
Sample Parent/Guardian Letter Introducing the Unit

[*Your School's Letterhead*]

Date

Dear Parents and Guardians,

As part of our ongoing efforts to foster a school climate of respect, and as part of our [*insert grade level*] health curriculum, we will begin a unit on Family Life and Sexual Health on [*insert date*]. We want to let you know about the unit for three reasons.

First, some of you previewed these materials at the open house this fall. If not, you're welcome to contact the district and preview them now. [*Contact info here. Alternatively, invite families to a special preview night.*]

Second, if you decide not to have your child participate in the unit, or in particular lessons, please return the Waiver Form to me.

Third, we want to encourage you to discuss the issue at home too. Your child may bring home "family homework exercises" to do with an adult in the family (however he or she defines "family"). These assignments are strictly optional. They are also confidential; students will NOT be asked to report back what you have discussed. The purpose of these assignments is simply to give you a chance to communicate with one another. If more than one adult in the family wants to participate in these exercises, that's great. You may want to take turns, so the student gets special time with each adult.

Please give me a call if you have any questions. I would be glad to discuss the philosophy of the curriculum with you.

Sincerely,

Teacher, Principal, Counselor or Nurse

Telephone Number and E-mail

Sample Parent/Guardian Waiver Form

[*Your School's Letterhead*]

I do not want _____ to study the Family Life and (print student's first and last name) Sexual Health unit. I understand that he/she will be given different assignments to complete. I know that I have the right to preview all the classroom materials before signing. If our family would like to do the family homework from this unit, I know that I can request it from the teacher.

Parent or Guardian's Signature

Date

Sample Letter to Students Age 18+ Introducing the Unit

[*Your School's Letterhead*]

Date

Dear Student,

You are no longer a minor, so I am addressing this letter directly to you. As part of our ongoing efforts to foster a school climate of respect, and as part of our [***insert grade level***] health curriculum, we will begin a unit on Family Life and Sexual Health on [***insert date***].

I would be glad to talk with you in private if you have any concerns about the unit. If you feel strongly that participating would be harmful to you, you have the legal right to waive your own participation. If so, please return the Waiver Form to me.

Sincerely,

Teacher, Principal, Counselor or Nurse

Telephone Number and E-mail

Sample Personal Waiver Form For Students Age 18+

I am at least 18 years of age. I have decided not to participate in the Family Life and Sexual Health Unit. I understand that I will be given different assignments to complete.

Student's First and Last Name Printed

Student's Signature

Date