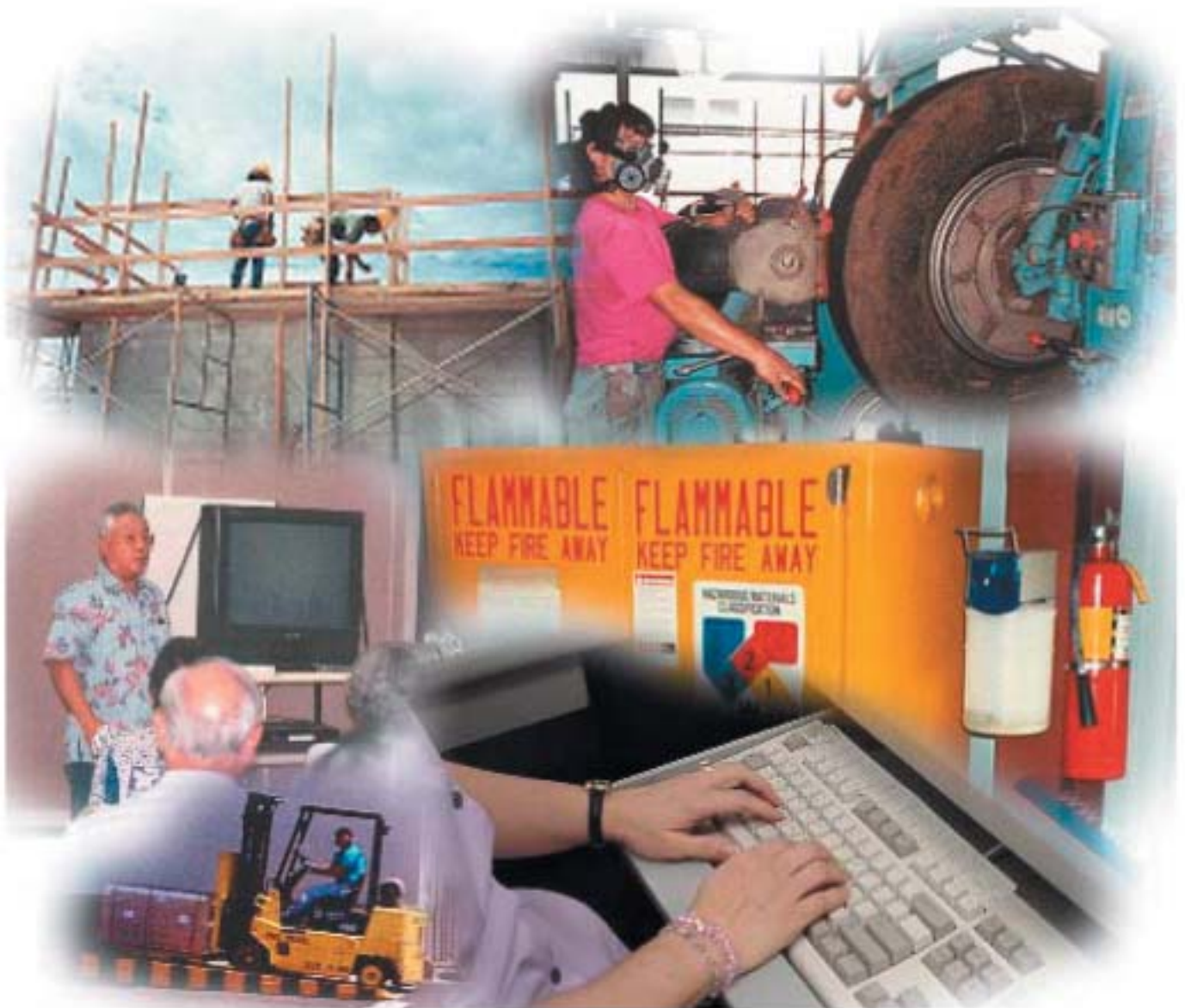


# OCCUPATIONAL SAFETY AND HEALTH

## AUDIO-VISUAL CATALOG 2004



**HAWAII OCCUPATIONAL SAFETY & HEALTH DIVISION**  
**830 PUNCHBOWL STREET, ROOM 425**  
**HONOLULU, HAWAII 96813**  
**PHONE: (808) 586-9131**  
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**<http://hiosh.hawaii.gov>**



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State of Hawaii*



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*This catalog is also on the HIOSH Home Page at <http://hiosh.hawaii.gov>  
October 2004/2000*

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**The 2004 Audio-visual Catalog replaces all previous catalogs and supplements. Titles new to this edition of the catalog include V305 – V348.**

### DISCLAIMER

Every effort has been made to evaluate the videos before purchasing them; however, many safety and health videos are produced as general guides and are often based on federal OSHA standards. Therefore, they may not, in their entirety, conform to current and local standards, statutes, regulations, requirements and procedures.

The videos are provided to aid, instruct, inform, promote discussion, and to be only a part of a workplace injury and illness prevention training program. The user assumes the responsibility of previewing the videos before showing and using them with a knowledgeable instructor.



## INTRODUCTION

### ***What is the Hawaii Occupational Safety and Health Division (HIOSH) Audio-Visual (AV) Loan Program?***

In an effort to promote knowledge and training of employers and employees in occupational safety and health, the HIOSH, through its Reference Library, loans 1/2" VHS videocassettes, free of charge to the public.

These materials cannot be used in fundraising projects nor can they be shown where an admission fee or script is charged or a donation solicited.

### ***Will viewing these programs satisfy training requirements in HIOSH Standards?***

These programs are intended to be only a part of a workplace injury and illness prevention training program, thus they may not meet all of the requirements of the State of Hawaii's Occupational Safety and Health Standards.

### ***How do I sign up?***

Please complete and sign the **HIOSH Library Borrowing Agreement** (see the Appendix or go to the HIOSH website at <http://hiosh.hawaii.gov>) and mail to the HIOSH at 830 Punchbowl Street, Room 425, Honolulu, Hawaii 96813.

### ***May I duplicate these programs?***

Unless noted in the catalog or on the materials themselves, all materials are protected by copyright under Title 17 of the United States Code. They may not be televised, reproduced, or edited in any manner without prior written permission of the distributor or copyright owner. Unauthorized duplication of copyrighted materials will result in cancellation of Reference Library borrowing privileges.

### ***Can I preview these programs?***

Programs may be previewed at the HIOSH by calling the Reference Library at (808) 586-9131 to schedule an appointment. Some companies, from which HIOSH has purchased videos, have online previewing of selected titles on their websites.

### ***How many programs can be borrowed at once?***

Up to six (6) programs can be scheduled for borrowing at a time.

### ***What if I keep programs past their due date?***

Please do not keep programs beyond their due date because it affects other borrowers. If you are unable to return programs by the scheduled return date, please contact the Reference Library as soon as possible before the due date. Three late returns within a year will result in the suspension of borrowing privileges.

### ***What if I lose or damage library materials?***

Borrowers are responsible for loss of or damage to library materials. If this happens to any library program checked out to you, please contact the Library immediately. We will work with you to arrange for replacement of lost or damaged items.

## BORROWING INFORMATION FOR OAHU RESIDENTS

- LOCATION: Reference Library  
Hawaii Occupational Safety and Health Division (HIOSH)  
830 Punchbowl Street, Room 425  
Honolulu, Hawaii 96813
- TELEPHONE: (808) 586-9131  
FAX: (808) 586-9104  
WEBSITE: <http://hiosh.hawaii.gov>
- HOURS: Monday through Friday 7:45 a.m.-3:45 p.m. except on State holidays.  
Programs can be returned until 4:30 p.m. in Room 425.
- HOW TO BORROW: You will need to complete and sign the **HIOSH Library Borrowing Agreement** (see the Appendix).  
Reservations can be made in person, by mail, fax or telephone. You can also use the format of the **AV Materials Request Form** (see the Appendix). If available, videos can be borrowed without prior reservation. For those users who wish to schedule certain programs for specific show dates, reservations are recommended.
- Please cancel your reservations if plans change, so that the programs can be available to others.
- AV LOAN PERIOD: Materials may be borrowed for three working days and should be returned on the agreed due date. Arrangements can be made for a longer period of time depending on the circumstances.
- PICK UP & RETURN: Borrowers are asked to pick up and return materials at the HIOSH Reference Library.
- Before returning the programs, please be sure the right videocassette is in the right container and accompanying printed materials are accounted for.
- Please help us improve our audio-visual loan service by completely filling out the "Audio-Visual Program Loan Record" card.

## BORROWING INFORMATION FOR NEIGHBOR ISLAND RESIDENTS

HOW TO RESERVE: You will need to complete and sign the **HIOSH Library Borrowing Agreement** (see the Appendix)

AV requests can be made by telephone or fax.

Neighbor Islands (toll-free voice access numbers).

Kauai: 274-3141, ext. 6-9131

Maui: 984-2400, ext. 6-9131

Hawaii: 974-4000, ext. 6-9131

Molokai/Lanai: 1-800-468-4644, ext. 6-9131

Requests can also be faxed to (808) 586-9104 or mailed to:

Librarian

Hawaii Occupational Safety and Health Division

830 Punchbowl Street, Room 425

Honolulu, Hawaii 96813

To facilitate prompt processing of your request, please use the format of the **AV Materials Request Form** (see the Appendix). Indicate specific show date(s) -- generally not to exceed three working days. Include alternative show dates if the showing date is flexible. When acceptable, alternate titles should be given.

Please cancel your reservations if plans change so that the programs can be available for others.

AV LOAN PERIOD: Materials may be borrowed for three working days, not including time for mailing, and should be returned on the agreed due date. Arrangements can be made for a longer period of time depending on the circumstances.

MAILING: AV materials are sent by PRIORITY MAIL and are mailed approximately 3 days prior to the show date specified. Occasional inconsistencies in postal service delivery may result in programs not arriving as scheduled.

Neighbor island residents are requested to pay for return shipping and to use a traceable form of mailing to return programs (e.g. United Parcel Service, Federal Express, United States Postal Service – Registered or Express Mail).

HOW TO RETURN:

Before returning the programs, please be sure the right videocassette is in the right container and accompanying printed materials are accounted for.

Please help us improve our audio-visual loan service by completely filling out the "Audio-visual Program Loan Record" card.



## VIDEO INFORMATION

### RESPONSIBILITY

The borrower is liable for damage or loss of videocassettes, up to the full replacement cost of the item. This includes damage to the tape, picture or soundtrack due to equipment failure; loss or damage of cassette packaging; malicious recording over the material on a cassette, or substituting a dubbed copy for the library's original cassette.

### CARE OF VIDEOCASSETTES

- \* Keep videocassettes away from areas subject to excessive dust, heat, or humidity.

Do not let videocassettes get dusty or dirty. Dust and dirt may cause dropouts and harm video heads.

Do not leave videocassettes exposed to direct sunlight. Sunlight may affect the tape's magnetic properties and heat can warp the tape.

Do not get videocassettes wet. Water causes warping and contamination and ruins the tape.

- \* Keep videocassettes away from magnetic fields because the tape could be erased.

- \* Do not open videocassettes or touch the tape. Oil from fingers can contaminate the tape and also the video heads.

- \* Do not drop videocassettes. Rough handling could cause the delicate inner mechanism to malfunction.

- \* Use videocassettes and videocassette playback equipment only at room temperature. Condensation caused by taking a videocassette or player from a cool place to a warm place may cause tape damage.

- \* Keep videocassette playback equipment well maintained and in good working order.

- \* Do not leave videocassettes in the machine. The tape may stretch, slacken or wrinkle.

- \* **REWIND** videocassettes after playing.

- \* Store videocassettes in the containers supplied for protection and in an upright position to minimize the slow warping effect of gravity when several videocassettes are stacked on top of one another.

# Troubleshooting Guide

The following suggestions may be helpful if you have problems viewing any videos received through the Hawaii Occupational Safety and Health Division (HIOSH) Audio-Visual (A-V) Library. If problems persist, inform the Librarian by making your comments on the A-V Program Loan Record card or by calling the Reference Library at (808) 586-9131 (Oahu). Neighbor Islands, please use the Toll Free Numbers listed on page 5. **PLEASE DO NOT ATTEMPT TO REPAIR A DAMAGED VIDEO!!!**

These are just some typical solutions to common problems, and are offered only as suggestions to our borrowers. The State of Hawaii Department of Labor & Industrial Relations, Hawaii Occupational Safety and Health Division makes no warranty and assumes no liability for the results of any solution presented here.

| Problem   | Possible Causes  | Possible Solutions  |
|---|--|---|
| <ul style="list-style-type: none"> <li>• Picture "snowy" and/or sound quality poor.</li> </ul>  | <ul style="list-style-type: none"> <li>• Video worn.</li> <li>• VCR heads need cleaning.</li> <li>• Video needs cleaning.</li> </ul>   | <ul style="list-style-type: none"> <li>• Clean video heads according to manufacturer's instructions.</li> <li>• Report video condition to AV Librarian.</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Picture "snowy" with several white horizontal streaks across the TV screen.</li> </ul>   | <ul style="list-style-type: none"> <li>• Simple wear to video.</li> <li>• VCR heads need cleaning, or are over-cleaned.</li> <li>• Video needs cleaning.</li> </ul>  | <ul style="list-style-type: none"> <li>• Clean VCR heads according to manufacturer's instructions.</li> <li>• Play video at normal speed one time through, or for at least 15 minutes. This often resolves the problem.</li> <li>• Report video condition to AV Librarian.</li> </ul>   |
| <ul style="list-style-type: none"> <li>• Picture "snowy" with pronounced white streak across screen.</li> <li>• Picture jumps or rolls.</li> </ul>                      | <ul style="list-style-type: none"> <li>• Tracking is incorrectly adjusted.</li> <li>• Vertical hold on TV is incorrectly adjusted.</li> </ul>  | <ul style="list-style-type: none"> <li>• Adjust tracking. <b>Note:</b> Some VCR's feature "automatic tracking". This can be a drawback, since the range of available adjustment is usually fairly limited. Try the video on a machine with manual tracking.</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Picture and/or sound "warbles," losing horizontal hold.</li> <li>• Picture is "washed out," with poor, or no color.</li> </ul> | <ul style="list-style-type: none"> <li>• Connections are not firm.</li> <li>• VCR is running too hot.</li> </ul>   | <ul style="list-style-type: none"> <li>• Make sure the VCR is firmly connected to television.</li> <li>• Make sure nothing is placed on the VCR, and that ventilation around machine is adequate. <b>Note:</b> Symptoms of running too hot are fairly common with built-in TV/VCR combinations. Try your video on another machine.</li> </ul> |
| <ul style="list-style-type: none"> <li>• Sound, but no picture.</li> </ul>  | <ul style="list-style-type: none"> <li>• The channels are incorrectly set on your television and/or VCR.</li> </ul>  | <ul style="list-style-type: none"> <li>• Set channels according to manufacturer's instructions.</li> </ul>  |
| <ul style="list-style-type: none"> <li>• Picture and sound play at high speed.</li> </ul>   | <ul style="list-style-type: none"> <li>• VCR is older, "industrial" type.</li> </ul>   | <ul style="list-style-type: none"> <li>• Try your video on a newer, standard, VCR.</li> </ul>   |
| <ul style="list-style-type: none"> <li>• No sound, no picture.</li> </ul>   | <ul style="list-style-type: none"> <li>• Attempt has been made to copy an encoded video.</li> <li>• Two VCR's are connected (sometimes a problem with encoded videos).</li> <li>• Video is damaged.</li> </ul> | <ul style="list-style-type: none"> <li>• Try your video in another machine.</li> <li>• Contact your AV Librarian.</li> </ul>  |

5/13/04

**REMEMBER! WHEN IN DOUBT, OR IF PROBLEMS PERSIST, CONTACT YOUR AV LIBRARIAN AT: (808) 586-9131 (OAHU). NEIGHBOR ISLANDS USE THE TOLL FREE NUMBERS LISTED ON PAGE 5.**

## HOW TO USE THE CATALOG

This Audio-visual Catalog is divided primarily into three sections: lists arranged by subject, title, and numerically with a description of each program.

Please check the "Subject Headings" list to determine all possible headings that relate to your interest, then go to the "Subject Listing."

Format of description:

**V277 ERGONOMICS: THE 24-HOUR BODY (Closed Captioned)**

(1/2" VHS 18 min. Color 1998 1 videocassette Employee handbook)

From the perspective that you use your body 24 hours a day, this program teaches employees how to use the ergonomic principles at work and when working at home. Covers how the back works, how to use good body mechanics throughout the day, how to protect your body when doing weekend chores, how to stay in the "safety zone", and how to relax and sleep correctly. - Coastal Training Technologies Corp.

Each videocassette description includes the following information: number, title, size of tape and format, running time, color or black and white, the release date, number of videocassettes in the program, accompanying material, summary of the content, the producer and/or distributor.

## SUBJECT HEADINGS

ACCIDENT/INCIDENT INVESTIGATION  
AGRICULTURE  
ART HAZARDS  
ASBESTOS  
AUTO REPAIR  
BLOODBORNE PATHOGENS  
COMPRESSED AIR & GASES  
CONFINED SPACES  
CONSTRUCTION  
CRANES AND RIGGING  
DRIVING SAFETY  
ELECTRICAL SAFETY  
EMERGENCY MANAGEMENT  
EMPLOYEE SAFETY TRAINING  
EQUIPMENT SAFETY  
ERGONOMICS  
FALLS  
FIRE SAFETY  
FOOD SERVICE  
HAZARD COMMUNICATION  
HAZARDOUS SUBSTANCES  
HAZARDOUS WASTE OPERATIONS  
AND EMERGENCY RESPONSE  
HEAT STRESS  
HIOSH (Hawaii Occupational Safety  
& Health Division)  
HIGHWAY CONSTRUCTION/  
MAINTENANCE  
HOSPITALS  
HOTELS  
HOUSEKEEPING  
LABORATORY SAFETY  
LADDERS  
LANDSCAPING  
MACHINE GUARDING AND OPERATION  
MATERIAL HANDLING - MANUAL  
MATERIAL HANDLING - MECHANICAL  
MISCELLANEOUS  
NOISE  
OFFICE SAFETY  
OSHA (Occupational Safety and Health  
Administration)  
PERSONAL PROTECTIVE EQUIPMENT (PPE)  
(PPE) GENERAL  
(PPE) CLOTHING  
(PPE) EYES  
(PPE) FEET  
(PPE) HANDS AND WRISTS  
(PPE) HEAD  
(PPE) HEARING  
(PPE) RESPIRATORS  
POWERED INDUSTRIAL TRUCKS  
POWERED PLATFORMS  
PROCESS SAFETY MANAGEMENT  
RETAIL  
SAFETY COMMITTEES  
SCAFFOLDS  
STRESS  
SUPERVISOR TRAINING  
TOOLS  
TRENCHING/EXCAVATIONS  
VIDEO DISPLAY TERMINALS  
WAREHOUSES  
WELDING AND CUTTING WORKING  
SURFACES  
WORKPLACE VIOLENCE

## SUBJECT LISTING

### ACCIDENT/INCIDENT INVESTIGATION

- V31 Accident Investigation
- V136 Accident Investigation
- V303 Piecing it Together: Accident/Investigation and Root Cause Analysis

### AGRICULTURE

- V29 Farm Chemical Safety is in Your Hands

### ART HAZARDS

- V14 Health Hazards in Printmaking
- V15 Health Hazards in Photography

### ASBESTOS

- V22 Asbestos: Small-scale Short-duration Activities (Part I)
- V23 Asbestos: Small-scale Short-duration Activities (Part II)
- V30 Don't Blow It!
- V205 Asbestos Awareness
- V206 Asbestos Regulations and Control
- V207 Asbestos Custodial and Maintenance Activities
- V339 Asbestos in Construction

### AUTO REPAIR

- V255 Back Safety For Mechanics

### BLOODBORNE PATHOGENS

- V143 As it should be done: Workplace Precautions against Bloodborne Pathogens
- V144 A Discussion of the Bloodborne Pathogens Standard: 29 CFR 1910.1030
- V145 Universal Precautions
- V147 Bloodborne Pathogens: Workplace Precautions for Industry
- V167 Bloodborne Pathogens
- V259 Bloodborne Pathogens: Control Your Exposure (Closed Captioned)
- V328 Bloodborne Pathogens: A Sharper Image (Closed Captioned)
- V333 Needlestick Prevention: Stick to Safety

### COMPRESSED AIR & GASES

- V162 Gas Cylinders
- V329 Compressed Air Safety

### CONFINED SPACES

- V104 Confined Space Entry
- V152 Confined Space Hotwork: Checklist to Safety
- V157 Confined Space Entry: Permit Required
- V191 Confined Space: Atmospheric Testing
- V192 Confined Space: Ventilation
- V193 Confined Space: Rescue

### CONSTRUCTION

- V36 Scaffolds
- V41 Construction Hazard Communication: The System that Works
- V62 Whose Job is it Anyway?
- V78 Shake Hands with Danger
- V106 Underground Safety: Tunneling Safety
- V112 Contractor Safety: General Requirements
- V128 Construction: New Hire Orientation
- V129 Construction: Temporary Stairways and Ladders
- V130 Construction: Basic Electrical Safety
- V196 Plan for Safety: Fall Protection for Residential Construction
- V197 Fall Protection: It's No Game
- V247 Construction Fall Protection: Get Arrested!
- V248 Construction Electrical Safety
- V249 Construction B-A-C-K Safety
- V250 Construction Trenching & Shoring
- V275 Forklift Safety for Construction
- V305 Boomlifts in Construction
- V306 Scissor Lifts in Construction
- V307 Construction Confined Space Entry
- V317 Construction Safety Essentials
- V339 Asbestos in Construction

### CRANES AND RIGGING

- V13 Safety in Rigging Series: Cranes - Types and Components Case Histories
- V32 Safety in Rigging Series: Slings
- V33 Safety in Rigging Series: Wire Rope
- V120 Selection and Care of Rigging Equipment
- V121 Rigging Equipment: Inspecting for Safety
- V122 Safe Rigging
- V332 Cranes, Hoists, and Slings

### DRIVING SAFETY

- V75 Good Driving is an Attitude
- V96 Drive to be the Best
- V185 Drive for Life: Defensive Driving
- V186 Drive for Life: Emergency Situations
- V187 Drive for Life: Driver Attitude
- V188 Drive for Life: Program Administration
- V236 Defensive Driving: A Crash Course
- V258 Safety On The Road: Defensive Driving For Delivery Vans

### ELECTRICAL SAFETY

- V38 Installing Wire and Cable
- V61 Electrical Safety I: Electrical Principles
- V65 Safety Meetings Series III
- V66 Safety on the Job: Working with Electricity
- V92 Volton
- V107 Electrical Safety: Safe Work Practices
- V171 Fatal Shock: Electrical Case Histories

- V243 Solving The Mystery: Static Electricity
- V311 Electrical Safety: Controlling the Hazards
- V335 Shock Proof: Qualified Employee
- V336 Shock Proof: Unqualified Employee

**EMERGENCY MANAGEMENT**

- V273 Emergency Evacuation: Getting Out Alive (Closed Captioned)
- V315 Emergency Action Plan: Crisis Under Control

**EMPLOYEE SAFETY TRAINING**

- V1 Accident Report
- V12 The Risk Takers
- V28 How to Have an Accident at Work
- V48 Just That One Time
- V53 Safety on the Job: Accident Causes & Prevention
- V55 With Safety Everybody Wins
- V65 Safety Meetings Series III
- V74 Battling Fatigue
- V89 Power To Change: Employee Module
- V109 Workplace Safety
- V133 Safety Meeting Series 9
- V160 Safety Attitude
- V234 Incident Reporting: You Can Save A Life
- V242 Hazard Recognition
- V268 Heads Up For Safety: Overhead Dangers
- V276 Shiftwork: Circadian Survival
- V281 Safety Orientation: It Takes a Winning Attitude
- V289 Delivering the Goods
- V296 Dancing Alone
- V301 Communicating Safety
- V302 Speak Up! Commit To Give Feedback
- V308 Rudy: Safety Takes Courage
- V320 Listen Up! Commit to Receive Feedback
- V330 I Choose to Look the Other Way
- V343 Safety Leadership for Everyone

**EQUIPMENT SAFETY**

- V176 String Trimmer Safety and Maintenance Guide
- V183 Professional's Guide to Lawn Mower Safety
- V235 Backhoe Safety
- V316 Power Press Safety
- V347 Loader-Backhoe Safety: Operator Safety
- V348 Loader-Backhoe Safety: Worker Safety

**ERGONOMICS**

- V76 The Right Moves: Ergonomics in the Workplace
- V80 Basic Ergonomics
- V81 Fighting the Strain---Ergonomics
- V84 Cumulative Trauma: Reducing the Risk. Part 1 - Understanding Cumulative Trauma

- V85 Cumulative Trauma: Reducing the Risk. Part 2 - Strategies to Prevent Cumulative Trauma
- V86 Cumulative Trauma: Reducing the Risk. Part 3 - Managing Cumulative Trauma
- V140 Ergonomics: Your Body at Work
- V200 Ergonomics: Preventing CTD's: Employee Module
- V201 Ergonomics: Preventing CTD's: Supervisor Module
- V231 Ergonomic Programs That Work
- V237 Ergonomics Awareness
- V277 Ergonomics: The 24-Hour Body (Closed Captioned)
- V287 Elements of Ergonomics: Basics of Ergonomics (Closed Captioned)
- V288 Elements of Ergonomics: Elements of an Ergonomics Program (Closed Captioned)
- V298 Ergonomics: A Weight Off Your Shoulders
- V299 Ergonomics: Safe Patient Transfer (Closed Captioned)

**FALLS**

- V44 Putting Your Best Foot Forward
- V142 Personal Fall Protection: Hook Up!
- V170 Walking & Working Surfaces: Watch Your Step!
- V182 Slips, Trips and Falls
- V189 Fall Protection: Taking Control
- V196 Plan for Safety: Fall Protection for Residential Construction
- V197 Fall Protection: It's No Game
- V247 Construction Fall Protection: Get Arrested!
- V272 Slips, Trips & Falls: Service Industry Version
- V294 Preventing Slips, Trips and Falls (Hotel Version)
- V295 Preventing Slips, Trips and Falls (Retail Version)
- V319 Slips, Trips and Falls: Keeping a Step Ahead
- V327 Anchorages: Make the Connection
- V334 Working Safely at Height

**FIRE SAFETY**

- V16 Flammables Controlled: Understanding and Extinguishing Flammable Liquid Fires
- V17 Flammables Contained: The Safe Handling and Storage of Flammable Liquids
- V27 Fire Extinguishers: The First Responder
- V103 Fire! In The Workplace
- V138 Stop it Burning
- V154 Portable Fire Extinguishers
- V199 Fire Extinguisher: Fight or Flight
- V264 Fire Prevention: It's Up to You
- V300 The First Thirty Seconds: The Safe Use of Fire Extinguishers

## **FOOD SERVICE**

- V113 Kitchen Sanitation: In your Hands
- V114 Kitchen Sanitation: Fighting Foodborne Illness
- V115 Kitchen Safety: Preventing Machine Injuries
- V116 Kitchen Safety: Preventing Falls
- V117 Kitchen Safety: Preventing Cuts
- V118 Kitchen Safety: Preventing Burns
- V119 Kitchen Safety: Preventing Fires

## **HAZARD COMMUNICATION**

- V41 Construction Hazard Communication: The System that Works
- V54 Hazard Communication: Learning the System
- V57 Hazard Communication: A Healthy Responsibility
- V64 Haz-Com: An Overview
- V98 Hazard Communication: A Guide to Compliance
- V99 What's Wrong with This Picture
- V179 HAZCOM
- V265 MSDS: Read It Before You Need It

## **HAZARDOUS SUBSTANCES**

- V11 Don't Let It Get You Down (Hydrogen Sulfide)
- V26 Your Health Matters: Basic Concepts of Chemical Safety
- V39 Chlorine Safety
- V45 Health Matters at Work
- V47 Lead
- V79 What Everybody Should Know About Toxicology
- V158 Hazardous Materials Awareness for Building and Grounds Personnel
- V172 Lead Safety: Keep the Lead Out
- V190 Chemical Handling: Solvents
- V323 Hydrogen Sulfide Safety

## **HAZARDOUS WASTE OPERATIONS AND EMERGENCY RESPONSE**

- V229 Incident Command Systems: When Seconds Count

## **HEAT STRESS**

- V97 Heat Stress
- V238 Beat The Heat: Preventing And Treating Heat Disorder (Closed Captioned)

## **HIOSH (Hawaii Occupational Safety & Health)**

- V101 Safe and Healthful Working Conditions

## **HIGHWAY CONSTRUCTION/MAINTENANCE**

- V194 Flagging Operations and Procedures
- V267 Highway Work Zone Safety: The Basics

## **HOSPITALS**

- V216 Ergonomic Back Injury Prevention for Healthcare Professionals
- V299 Ergonomics: Safe Patient Transfer

## **HOTELS**

- V239 Hotel Safety: A Reality Check-In
- V294 Preventing Slips, Trips and Falls (Hotel Version)

## **HOUSEKEEPING**

- V9 Your House in Order?
- V71 Slippin' and Trippin'
- V82 Housekeeping - General Workspace
- V102 A Custodian's Guide To On-The-Job Safety
- V161 Housekeeping
- V241 Housekeeping: It Ain't Like The Movies (Closed Captioned)

## **LABORATORY SAFETY**

- V141 Lab Safety: Handling Hazardous Chemicals

## **LADDERS**

- V90 Ladder Safety
- V133 Safety Meeting Series 9
- V269 Louisville Ladder Step-By-Step Safety Training Program
- V312 Ladder Safety: Take the Right Steps

## **LANDSCAPING**

- V220 Groundskeeping Safety: Be A Pro!
- V266 Groundskeeping Safety: Dealing With Bugs and Critters (Closed Captioned)
- V274 Back Safety for Landscape, Maintenance & Custodial Workers (Closed Captioned)

## **MACHINE GUARDING AND OPERATION**

- V46 Machine Hazard Awareness
- V68 Lockout/Tagout
- V156 Machine Guarding
- V168 Lockout for Life
- V169 Lockout/Tagout: Controlling the Beast
- V252 Machine Guarding
- V270 Grinding
- V271 Nipping

## **MATERIAL HANDLING - MANUAL**

- V2 Backfire
- V42 Your Healthy Back: Preventing Back Problems
- V43 Your Healthy Back: Supervising to Prevent and Manage Back Injuries
- V49 Me and My Back
- V69 Back at Home
- V108 B-A-C-K: Posture, Mechanics, Exercise
- V127 The Bad Back Video
- V204 Back Safety: The Ergonomic Connection

- V208 Understanding the Working Back
- V254 Back Safety For Shipping & Receiving Employees
- V256 Safe Lifting In The Warehouse
- V274 Back Safety for Landscape, Maintenance and Custodial Workers (Closed Captioned)
- V309 Lifting and Carrying
- V313 Elements of Back Care (General Industry)
- V346 Manual Handling for Industry: The New Approach

**MATERIAL HANDLING - MECHANICAL**

(see also Powered Industrial Trucks)

- V110 Hoists, Winches, and Related Devices
- V338 Conveyor Safety in the Workplace

**MISCELLANEOUS**

- V60 Servicing Single-piece and Multi-piece Rim Wheels
- V227 Laser Safety

**NOISE**

- V58 Safety Gear: Hearing Protection
- V134 Hazard Alert: Hearing Conservation
- V148 Noise-Induced Hearing Loss: No Second Chance
- V280 What Hearing Loss Sounds Like

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- V1 ACCIDENT REPORT**  
(1/2" VHS 15 min. Color 1982  
1 videocassette)  
Very often employees know how to perform their jobs safely; however, knowledge isn't enough. Film stresses the importance of attitudes in causing and preventing accidents, i.e., personal responsibility. The following are important to keep in mind: 1) consequences of unsafe behavior, 2) things and conditions in the work area change, 3) people change. These points are illustrated by three accidents--lifting, falling down stairs, and electrical shock due to poor lockout procedures. - Parker Productions.
- V2 BACKFIRE**  
(1/2" VHS 15 min. Color 1983  
1 videocassette)  
Designed to motivate employees to perform their jobs without risking a back injury. It explains some of the causes of back injuries and emphasizes prevention which includes bending your knees, thinking about the task before performing it, keeping the back straight when walking, sitting and lifting, and keeping in shape. - Parker Productions.
- V3 IT'S STILL UP TO YOU**  
(1/2" VHS 11 min. Color 1977  
1 videocassette)  
Shows a worker who momentarily forgets his protective eye equipment and suffers an accident. Features a sequence showing the surgical removal of a piece of metal from the worker's eye. - Harvest A-V, Inc.
- V4 COLOR OF DANGER**  
(1/2" VHS 16 min. Color 1969  
1 videocassette)  
Gives operating tips on safety in lifting, carrying and unloading material with many types of forklift trucks. - Calvin Comm., Inc.
- V5 SUPERVISING SAFETY: YOU MAKE THE DIFFERENCE**  
(1/2" VHS 19 min. Color 1985  
1 videocassette Leader's guide)  
Designed for managers, this video informs them about the ways they can improve the safety of the operations they supervise. Many times accidents are the result of the interrelationship between work environment, protective equipment and people, the most difficult to influence. Many workers take calculated risks because their behavior was rewarded in the past by the lack of accidents. Since it is more difficult to change people's attitudes, the manager is encouraged to influence the employee's behavior. Three techniques are suggested and illustrated to accomplish this--modeling, reward and correction. - Industrial Training Systems.
- V6 OFFICE SAFETY: FRIDAY THE 13TH**  
(1/2" VHS 11 min. Color 1984  
1 videocassette Leader's guide Workbook)  
Uses humor to overcome complacency about the potential for accidents in the office as it portrays incidents involving a paper cutter, copying machine, electric stapler, moving supplies, falls, file drawers and others. It makes employees aware of the safety hazards that exist in every office and shows them how to take steps to identify and eliminate or reduce those hazards. - BNA Communications.
- V7 HELPING HANDS: TOOLS WORTH PROTECTING**  
(1/2" VHS 11 min. Color 1981  
1 video cassette Leader's guide Workbook)  
Covers the sources of many hand injuries: machinery, hand tools (e.g., hammers, screw drivers, chisels, wrenches), material handling and not thinking where one puts their hands. Also mentions the hazards of wearing jewelry and washing hands with gasoline or other solvents. - BNA Communications.
- V8 SAFETY AND THE SUPERVISOR: POSITIVE ATTITUDES PAY OFF**  
(1/2" VHS 20 min. Color 1980  
1 videocassette)  
Employees take their cues from their supervisors, thus it is important that they project positive safety attitudes and consequently do their part to help keep workers' compensation costs down. Some techniques to develop these attitudes illustrated in the film are: making certain employees know the safe way to do a job; making the message specific and personal; not letting a day go by without talking to



someone about safety on a one-to-one basis; and listening to employees' complaints about job safety. - Bureau of Business Practice.

different jobs taking risks, but the main plot involves a forklift operator who continues to use a forklift with faulty brakes. - Parker Productions.

- V9 YOUR HOUSE IN ORDER?**  
(1/2" VHS 18 min. Color 1979  
1 videocassette)  
Many accidents can be traced either directly or indirectly to untidiness, sloppy work habits or to workers who do not bother to think what their actions may do to themselves and others. Addressed to all types of workers (e.g. machine shop, office, maintenance, warehouse, kitchen). The film stresses that the way to eliminate accidents and injuries is to eliminate all the near misses, and suggests good housekeeping habits and regular safety inspections as ways of doing this. - International Film Bureau.
- V10 THE VIDEO DISPLAY TERMINAL AND YOU**  
(1/2" VHS 16 min. Color 1988  
1 videocassette)  
Covers some of the health problems associated with VDT use, e.g., headaches, back pain and eye problems, and ways to prevent them. Mentions the importance of the position of the screen, the use of the proper chair, the lighting, your posture, and taking breaks. Demonstrates several relaxation exercises. - Coast Video Communications.
- V11 DON'T LET IT GET YOU DOWN (HYDROGEN SULFIDE)**  
(1/2" VHS 17 min. Color 1981  
1 videocassette)  
Explains to the employee the characteristics of hydrogen sulfide, the physical effects of varying exposures, where it is found, how it is monitored, how to protect against it and appropriate rescue procedures. - Standard Oil, Industrial Training System.
- V12 THE RISK TAKERS**  
(1/2" VHS 14 min. Color 1985  
1 videocassette)  
Safety attitude film that emphasizes the need to consider the costly consequences not only for those taking the risk for whatever reason (e.g., saves time, makes job easier, can get away with it), but for those who work with them and their companies. Shows workers in various
- V13 SAFETY IN RIGGING SERIES: CRANES: TYPES AND COMPONENTS CASE HISTORIES**  
(1/2" VHS 19 min. Color 1984  
1 videocassette Instructor's notes)  
Uses graphics and live-action to identify types of cranes (mobile and tower), the components of each type, and how to select the proper crane for the job. Short case histories of accidents include those due to improper setup, misplaced outriggers, lifting over the side of a crawler crane, miscalculating load weight, and disregarding hazards in the operating area. Guidelines for avoiding these hazards and the resulting accidents are included. - International Film Bureau.
- V14 HEALTH HAZARDS IN PRINTMAKING**  
(1/2" VHS 10 min. Color 1984  
1 videocassette)  
Shows how to avoid health hazards associated with silkscreen printing, lithography, engraving, etching, and aquatint. - International Film Bureau.
- V15 HEALTH HAZARDS IN PHOTOGRAPHY**  
(1/2" VHS 10 min. Color 1984  
1 videocassette)  
Covers the hazards photographers face, shows safe color processing, and emphasizes darkroom safety rules for black and white processing. - International Film Bureau.
- V16 FLAMMABLES CONTROLLED: UNDERSTANDING AND EXTINGUISHING FLAMMABLE LIQUID FIRES**  
(1/2" VHS 22 min. Color 1986  
1 videocassette Discussion guide)  
A safety meeting is the setting for this counterpart to "Flammables Contained" using industrial tabletop demonstration to show the dangers that accompany the use of flammable liquids in the industrial environment. Proper fire prevention procedures to be followed by personnel in case of a flammable liquid fire are covered - evacuation, alarm, notification, and possible suppression. - Film Communicators.

- V17 FLAMMABLES CONTAINED: THE SAFE HANDLING AND STORAGE OF FLAMMABLE LIQUIDS**  
 (1/2" VHS 12 min. Color 1986  
 1 videocassette Discussion guide)  
 Covers properties of flammable and combustible liquids - flashpoint, vapors, ignition temperature, and flashback - and how they can cause fires. Shows potential ignition sources and different types of approved containers and safety equipment used in the handling, storing, and dispensing of flammable liquids. - Film Communicators.
- V18 THE BANDSAW: OPERATION AND SAFETY**  
 (1/2" VHS 14 min. Color 1987  
 1 videocassette Instructor's guide)  
 Covers the setup and operation for a variety of cuts (e.g. freehand, resaw and miter) on the woodworking bandsaw. Proper safety procedures are emphasized throughout the presentation, which utilizes a secondary school setting. - Meridian Education Corp.
- V19 THE TABLESAW: OPERATION AND SAFETY**  
 (1/2" VHS 14 min. Color 1987  
 1 videocassette Instructor's guide)  
 Covers the setup and operation for a variety of cuts (e.g. crosscut, rip, miter, and compound) on the tablesaw. Proper safety procedures are emphasized which utilizes a secondary school setting. - Meridian Education Corp.
- V20 THE RADIAL ARMSAW: OPERATION AND SAFETY**  
 (1/2" VHS 13 min. Color 1987  
 1 videocassette Instructor's guide)  
 Demonstrates the set up and operation of a variety of cuts (e.g. crosscut, rip, miter and compound) with the radial armsaw. Emphasizes proper safety procedures within a secondary school setting. - Meridian Education Corp.
- V22 ASBESTOS: SMALL-SCALE SHORT-DURATION ACTIVITIES (PART I)**  
 (1/2" VHS 17 min. Color 1987  
 1 videocassette Leader's guide)  
 The two-part videos are designed to instruct employees about the procedures to follow when working with asbestos. Covers preliminary precautions and appropriate work practices involving asbestos found in pipe insulation, flange gaskets, pump and valve packing and insulation above drop ceilings. The importance of using wet methods is emphasized. Both glove bag and non-glove bag techniques are demonstrated. - Industrial Training Systems.
- V23 ASBESTOS: SMALL-SCALE SHORT-DURATION ACTIVITIES (PART II)**  
 (1/2" VHS 9 min. Color 1987  
 1 videocassette)  
 The two-part videos are designed to instruct employees about the procedures to follow when working with asbestos. Covers preliminary precautions and appropriate work practices involving asbestos found in pipe insulation, flange gaskets, pump and valve packing and insulation above drop ceilings. The importance of using wet methods is emphasized. Both glove bag and non-glove bag techniques are demonstrated. - Industrial Training Systems.
- V24 SAFETY: THE BIG PICTURE**  
 (1/2" VHS 12 min. Color 1987  
 1 videocassette Leader's guide)  
 Designed to motivate supervisors to promote safety. Informs them about the ways in which they are responsible for the safety of their employees and the operations that they supervise. It covers accident prevention and motivation for safe employee behavior. - Industrial Training Systems Corp.
- V25 EQUIPPED FOR SAFETY: PERSONAL PROTECTIVE EQUIPMENT**  
 (1/2" VHS 9 min. Color 1987  
 1 videocassette Leader's guide)  
 Designed to explain to employees the personal protective equipment that may be required on the job. Discusses eye and face, hearing, respiratory, head, hand, foot and fall protection. Also covers protective clothing and the importance of maintaining personal protective equipment. - Industrial Training Systems Corp.
- V26 YOUR HEALTH MATTERS: BASIC CONCEPTS OF CHEMICAL SAFETY**  
 (1/2" VHS 15 min. Color 1987  
 1 videocassette Leader's guide)  
 Designed to provide an overview of the potential effects of hazardous materials in the workplace and how unnecessary

exposure to potentially harmful materials can be avoided through proper control techniques and the use of personal protective equipment. - Industrial Training Systems Corp.

**V27 FIRE EXTINGUISHERS: THE FIRST RESPONDER**

(1/2" VHS 12 min. Color 1984  
1 videocassette)

Explains the A, B, and C classes of fires and the proper use of appropriate extinguishers on small fires which one can control (policy on whether an employee should fight a fire varies). Many key points of what to do when a fire starts are stressed: call the fire department, know where extinguishers are located, have an escape route, make sure everyone gets out, stay low, have extinguishers serviced after use. - Film Communicators.

**V28 HOW TO HAVE AN ACCIDENT AT WORK**

(1/2" VHS 8 min. Color 1959  
1 videocassette)

Donald Duck, the perfect model of all good safety habits at home, recklessly disregards all the rules when he goes on the job. Donald blames fate for his troubles, but J.J. Fate materializes to shatter Donald's efforts to alibi his own thoughtlessness. - Walt Disney Educational Media Co.

**V29 FARM CHEMICAL SAFETY IS IN YOUR HANDS**

(1/2" VHS 12 min. Color 1987  
1 videocassette Booklet)

Stresses the importance of personal protective equipment in the use of farm chemicals. Focuses on the principle that "risk equals toxicity multiplied by exposure," and that the use of rubber gloves, water and thorough washing practices will reduce exposure to harmful chemicals. - National Agricultural Chemicals Association.

**V30 DON'T BLOW IT**

(1/2" VHS 15 min. Color 1986  
1 videocassette)

Covers the potential health hazards from exposure to asbestos in brake dust. Follows the enclosure-vacuum method and stresses the importance of properly replacing the HEPA filters. Briefly mentions the wet collection method. - U.S. Environmental Protection Agency and American Lung Association of Maryland.

**V31 ACCIDENT INVESTIGATION**

(1/2" VHS 22 min. Color 1987  
1 videocassette Workbook)

Presents the steps to take in conducting an accident investigation -- how to take immediate action, gather informational and physical evidence, interview witnesses and others who may provide related information, analyze details of accidents to determine causes and recommend corrective action. - Summit Training Source.

**V32 SAFETY IN RIGGING SERIES: SLINGS**

(1/2" VHS 21 min. Color 1984  
1 videocassette Instructor's notes)

Slings include a wide variety of fiber ropes, wire ropes, chains and web. This presentation explains sling materials and configurations. Construction, capacity, and safe working loads for each type are discussed. Inspection criteria are included. Guidelines for choosing the correct sling for the job depending on exposure and temperature are discussed. - International Film Bureau.

**V33 SAFETY IN RIGGING SERIES: WIRE ROPE**

(1/2" VHS 19 min. Color 1984  
1 videocassette Instructor's notes)

Demonstrates how to identify, select, and use wire ropes for rigging and hoisting operations and shows how to use them safely. The formulas for the relationship between Safe Working Load, Breaking Strength, and Factor of Safety are reviewed, and computation of the safe working load in tons is given. Rope and rigging inspection is stressed, and tests for determining breaks are demonstrated. - International Film Bureau.

**V34 ELECTRICAL CIRCULAR HANDSAWS**

(1/2" VHS 18 min. Color 1985  
1 videocassette)

For experienced and novice users, this program provides on-the-job examples of the do's and don'ts of using the saw safely. The video covers the types of saws available and their various safety features, reviews the purpose of different styles of blades and how they should be changed, sharpened and set, and stresses the importance of using the electrical power supply safely and of wearing personal protective equipment. - International Film Bureau.

- V35 WE'VE GOT YOU COVERED: CHEMICAL PROTECTIVE CLOTHING**  
(1/2" VHS 16 min. Color 1987  
1 videocassette)  
Explains the selection, use, maintenance, cleaning, and storage of chemical protective clothing. - Industrial Training Systems.
- V36 SCAFFOLDS**  
(1/2" VHS 16 min. Color 1987  
1 videocassette)  
Live-action shots show and explain the erection of various types of scaffolds. The video concentrates on sectional tubular frame scaffolds since they are the ones most commonly used. Animated drawings show the main types of accidents, i.e., falls. Special precautions necessary when using a rolling scaffold are pointed out. The features of aluminum fold-up scaffolds, light frame adjustable scaffolds, and trailer-mounted scaffolds are discussed. - International Film Bureau.
- V37 HAND SAFETY**  
(1/2" VHS 17 min. Color 1987  
1 videocassette)  
Focuses on the causes of the most common type of industrial accident -- the hand accident. A wide variety of situations involving both mechanical and contact hazards are described, and the dangers of approaching the job with an unsafe attitude are demonstrated. - Tel-A-Train.
- V38 INSTALLING WIRE AND CABLE**  
(1/2" VHS 25 min. Color 1987  
1 videocassette)  
Electricians on the job demonstrate safe work practices and hazards in specific work areas. Three sections detail specific hazards. The first covers those general safety hazards, which are common to all kinds of wire and cable installations, such as over-exertion from pulling or standing in awkward positions, eye injuries, and improper maintenance and use of equipment. The second section deals with installing conductor in walls in continuous lengths in low-rise residential and commercial and light industrial construction. The latter section deals with high-rise residential and commercial construction and heavy industrial construction. - International Film Bureau.
- V39 CHLORINE SAFETY**  
(1/2" VHS 25 min. Color 1988  
1 videocassette Handbook)  
Covers the toxic and hazardous properties of chlorine, emergency and first aid procedures, personal protection from chlorine exposure, rules for storage, handling and transportation and what to do in the event of a fire, spill or leak. - Coastal Video Communications.
- V40 CARPAL TUNNEL SYNDROME: THE "KEY METHOD" OF PREVENTION**  
(1/2" VHS 15 min. Color 1985  
1 videocassette Administrator's guide Supervisor's handbook)  
Acquaints supervisory, management and engineering personnel with carpal tunnel syndrome -- what it is, how it is caused, and how it can be prevented. The "key method" of look, listen and take action instructs supervisors how to watch for injuries, how to approach employees about correcting any problems, and how to prevent these injuries, including the education of the employee and the adjustments of the work area. - CLMI/International Film Bureau.
- V41 CONSTRUCTION HAZARD COMMUNICATION: THE SYSTEM THAT WORKS**  
(1/2" VHS 25 min. Color 1987  
1 videocassette Compliance manual Worker handbook)  
Mentions the responsibilities in a right-to-know program of the manufacturer, supplier, contractor and especially employees. The employee needs to learn about the special hazards on each job site, of his job and the trades working next to him. Some of his responsibilities include learning about hazardous materials, reading labels and MSDS, following employer rules and safety and health programs, speaking up when problems occur. Covers the physical and health hazards of flammable, corrosive, toxic and reactive materials, how they can be controlled, the hazards common to all trades and those specific to the mechanical and electrical trades, insulators, painters, cement finishers, floor coverers, roofers, carpenters and laborers. - CLMI/International Film Bureau.

**V42 YOUR HEALTHY BACK: PREVENTING BACK PROBLEMS**

(1/2" VHS 17 min. Color 1988  
1 videocassette)

The key to preventing back problems or curing them is balance in the following four areas: exercise, diet, activities and posture. Beginning with suggestions for proper sitting and standing and concentrating on the importance of good body mechanics, this program teaches employees how to select the correct material handling techniques for different positions and tasks. - Comprehensive Loss Management Inc.

**V43 YOUR HEALTHY BACK: SUPERVISING TO PREVENT AND MANAGE BACK INJURIES**

(1/2" VHS 16 min. Color 1988  
1 videocassette)

Program illustrates through examples and guidelines the role supervisors play in any back injury prevention program. This includes educating employees about back care, observing for proper body mechanics, providing good working conditions, encouraging teamwork or use of mechanical devices, requiring safety clothing and equipment, designing jobs and tasks for back safety, and returning injured employees to work. - Comprehensive Loss Management Inc.

**V44 PUTTING YOUR BEST FOOT FORWARD**

(1/2" VHS 16 min. Color 1988  
1 videocassette)

This program centers on preventing slips, trips and falls in the outside parking lot and sidewalk, in the office, and in the warehouse and loading dock. In each of the above-mentioned areas common hazardous situations are illustrated followed by specific preventive measures that should be taken to avoid accidents. The importance of mental awareness, using common sense, not rushing and of making safety a collective effort is stressed throughout this video. - Walt Disney Educational Media/Coronet-MTI Film and Video.

**V45 HEALTH MATTERS AT WORK**

(1/2" VHS 40 min. Color 1986  
1 videocassette Leader's guide Participant guide)

Divided into six parts, this program teaches employees who work with or near toxic chemicals and hazards such as dusts,

vapors, radiation and noise about their potential dangers and how to control them. Part 1 identifies the hazards, discusses acute and chronic health effects and outlines methods of controlling exposure. Routes of entry of toxic materials are covered in Part 2 (Breathing), Part 3 (Skin contact) and Part 4 (Swallowing). Part 5 explains noise-induced hearing loss, shows the functions of the ear and suggests methods of controlling noise and protecting hearing. Part 6 on impairment or loss of vision covers good light sources, explains the structure of the eye, the dangers of radiation and other hazards to vision and stresses wearing of eye protection. Can be viewed in its entirety or easily shown in parts. - International Film Bureau.

**V46 MACHINE HAZARD AWARENESS**

(1/2" VHS 18 min. Color 1985  
1 videocassette Leader's guide)

Aimed at teaching the viewer to be aware of machine hazards, to learn how to find hazards in a workplace, and to know if machine guards are in use and protecting people properly. Divided into four sections - Part 1: Summarizes the various machine hazards, Part 2: Mechanical hazards section demonstrates the basic motions - rotating, reciprocating, and transverse - and the types of hazards associated with each, Part 3: Guarding techniques discusses types and adequacy of guards, Part 4: Looks at guarding qualities. Are the guards safe? Could they fail? Are they tamper-proof? Are there adequate warning signs? Maintenance and inspection of machines and guards are stressed. - International Film Bureau.

**V47 LEAD**

(1/2" VHS 10 min. Color 1984  
1 videocassette)

Designed to inform employees of the potential harmful effects of working with lead. This program discusses the health effects of lead exposure and the occupational safety and health requirements and precautions of the DOSH Lead Standard, including exposure limits, engineering controls, work practice controls, administrative controls, and medical surveillance. - 3M/Industrial Training Systems.

- V48 JUST THAT ONE TIME**  
(1/2" VHS 15 min. Color 1988  
1 videocassette)  
Emphasizes the importance of having a good safety attitude at all times to insure good safety behavior. Story is about a worker, who soon after receiving a safety award, is involved in an accident. Gives an explanation of why some people with excellent safety records have an accident just that one time. - Parker Productions.
- V49 ME AND MY BACK**  
(1/2" VHS 19 min. Color 1988  
1 videocassette)  
Briefly explains the anatomy of the spine, the possible injuries to it and how to calculate the amount of pressure put on the lower back while standing and lifting. Shows proper lifting techniques and ways of avoiding back problems when lifting, sitting, standing, pushing and pulling. Emphasizes the importance of good posture and exercises. Shows some of the causes of swayed back and mentions what to do when leaning over, to take pressure off your neck, when sitting for long periods, and when working in awkward positions for uncomfortable lengths of time. - Industrial Training Systems.
- V50 FORKLIFT SAFETY: PART 1 - OPERATIONS**  
(1/2" VHS 11 min. Color 1988  
1 videocassette)  
Discusses the basic operating principles of a forklift including weight capacity and load balance. The program identifies common features and controls found on different models of forklifts, and demonstrates a detailed pre-operation safety inspection. - Summit Training Source.
- V51 FORKLIFT SAFETY: PART 3 - DRIVING SKILLS**  
(1/2" VHS 13 min. Color 1988  
1 videocassette)  
This module demonstrates the principles of the stability triangle, and step-by-step procedures on how to pick up, drive with and set a load. The program also teaches the techniques and skills required for driving on different surfaces including wet, rough and inclined, and loading and unloading public carriers such as truck trailers and railroad cars. - Summit Training Source
- V52 FORKLIFT SAFETY: PART 4 - BATTERY CHANGING/REFUELING**  
(1/2" VHS 8 min. Color 1988  
1 videocassette)  
Provides step-by-step procedures for refueling with gas or diesel, changing liquid propane tanks, and changing or charging batteries. - Summit Training Source.
- V53 SAFETY ON THE JOB: ACCIDENT CAUSES & PREVENTION**  
(1/2" VHS 16 min. Color 1984  
1 videocassette)  
Explores five important causes, which contribute to accidents in the workplace, i.e., stress, negligence, recklessness, overexertion, and fatigue. Through narrative and dramatic illustrations, viewers see that these accidents can often be prevented when workers watch out for one another. Among the things to look for -- in others as well as in themselves -- are: lack of attention and concentration, tenseness, irritability, conflict with fellow workers, and health problems. Program notes that employee assistance programs may be available to help overcome risk-producing problems and urges open communication between workers and managers. - AIMS Media.
- V54 HAZARD COMMUNICATION: LEARNING THE SYSTEM**  
(1/2" VHS 17 min. Color 1986  
1 videocassette Compliance manual  
Employee handbook)  
Presents an overview of the hazard communication system in which the supplier, the employer and the employee each play a role with particular responsibilities. Explains the employer's responsibilities, but stresses the employee's role in making the system work (e.g., read labels and MSDS, follow safety procedures, know the hazards and how to control them, pay attention to training, and know when emergency procedures are needed). Discusses how to determine which chemicals are hazardous, the labeling system, using a material safety data sheet, understanding the physical and health hazards of chemicals, and using personal protective equipment. - CLMI/International Film Bureau.

**V55 WITH SAFETY EVERYBODY WINS**

(1/2" VHS 18 min. Color 1988  
1 videocassette)

This program stresses teamwork to motivate employees to follow safety procedures, policies and rules. Covers the following parts of a safety and health program: employee evaluation and training, rules and procedures, health and safety control measures, protective devices, safety inspections and emergency and accident procedures. - Industrial Training Systems.

**V56 REWARDS AND CONSEQUENCES:  
SUPERVISING SAFETY BY POSITIVE  
RECOGNITION**

(1/2" VHS 24 min. Color 1989  
1 videocassette)

Designed to inform supervisors about the importance of praise, reward and good communication with their employees in influencing safe behavior on the job. The program discusses why people take risks, how understanding that human behavior is comprised of an activator, a behavior and a consequence generator and the role of consequences, both positive and negative. Also covered is the effective use of rewards and compliments, ways to improve communication, the supervisor as a role model and the team approach to safety. - Industrial Training Systems.

**V57 HAZARD COMMUNICATION: A  
HEALTHY RESPONSIBILITY**

(1/2" VHS 16 min. Color 1989  
1 videocassette)

Explains the rights and responsibilities of the employee in the hazard communication program. Elaborates, using specific examples of chemicals and giving practical suggestions to strive toward a workable hazard communication program, on the five components of the program --- identification of chemical hazards, product warning labels, material safety data sheets, written hazard communication program, and employee training. Excellent introduction. - Coastal Video Communications.

**V58 SAFETY GEAR: HEARING PROTECTION**

(1/2" VHS 12 min. Color 1989  
1 videocassette)

Film, hosted by actor Martin Kove (star of TV's Cagney & Lacey), begins with an explanation of the physiology of the ear and the hearing process. The effects of high-

decibel noise on the human ear are discussed, including symptoms that may result from noise-induced hearing loss. Also covers the features and benefits of various types of hearing protectors and their proper use and maintenance. - AIMS Media.

**V59 SAFETY GEAR: FOOT PROTECTION**

(1/2" VHS 11 min. Color 1989  
1 videocassette)

Film, hosted by actor Martin Kove (star of TV's Cagney & Lacey), details the most common hazards that can cause foot injuries and various methods to reduce the chance of injuries. Emphasis is placed on wearing protective footwear, with a review of the features and benefits of many types of safety shoes, including explanations of the functions of toe shields, metatarsal guards and puncture-resistant soles. Program reinforces that in each case the proper safety shoes should be chosen according to the hazards that the wearer is likely to encounter. - AIMS Media.

**V60 SERVICING SINGLE-PIECE AND MULTI-  
PIECE RIM WHEELS**

(1/2" VHS 53 min. Color 198?  
1 videocassette)

Contains three programs: 1) The Proper Use of the Messenger Device (5 min.), 2) Servicing Single-Piece Rim Wheels (20 min.), and 3) Servicing Multi-Piece Rim Wheels Safely (28 min.). The first program demonstrates the use of a restraining device developed by General Tire to use with their 1-ton and 3/4-ton service trucks for changing single-piece and multi-piece rim wheels. The second part presents hazards of servicing single-piece rim wheels and how to avoid them. Covers the requirements of the OSHA regulations on the proper procedures for demounting, cleaning, inspecting, mounting, restraining and inflating these wheels. The final program presents basic rules and procedures for servicing multi-piece rim wheels and proper servicing procedures for continuous base/split side ring wheels. - General Tire and Rubbers Co./HECO.

**V61 ELECTRICAL SAFETY I: ELECTRICAL  
PRINCIPLES**

(1/2" VHS 14 min. Color 1988  
1 videocassette)

This program covers the principles of electricity (e.g., electrical circuits and

grounding) in order to help the employee better understand electrical safety. - Coastal Video Communications.

**V62 WHOSE JOB IS IT ANYWAY?**

(1/2" VHS 12 min. Color 1989  
1 videocassette)

A superintendent on a construction site overlooks the poor housekeeping around him as he does a walk-through until an accident occurs. He then reviews with the foreman the regulations agreed on when they started the job: 1) Have clear access to the site; 2) Use designated storage areas indicated in the drawings; any changes should be checked and approved; 3) Maintain a clean site; foremen are responsible for cleanup of areas where they are working. In addition, he imposes a new rule; 4) When a trade moves out of an area, workers must take their garbage with them or clean it up --- or face the penalty of paying others on the job to clean up the area. - International Film Bureau.

**V63 LET'S PRETEND: THE CASE FOR EYE SAFETY**

(1/2" VHS 24 min. Color 1983  
1 videocassette)

Narrated by Tom Sullivan, a prominent national spokesman for the blind, this program tries to convince workers of the importance of wearing eye protection. Comparing his experiences of being born blind with those of a worker blinded as a result of an industrial accident, he tries to demonstrate the devastating impact on a newly blinded person. For five minutes, the audience is asked to put on blindfolds (the kit which contains the blindfold, toothpaste, toothbrush, 2 shoe laces, page of Braille, 3 squares of cloth, and comb is not included with this video) and directed to perform several everyday chores. Tom describes some of the common industrial jobs where eye-threatening accidents occur and describes appropriate protection procedures. Some areas covered are chemical burns, welding accidents, drill bit and grinding wheel failures, and compressed air explosion. - Bureau of Business Practice/Coronet-MTI Film and Video.

**V64 HAZ-COM: AN OVERVIEW**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

Gives a quick reference guide to the Hazard Communication requirements. It's designed to be an introduction to these requirements, labeling and material safety data sheets. - Safety Shorts.

**V65 SAFETY MEETING SERIES III**

(1/2" VHS 25 min. Color 1988  
1 videocassette)

Includes three quick-running videos: 1) Electrical Safety: Don't Put Your Life on the Line (9 min.) Shows workers in hazardous situations and how accidents could have been prevented. Tells viewers to check equipment for defects, use equipment safely, stay alert to signs of trouble, disconnect plugs correctly, not to wear jewelry, know capacity of equipment you use, and report problems immediately. 2) Skin Protection: Hazards in the Workplace (7 mins.) Emphasizes wearing of protective equipment to minimize exposure and keeping the work station as clean as possible. 3) Don't Horse Around on the Job (9 min.) Stresses leaving fun and games on the playing field, considering the consequences, and telling co-workers to stop horseplay and practical jokes which can affect their own and fellow worker's safety or reporting such behavior to the supervisor. - Bureau of Business Practice/Coronet -MTI Film & Video.

**V66 SAFETY ON THE JOB: WORKING WITH ELECTRICITY**

(1/2" VHS 16 min. Color 1989  
1 videocassette)

Covers the hazards associated with using electricity on the job, e.g., insufficient wire insulation, faulty breakers, dirty casings, overloaded outlets, and work with power tools around water. Emphasizes the importance of knowing standard procedures for handling common electrical problems. Employees will learn that it's not enough to rely on the safety features built into the equipment they use. Learning to work safely with electricity is stressed as being every employee's responsibility. - AIMS Media.

**V67 SAFETY GEAR: RESPIRATORS**

(1/2" VHS 13 min. Color 1989  
1 videocassette)

Film examines the respiratory hazards that can exist within a work environment and the protective gear that may be used to protect



the worker against them. Covers the two basic types of respiratory protection: air-purifying and air-supplying, their proper selection and effective maintenance. - AIMS Media.

**V68 LOCKOUT/TAGOUT**

(1/2" VHS 27 min. Color 1989  
1 videocassette 1 handbook)

The first part of the program covers some basic concepts to help you understand the OSHA standard on lockout/tagout, the hazards of uncontrolled energy and the importance of lockout/tagout. Goes over the four E's of safety: energy, engineering, education and enforcement, which form the foundation for understanding lockout/tagout. The second part gives more specifics to control hazardous energy and more details on the six-step procedures in the OSHA regulations. This information is provided to the worker to help him/her to perform service and maintenance work on industrial equipment safely. - Coastal Video Communications.

**V69 BACK AT HOME**

(1/2" VHS 20 min. Color 1987  
1 videocassette)

Demonstrates how to apply proper lifting techniques to a variety of common off-the-job tasks. The principles to prevent low back pain illustrated include: keep it close, keep your upper body erect, lift smoothly without jerking and don't lift and twist. Also shown are the correct lifts from which one can choose: squat lift, semi-stoop lift and balanced one-hand lift. Though the situations of improper and proper lifting shown are for off-the-job tasks, the principles apply on-the-job as well. - Visucom Productions.

**V70 COLOR OF SAFETY**

(1/2" VHS 26 min. Color 1987  
1 videocassette Leader's guide)

Actor William Shatner, in an interview style, questions experienced lift truck operators on the safe methods of operations, what can happen if operating rules are not followed, and what to do in the event of a tip-over. Covers lift truck safety procedures, such as pre-use safety check, mounting and dismounting from lift trucks, parking, evaluating individual loads for their safety, knowing the limitations of a particular lift truck, and the responsibility of all operators

and supervisors to recognize and rectify dangerous situations. Emphasizes the need for new and experienced operators to recognize danger, be good defensive drivers, be alert, be prepared for the day ahead, be well-rested and combine good attitudes with solid familiarity with their machines. - Barr Films.

**V71 SLIPPIN' AND TRIPPIN'**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

Spilled oil, leaky containers, dropped tools, torn carpeting, and loose wires all contribute to a hazardous workplace. This program illustrates ways to prevent hazardous situations and encourages workers to do their part to keep work areas clean and free of debris. - Safety Shorts.

**V72 PERSONAL WORKSPACE**

(1/2" VHS 4 min. Color 1988  
1 videocassette)

Reviews good personal workspace housekeeping habits in an office setting. Some points covered include type and arrangement of furniture, storage, file cabinets, and overloaded electrical outlets. - Safety Shorts.

**V73 WHERE ARE YOUR HANDS**

(1/2" VHS 4 min. Color 1988  
1 videocassette)

Hand injuries frequently occur because workers have their eyes and attention focused on a work task without remaining aware of where their hands are resting. This program reminds workers to ask themselves, "Where are my hands?" - Safety Shorts.

**V74 BATTLING FATIGUE**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

This video covers the possible results of fatigue on the job (e.g., tend to make more mistakes, be more forgetful, waste time and energy, show less good judgment, make us short-tempered, and react more strongly). It also mentions the "witching" hours (times when energy is low and attention is not as high) and easy steps to overcoming fatigue in the workplace. - Safety Shorts.

**V75 GOOD DRIVING IS AN ATTITUDE**

(1/2" VHS 5 min. Color 1988  
1 videocassette)

The attitude of the driver is one of the most important aspects of safe driving. This video is designed to show why each driver should consider their mental state before getting behind the wheel. - Safety Shorts.

**V76 THE RIGHT MOVES: ERGONOMICS IN THE WORKPLACE**

(1/2" VHS 18 min. Color 1989  
1 videocassette)

Emphasizing a team approach to controlling hazards, this program identifies the most common causes of ergonomic, including cumulative trauma, disorders, and examines the body parts affected by constant repetition and other ergonomic stressors. Using examples of typical disorders and their solutions, the video discusses ergonomics and helps managers and supervisors apply corrective measures that will reduce the incidence of these problems in the workplace. - Industrial Training Systems.

**V77 A FOOT CLOSER TO SAFETY**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

Covers the necessity for wearing proper foot protection. It highlights the basic types of safety shoes and the situations to use each design. - Safety Shorts.

**V78 SHAKE HANDS WITH DANGER**

(1/2" VHS 23 min. Color 1981  
1 videocassette)

Shows by realistic accidents some of the hazards of working on earthmoving machinery, e.g., lack of proper instruction on operating equipment, mental dangers such as ego and personal problems, not using the right tool, and the use of gasoline for cleaning. States that it is not lack of familiarity with a job that causes accidents, but the routine that causes many accidents. - Caterpillar Tractor Co.

**V79 WHAT EVERYBODY SHOULD KNOW ABOUT TOXICOLOGY**

(1/2" VHS 18 min. Color 1990  
1 videocassette Leader's guide)

Designed to familiarize employees with the basic concepts of toxicology that will aid them in evaluating and understanding potential health hazards. This knowledge will help them to understand the information on product labels and MSDS, and to take the necessary precautionary steps to

safeguard their health. Areas covered include routes of entry, the effects of toxic substances (local, remote, immediate, and delayed effects), types of toxic health hazards (e.g., corrosives, sensitizers, neurotoxins, carcinogens), and guidelines for minimizing exposure to hazardous substances. - Industrial Training Systems.

**V80 BASIC ERGONOMICS**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

A brief introduction to ergonomics, the study of man's relationship with his working environment. Ergonomics can help to maximize the worker's safety, efficiency and performance reliability. - Safety Shorts.

**V81 FIGHTING THE STRAIN--ERGONOMICS**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

An introduction to ergonomics and a demonstration of how simple awareness of need can lead to some solutions to the physical strain of repetitious movements or extended periods of body positioning required by many tasks in the workplace. - Safety Shorts.

**V82 HOUSEKEEPING--GENERAL WORKSPACE**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

Covers the need to keep our workspace clean and organized. Proper housekeeping, achieved by teamwork, is one of the first steps in maintaining efficient and safe working conditions. - Safety Shorts.

**V83 GROUNDS FOR CONCERN**

(1/2" VHS 22 min. Color 1984  
1 videocassette)

This film about constructing trenches and working in them safely deals particularly with sewers and water mains. Before the fieldwork can begin, the supervisor must plan for any hazards, which might occur: water level, small trees, utility lines, soil conditions, etc. Also mentions the need for sloping, sheathing and shoring for trenches over four feet, good housekeeping, and being aware of moving machinery and traffic around the trench. - International Film Bureau.

**V84 CUMULATIVE TRAUMA: REDUCING THE RISK. PART 1 - UNDERSTANDING CUMULATIVE TRAUMA**

(1/2" VHS 16 min. Color 1989  
1 videocassette)

Aimed at both workers and supervisors, this program covers what cumulative trauma is, explaining two common types, tendinitis and nerve compression, and what causes them. Three factors that contribute to cumulative trauma are addressed: repetitive motion, awkward positions and postures, and excessive force. Finally, this program offers suggestions as to what employers and workers, working together, can do to prevent and correct cumulative trauma disorders, e.g., use neutral (body in natural position without stress) position of body, work with arms below shoulder height, work in the swing space ahead of the torso, minimize force, reduce stress of repetitive motions, and exercise to promote flexibility and relieve stress. - CLMI/Summit Training Source.

**V85 CUMULATIVE TRAUMA: REDUCING THE RISK. PART 2 - STRATEGIES TO PREVENT CUMULATIVE TRAUMA**

(1/2" VHS 16 min. Color 1989  
1 videocassette)

For key personnel or supervisors, this program presents strategies to prevent cumulative trauma disorders: 1) think about the factors that cause cumulative trauma (repetition, awkward position and posture, excessive force, direct pressure, cold and vibration) and 2) find ways to counteract these factors by analyzing and neutralizing. Analyzing includes looking closely at what each worker does, how he does it and communication with employees. To neutralize working with the body in a natural position without stress involves three areas: workstation and tool design, body mechanics and administrative practices. - CLMI/Summit Training Source.

**V86 CUMULATIVE TRAUMA: REDUCING THE RISK. PART 3 - MANAGING CUMULATIVE TRAUMA**

(1/2" VHS 16 min. Color 1990  
1 videocassette)

Since early detection is the key to successful treatment, it is important to look at the workplace ergonomically. To manage cumulative trauma injuries, a case management plan should be implemented.

Some important elements that should be included are communication with the employee, utilizing a proactive approach in helping with the employee's rehabilitation, and the use of resources, such as the occupational health nurse, doctor, ergonomic consultant, and physical or occupational therapist. Using available resources and asking questions will help in planning a strategy for each employee and situation -- e.g., deciding how to change the work environment to prevent re-injury, establishing an exercise program, and providing means to gradually get the injured worker back on the job. - CLMI/Summit Training Source.

**V87 OFFICE SAFETY**

(1/2" VHS 19 min. Color 1990  
1 videocassette)

Can be used to teach supervisors, managers and other employees about the potential hazards in the office, e.g., slips and falls, storage and filing cabinets, electrical, lifting and carrying, housekeeping, fire and video display terminals. Also emphasizes the importance of promoting safety awareness. Some suggestions as to how this can be done are given, e.g., placing safety posters in key locations, holding informal safety workshops, making periodical safety checks, identifying someone as the safety officer, and maintaining a well-equipped first aid kit. - Barr Films.

**V88 POWER TO CHANGE: SUPERVISOR MODULE**

(1/2" VHS 20 min. Color 1990  
1 videocassette Facilitator guide)

Attempts to train supervisors to effectively observe their work environment for unsafe behaviors and conditions, use techniques for correcting unsafe conditions and changing unsafe behavior and follow-up in maintaining an accident-free environment. Also stresses the importance of developing a positive attitude in one's employees, self-inspection and resultant corrective actions, and interpersonal communication. - Summit Training Source.

**V89 POWER TO CHANGE: EMPLOYEE MODULE**

(1/2" VHS 12 min. Color 1990  
1 videocassette Employee workbook)

Impresses on viewers that it's each person's decision to work safely to prevent accidents. Covers the factors (e.g., reaction of peers and supervisors, emotional reactions, past history and previous experience) that enter one's decision-making process. Involves workers in five familiar scenarios and asks what they would do to prevent accidents. - Summit Training Source.

**V90 LADDER SAFETY**

(1/2" VHS 6 min. Color 1989  
1 videocassette)

Explains the dangers and demonstrates the safe use of various types of ladders and portable steps. - Safety Shorts.

**V91 EYE INJURIES**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

This program dramatically encourages industrial employees to wear eye protection while on the job, and graphically depicts the types of injuries that can be expected when simple safety measures are ignored. - Safety Shorts.

**V92 VOLTON**

(1/2" VHS 22 min. Color 1990  
1 videocassette)

Emphasizes that electricity always seeks a path to ground and gives examples of ways to avoid becoming a part of that path (e.g., tree trimming, working around underground utility lines, entering high voltage areas, adjusting TV antennas, getting things down from power lines, and vehicle accidents involving power lines.) Can be shown to elementary through secondary school students and to adults. - Edison Electric Institute/Hawaiian Electric Co.

**V93 TRENCHING & SHORING**

(1/2" VHS 18 min. Color 1990  
1 videocassette)

Program alerts workers to the dangers of unshored trenches and excavations, and demonstrates how to properly use sheeting, shoring, stringers, and repose cuts. - Coastal Video Communications.

**V94 A BREATH OF FRESH AIR: IMPROVING AIR QUALITY IN YOUR OFFICE**

(1/2" VHS 25 min. Color 1990  
1 videocassette Guide)

Covers the common symptoms caused by poor air quality, guides office workers and

managers through a step-by-step investigation of the office and suggests solutions. - Environmental and Occupational Health Sciences Institute.

**V95 HOW TO CONDUCT A SAFETY MEETING: A PART OF YOUR JOB**

(1/2" VHS 15 min. Color 1990  
1 videocassette)

Covers planning, organizing, scheduling and staging meetings; reviewing visual aids; notifying personnel; identifying and solving many of the problems that may arise during a meeting; and conducting various types of meetings from on-site or tailgate to larger, more formal meetings. - Industrial Training Systems.

**V96 DRIVE TO BE THE BEST**

(1/2" VHS 18 min. Color 1990  
1 videocassette Leader's guide)

Aimed to provide employees, who operate motor vehicles on public highways and private facilities as part of their work assignments, with vital information on how to avoid dangerous driving situations and prevent accidents. Explains the importance of attitude and behavior in preventing accidents, space management, and the "tire concept". Also, instructs the drivers on techniques to identify, predict, tolerate, and separate from other vehicles and situations which could lead to accidents, and identifies the parts of vehicles which should be covered in routine maintenance and pre-drive checks. - Industrial Training Systems.

**V97 HEAT STRESS**

(1/2" VHS 11 min. Color 1988  
1 videocassette)

Covers the effects of heat stress and preventive measures to reduce the probability of heat disorders such as heat cramps, heat exhaustion, and heat stroke. Aims to help workers recognize the symptoms of major heat disorders, and to administer proper first aid should one of their co-workers be stricken. Also addresses the issues of electrolyte supplements and salt tablets. - Summit Training Source.

**V98 HAZARD COMMUNICATION: A GUIDE TO COMPLIANCE**

(1/2" VHS 16 min. Color 1988  
1 videocassette)

Presents to supervisors a step-by-step plan to keep their hazard communication program in compliance with the latest OSHA regulations. This plan includes selecting a hazard communication coordinator, doing an inventory of hazardous chemicals, fulfilling the labeling and MSDS requirements, providing employee training and developing a written compliance plan. - Aurora Pictures.

**V99 WHAT'S WRONG WITH THIS PICTURE?**

(1/2" VHS 17 min. Color 1989  
1 videocassette)

For employee training in hazard communication. Examples of incorrect and correct chemical safety procedures are re-enacted in a wide variety of work settings. Terms commonly found on labels and materials safety data sheets are explained with demonstrations. - Aurora Pictures.

**V100 OSHA AT WORK**

(1/2" VHS 22 min. Color 1990  
1 videocassette)

Covers the origins of OSHA and its two major functions, standards setting and the enforcement of standards through workplace inspection procedures. Includes briefly other OSHA programs that aim to promote worker protection through a safe and healthful workplace, e.g., consultations, voluntary protection programs, New Directions funding grants, and OSHA Training Institute. - West End Video Productions/OSHA.

**V101 SAFE AND HEALTHFUL WORKING CONDITIONS**

(1/2" VHS 23 min. Color 1991  
1 videocassette)

A video produced in Hawaii showing how a DOSH (Division of Occupational Safety and Health) compliance inspection is conducted in an industrial workplace and at a construction site. - McHale Videofilm, Inc.

**V102 A CUSTODIAN'S GUIDE TO ON-THE-JOB SAFETY**

(1/2" VHS 25 min. Color 1991  
1 videocassette Reference guide)

Covers the following areas of safety concerns for custodians: Lifting and carrying, ladder safety, using chemicals, slips and trips, power and hand tools, and asbestos. - The Idea Bank.

**V103 FIRE! IN THE WORKPLACE**

(1/2" VHS 17 min. Color 1989  
1 videocassette)

Shot in both manufacturing and office environments, this program covers the recognition of potential hazards, classes of fires, working with flammable materials, proper housekeeping, extinguishing small fires, knowing when not to fight a fire, fire drills and the importance of an emergency plan. - Coastal Video Communications.

**V104 CONFINED SPACE ENTRY**

(1/2" VHS 20 min. Color 1990  
1 videocassette Leader & Participant Guide)

This program includes the following topics: what a confined space is, the associated hazards, proper entry procedures, attendant responsibilities and emergency rescue procedures. - Summit Training Source.

**V105 SAFETY INSPECTIONS**

(1/2" VHS 10 min. Color 1990  
1 videocassette Leaders's guide)

For first-line supervisors, this program illustrates the importance of safety inspections in a safety management program, which includes the recognition, understanding and control of potential hazards. Describes three kinds of inspections: continuous (daily); formal, planned in-house; and formal, planned outside inspections. - National Safety Council.

**V106 UNDERGROUND SAFETY: TUNNELING SAFETY**

(1/2" VHS 12 min. Color 1990  
1 videocassette)

Provides a basic introduction to the hazards of tunneling construction and was developed to be used as a tool box safety talk. The following topics are briefly covered: air monitoring, ventilation, emergency procedures, working around mechanical equipment and personal protection. - Underground Contractors Association.

**V107 ELECTRICAL SAFETY: SAFE WORK PRACTICES**

(1/2" VHS 12 min. Color 1991  
1 videocassette Facilitator guide Employee workbook)

The most effective way to avoid accidental contact with electricity is to de-energize the system you are working on or maintain a

safe distance from energized parts. These and other safe work practices are included, e.g., use of personal protective equipment, proper equipment and tool selection and use, correct guarding procedures and grounding. - Summit Training Source.

**V108 B-A-C-K: POSTURE, MECHANICS, EXERCISE**

(1/2" VHS 19 min. Color 1990  
1 videocassette Handbook)

Covers the following topics: how the back works, lifting safely, shoveling, posture, exercise, physical fitness. - Coastal Video Communications.

**V109 WORKPLACE SAFETY**

(1/2" VHS 23 min. Color 1990  
1 videocassette)

This program is specially designed for new employee orientation or as a general safety refresher. Areas include slips, trips, & falls, lifting, forklifts/pallet jacks/drum handling, fire safety, handling hazardous materials, eye and hand protection, personal protective equipment, emergency exposure. - Coastal Video Communications.

**V110 HOISTS, WINCHES, AND RELATED DEVICES**

(1/2" VHS 20 min. Color 1984  
1 videocassette Instructor's Notes)

Covered are chain hoists, come-alongs, grip-action hoists, electric wire-rope and chain hoists, overhead cranes (pendant and cab-operated) and base-mounted winches. Anchorage points, vertical lifts or horizontal pulls, type and care of rope or chain, safety devices such as limit switches, rail stops, and overload protectors are explained and shown. Special safety precautions include using the proper hoist for the job, inspecting the hoist, correct rigging procedures, and keeping personnel clear of the area. - International Film Bureau.

**V111 HAND SAFETY**

(1/2" VHS 15 min. Color 1988  
1 videocassette Handbook)

This program uses live-action video along with interviews of actual victims to point out the dangers of using equipment without due caution. Shows the most common danger spots on machinery, the causes of hand injuries, explains how to properly use hand tools, when to wear gloves and outlines

first-aid tips. - Coastal Video Communications.

**V112 CONTRACTOR SAFETY: GENERAL REQUIREMENTS**

(1/2" VHS 19 min. Color 1991  
1 videocassette)

Briefly goes over the host and contractor responsibilities for training. This video will help to train workers on falls, housekeeping, fire and welding safety, personal protective equipment, and on specific work situations, e.g., confined space, trenching and shoring, lockout/tagout, hotwork, chemical process safety, and working with hazardous materials. - Coastal Video Communications.

**V113 KITCHEN SANITATION: IN YOUR HANDS**

(1/2" VHS 14 min. Color 1989  
1 videocassette Study guide)

Some key points include the importance of personal hygiene, the avoidance of cross-contamination, correct procedures for cleaning and sanitizing equipment, utensils and work surfaces, proper use of the three tub sink for sanitation, and following directions on sanitation chemicals. - Encyclopedia Britannica.

**V114 KITCHEN SANITATION: FIGHTING FOODBORNE ILLNESS**

(1/2" VHS 20 min. Color 1989  
1 videocassette Study guide)

Covers information on harmful bacteria, food protection rules for receiving, rules for storage, preparation, cooling down and reheating, proper refrigeration, and steam tables and ice during holding prior to service. - Encyclopedia Britannica.

**V115 KITCHEN SAFETY: PREVENTING MACHINE INJURIES**

(1/2" VHS 12 min. Color 1989  
1 videocassette Study guide)

The following key points are covered: make sure machines are assembled correctly, never bypass safety guards, never leave a guard unattended, never fix or modify a machine without permission, make sure the switch is off before plugging in any machine and operate machines only when you have been trained to do so. - Encyclopedia Britannica.

**V116 KITCHEN SAFETY: PREVENTING FALLS**

(1/2" VHS 13 min. Color 1989

1 videocassette Study guide)  
Some key points covered include: if you drop something, pick it up; if you spill something, wipe it up; if you see other hazards, report them; protect others from grease spots while mopping; correct procedures while using stairways and ladders; and first aid cautions in falling accidents. - Encyclopedia Britannica.

**V117 KITCHEN SAFETY: PREVENTING CUTS**

(1/2" VHS 15 min. Color 1989  
1 videocassette Study guide)  
Covers the proper selection, use, handling, storage and care of knives, the importance of thinking of the safety of others as well as yourself in accident prevention, the use of cutting boards, and the discarding of broken glass properly. - Encyclopedia Britannica.

**V118 KITCHEN SAFETY: PREVENTING BURNS**

(1/2" VHS 9 min. Color 1989  
1 videocassette Study guide)  
Key points covered include: wear safe, approved clothing on the job, use proper hand protection, protect fellow workers by warning them when transporting hot items, keep pan handles from aisles, avoid overfilling pots, lift lid of a boiling pot from the back, away from your face, and know how to use steam and frying equipment. - Encyclopedia Britannica.

**V119 KITCHEN SAFETY: PREVENTING FIRES**

(1/2" VHS 11 min. Color 1989  
1 videocassette Study guide)  
This program makes the following points: know and obey safety rules, spot and correct fire hazards, maintain good housekeeping practices, and know your responsibilities in fire emergencies. - Encyclopedia Britannica.

**V120 SELECTION AND CARE OF RIGGING EQUIPMENT**

(1/2" VHS 16 min. Color 1989  
1 videocassette Employee guide Final review test)  
This program introduces slings and hardware commonly used for overhead lifting in industrial situations. The program covers characteristics of the equipment, and proper care and handling to protect the equipment from damage. - Tel-A-Train.

**V121 RIGGING EQUIPMENT: INSPECTING FOR SAFETY**

(1/2" VHS 15 min. Color 1989  
1 videocassette Employee guide Final review test)  
Emphasizes the importance of regular and thorough inspection of rigging equipment. Knowing the necessary level of everyday inspection detail and documentation will reinforce the importance of being sure rigging equipment is in good condition. - Tel-A-Train.

**V122 SAFE RIGGING**

(1/2" VHS 20 min. Color 1989  
1 videocassette Employee guide Final review test)  
This program explains the procedures involved in rigging for a safe lift. It emphasizes the importance of paying attention to the rated capacity of all lifting equipment and explains variables (e.g., load weight, load stability, etc.) that can make the difference between a successful lift and a disaster. - Tel-A-Train.

**V125 RESPIRATORY SAFETY: SUPPLIED AIR**

(1/2" VHS 8 min. Color 1988  
1 videocassette Workbook)  
Trains employees on the proper use, care and storage of different classifications of supplied-air respirators including emergency response and escape. Also covers qualitative fit testing. - Summit Training Source, Inc.

**V126 RESPIRATORY PROTECTION: PROGRAM ADMINISTRATION**

(1/2" VHS 9 min. Color 1988  
1 videocassette Workbook)  
This part is aimed at the supervisor and/or administrator responsible for the respiratory health of their workers. Discussed are key ingredients for a successful respirator program, including inspections and recordkeeping. - Summit Training Source, Inc.

**V127 THE BAD BACK VIDEO**

(1/2" VHS 27 min. Color 1989?  
1 videocassette)  
By utilizing a 12 foot scale model of the human spine, Leonard Ring demonstrates the anatomy and bio-mechanics of the spine. He shows that the human spine is not a crane and back injuries are preventable, both at home and at work.

Some ideas presented include the importance of bending the knees, maintaining good posture, exercise and suggestions for better lifting practices. - International Loss Control Institute.

Includes the following areas: pre-operation inspection, site evaluation, safe approach distance, stabilizing the vehicle, proper means of travel, and safe work practices on the platform. - Summit Training Source.

**V128 CONSTRUCTION: NEW HIRE ORIENTATION**

(1/2" VHS 9 min. Color 1991  
1 videocassette Training guide)  
This program is designed to orient all "new hires" to the jobsite and their responsibility in accident prevention. Some of the areas covered are: personal protective equipment, hazardous materials, fire extinguishers, housekeeping, electrical safety, falls, and lifting. - Safety Training Systems.

**V133 SAFETY MEETING SERIES 9**

(1/2" VHS 21 min. Color 1989  
1 videocassette)  
Includes two programs: 1) Seven Steps to Ladder Safety (12 min.) Covers the following steps: never use a substitute instead of a ladder, know what kind of ladder to use, inspect the ladder, set up ladder properly, climb ladder properly, practice safe work habits and carry the ladder correctly. 2) Near Misses (9 min.) Near misses are warnings that something is wrong and this program takes a look at several kinds of "near misses". Encourages employees to take action when near misses occur --- repair or remove hazards or report them. - Cornet/MTI Film & Video.

**V129 CONSTRUCTION: TEMPORARY STAIRWAYS AND LADDERS**

(1/2" VHS 7 min. Color 1991  
1 videocassette Training guide)  
Briefly goes over temporary stairways. Using the proper ladder for each job, ladder inspection, and placing the ladder on level ground and at the proper slope are some of the rules discussed in this training program. - Safety Training Systems.

**V134 HAZARD ALERT: HEARING CONSERVATION**

(1/2" VHS 5 min. Color 1990  
1 videocassette)  
Explains how noise-induced hearing loss occurs and how it can be prevented. Covers different types of personal protective devices and the elements of a hearing conservation program. - Industrial Training Systems.

**V130 CONSTRUCTION: BASIC ELECTRICAL SAFETY**

(1/2" VHS 7 min. Color 1991  
1 videocassette Training guide)  
Explains numerous aspects of working with electricity including ground prongs, equipment inspection, temporary lighting and working in wet weather. - Safety Training Systems.

**V135 FOOT SAFETY**

(1/2" VHS 12 min. Color 1990  
1 videocassette)  
The situations where safety footwear should be worn, the different types of shoes and boots and the myths about the problems they cause are all examined. - SafetyCare.

**V131 SAFETY GUIDELINES FOR TUBE & CLAMP/SYSTEM SCAFFOLDS**

(1/2" VHS 20 min. Color 1991  
1 videocassette)  
Covers basic safety guidelines for using, erecting and dismantling tube and clamp/system scaffolds. Topics include general guidelines; foundations; bracing, leveling and plumbing scaffolds; tying of scaffolds; electrical hazards; access; guardrail systems; clamps and other scaffold components; and scaffold planks. - Scaffold Industry Association.

**V136 ACCIDENT INVESTIGATION**

(1/2" VHS 12 min. Color 1991  
1 videocassette)  
The purpose of an accident investigation is to establish all the facts relating to an accident or incident, to draw conclusions from these facts and to make recommendations and instigate procedures to prevent recurrence. This program addresses the accident, the accident process, the accident investigation and accident reporting. - SafetyCare.

**V132 AERIAL LIFT SAFETY**

(1/2" VHS 14 min. Color 1991  
1 videocassette Workbook)



**V137 RECOGNITION, EVALUATION AND CONTROL OF HAZARDS**

(1/2" VHS 13 min. Color 1991  
1 Videocassette)

The fundamental principle behind any occupational health and safety program should be the control of hazards, which involves a 3-step process -- the recognition of hazards, evaluation of risks involved and the adoption of strategies to control the hazards (e.g., elimination, substitution, administrative control, engineering control, role of personal protective equipment.) Specific examples of the hazards and the three steps to control the hazards are given. - SafetyCare.

**V138 STOP IT BURNING**

(1/2" VHS 16 min. Color 1991  
1 videocassette)

Covers the following topics: components of fires, fire fighting techniques, extinguishing agents, fire extinguishers -- their use and operation on different classes of fire. - SafetyCare.

**V139 HOW TO DEVELOP AND IMPLEMENT AN EFFECTIVE SAFETY PROGRAM**

(1/2" VHS 18 min. Color 1992  
1 videocassette)

Discusses the following points: top management involvement, safety manual, enforcement of rules, supervisor's role, safety committees, training, and incentives. - Cinema Safety.

**V140 ERGONOMICS: YOUR BODY AT WORK**

(1/2" VHS 21 min. Color 1991  
1 videocassette)

Shows employees how to prevent cumulative trauma disorder by using 3 steps: 1) analyze the risks you may be exposed to 2) minimize those risks by finding ways to reduce repetitive motion and excessive force and 3) neutralize awkward postures by placing your body in a natural relaxed position. Areas covered include worksite analysis using low-cost improvements, modifying body mechanics, and the proper use of hand tools. - Coastal Video Communications.

**V141 LAB SAFETY: HANDLING HAZARDOUS CHEMICALS**

(1/2" VHS 21 min. Color 1990  
1 videocassette)

Includes hazard identification, exposure monitoring and PEL's, medical attention and recordkeeping, overview of a chemical hygiene plan, and emergency procedures. - Coastal Video Communications

**V142 PERSONAL FALL PROTECTION: HOOK UP!**

(1/2" VHS 18 min. Color 1991  
1 videocassette)

Covers the following areas: equipment anchorage, tie-off and use; limiting free-fall distance; body belts and harnesses; rescue; equipment care and inspection. - Coastal Video Communications.

**V143 AS IT SHOULD BE DONE: WORKPLACE PRECAUTIONS AGAINST BLOODBORNE PATHOGENS**

(1/2" VHS 24 min. Color 1992  
1 videocassette)

Explains the bloodborne pathogens standard and how it will affect the workers covered. Not to be used solely to comply with the training requirements outlined in the standard. - OSHA

**V144 A DISCUSSION OF THE BLOODBORNE PATHOGENS STANDARD: 29 CFR 1910.1030**

(1/2" VHS 30 min. Color 1992  
1 videocassette)

Developed by OSHA's Office of Training and Education, this video features a panel discussion in two parts of the bloodborne pathogens standard. Part 1 covers the standard in general, the methods of compliance and the compliance directive. Part 2 covers the medical and legal, primarily recordkeeping, aspects of the standard. Not to be used solely to comply with the training requirements outlined in the standard. - OSHA

**V145 UNIVERSAL PRECAUTIONS**

(1/2" VHS 40 min. Color 1989  
1 videocassette)

Produced by the American Hospital Association, this video is intended to cover the universal precautions recommendations of the Centers for Disease Control. - AHA/OSHA

**V146 COMPUTER FITNESS: HOW TO WORK COMFORTABLY, PRODUCTIVELY, AND SAFELY**

(1/2" VHS 18 min. Color 1992  
1 videocassette)

Designed to explain how computer-related health problems can be avoided by paying close attention to three key areas: posture, physical set-up of the computer, screen and keyboard, and regular stretching exercises.

- Industrial Training Systems

**V147 BLOODBORNE PATHOGENS:  
WORKPLACE PRECAUTIONS FOR  
INDUSTRY**

(1/2" VHS 19 min. Color 1992  
1 videocassette)

Directed to emergency or first aid squad members, housekeeping or janitorial staff or others who may occupationally come in contact with blood or other body fluids.

Topics covered include an explanation of universal precautions and its application during emergency and first aid procedures, personal protection equipment, clean-up of an accident site, janitorial activities and waste disposal. Explains that the viewer of this video must have an opportunity to ask the trainer questions during their training program and get specific instructions about his/her job. - Industrial Training Systems

**V148 NOISE-INDUCED HEARING LOSS:  
NO SECOND CHANCE**

(1/2" VHS 17 min. Color 1992  
1 videocassette)

Features interviews with Indianapolis 500 winner Bobby Unser and other employees who have suffered hearing loss due to an intense or prolonged exposure to noise. The program provides an explanation of the ear, effects of prolonged noise exposure, and some of the elements of a hearing conservation program -- sound level monitoring, engineering controls, audiometric testing, as well as the care and use of hearing protective devices. - Industrial Training Systems

**V149 DON'T PUSH YOUR LUCK**

(1/2" VHS 12 min. Color 1967  
1 videocassette)

The story of how Bill Frank was blinded as a result of an on-the-job accident, involving a grinding wheel, what it meant to him and his family, and how it affected his way of life. Portions of surgery on an eye are shown. Promotes the use of eye protection in various jobs. - Harvest A-V.

**V150 SHORING SAFETY**

(1/2" VHS 24 min. Color 1990  
1 videocassette)

Covers the following areas: Preparation before excavation, the installation of timber shoring system and aluminum hydraulic shoring, factors to consider when deciding on a shoring system to use, e.g., stability of soil being excavated and the use of charts to determine size and spacing of shoring depending on soil type, shore type and depth of trench, general safe work practices, and removal of shoring. - Zomar Productions

**V151 THE COMPETENT PERSON AND SOIL  
TESTING**

(1/2" VHS 27 min. Color 1992  
1 videocassette)

Explains the role of the competent person and Appendix A of the Excavation Standard on soil classification. Covered are the 4 types of soil (stable rock, Type A, B and C) and the visual and manual tests mentioned in the standard. It ends with suggestions as to how to handle an inspection by a compliance officer. - Zomar Productions

**V152 CONFINED SPACE HOTWORK:  
CHECKLIST TO SAFETY**

(1/2" VHS 20 min. Color, 1992  
1 videocassette)

Video was developed to train employees on identifying and using safe work practices for hotwork in a confined space. Some areas covered are the entry and hot work permits, preparing the confined space, atmospheric testing, personal protective equipment, fire watch and emergency rescue. - Coastal Video Communications

**V153 WELDING SAFETY: SECURING THE  
WORK ZONE**

(1/2" VHS 16 min. Color 1988  
1 videocassette)

Covers the safe work practices of oxyfuel and electric-arc welding, including the importance of job planning and preparation, securing the 360-degree zone, proper ventilation, personal protective equipment and fire protection. - Coastal Video Communications

**V154 PORTABLE FIRE EXTINGUISHERS**

(1/2" VHS 14 min. Color 1991  
1 videocassette)

Covers what a fire is, 4 methods of suppressing a fire, the classes of fires, types of extinguishers and how they work, fire fighting techniques and other safe work practices when fires occur. - Coastal Video Communications

**V155 WORKING SMART: GENERAL OFFICE SAFETY**

(1/2" VHS 20 min. Color 1992  
1 videocassette, Leader's Guide, Employee handbook)  
Covers the following topics: slips, trips and falls; noise; ergonomics; and fire safety. - Coastal Video Communications

**V156 MACHINE GUARDING**

(1/2" VHS 14 min. Color 1993  
1 videocassette)  
Explains the categories and types of machine guarding, how machine guarding works, the importance of safeguarding, the places where most machine hazards occur and the safety control devices. - Coastal Video Communications

**V157 CONFINED SPACE ENTRY: PERMIT REQUIRED!**

(1/2" VHS 21 min. Color 1993  
1 videocassette, Employee handbook)  
Aims to train employees on 1) how to identify permit spaces and hazards; 2) the OSHA permit space program; 3) how a permit can keep you safe when working in a confined space and (4) the training and duties of a confined space entry team. - Coastal Video Communications

**V158 HAZARDOUS MATERIALS AWARENESS FOR BUILDING AND GROUNDS PERSONNEL**

(1/2" VHS 20 min. Color 1993  
1 videocassette, Leader's guide)  
Covers the terms and information found on labels and material safety data sheets and the different hazardous materials that building and grounds personnel may encounter, their potential exposures and effects, preventive measures and personal protective equipment. Some materials covered include: pesticides, solvent-based paints, thinners and adhesives, cleaners, welding gases, vehicle maintenance materials, asbestos and fiberglass. - Industrial Training Systems

**V159 THE SAFETY COMMITTEE: PROBLEM OR SOLUTION**

(1/2" VHS 29 min. Color 1993  
1 videocassette, Leader's guide)  
Recommended for management and safety committee members, this program is designed to provide viewers with techniques and procedures necessary to improve a safety committee. It outlines the functions and benefits of a safety committee, explains ways to build committee members' confidence, and suggests procedures to follow in planning and conducting a successful safety meeting. - Industrial Training System

**V160 SAFETY ATTITUDE**

(1/2" VHS 6 min. Color 1990  
1 videocassette)  
Teaches the Art of Safety: Awareness of potential hazards, Respect for potential hazards (e.g., following procedures, use of personal protective equipment, implementing engineering controls) and Teamwork to create a safe work environment (positive attitude and commitment by every worker). - Valley Videos

**V161 HOUSEKEEPING**

(1/2" VHS 5 min. Color 1990  
1 videocassette)  
Takes a look at how proper housekeeping can reduce accidents and improve morale. It discusses measures for eliminating slips and falls and preventing fires. - Valley Videos

**V162 GAS CYLINDERS**

(1/2" VHS 6 min. Color 1990  
1 videocassette)  
Covers the characteristics of compressed gas cylinders, the hazards of gas cylinders and proper handling and storage procedures. - Valley Videos

**V163 RETAIL EMPLOYEE SAFETY**

(1/2" VHS 16 min. Color 1990  
1 videocassette)  
Emphasizes that it is the employee's responsibility to be aware of hazards and to take the time to prevent accidents. Covers safety hazards and accident prevention techniques in many areas, among them are the following: slips and falls, lifting and back injuries prevention, hand injuries, including

box cutters, ladders, working with display fixtures, emergency procedures, stocking shelves, escalators, electrical safety, and fire prevention. - Don Brown Productions

**V164 THE SUPERVISOR AND SAFETY**

(1/2" VHS 23 min. Color 1993

1 videocassette)

Presents the role of the supervisor in the following areas of a safety and health program: 1) Written policies, rules and procedures should be established and made known to all employees. 2) Fulfillment of safety training requirements. 3) Conduct inspections of the workplace. 4) Enforcement of safety rules. Gives examples of these areas and includes the importance of reporting all near misses and injuries and of accident investigation. - Don Brown Productions

**V165 FORKLIFT SAFETY: THE RESPONSIBLE OPERATOR: OPERATIONS**

(1/2" VHS 12 min. Color 1994

1 videocassette Facilitator Guide Employee Handbook)

Covers the following subjects: different types of forklifts, operation of a forklift, load capacity, the stability triangle, procedures when refueling or recharging, and pre-operation inspections. - Summit Training Source, Inc.

**V166 FORKLIFT SAFETY: THE RESPONSIBLE OPERATOR: SAFE DRIVING SKILLS**

(1/2" VHS 13 min. Color 1994

1 videocassette Facilitator Guide Employee Handbook)

It is the responsibility of the operator to be aware of the changing work environment and to be able to identify potential operating conditions (e.g. good housekeeping practices, understanding the potential hazards of loads). Also included in the program are techniques for proper load handling and safe driving skills. Emphasis is placed on being aware of co-workers and communicating with them. - Summit Training Source.

**V167 BLOODBORNE PATHOGENS**

(1/2" VHS 21 min. Color 1997,1992

1 videocassette Handbook)

This video is for the designated emergency responder and covers the following areas: bloodborne diseases that one could be

exposed to on the job and their means of transmission, the exposure control plan, universal precautions, engineering controls, work practice controls, personal protective equipment, good housekeeping and vaccination. - Coastal Video Communications Corp.

**V168 LOCKOUT FOR LIFE!**

(1/2" VHS 21 min. Color 1992

1 videocassette Leader's guide Employee handbook)

Developed to teach employees about lockout/tagout hazards through re-enactments of four actual cases (cases involve a shear machine, a hydraulic elevator, an electrical panel and a pipeline). Each case reviews how the accident happened and what could have prevented its occurrence. - Coastal Video Communications.

**V169 LOCKOUT/TAGOUT: CONTROLLING THE BEAST**

(1/2" VHS 19 min. Color 1994

1 videocassette Employee handbook)

Explains basic concepts about various energy sources, lockout/tagout, when to use it and removing locks and tags, the need for inspection and training, and the 6-step procedure that is required for controlling hazardous energy. - Coastal Video Communications.

**V170 WALKING & WORKING SURFACES: WATCH YOUR STEP!**

(1/2" VHS 19 min. + 6 min. Color 1991

1 videocassette Employee handbook)

Covers some of the common hazards of walking and working surfaces, such as ramps, floors, scaffolds, elevated work platforms and ways to prevent them, including the use of fall protection or fall arrest systems. The last 6 minutes, "The Leading Edge", goes over some leading edge fall protection in construction, e.g. guardrails, body belt/harness, nets, and safety monitoring system. - Coastal Video Communications.

**V171 FATAL SHOCK: ELECTRICAL CASE HISTORIES**

(1/2" VHS 24 min. Color 1993

1 videocassette Leader's guide)

Presents dramatic re-enactments of four actual incidents (cases involve installing a faulty breaker, operating a drill after

removing the ground pin, storing tools in a disconnect cabinet, and not wearing proper gloves when doing electrical repair). Each case reviews how the accident happened and what could have prevented its occurrence. Some of the points emphasized are the importance of de-energizing, keeping your mind on your work, reporting unsafe conditions, using personal protective equipment and properly insulated tools, and following safety procedures. - Coastal Video Communications.

**V172 LEAD SAFETY: KEEP THE LEAD OUT**

(1/2" VHS 13 min. Color 1993  
1 videocassette Facilitator guide Employee handbook)  
Video explains what lead is and how it is used, how it enters the body, the health hazards of lead, and the proper procedures to prevent exposure. - Summit Training Source.

**V173 OPERATING A FORKLIFT SAFELY**

(1/2" VHS 18 min. Color 1992  
1 videocassette Leader's guide Employee handbook)  
Goes through a detailed daily pre-use inspection including the mast, rollers & tracks, forks, hydraulics, lift and tilt cylinders, and tires. Proper inspection procedures for the engine/ transmission and the mechanical systems (e.g., gauges, steering, horn, lights, brakes) are provided. Also covered are finding the rated capacity and the basic operating techniques (picking up and putting down a load, stacking loads and driving with a load). - Coastal Video Communications.

**V174 BASIC FORKLIFT PRINCIPLES**

(1/2" VHS 14 min. Color 1991  
1 videocassette Leader's guide Employee handbook)  
Emphasizes the importance of training and describes the most commonly used types of forklifts, along with their applications and basic mechanical components (half & full-tapered forks, the carriage, the mast, lift & tilt cylinders, overhead guard and tires). Goes over the lifting principle of a forklift and some safety rules on rated capacity, load stability, fork adjustment, broken pallets, proper speed, arm and leg safety, and proper braking. - Coastal Video Communications.

**V175 DRIVING IN DANGEROUS SITUATIONS**

(1/2" VHS 14 min. Color 1992  
1 videocassette Leader's guide Employee handbook)  
Instructs operators in the proper method of driving on and around hazardous conditions (e.g., slippery floors, low overhead clearances, tight spaces, busy pedestrian areas, around corners, around other operators, uneven surfaces, over railroad tracks) and of working on loading docks, in trailers and on ramps. Eight safety rules are explained and illustrated and longitudinal tip-overs are described and operators will learn how to prevent them. States that operators should follow their company's policy on using seat belts. - Coastal Video Communications.

**V176 STRING TRIMMER SAFETY AND MAINTENANCE GUIDE**

(1/2" VHS 20 min. Color 1993  
1 videocassette)  
Covers the following: the descriptions of various types of string trimmers, along with their attachments, the importance of doing a safety maintenance check prior to use, proper starting and operating procedures, use of personal protective equipment and the need for preventive maintenance. - Siegel & Associates.

**V177 DANGER ZONE: PERSONAL PROTECTIVE EQUIPMENT**

(1/2" VHS 13 min. Color 1991  
1 videocassette Workbook)  
Covers the need to assess the hazards of the job prior to the selection and use of personal protective equipment, the importance of proper fit and maintenance, and it also shows different situations where personal protective equipment is needed (e.g. head, hearing, eye and face, respiratory, clothing, hands and foot protection). Note: recommends the welder wear further protection on his arms. - Summit Training Source.

**V178 HEADS UP! HARD HAT SAFETY**

(1/2" VHS 9 min. Color 1994  
1 videocassette)  
Covers head hazards (some injuries portrayed graphically), how the hard hat works, different classes of hard hats and the importance of care and maintenance. - Coastal Video Communications.

- V179 HAZCOM**  
 (1/2" VHS 12 min. Color 1993  
 1 videocassette Implementation Manual  
 Personal Safety Plan)  
 Video assumes that a company has implemented a hazard communication program and that it is reviewed to see which parts are working and which are not. Encourages each employee to take responsibility to use that program and to suggest improvements to protect themselves and coworkers against injury and illness. Elements of the program are also reviewed - labeling, inventory of chemicals, MSDS, written program and training. - Safety Training Systems.
- V180 PERSONAL PROTECTIVE EQUIPMENT: EMPLOYEE MODULE: SIMPLE THINGS**  
 (1/2" VHS 7 min. Color 1992  
 1 videocassette)  
 A program aimed at motivating employees to use their personal protective equipment. The scenario presented involves the use of a hard hat. - Safety Training Systems.
- V181 PERSONAL PROTECTIVE EQUIPMENT: SUPERVISOR TRAINING IN HAZARD ASSESSMENT**  
 1/2" VHS 12 min. Color 1992  
 1 videocassette Guide)  
 Directed to the supervisor or manager, this video shows how to conduct a Personal Protective Equipment hazard assessment in the workplace, which is part of the current PPE standard. Covers the five-step process (walk-through survey, identification of hazards, PPE recommendation, instruction on proper fit and use, and periodic reassessments. - Safety Training Systems.
- V182 SLIPS, TRIPS AND FALLS**  
 (1/2" VHS 14 min. Color 1989  
 1 videocassette)  
 Presents some of the common causes of slips, trips and falls in the workplace, preventive measures to counter these common causes, proper use and maintenance of fall protection equipment, and techniques for improving balance and reducing the impact of falls. Areas covered include ladders, stairs, obstructions, slippery and uneven surfaces, improper footwear, poor and inadequate lighting and improper behavior. - Summit Training Source.
- V183 PROFESSIONAL'S GUIDE TO LAWN MOWER SAFETY**  
 (1/2" VHS min. Color 1989  
 1 videocassette)  
 Covers the maintenance and operation procedures necessary for the safe use of commercial walk-behind mowers, rotary ride-on mowers, reel mowers and flail mowers. The video is divided into the following 3 parts: 1) general safety information, 2) walk-behind mowers and 3) ride-on mowers. - Siegel & Associates.
- V184 PORTABLE POWER TOOLS, VOLUME III**  
 (1/2" VHS 23 min. Color 1992  
 1 videocassette)  
 The first part of the video reviews some general safety guidelines (e.g. personal protective equipment, electrical safety, use of guards, housekeeping, familiarity with tools). Covered in the second part are the safety features and operational techniques of the circular saw, saber saw, and power miter saw. - Siegel & Associates.
- V185 DRIVE FOR LIFE: DEFENSIVE DRIVING**  
 (1/2" VHS 11 min. Color 1990  
 1 videocassette)  
 Emphasizes the need to be familiar with the vehicle one is driving, be aware of the driving environment, learn to co-exist with other drivers, and use seat belts. - Summit Training Source.
- V186 DRIVE FOR LIFE: EMERGENCY SITUATIONS**  
 (1/2" VHS 11 min. Color 1990  
 1 videocassette)  
 Covers the skills necessary for driving in adverse weather conditions, how to properly handle skids, tire blowouts and brake failures, and proper steps to take if you are involved in an accident or chemical spill. - Summit Training Source.
- V187 DRIVE FOR LIFE: DRIVER ATTITUDE**  
 (1/2" VHS 11 min. Color 1990  
 1 videocassette)  
 The importance of patience, communication and respect when driving is explained. Also covers the consequences and effects of driving under the influence of alcohol and other drugs and the emotional trauma of accident victims, including their families and friends. - Summit Training Source.

**V188 DRIVE FOR LIFE: PROGRAM ADMINISTRATION**

(1/2" VHS 8 min. Color 1990  
1 videocassette)

Explains the benefits of a driver's awareness program, the employer requirements contained in the proposed OSHA Occupant Protection in Motor Vehicles Standard, and steps to establish a program in one's facility. - Summit Training Source.

**V189 FALL PROTECTION: TAKING CONTROL**

(1/2" VHS 11 min. Color 1994  
1 videocassette Facilitator guide Employee handbook)

Very briefly covers the importance of recognizing and respecting potential fall hazards, the importance of a pro-active safety attitude, and some standard requirements when working above 6 feet. The main focus of the program is the proper use and care of fall protection equipment, primarily personal fall arrest systems. - Summit Training Source.

**V190 CHEMICAL HANDLING: SOLVENTS**

(1/2" VHS 12 min. Color 1992  
1 videocassette Leader's guide)

Program was developed to familiarize employees with types of solvents, their hazards (e.g., health and fire hazards), proper handling (e.g., use of approved containers and personal protective equipment) and emergency response. Labels and the MSDS are emphasized as important sources of information. - Coastal Video Communications.

**V191 CONFINED SPACE: ATMOSPHERIC TESTING**

(1/2" VHS 17 min. Color 1992  
1 videocassette Leader's guide Employee handbook)

Program begins by defining what a "confined space" is, explaining why the atmospheres are potentially hazardous and emphasizing the need for atmospheric testing, continuous and pre-entry (oxygen level, flammability and toxicity tests). Also covered are the entry permit system, the importance of calibration of instruments and how to respond if space is found to be hazardous. - Coastal Video Communications.

**V192 CONFINED SPACE: VENTILATION**

(1/2" VHS 18 min. Color 1992  
1 videocassette Leader's guide Employee handbook)

Covers the following areas: 1) four major atmospheric hazards (oxygen-deficient atmosphere, oxygen-enriched atmosphere, flammable contaminants present in the atmosphere and toxic contaminants present in the atmosphere); 2) two types of mechanical ventilation and their uses; 3) two common ventilation problems and how to avoid them; 4) guidelines for ventilation and appropriate techniques for various types of spaces; and 5) basic safety procedures to follow when using mechanical ventilation. - Coastal Video Communications.

**V193 CONFINED SPACE: RESCUE**

(1/2" VHS 31 min. Color 1991  
1 videocassette Leader's guide Employee handbook)

Begins with a re-enactment of an actual confined space incident. It also explains the characteristics of a confined space and a permit-required space, as well as procedures to follow when confined space entry is required. Some of the other areas covered include the rescue team, rescue training, the recognition of causes of hazardous working conditions in confined spaces, rescue equipment, handling of the victim in a rescue, dealing with one's feelings during and after a rescue operation and the importance of teamwork. - Coastal Video Communications.

**V194 FLAGGING OPERATIONS AND PROCEDURES**

(1/2" VHS 23 min. Color 1993  
1 videocassette Flagger's handbook)  
Video is aimed at preparing the worker to be a flagger. Areas covered include: 1) the use of proper clothing and equipment, 2) basic flagging skills (stopping, releasing, slowing traffic), 3) six typical situations (single flagger operation, two flagger operation, pilot car operation, night flagging operation, one flagger/one direction operation, and emergency situations) and 4) the role of the supervisor in the flagging operation. - South Carolina Department of Highways and Public Transportation.

**V195 SAFETY FIRST: PPE HAZARD ASSESSMENT**  
(1/2" VHS 12 min. Color 1994 Hazard Assessment Survey & Analysis Form)  
Gives brief guidelines to help the supervisor fulfill some of the requirements of the OSHA personal protective equipment standard. Includes the following: 1) SEARCH (survey the work environment for hazards); 2) SELECT (choosing the right personal protective equipment); 3) TRAIN (employee training on how to use personal protective equipment); and 4) MAINTAIN (maintain records of hazard assessment surveys and conduct periodic reviews of both the condition of personal protective equipment and how employees are using them). - Coastal Video Communications.

**V196 PLAN FOR SAFETY: FALL PROTECTION FOR RESIDENTIAL CONSTRUCTION**  
(1/2" VHS 14 min. Color 1995  
1 videocassette, Fall Protection Compliance Manual)  
This National Association of Home Builders program, which is part of The Fall Protection Compliance Kit, aims at assisting the employer to comply with the OSHA regulations on fall protection. The fall protection work practices covered include those related to open-sided floor holes, wall openings, leading edges and unprotected edges. Goes over some conventional fall protection systems. In addition, alternative fall protection measures are shown. These measures, under certain conditions, can be used by employers who can demonstrate that conventional systems are infeasible or create a greater hazard. - National Association of Home Builders.

**V197 FALL PROTECTION: IT'S NO GAME**  
(1/2" VHS 14 min. Color 1995  
1 videocassette)  
This National Association of Home Builders program, which is part of The Fall Protection Compliance Kit and is for employee training, helps to identify areas of fall hazards (walking & working surfaces such as floors, roofs, and the ground), conventional and alternative fall protection systems. Gives examples of alternative fall protection work practices when working on floor installation, exterior walls, rafters and trusses and roof sheathing. - National Association of Home Builders.

**V198 OFFICE SAFETY: THRILL SEEKERS**  
(1/2" VHS 10 min. Color 1983  
1 videocassette)  
This humorous video points out safety hazards that seem to attract a breed of office workers, referred to as "thrill seekers", who consider themselves too adventurous to heed prudent safety rules. They leave drawers open, lift and sit improperly, drop packages and telephone cords where others will trip over them, run through open doors and around corners at break-neck speed and in general, exhibit unsafe behavior that may harm themselves or fellow workers. - Coronet Film & Video

**V199 FIRE EXTINGUISHERS: FIGHT OR FLIGHT?**  
(1/2" VHS 17 min. Color 1988  
1 videocassette Instructor's Guide)  
Engaging footage shows what happens when extinguisher "novices" try to put out fires without any instruction and also shows how they perform once they are taught how to do it right. Video is designed to teach employees to operate portable fire extinguishers safely and effectively, the different types of extinguishers, and to evaluate whether or not to fight a fire with an extinguisher. - National Fire Protection Association.

**V200 ERGONOMICS: PREVENTING CTD's: EMPLOYEE MODULE**  
(1/2" VHS 17 min. Color 1992  
1 videocassette Employee Workbook)  
Video aims to explain cumulative trauma injuries, the factors which cause them and preventive measures in job function and design. - Summit Training Source.

**V201 ERGONOMICS: PREVENTING CTD's: SUPERVISOR MODULE**  
(1/2" VHS 17 min. Color 1992  
1 videocassette Facilitator's Guide)  
Covers the following areas: 1) steps to identify cumulative trauma indicators 2) how to determine ergonomic related problems through job analysis, worker symptoms survey and body discomfort charts and 3) measures to prevent CTD's (e.g., ergonomic engineering controls, employee training, medical management). - Summit Training Source.



**V202 PERFORMING A JOB HAZARD ANALYSIS**

(1/2" VHS 19 min. Color 1991  
1 videocassette Leader's Guide,  
Participant's Guide)

Describes how to assemble a job hazard analysis team and conduct a job hazard analysis (jha). The three-step process of a jha is explained. 1) List the basic steps necessary to perform the job from start to finish. 2) Identify every existing or potential hazard associated with each job step. 3) Develop recommendations for ways to eliminate or control each hazard. - Tel-A-Train.

**V203 DANGER ZONE: YOUR HEAD**

(1/2" VHS 17 min. Color 1983  
1 videocassette)

Instruct employees on the importance of head protection and the need for proper use, maintenance, and replacement of the hard hat. The film is divided into two parts. Part 1 points out where head hazards are likely to exist. In Part 2, the viewer sees how a hard hat is made and tested, various types of abuse that can affect the hard hat, proper inspection techniques, and replacement policies. - Viscucom Productions.

**V204 BACK SAFETY: THE ERGONOMIC CONNECTION**

(1/2" VHS 14 min. Color 1992  
1 videocassette Facilitator guide Employee Workbook)

Learning to use proper lifting techniques is only part of a back injury prevention program. This video covers how the back works, proper body mechanics, risk factors causing back injuries and prevention measures. - Summit Training Source

**V205 ASBESTOS AWARENESS**

(1/2" VHS 16 min. Color 1995  
1 videocassette Trainer's Guide)

The program covers the nature of asbestos, health effects, location of asbestos, what to do if asbestos is disturbed, house-keeping procedures and general protective measures. - Business Training Systems

**V206 ASBESTOS REGULATIONS AND CONTROLS**

(1/2" VHS 15 min. Color 1995  
1 videocassette Trainer's Guide)

The program includes a regulatory overview of the OSHA general industry and construction asbestos standards, including the exposure limits, regulated areas, warning signs and labels, protective measures, decontamination and disposal and medical surveillance. - Business Training Systems

**V207 ASBESTOS CUSTODIAL AND MAINTENANCE ACTIVITIES**

1/2" VHS 18 min. Color 1995  
1 videocassette Trainer's Guide)

The program covers the identification of asbestos, the OSHA regulations and the classes of asbestos-related work, common work practices, and the following specific work practices: Floor tile removal, punching a hole in the flooring material, drilling through flooring material, working with ACM or PACM ceiling tiles, working with spraying on ACM or PACM above ceilings, drilling or cutting through ACM wall components, and glove bag removal operations. - Business Training Systems

**V208 UNDERSTANDING THE WORKING BACK**

(1/2" VHS 20 min. Color 1895  
1 videocassette)

The two objectives of this video by Leonard Ring, an ergonomist from New Zealand, are to show how to avoid injuring your back and what to do if you have already injured your back. He explains the fulcrum/lever principle of the human spine, lifting and carrying, the form and function of the back and how it deteriorates and emphasizes lifting with your legs. - Core Media Training Solutions.

**V209 RESPIRATORY PROTECTION: THE INVISIBLE HAZARD**

(1/2" VHS 13 min. Color 1993  
1 videocassette Facilitator guide Employee handbook)

Presents an explanation of how the respiratory system works, the different respiratory hazards (oxygen deficient atmospheres, gases and vapors and particulate Contaminants), selection of respiratory protection and the need for medical examinations, qualitative and quantitative fit testing. - Summit Training Source.

**V210 RESPIRATORY PROTECTION: AIR PURIFYING RESPIRATORS**

(1/2" VHS 11 min. Color 1993  
1 videocassette Facilitator guide Employee handbook)  
Covers how air purification respirators work, the importance of a proper fit and how to use, inspect, maintain and store the respirator. - Summit Training Source.

**V211 RESPIRATORY PROTECTION: AIR SUPPLYING RESPIRATORS**

1/2" VHS 11 min. Color 1993  
1 videocassette Facilitators guide Employee handbook)  
Covers the types of air supplying respirators and how they work, qualitative and quantitative fit tests, correct use, inspection, maintenance and storage of respirators and limitations of respirators. - Summit Training Source.

**V212 PRO-ACTIVE SAFETY: THE TOTAL QUALITY APPROACH**

(1/2" VHS 17 min. Color 1993  
1 videocassette)  
Presents the five steps of the pro-active safety process: 1) pro-active position of safety awareness (everyone can work safely and accidents can be prevented); 2) safety is an ongoing, continuous improvement process rather than just another program; 3) safety has the support of management at all levels; 4) safety training is important at the entry level and on-the-job by the supervisor; 5) safety committees and job safety analysis have pro-active roles on spotting potential hazards up-front. - Coastal Video Communications.

**V213 PRO-ACTIVE SAFETY ATTITUDES: TARGET ZERO!**

(1/2" VHS 16 min. Color 1996  
1 videocassette Employee handbook)  
To achieve the goal of zero accidents in the workplace, it is imperative that employees have the right attitude, which is fostered through leadership. Leadership is defined as the ability to motivate a group toward a certain attitude and behavior through emotional and spiritual connections, thus employees at all levels can be leaders. Some of the qualities of leaders are discussed: vision and initiative, creating expectations, defining and communicating steps in moving toward the goal, building trust, and maintaining the vision. - Coastal Video Communication.

**V214 WAREHOUSE SAFETY: IT'S NO MYSTERY**

(1/2" VHS 22 min. Color 1996  
1 videocassette Employee handbook)  
Covers some of the more common hazards in a warehouse and how to correct them. Areas covered include good housekeeping, hazard communication, personal protective equipment, ergonomics and operating forklifts. - Coastal Video Communications.

**V215 POWER AND HAND TOOL SAFETY**

(1/2" VHS 21 min. Color 1987  
1 videocassette Employee handbook)  
This program demonstrates proper methods of selection, inspection and use of hand tools (e.g., screw drivers, pliers, wrenches, hammers, chisels, snips & cutters, knives) and portable power tools (e.g., electric, pneumatic and gasoline powered tools, drills, saws, yard tools). Also stresses the importance of using eye protection and other personal protective equipment when necessary. - Tel-A-Train.

**V216 ERGONOMIC BACK INJURY PREVENTION FOR HEALTHCARE PROFESSIONALS**

(1/2" VHS 19 min. Color 1995  
1 videocassette User's guide)  
Presents Dr. Guy Fragala's ergonomic-based back injury prevention program as an alternative to traditional injury prevention programs, based primarily on training and attempts to modify the behavior of workers, which have not demonstrated widespread success. Dr. Fragala's methods for those involved in patient or resident handling tasks includes the identification and analysis of jobs and job tasks which stress body parts beyond limits, the development of solutions to change these unacceptable task demands and the implementation and evaluation of these changes in the work place. - University of Massachusetts Medical School, Program for Health and Safety.

**V217 SCAFFOLDS: SAFETY AT ALL LEVELS**

(1/2" VHS 18 min. Color 1997  
1 videocassette Employee handbook)  
Covers the revised scaffold standard, the role of the competent person, pre-assembly inspection and assembly, pre-shift inspection, safe work practice, fall protection, maintenance and dismantling. - Coastal Video Communications Corp.

**V218 PERSONAL PROTECTIVE EQUIPMENT:  
WIN THE RACE TO SAFETY**

(1/2" VHS 19 min. Color 1999

1 videocassette Leader's guide Employee handbook)

Featuring NASCAR champion Bobbie Labonte, this video compares the extreme dangers of auto racing to the industrial hazards workers encounter on the job. This program discusses the types and uses of eye and face, hearing, head, hand and foot protection. Also included is information on full protective clothing, limitations of personal protective equipment and proper maintenance and disposal. - Coastal Video Communication Corp.

**V219 HAND PROTECTION: LESSON FOR A LIFETIME**

(1/2" VHS 20 min. Color 1995

1 videocassette Employee handbook)

CAUTION: THIS VIDEO CONTAINS SOME GRAPHIC VISUALS OF HAND INJURIES.

Because of the great number of hand injuries, the Occupational Safety and Health Administration (OSHA) requires employers to perform workplace hazard assessment, to control hazards before employees begin work, and to provide training. This program features workers who recount their experiences with hand injuries. It also covers hand hazards from physical trauma (machine hazards, tool hazards, ergonomic hazards, electrical hazards) and chemical contact. Additional information on the importance of personal protective equipment, glove selection, training and proper maintenance of gloves is also provided. - Coastal Video Communications Corp.

**V220 GROUNDSKEEPER SAFETY: BE A PRO!**

(1/2" VHS 17 min. Color 1996

1 videocassette Employee handbook)

For ground maintenance staff, this program covers personal protective equipment, general safety checklist, tractors, riding and push mowers, trim and brush-cutting equipment and blowers, and handling hazardous materials. - Coastal Video Communications.

**V221 SUSPENSION SCAFFOLDS IN CONSTRUCTION**

(1/2" VHS 10 min. Color 1997

1 videocassette Employee handbook)

This program focuses on knowing how to work safely on suspension scaffolds and covers the following areas: scaffold assembly, role of the competent person, inspection, hoisting, fall protection, safe work practices, and electrical hazards. - Coastal Video Communications.

**V222 HAND TOOL SAFETY OVERVIEW**

(1/2" VHS 15 min. Color 1994

1 videocassette)

Covers the following basic safety rules: use the right tool for the job, use tools properly, care for and inspect tools, use safety clothing and equipment, and store and transport tools safely. Video touches on general rules for 8 different types of tools - socket & attachments; wrenches; torque wrenches; striking & struck tools; screw drivers & nut drivers; pliers, "C" clamps & pullers; knives & snips; and toolboxes. - Stanley Proto Industrial Tools/Coastal Video Communications.

**V223 KNIFE AND BLADE SAFETY**

(1/2" VHS 9 min. Color 1994

1 videocassette)

Describes the importance and use of safety equipment, several basic safety rules and different types of knives and blades. - Stanley-Proto Industrial Tools/Coastal Video Communications.

**V224 STRIKING AND STRUCK TOOL SAFETY**

(1/2" VHS 9 min. Color 1994

1 videocassette)

Reviews proper safety procedures when using hammers and chisels or punches, including basic rules such as the care and inspection of tools, use of safety gear, and use and storage of tools. - Stanley-Proto Industrial Tools/Coastal Video Communications.

**V225 FORKLIFT FUNDAMENTALS: GET THE FACTS**

(1/2" VHS 18 min. Color 1997

1 videocassette Compliance guide Employee handbook Leaders guide)

This program provides basic information on forklift design, control, instrumentation, pre-use inspection, and load. It can be used as a part of a total training program for powered industrial truck operators. - Coastal Training Technologies Corp.

**V226 FORKLIFT OPERATIONS: CARRY THE LOAD**

(1/2" VHS 19 min. Color 1997  
1 videocassette Compliance guide  
Employee handbook Leader's guide)  
After completing the pre-use inspection of a forklift, there are many other factors to think about before starting work. This video goes over operating conditions that can vary day to day. Surface conditions, probable loads and stability, proper load manipulations (stacking and unstacking), special conditions (hazardous locations, activities, environments), and vehicle and pedestrian traffic should all be considered before beginning work. Rules for forklift safety are also covered. This video can be used as a part of a total training program for powered industrial truck operators. - Coastal Training Technologies Corp.

**V227 LASER SAFETY**

(1/2" VHS 17 min. Color 1991  
1 videocassette Employee handbook)  
Program covers the hazards of working with lasers, laser classification, the role of the Laser Safety Officer, environmental considerations and engineering controls, and eye protection. - Coastal Technologies Corp.

**V228 USING AIR PURIFYING RESPIRATORS**

(1/2" VHS 20 min. Color 1998  
1 videocassette Trainer' guide)  
Program includes the following areas: nature of respiratory hazards; types of respiratory protection; putting on and taking off the respirator; fit testing; inspection, maintenance, cleaning and storage; and respiratory protection program. Some of the requirements of the revised HIOSH standard on respiratory protection (incorporation of 29 CFR 1910.134) are addressed in this video. - Business Training Systems.

**V229 INCIDENT COMMAND SYSTEMS: WHEN SECONDS COUNT**

(1/2" VHS 15 min. Color 1993  
1 videocassette)  
For an emergency response plan to work, an incident command system must be implemented. This system provides the battle plan for each phase, or a fire, spill or other accident and a chain of command to facilitate an organized response system. Areas covered include emergency response

plan; the incident command system; small/large/multi-county incidents; coordinating support services; situation under control. - Coastal Technologies Corp.

**V230 CAN'T TAKE NO MORE**

(1/2" VHS 29 min. Color 1987  
1 videocassette)  
Gives an historical look at the origins of the occupational safety and health movement in the United States, discussing the role of Alice Hamilton, the National Safety Council, Hawk's Nest Mine disaster, and the Triangle Shirt Waist Fire, among others. - Documenrica Films, Occupational Safety and Health Administration.

**V231 ERGONOMIC PROGRAMS THAT WORK**

(1/2" VHS 21 min. Color 1998  
1 videocassette)  
This video was taped at four manufacturing company sites and discusses various aspects of an ergonomic program, including key elements, such as management commitment, worker involvement, worksite analysis, medical management, training and education, and ongoing evaluation. It also gives OSHA's viewpoint when evaluating ergonomic programs. - Occupational Safety and Health Administration.

**V232 PRO-ACTIVE SAFETY: THE SELF-INSPECTION**

(1/2" VHS 15 min. Color 1996  
1 videocassette)  
Stresses the important role of supervisors and employees in recognizing hazards before accidents happen. Explains task exposure analysis that includes identifying how and where accidents might happen, analyzing possible triggers and causes of accidents and taking action to control hazards. Self-inspections, using the task exposure analysis as the basis, are considered the best ways to control hazards and maintain the controls. Examples of self-inspections are provided. - Coastal Training Technologies Corp.

**V233 WORKPLACE VIOLENCE: CUSTOMER SERVICE & FIELD PERSONNEL**

(1/2" VHS 26 min. Color 1994  
1 videocassette Trainer's manual)  
This program is designed 1) to make employees more aware of the issues related to on-the-job violence and some of the subtle warning signs that might mean a co-

worker or other person poses a risk to the safety of others; 2) to encourage them to report any threats or violence they observe or experience; 3) to let them know that their organization is committed to the safety of its employees; and 4) to provide some practical steps employees can take when confronted with threats, aggression or assaults. - AIMS Media.

**V234 INCIDENT REPORTING: YOU CAN SAVE A LIFE**

(1/2" VHS 16 min. Color 1996  
1 videocassette Employee handbook)  
Program's aim is to teach workers the importance of following acceptable work standards, controlling hazards and reporting unsafe work conditions in the prevention of accidents. Covers the following areas: Reporting all incidents, inspecting workplaces and identifying potential hazards, assessing incidents and implementing controls/solutions, and near misses. - Coastal Training Technologies Corp.

**V235 BACKHOE SAFETY**

(1/2" VHS 18 min. Color 1992  
1 videocassette)  
Discusses operating a backhoe safely. Topics covered include: Pre-start inspection; loading and site preparation; working around underground and overhead utility lines; safe operation and lifting; how crew members can work safely around the backhoe; shutdown procedures. - Zomar Productions.

**V236 DEFENSIVE DRIVING: A CRASH COURSE**

(1/2" VHS 16 min. Color 1996  
1 videocassette Employee handbook)  
Stresses the importance of being a defensive driver by: Planning and preparing yourself, e.g., using the seat belt, planning your route; inspecting and maintaining your vehicle; adopting a defensive attitude, e.g., controlling your emotions, avoiding tailgating; handling distractions, e.g., cellular phones, reading, drinking, using drugs; following practical driving procedures for the environment you are in—city, freeway, or rural areas. - Coastal Training Technologies Corp.

**V237 ERGONOMICS AWARENESS**

(1/2" VHS 11 min. Color 1998  
1 videocassette Trainer's guide)

Provides employees with a basic orientation to ergonomics and how employees can contribute in an overall ergonomics safety program. Topics addressed include the nature of cumulative trauma disorders, ergonomic-related health effects, prevention of ergonomic-related disorders, and the procedure to follow when reporting problems. - Business Training Systems.

**V238 BEAT THE HEAT: PREVENTING AND TREATING HEAT DISORDERS (Closed Captioned)**

(1/2" VHS 17 min Color 1995  
1 videocassette Employee handbook)  
Although heat stress sounds like a minor inconvenience, for those workers who must perform their jobs in the heat, the reality is it can cause bodily disorders (e.g., cramps, exhaustion, heat stroke), worksite accidents, and even death. Covers thermo-regulation of the body, importance of replenishing fluids, and prevention and treatment. - Coastal Video Communication Corp.

**V239 HOTEL SAFETY: A REALITY CHECK-IN**

(1/2" VHS 29 min Color 1996  
1 videocassette Employee handbook)  
To help employees take a pro-active approach, this video reviews some of the potential hazards in hotels, including those concerning bloodborne pathogens, hazard communication, fire safety, back safety, housekeeping, security, kitchen safety and maintenance. - Coastal Video Communication Corp.

**V240 WRENCH SAFETY**

(1/2" VHS 10 min Color 1994  
1 videocassette)  
Provides general rules on operating a wrench safely; covers different types of wrenches, their application and safe use; includes information on inspecting, storing, and transporting of tools; and the use of personal protective equipment. - Coastal Video Communication Corp.

**V241 HOUSEKEEPING: IT AIN'T LIKE THE MOVIES (Closed Captioned)**

(1/2" VHS 15 min Color 1995  
1 videocassette Employee handbook)  
Did you know that falls are the cause of 10% on-the-job deaths? Many of these deaths are due to poor housekeeping and could have been prevented. Reviews the

importance of good housekeeping and what to look for in your facility. Is your workplace clean or cluttered? Do you have adequate storage? Have you eliminated spills and leaks? - Coastal Video Communication Corp.

**V242 HAZARD RECOGNITION**

(1/2" VHS 7 min Color 1994

1 videocassette Trainer's guide)

To avoid injuries and illnesses, the video stresses that everyone is responsible for recognizing and controlling hazards created by unsafe conditions and/or unsafe acts. Everyone should be familiar with the hazards of their jobs, how to protect themselves from these hazards, and how to perform their jobs safely. It takes teamwork to recognize hazards to yourself and co-workers in the changing work environment and to take the necessary action to find solutions. Other points covered include the need for employers to respond to issues raised by employees and for employees to slow down at times to look for options rather than taking shortcuts and rushing. - Safety Watch; Industrial Training Systems.

**V243 SOLVING THE MYSTERY: STATIC ELECTRICITY**

(1/2" VHS 13 min Color 1989

1 videocassette Employee handbook)

Educates on the dangers posed by static charges and explains how to minimize these dangers. Included are the following: defining static electricity, identifying dangers of static discharge, recognizing hazardous conditions, controlling static ignition and removing flammable atmosphere. - Coastal Training Technologies.

**V244 OFFICE ERGONOMICS: IF ONLY YOUR COMPUTER COULD TALK**

(1/2" VHS 18 min Color 1998

1 videocassette Trainer's guide)

Program on the basics of office ergonomics, covering general ergonomic concepts, cumulative disorders, material handling with an emphasis on video display terminals. Identifies workplace risk factors; signs, symptoms, and health effects; and ways to control risk factors. - Business Training Systems.

**V245 OFFICE SAFETY: IT'S A JUNGLE IN THERE**

(1/2" VHS 19 min. Color 2000

1 videocassette Leader's guide Employee handbook)

Designed to teach how workstation setup and proper body mechanics can reduce physical stress and the risk of injury. Program also covers other topics, such as personal safety and security, fires, electrical hazards, hazardous materials and emergency action plans. - Coastal Training Technologies.

**V246 MANAGING CONFLICT IN THE WORKPLACE**

(1/2" VHS 20 min. Color 1999

1 videocassette Trainer's manual)

The aim of this program is to equip supervisors with the tools they need to manage conflict successfully by using the Constructive Confrontation approach (10 steps, e.g. analyze before intervening, remain objective, state the reason for intervention, lay out the ground rules for discussion, etc.) Viewers will be shown a step-by-step example of Constructive Confrontation, followed by three open-ended conflict resolution exercises. After each exercise, there is a place to stop the video so that participants can analyze the confrontations and discuss how they might handle each conflict. - AIMS Multimedia.

**V247 CONSTRUCTION FALL PROTECTION: GET ARRESTED!**

(1/2" VHS 11 min Color 1998

1 videocassette Employee handbook)

Covers the following on fall protection systems: requirements for guardrail construction, strength and minimum height standards; proper anchorage techniques; effective use of harness and lanyards; when and how to use lifelines and positioning devices; floor hole covers and safety nets. - Coastal Training Technologies/National Center for Construction Education and Research.

**V248 CONSTRUCTION ELECTRICAL SAFETY**

(1/2" VHS 10 min. Color 1993

1 videocassette)

To help employees recognize and avoid electrical hazards, this program includes information on the use of ground fault circuit interrupters, assured equipment grounding conductor program, lockout and tagout procedures, electrical power and extension cords, and the placement of unguarded live parts and open conductors. Also goes over

the importance of knowing about hidden electrical hazards when digging, cutting or nailing; using proper personal protective equipment; and responding to accidents. - Coastal Training Technologies/National Center for Construction Education and Research.

**V249 CONSTRUCTION B-A-C-K SAFETY**

(1/2" VHS 10 min. Color 1991  
1 videocassette)

Covers back anatomy; good posture; body mechanics when lifting, carrying, and placing loads; use of personal protective equipment; sitting and shoveling. Several stretching exercises are shown; however, viewers with back problems should seek medical advice before performing them. - Coastal Training Technologies/ National Center for Construction Education and Research.

**V250 CONSTRUCTION TRENCHING & SHORING**

(1/2" VHS 10 min. Color 1991  
1 videocassette)

Includes how to evaluate an excavation site; how protection systems (sloping/benching, and shoring/shielding) are chosen and installed; the importance of an emergency action plan; and other general safety requirements. - Coastal Training Technologies/National Center for Construction Education and Research.

**V251 SUPERMARKET SAFETY ORIENTATION**

(1/2" VHS 11 min. Color 1988  
1 videocassette)

Emphasizes the role of the employee to be aware of hazards, in taking action and/or reporting hazards to the supervisor. Covers many work areas (parking lot, floors, checkouts, shelves, dairy cases, deli and produce departments, backroom), the types of hazards that employees may encounter, and their prevention and control. Provides examples of hazards employees can look for when doing some of the following: stocking and stacking goods; lifting; working with equipment; working in the store, backroom, and parking lot. Encourages employees to be familiar with safety rules, to take an active part in accident prevention and to know the procedures when an accident occurs. - Food Marketing Institute.

**V252 MACHINE GUARDING**

(1/2" VHS 13 min. Color 1999  
1 videocassette Facilitator guide Employee handbook)

Presents the hazards associated with machines, the purpose and function of machine guards, and work practices to ensure safety. - Summit Training Source.

**V253 WELDING SAFETY**

(1/2" VHS 13 min. Color 1996  
1 videocassette Facilitator guide Employee handbook)

This program promotes an awareness and respect for the potential hazards of welding operations and explains ways to protect the health and safety of welders. Viewers will learn about types of welding, potential hazards, the purpose and importance of ventilation, proper personal protective equipment, the purpose and procedures of a hot work permit, fire prevention techniques, safe work practices while welding and special welding situations. - Summit Training Source.

**V254 BACK SAFETY FOR SHIPPING & RECEIVING EMPLOYEES**

(1/2" VHS 20 min. (additional 20 min. includes exercises) Color 1998  
1 videocassette Training preparation guide Employee exercise guide)

Dr. Stephen Grennan covers how to do several jobs safely while Peter Panuska, teacher and personal fitness trainer, demonstrates stretching or strengthening exercises that can better prepare warehouse employees to handle their physical work. Tasks included are: opening/closing trailer doors, lifting dock plates, over-reaching, team lifting, moving pallets, squat stocking, pushing carts and cages, pulling carts, handling propane tanks and repetitive motion. Ten steps to safe lifting and more strengthening exercises for shoulders, knees, legs and the back are part of the additional 20 minutes of this program. NOTE: If you have existing back problems, please seek medical advice before doing the exercises shown. - J. J. Keller & Associates.

**V255 BACK SAFETY FOR MECHANICS**

(1/2" VHS 20 min. (additional 20 min. includes exercises) Color 1998  
1 videocassette Training preparation guide Employee exercise guide)

Dr. Stephen Grennan covers how to do several jobs safely while Peter Panuska, teacher and personal fitness trainer, demonstrates stretching or strengthening exercises that can better prepare mechanics to handle their physical work. Tasks included are: handling batteries and tires, lifting hoods, changing starters, working on engines, handling air guns, working in tight spaces, team lifting, opening and closing rear doors and getting in and out of vehicles. Ten steps to safe lifting and more strengthening exercises for shoulders, legs and the back are part of the additional 20 minutes of this program. NOTE: If you have existing back problems, please seek medical advice before doing the exercises shown. - J. J. Keller & Associates.

- V256 SAFE LIFTING IN THE WAREHOUSE**  
(1/2" VHS 20 min. Color 1998  
1 videocassette Trainer's manual)  
Program looks at the back structure; some reasons why back pain occurs; workplace hazards; how to identify, assess and control these hazards; how to minimize the dangers of lifting; and some pointers on back strengthening and stretching exercises. NOTE: If you have existing back problems, please seek medical advice before doing the exercises shown. - Vocam USA LLC.
- V257 WORKPLACE VIOLENCE: THE CALM BEFORE THE STORM**  
(1/2" VHS 25 min. Color 1994  
1 videocassette Employee handbook)  
Program will help supervisors and employees identify the types and some warning signs of workplace violence. It also covers the importance of developing a workplace violence prevention program that: assesses the general threat of violence, encourages open communication on the subject, develops policies and procedures for handling acts of aggression and implements training for employees and management. Training should cover recognizing and reporting threats, stress management, and conflict resolution and diffusion. - Coastal Training Technologies.
- V258 SAFETY ON THE ROAD: DEFENSIVE DRIVING FOR DELIVERY VANS**  
(1/2" VHS 17 min. Color 1999  
1 videocassette Instructor guide)  
Video presents information on the following topics: how to perform a pre-trip inspection,

how a delivery van is different from a regular car, how to compensate for the delivery van differences, how to safely operate the delivery van and proper procedures for making deliveries. - Comprehensive Loss Management.

- V259 BLOODBORNE PATHOGENS: CONTROL YOUR EXPOSURE (Closed Captioned)**  
(1/2" VHS 13 min. Color 1998  
1 videocassette Administrative materials guide Employee handbook)  
Video portrays an employee receiving a post-exposure evaluation, and uses flashbacks to show the accident and highlight the issues. Program highlights: definition of bloodborne pathogens, routes of transmission, exposure prevention methods, disease details on HIV, Hepatitis B and Hepatitis C, vaccination information. - Comprehensive Loss Management.
- V260 TRAIN THE TRAINER: NEEDS ASSESSMENT AND OBJECTIVES (Closed Captioned)**  
(1/2" VHS 15 min. Color 1998  
1 videocassette Workbook)  
A trainer must first determine what type of issues he or she is facing and why training is necessary. This program will help you do just that. It includes identifying performance problems, interviews, and determining training objectives. - Coastal Training Technologies.
- V261 TRAIN THE TRAINER: PLANNING AND DESIGNING (Closed Captioned)**  
(1/2" VHS 15 min. Color 1998  
1 videocassette Workbook)  
Provides steps in planning and designing the learning events: taking stock of available raw materials (e.g. overhead projector, videos, etc.), providing a good environment for training, structuring the training program (e.g. programs need a beginning, middle and an ending; selecting presentation techniques; timing of breaks, etc.), setting performance standards, and asking experts for help. - Coastal Training Technologies.
- V262 TRAIN THE TRAINER: MAKING LEARNING STICK (Closed Captioned)**  
(1/2" VHS 17 min. Color 1998  
1 videocassette Workbook)  
To work toward effective training, trainers need to keep in mind: the principles of adult learning (immediacy, relevancy,



involvement and feedback), the idea of taking small steps in training; the importance of student mastery of skills in the classroom, feedback for the trainee and the trainer, and transfer of learning from classroom to the job. - Coastal Training Technologies.

**V263 TRAIN THE TRAINER: EVALUATION (Closed Captioned)**

(1/2" VHS 13 min. Color 1998  
1 videocassette Workbook)

Covers why you should evaluate your training program and when; the differences between formative and summative evaluation and when each should be used; and what to do with the findings after evaluating your training program. - Coastal Training Technologies.

**V264 FIRE PREVENTION: IT'S UP TO YOU**

(1/2" VHS 14 min. Color 1998  
1 videocassette Trainer's guide)

The program opens with dramatic scenes from the devastating Meridian Building fire in Philadelphia. It poses a series of questions and answers regarding the hazards most often responsible for fires, the steps to take in the event of a fire, and what employees and employers can do to prevent fires in the workplace. - Business Training Systems.

**V265 MSDS: READ IT BEFORE YOU NEED IT**

(1/2" VHS 20 min. Color 1993  
1 videocassette Leader's guide Employee handbook)

Aimed to train the viewer on how to use material safety data sheets (MSDS) by knowing the standard format and understanding the contents. In this program, the sixteen sections of the MSDS are grouped under four general headings for better understanding: product information, exposure situations, hazard prevention and personal protection, and other specific information. - Coastal Training Technologies.

**V266 GROUNDSKEEPING SAFETY: DEALINGS WITH BUGS AND CRITTERS (Closed Captioned)**

(1/2" VHS 16 min. Color 1999  
1 videocassette Employee handbook)  
Program is designed especially for public works, utility, government employees or anyone whose job function includes

grounds maintenance or outdoor responsibilities. Covers the need for personal protective equipment; biting, buzzing, stinging insects (e.g., mosquitos, bees, wasps, spiders); creeping, crawling, venomous critters; rodents and hantaviruses; and basic first aid for stings and bites. - Coastal Training Technologies.

**V267 HIGHWAY WORK ZONE SAFETY: THE BASICS**

(1/2" VHS 15 min. Color 1994  
1 videocassette)

Emphasizes the importance of developing and implementing a traffic control plan for work zone safety that takes into consideration workers, drivers and pedestrians. Points to keep in mind include: be safety conscious; be visible; work zone housekeeping; traffic control devices; slowing down traffic; detours and road closures; communication; flagging and advance warning. - Coastal Training Technologies.

**V268 HEADS UP FOR SAFETY: OVERHEAD DANGERS**

(1/2" VHS 5 min. Color 1989  
1 videocassette)

Potential hazards often loom above, thus the program reminds viewers the importance of keeping an eye out and up for hazards. Also encourages the use of personal protective equipment. - Safety Shorts.

**V269 LOUISVILLE LADDER STEP-BY-STEP SAFETY TRAINING PROGRAM**

(1/2" VHS 17 min. Color 1994  
1 videocassette Facilitator's handbook Employee's handbook)

To illustrate how ladder accidents occur and how to prevent them, this video covers five main points to keep in mind when using ladders, primarily step and extension ladders. These points are: 1) Choose the right ladder; 2) Inspect the ladder; 3) Set the ladder up properly; 4) Secure the ladder; and 5) Climb the ladder and work safely. - Louisville Ladder Corp.

**V270 GRINDING**

(1/2" VHS 6 min. Color 1990  
1 videocassette Quiz)

Briefly presents the importance of pre-operation set up, proper handling and selection of grinding wheels and safe work

practices to follow when grinding (e.g. use of personal protective equipment, safe guards in place and concentration on job at hand). - Valley Videos, Summit Training Source.

**V271 NIPPING**

(1/2" VHS 6 min. Color 1990  
1 videocassette Quiz)  
Video demonstrates proper machine guarding and identifies common nip points to help the viewer understand the potential hazards that may lead to injuries. - Valley Videos, Summit Training Source.

**V272 SLIPS, TRIPS & FALLS: SERVICE INDUSTRY VERSION**

(1/2" VHS 6 min. Color 1990  
1 videocassette Quiz)  
Covers the following: leading causes of slip and fall injuries (slippery surface conditions, improper storage of items, improper footwear, and misuse of ladders); the role of good housekeeping in preventing accidents; and the importance of being aware of your environment. - Valley Videos, Summit Training Source.

**V273 EMERGENCY EVACUATION: GETTING OUT ALIVE (Closed Captioned)**

(1/2" VHS 16 min. Color 2000  
1 videocassette Employee handbook)  
Stresses the importance of preparation, training and drills in responding to an emergency. In any emergency, the following steps are involved: RACE - rescue, alarm, confine and evacuate. Although specific procedures vary for each workplace, the video illustrates what to do when the emergency alarm sounds and how to respond in particular emergencies (fires, hazardous material releases, earthquakes and explosions.)- Coastal Training Technologies.

**V274 BACK SAFETY FOR LANDSCAPE, MAINTENANCE & CUSTODIAL WORKERS (Closed Captioned)**

(1/2" VHS 18 min. Color 1996  
1 videocassette)  
Provides basic steps that workers can follow to avoid back injuries, primarily those resulting when lifting and carrying. Topics include body mechanics, lifting loads above the shoulder, lifting and turning, pushing loads, 2 person lifts, use of mechanical devices (e.g., hand trucks, carts), common

injuries, symptoms that may require medical attention, and back exercises. NOTE: Employees with existing back problems should seek medical advice before doing the exercises shown. The use of back braces is mentioned, but not to prevent back injuries and not as a substitute for good body mechanics. - Video Communications, Coastal Training Technologies.

**V275 FORKLIFT SAFETY FOR CONSTRUCTION**

(1/2" VHS 22 min. Color 1999  
1 videocassette Instructor's Guide Training preparation guide Training Log Construction Forklift Operator's Daily Checklist Operator's handbook)  
Program's aim is to explain the importance of and demonstrate the safe operation of rough terrain vehicles on the construction site. Topics covered include: knowing the type of vehicle being used (its differences, capabilities, etc.); pre-operational inspections; maintenance issues associated with the performance of rough terrain vehicles; loading, carrying, driving with and unloading loads (load charts, stability triangle, load capacity, delivering loads to scaffolds, etc.); other hazards, such as rough, uneven terrain; pedestrians, overhead power lines and other obstacles; other vehicles; large loads that interfere with one's view, etc. - J.J. Keller & Associates.

**V276 SHIFTWORK: CIRCADIAN SURVIVAL**

(1/2" VHS 20 min. Color 1998  
1 videocassette Employee handbook)  
Provides suggestions to help the shift worker adjust and minimize difficulties. Examples include the need for an awareness of the body clock, using consistent time cues, getting the right amount and quality of sleep, follow a diet and exercise plan to fit the work schedule, and make good communication and family time a priority. - Coastal Training Technologies Corp.

**V277 ERGONOMICS: THE 24-HOUR BODY (Closed Captioned)**

(1/2" VHS 18 min. Color 1998  
1 videocassette Employee handbook)  
From the perspective that you use your body 24 hours a day, this program teaches employees how to use the ergonomic principles at work and when working at

home. Covers how the back works, how to use good body mechanics throughout the day, how to protect your body when doing weekend chores, how to stay in the "safety zone", and how to relax and sleep correctly. - Coastal Training Technologies Corp.

**V278 PROCESS SAFETY MANAGEMENT: SOLVING THE PUZZLE**

(1/2" VHS 22 min. Color 1995

1 videocassette Facilitator guide Employee handbook)

Provides a concise overview of process safety management, a pro-active approach to the prevention of uncontrolled releases of hazardous chemicals, which can cause serious injuries and extensive property damage to the facility and the surrounding community. Video briefly covers the 14 elements in OSHA's Process Safety Management Standard (e.g., employee participation, process hazard analysis, management of change, operating procedures, employee training, incident investigation, emergency planning & response, audits, etc.) - Summit Training Source.

**V279 WORKPLACE VIOLENCE: FIRST LINE OF DEFENSE (Closed Captioned)**

(1/2" VHS 30 min. Color 1994

1 videocassette Facilitator's guide Participant's guide)

The goals of this program are: 1) to make every organization aware of the potential for violence in the workplace, 2) to increase the ability to recognize the early warning signs of a potentially violent person or situation, 3) to show how to record incidents indicative of a potential problem, and 4) to encourage employees to report suspicious incidents to the right channels. Emphasizing the necessity for employers to be prepared to respond to and manage incidents of potential and actual workplace violence, the second part of the video covers designing a management response. This program uses an interview with a convicted perpetrator as well as a compelling dramatization to communicate the impact of this problem and can be used to train supervisory and management level personnel and also employees. - Kenwood Group/Coastal Training Technologies.

**V280 WHAT HEARING LOSS SOUNDS LIKE**

(1/2" VHS 13 min. Color 1995

1 videocassette)

Covers how we hear, how loud noise affects hearing, conductive and sensorineural hearing loss, and the use of hearing protection. Also demonstrates what a person with conductive and sensorineural hearing loss hears. - Liberty Mutual/Summit Training Source.

**V281 SAFETY ORIENTATION: IT TAKES A WINNING ATTITUDE**

(1/2" VHS 18 min. Color 1996

1 videocassette Employee handbook)

This program presents some of the general hazards that occur in the workplace and how to protect yourself from them. You will learn the importance of using different types of personal protective equipment, how you can protect your back and how to prevent accidental slips, trips and falls. You will also receive some instruction in hazard communication, the dangers of bloodborne pathogens, lockout/tagout procedures and the basics of fire safety. - Coastal Video Communications Corp.

**V282 ORDER PICKER SAFETY**

(1/2" VHS 9 min. Color 1998

1 videocassette Administrative materials guide Employee handbook)

Focuses on how an order picker works, how to perform a pre-use inspection, and how to operate an order picker safely, including the use of fall protection. - Comprehensive Loss Management, Inc.

**V283 REACH TRUCK SAFETY**

(1/2" VHS 8 min. Color 1998

1 videocassette Administrative materials guide Employee handbook)

Focuses on how a reach truck works, how to perform a pre-use inspection, and how to operate a reach truck safely.- Comprehensive Loss Management, Inc.

**V284 POWERED PALLET JACK SAFETY**

(1/2" VHS 8 min. Color 1998

1 Videocassette Administrative materials guide Employee handbook)

Focuses on how a walkie and walkie-rider works, how to perform a pre-use inspection, and how to operate a powered pallet jack safely.- Comprehensive Loss Management, Inc.

**V285 FORKLIFT SAFETY**

(1/2" VHS 12 min. Color 1995

1 videocassette Administrative materials guide Employee handbook)  
Focuses on how a forklift works overing rated capacity and stability, how to perform a pre-use inspection, and how to operate a forklift safely, which includes picking up, traveling with, and putting down loads; stopping; parking and working with docks on trucks. - Comprehensive Loss Management, Inc.

**V286 RISK ASSESSMENT FOR INDUSTRY**

(1/2" VHS 16 min. Color 1999  
1 videocassette Training guide)  
This program is designed to help employers minimize injury in the workplace by taking action prior to accidents occurring. To establish a sound risk assessment policy or system with special emphasis on industrial worksites, it recommends a simple 3-step risk identification system. Step 1: Identify the Hazards (e.g. examining past accidents, doing regular workplace inspections, creating a hazard report sheet and checklist unique to your worksite). Step 2: Assess the Risks (deciding the likelihood that a particular hazard or issue will cause harm, prioritizing the risks). Step 3: Control the Risks (taking action to eliminate the hazard e.g. elimination, substitution, isolation, engineering controls, administrative controls, personal protective equipment). - Vocam USA LLC.

**V287 ELEMENTS OF ERGONOMICS: BASICS OF ERGONOMICS (Closed Captioned)**

(1/2" VHS 9 min. Color 1995  
1 videocassette Administrative materials guide Employee handbook)  
Designed for employees, the video covers basics of ergonomics, cumulative trauma disorder risk factors (repetition, force and posture), and some quick fixes or ergonomic improvements. - Comprehensive Loss Management, Inc.

**V288 ELEMENTS OF ERGONOMICS: ELEMENTS OF AN ERGONOMICS PROGRAM (Closed Captioned)**

(1/2" VHS 14 min. Color 1995  
1 videocassette Administrative materials guide)  
Designed for supervisors, managers, engineering personnel and ergonomics team members. The video covers elements of an ergonomics program, role of management in communication, basics of

an ergonomic task analysis and ergonomic improvements, medical management and monitoring progress. - Comprehensive Loss Management, Inc.

**V289 DELIVERING THE GOODS**

(1/2" VHS 14 min. Color 2001  
1 videocassette Facilitator's guide Employee handbook)  
Route sales and delivery work involves moving large quantities of products from the supplier to the distributor or client. This program reviews route sales and delivery risk factors and identifies the potential hazards workers may encounter. It includes how to lift and prepare your body for activity, the correct lifting methods, how to plan for the job, and safe work practices.- Summit Training Source.

**V290 THE ESSENTIALS ELEMENTS OF HAND SAFETY**

(1/2" VHS 13 min. Color 1996  
1 videocassette Training Course Manual)  
This program looks at mechanical, chemical, thermal and general hazards to hands. In addition, accident prevention measures (elimination, substitution, administrative controls, engineering controls), the use of personal protective equipment, the importance of safe work practices are addressed. NOTE: Shows graphic shots of different types of hand injuries and illnesses (e.g. cuts, amputations, dermatitis, etc.). - Safetycare Inc.

**V291 THE RESPECTFUL WORKPLACE: OPENING THE RIGHT DOORS (Closed Captioned)**

(1/2" VHS 25 min. Color 1994  
1 videocassette Facilitator's guide)  
Focuses, not on the spectacular and rare instances of lethal workplace violence, but on the more prevalent daily occurrences of hostility, intimidation, harassment and other damaging behavior. The perpetrators and victims are employees, managers, and customers. Areas covered are defining of organizational values that are the foundation in the creation of a respectful workplace; identifying our "hot buttons"; taking individual responsibility for eliminating these damaging behaviors; and gaining skills in defusing hostile situations and in dispute resolution. - Quality Media Resources/Dynamic Training Media.

**V292 THE RESPECTFUL WORKPLACE:  
DEFUSING HOSTILITY THROUGH  
CUSTOMER SERVICE (Closed  
Captioned)**

(1/2" VHS 25 min. Color 1994

1 videocassette Facilitator's guide)

This video takes a strong customer service training approach to the issue of working with hostile customers. Important communication skills are taught which help employees in their attempts to turn difficult customer service challenges around.

However, where abusive customers cross the lines of acceptable behavior, employees are empowered to put their physical and emotional safety first. - Quality Media Resources/Dynamic Training Media.

**V293 THE RESPECTFUL WORKPLACE:  
MANAGING HARMONY (Closed  
Captioned)**

(1/2" VHS 26 min. color 1994

1 videocassette Facilitator's guide)

Defines the role leaders must play in creating and supporting a non-violent, respectful workplace. Also explores the organizational costs of inappropriate behavior, diffusing hostile situations, aligning policy and behavior with the organization's values, how conflict can be a positive force, and the organization's responsibility to provide effective avenues for dispute resolution. - Quality Media Resources/Dynamic Training Media.

**V294 PREVENTING SLIPS, TRIPS AND FALLS  
(HOTEL VERSION)**

(1/2" VHS 14 min. Color 1999

1 videocassette Instructor guide)

Covers the mechanics and causes of slips, trips, and falls; identifies areas where slips, trips and falls may occur and prevention measures (e.g. parking lots, sidewalks, entrances, lobbies and hallways, food & beverage areas, restrooms, pools, kitchen, back area where deliveries are made). Also includes recognizing hazards and taking appropriate action, procedures for responding to accidents and footwear. - Comprehensive Loss Management.

**V295 PREVENTING SLIPS, TRIPS AND FALLS  
(RETAIL VERSION)**

(1/2" VHS 17 min. Color 1999

1 videocassette Instructor guide)

Covers the mechanics and causes of slips, trips, and falls; identifies areas where slips,

trips and falls may occur and prevention measures (e.g. parking lots, sidewalks, entrances, aisles, food & beverage service areas, restrooms, receiving areas). Also goes over proactive accident prevention (recognizing hazards and taking appropriate action), and procedures for responding to accidents. - Comprehensive Loss Management.

**V296 DANCING ALONE**

(1/2" VHS 11 min. Color 1996

1 videocassette Instructional Guide)

Tells the true, touching story of Joe Gutkowski, a man who lost his life in an on-the-job fall and of the effect his death had on his family and friends. - The National Erectors Association.

**V297 PROTECTING YOUR FEET: LEARNING  
THE ABC'S (Closed Captioned)**

(1/2" VHS 18 min. Color 1993, 1997

1 videocassette Employee handbook)

Explains the ABC's of foot protection to reduce the chances of incurring foot injuries on the job, i.e., always be thinking ahead, be sure your workplace is neat and orderly as possible, and cover your feet with the proper safety shoes or boots. Covers some of the hazards that lead to foot injuries, the different types and ratings of safety shoes and foot protection and foot care at work and home. - Coastal Video Communications Corp.

**V298 ERGONOMICS: A WEIGHT OFF YOUR  
SHOULDERS**

(1/2" VHS 9 min. Color 1995, 2001

1 videocassette Handout)

Shows some of the causes of shoulder, neck and back aches and what can be done to reduce physical stress caused by doing the same motions repeatedly, working in awkward positions or using excessive force and lifting improperly. - Coastal Training Technologies Corp.

**V299 ERGONOMICS: SAFE PATIENT  
TRANSFER (Closed Captioned)**

(1/2" VHS 16 min. Color 2001

1 videocassette Employee handbook)

Covers how to recognize those risky tasks, patients and locations involving the handling of patients by healthcare workers and steps to protect one's back from injuries. Suggestions include limiting the number of lifts, the use of mechanical assistive devices

(e.g. gait belts, lifts, friction reducers, slide boards, walkers, shower chairs, trapeze bars, safety rails), and guidelines for special transfers (e.g. repositioning, lateral and car transfers). - Coastal Training Technologies Corp.

**V300 THE FIRST THIRTY SECONDS: THE SAFE USE OF FIRE EXTINGUISHERS**

(1/2" VHS 13 min. Color 1998  
1 videocassette Trainer's guide)

Knowing when not to fight a fire is just as important as knowing when and how. Fire size-up questions are explained to lead the viewer through this critical aspect of safe fire extinguisher use. The program describes how to best use an extinguisher and when not to use it. The PASS procedure is demonstrated as well as various classifications of fire. - Business Training Systems.

**V301 COMMUNICATING SAFETY**

(1/2" VHS 17 min. Color 1999  
1 videocassette Training guide)

The behavior of a worker is often a factor that brings about the conditions that lead to accidents. By changing the way one thinks about accidents, one can change his or her behavior and thus avoid an accident. An important first step is to understand what an accident is, and then to learn how knowledge about accidents can be communicated among everyone in the workplace. Everyone has a role to play in communicating safety. Other steps covered are: reporting accidents and near-misses; caring about safety and being proactive; establishing and following work and maintenance procedures; maintaining good housekeeping practices; and communicating during shift changes. People are made aware how stress, distractions and over-confidence can cause accidents and new workers are encouraged to ask questions rather than attempt potentially harmful tasks without proper instruction. - Vocam USA

**V302 SPEAK UP! COMMIT TO GIVE FEEDBACK**

(1/2" VHS 10 min. Color 2001  
1 videocassette Leader's guide)

Employees often feel anxious about pointing out unsafe behaviors to coworkers. They worry about how the other person will respond or, they may think that it's not their

place to say something. This video emphasizes that every person has the right and the responsibility to give feedback when they see someone doing something that isn't safe. It also points out three simple steps to give respectful and effective feedback: 1) ASK (why they are doing what they are and ask if you can share your concerns with them) 2) GET A COMMITMENT work together to find a safer way and ask them to make a commitment to work safely) and 3) FOLLOW-UP (check to see if they're working safely, don't give up if they're not, and offer positive feedback if they are). - CoreMedia Training Solutions.

**V303 PIECING IT TOGETHER: ACCIDENT/INCIDENT INVESTIGATION AND ROOT CAUSE ANALYSIS**

(1/2" VHS 18 min./8 min. Color 1997  
1 videocassette Trainer's guide)

Part 1 (Office/Manufacturing Setting) covers the responsibilities of persons involved in the incident/ accident investigation, the investigation process, making of recommendations, the accident investigation report and follow-up. Part 2 (Motor Vehicle Accident/Incident Investigation) includes the following: advance preparation and training, driver conduct at the scene, accident reporting, investigation procedures and post accident/incident interviews. Throughout the program the importance of identifying causal factors and corrective accidents are stressed as the keys to preventing future accidents. - Business Training Systems.

**V304 RESPIRATORY PROTECTION: ANOTHER WORLD (Closed Captioned)**

(1/2" VHS 22 min. Color 1995, 1998  
1 videocassette Leader's guide)

This program will cover: hazardous atmospheres on the job; respirator types and selection; employer's written Respiratory Protection Plan; medical evaluation; fit-testing; respirator maintenance, which includes inspection, cleaning and storage. - Coastal Training Technologies Corp.

**V305 BOOMLIFTS IN CONSTRUCTION**

(1/2" VHS 10 min. Color 1996  
1 videocassette)

Includes a startup walk around inspection

of a straight mast telescope lift (JLG); the content of training; hazards (e.g. obstructions, stability, electricity); safe operating procedures (e.g. knowledge of controls, use of personal protective protection, driving to the worksite); common lifting principles (rated load capacity, leverage, and center of gravity). Recommends the need to read and follow manufacturer's instructions. – Coastal Training Technologies Corp.

**V306 SCISSOR LIFTS IN CONSTRUCTION**

(1/2" VHS 9 min. Color 1996  
1 videocassette)

Covers a prestart walk around inspection; training needed for operators; controls of the lift; hazards (e.g. stability, obstructions, high voltage); safe operating procedures. Recommends the need to read and follow the manufacturer's instructions. – Coastal Training Technologies Corp.

**V307 CONSTRUCTION CONFINED SPACE ENTRY**

(1/2" VHS 10 min. Color 1992  
1 videocassette)

Good overview for preparation of working in confined spaces. This video identifies confined space hazards, the OSHA confined space permit program, and duties of the entry team. - Coastal Training Technologies Corp.

**V308 RUDY: SAFETY TAKES COURAGE**

(1/2" VHS 16 min. Color 2002  
1 videocassette Leader's guide Employee handbook)

Designed to educate employees that accidents do not have to happen and that thinking pro-actively can prevent accidents. Emphasizes four characteristics that can help prevent accidents: visualization (seeing yourself performing work tasks safely); character (doing the right thing and caring about safety), courage (to choose to work safely when others don't agree with you or give you a hard time) and responsibility (to value our life for our sake and the sake of our loved ones).

**Note:** It was a workplace accident that motivated Rudy Ruettiger, against seemingly impossible odds, to reach for his dream of

playing on the Notre Dame football team. – Coastal Training Technologies Corp.

**V309 LIFTING AND CARRYING**

(1/2" VHS 10 min. Color 1990

1 videocassette Trainer's manual)

This video is divided into 3 sections: the role of the spine in back injuries (severity, disc injuries, muscle & ligament injuries); lifting & carrying techniques (preparation, steps for lifting, team lifting, adequate vision, mechanical lifting devices); factors governing manual lifting (nature of the load, working conditions, personal limitations). – SafetyCare.

**V310 LEADERSHIP SKILLS FOR SAFETY: SUPERVISOR TRAINING**

(1/2" VHS 25 min. Color 2001

1 videocassette Facilitator's guide Employee handbook)

Besides improving productivity, quality, waste reduction, team leaders, project managers, and supervisors are also responsible for the safe work practices of their employees. This video provides skills and effective and proven ways for those in leadership roles to create a safe work environment and to encourage positive worker attitudes toward safety (covers hazard recognition, accident investigation, job safety analysis and effective communication). It also explains the important role safety plays in their company's success. – Summit Training Source.

**V311 ELECTRICAL SAFETY: CONTROLLING THE HAZARDS**

(1/2" VHS 13 min. Color 2002

1 videocassette Facilitator's guide Employee handbook)

Covers how electricity works, electrical hazards and how it affects your body, and safe practices to reduce or eliminate your risk. The electrical hazards mentioned include contact with power lines, missing or broken path to ground, lack of ground fault protection and using extension cords or electrical tools improperly. - Summit Training Source.

**V312 LADDER SAFETY: TAKE THE RIGHT STEPS**

(1/2" VHS 13 min. Color 2001

1 videocassette Facilitator's guide  
Employee handbook)  
Program teaches about proper ladder  
selection for the job, inspecting ladders  
before use, proper setup and angle,  
climbing techniques, and appropriate  
maintenance and storage. Professional  
stunt people demonstrate falls that result  
when ladders are not properly used. -  
Summit Training Source.

**V313 ELEMENTS OF BACK CARE (GENERAL  
INDUSTRY)**

1/2" VHS 14 min. Color 2000  
1 videocassette Administrative  
materials Employee handbook)  
To teach employees how to properly care  
for their backs and prevent injuries.  
Program highlights include: the basic  
function and design of the back; body  
mechanics and movement; importance of  
periodic stretching throughout the day; and  
various stretches and exercises. NOTE:  
Employees should check with their  
healthcare professional if they have  
questions about doing demonstrated  
stretches and exercises. - Comprehensive  
Loss Management, Inc.

**V314 WORKING WITH STRESS**

(1/2" VHS 17 min. Color 2002  
1 videocassette NIOSH Pub. 99-101)  
Brief overview of causes, effects on workers  
and organizations, and prevention of job  
stress. Provides two case studies of stress  
management programs. - National Institute  
for Occupational Safety and Health.

**V315 EMERGENCY ACTION PLAN: CRISIS  
UNDER CONTROL  
(Closed Captioned)**

(1/2" VHS 16 min. Color 2001  
1 videocassette Employee handout)  
Covers some of the basics of an emergency  
action plan, such as plan organization,  
communication, medical services, alarm  
and evacuation, assembly and check-in,  
drills and practice, personal responsibility  
and watchfulness. - Coastal Training  
Technologies Corp.

**V316 POWER PRESS SAFETY**

(1/2" VHS 11 min. Color 2002  
1 videocassette Facilitator's guide  
Employee handbook)  
Program includes information on the basic  
operations of power presses, potential

hazards, and best safety practices (e.g.  
knowing the operation of the press, use of  
personal protective equipment, importance  
of machine guards and engineering  
controls, lockout/tagout, good  
housekeeping). - Summit Training Source.

**V317 CONSTRUCTION SAFETY ESSENTIALS**

(1/2" VHS 24 min. Color 2001  
1 videocassette Training guide)  
Video presents some of the different types  
of hazards found on the jobsite and  
suggests practical ways to work safely.  
Hazards covered include housekeeping,  
working at heights, electricity, tools and  
machinery, personal protective equipment,  
confined spaces, the elements, manual  
lifting and others. - Vocam USA LLC.

**V318 HAZARD COMMUNICATION FOR RETAIL**

(1/2" VHS 13 min. Color 2002  
1 videocassette Facilitator's guide  
Employee handbook)  
Retail workers may face the risk of injury  
and illness due to improper storage,  
handling, and exposure of hazardous  
chemicals and materials, such as paint,  
solvents, detergents, bleach. As part of a  
hazard communication program, this video  
covers types of chemical hazards, how to  
reduce or eliminate exposure, labeling  
systems, material safety data sheets, and  
safe handling of hazardous materials. -  
Summit Training Source.

**V319 SLIPS, TRIPS AND FALLS: KEEPING A  
STEP AHEAD (Closed Captioned)**

(1/2" VHS 14 min. Color 2001  
1 videocassette Facilitator's guide  
Employee handbook)  
Causes of slips, trips and falls, a significant  
source of injuries and even deaths on the  
job; preventive measures; when, where, and  
how to use fall protection; techniques to  
avoid slips, trips, and falls; and safe work  
practices are the subjects of this program. -  
Summit Training Source.

**V320 LISTEN UP! COMMIT TO RECEIVE  
FEEDBACK**

1/2" VHS 9 min. Color 2002  
1 videocassette Leader's guide Program  
handouts)  
The purpose of this program is to help  
employees learn how to respond to safety-  
related feedback they receive from others.



It emphasizes that no matter how feedback is delivered, everyone has the responsibility to listen and to commit to correcting unsafe behaviors. - CoreMedia Training Solutions.

**V321 PREVENTION OF EYE DAMAGE**

(1/2" VHS 22 min. Color 1997  
1 videocassette Trainer's guide)  
The need to assess particular eye hazards and choose the correct eye protection is a critical aspect of eye safety and is dealt with in this video by showing a variety of work scenarios which require the viewer to assess the appropriate eye protection requirements. Also included are sections on: how the eye works; workplace eye hazards; how to identify, assess and control eye hazards; maintenance of eye protection; welding and laser safety; what to do in an eye emergency. - Vocam USA LLC

**V322 POWERED HAND TOOL SAFETY**

(1/2" VHS 18 min. Color 2001  
1 videocassette Trainer's guide)  
Explains general safety principles related to the use of a wide range of electric and pneumatic tools, as well as risks, safety procedures and personal protective equipment applicable to particular tools. Topics covered include: tools skills; electric hand tools; sanders and routers; circular saws; angle grinders; drills; pneumatic tools; dangers of the work environment. - Vocam USA LLC

**V323 HYDROGEN SULFIDE SAFETY**

(1/2" VHS 14 min. Color 2002  
1 videocassette Facilitator guide Employee handbook)  
Program provides a guide to working safely with hydrogen sulfide (H<sub>2</sub>S) in its gas and liquid forms. Topics covered include: what is hydrogen sulfide; potential hazards; working safely around H<sub>2</sub>S; personal protective equipment; emergency response procedures. The practices presented are primarily for persons working in the petrochemical, natural gas, utilities, wastewater treatment, paper and pulp, and other related industries who face risk of exposure. - Summit Training Source.

**V324 ON THE FRONT LINE: WHY SAFETY ACCOUNTABILITY?**

(1/2" VHS 17 min. Color 2000  
1 videocassette Leader's guide Workbook)

Part 1 of the "Supervisor Training on Managing Safety" series. Safety accountability is introduced through a storyline involving three supervisors. It contrasts 2 organizations --- one that has implemented accountability and one that hasn't---and the result is a study of what the significant differences could mean to your organization. -- CoreMedia Training Solutions.

**V325 ON THE FRONT LINE: DEFINE**

(1/2" VHS 16 min. Color 2000  
1 videocassette Leader's guide Workbook)  
Part 2 of the "Supervisor Training on Managing Safety" series, this program explains that clearly defined safety-related behaviors or activities are the foundation of an accountability system. It also covers how to identify the roles of each person in the organization and what each is responsible for. -- CoreMedia Training Solutions.

**V326 ON THE FRONT LINE: MEASURE AND REWARD**

(1/2" VHS 16 min. Color 2000  
1 videocassette Leader's guide Workbook)  
Part 3 of the "Supervisor Training on Managing Safety" series. Through a firsthand experience, the supervisor demonstrates how measuring and rewarding safe work activities has led to a safe, productive work environment. -- CoreMedia Training Solutions.

**V327 ANCHORAGES: MAKE THE CONNECTION (Closed Captioned)**

(1/2" VHS 17 min. Color 1992  
1 videocassette Employee handbook)  
Even the best fall protection is useless without proper anchorage. This video provides general rules for identifying anchorage points and guidelines for safe hook-up. Topics include strength of anchorage points, the swing fall, roll-out, rescue, confined space and others. -- Coastal Training Technologies.

**V328 BLOODBORNE PATHOGENS: A SHARPER IMAGE (Closed Captioned)**

(1/2" VHS 19 min. Color 2003  
1 videocassette Employee handbook)  
Program offers a concise look at the transmission, treatment and prevention of bloodborne pathogens, specifically hepatitis B, hepatitis C and HIV. Covers the

Exposure Control Plan that is required if employees are exposed to bloodborne pathogens and some of the requirements, e.g., personal protective equipment, safe work practices and sharps safety. – Coastal Training Technologies

**V329 COMPRESSED AIR SAFETY**

(1/2" VHS 15 min. Color 2001  
1 videocassette Leader's guide)  
Stresses the importance of working safely with compressed air (4 incidents are shown to illustrate the injuries that can result from the improper use of compressed air). Topics include dangers of cleaning with compressed air, how compressed air can injure the human body, use of personal protective equipment (e.g. safety glasses, hearing protection), inspection and maintenance of compressed air equipment and components of compressed air systems. – American Training Resources.

**V330 I CHOSE TO LOOK THE OTHER WAY**

(1/2" VHS 12 min. Color 2003  
1 videocassette Leader's guide)  
Tells the story of an employee who failed to speak up when witnessing an unsafe act. By choosing to "look the other way," he allowed the needless death of a co-worker to occur. Based on the popular safety poem by Don Merrell, this program shows how speaking up about unsafe acts, even to a co-worker who expressed his anger at being reminded about safety, can save lives and help develop a positive safety culture. – American Training Resources.

**V331 R.E.P.O.R.T. IT! NEAR MISS REPORTING**

(1/2" VHS 15 min. Color 2000  
1 videocassette Facilitator guide Participant guide)  
Training package for supervisors who want to train team leaders in the Near Miss Reporting process. Covers what near miss reporting is, why it is important and the R.E.P.O.R.T. steps in the process (i.e., Recognize a potential incident and address the immediate danger, Enter information on a form and get it to a supervisor, Perform any corrective action, Offer information to co-workers, Reinforce the reporting by giving feedback to employees and Track reports to uncover areas that need attention. – CoreMedia Training Solutions.

**V332 CRANES, HOISTS AND SLINGS**

(1/2" VHS 17 min. Color 1999  
1 videocassette Training guide)  
Explains the safe use of cranes, hoists and slings with reference to lifting procedures. Emphasizes pre-operational and operational checks; worksite and load assessment; hand signals; lifting capabilities; crane competence certificates. Also covers how to carry out damage inspections, handling, direct lifts, multi-legged slings, and the use and maintenance of accessories, such as chains, flat webbing and round slings. – Vocam USA LLC.

**V333 NEEDLESTICK PREVENTION: STICK TO SAFETY (Closed Captioned)**

(1/2" VHS 12 min. Color 2002  
1 videocassette Employee handbook)  
For healthcare workers, this program covers facts on HBV, HCV, and HIV; information on HBV vaccination; five safety rules of sharps safety – get vaccinated against the hepatitis B virus, treat any used sharp as a dangerous sharp, use sharp safety devices, follow safe-handling techniques with all sharps and dispose of sharps safely; what to do if you are stuck. – Coastal Training Technologies Corp.

**V334 WORKING SAFELY AT HEIGHT**

(1/2" VHS 17 min. Color 2003  
1 videocassette Training guide)  
Program shows how to prevent falls through risk assessment and the use of control measures. Provides examples of potential hazards at job sites and features safety issues and procedures for equipment used to work at heights, such as scaffolds, fall arrest systems, ladders and trestles, and elevated work platforms. – Vocam USA LLC.

**V335 SHOCK PROOF: QUALIFIED EMPLOYEE**

(1/2" VHS 21 min. Color 2004  
1 videocassette Employee handbook Facilitator's guide)  
Areas covered include: electrical hazards faced by qualified employees; safety procedures necessary to reduce risk of injury from hazards, such as those for lockout/tagout; best safety practices for working on or near live electricity, including the use of personal protective equipment, proper tools, ground fault circuit interrupters,

ladders, job briefing, maintaining approach boundary distances, etc. – Summit Training Source.

**V336 SHOCK PROOF: UNQUALIFIED EMPLOYEE**

(1/2" VHS 17 min. Color 2004  
1 videocassette Employee handbook Facilitator's guide)

The program for the unqualified employee covers why electricity is hazardous, how to recognize common electrical hazards, and how to prevent electrical accidents and injuries. – Summit Training Source.

**V337 PORTABLE POWER TOOLS, VOLUME IV**

(1/2" VHS 21 min. Color 1992  
1 videocassette)

The first part of the video reviews some general safety guidelines (e.g. personal protective equipment, electrical safety, securing working materials). Covered in the second part are the features and operational techniques of the following portable woodworking power tools: sanders, drills, routers and planers. – Siegel & Associates.

**V338 CONVEYOR SAFETY IN THE WORKPLACE**

(1/2" VHS 18 min. Color 2002  
1 videocassette Leader's guide)

Video discusses some of the hazards of working with and around conveyors and features some personal stories involving these hazards. Covers the various types of points (shear, pinch, nip and spill points) and guards (drive, coupling, end shaft guards). Numerous safety rules are emphasized, including those concerning crossing over and under conveyors; importance of good housekeeping; long hair, loose clothing and jewelry when working around conveyors; operation and service of conveyors should be done only by authorized and trained personnel; know location & function of stop controls. - American Training Resources.

**V339 ASBESTOS IN CONSTRUCTION**

(1/2" VHS 26 min. Color 2003  
1 videocassette Employee handbook)  
For workers involved in building,

demolishing, repairing or maintaining structures, this video covers asbestos exposure assessments and monitoring, respiratory protection and regulated areas, as well as requirements, such as the four asbestos work classes, containment enclosures and duties of the competent person. – Coastal Training Technologies.

**V340 UNSAFE ACTS**

(1/2" VHS 15 min. Color 2003  
1 videocassette User's guide)

Included in the program are the following: a definition of the term "unsafe acts"; factors or causes which lead to unsafe acts, e.g. lack of knowledge, lack of job training, lack of concentration, physical limitations and fatigue; outcomes of unsafe acts; and strategy to reduce the number of unsafe acts that occur. – SafetyCare, Inc.

**V341 S.T.A.R.T. II THE WAY WE WORK: MODULE 1**

(1/2" VHS 17 min. Color 1991  
1 videocassette Trainer's guide)

This Supervisor Training In Accident Reduction Techniques (START) program is designed for supervisors to implement a safety culture when training employees. This module sets the stage for understanding a safety culture by taking a realistic look at how people live and work together. Some topics covered include: personal responsibility for safety, personal value of safety, employee impact on safety culture through peer interaction and commitment, difficulties involved in developing a successful safety culture. – CoreMedia Training Solutions.

**V342 S.T.A.R.T. II THE WAY WE WORK: MODULE 2**

(1/2" VHS 14 min. Color 1991  
1 videocassette Trainer's guide)

This Supervisor Training In Accident Reduction Techniques (START) program is designed for supervisors to implement a safety culture when training employees. Some of the key points this module presents include: safety is on the same priority level as production, quality control and scheduling, value of safety for the company, safety behavior has three factors

--- knowledge, skill and attitude, accountability and responsibility must be shared by everyone. – CoreMedia Training Solutions.

**V343 SAFETY LEADERSHIP FOR EVERYONE**

(1/2" VHS 23 min. Color 2003  
1 videocassette Leader's guide)  
Tom Harvey, CSP, discusses meeting the challenge of convincing employees that you're serious about safety by developing the idea that everyone, irrespective of position and title, should be a safety leader. Also shown are some of the common pitfalls to this end. Topics include connecting safety messages with actions, setting examples, encouraging safe behavior by creating positive benefits to working safely while creating negative consequences to unsafe actions, why safety prizes often don't work, recognizing safe actions of co-workers and "employee-powered" safety. - American Training Resources.

**V344 THE PRO-ACTIVE SAFETY COMMITTEE: A TEAM FOR SUCCESS**

(1/2" VHS 13 min. Color 1995  
1 videocassette)  
Program describes the purpose, organization and operation of a safety committee. Also covers five elements to set up the committee: structure, membership that represents all departments, crafts, skill areas and even subcontractors, mission for each committee, support from management and feedback to evaluate the effectiveness of the committee. – Coastal Video Communications Corp.

**V345 SAFETY COACH: THE SEVEN C'S OF SAFETY**

(1/2" VHS 19 min. Color 2000  
1 videocassette Pocket guide)  
Featuring Florida State University head football coach Bobby Bowden, this program contains information showing supervisors various principles and coaching tips used by athletic coaches that can be used to change employee's safety-related attitudes and behaviors. These performance principles can be summed up in the seven C's: coach (make a positive pitch); confirm safe actions (positive reinforcement); correct, don't

criticize; conciliate (resolve disputes or conflicts so that relationships can be repaired quickly); care (power of relationships); collaborate (involve workers in improving safety); clarify (clarify the personal importance of working safely). – Coastal Training Technologies Corp.

**V346 MANUAL HANDLING FOR INDUSTRY: THE NEW APPROACH**

(1/2" VHS 21 min. Color 2002  
1 videocassette Training guide)  
Back structure and musculoskeletal disorders (MSD) are explained and methods of identifying, assessing and controlling manual handling risks related to MSD are covered. Case studies with solutions applicable to typical workplace manual handling problems are used to illustrate correct manual handling procedures. – Vocam USA LLC.

**V347 LOADER-BACKHOE SAFETY: OPERATOR SAFETY**

(1/2" VHS 20 min. Color 1993  
1 videocassette)  
Good coverage, with examples, of the type of loader and backhoe injuries. Also includes the use of appropriate clothing, seat belts and personal protective equipment (ppe), doing a walk-around inspection, getting on and off equipment, prevention of rollovers, loading and unloading of equipment for transporting, and working around utility lines, cables and pipes. – Equipment Training Resources.

**V348 LOADER-BACKHOE SAFETY: WORKER SAFETY**

(1/2" VHS 20 min. Color 1993  
1 videocassette)  
Emphasizes the 200% safety factor principle whereby the operator and co-workers each give 100% toward safety on the jobsite, the four point defense plan (stay out of swing range and stabilizer area; establish eye contact with the operator; work facing the machine), pitfalls and jobsite hazards (e.g. operator awareness and distractions, mechanical failure, limited visibility of operator, etc.). Also includes general information and hazards of excavations, shoring and sloping. – Equipment Training Resources.

## **APPENDIX**

HIOSH Library Borrowing Agreement

AV Materials Request Form

Sample Training Attendance Record



## HIOSH LIBRARY BORROWING AGREEMENT

**Must be completed and returned to the HIOSH Library to establish borrowing privileges.**

1. Copyrighted materials are loaned subject to the condition that any form of duplication is strictly prohibited in accordance with Title 17 of the United States Code. Unauthorized duplication of copyrighted materials will result in cancellation of HIOSH Library borrowing privileges.
2. Materials are loaned for specific periods of time according to the type of material and must physically be in the Library by the scheduled return date. Three late returns within a year will result in the suspension of borrowing privileges for a period of up to one year from the date of the last loan. Arrangements for extended loans and other special scheduling must be made with the HIOSH Librarian or other authorized HIOSH staff at the time the material is loaned or with adequate time prior to the scheduled return date.
3. The loan of HIOSH materials by a borrower to other persons or entities is prohibited. A borrower may not loan materials to any party not specifically included in the borrower's HIOSH Library transaction. All loan transactions must be made through the HIOSH Library.
4. The borrower is responsible for loss of or damage to library materials and agrees to replace any items lost or damaged during the loan period.
5. Borrowers who are required to return materials by traceable means are responsible for the cost of return shipping. Unless materials are hand-delivered by the borrower, return shipping must be by traceable means (e.g., United Parcel Service, Federal Express, United States Postal Service - Registered or Express Mail). Return by untraceable means will result in borrower liability in the event of loss or damage.

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I understand these rules and policies and agree to comply as a condition of my participation in the HIOSH Library. *I have kept a copy of this agreement for my records and returned the original to HIOSH.*

Date: \_\_\_\_\_ Borrower ID#: \_\_\_\_\_  
(To Be Assigned by HIOSH Library)

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Business Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

Primary Business Activity: \_\_\_\_\_

Signature \_\_\_\_\_

Please mail form to: Hawaii Occupational Safety & Health Division Library, 830 Punchbowl Street, Room 425, Honolulu, HI 96813 (Phone: (808) 586-9131)

LibAgreePub5/09/03





**AV MATERIALS REQUEST FORM**

NAME: \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ FAX: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

AV MATERIALS DESIRED (Give number and title)

SHOW DATE(S)

ALTERNATE DATE(S)

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MAIL OR FAX (808) 586-9104 REQUEST TO:

LIBRARY  
HAWAII OCCUPATIONAL SAFETY AND HEALTH DIVISION  
830 PUNCHBOWL STREET, ROOM 425  
HONOLULU, HAWAII 96813



# SAMPLE

*It is greatly encouraged that management maintains training records and have them available for HIOSH inspections upon request. This is a sample form that you can customize for your particular situation. Refer to the requirements of your company and of specific HIOSH standards; e.g., powered industrial trucks, bloodborne pathogens, hazard communication, fall protection, personal protective equipment, etc.*

## TRAINING ATTENDANCE RECORD

This record shall be signed by each attendee of this training session, and shall be completed, reviewed and forwarded as indicated elsewhere on the form.

Work Group: \_\_\_\_\_ Date(s) \_\_\_\_\_

Location: \_\_\_\_\_ Time: \_\_\_\_\_ to \_\_\_\_\_

Subject: \_\_\_\_\_

**Contents:** \_\_\_\_\_

May include training aids used; e.g., videos, handouts, etc., (attach copy, if appropriate) and measure of proficiency; e.g., pretest and post test.

Conducted by: \_\_\_\_\_ Title: \_\_\_\_\_

## ATTENDEES

| Print Name | Title | Signature |
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*Attach Continuation Sheet(s)*

Reviewed by: \_\_\_\_\_

\_\_\_\_\_  
Date

Copy to:

**NOTE:** The Supervisor should retain a record copy of all training sessions involving his/her personnel.

**ATTENDEES**

| <b>Print Name</b> | <b>Title</b> | <b>Signature</b> |
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