

Women's Health Network
2008 Lecture Series
Celebrating 10 Years of Thought Provoking Lectures

Nourishment:
Exploring the Many Facets of Food

Food Policy

How local, state and national food policy affects what we eat.

Friday, March 14, 2008

Emotions & Eating

How our moods control our eating habits.

Friday, June 6, 2008



Food and Hormones

Eating and the cycles of our lives.

Friday, September 12, 2008

Food as Medicine

Using foods to heal our mind, body and soul.

Friday, December 5, 2008

Details:

- All lectures are free and open to the public.
- Lectures are from 8:00 AM – 12:00 Noon and located at McMenamin's Kennedy School at 5736 NE 33rd Avenue, Portland Oregon.
- Continental breakfast provided.
- Detailed lecture information will be available approximately one month before each lecture.

For more information, please call: Jessica Duke at 971-673-0361

If you need this flyer in an alternate format, please call the Office of Family Health at 971-673-0232.