

**Department of Human Services
Office of Mental Health and Addiction Services**

Summary of Findings from February 2005 EBP Survey

Community Mental Health Programs (CMHP) and direct contractors were surveyed about their use of evidence-based practices (EBP) provisionally approved by the Office of Mental Health and Addiction Services (OMHAS). Each CMHP and direct contractor was asked to indicate how much it spent on each EBP on a monthly basis. The funds represent money available through State general, Block Grant, and Medicaid funds. If the EBP was implemented the provider was asked to indicate whether or not the practice is implemented with fidelity. This report summarizes information provided by the CMHPs and Direct Contractors.

Substance Abuse Services

- The survey indicates approximately 56% of funds used by CMHPs support EBPs. If fidelity is taken into account, 49% of the funds support EBPs.
- 27 of 33 CMHPs responded to the survey. The Office is still working with five eastern and one coastal CHMP to complete the survey.
- The statewide results are largely weighted by Multnomah County, which indicates that 76% of its funds support EBPs.
- The majority of EBPs funds are spent on Motivational Interviewing (25%), ASAM Patient Placement Criteria (20%), and Cognitive Behavioral Therapy (17%).
- Eleven CMHPs indicated that at least 50% of treatment funds are used for EBPs. These include: Crook, Curry, Jackson, Jefferson, Klamath, Lake, Multnomah, Polk, Tillamook, Union, and Washington. The EBP Adoption and Implementation work group is working with OMHAS to develop strategies to facilitate technical assistance and training among counties, providers and the state.
- The Office will work with the EBP Outcomes workgroup to standardize a methodology for tracking the costs of some of the more common practices, such as: motivational interviewing, patient placement criteria, cognitive behavioral therapy, integrated dual diagnosis treatment, and methadone.

Mental Health Treatment Services

- The survey indicates approximately 33% of funds used by CMHPs support EBPs. If fidelity is taken into account, 11% of the funds support EBPs.
- 28 of 33 CMHPs responded to the survey. The Office is still working with four eastern and one coastal CHMP to complete the survey.
- The statewide results are largely weighted by Multnomah County, which indicates that 59% its funds support EBPs.
- The majority of EBPs funds are spent on Assertive Community Treatment (18%), Medication Algorithms (12%), Supported Employment (7%), Solution Focused Brief Therapy (7%), and Wrap Around Services for Children (7%).
- Thirteen CMHPs indicated that at least 30% of treatment funds are used for EBPs. These include: Benton, Coos, Curry, Deschutes, Lake, Lane, Linn, Mid-Columbia Center for Living, Multnomah, Tillamook, Union, Washington, and Yamhill. The EBP Adoption and Implementation work group is working with OMHAS to develop strategies to facilitate technical assistance and training among counties, providers and the state.
- The Office will work to standardize a methodology for tracking the costs of some of the more common practices, such as: Assertive Community Treatment, Medication Algorithm, Supported Employment, Solution Focused Brief Therapy, and Wrap-around Services.

The Office is aware that assessing the costs associated with EBPs in hospital settings will require a different methodology. The Office will work with the hospitals to get the most valid and complete data.

Oregon State Hospital (OSH)

The survey of services at OSH, estimated about 79% of staff time supports EBPs. This estimate is very preliminary. OSH and OMHAS EBP steering committee are working together to refine the survey process to reflect the services of the institution.

Eastern Oregon Psychiatric Center (EOPC)

The OMHAS EBP Steering Committee is working with EOPC to refine a survey process to reflect the services of the institution.

Acute Care Hospital

The OMHAS EBP Steering Committee is developing a process for collecting information that reflects the services of the acute care hospitals.

Children and Adolescent Psychiatric Residential and Day Treatment Providers

The majority of these direct contract providers responded to the survey. The results indicate approximately 43% of treatment funding is for EBPs among the Day Treatment Providers. Forty-five percent of the treatment funding is for EBPs among Psychiatric Residential Providers.