, MA 01752
1-877-SADD-INC
www.saddonline.com/

Suicide Prevention Advocacy Network
P.O. Box 73368
Washington, DC 20056-33688
E-mail: info@spanusa.org
www.spanusa.org/

Asthma

Allergy and Asthma Network Mothers of
Asthmatics
2751 Prosperity Ave., Suite 150
Fairfax, VA 22031
1-800-878-4403
<http://aanma.org/>

Asthma & Allergy Foundation
1233 20th Street, NW
Suite 402
Washington, D.C. 20036
202.466.7643
<http://aafa.org/>

Allies Against Asthma
University of Michigan
School of Public Health
109 South Observatory Street
Ann Arbor, MI 48109-2029
734-615-3312
<http://www.asthma.umich.edu/index.html>

Starlight Starbright Children's Foundation
1850 Sawtelle Blvd., Suite 450
Los Angeles, CA 90025
1-800-315-2580
<http://www.slsb.org/>

American Academy of Allergy, Asthma, and
Immunology
555 East Wells Street
Suite 1100
Milwaukee, WI 53202-3823
414-272-6071
<http://www.aaaai.org/>

World Asthma Day
Global Initiative for Asthma
<http://www.ginasthma.com/WADIndex.asp>

American Lung Association
61 Broadway, 6th Floor
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