

1 We're scheduled for a 15 minute break, and
2 plan to be back here at 25 after ten. Is my watch
3 correct?

4 So we'll start again at 25 minutes after
5 ten with the questions and discussion.

6 (Whereupon, the foregoing matter went off
7 the record at 10:11 a.m. and went back on
8 the record at 10:27 a.m.)

9 CHAIRPERSON CHESNEY: We are ready to
10 begin the discussion, and I'd like to turn the
11 microphone over to Dr. Victor Raczkowski, who is going
12 to present the questions to us and also maybe provide
13 feedback to us as to whether we can make up our half
14 hour.

15 DR. RACZKOWSKI: Hello. I'm Dr. Victor
16 Raczkowski. I'm the Acting Director of the Division of
17 Gastrointestinal and Coagulation Drug Products.

18 And to answer the second question first,
19 in order to allow more time for discussion, I've
20 discussed it with Dr. Murphy and the pediatric team,
21 and we hope to extend this morning's discussion for at
22 least an hour to have adequate time to discuss the

1 proton pump inhibitor template.

2 And let me turn now to the questions. We
3 have five questions for the committee, and the first
4 question is: can the efficacy of a proton pump
5 inhibitor for the treatment of pediatric patients less
6 than one year of age be extrapolated from adults? Why
7 or why not?

8 And as you've heard from our speakers this
9 morning, the pediatric proton pump inhibitor template
10 has taken the position that efficacy cannot be
11 extrapolated from adults to pediatric patients of less
12 than a year of age.

13 Question number two gets into some of the
14 design issues of the studies, and are the designs of
15 the efficacy studies requested for pediatric patients
16 less than one year of age, that is, randomized, double
17 blind, placebo controlled studies of a treatment
18 withdrawal design acceptable? And if not, please
19 specify the components of the study designs that
20 should be changed, and please suggest an alternate
21 ethically acceptable trial design to establish
22 efficacy and safety.

1 Then in Questions 3 and 4 we move to two
2 different populations since we anticipate this is
3 where perhaps much or most of the discussion will be.

4 Question 3 deals with neonates and pre-term infant
5 patients asking (a) whether the efficacy endpoints
6 chosen for Study 2 were acceptable, and if not, to
7 please suggest alternative clinically meaningful
8 efficacy endpoints for pathological gastroesophageal
9 reflux in this age group.

10 (b) asks whether the specified trial
11 design inclusion criteria, monitoring, and assessments
12 are adequate or not, and if not, to please suggest
13 alternative or additional criteria, monitoring, and/or
14 assessments.

15 Three (c) asks whether the safety
16 endpoints chosen for Studies 1 and 2 are acceptable
17 and if not, please suggest additional safety
18 endpoints.

19 And then 3(d) asks for both the neonates
20 and pre-term infants and the infants from one month to
21 11 months of age for follow-up for at least 12 months,
22 and so we're asking the committee: is the duration of

1 proposed follow-up at six and 12 months after
2 enrollment for developmental growth and safety
3 assessments -- whether or not that's adequate, and if
4 not, what duration of follow-up safety assessment is
5 recommended?

6 For Item No. 4, we're talking about
7 infants one month to 11 months of age.

8 Four (a), and these are basically repeats
9 of the previous question: are the efficacy endpoints
10 chosen for this study acceptable? If not, please
11 suggest alternative or addition clinically meaningful
12 endpoints?

13 Four (b), are the specified trial design,
14 including criteria, monitoring and assessments
15 adequate? And if not, please suggest alternative or
16 additional criteria, monitoring and/or assessments.

17 Four (c), are the safety endpoints chosen
18 for Studies 3 and 4 acceptable? And if not, please
19 suggest additional safety endpoints.

20 And 4(d), is the duration of proposed
21 follow-up at six and 12 months after enrollment for
22 developmental growth and safety assessment adequate?

1 And if not, what duration of follow-up safety
2 assessment is recommended?

3 And finally, Question No. 5 asks about the
4 pharmacokinetics and pharmacodynamic designs in
5 studies that we've requested, specifically asking:
6 are the study designs for the single and repeat dose
7 pharmacokinetic and pharmacodynamic/pharmacokinetic
8 studies acceptable? And are there additional and/or
9 alternative assessments recommended for study of
10 proton pump inhibitors in pediatric patients?

11 And I thank you, and we look forward to a
12 good discussion.

13 CHAIRPERSON CHESNEY: Thank you, Dr.
14 Raczkowski.

15 And for those of you who may not have
16 heard, Dr. Murphy has given us permission to go until
17 ten o'clock tonight if that's what it takes --

18 (Laughter.)

19 CHAIRPERSON CHESNEY: -- to answer all of
20 these questions, but we can have our time moved to one
21 o'clock, and we'll postpone this afternoon's meeting
22 by an hour.

1 So let's start with the first question.
2 Can the efficacy of a proton pump inhibitor for the
3 treatment of pediatric patients less than one year of
4 age be extrapolated from adults? Why or why not?

5 Dr. Nelson.

6 DR. NELSON: Intensivists are always
7 willing to jump in. A question. I was impressed in
8 reading through the materials about the differences in
9 presentation, symptomatology, and the like within this
10 population, particularly which I guess they're going
11 by the term supraesophageal or respiratory.

12 My question then is -- to some extent
13 follows from Dr. Hassall's, I believe, presentation
14 that the hard endpoints that you suggested are
15 efficacy endpoints that could perhaps be extrapolated,
16 such as esophagitis.

17 So if you presume that the change in
18 gastric pH has any impact on esophagitis, to the
19 extent that you're advocating a hard endpoint, I would
20 raise the question as to whether efficacy could be
21 inferred once you've done the appropriate
22 pharmacokinetic and pharmacodynamic studies.

1 If, however, you're looking at the
2 supraesophageal and respiratory endpoints, it looks to
3 me like you could not infer that since, in fact,
4 that's not an adult presentation. So that would be at
5 least my sort of working interpretation and question
6 that would then come out of that.

7 CHAIRPERSON CHESNEY: Dr. Ward.

8 DR. WARD: In the background information,
9 I thought there was some nice description of
10 physiologic changes that matured around six months of
11 age, and it's unclear to me that the one-year cutoff
12 is appropriate, that maybe a six-month cutoff might be
13 more appropriate to define a different population.

14 CHAIRPERSON CHESNEY: Dr. Kauffman.

15 DR. KAUFFMAN: I was impressed with that,
16 too, and it reminded me we never do literature
17 searches back beyond five years, rarely, and beyond
18 ten years, never. But many, many years ago, when I
19 was in Michigan, we did a study metoclopramide when it
20 was a new drug in infants in the first year of life
21 from one month -- two to four weeks was the youngest
22 ones -- up to a year of life, who presented with GER

1 with complications, not just spitting up.

2 And this was a randomized, double blind,
3 placebo with a weak run-in on nothing, and then they
4 were randomized to two arms. They either got
5 metoclopramide or not.

6 And simultaneous esophageal gastric pH was
7 our outcome measure at that time, and then we did
8 secondarily parent recording at home.

9 But the thing that struck me about this
10 study was that in infants up to about four to five
11 months of age, we could not distinguish between
12 placebo and active drug.

13 In infants older than four to five months,
14 then we had a statistically significant difference
15 using this prophetic (phonetic) agent in terms of pH
16 outcomes, and we speculated at that time that this was
17 due to the fact that physiologic reflux and with
18 frequent feedings in the younger infants was
19 obscuring, washing out any difference in the
20 pathologic reflux, and by the time we got to around
21 six months, the babies we were seeing were true
22 pathologic refluxers, and the drug was having a

1 pharmacologic effect.

2 And it fits some of the other information
3 that was described this morning. This maturation
4 takes place around that time. So one of the risks of
5 lumping one month to 12 months in one group is we're
6 going to wash out, if there really is a change at
7 around five to six months. We run the risk of washing
8 out any efficacy that we might -- that might exist in
9 that six to 12 month age group and not seeing it.

10 CHAIRPERSON CHESNEY: Thank you.

11 Yes, Dr. Blackmon.

12 DR. BLACKMON: I think one additional
13 reason one should use some caution in this is the fact
14 that there are so many different reasons for
15 complicated reflux that occur in infants that do not
16 occur in adults, and the reasons, particularly the
17 neurologically impaired or those with anatomic
18 disorders, would confound the efficacy issue
19 substantially because it's not just acid reflux. It's
20 the issue there.

21 CHAIRPERSON CHESNEY: Dr. Blackmon, would
22 you support the six month cutoff that Dr. Kauffman and

1 Dr. Ward were talking about for efficacy studies?

2 DR. BLACKMON: I would have no problem
3 supporting six months for term infant. Quite
4 honestly, I'm not sure where the breakpoint is for the
5 extremely pre-term infant.

6 We have a whole population of infants now
7 that we still don't know what their maturational
8 course is, and that's by and large the infants of less
9 than 26 weeks' gestation, and they are a substantial
10 part of our morbidity in the NICU.

11 I would say if one could ascertain a
12 reasonable break point for that group, yes, but for a
13 term infant, I would have no problem with the six
14 month.

15 CHAIRPERSON CHESNEY: Dr. Ward.

16 DR. WARD: One of the important points
17 that Dr. Blackmon made was these two categories, the
18 child with esophtraltresia (phonetic) and the
19 neurologically impaired children that are frequently
20 candidates for funduplications and surgical
21 intervention, and those children, I think, are almost
22 universally recognized as difficult to treat.

1 Reflux is a significant morbidity for
2 them, and I think we should actually think of those as
3 a population that may warrant specific criteria for
4 enrollment in trials.

5 CHAIRPERSON CHESNEY: So there might be
6 two subsets of patients, the normal term infant maybe
7 up to six months, and then the pre-term infant, and
8 particularly those who have significant underlying
9 disease.

10 Dr. Hassall.

11 DR. HASSALL: If I could just speak to a
12 couple of the issues that were raised. I think that
13 under the age of a year, as far as I can I determine,
14 the only real hard endpoints are esophagitis and,
15 slightly less hard perhaps, failure to thrive.

16 I see it being very difficult to have a
17 good endpoint in the patient under one year of age,
18 assuming that we are enrolling only patients with
19 GERD, in other words, with GER disease, in other
20 words, a complication.

21 So my response to Question 1 is I believe
22 one can follow esophagitis or failure to thrive, but

1 they are relatively uncommon. I mean, we do see
2 esophagitis in the six, maybe four month old to 12
3 month old child, but they have to have pretty severe
4 reflux disease.

5 So, again, we're talking about what's
6 reality in terms of being able to recruit patients to
7 these studies, and do we have enough? And certainly I
8 would doubt that we have enough to break it into a
9 number of subgroups.

10 The other issue that I'd like to address
11 is the issue of the zero to 12 months. I'm not sure
12 that that is important if we are only enrolling
13 patients with GERD. We're not trying to enroll
14 patients who are thriving, who are just vomiting, you
15 know, upwards of 95 percent of whom will get better
16 spontaneously. We specifically don't want to enroll
17 those patients.

18 So we really only want to enroll patients
19 with a complication, and once they've got a
20 complication, then you can assess efficacy.

21 CHAIRPERSON CHESNEY: Yes, Dr. Gold.

22 DR. GOLD: Actually I think Dr. Fink and

1 then I'll go after him.

2 CHAIRPERSON CHESNEY: Oh, Dr. Fink.

3 DR. FINK: My comment, I guess the concern
4 I have as a pulmonologist and seeing the failure of
5 NISN (phonetic) to correct problems is I really don't
6 think we're dealing with GERD in the under six month
7 old. I think we're dealing with feeding dysfunction,
8 and it's a much more global issue. It includes
9 maturation of upper airway reflexes, ability to
10 swallow without aspiration, maintenance of the airway
11 during sleep, and GE reflux often being one component
12 of all of those elements of maturational and
13 neurologic deficits.

14 But to call GERD in the sense of GERD
15 in older children I think is a misnomer. So I really
16 think part of the problem is definitional, and Under
17 six months really are talking about a feeding disorder
18 or a feeding problem that may have GE reflux as part
19 of its symptomatology.

20 And so I think the six-month cutoff does
21 make some sense, and those are beginning to start out
22 at that age, and the neurologically impaired child is

1 probably a poor one to study even above six months of
2 age because if you look at supraglottic
3 manifestations, you're going to have to put in some
4 very strict criteria to rule out aspiration from
5 above because it's sure seen in a number of failures
6 of NISN to completely dissolve symptomatology.

7 CHAIRPERSON CHESNEY: Dr. Gold.

8 DR. GOLD: Okay. Two points. I think,
9 first, it's easy to make the clear distinction -- I
10 think this point was well heard -- that the patients
11 with GI anatomic abnormalities really belong in their
12 own special category. Those with neurologic injury
13 belong in their own category, and then your, quote,
14 unquote, normal.

15 But I'd like to sort of offer some
16 provocative thoughts with respect to the issue of
17 defining an age, and to use my esteemed colleague Greg
18 Kerns' coin of words, I'd like three words:
19 responsible, feasible, and applicable.

20 One of the things that I'd also like, and
21 I said this to Victor in the break, is that this not
22 stop here, that this be a continuing and ongoing

1 dialogue.

2 What this wonderful set of references, I
3 think, highlights is a different set of perspectives
4 from different disciplines, that of ENT neonatology,
5 pulmonology, gastroenterology, and pediatricians about
6 an entity that really is still lacking clear case
7 definitions, is lacking good epidemiology, is lacking
8 good issues with studies with respect to its natural
9 history.

10 We can't really come to a specific
11 definition of the right age to do the cutoff when we
12 haven't really defined the case definitions and then
13 have followed that over time so that we understand
14 what we're looking at at the six month, one year, two
15 year, and ten year old.

16 And I think we need to think about it with
17 respect to responsible, feasible and applicable. We
18 need to think about it because in the end what we need
19 to do are studies that we can go back to our
20 clinicians, and those of us who are clinicians who are
21 going to be using these drugs anyway, we're going to
22 offer the information that's going to allow them to

1 make appropriate and safe choices for drugs to use.

2 Secondly, for the parents of these
3 children who -- my daughter had fairly significant
4 reflux, both the destroying of the ties, but also the
5 screaming at night -- and those that we're going to be
6 asking to participate when we're giving them the
7 informed consent form in these studies.

8 So I think that we need to think carefully
9 about our cases, whether we're coming up with
10 definable clinical correlates and objective, validated
11 endpoints that then can be used in efficacy studies in
12 these particular age groups.

13 And I think because of the advancement of
14 technology and the fact that we are, you know,
15 resuscitating premoids at 450-500 grams, we're dealing
16 with a whole different set of populations that have a
17 whole lot of co-morbidities that either need to be
18 controlled for in a proper design or thought of in
19 terms of contributing to the overall process of
20 reflux.

21 CHAIRPERSON CHESNEY: Dr. Winter.

22 DR. WINTER: Well, I would like to really

1 commend and thank Hugo and Victor and their colleagues
2 for focusing this agenda on a very important issue for
3 our patients, and it's not because I have to leave
4 early to go to my daughter's senior prom that I'm
5 going to come to be somewhat definitive about my
6 comments.

7 But I would propose to the voting members
8 of the committee that efficacy studies in premature
9 infants not be part of a PPI template, and I base that
10 on the comments that Dr. Gold made, and I agree with
11 what he said.

12 But apnea associated with GERD is
13 controversial. As an outcome measure, it's affected
14 by multiple factors, including CNS development, LES
15 maturation, GI motility, feeding issues,
16 cardiopulmonary disease, and the role of acid
17 suppression in treating apnea is of questionable
18 value.

19 And so I think that doing efficacy studies
20 in this population is not feasible, and I don't think
21 will give us the answers to those questions.

22 I think our responsibility to our patients

1 and to their families is to understand the
2 pathophysiology of the disease and to encourage the
3 NIH and the Children's Digestive Health and Nutrition
4 Foundation to support RFAs to answer these kinds of
5 questions.

6 And probably more importantly, I think our
7 role is to educate practitioners about evidence based
8 medicine and to have educational campaigns to do that
9 because I have a sense what's driving the questions
10 that we're being asked is use and not benefit.

11 And so I think that we need to separate
12 the question about industry sponsored template for PPI
13 from the pathophysiology and the educational needs
14 that our patients need to have.

15 So I would urge the committee not to
16 consider efficacy in the premature infants as part of
17 the PPI template, but rather to encourage other means
18 of addressing these questions.

19 CHAIRPERSON CHESNEY: Dr. Winter, I'm not
20 sure when you have to leave, but may I ask you a
21 question? If we don't consider the use of PPIs in
22 premature infants, what population or is there any

1 population that you think we should look at efficacy
2 studies?

3 DR. WINTER: Yes. I think that we should
4 look at efficacy studies over a year of age. I think
5 that children over one year of age -- reflux, I think,
6 is a disease that begins some time in child -- adult
7 disease begins sometime in childhood for many
8 patients, and it's a disease that waxes and wanes, and
9 the cycle of injury and repair over many, many decades
10 results in complications of GERD in both adolescents
11 and in adults.

12 So I think of the disease over a year of
13 age in children may be the harbinger of sequelae of
14 disease in older children. So those are the patients
15 that I would consider efficacized to be critical in.

16 And, for example, in children over a year
17 of age who have irritability, who are in pain, PPI
18 therapy may be effective in those patients, and that's
19 a population in which PPIs are being used, and it is
20 possible to design studies using irritability or the
21 evaluation of irritability as an outcome to assess
22 efficacy of those medications, not in hospitalized

1 patients, but in patients who we see in our office and
2 in whom we use PPIs on a regular basis as
3 gastroenterologists.

4 You have to exclude conditions such as
5 allergy and food intolerance, which you can do by pH
6 monitoring, because children who have reflux
7 presumably will have some abnormality in pH probe
8 studies, and that will also give you some degree of PK
9 and PD assessment.

10 So I think that's a population in whom
11 efficacy studies are valuable, but I'm not convinced
12 that efficacy studies have a role at this point in
13 time in children under a year of age.

14 CHAIRPERSON CHESNEY: May I just take the
15 speaker's prerogative and ask you one more question?

16 DR. WINTER: Yes.

17 CHAIRPERSON CHESNEY: You made the mistake
18 of saying you were leaving.

19 DR. WINTER: No, I have until about 11:30.

20 CHAIRPERSON CHESNEY: I do a month of
21 general pediatric attending every year, and this is
22 the population that I understand the least about and

1 the ones that get us into the most trouble, and I'm
2 particularly intrigued by Dr. -- not the most trouble,
3 but where we're just, you know, pulling things out of
4 the air -- and I'm intrigued by Dr. Hassall's comment
5 that they reduced their anti-reflux surgery from 50 to
6 five patients in one year. That's phenomenal to me.

7 But I'm also struck by how well the anti-
8 reflux surgery works. I mean, something is being
9 repaired in these infants.

10 And I feel like if we don't address this
11 issue now, it's going to be several years down the
12 road where we still don't have anything for these
13 infants, and that's maybe a somewhat emotional
14 response, but you know, of everything that I see on
15 the general pediatric service now, it's these infants
16 that we seem to understand the least about.

17 And I wondered if that would factor at all
18 in your decision just to look at efficacy over a year
19 of age.

20 DR. WINTER: Well, I agree with you. I
21 think that this is a question that certainly needs to
22 be studied. I'm not sure that this is a question that

1 needs to be studied by industry sponsored
2 investigation.

3 I mean, I think that this is a very
4 important question. It's a question that the NIH and
5 foundations, such as CDH&F, which sponsor RFAs to
6 answer these kinds of questions, should be sponsoring
7 and should be asking these questions, and there should
8 be well defined studies to look at the physiology and
9 efficacy of these trials.

10 But I'm just concerned that the size of
11 the studies are not going to answer the questions.
12 The purpose of these studies is different, and I think
13 that I'm just concerned that we're not going to get
14 the information that we want to have by requiring this
15 as part of a PPI template.

16 That's my motivation in saying the
17 statement.

18 CHAIRPERSON CHESNEY: I understand. Thank
19 you.

20 Dr. James.

21 DR. JAMES: I just wanted to follow up on
22 Dr. Winter's comments, and I agree with him in that

1 the efficacy studies are very difficult to do in the
2 children less than one year of age.

3 But I do not think that relieves us of our
4 responsibility to continue doing the pharmacokinetic
5 and pharmacodynamic evaluations because we know that
6 we can do those types of studies. We have done those
7 studies in HT receptor antagonists. We can use the
8 same type of templates to study the PPIs in the
9 children less than one years of age.

10 So that at least at the end of the day we
11 have the dosing information, and we have the
12 developmental maturation information to be able to
13 provide to physicians and to families.

14 CHAIRPERSON CHESNEY: Thank you.

15 I have Dr. Hudak, Raczkowski, and Gold, in
16 that order. Dr. Hudak.

17 DR. HUDAK: I guess I'd like to take a
18 slightly different tact to that. I think that the
19 studies in the premature babies for efficacy do need
20 to be done. Whether they're done as a part of a
21 written request here, whether they're funded by an HMO
22 or NIH or whatever, I think they desperately need to

1 be done because there's no question in my mind that
2 this class of drugs will be used with great frequency
3 in neonates.

4 And to do that without any information on
5 efficacy or safety, I think, is a mistake. We've gone
6 down that path many time.

7 So as an advocate for our patients, I
8 think that that information is critical. As difficult
9 as it might be, you know, to design the studies, I do
10 think that with relatively few number of patients you
11 can have information as to whether or not the therapy
12 is effective.

13 There is reason to suspend some disbelief
14 here. I think that there's reason to think that it
15 might be affected. As you point out, we don't
16 understand very much about the association of reflux
17 with apnea in a lot of these children.

18 I think there is some evidence that there
19 is an association, although we can't get at it with
20 the methods we've used thus far, but I think if you
21 were able to demonstrate a decrease in those
22 supraesophageal symptoms with the PPI class

1 medications, you know, that would go a long way
2 towards stimulating a lot of the investigations in
3 terms of pathophysiology and whatnot that you allude
4 to.

5 But I think practically speaking, looking
6 at our patients, without studies this class of drugs
7 will be used and will be used relatively
8 indiscriminately.

9 CHAIRPERSON CHESNEY: Dr. Raczkowski.

10 DR. RACZKOWSKI: I actually have a
11 question, I think, for Dr. Winter, but before I ask
12 the question, I just wanted to rephrase Question No. 1
13 in a way that may facilitate some of the discussion.

14 What the proton pump inhibitor template
15 asks for in children greater than a year of age is not
16 formal efficacy studies. It asked for PK and PD
17 studies, and the assumption is there that if you know
18 enough about acid suppression from blood levels and
19 from pharmacodynamic studies, that the disease of
20 gastroesophageal reflux disease is sufficiently
21 similar between kids more than a year and above to
22 allow us not to have to redo formal efficacy studies

1 in those kids that are greater than a year of age.

2 On the other hand, in kids less than a
3 year of age, we've taken the approach that PK/PD is
4 not enough; that if all you knew was about acid
5 suppression of these agents in that age group of less
6 than a year of age, that would not allow you to draw
7 any conclusions about whether the drugs really work
8 because the manifestations are very different in that
9 age group.

10 And so I guess the question I have for Dr.
11 Winter is: do you believe that there are specific
12 differences between GERD in kids more than a year of
13 age or so that would require us to do efficacy studies
14 or if we know enough about acid suppression in terms
15 of the PK and PD, is that enough?

16 Once we get the right dose, that gives us
17 a certain amount of acid suppression. Would that be
18 enough for that age group of more than a year of age?

19 DR. WINTER: Well, first, I agree with Dr.
20 James about the benefit of PK and PD studies in all of
21 the age groups. I think that that's very clear.

22 The question about efficacy over a year of

1 age, I think the pathophysiology is similar. The
2 clinical presentation is somewhat different in that
3 children over a year of age may have different
4 clinical symptoms that need to be assessed, such as
5 growth issues that may be important.

6 And children between zero and one year of
7 age, the outcome of irritability is a major factor
8 that's different than adults, but I think that the
9 pathophysiology is similar.

10 So that efficacy studies over a year of
11 age, I think, adult data is extrapable. Between zero
12 and one, I think that there are differences in terms
13 of the clinical manifestations that we should be
14 studying in terms of efficacy, and in premature
15 infants we already discussed that issue.

16 CHAIRPERSON CHESNEY: Dr. Gold, you were
17 next.

18 DR. GOLD: I actually am not sure that I
19 necessarily completely agree. I think that we still
20 don't know enough about manifestations in that over
21 one to 11 year group to completely say that we can
22 extrapolate all that is learned in adults to that.

1 I agree and would like to echo Dr. James'
2 comments that I think there is the importance of doing
3 the PK/PD in the less than one because at least with
4 that we can say -- and safety -- we can say we can
5 offer a safe dose. Whether or not it's effective is
6 not clear.

7 And I think, you know, your comment about
8 the fact that the fundo.'s (phonetic) work is an
9 interesting point. Fundiplication rates, when one
10 looks at the pediatric hospital information system,
11 which is probably 32 children's hospitals across the
12 U.S., have risen dramatically from 1995 to the year
13 2000 and, in fact, have grown exponentially even
14 though the rate of GERD admissions, which is four
15 percent of all hospital admissions, as any diagnosis
16 in the year 2000, it has gone and exceeded that of
17 GERD, particularly with the fact that the lapnissen
18 (phonetic) now, which the first report was in '95, is
19 available.

20 And yet you look at the literature, and
21 there's a complete paucity, I guess -- that's a sort
22 of an oxymoron -- but there are no studies that look

1 at outcome or long-term natural history of the
2 funduplication and what you're doing long term with
3 these children.

4 So I think that the surgeons are going to
5 continue to do funduplications, and those of us who
6 would try to, you know, use appropriate, as Dr.
7 Hassall pointed out, case selection in those patients
8 that go to surgeons, we need to have good data that
9 then we can use in terms of applying appropriate
10 medical therapies and maybe non-medical therapies that
11 will help our children both at the time and then long
12 term.

13 CHAIRPERSON CHESNEY: Dr. Hassall and then
14 Dr. Nelson.

15 DR. HASSALL: A couple of questions. Just
16 to address the funduplication issue first, there are
17 very -- there are lots of data in the surgical
18 literature about the success or otherwise of
19 funduplication in children, and while they may work
20 acutely -- and I can give you these published data and
21 summaries on them -- the longevity of funduplication
22 in all handicapped children, esophageal atresia

1 children, and children without any underlying disease
2 is astonishingly short.

3 The surgical studies go no more out than
4 about five years at the absolutely maximum, with no
5 physiologic parameters to determine their success or
6 otherwise, and the failure rates within a year to two
7 years are staggeringly high, you know, 30, 40 percent
8 easily, and in the high risk groups, higher than that.

9 So I think we are really looking -- not
10 that I don't refer patients for fundiplication, but we
11 select them in the particular way that I mentioned
12 earlier.

13 So I think that really fundiplication has
14 a role, but I think that the degree of consideration
15 we're giving to PPIs actually in many ways speaks to
16 the failure of funduplications, and even when it
17 works, these children have some problems.

18 I'd just like to get back to Dr.
19 Raczkowski's questions, and that is I echo Dr.
20 Winter's comments fully. In the under one year old
21 child, once you enroll a patient with a complication,
22 it doesn't matter if 90 percent, 95 percent of

1 children who are healthy get better by the age of a
2 year or two years. We're only enrolling or thinking
3 about children who need PPIs, hopefully, who have a
4 complication.

5 And once they have a complication, and
6 especially I think we'll find if we study those under
7 one year olds, the great majority of kids with
8 esophagitis and/or failure to thrive and/or chronic
9 cough, et cetera, et cetera, are going to come from
10 two groups: esophageal atresia and neurologic
11 impairment.

12 And in our studies, upwards of 50 to 75
13 percent of all of the children, even in the older age
14 groups, have come from those groups when we select out
15 others.

16 So once we've got those children with
17 esophageal atresia or neurologic impairment, I would
18 extrapolate to the under one year of age from one to
19 two years of age or three to four years of age or
20 eight to ten years of age if they've got esophagitis
21 and failure to thrive or chronic cough.

22 The kids under one year of age -- and I'm

1 specifically excluding pre-term infants; I'm talking
2 about zero to one. I think pre-term infants is a
3 different discussion.

4 I would feel that one can easily
5 extrapolate the pathophysiology and the consequences
6 of reflux in the zero to one year old from the two to
7 three year old, from the older child. And we've shown
8 that PPIs in several studies, lansoprazole,
9 omeprazole, many, many studies, long term and short
10 term, can treat these.

11 As long as it's an acid related disorder,
12 we've shown that acid suppression in adequate dose can
13 work. So I would definitely propose assuming efficacy
14 under the age of one year from not even -- perhaps
15 it's too scary to assume it from adults, but from five
16 year olds, from ten year olds, from 15 year olds.

17 CHAIRPERSON CHESNEY: Thank you.

18 Dr. Nelson.

19 DR. NELSON: That actually leads in nicely
20 to the comment I wanted to make. The scientific
21 discussion we're having has an underpinning of an
22 ethical principle, which is that children shouldn't be

1 exposed to unnecessary risk.

2 And if one could extrapolate efficacy,
3 then you shouldn't have to do studies of efficacy that
4 might involve such risk.

5 One concern I have is that there is, for
6 example, five drugs on the list of PPIs that are used
7 in this population, all of which are on the list of
8 having received a written request. The question I
9 want to put on the table is that, in fact, we should
10 be willing to extrapolate efficacy from a study in
11 pediatrics using the same disease and the same drug
12 class to another study in pediatrics.

13 And it would concern me if we're, in fact,
14 having the fifth or fourth or third company doing what
15 one and two had to do. The first efficacy trial for
16 the first drug should be applied to a modification of
17 the written request for Drug 2, Drug 3, Drug 4, Drug
18 5.

19 That's how IRBs are going to review this.
20 We're going to see what's labeled, what's available,
21 what's being used, and just ask the question: do we
22 really need to do this in kids for another one?

1 So I think that's something I'd like to
2 put on the table that needs to be part of the
3 discussion.

4 CHAIRPERSON CHESNEY: Yes. Dr. Ferry.

5 DR. FERRY: I think that my clinical
6 experience is a little bit different from what Dr.
7 Hassall mentioned. We certainly see a lot of children
8 in the first year of life with neurological
9 impairments, esophageal atresia and problems that lead
10 to really severe reflux disease.

11 But we also see in our practice a lot of
12 children who are not thriving, who are drying, are
13 really poor feeders, irritable, all of the same
14 spectrum that older children will complain of
15 heartburn, and you know, to me it's the same disease.

16 So I don't think it's just these other
17 complicating diseases that are the most common
18 presentation in our own practice.

19 I think his point that we might well be
20 able to extrapolate from older children to the one
21 year of age I think is a really good point. I really
22 think these children in every clinical sense seem to

1 respond the same way a two year old, a three year old,
2 a five year old does.

3 And we can document the fact that they
4 actually have esophagitis. It may not be erosive. We
5 can document pH changes.

6 I think the question to me really comes
7 back do we actually need the efficacy studies in that
8 group of patients.

9 CHAIRPERSON CHESNEY: Dr. Ferry, do you
10 think we need any efficacy studies in children?

11 DR. FERRY: Well, I think certainly when
12 you get down into pre-term infants, there I think
13 that's a different group of patients totally, but I
14 think, you know, if we knew the dosing -- I mean, my
15 clinical judgment tells me these drugs have made a
16 huge difference already, and there's a good bit of
17 data out there.

18 I mean, do we need efficacy? I almost
19 hate to say no to that. That seems like it's probably
20 the wrong approach, but in fact, clinically these
21 children respond the same way older children do. Even
22 at three and four months of age, we have patients

1 referred all the time that have failed all the
2 standard positioning, taking feedings. I mean, you
3 can take all 13 people in our group, and they are
4 absolutely convinced that these drugs work.

5 And we have the endpoints, you know, to
6 measure that already. We see esophagitis. We do end
7 up scoping, you know, a number of these children.

8 I think dosing, you know, is important. I
9 think to my mind efficacy, there's a lot of data out
10 there that says these drugs work in this first year of
11 age.

12 CHAIRPERSON CHESNEY: Dr. Ferry and Dr.
13 Hassall, it sounds like you already have a wealth of
14 experience with these drugs, and from your vantage
15 point, the thing that you need is PK and PD
16 information. Is that a fair statement?

17 DR. FERRY: One of the first studies I
18 ever did was on tube feeding in children with failure
19 to thrive in reflux because we didn't have any -- I'm
20 older than most people here. So it goes back a long
21 ways -- and we don't do that anymore at our
22 institution.

1 This used to be standard treatment.
2 Failure to thrive from reflux, you put them on tube
3 feeding, small volumes. They gain weight. Their
4 reflux gets better.

5 We don't have to do that at all anymore
6 because of PPIs. I mean we just don't do it.

7 CHAIRPERSON CHESNEY: Can I just write
8 down the dose you're using?

9 (Laughter.)

10 CHAIRPERSON CHESNEY: Dr. Hassall.

11 DR. HASSALL: Yeah, I think the studies
12 have been done. I think we already know not just from
13 personal experience, but from published studies that
14 these drugs work in older children from one year up.

15 And so I don't think we need to reinvent,
16 to rediscover the efficacy, that these drugs are
17 efficacious.

18 I fully support Dr. Winter and Dr. James
19 and everybody else who said that we do need PK studies
20 because I see these as dosing and safety issues.

21 I don't see efficacy issues on the table
22 for children who are in the age group we're talking

1 about right now.

2 CHAIRPERSON CHESNEY: Dr. Ward.

3 DR. WARD: It sounds like among the
4 pediatric gastroenterologists there's relatively good
5 agreement that the signs and symptoms of erosive
6 esophagitis disease is similar in the young infant as
7 it is in the older child. Would that be the group
8 that there would be agreement that the efficacy is not
9 needed in that group, excluding, again, the pre-terms?

10 DR. HASSALL: I'm sorry. Is the question
11 that just --

12 CHAIRPERSON CHESNEY: I think the question
13 was: would you both agree that efficacy studies are
14 not needed in any age group which has -- and please
15 correct me -- classic adult GER disease manifested as
16 irritability instead of pain and some degree of
17 esophagitis; that we don't need efficacy studies in
18 children?

19 I didn't phrase that as well as Dr. Ward.

20 DR. FERRY: Well, no, if I understood the
21 question, it was talking about erosive disease, and
22 that's not the predominant disease in children. You

1 can demonstrate esophagitis by biopsies. You can
2 demonstrate acid reflux. I think erosive disease is
3 actually not the most common form.

4 DR. WARD: Yes, that was probably a
5 neonatologist misspeak.

6 (Laughter.)

7 DR. WARD: So I guess I would say
8 esophagitis disease: irritability, pain, sometimes
9 refusing feeds.

10 DR. FERRY: Yes.

11 DR. HASSALL: Yeah, plain and simple
12 esophagitis, histologic and/or gross, yes. But I
13 would extrapolate and say that if a disease is acid
14 related, then these drugs are going to work, and we
15 already have efficacy and safety data with hard
16 endpoints.

17 So, you know, we might debate whether or
18 not respiratory disease is or is not due to acid at
19 all or whether it's due to volume reflux. But if it's
20 an acid related disease, we already know that these
21 drugs work in acid related disorders, and we have pH
22 studies to prove that, as well as other endpoints.

1 CHAIRPERSON CHESNEY: Dr. Wilfond, and
2 then I have Dr. James.

3 DR. WILFOND: You know, looking at it from
4 a point or perspective, I want to echo what Bob Fink
5 had said before because I understood his comment to be
6 in the opposite vein, that the issue for those
7 children with complex problems, and that includes some
8 pulmonary manifestations, perhaps some subtle
9 neurological impairments, are sufficiently complex
10 that it may be even harder to tell efficacy when it
11 exists.

12 That's what I thought I heard you say, and
13 I think you were trying to make a claim that even an
14 attempt at doing efficacy studies may be challenging,
15 but at the very least, I think that I would want to
16 say that for that population, I think efficacy studies
17 are necessary to sort out to what extent these types
18 of drugs are helpful in that population.

19 CHAIRPERSON CHESNEY: I had Dr. James
20 down. Do you?

21 Dr. Winter.

22 DR. WINTER: I think that what Dr. Hassall

1 said is precisely the point from a GI standpoint, that
2 if the disease is acid related and we know the right
3 dose to suppress acid, which is a critical component,
4 then we believe that the medications that we have are
5 effective.

6 The question about asthma and, you know,
7 other pulmonary disease is much more complicated
8 because of the multi-factorial nature of the diseases.

9 And you know, I think the question is not so much
10 about PPI efficacy. The question is: are these
11 diseases acid related?

12 And the question is whether or not that's
13 an appropriate thing to include in a PPI template, and
14 that, I think, is the essence of the question.

15 CHAIRPERSON CHESNEY: Thank you.

16 Dr. Spielberg.

17 DR. SPIELBERG: Yeah, I think it sort of
18 gets to the heart of the whole thing. When we think
19 about extrapolation of efficacy, we have to have an
20 understanding of mechanism in order to be able to
21 extrapolate efficacy. So clearly for the acid related
22 issues that are clearly acid related, the issues of

1 PK, adequate acid suppression, and safety and
2 formulation so that you can accurately and
3 appropriately give a dose are really the heart of the
4 matter.

5 What I'm hearing from the discussion
6 because I think all of us are worried about youth in
7 other situations, and that includes both patient
8 populations, such as the neonate, and other
9 indications. I'm hearing a fair amount though that in
10 terms of valid endpoints to design some of these
11 studies, that we really don't have them, and that
12 brings up several issues, not only a failed study
13 potentially where there may be efficacy and we're just
14 measuring the wrong thing because we don't have the
15 science, but it also brings up ethical issues because
16 if we're going to design studies with endpoints that
17 we really don't believe in to enroll children in such
18 a study when we really don't have confidence that that
19 study is going to give us an interpretable outcome
20 raises some real issues for me.

21 I agree with Harland that we need those
22 data. We have an obligation to all of our patients in

1 whom a drug like this is currently being used.

2 And I agree, too, that we have a long way
3 to go to develop some of the endpoints from an NIH
4 perspective or from a pediatric GI community
5 perspective, to give us endpoints we can use, which
6 may say -- and not to confound age populations and
7 cornicity -- it may be premature to ask for certain
8 types of studies until, indeed, we have enough
9 understanding.

10 Are these acid related? If they are acid
11 related, then we'll be able to extrapolate. If the
12 data show that they are not acid related and they're
13 still being used, then one has to question why the
14 drugs are being used in the first place.

15 So there are two levels here. One is the
16 desperate need to get the data, and there are a number
17 of mechanisms which have been suggested today, and
18 then the second is the issue and the confounder here
19 of the incentives.

20 And just to make some comment about use of
21 the Best Pharmaceuticals for Children Act and such, I
22 think all of us agree that because, indeed, the

1 incentives cover the moiety as a whole, this is a good
2 opportunity to study conditions outside the adult
3 situation where efficacy studies would be needed in
4 unique pediatric diseases.

5 And I think this is one of the things that
6 was in the back of everybody's mind, including
7 Congress, to give a mechanism to insure the diseases
8 outside adult diseases can be studied.

9 The flip side though is if we don't yet
10 have tools to adequately do those studies or if they
11 are questions about those tools, I think we then have
12 to seriously consider whether that should be part of
13 the template or go into something like an NIH
14 mechanism which will provide those data in the long
15 run.

16 CHAIRPERSON CHESNEY: Thank you.

17 Dr. Gorman, you had your hand up.

18 DR. GORMAN: I always dread speaking after
19 Dr. Spielberg.

20 CHAIRPERSON CHESNEY: Sorry. Next time
21 I'll ask you first.

22 (Laughter.)

1 DR. GORMAN: Thank you so much.

2 I always enjoy listening to my colleagues
3 who look at the other end of the telescope. They get
4 the people who have been screened by the parents and
5 then the pediatricians and perhaps another specialist
6 before the eventually end up in your special areas of
7 expertise.

8 These drugs will be used for every spitter
9 that comes down the line, every fat, happy spitter. I
10 would be delighted to see an efficacy study with a
11 high rate of failure so that the pediatricians in
12 private practice will learn which groups not to use
13 these drugs on because I agree that the dissemination
14 of information for both successes and failure, if it
15 is so targeted to only be the acid disease which makes
16 up some fraction of reflux disease, then it will be
17 meaningless because it will get generalized as it gets
18 detailed out to the community as being a treatment for
19 reflux.

20 And reflux is like pornography. No one
21 can define, but we all know it when we see it. And
22 I'm listening around this table, listening for hard

1 output, hard endpoints, and I hear a few that I think
2 we all agree on, and then there's a lot of very fuzzy
3 ones that we don't agree on.

4 I think efficacy studies are necessary
5 because it will show us our ability to define the
6 conditions on the way in, as well as define our
7 endpoints on the way out.

8 Thank you.

9 CHAIRPERSON CHESNEY: Dr. Nelson and then
10 Dr. O'Fallon.

11 DR. NELSON: I guess my question would be:
12 what is the mechanism currently for the dissemination
13 of the negative results of such a study? If the
14 clinical indications have defined our cases,
15 presumably if it's not pH related, we would end up
16 with a negative study. If it's negative, I mean,
17 there are existing requests out there.

18 I didn't check to see if anybody has --
19 well, I think one has gotten exclusivity. So the
20 question would be: was that study negative? Did it
21 use a clinical case definition? And if it was
22 negative, do pediatricians know it?

1 I'll confess I didn't check the labeling
2 to see if that has been disseminated in that way, but
3 has that bene published as a negative study?

4 Because this all assumes the negative
5 study would get out into the general pediatric
6 educational materials. So I guess that's a question
7 of adequate dissemination.

8 Often negative studies just disappear and
9 don't get published and don't result in labeling.

10 CHAIRPERSON CHESNEY: Dr. O'Fallon.

11 DR. O'FALLON: When I came into this, I
12 was very concerned about the endpoint issue just on
13 the basis of all the stuff that we got from the FDA,
14 and today it made it even worse for me listening to
15 the facts presented.

16 So I do think if you don't have good
17 endpoints, there's no way to get a good study. So I
18 think that is the major issue here.

19 But if you can agree that there are some
20 useful, maybe not optimal, but useful endpoints,
21 especially for the acid associated reflux, then I
22 think that the suggestion of having the randomized

1 withdrawal study is very good.

2 I think that probably comes close to being
3 an optimal design because what's going to happen is
4 you're going to be able to get at some estimate of
5 what percentage of the population do not respond at
6 all. They will never be randomized because the drug
7 right up front doesn't do any good for them.

8 And the ones that do respond, then you can
9 withdraw, and I am assuming you would switch to a
10 placebo and do a double blind. I'm assuming that it
11 would be that sort of thing.

12 But if you switched half of them to a
13 placebo and continued the study, you'd get an idea
14 whether it was the drug that was doing it or whether
15 it was some other underlying thing, such as maturation
16 that's going on.

17 So I think a randomized withdrawal study
18 with a double blinded placebo deal would really help
19 to provide a lot of useful information about what's
20 going on.

21 CHAIRPERSON CHESNEY: And that moves us to
22 the second issue, and I wanted to ask Dr. Raczkowski

1 if he wanted more input on the first question.

2 Dr. Fink, did you have something
3 addressing the first one?

4 DR. FINK: Well, Dr. O'Fallon, I guess,
5 just raised a red flag in my eyes in terms of study
6 design, which is it's well known with esophagitis that
7 if you used a withdrawal of placebo withdrawal design,
8 if you take children who are symptomatic at enrollment
9 and you put them all on an effective acid blocking
10 agent for eight weeks, you're going to heal the
11 esophagitis in many of those children, and you will
12 then get a false negative result because you'll
13 withdraw them onto placebo.

14 And depending on the length of time
15 they're on placebo, they may be asymptomatic even
16 though the drug was highly helpful to them during the
17 non-randomized run-in period because your eight weeks
18 may heal their esophagitis.

19 CHAIRPERSON CHESNEY: Excellent point.

20 Dr. Raczkowski, we haven't given you a
21 definitive -- I mean, many, many concerns were raised,
22 and I think we all share those. Do you want us to go

1 on to number two and assume that there's some
2 population or --

3 DR. RACZKOWSKI: Well, let me just make a
4 quick comment. I think that the agency by and large
5 agrees that for acid related conditions, that these
6 are effective drugs and that, therefore, if you could
7 find the right dose by doing PK and PD, that that
8 would probably be sufficient.

9 I think that the concern is that they are
10 oftentimes being used and for what may or may not be
11 acid related diseases, and that was the intent for the
12 request of the efficacy in those populations.

13 But I think the discussion has been very,
14 very helpful.

15 CHAIRPERSON CHESNEY: Dr. Murphy.

16 DR. MURPHY: Would it be fair to say at
17 this point that the discussion has indicated, as
18 Victor just said, that for acid related diseases we
19 don't need efficacy trials for any age group? Is that
20 -- I'm trying to summarize what I think I've heard
21 here.

22 And then when we get into the cutoff of

1 under a year, what I thought I heard was that we
2 really don't think that's a good cutoff. We felt that
3 basically the diseases that we were discussing that we
4 were concerned about really were the respiratory
5 related, pulmonary related, other diseases that occur
6 in the younger age group, and the issue is: what are
7 those diseases? What are those endpoints that we're
8 going to be looking at? And is the age cutoff six
9 months or lower?

10 So that's what I've sort of heard thus
11 far.

12 CHAIRPERSON CHESNEY: Dr. Hudak, maybe you
13 could help us with this. Do you feel like there are
14 situations in the premature age group in which we do
15 need efficacy studies for these agents?

16 DR. HUDAK: I think the answer in my mind
17 to that is yes. I think, you know, we all struggle
18 with endpoints, but you come back to the situation of
19 why is the clinician starting a premature baby on his
20 medication. Okay?

21 The answer is not we've got a pH probe
22 that shows the pH is acidic. It is not we've got

1 impedance technology that shows the baby is refluxing.

2 It is not that the baby is regurgitates formula on,
3 you know, the bed.

4 The reason a clinician starts the baby on
5 these medications is because the baby has frequent,
6 serious, significant apneas, bradycardias, and
7 desaturations. That is -- Bob, would you agree? -- I
8 mean, that is the answer.

9 DR. WARD: That's what our survey showed.

10 It was pretty staggering.

11 DR. HUDAK: Right. And they don't study
12 to define whether it's reflux, whether reflux is
13 present or not. So what I think would be good, and I
14 think those are pretty hard endpoints that we deal
15 with clinically, and if you were to demonstrate that
16 this therapy reduced those episodes from six a day to
17 one a day, that is a significant improvement.

18 I think while they're doing the study
19 there are other things that need to be looked at in
20 terms of mechanism to make it efficient and to make it
21 the best study possible for our patients so that we
22 have some idea of what we're doing, but I think, yes,

1 efficacy studies are needed, and, yes, the endpoints
2 are fairly clear, fairly reproducible, easy to assess
3 and interpret.

4 CHAIRPERSON CHESNEY: Dr. Ward?

5 DR. WARD: The problem I see with that is
6 the complex causes of apnea and the multiple ways that
7 may lead to apnea as an endpoint and the multiple
8 diseases that may lead to apnea as an endpoint.

9 When I had read through everything, I
10 thought that the withdrawal trial, the withdrawal
11 design was not a good one, but if, on the other hand,
12 you use apnea as the endpoint and you only continue to
13 study those children who have shown a positive
14 response, it provides enrichment of the sample
15 population, and I think it can get to the answer then
16 about safety and efficacy more effectively.

17 This is how the drugs are being used, but
18 I think there will be almost a ten to one treated
19 versus responder ratio. That is, I think there will
20 be a lot of kids with apnea that will not respond, but
21 we don't recognize that clinically.

22 CHAIRPERSON CHESNEY: Dr. Winter and then

1 Dr. Hassall.

2 DR. WINTER: In terms of the children
3 between zero and one and over a year of age, I think
4 just to clarify what Dr. Murphy said, and I agree with
5 her, that if we know that a disease is acid related or
6 if a child has acid related disease, we can assume
7 that the therapy will be effective, that there was
8 adequate efficacy.

9 The challenge is identifying those
10 patients in whom there's acid related disease and, for
11 example, children who are irritable. Some of those
12 children are going to have food allergies and they're
13 respond to being put on an amino acid based formula,
14 and their irritability will get better.

15 Some of those children -- but if you
16 exclude those children and you identify children who
17 have delayed acid clearance or who have esophagitis,
18 then PPIs should be effective therapy.

19 The problem I have is the statements by
20 the neonatologists about the use of PPIs in children
21 who have apnea and bradycardia in the pre-term
22 infants. Because what I hear you saying is you don't

1 have any effective therapy, and so because you don't
2 have an effective therapy and you don't have any idea
3 of what efficacy outcomes you need to measure, that
4 you use whatever comes to mind or whatever is
5 available, and you're not practicing evidence based
6 medicine.

7 And that may be the reality of what
8 happens in the NICU. I understand that. There's a
9 certain practical aspect of what you do, and sometimes
10 I put patients on probiotics because I think its going
11 to help their diarrhea, and it may or may not be
12 effective, but I would like to hear you define, you
13 know, how you would do a study that's going to answer
14 that question because I don't think it's necessarily
15 in our patients' best interest or the family's best
16 interest to enroll patients in clinical trials of
17 efficacy in pre-term infants for which there is no
18 adequate outcome and for whom we're not going to get
19 the data by doing those studies because of all the
20 confounding variables.

21 If you have a study design that will
22 answer that question, then I think it's reasonable,

1 but so far I haven't heard that.

2 CHAIRPERSON CHESNEY: Dr. Gardener had a
3 question for the group or comment.

4 Use the hot mic.

5 DR. PEREZ: Could you either come to the
6 podium or use this other mic? Apparently the sound
7 person walked out on us.

8 DR. GARDENER: Proton pump inhibitors have
9 been available for approximately 20 years, and there's
10 a great deal of intellectual fire power and expertise
11 from the pediatric GI community on the panel today,
12 and my question is: why haven't you answered these
13 questions if the questions are so important?

14 (Laughter.)

15 DR. GARDENER: Now, one possibility is
16 maybe suitable methods don't exist to address these
17 very important issues and to the extent that's your
18 answer, to what extent do you want to commit
19 pharmaceutical and biotech companies to conducting
20 studies for which suitable methods don't exist.

21 On the other hand, if your answer is
22 you've got a lot of terrific ideas and you believe

1 they are good ways to address these issues, but you
2 can't get funding, then to the extent you think that's
3 the answer, then it might be appropriate to focus on
4 given adequate funding, which is really what we're
5 talking about here -- the funding won't be an issue --
6 how would you best want to design the study.

7 DR. WINTER: Well, I don't want to get
8 going on why we don't allocate resources to children
9 in this country because we'll be here until past ten
10 o'clock tonight, but you know, I think that there's
11 not been a lot of interest either from industry or
12 from the government in terms of supporting clinical
13 trials in children, and there are a lot of reasons for
14 that.

15 It's changing now, and I think it needs to
16 change quickly because we need to do these studies to
17 get these data for these patients, and, you know,
18 hopefully that's one of the outcomes from this type of
19 a meeting.

20 CHAIRPERSON CHESNEY: Dr. Kerns.

21 DR. KERNS: I'd like to question Dr.
22 Hudak, if I could, and please forgive me. I'll try to

1 phrase this without dealing with the sensitivities of
2 neonatologists.

3 When you as a clinician make a decision to
4 commit an infant with apnea and bradycardia to a
5 medicine that modifies gastric acid, what is your
6 goal?

7 Now, let me answer what I think your
8 answer is. Because you believe it's less onerous for
9 that baby to aspirate an acidic fluid into their lung
10 than it is a nonacidic fluid.

11 These drugs do not have any impact that I
12 know of on motility, and so the driver for the
13 decision is always, in my mind, what it does to
14 gastric acid.

15 Now, maybe Dr. Ward has some data on
16 showing that changing gastric acid impacts the amount
17 of time somebody refluxes. Am I missing the
18 pharmacology link in terms of mechanism?

19 DR. HUDAK: Let me go back and clarify a
20 couple of things. One is that, first of all, I'm not
21 for Dr. Winter. We're speaking for the general
22 neonatology community. I don't think that Dr.

1 Blackmon or Dr. Ward or I are necessarily
2 representative in all aspects of that community, but
3 we just deal with reality as we see it.

4 With respect to your particular question,
5 you know, on these drugs, I think that the
6 neonatologists around the table would not use these
7 drugs in a baby who had apnea and bradycardia because
8 we have no efficacy data, and we, the people around
9 the table here, tend to be therapeutic nihilists and
10 to practice evidence based medicine.

11 The reality is that I think a large number
12 of our profession are perhaps more enamored by the
13 potential promise of the drug, and they're also
14 seduced by the possibility that they could do good for
15 their patient maybe by using this drug. We tend to be
16 more restrictive.

17 In terms of the study design, clearly it
18 gets back to the patient selection issue that I
19 mentioned to begin with. I think that the criteria
20 for enrolling premature infants in an efficacy study
21 will clearly be persistent apnea, bradycardia,
22 desaturations that are unable to be managed by

1 standard therapy, together with some evidence,
2 preferably, actually exclusively by pH probe that the
3 baby is having acid reflux. Otherwise, it's really
4 impossible to justify using a PPI agent with any
5 rationale that that's going to have any efficacy.

6 So I think if those criteria could be met,
7 I think an efficacy study could be done whether it's a
8 traditional placebo controlled or whether it's a run-
9 in, randomized withdrawal. I think both have their
10 positive points, and I think that one could get some
11 answer.

12 CHAIRPERSON CHESNEY: Dr. Ward.

13 DR. WARD: I would disagree with that.
14 The other aspect is -- what we hear on rounds
15 frequently is a child having severe apnea needing to
16 be stimulated or bag mask resuscitated, and it follows
17 an emesis, and that clinical scenario plays out a lot.

18 And I think to go back to Dr. Winter's
19 comment, if you designed a trial in which there was a
20 run-in period and you then withdrew only in those
21 infants who had shown improvement in the
22 symptomatology that you were associating with reflux

1 and esophagitis, then I think you could do an
2 efficient trial.

3 I think there will be a large number
4 during the run-in period that do not show a response.

5 CHAIRPERSON CHESNEY: Back to Dr. Murphy
6 and Dr. Raczkowski.

7 What I think I'm hearing is that we don't
8 need efficacy studies in children for a disease which
9 is clearly acid related, but we're not exactly sure
10 how to define always clearly "acid related."

11 But what I do hear is that there are two
12 to three populations where we don't know whether
13 preemies would be, with all of the manifestations that
14 we hear about, would benefit by having an efficacy
15 study with these drugs, and also the infants with
16 esophageal atresia and neurologic disorders, that we
17 might benefit by having efficacy studies there.

18 And I'm wondering if other people would
19 comment on whether I've totally misheard this, and
20 maybe then we can move on to potential study designs
21 if these are populations in which efficacy studies
22 might be done.

1 Dr. Hassall.

2 DR. HASSALL: Dr. Chesney, I was actually
3 making the point with esophageal atresial and
4 neurologic impairment that the studies have been done
5 in the two to three year olds, eight to ten year olds,
6 and so I'm proposing not redoing those efficacy
7 studies.

8 But I wondered if I could just address a
9 couple of the points that have been made by other
10 speakers.

11 Just a general comment, first of all, that
12 acid suppressing drugs work in two ways. They don't
13 just work by treating purely acid related disease and
14 changing the pH. They decrease your 24-hour
15 intragastric volume.

16 So if a child secretes about one cc per
17 kilo per hour and an adult about maybe two to two and
18 a half liters a day of gastric secretions, if the
19 pylorus, the anti-pyloral unit is then presented with
20 a low gastric volume, intragastric volume, that will
21 indirectly facilitate gastric emptying, and actually
22 this has been shown in a study in adults in

1 Gastroenterology about two years ago.

2 However, I really wanted to focus on the
3 issue of studying the pre-term or acutely sick
4 children. I think we already have a safe drug for
5 treating acid related disease, and that's IV
6 renitidine, and if you can show that IV renitidine
7 causes a change in intragastric pH and that is
8 accompanied by a decrease in ABCs, in apneas and
9 bradycardias, then I'm not sure that we need to trial
10 in new drug because we know that renitidine is safe in
11 that age group.

12 As Dr. Hudak pointed out earlier, he
13 reduces when he's on service the drugs perhaps from 15
14 to ten drugs, but we're nevertheless dealing with an
15 extraordinary number of variables, and I think to
16 extract from that drug effect that we can attribute to
17 PPI is going to be very difficult, not to mention the
18 other conditions that affect pre-term infants.

19 So I'm not even sure we need a new drug
20 for this, but even then, if we document apneas with
21 pneumograms, it's extraordinarily difficult in my
22 experience and from my reading of the literature to

1 even relate that to an antecedent reflux event.

2 So I think we're actually dealing with two
3 common circumstances which overlap, and I would think
4 it would be extraordinarily challenging to design a
5 study in pre-term infants, all sick newborns, that
6 would actually answer the questions at hand.

7 And so in these circumstances, I really
8 don't find an answer for a useful endpoint. I think
9 there are just too many confounding variables.

10 DR. WARD: Could I just respond to the
11 issue about renitidine?

12 There are some neonates who have
13 demonstrably or measurably low gastric pHs in whom
14 very high doses of renitidine are ineffective at
15 raising that pH, and in those infants, they do respond
16 to PPIs.

17 So there is still a subset of neonates who
18 will not fully respond to the H₂ blockers.

19 DR. HASSALL: So are those published data?

20 DR. WARD: Don't know. It's my personal
21 experience. I don't know what Mark's is.

22 DR. HASSALL: No, no, no, just in terms of

1 saying that they didn't -- I mean, we know that
2 tolerance does develop to IV renitidine, at least in
3 extreme short bowel syndrome in published
4 publications.

5 But if you're saying that sometimes
6 renitidine doesn't work, but PPIs do in newborns, but
7 this is not on the basis of publications, right?

8 DR. WARD: No, no. It's just some
9 clinical experience.

10 CHAIRPERSON CHESNEY: Dr. Spielberg, and
11 then I have Dr. Fink and, I think, Dr. Gold, you had a
12 question a way back, and I didn't write it down. Dr.
13 Spielberg.

14 DR. SPIELBERG: Following up on the issue
15 of what we know and don't know in terms of designing a
16 trial, Dr. Ward, you sort of indicated that if you
17 just took all apnea kids, maybe ten to one, other
18 etiologies or somewhere in that neighborhood, do we
19 know enough about stratification, say, methylxanthine
20 resistant, et cetera, et cetera, to make any kinds of
21 reasonable judgments of what proportion of the patient
22 population we would define after that would likely to

1 have an acid related mechanism because that has
2 immediate implications for how you design the study,
3 how you power it, how many patients you're going to
4 need, et cetera, et cetera.

5 If it's still a very high, false rate of
6 patients who are likely to respond even in an
7 enrichment design some people would have responded to
8 placebo anyway. So the numbers become extraordinary,
9 and you really wonder of that population do we
10 currently have the technology to define any better
11 those kids who are really likely to respond to an acid
12 expression mechanism.

13 It's a question to the neonatologists
14 because, I mean, in terms of study design, we've got
15 to have that if we're going to make any kind of
16 rational approach designing a study.

17 CHAIRPERSON CHESNEY: Dr. Blackmon is
18 going to respond for the neonatologists.

19 DR. BLACKMON: Well, a suggestion. One
20 additional criteria for entry might be a history of
21 recurrent infiltrates on X-ray not otherwise
22 explainable.

1 We do have that phenomena in pre-term
2 infants. I would say the sequence of changing the
3 feeding, usually advancing the volume, increasing the
4 handling, sudden emergence of these phenomena of
5 infiltrates, and episodes of apnea and bradycardia
6 that are very profound and frequently associated with
7 emesis, but that is a small population of patients.

8 In my experience in a unit that admitted
9 about the range of 100 to 120 infants a year in the
10 less than 1,500 gram birth weight category, we might
11 encounter that two or three times.

12 CHAIRPERSON CHESNEY: Dr. Fink, you had
13 one?

14 DR. FINK: Well, I guess my comment -- it
15 addresses a little bit Dr. Spielberg's concern. The
16 other approach would be to be very empiric and do a
17 randomized controlled trial in the use of PPIs in a
18 selected group of premature infants to see if it
19 decreases their time on oxygen, decreases time in the
20 nursery, decreases the incidence of apnea. Because I
21 don't think we can define the exact mechanisms easily
22 by which all of these will occur. Yet they occur

1 commonly enough that the potential of looking at this
2 as a therapeutic intervention might yield
3 interpretable results, and you would at least have
4 definable endpoints.

5 DR. SPIELBERG: The question I still have
6 though if you took all comers and only two or four out
7 of those ten had a mechanism that at all possibly
8 related to this, you'd never see it, and you'd lose
9 the opportunity to actually define those patients who
10 would benefit just because of the numbers.

11 And I don't have a good enough feel in
12 today's nursery situation what the expectation would
13 be, whether it's going to be one out of ten kids
14 that's going to really respond to this or two out of
15 ten or maybe eight out of ten, and that's what I'm
16 trying to get a gestalt for.

17 DR. FINK: I guess as a pulmonologist,
18 things that have been demonstrated it is clear-cut
19 that acid aspiration is far worse than nonacidic
20 aspiration. So if you're looking at premature lung
21 disease in a global sense, you could say suppression
22 of acidity in premature infants maybe of some real

1 long-term benefit in terms of their overall pulmonary
2 status, including apnea feeding and lung development,
3 and it would be at least a tenable hypothesis with
4 measurable outcomes.

5 CHAIRPERSON CHESNEY: And an infectious
6 disease person would worry about intestinal --

7 DR. FINK: Sure.

8 CHAIRPERSON CHESNEY: -- and sepsis.

9 (Laughter.)

10 CHAIRPERSON CHESNEY: I have Dr. Gold and
11 Dr. Luban next. Dr. Gold.

12 DR. GOLD: Lest we forget the advances
13 that have been made in this, again, as an IRB member,
14 Vice Chair, I think I should raise this from an
15 ethical standpoint, too. Let we forget the advances
16 that have been made by clinical efficacy studies in a
17 lot of other disciplines.

18 We need to not completely dispel the fact
19 that doing the right thing for our patients. We don't
20 completely exclude efficacy studies. I actually
21 really appreciated, Dr. Gorman, your comment as the
22 clinician out there in the trenches in terms of what

1 data is going to be important. When we talk about
2 what we're being responsible for, what are we going to
3 give information that's going to go back out to the
4 community physician who's got to deal with these
5 parents so that they're giving safe and effective
6 therapy to treat diseases.

7 The other thing that you have to realize
8 is that although we've been speaking sort of from a
9 narrow focus, at least as gastroenterologists, I mean,
10 there are acid related disorders that result from acid
11 refluxate into the lower esophagus that have
12 manifestations outside.

13 Neonatologists are talking about apnea and
14 bradycardia. I think, Dr. Fink, you've been alluding
15 to other things, and that, again, thinking about
16 careful case selection and appropriate efficacy
17 studies where in those specific disorders where
18 adequate acid suppression actually can be a very
19 effective and safe mechanism for preventing those.

20 So I think we need to think about those as
21 well in terms of how we're selecting out our
22 populations by completely eliminating efficacy studies

1 or before we do that.

2 CHAIRPERSON CHESNEY: Dr. Luban.

3 DR. LUBAN: I was just wondering if the
4 neonatologists could comment at all about the use of
5 something like a SNAP-2 or a modified SNAP-2 to use as
6 a clinical efficacy tool.

7 DR. WARD: You mean just using the acuity
8 tool?

9 DR. LUBAN: Like a modified acuity tool
10 later on.

11 DR. WARD: I think, again, it's too
12 nonspecific, and I think, again, back to Dr.
13 Spielberg's comment earlier, is that if you begin with
14 a group of infants with apnea or apnea and suspected
15 reflux and during the run-in period you only continue
16 those infants in the trial who have a positive
17 response to your intervention, that degree of
18 enrichment makes the trial actually, I think,
19 feasible, Steve, because those will be the only ones
20 that continue on into the detailed monitoring during
21 withdrawal or continuation.

22 CHAIRPERSON CHESNEY: Dr. Wilfond.

1 DR. WILFOND: I had three comments on
2 three related issues. The first is this question of
3 whether or not the efficacy studies are needed, and I
4 think I've heard two very conflicting points of view.

5 The first is that we don't need them because we
6 already know that they're efficacious, and the other
7 one is that we don't need them because we can never
8 find out whether they are efficacious.

9 And those are two very, very different
10 perspectives, and we need to -- so I guess what I want
11 to do is focus on at least for those groups where we
12 need to know about efficacy, but it's hard to do. AT
13 the very least in addition to the premature
14 hospitalized population, I would want to remind people
15 about the category of those infants between one and 11
16 months of age, whether they're children with chronic
17 lung disease or the child who comes into the general
18 pediatric floor because of recurrent wheezing, and
19 often it's blamed on reflux and they're put on anti-
20 reflux meds.

21 I think that's a population where we are
22 in need of guidance. We do things without knowing

1 what we're doing, what we think we do.

2 The challenge though, and this is my third
3 point, is that it really is hard to measure this, and
4 I completely agree with the people who are concerned
5 and used the word "endpoints" euphemistically to mean
6 we can't measure it because I think those -- and
7 whatever the endpoints are, they are difficult to
8 measure.

9 And the thing I want to get at is just if
10 we're talking about things related to apnea, apnea is
11 a very subjective measurement, whether it's an
12 observation by a nurse or by a monitor, and I think
13 the details we have to grapple with, but that's not a
14 reason not to say that we shouldn't try to figure out
15 who to do it.

16 CHAIRPERSON CHESNEY: Dr. O'Fallon.

17 DR. O'FALLON: For what it's worth,
18 listening to this discussion, it sounds to me like the
19 children less than a year do need to be studied, but
20 it sounds like they need to be stratified as from one
21 month to six months and then seven to 12 or something
22 like that because it does sound -- the things that

1 we've seen, there's something goes on at about six
2 months, and you're going to have to look at them
3 differently, separately.

4 DR. WARD: Can I make one observation
5 about the lack of correlation between apnea and reflux
6 as measured by pH probe? And that's the chemo reflex,
7 to invoke that takes a tiny volume of assets that may
8 not always be detected during a pH probe study.

9 And if you look, however, at children with
10 frequent apnea and demonstrated reflux, whether the
11 two have correlated or not, many times acid
12 suppression reduces their global apnea counts, not in
13 every study.

14 So we may not have the one-to-one
15 correlation, but it may be our tools for measuring
16 that.

17 DR. FINK: Can I just make a comment?
18 There is a tool that exists, the Tuttle test. If you
19 take diluted hydrochloric acid and stow it in the
20 esophagus and you induce apnea, then you know you have
21 an acid sensitive infant, and it's an old test. I
22 don't think anybody does it anymore, but it does

1 exist, and it actually has published data that looked
2 at that exact question.

3 CHAIRPERSON CHESNEY: What concentration
4 do they use?

5 DR. FINK: Tenth normal.

6 CHAIRPERSON CHESNEY: Tenth normal?

7 DR. FINK: Yeah.

8 DR. HASSALL: The Tuttle test was the
9 predecessor of the 24-hour intraesophageal pH study.
10 The chemo or regal reflex induced by acid reflux was
11 actually only described in cats in a study -- not by
12 anybody called Cats, but in cats, the animals.

13 (Laughter.)

14 DR. HASSALL: By Steve -- by Tuckman and
15 Steve, who's the CEO of CHOP (phonetic), Steve.

16 PARTICIPANT: Alchava (phonetic).

17 DR. HASSALL: Alchava. Thank you.

18 By Alchava and Tuckman. This is, you
19 know, in the early '80s. So the Tuttle test actually
20 is not a provocative test. I guess it could be for
21 inducing respiratory disease, but, in fact, to the
22 best of my knowledge, it just was to find pathologic

1 reflux, and it was filled with problems because a
2 child could cry and they'd get reflux. If you put a
3 lead hand or a non-lead hand on their belly, they
4 would get reflux.

5 But I'm not aware of provocative studies
6 that try to induce bronchospasm with the Tuttle test
7 or with the Bernstein test, rather.

8 DR. FINK: It was actually looking at
9 apnea, central apnea induced by it, and I think it may
10 have been Dennis Nielsen when he was in Utah back in
11 the early '80s. I think it was Nielsen who actually
12 did publish that description.

13 CHAIRPERSON CHESNEY: One of the
14 interesting things that I think we heard from Dr.
15 Gardener and from Dr. Winter is with respect to the
16 respiratory manifestations as an acid related
17 phenomenon is do we want to ask pharmaceutical
18 companies to answer this question for us or is this
19 something that we should do with other funding to
20 determine if there really is a relationship.

21 And I must say I was pondering that same
22 issue last night.

1 But, Dr. Murphy and R. Raczkowski, I need
2 some guidance here. I feel like we've spent a lot of
3 time trying to answer whether efficacy studies are
4 needed, but I think it's been very helpful and very
5 important, and I'm not sure how we can go on until we
6 settle that issue.

7 DR. RACZKOWSKI: Well, I think the
8 discussion has been very helpful, and I don't think we
9 need to spend any more time on Question 1, but are you
10 saying that you feel -- if there is a need -- what I
11 would suggest in terms of answering the subsequent
12 questions is just assume that efficacy studies are
13 necessary in this age group, and how would you go
14 about answering this question for the respiratory and
15 supraesophageal manifestations of these conditions?

16 CHAIRPERSON CHESNEY: So if we suspend our
17 questions and accept that we're not exactly sure in
18 what population we need efficacy studies, but if there
19 are some identified populations --

20 DR. RACZKOWSKI: Right, exactly.

21 CHAIRPERSON CHESNEY: -- for example,
22 maybe the premature population, then we can go on to

1 Question 2. Is that a fair statement?

2 DR. RACZKOWSKI: Yes.

3 CHAIRPERSON CHESNEY: All right. So let's
4 move on to Question 2, which is if we can agree at
5 some future point that efficacy studies are needed in
6 children, is the proposed placebo controlled treatment
7 withdrawal design acceptable?

8 And several of you have already referred
9 to this, but comments, questions? Dr. Wilfond.

10 DR. WILFOND: I'll start off with perhaps
11 something I didn't make entirely clear in my
12 presentation. You know, I do think that the notion of
13 having a withdrawal or escape clause is really very
14 valuable in terms of protecting kids from harms.

15 But I think the challenge, and this is
16 what I didn't say before, is to define exactly what
17 those withdrawal criteria would be. You know, are we
18 talking about the frequency of apnea? Are we talking
19 about recurrence of pneumonia?

20 I think we have to be very clear on what
21 it is that we are regarding as failure for that
22 withdrawal criteria to work.

1 CHAIRPERSON CHESNEY: Dr. Nelson.

2 DR. NELSON: You know, as described, I
3 think, in the template written request, randomized
4 withdrawal study from my perspective looks good. The
5 one questions I have is the extent to which designs
6 sort of move beyond the written request, particularly
7 when it begins to include invasive endpoint measures
8 that are really different than the respiratory or
9 supraesophageal.

10 IRBs struggle, particularly if they're
11 careful about doing what Ben referred to as the
12 component analysis of risk when you've got invasive
13 endpoint measures that are not normally performed
14 clinically, and if pediatricians or pediatric
15 gastroenterologists are not normally, for example,
16 doing follow-up endoscopies, the argument then that
17 there is direct benefit is felt to be, in fact, false
18 because if there was going to be benefit, you would
19 have been doing follow-up endoscopies at that time
20 anyway.

21 So the risk assessment of those invasive
22 tests are important.

1 Absent that in the current design, to the
2 extent it's looking at apnea and bradycardia, which is
3 not using invasive endpoint measurements, I don't see
4 anything difficult with the design, but the written
5 request is somewhat permissive in using languages such
6 as "may" or "might" and the like to where it wouldn't
7 exclude adding an invasive outcome measure, which many
8 IRBs would, in fact, not approve given that it
9 wouldn't be done clinically.

10 So I guess that's to say I would support
11 the way it's written, but I would even strengthen the
12 writing to say that, in fact, efficacy endpoints that
13 are not necessary ought not to be included in studies
14 where it's, in fact, beside the point of the direct
15 primary outcome measure of that particular study.

16 CHAIRPERSON CHESNEY: Dr. Gorman and then
17 Dr. Fink, Dr. Santana.

18 DR. GORMAN: The withdrawal design in this
19 particular entity suffers, in my mind, from several
20 possible failure points. One is maturation. Two is
21 something for the acid related diseases, healing can
22 occur and, therefore, would mask the effect.

1 In fact, the withdrawal methodology
2 suffers from all the flaws that the crossover design
3 suffers from, and I think those have been well
4 summarized in one of our International Council on
5 Harmonization documents, where they actually define
6 the concerns about crossover studies.

7 Having said that, the population that gets
8 to the point of the withdrawal study has to be very
9 enriched in the sense that I would like those people
10 to have been demonstrated to have tried alternative
11 therapies prior. I don't want this to be a naive
12 group of individuals, infants who then start on this
13 agent initially, and therefore, I think the
14 determination of the inclusion and exclusion criteria
15 is probably much more important in this particular
16 design; that these people have tried feeding
17 manipulations, allergy manipulations.

18 Perhaps at least for the acid induced
19 things, renitidine is another alternative prior to
20 being put on the protein pump inhibitors.

21 CHAIRPERSON CHESNEY: Thank you.

22 Dr. Fink.

1 DR. FINK: I would like to reinforce Dr.
2 Gorman's remarks, but also add that I think any
3 written question of the agency would probably be
4 premature prior to pilot feasibility studies of the
5 endpoints being included in the written request having
6 been performed because I think what we're really
7 seeing here is a lack of pilot and feasibility data,
8 and I don't know how you can actually ask for a study
9 to be performed if you don't have some pilot and
10 feasibility data on the proposed endpoints.

11 Dr. Santana.

12 DR. SANTANA: Well, just a general comment
13 that I was wondering whether the study design issues
14 might be different in the neonatal population versus
15 the older population in terms of the population at
16 risk and the confounding factors.

17 I was impressed by the discussion with the
18 neonatologist this morning trying to define the
19 endpoints, how that population is not very
20 homogeneous, whereas I have always thought in a
21 withdrawal type study you really start off with a
22 population that's very similar, very homogeneous, and

1 then it allows you in this initial period to define
2 the benefit very clearly.

3 Now, I'm not sure that the neonatology
4 population with all of the risk factors that we've
5 heard this morning, whether that study design would
6 benefit them, that a different, alternative design,
7 standard placebo, up front control trial without the
8 withdrawal phase may be more appropriate for that
9 population because of the endpoints there, whatever
10 you define, if it's apnea or bradycardia, can be
11 observed very quickly in a very short period of time,
12 and you minimize the risk to those patients getting
13 therapy for a long period of time before the actual
14 washout and randomization to the placebo.

15 So just a comment in terms of study design
16 for the different population in terms of age groups.

17 CHAIRPERSON CHESNEY: Dr. Wilfond, I'd
18 like to hear your response to that, and then Dr.
19 Blackmon and Dr. Ferry.

20
21 DR. WILFOND: I just went to get a cup of
22 coffee and I didn't hear what you said. I apologize.

1 CHAIRPERSON CHESNEY: I think what Dr.
2 Santana commented on, that the withdrawal design is
3 most applicable to a homogeneous population, and that
4 what we heard from the neonatologist is that this is
5 not necessarily a homogeneous population. Is that --

6 DR. GORMAN: Well, your withdrawal design
7 issue is that you start with a fairly uniform group,
8 and then at the end of that period, you define the
9 benefit or not benefit, and people get randomized to
10 continue or placebo.

11 I'm concerned that the neonatology group
12 of patients is so confounded by so many other medical
13 problems that these patients are having that if you
14 allow that prolonged period of initial therapy for
15 everybody, that I think you're actually exposing
16 patients to a drug that is ultimately of no benefit.

17 And so I want to shorten that period as
18 quickly as possible by not allowing that withdrawal
19 design up front.

20 CHAIRPERSON CHESNEY: Thank you.

21 DR. FINK: Well, I think it might be
22 worthwhile to clarify that. As best as I can tell,

1 there are two components of the design. The first
2 part is the initial run-in period, in which everybody
3 is on the drug.

4 Additionally there's the issue of during
5 the placebo controlled part of having very specific
6 criteria for withdrawing a period from the study, and
7 I think you could separate those two questions out.
8 So one could envision a placebo withdrawal study in
9 which there was on run-in period and in which you just
10 took people and put them on either active or placebo
11 and then still had your stopping rules.

12 Although I think that your other question
13 about the heterogeneous populations, I think, is
14 important because you need to be able to identify the
15 types of patients in which the drug was helpful, and
16 if the population was too heterogeneous, it might work
17 in some subgroups and not others.

18 So I think we would have to be clear about
19 what the right groups were.

20 CHAIRPERSON CHESNEY: Dr. Blackmon.

21 DR. BLACKMON: Before Dr. Ward left, he
22 and I explained a couple of ideas that I'd like to put

1 out that may address this issue.

2 When you deal with apnea in a pre-term
3 population, it is multi-factorial, and that's one of
4 the problems in trying the design. But, in fact,
5 apnea of prematurity that is maturational in terms of
6 respiratory drive and many reflexes tends to subside
7 in the bulk of pre-term infants at about 36 weeks'
8 corrected gestational age.

9 And by what we have most recently learned
10 in a very large study, it's virtually gone by about 43
11 to 44 weeks, corrected gestational age. So that if
12 you designed your group to enter those infants who are
13 symptomatic, and you can define your symptom complex,
14 at 36 weeks corrective gestational age and their
15 exposure to the treatment was within that window
16 between 36 and 44, preferably not that whole time, but
17 some portion of that time, and the randomization to
18 placebo control occurred only in those infants who
19 actually responded by a change in their apnea
20 symptomatology, I think you would then get a very nice
21 study group in which you could say the PPI really did
22 have an effect or did not have an effect.

1 CHAIRPERSON CHESNEY: Thank you.

2 Dr. Ferry and then Dr. Nelson.

3 DR. FERRY: My comment was really related
4 more to the children probably from zero to one year of
5 age or perhaps older, and that has to do with the run-
6 in period itself.

7 Certainly if you maintain that run-in
8 period I don't know how long, four weeks, six weeks,
9 certainly eight weeks, you're going to produce healing
10 that you'll no longer be able to see a benefit. So
11 the critical piece of that would be, you know, what is
12 a reasonable time to keep patients on the drug. Is
13 that two weeks? And, you know, what is the basis for
14 that? Is it a steady state of the drug? Is it some
15 early symptom relief that then you can see, you know,
16 worsening symptoms again?

17 It gets to be very tricky, I think, what
18 that actual run-in period would be.

19 CHAIRPERSON CHESNEY: Dr. Nelson and then
20 Dr. Raczkowski.

21 DR. NELSON: I guess just one quick
22 comment just in response to that. The esophagitis

1 would be an efficacy endpoint through that we've
2 already decided would be unnecessary. So it's not
3 clear to me that the issue of healing would
4 necessarily undercut the study, although it raises a
5 question for what the mechanism might be for apnea and
6 bradycardia.

7 But, you know, my question goes back to
8 Victor's comment about the differences between a
9 standard placebo design and a randomized withdrawal.

10 If there's evidence that acid control decreases apnea
11 and bradycardia, and I guess by not having looked at
12 the neonatal literature for a while on that point, we
13 not only have to -- if there is, we not only have to
14 consider the use of proton pump inhibitors, but the
15 use of renitidine and other agents in deciding whether
16 it can be approved under 5052.

17 In other words, you have to consider the
18 risks and benefits over the alternatives, which is not
19 just the alternatives in the trial, but the
20 alternatives that that child would or would not
21 receive outside of the trial.

22 You know, if there is no evidence -- and

1 part of the discussion is do neonatologists do
2 evidence based medicine or not -- but if there is no
3 evidence, I guess then we could debate that.

4 But if there is evidence that renitidine
5 is helpful, then I think you would have to design a
6 trial that would basically only enroll infants who
7 failed both the standard positioning, all of the
8 various things that have been discussed about as well
9 as failed renitidine before you then went on to take
10 that population and put them in a proton pump.

11 Having said that, if that's the population
12 that's already failed all of those therapies, I don't
13 think there would be a problem in designing it as a
14 standard placebo controlled trial. The assumption in
15 designing it as a randomized withdrawal is that acid
16 control is effective.

17 DR. SPIELBERG: Can I ask Dr. Murphy and
18 the GIT what is the current status of H₂ labeling
19 specifically with respect to newborn?

20 I know there have been studies done on
21 some of these compounds, but what is the status with
22 respect to current label and data for newborn use?

1 DR. RACZKOWSKI: Yeah, I think renitidine
2 has labeling all the way down to birth, and I'm not
3 sure about famotidine.

4 DR. GALLO-TORRES: It goes all the way
5 down to zero to one month.

6 DR. RACZKOWSKI: Okay. Well, we're sure
7 that renitidine has labeling down to birth.

8 DR. SPIELBERG: And in that context, is
9 there anything about what we're talking about here
10 today?

11 DR. RACZKOWSKI: Okay.

12 DR. SPIELBERG: The use indication.

13 CHAIRPERSON CHESNEY: And what is the
14 labeling for renitidine?

15 DR. RACZKOWSKI: Okay. What was requested
16 of renitidine is pharmacokinetic and pharmacodynamic
17 information down to birth. Renitidine does have
18 labeling for treatment of gastroesophageal reflux
19 disease, but that was at a time when the written
20 requests were being written without complete
21 appreciation that the efficacy may not be
22 extrapolatable just on the basis of PK/PD data alone.

1 And so we've taken a shift in our
2 approach, particularly the powerful proton pump
3 inhibitors, to request efficacy studies in kids less
4 than a year.

5 I'd like to address a couple of comments,
6 I think, that were made. One has to do with the
7 heterogeneity of the treatment groups, and I agree
8 that if a population could well be defined up front,
9 that would be the ideal way to go.

10 But there's a couple of things in this
11 trial design that help handle heterogeneity. One is,
12 as has already been discussed, is that when patients
13 are enrolled in the run-in phase, it's the patients
14 who continue to the randomized withdrawal who are the
15 patients who appear to be responding.

16 So it's an enriched population, and by
17 definition, it's a less heterogenic population.
18 Another way that the heterogeneity is handled is just
19 through simple randomization, and we certainly
20 acknowledge the fact that if you have a heterogeneous
21 population, that will require larger sample sizes to
22 get the same answer than less heterogeneous ones.

1 But I don't think that the study design
2 per se is an issue with regard to heterogeneity. It's
3 more of a function of can you identify the population
4 that you want to identify to enroll in the trial, and
5 one way of doing that is through the enrichment phase
6 of the randomized withdrawal, which is the run-in.

7 And I'm not sure I completely understood
8 Dr. Nelson's comment about renitidine. I would just
9 simply say for other blockers, I would just simply say
10 that these written requests are brought out and are
11 not as detailed as a protocol might be, and that use
12 of other agents like H₂ blockers could be written and
13 that sort of thing, and whether they should be
14 excluded up front or whether they should be controlled
15 in some way in the protocol or in the study can be
16 handled in the protocol, not necessarily in the
17 written request.

18 So those sorts of issues can be handled in
19 another form when we actually review the protocol to
20 exclude confounding factors.

21 CHAIRPERSON CHESNEY: Could I ask for
22 other comments? Dr. Nelson mentioned a standardized

1 placebo controlled study as being an alternative if
2 everything else had been tried and was unsuccessful.
3 What would people's response to that be?

4 Dr. Danford.

5 DR. DANFORD: It occurs to me that if we
6 insist on trying other methods for a period of time to
7 make sure that the patients are unresponsive to
8 standard methods, as good an idea as that is and as
9 much safeguard as that gives the patients, that does
10 chew up valuable time which will be further consumed
11 in the run-in phase in a condition that sounds to me
12 as though it spontaneously disappears over a fairly
13 short period of time.

14 And I wonder if we would be losing the
15 opportunity to identify a clinical effect if we were
16 too restrictive in our inclusion criteria to the point
17 where we would be trying all of these other things
18 first.

19 CHAIRPERSON CHESNEY: Dr. Nelson?

20 DR. NELSON: I guess I agree with your
21 procedural concerns, but in evaluating as I might,
22 looking at it on an IRB, I would just say, "Well, I

1 guess sorry about that."

2 If, in fact, equipoise is required,
3 meaning you can't put a child into a study that places
4 him at a disadvantage against whatever treatment they
5 may otherwise receive, what clinicians are doing or
6 gastroenterologists are doing in taking care of these
7 patients is relevant, and whether they've failed
8 traditional therapy would be relevant to that.

9 I'm somewhat dependent. I haven't heard a
10 lot of evidence to say we know what we're doing in
11 this very young age group, and if that's the case,
12 equipoise does exist.

13 But to the extent that we're trying
14 positioning all of those other things at least should
15 have been tried and failed if you're going to do a
16 standard design, enriched design as an add-on; I think
17 would be also the point that was made earlier, is you
18 presumably were adding on PPI to these other standard
19 therapies that I think most pediatricians would
20 provide.

21 Otherwise, I would argue it's not in
22 compliance with the 5052 and cannot be approved.

1 CHAIRPERSON CHESNEY: Dr. Wilfond.

2 DR. WILFOND: It would seem to me that
3 there's an equal amount of skepticism for renitidine,
4 as well as proton pump inhibitors, in terms of the
5 ability to effectively treat apnea and bradycardia.
6 So it's not clear to me that on that issue it's
7 essential to try one way or the other.

8 But, Skip, the question I had for you is
9 in terms of your talking about more standard placebo
10 control trials, again, I was still unclear whether the
11 part that you were suggestion is not having a run-on
12 period or not having the withdrawal part later on, or
13 both.

14 DR. RACZKOWSKI: I think you've defined a
15 population that has failed to respond with what would
16 be considered appropriate evidence based interventions
17 and not just whatever we're doing because we think it
18 works.

19 Then for that population equipoise exists
20 to then make an intervention because you don't have
21 any other intervention that's been shown effective.
22 So that's not an enrichment. That's just saying

1 you're enrolling infants who have failed other
2 therapy.

3 Now, I agree there's a problem if
4 development gets better in three months and it takes
5 you two and a half months to fail other therapies, but
6 that's a practical issue that would have to be looked
7 at.

8 So it's neither an enrichment nor a
9 withdrawal. It would be selecting a population for
10 which you truly in equipoise about -- in other words,
11 they failed therapy that's been shown effective in
12 other settings.

13 CHAIRPERSON CHESNEY: Dr. Hassall and then
14 Dr. Hudak.

15 DR. HASSALL: Just a question for my
16 neonatology colleagues. Assuming that we really don't
17 want to treat life threatening events with proton pump
18 inhibitor or renitidine, and let me back up one step.

19 We do know that some children who have
20 apneas or direct aspiration are dramatically improved
21 by anti-reflux surgery. So I just wanted to ask you:
22 in designing a study like this, how are you

1 separating out those patients with apneas and
2 bradycardias who may be having apnea and bradycardia
3 due to prematuring, due to aspiration, and how do you
4 in your clinical practices decide what tests to use or
5 clinical appraisals to use in deciding how to send a
6 patient in your unit for an anti-reflux operation?

7 In other words, what's the spectrum here?

8 And how could you sort out those patients who might
9 actually be benefitted by an operation rather than by
10 an acid reducing drug?

11 DR. HUDAK: I guess I'll try to take that
12 one. Actually in our unit it's very simple because
13 surgeons won't do surgical anti-reflux procedures for
14 children less than four kilograms, and those aren't
15 the children we're talking about.

16 They're unwilling to do it. I don't know
17 what your experience is, Lillian, but I mean, for all
18 of the reasons that you went through in terms of the
19 short-term efficacy of anisthen (phonetic) and the
20 difficulty of doing it, surgeons I've worked with in
21 the past ten years have sort of backed away from doing
22 these procedures in children less than four kilos.

1 I guess I've been to harsh on my
2 neonatologist colleagues. The implicit assumption is
3 that children would come to be eligible for this study
4 only after failing all of the other available
5 therapies.

6 That is not the issue. Those are the kids
7 that would present for entry into the study. So that
8 should be fairly straightforward.

9 And generally what happens is these
10 children come into a point somewhere between 32 to 35
11 weeks corrected gestational age, very close by any
12 other criteria for going home, but still have
13 predominantly two issues, and they usually go along
14 together.

15 One is this bradycardia. I'm going to get
16 away from apnea because apnea is very difficult to
17 quantitate. The WR talks about obstructive apnea with
18 a complicated system of measuring air flow at the nose
19 or the mouth and usually an abdominal or chest wall
20 sort of impedance indicator so that you can look to
21 see whether or not you've got respiratory movements
22 and airflow, and in point of fact, in a busy unit

1 outside of, you know, units that are very accustomed
2 to doing research protocols, there's so much artifact
3 you could introduce for malplacement of these
4 equipments that I'd like to get away from apnea.

5 So what we're looking at is bradycardia,
6 which is clear, which can be, you know, captured on
7 the monitor and analyzed, and desaturation or either
8 of those things requiring some significant nursing
9 intervention. I think those are clear.

10 But you know, the issue there is that they
11 either have that or they've got, you know, feeding
12 problems. I mean, they don't feed well, and you know,
13 that may be a manifestation of reflux at least in some
14 babies, too.

15 But those are the babies who present 32 to
16 35 weeks. They've got, you know, generally these two
17 problems together, and I think the question is if you
18 can document that these children do have acid reflux,
19 which would be a short pH type probe assessment, you
20 can debate how many hours you need on that.

21 I like the idea in this population a
22 placebo controlled trial rather than a withdrawal, the

1 more I think about it. I think it would be cleaner,
2 and then you would know, you know. You could look at
3 your endpoints 48 hours later and see whether you have
4 efficacy and repeat a pH probe and see if there's any
5 correlation with decreased acid secretion, decreased
6 acidity, and improvement in symptoms on the
7 medication.

8 So I really think we're getting to hung up
9 about all of the difficulties of doing this trial. I
10 think it would be, compared to other studies I've
11 done, a relatively straightforward trial to do.

12 CHAIRPERSON CHESNEY: Dr. James.

13 DR. JAMES: Dr. Hudak, what I think I hear
14 you saying is that you would disagree with the
15 inclusion criteria for the pneumogram that's currently
16 in the written request. You're advocating more of an
17 inclusion criteria that includes bradycardia and
18 feeding difficulties.

19 DR. HUDAK: I think lots of babies have
20 obstructive apnea that doesn't result in bradycardia
21 desaturation, and I don't know what that means
22 clinically.