

Health of King County 2006: Summary of Current Data, Trends and Disparities (I)

Health Disparities (see key at bottom)

Health Outcomes: Selected Indicators (year)	Rate/ 100,000 (unless otherwise noted)	Number of King County Residents	Trend (10 years) (see key at bottom)	Healthy People 2010 Goal	Met 2010 Goal	Region	Health Planning Area	Race/ Ethnicity	Gender	Income/ Poverty	Sexual Orientation
Population (2000)											
Living in Poverty	8.4%	142,500	↑↑↑	N/A	N/A				N/A	N/A	N/A
Attended College (age >25)	71.0%	845,100	↑↑↑	N/A	N/A				N/A	N/A	N/A
Foreign Born	15.4%	268,300	↑↑↑	N/A	N/A	Yes	Yes	N/A	N/A	N/A	N/A
General Health Status (2003)											
Total Mortality	695.7	11,591	↓↓↓	N/A	N/A						N/A
Expected years of unhealthy life from age 18	8.4	N/A	↑↑↑	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Maternal and Child Health (2003)											
Infant Mortality	5.1/1,000	114	↓↓↓	4.5/1000	No				N/A		N/A
Low Birth Weight	6.3%	1,397	↑↑↑	0.1	No				N/A	---	N/A
Very Low Birth Weight	1.0%	217	↑↑↑	0.0	Close		---		N/A	---	N/A
Preterm Delivery	9.0%	1,992	N/A	0.1	No				N/A		N/A
Adolescent Birth	10.1	321	↓↓↓	N/A	N/A				N/A		N/A
Maternal Smoking	5.6%	1,215	↓↓↓	0.0	No				N/A		N/A
Late or No Prenatal Care (2002)	2.3%	436	↓↓↓	N/A	N/A				N/A		N/A
Chronic Disease (2003)											
All Cancer Death	172.1	2,816	↓↓↓	159.9	No						N/A
Lung Cancer Death	50.5	806	↓↓↓	44.9	No						N/A
Colorectal Cancer Death	14.4	253	↓↓↓	13.9	No	---				---	N/A
Colorectal Cancer Incidence (2002)	45.5	736	↓↓↓	N/A	N/A	---					N/A
Breast Cancer Death	23.2	220	↓↓↓	22.3	Close	---	---		N/A	---	N/A
Breast Cancer Incidence (2002)	152.5	1,387	↑↑↑	N/A	N/A				N/A		N/A
Heart Disease	163.7	2,714	↓↓↓	166.0	Yes						N/A
Stroke	57.1	946	↓↓↓	48.0	No				---	---	N/A
Diabetes Prevalence	5.1%	70,000	↑↑↑	N/A	N/A		N/A	N/A	---		No
Diabetes Mortality	21.8	356	---	N/A	N/A						N/A
CLRD	32.4	520	↓↓↓	N/A	N/A						N/A
Injury (2003)											
Unintentional Injury Deaths	26.5	478	---	17.5	No	---					N/A
Motor Vehicle Injury Deaths	7.5	136	↓↓↓	9.2	Yes						N/A
Firearm-related Deaths	7.6	140	↓↓↓	4.1	No			---			N/A
Homicide	3.9	74	↓↓↓	3.0	No						N/A
Communicable Diseases											
HIV Incidence (2004)	20.4	363	↓↓↓	N/A	N/A						N/A
HIV Prevalence (2004)	319.1	5,706	↑↑↑	N/A	N/A						N/A
AIDS Incidence	15.7	280	↓↓↓	1.0	No						N/A
AIDS Prevalence (2004)	178.1	3,185	↑↑↑	N/A	N/A						N/A
HIV/AIDS Deaths	5.0	89	---	0.7	No						N/A

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Mental Health/Substance Abuse (2003)											
Frequent Mental Distress (2004) (adults)	9.5%	130,000	---	N/A	N/A		---				
Suicide Deaths	11.9	213	↓↓↓	5.0	No						N/A
Alcohol-induced Deaths	8.8	159	---	N/A	N/A						N/A
Binge Drinking (2004)	15.7	217,000	---	6.0	No						
Drug-induced Deaths	10.3	198	↓↓↓	1.0	No						N/A




Key to symbols and colors

Trends Over Time

	Positive trend
	Negative trend
↓↓↓	Decreasing rate
↑↑↑	Increasing rate
---	No significant change

Health Disparities: Key to Degree of Inequality

Disparities are statistically significant and the risk ratio of highest to lowest group is:

	Less than 2
	2 to 3
	3 or more

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Risk Factors for Chronic Disease and Injury and Access to Care: Selected Indicators (year)	Prevalence Percent	Number of King County Residents	Trend (10 years) (see key at bottom)	Healthy People 2010 Goal	Met 2010 Goal	Region	Health Planning Area	Race/Ethnicity	Gender	Income/Poverty	Sexual Orientation
Chronic Disease Risk Factors											
<i>Smoking</i>											
Current Smoker (2004)	15.2%	211,000	↓↓↓	12.0%	No				---		
Maternal Smoking	5.6%	1,215	↓↓↓	0.0	No				N/A		N/A
Regular Smoker (high school students)	NA	NA									
<i>Physical Inactivity and Obesity</i>											
No physical activity (2004)	14.5%	201,000	---	20.0%	Yes				---		
Does not meet "moderate" physical activity guidelines (2003)	44.8%	620,000	NA	70.0%	Yes		NA		---	---	---
Does not meet "vigorous" physical activity guidelines (2003)	67.2%	931,000	NA	70.0%	Yes		NA	---			---
Obesity (2004)	17.7%	234,000	↑↑↑	15.0%	No						---
<i>Alcohol</i>											
Heavy Drinking (2004)	5.9%	81,000	↑↑↑	NA		---				---	
<i>Cancer screening</i>											
Mammography in last two years (40+) (2004)	74.2%	299,000	↑↑↑	70.0%	Yes	---	N/A		N/A		
Sigmoidoscopy or colonoscopy in last five years (50+) (2004)	50.4%	236,000	N/A	N/A	N/A	---	---	N/A	---		---
<i>Other</i>											
Hypertension (2003)	21.8%	303,000	↑↑↑	16.0%	No				---		---
High blood cholesterol in those who have been checked (2003)	31.2%	329,000	↑↑↑	17.0%	No			---		---	---
Injury Risk Factors											
<i>Alcohol (2004)</i>											
Binge Drinking	15.7%	217,000	---	6.0%	No					---	
Drinking and Driving	4.2%	40,000	---	NA	NA	---	NA	NA	---		---
<i>Firearms (2004)</i>											
Households with Firearm(s)	20.6%	N/A	---	N/A		N/A	N/A	N/A	N/A	N/A	N/A
Households with Firearm(s) where firearm is loaded and unlocked	13.4%	N/A	---	16%	Yes	N/A	N/A	N/A	N/A	N/A	N/A
Children living in home with firearm(s)	18.2%	69,000	↓↓↓	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
<i>Motor Vehicle Safety</i>											
Does Not Always Use a Seatbelt (2002)	11.0%	153,000	↓↓↓	8%	No		N/A	---		---	N/A
Communicable Disease Risk Factors											
<i>Vaccination</i>											
4:3:1:3:3 series, children 19-35 months (2004)	81.0%	NA	↑↑↑	90.0%	No	NA	NA	NA	NA	NA	NA
Had pneumonia vaccination, age 65+ (2004)	65.0%	117,000	↑↑↑	90.0%	No	---	NA	NA	---	---	NA
Influenza vaccination/past year, age 65+ (2004)	70.0%	130,000	---	90.0%	No		NA	NA	---		NA
Access to Care											
Percent uninsured (2004)	15.5%	190,000	↑↑↑	0	No						
Could not get care due to cost (2004)	12.6%	175,000	↑↑↑	7%	No						
No usual source of care (2004)	22.3%	157,000	↑↑↑	4%	No						
Oral Health - regular dental care (adults 18+) (2004)	25.9%	359,000	---	56%	No						
-Oral care among youth: untreated decay(2000)	15.0%	?	N/A	21%	Yes	N/A	N/A		N/A		
-Oral and pharyngeal cancer incidence (2000-2002)	12.1 per 100,000	200	---	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
-Oral and pharyngeal cancer incidence early stage (2000-2002)	34.8%	65	---	50%	No	N/A	N/A	N/A	N/A	N/A	N/A

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