



ERNEST ORLANDO LAWRENCE  
BERKELEY NATIONAL LABORATORY

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Environment, Health, & Safety  
Training Program

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**EHS 0022 ~ Ergonomics for Supervisors**

**Course Syllabus**

**Subject Category:** Office Ergonomics & other hazards  
**Course Length:** 1 hour  
**Delivery Mode:** Power Point presentation  
**Schedule:** quarterly  
**Location/Time:** 70A-3377

**Course Prerequisite:** No  
**Medical Approval:** No

**Course Purpose:** This course is intended to help train supervisor on how to recognize and prevent office hazards. The program explains LBNL's Ergonomic Policy, types of ergonomic injuries, risk factors, and office/work station accessories available to mitigate those risks. Electrical hazards and proper material handling is also presented.

**Course Objectives:**

- Understand LBNL's Ergonomics Policies.
- Understand the supervisor's role in office safety.
- Recognize potential office hazards.
- Know where to find assistance with ergonomic issues.

**Course Instructional Materials:**

- Power Point Presentation
- Power point handouts

**Instructors:** Dr. Peter Lichty

**Training Compliance Requirements:**

**Course Handouts:**

- Copies of Power Point presentation

**Participant Evaluation:** Written evaluations regarding the effectiveness of the trainer, the training, and the visual aids.

**Written Exam:** No

**Practical Exam:** No

**Retraining/Recertification:** As needed

**WEB Resource:** EH&S Training Program web page @ <http://www.lbl.gov/ehs/html/training.htm>.