

Bike to work, skip the traffic, May 17

Join thousands of Bay Area commuters as they get some fresh air and exercise, avoid high gas prices and pedal past traffic gridlock while biking to work or to BART on "Bike to Work Day," Thursday, May 17.

This is the Bay Area's 13th annual Bike to Work Day, promoting bicycling as a healthy, fun, and viable form of transportation.

Register for Bike to Work Day at 511.org and you'll be entered to win a folding bicycle that can be brought aboard any BART train at any



time, or other great prizes! Registration is free, quick and easy.

On Bike to Work Day, "Energizer Stations" will be located at several BART stations and along commute routes where bicyclists can stop for refreshments, giveaways, and bicycling information. Energizer Stations will be open during morning commute hours and some will reopen during the evening commute.

Visit 511.org for updated Energizer Station locations, Bike to Work Week activities and a variety of Bike to Work Day events.

BART Bike Rules



For a complete description of rules regarding bikes on BART, pick up a "BART Basics Guide" or visit the "Bicycle Access" section of bart.gov. The following is a brief overview of some of BART's bike rules.

- Bikes are allowed on all trains except those trains shown in highlighted areas of the "BART Fares and Schedules" brochure.
- Bikes are never allowed on crowded cars.
- Bikes are allowed in any car but the first car of a train.
- Bicyclists must use elevators or stairs, not escalators, and always walk bikes.
- In case of an evacuation, leave your bike on the train and do not let it block aisles or doors.
- Bicyclists under 14-years old must be accompanied by an adult.
- Bikes must be parked in racks and lockers. Call 510/464-7133 for locker availability. Bikes parked against poles, fences or railings will be removed.

Free bike parking at three BART stations

Berkeley Bike Station

Located on the south end of the concourse level, attendants will store your bike in a secure area while you take BART to work, play or shop. The Berkeley Bike Station is open weekdays 7 a.m. to 9 p.m. (closed weekends and holidays). For more info, call 510/548-7433 or visit www.bikestation.org.

Embarcadero Bike Station

Located on the concourse level of the Embarcadero BART station near the Davis Street entrance, the Embarcadero Bike Station is attended weekdays from 7:30 a.m.

to 9:30 a.m. and 3 p.m. to 7 p.m. Parking and pick-up of bikes during staffed hours is free. For additional information, call 415/834-1049 or visit www.bikestation.org.

Fruitvale Bike Station

The Fruitvale Bike Station is in Fruitvale Village, adjacent to the Fruitvale BART station and offers free, secure bike parking and a full-service bike repair shop. Free attendant parking is available from 6 a.m. to 10 p.m. The Fruitvale Bike station offers more than 230 spaces. For more information, call 510/536-2220.



FROM THE GENERAL MANAGER

May is "National Bike Month," highlighted by "Bike to Work Day" on the 17th, a great opportunity to get a little exercise by riding your bike to BART.

BART's interest in bicyclists extends beyond a day or a month. We work to make BART stations accessible to bicyclists all year long. BART operates the most bike lockers of any U.S. transit agency, just over 1,000 in all. Additionally, there is free attended parking for 430 bikes at Embarcadero, Downtown Berkeley and Fruitvale stations.

Last month BART opened a prototype bicycle ramp to allow cyclists to roll their bikes on stairs at 16th Street Mission Station. And later this year 200 new elec-

tronic bike lockers are coming to nine East Bay stations.

Bicycles are permitted on most trains, but there are restrictions during peak commute hours. For more information, see the "BART Fares and Schedules" brochure or visit www.bart.gov/bikes.

While BART encourages customers to use bikes or other alternatives to single occupancy vehicles to get to work or school, don't forget about BART on the weekend. Taking BART to one of your favorite cycling spots can help you save your energy for your two-wheeled adventure!

Thomas E. Margro, General Manager

GOOD TIMES

Yosemite: Art of an American Icon

Oakland Museum of California
10th and Oak streets
www.museumca.org or 510/238-2200

BART: Lake Merritt

May 16-Aug. 26:

The majesty of Yosemite has inspired painters and photographers for ages. The exhibit vividly demonstrates



the power of art to shape how the national park has been viewed, used, and protected. More than 150 paintings, baskets and photographs from the mid-19th century to the present are displayed in four chronological sections.

Mother on Fire with Sandra Tsing Loh

The Women's Building
3543 18th St. at Valencia, San Francisco
www.sandratsingloh.com

BART: 16th Street, four-block walk

May 11-20: The hilariously ironic writer/performer and NPR commentator brings her one-woman show to San Francisco, especially funny for anyone hysterical about where to send their kids to school. Discounts on tickets: For parents, \$5 discount for each child in public school. For public-school teachers: \$10 discount. A benefit for San Francisco's Mission High School and the Women's Building.

24th Annual Himalayan Fair

Live Oak Park
1300 Shattuck Ave. at Berryman, North Berkeley
www.himalayanfair.net

BART: North Berkeley, special fair shuttle

Saturday-Sunday, May 19-20:

Authentic Himalayan arts, antiques and modern crafts, live music and dance performances, and exotic foods



highlight this celebration of the great mountain cultures of Tibet, Nepal, Bhutan, India, Afghanistan, Pakistan and Mongolia.

City of Oakland's Older Americans Month Celebration

Frank H. Ogawa Plaza (Downtown Oakland)
Clay Street between 14th and 15th streets

BART: 12th Street-City Center

Wednesday, May 23, 11 a.m.-2 p.m.: "Celebrate Aging ... Making Oakland a Great Place to Grow Old" features senior art exhibits, community resources and entertainment. Keynote speaker is noted labor leader Dolores Huerta.

The Cryptogram

Shotgun Players
The Ashby Stage, 1901 Ashby Ave., Berkeley
www.shotgunplayers.org or 510/841-6500

BART: Ashby

May 9-June 17: Secrets, riddles and lies are the tools with which David Mamet constructs this elliptical and agonizing play. Mamet takes us back to that moment when we first realized that the world is a dangerous place.

Carnaval Sambas into the City

Take BART to the 16th Street Mission or 24th Street Mission stations for the excitement of Carnaval SF!

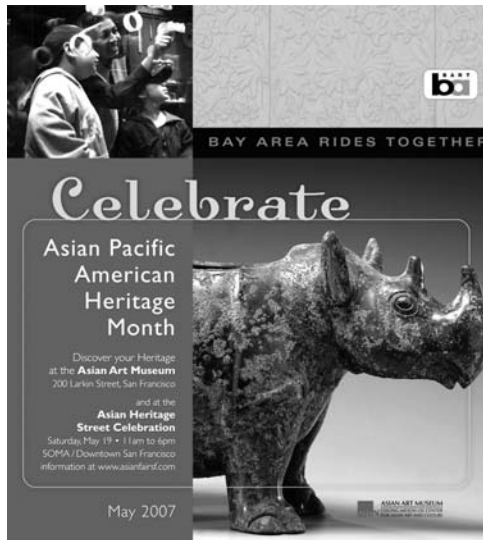
May 27. The floats, music and lavish costumes of Carnaval's Grand Parade on Sunday begin at 9:30 a.m.



The 2007 festival will take place Memorial Day Weekend, Saturday, May 26 and Sunday

For more information, visit www.carnavalsf.com.

BART celebrates Asian Pacific Heritage Month



Take BART to the Asian Heritage Street Fair

Exit BART at Powell Street Station for the third annual Asian Heritage Street Celebration

Saturday, May 19, from 11 a.m. 6 p.m.

The fair takes place on Howard Street between 5th and 7th Streets.



The fair will feature live entertainment, food, arts and crafts, martial arts, karaoke and more. Be sure to check out the BART booth and BART Mobile at the fair. For more info, visit www.asianfairsf.com.

Highway 24 repaving project set to begin

Caltrans will begin repaving work on Highway 24 this month, with the work to continue through 2009. Most of the work will take place between 9 p.m. and 6 a.m., Monday through Friday.

Tell your friends to avoid any morning commute hassles and take BART to work.

For more information, visit the project website at www.dot.ca.gov/dist4/24_rehab.

Bay Area Vendor Fair comes to Oakland

Be a part of the most powerful business outreach fair in the Bay Area. Take BART to Oakland City Center/12th Street on Thursday, May 24 for the 2007 Bay Area Vendor Fair at the Oakland Marriott City Center.

This year's fair focuses on moving the small business community towards a more positive and progressive economic future.

For more information, visit www.bayareavendorfair.com, or call 888/243-BAVF.

