

DID YOU KNOW THE EMPLOYEE ASSISTANCE PROGRAM (EAP) PROVIDES.....

Healthy Rewards Discounts Program



The EAP provides discounts to:

- **Weight management & nutrition programs** (Jenny Craig, Weight Watchers, and more)
- **Fitness Centers** (Curves, Bally Total Fitness, Gold's Gym)
- **Vision & Hearing Care** (Sears, JCPenny, Pearle Vision, Target, LensCrafters)
- **Tobacco cessation programs**
- **Alternative medicine** (acupuncture, chiropractor, massage)
- **Vitamins, health & wellness products**

**For more information, call the EAP at 1-877-622-4327
or go online at www.cignabehavioral.com**

**For online information, login, enter the Employer ID: bnl, click "Find Work/Life Resources,"
then click "Visit Our Education & Resource Center"**

These EAP benefits are available to all employees and their household members no matter what their designated health plan is at BNL