



Environment, Health, & Safety
Training Program

EHS 0116 ~ First Aid Safety

Course Syllabus

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|--------------------------|----------------------|-----------------------------|-----------------------------------|
| Subject Category: | First Aid | Course Prerequisite: | No |
| Course Length: | Two (2) Hours | Medical Approval: | No |
| Delivery Mode: | Class | | |
| Schedule: | 2 sessions per month | | |
| Location: | Bldg. 48-109 | | * Dress casual for skill practice |

Course Purpose: This course is designed to prepare employees, particularly members of Building Emergency Teams, to take appropriate action in providing emergency first aid care to others until professional emergency responders arrive.

Course Objectives:

- Provide information on the signs and symptoms of various injuries and illnesses they might encounter in the event of a major incident where professional rescuers might be delayed.
- Provide employees with an introduction to the equipment available to them.
- Provide employees with opportunities to practice various methods of bandaging and splinting of injuries.

Course Instructional Materials:

- Video: ASHI Basic First Aid (provided by CPR, Etc.)
- Disaster Trauma Kits

Instructors:

Alameda County Fire Department
835 East 14th Street, Suite 2000
San Leandro, CA 94577
(510)618-3490

Training contact: Genevieve Pastor-Cohen x7033

Training Compliance Requirements: 8CCR 3203 & 3400

Course Handouts: Yes

Participation Evaluation: Written evaluations regarding the effectiveness of the trainer, the training and the visual aids.

Written Exam: Yes

Practical Exam: No

Retraining/Recertification: Required every three (3) years.