

Approved 7-10-07
KING COUNTY MENTAL HEALTH ADVISORY BOARD
REGULAR MEETING, MAY 8, 2007
EXCHANGE BUILDING CONFERENCE ROOM 6A

Members Present: Nancy Dow-Witherbee, Lisbeth Eddy, James Nobles, Eleanor Owen, Allan Panitch, Ron Sterling, Eugene Wan, Gwendolyn Williams

Members Absent: None

Guest Present: Joan Clement, KCASAAB Liaison

Staff Present: Rhoda Naguit, Jean Robertson

Immediately following the Executive Session, Board Chair Eleanor Owen proceeded to call to order the King County Mental Health Advisory Board Meeting at 4:15 p.m.

I. APPROVAL OF MARCH 13, 2007 MEETING MINUTES

David Johnson, Executive Director of Highline West Seattle Mental Health asked that correction be made on a statement reflected in the April 10, 2007 minutes regarding SEIU. He clarified that the view he expressed at a meeting was that of HWSMH's and does not represent the providers' point of view. Eleanor Owen expressed her appreciation for David Johnson's effort to get SEIU to interact directly with case managers rather than with agency CEO or the Board.

ACTION ITEM: Jim Nobles made a motion which was seconded by Nancy Dow-Witherbee to approve the March 13, 2007 meeting minutes as amended. The motion was approved unanimously.

II. CHAIRPERSON'S REPORT

A. Nominations for Chair and Vice Chair

The Nominations Committee met prior to the regular board meeting today. Board Chair Eleanor Owen presented the nomination of Nancy Dow-Witherbee for Board Chair and Eugene Wan for Vice Chair.

ACTION ITEM: Jim Nobles moved, which was seconded by Lis Eddy to approve the nomination of Nancy Dow-Witherbee for Board Chair and Eugene Wan for Vice Chair. Nancy Dow-Witherbee and Eugene Wan abstained. The motion was approved.

The Board Chair and Vice Chair shall be elected at the regular board meeting on June 12, 2007 by vote of the board members present. Election shall be by written ballot.

B. Re-appointment of Nancy Dow-Witherbee

ACTION ITEM: Jim Nobles made a motion, which was seconded by Lis Eddy to approve the re-appointment of Nancy Dow-Witherbee to the Board for a full three-year term. The motion passed unanimously.

C. Proposed Plan of Implementation of Recovery Incentives

Copies of the document were provided at the regular Board Meeting on April 10, 2007 for review. Jean Robertson reported that at the CEO Retreat last week, the Proposed Plan for Implementation of Recovery Incentives was discussed.

ACTION ITEM: Nancy Dow-Witherbee made a motion, which was seconded by Lisbeth Eddy to approve the proposed plan of Implementation of Recovery Incentives. The motion was approved unanimously.

III. DISCUSSIONS

A. Medicaid Client Decrease

Almost 10% of enrolled mental health clients are losing Medicaid during their benefit year. What happens to this population and are we able to track them? The impact of losing Medicaid coverage for people with mental illness will be felt by our crisis and hospital systems that may not be able to handle it. Most of the clients with mental illness could be tracked in the jail and in hospitals. Gwendolyn noted that tracking these clients is difficult because they are mobile. Eugene shared that the Quality Council has suggested conducting a survey about these individuals with organizations, including religious group, and forwarding the consolidated survey to the County. The issue of significant number of people losing their Medicaid coverage due to increased income is a concern. Jean said that she is convening a Non-Medicaid workgroup to review current policies regarding non-Medicaid access to outpatient services.

B. Recovery Guidelines for Providers

Jean stated that the recovery guidelines will be incorporated in the Policy and Procedure that the Division is working on to be distributed to contracted agencies. The contract will be released in December 2007.

In the 2007 contracts, the Division will include incentive dollars planned for providers who achieve process and outcomes measures. Eleanor would like the incentives to go to clients directly rather than providers. Jean said that the

incentive dollars are tied to Medicaid services so direct payment to clients rather than for services provided is not possible. Eugene countered that providing incentives to clients should not be ruled out per se.

IV. COMMITTEE REPORTS

Legislative Advocacy & Public Affairs Committee – Jim Nobles

The Committee, which met earlier today, discussed the following issues:

- MHCADSD Annual Exemplary Service Awards. They are looking at one of these dates – Sept. 27, 28 or October 4. They need a Board member to be in the Review Team.
- Grand opening of “Meditation” Garden on May 19th. Seattle Department of Parks and Recreation did not approve the use of “Recovery” because they cannot allow any special interest group to have signage in the park.
- Legislative forum on December 6th. It was initially scheduled to be held at St. Mark’s Cathedral but there is a suggestion to hold this year’s forum in the south end.
- Legislative Budget for Mental Health Update.
- Sales Tax Meeting tomorrow at 1:30-3:30pm at the Exchange Building, Conference Room 6A

Nominations Update – Nancy Dow-Witherbee

Eugene Wan has referred a potential candidate for Board membership. Rhoda Naguit will follow up with the applicant via email.

Nancy will modify the letter that went to County Councilmembers to go to various boards and committees to encourage recruitment.

Quality Council

At the recent meeting of the Quality Council, the following items were covered and discussed:

- Review of Ombuds semi-annual report. Data in the report did not have a breakdown based on age group; QC asked if this could be included in the next report.
- Update from Quality Review Team.
- Booth at NAMI Walk on May 19th. Eugene Wan and QRT staff volunteered to man the booth. Board application forms and updated Quality Council brochures will be made available to the public.

Recovery Initiatives Committee – Eugene Wan

There is no meeting of the Recovery Initiatives Committee this month.

Criminal Justice Stakeholders Update - Lisbeth Eddy

One of the issues discussed as alternative plan for community crisis is crisis intervention training for police and for jail staff, EMS, and other first responders. SPD training for their CIT team includes component on behavioral impact of drugs and alcohol, and on resources such as the Sobering Center. Since law enforcement are not trained to make a diagnosis, the focus is on how to interact effectively with sensitivity, and on resource alternatives to jail or emergency rooms.

IV. STAFF REPORT

A. Recovery Implementation Update

A Recovery Retreat with CEOs was held on May 4, 2007.

The Division is required by the County Council to submit a second Recovery Ordinance in June this year about its accomplishments in regards to the original November 2005 County Ordinance. The Recovery Ordinance will be transmitted to the County Executive by June 8, 2007.

B. Change of Name

Seattle Mental Health is changing to Sound Mental Health effective May 24, 2007.

C. EQRO

A hardcopy of the report was given to Eleanor Owen to peruse. This is a three-year process.

VI. LIAISON REPORTS

Eleanor Owen, *Western State Hospital and Highline-West Seattle Mental Health*

WSH is implementing a new program whereby individual patients will be assessed on each ward regarding their interests and needs. These patients will then convene off the wards and participate in activities with other patients that have similar interests and needs. Thus, two or three may come from one ward, one from another, etc. This is an effort by the hospital to establish appropriately challenging activities to more individuals rather than provide "one size fits all" on every ward.

HWSMH is moving along with its goal of exporting their curriculum program on how to involve individuals in recovery. The agency administration has taken an active role in getting SEIU to come to the table to discuss issues in mutual trust.

Gwendolyn Williams, *Therapeutic Health Services*

The agency is undergoing changes in their internal structure.

Jim Nobles, *District Mental Health Court*

No report.

Eugene Wan, *Community Psychiatric Center*

He has not met with Shirley Havenga.

Allan Panitch, *Children's Home*

No report.

Nancy Dow-Witherbee, *Harborview*

Harborview clinicians participated in Perry Wien's Recovery Roundtable last week and the response was very positive. Feedback centered around clinician's perception that county focus and funding is on clients served by PACT and Supported Employment programming. More detailed communication is requested from the county on specific programs and systems for applying recovery principals for clients who are between those to population groups.

Lisbeth Eddy, *Seattle Mental Health Court*

Western State Hospital is opening a satellite at Seattle Mental Health Court. This will improve services and increase efficiency in the provision of outpatient forensic competency evaluations by courts in the Seattle area. There will be an open house on Thursday, May 24, 2007 from 11:00am to 2:00pm at 110 Prefontaine Place South, Suite 608, Seattle.

Ron Sterling, *Valley Cities Counseling and Consultation*

Ron plans to attend the VCCC Board Meeting on May 17th.

Joan Clement, *KCASAAB Liaison*

The final adopted legislative budget provides vendor rate increases for chemical dependency services. The rate increase received was not quite as much as we

expected. We will continue to work on this as a funding issue. Contingency funding is a concern for the Board.

VII. OTHER BUSINESS/CONCERNS

ACTION ITEM: Nancy Dow-Witherbee made a motion, which was seconded by Lisbeth Eddy to provide the Board with a calendar addendum to serve as heads up on what is coming up or items that need to be acted upon by the Board in order to meet the deadlines in a timely manner. The motion passed unanimously.

There being no further business, the meeting was adjourned at 6:10pm.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Eleanor Owen
Board Chair