

Problem Gambling Services (PGS) Meeting

April 7, 2006

10:00 am – 11:30 am

Salem

Attendees: Sandra Assasnik, Marion County; Angela Brooks, Mid-Columbia; Andy Cartmill, Washington County; Greta Coe, OMHAS; Fred Doolin, Deschutes County; Arlenia Elmore-Jeggli, OMHAS; Marion Franc, Cascadia BHC; Jennifer Gustafson, Josephine Co. MH; Victor Harwood, Lifeways; Wendy Hausotter, OMHAS; Marilyn Heins, Lincoln County; Stephanie House, Linn/Benton County; Virginia Howard OHSU BHC; Julie Hynes, Lane County; Dick Johnson, Cascadia BHC; Delese Kendrick, Center for Living; Yvonne Lawver, Marion County; Jean Linck, Josephine County MH; Jeff Marotta, OMHAS; Marlee Martin, Tillamook County; Keli Bilberry, Herbert & Louis; Ruben Mosqueda, Mid-Columbia; Janese Olalde, OMHAS; John Pearson, Multnomah County; Karen Rutherford, Polk County; Wanda Scott, Clackamas County C.H.; Michele Tantriella-Modell, Emergence; Gini Walker; Sharon Williams, Cascadia BHC.

Introductions

Jeff Marotta opened the meeting and attendees introduced themselves.

Announcements & In the News

- Lincoln County now has a GA meeting on Fridays.
- Deschutes County has a new offices opening the 2nd week in May in Madras & Prineville.
- Clackamas is starting a couples group.

Greta reported that we had major media attention on the College gambling awareness program. Also there was a considerable amount of media coverage on the poster search.

Featured Research

ADHD has commonly been viewed as a risk factor for developing a gambling problem, however, a study was discussed that did not confirm this believe.

http://www.dgr.nsw.gov.au/pdfs/rr_attention_deficit.pdf

Nalmefene is a medication receiving attention and research as a treatment for Pathological Gambling. The study authors suggest Nalmefene may be a valuable adjunct to counseling for some clients and not as a replacement to counselor.

<http://www.cesar.umd.edu/cesar/cesarfax/vol15/15-12.pdf>

Co-occurring gambling & anger: study found that when anger management techniques were included in a counseling approach the clients had a better outcome than counseling that did not specifically address anger management. <http://www.kap.samhsa.gov/products/manuals/> - Scroll down the page to see participant workbook and clinician guide.

Wendy showed Power Point demonstrating the correlation between gambling and other high-risk behaviors among youth. Specially, the occurrence of using alcohol in 8th graders who gambled was double that of 8th graders who didn't gamble.

Dick Johnson shared information from a small survey of gamblers in treatment at Cascadia. He found very large gambling related debt among his clients.

Manager's Update

Jeff welcomed Janese Olalde to the Oregon Problem Gambling Services unit, as the new Gambling Treatment Coordinator. Some of Janese's duties will include checking compliance among treatment programs and providing technical assistance to improve treatment services.

Jeff submitted a Policy Option Package that proposed that DHS request 1% of projected Lottery proceeds for the 2007-09 budget, increase the Gambling Treatment Coordinator position to full time, and to have a full-time dedicated support position for the unit.

Workforce Development

Wendy showed a Power Point Presentation highlighting the results of the recent workforce training needs survey (attached to these minutes).

The following are upcoming training events:

- June 8th - prevention training in West Salem.
- October 5-6th 2006 - Fall Conference in Bend at The Riverhouse Hotel.

Statewide Prevention

There were 40 college awareness packages sent out to Oregon Colleges. The College Gambling initiative sponsored by OMHAS presents an opportunity for local gambling prevention and outreach staff to partner with colleges in their region.

After the June training Wendy will be hitting the road to do prevention and outreach site visits.

We are currently working on the Youth Video. A contractor has been chosen. A group will be put together for input to the making of this video.

OPGAW was a success--this was the most successful yet. The Problem Gambling Prevention committee, with special recognition to Julie, Greta, and Andy, were instrumental in making this awareness activity a success. A big thanks goes out to everyone who participated in OPGAW.

Gambling will be included in this year's summer institute for school health teachers and a group of the Prevention Subcommittee is working on this with Wendy and Greta.

Jeff discussed how DHS is adding a workplace gambling policy.

Committee Reports

Prevention: Andy Cartmill

- 2500 youth surveys were collected.
- Andy thanks Jeff for his commitment to the programs and for coming to Washington County for an OPGAW event.
- Andy states that OPGAW was a huge success
- The committee is expanding.

Policy: Jeff Marotta

Refer to subcommittee minutes.

Certification: Dick Johnson

- Moving forward on a plan for increasing supervision.
- Considering having a certification for Prevention.
- It is advised that you do not let your Oregon certificates expire.
- ACCBO is looking at 07-09 contracts for what needs to be written in for certification.

FIELD REPORTS

Helpline: Michele Tantriella-Modell

New ads from the lottery will be coming out next week. If you are treatment counselor or administrator then be sure to verify your #'s for the helpline and to provide the helpline with any changes in contact information.

Herbert & Louis: Tom Moore

No info this time

Foundation: Tom Moore

The foundation is looking to identify ways they can help the state programs move forward.

Next Meeting:

Date: Friday, June 9, 2006

9:00 – 10:00 am Subcommittee meetings

10:00 – 11:30 am PGS meeting

11:30 – 12:30 pm LUNCH ON YOUR OWN

1:00 – 3:30 pm CEU opportunity

Location: North Salem CHS, 3420 Cherry Avenue NE, Suite 110, Salem. **Enter through the meeting room door**, located on the end of the building closest to the driveway. **Please do not use the parking spaces in the first two rows near the building - they are reserved for clients.**

- Coming from the north take Salem Parkway Exit 260A off I-5. Follow the Parkway to Cherry Avenue (second signal) and turn right onto Cherry Avenue. Take the first driveway on the right; first building in on the left.
- Coming from the south take the Chemawa Road/Keizer Exit 260. Turn left at signal. Turn left at the next signal and merge **right** onto the Salem Parkway. Follow the Parkway to Cherry Avenue (second signal) and turn right onto Cherry Avenue. Take the first driveway on the right; first building on the left.

PGS POLICY SUBCOMMITTEE MEETING

April 7, 2006

9:00 – 10:00 am

Salem

Attendees: Sandra Assasnik, Marion County Health Dept.; Angela Brooks, Hood River MCCFL; Fred Doolin, Deschutes County; Arlenia Elmore-Jeggli, OMHAS; Jennifer Gustafson, Jo. Co Mh; Wendy Hausotter, OMHAS; Marilyn Heins, Lincoln County; Dick Johnson, Cascadia BHC, Delese Kendrick, Center for Living, Jean Linck, Jo. Co. MH; Franc Marion, Cascadia BHC; Jeff Marotta, OMHAS, Marlee Martin, Tillamook Counseling; Marcia Martin, Cascadia BHC; Keli Bilberry, Herbert & Louis, Ruben Mosqueda, Mid-Columbia; Janese Olalde, OMHAS; John Pearson, Multnomah County; Karen Rutherford, Polk County; MicheleTantrella-Modell, Emergence, Sharon Williams, Cascadia BHC;

Introductions and Announcements

Introductions – no announcements

Update

The policy initiatives discussed at the last advisory meeting, were the committee recommended their submission, where submitted to OMHAS. After further DHS review it was decided to not move forward with any of them.

Increased funding for Gambling

Jeff talked about the treatment encounter billing being lower than originally projected and this scenario freed up some monies. Where should that money go, how should it be spent in the problem gambling program? There are a few options at this time. One option discussed was expanding treatment access by piloting a treatment voucher program where a client can go to community providers not currently in the treatment system. This system would address a reported barrier of some clients to not seeking treatment because they are put-off by clinics that primarily service A&D clients or clients from lower SES backgrounds.

Alternatively, could use vouchers only in regions where treatment is at capacity to handle seasonal over-flow issues.

Committee members brainstormed several reasons why treatment utilization is lower than expected:

- Some clients are overwhelmed by the large groups, are unwilling to wait to be enrolled, or believe the clinic is not up to their standards.
- Because there are no guarantees of stable funding, programs and/or counties are reluctant to make capital investments to expand including hiring new staff.
- Many of the counselors are wearing many different hats, and by fragmenting staff they are unable to perform any one role optimally. Ideally need adequate funding for full-time gambling specific counselors and at least half-time outreach/prevention workers.
- Lottery ads changed focus. More on responsible gambling and less on targeting the problem gambler to call the helpline. Last ad targeting young adults and friends (paint) was not as effective in generating helpline calls as the women's ad (normal).

Workforce Development Plan

Wendy talked about the June training, and how that training will help develop prevention and outreach activities to make them more effective.

Wendy will be exploring a RFP for program support.

Next Meeting:

Date: June 9, 9:00 – 10:00 am

Location:

North Salem CHS, 3420 Cherry Avenue NE, Suite 110, Salem. Enter through the conference room door, located on the end of the building closest to the driveway.

Please do not use the parking spaces in front of the main entrance, as they are reserved for clients.

- Coming from the north take Salem Parkway Exit 260A off I-5. Follow the Parkway to Cherry Avenue (second light) and turn right onto Cherry Avenue. Take the first driveway on the right; first building in on the left.
- Coming from the south take the Chemawa Road/Keizer Exit 260. Turn left and cross over I-5. Turn left at the next light and stay to the right onto Salem Parkway. Follow the Parkway to Cherry Avenue (second light) and turn right onto Cherry Avenue. Take the first driveway on the right; first building on the left.