

Public Health Resources for Schools



Clinical Services and Health Access

Affordable health services* for students and their families:

- Dental
- Pediatric and adult primary care
- Birth control**
- STD testing and treatment**
- Maternity Support Services and Infant Case Management
- Pregnancy tests and referrals for prenatal care, adoption or abortion**
- Immunizations and TB testing
- WIC
- Help applying for state funded insurance programs

**Services vary at each site*

***Confidential services for adults and teens*

Auburn
20 Auburn Ave.
Auburn, WA 98002
[206-296-8400](tel:206-296-8400)
[253-833-8400](tel:253-833-8400)

Columbia
4400-37th Ave. S.
Seattle, WA 98118
[206-296-4650](tel:206-296-4650)

Downtown
2124 4th Ave
Seattle, WA 98121
[206-296-4755](tel:206-296-4755)

Eastgate
14350 SE Eastgate Way
Bellevue, WA 98007
[206-296-4920](tel:206-296-4920)

Federal Way
33431 – 13th Pl. S.
Federal Way, WA 98003
[206-296-8410](tel:206-296-8410)

Alder Square (Kent)
1404 Central Ave. S.
Suite #112
Kent, WA 98032
[206-296-4500](tel:206-296-4500)

Kent Teen Clinic
(through age 20)
613 W. Gowe
Kent, WA 98032
[206-296-7450](tel:206-296-7450)

Springwood Public
Health Center (Kent)
13111 S.E. 274th St.
Kent, WA 98030
[206-296-4930](tel:206-296-4930)

North
10501 Meridian Ave. N.
Seattle, WA 98133
[206-296-4990](tel:206-296-4990)

North Seattle Dental Clinic
12359 Lake City Way NE
Seattle, WA 98125
[206-205-8580](tel:206-205-8580)

Northshore
10808 NE 145th
Bothell, WA 98011
[206-296-9787](tel:206-296-9787)

Renton
3001 NE 4th St.
Renton, WA 98055
[206-296-4700](tel:206-296-4700)

Renton Dental Clinic
10700 SE 174th St.
Suite 101
Renton, WA 98055
[206-296-4955](tel:206-296-4955)

White Center
10821 8th Ave. SW
Seattle, WA 98146
[206-296-4620](tel:206-296-4620)

Dental Services

For dental care referrals or information call the Community Health Access Program (CHAP) at [206-284-0331](tel:206-284-0331) or [800-756-5437](tel:800-756-5437).

School-Based and School-Linked Health

Centers are comprehensive primary care clinics that provide medical care and mental health screening and treatment for young people. For more information call Linda St. Clair at [206-205-0600](tel:206-205-0600).

School-Linked Health Centers*

Youth Health Center - Renton
Group Health Clinic
275 Bronson Way NE
Renton, WA 98056
[425-254-2710](tel:425-254-2710)

*Services available to all teens, regardless of school enrollment

Youth Health Center - Burien
457 - SW 148th St.
Burien, WA 98166
[206-439-9300](tel:206-439-9300)

*Services available to all teens, regardless of school enrollment

Seattle School District School-Based Health and Wellness Centers*

Aki Kurose Wellness Center 206-326-2141

Ballard Teen Health Center 206-784-2142

Cleveland Health Center 206-296-0536

Denny Wellness Center 206-923-2809

Franklin Teen Health Center 206-326-2750

Garfield/NOVA Teen Health Center

206-860-0480

Hale/Summit Teen Health Center

206-363-8291

Ingraham Teen Health Center 206-205-0430

Madison Wellness Center 206-923-5462

Rainier Beach Teen Health Center

206-296-4639

Roosevelt Teen Health Center 206-527-8336

Sealth Teen Health Center 206-938-1360

Washington Wellness Center 206-568-3327

West Seattle Teen Health Center

206-658-8048

*Student must be enrolled at the school to receive services

Access & Outreach to Health Care staff provides state funded health insurance information and application help to low-income families in person, over the phone and in the community.

Seattle: Daphne Pie 206-205-5196

South King County: Cathy Aby 253-874-7642

Latino Outreach: Miguel Urquiza

206-296-9875

Health Care for the Homeless Network

Free medical care for homeless youth in Seattle and King County, including:

- Primary Care
- Mental Health and Chemical Dependency Counselors
- Acupuncture and Naturopathic Care
- HIV/STD testing

For more information go to www.metrokc.gov/health/hchn or call Laurie Becker at **206-205-5827**.

Health Promotion and Prevention

Oral Health Program

- Dental sealant program to targeted elementary schools
- Oral health curriculum (“The Tooth Tutor”)
- Consultation and training for school nurses

For more information call Peg Terp at **206-296-4572**.

Teen Pregnancy and Parenting Services

Public Health and its community partners provide a range of services that support teen parents. Best Beginnings, TAPP (Teenage Pregnancy and Parenting Program), and Eastside Healthy Start provide support and home visiting services for teen mothers and their families. To refer a teen in:

- Seattle call Joyce Tomlinson at **206-296-3155** or your local Public Health Center in Seattle.
- Renton, Auburn, or Kent call the Renton Public Health Center at **206-205-1654**.
- East King County call **425-869-6658**.

Maternity Support Services, Infant Case Management and WIC are available for teens at all Public Health Centers.

Health Education, Training and Consultation

Public Health Educators in the Family Planning Program provide:

- Sexuality education training for teachers
- Support in providing F.L.A.S.H. (Family Life And Sexual Health) - an age-appropriate, medically accurate and comprehensive sexuality education curriculum for grades 5 - 12 and special education students

developed by Public Health Seattle & King County

- Co-teaching and modeling for new teachers
- Technical assistance for school districts on sexuality curricula
- A website (www.metrokc.gov/health/famplan/) with teacher resources and lesson plans
- Assistance with curriculum parent preview nights

School district: Auburn, Enumclaw

Health Educator: 206-296-8405

School district: Federal Way

Health Educator: Kari Kesler 206-296-9864

School district: Highline, Tukwila, Vashon

Health Educator: Lois Werelus 206-205-7221

School district: Bellevue, Mercer Island, Snoqualmie

Health Educator: Becky Reitzes 206-296-9782

School district: Kent

Health Educator: Andrea Gerber 206-205-8683

School district: Northshore, Lk Washington, Riverview, Skykomish

Health Educator:

Stephanie Ballasiotes 206-296-9812

School district: Renton, Tahoma, Issaquah

Health Educator: Tony Silvestrin 206-205-1708

School district: Seattle, Shoreline

Health Educator: Beth Reis 206-296-4970

Celia Thomas 206-205-6035

Public Health Educators in the HIV/STD Program provide:

- Training and consultation for school staff and educators on HIV, STDs and blood borne pathogens: **206-296-4649**
- Educational brochures and free video rental: **206-205-7837**
- The HIV/STD Hotline for information, referrals, and to schedule testing: **206-205-7837**

- HIV Resource Library for access to research and scientific information: **206-296-4649**
- An up-to date website (www.metrokc.gov/health/apu/) with statistics, teacher resources and lesson plans

Safe Schools Coalition protects children from bullying based on perceived sexual orientation by providing:

- Training for staff on bias-based harassment
- Classroom resources
- Local and national data
- Consultation on anti-bullying policies

For technical assistance call Beth Reis at **206-296-4970**.

For general information call **206-632-0662 ext 49**.

Students and/or staff experiencing bullying or harassment can call the Safe School Crisis line at **888-998-6423**. www.safeschoolscoalition.org

Asthma Management Services

For assistance with student-focused or school-focused asthma management issues and concerns call Diana Vinh, King County Steps to Health at **206-205-1589**.

Child Care Health Program

The Child Care Health Program provides services to promote the health and safety of children in child care, including out-of-school-time care programs. Public Health Nurses, Nutritionists, Health Educators and a Child Psychologist provide training, consultation, education and referral services for child care providers and the children and families they serve. For information call 206-296-2770.

Alcohol and Other Drug Prevention (AODP)

Program provides, through direct services and contracted services, the following:

- AOD prevention programs (such as life skills training, mentoring, and youth leadership) for children and youth
- Parent education programs for raising drug free children
- Training funds to promote AOD prevention best/promising practices and to build capacity
- Allocation of small grants for community, school and youth groups to plan and implement drug-free activities

For more information call Jackie Jamero Berganio at **206-296-7614**.

Tobacco Prevention Program provides:

- Trainings for school staff on tobacco diversion programs (a tobacco education class in lieu of suspension), cessation programs, media literacy, and general tobacco information.
- Technical support and consultation to answer tobacco related questions, assistance with health and wellness events, recommendations for guest speakers, and help with district and building tobacco policies.
- Tobacco Prevention Website offers a list of services and has general information about tobacco: www.metrokc.gov/health/tobacco

For more information call **206-296-7613** or email tobacco.prevention@metrokc.gov.

Violence and Injury Prevention Program

Program staff provide information and materials on a number of injury topics including traffic safety, drowning prevention, and firearm storage.

For more information call Deanne Boisvert at **206-205-5866**.

Physical Activity and Nutrition

- **PE Teacher Awards:** Each year the King County Physical Activity Coalition (KCPAC) gives awards to 5 outstanding PE teachers in King County public schools. For information on getting involved with KCPAC, Safe Routes to School, or to nominate an outstanding PE teacher, call Amy Shumann [206-205-6284](tel:206-205-6284).
- **Nutrition & Physical Activity Services** focuses on healthy eating and active living. Technical assistance resources are available for developing and implementing strong nutrition and physical activity policy/procedures for your district. Opportunities for school staff to be involved in a county-wide effort to increase opportunities for physical activity and improve access to healthy foods.
Nutrition: Donna Oberg [206-296-4589](tel:206-296-4589);
Physical Activity: Amy Shumann [206-205-6284](tel:206-205-6284)
Policies in King County: Kirsten Wysen [206-205-0661](tel:206-205-0661)
- **King County Steps to Health** is a 5 year CDC funded grant to address asthma, tobacco, diabetes, and obesity. Steps projects are individual, family, clinical, school and community level interventions with a focus on Seattle, Highline, and Tukwila school districts. For information about projects contact Lorrie Alfonsi, Project Manager, [206-205-0932](tel:206-205-0932).
- **Seattle Nutrition Action Consortium (SNAC)** operates two school based programs. Mission Delicious is an elementary school program where students are taught food preparation skills and encouraged to eat healthy foods. You're the Cook is a middle school program where students help with cooking demonstrations and prepare healthy recipes for their own families. For more information call Elizabeth Kimball at [206-205-5159](tel:206-205-5159).

Communicable Disease Control, Epidemiology, and Immunizations

- For consultation or to report communicable diseases, 24 hours a day, 7 days a week, call **206-296-4774**.
- Notifiable conditions report list is available on line at: <http://www.metrokc.gov/health/providers/cdconditions.pdf>
- General communicable disease list and immunization information is available on line at: <http://www.metrokc.gov/health/prevcont>
- Recorded information about communicable diseases, immunizations or about current disease outbreaks: **206-296-4949**
- VacScene Newsletter for health care professionals on childhood vaccinations is available on line at: <http://www.metrokc.gov/health/vacscene/index.htm>
- Epilog Newsletter regarding communicable diseases in King county is available on-line at: <http://www.metrokc.gov/health/epilog/index.htm>

Environmental Health

Provides pool and food facility inspections and consultation on environmental health issues ranging from rodent control and contaminated environments to disposal and management of hazardous materials.

Food and Pool inspections

Seattle area school districts: **206-296-4632**

South County school districts: **206-296-4708**

North and East County school districts:
206-296-9787

Students and staff who need food handler cards may call the Food Handler Hotline at **206-296-4791** to learn about class locations and dates.

All other environmental health questions:
206-205-4394

On-Line Resources

Public Health web site:

www.metrokc.gov/health

School staff, students and their families can access information about:

- ❖ Alcohol and other drugs
- ❖ Asthma
- ❖ Bioterrorism
- ❖ Birth and death records
- ❖ Child and youth health
- ❖ Chronic diseases
- ❖ Codes and regulations
- ❖ Communicable diseases
- ❖ Disasters
- ❖ Disposal and waste
- ❖ Emergency medical services
- ❖ Environmental hazards
- ❖ Family planning
- ❖ Free or low cost health insurance
- ❖ Healthy eating
- ❖ HIV/AIDS information
- ❖ Homelessness and health care
- ❖ Immunizations
- ❖ Injuries and violence
- ❖ Oral health
- ❖ Personal health
- ❖ Pest control
- ❖ Restaurant inspections
- ❖ Safe food and water
- ❖ Sexual health
- ❖ STDs
- ❖ Tobacco prevention

On-line information in Spanish can be found at

www.metrokc.gov/health/espanol



Seattle & King County

HEALTHY PEOPLE. HEALTHY COMMUNITIES.



City of Seattle



King County

206-296-4600

www.metrokc.gov/health

Available in alternate formats.



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