

Oklahoma Child Labor Law



Oklahoma Department of Labor
Lloyd L. Fields
Commissioner of Labor

14

Fourteen (14) years is the minimum age for work.

Work Permits

Issued by the school

14 and 15 year-olds are required to get a work permit from their school before work begins.

Hours of Work

14 and 15 year-olds may work:

*From Tuesday after Labor Day to
May 31st*

3 hours on a school day;
8 hours on a non-school day;
18 hours in a school week
between 7 a.m. and 7 p.m.

From June 1st to Labor Day
8 hours on a non-school day;
40 hours in a non-school week
between 7 a.m. and 9 p.m.

Break Periods

30 minutes for every 5 hours worked;
1 hour for every 8 hours worked

Some Work Restrictions

Minors under 16 years CAN NOT be employed in work related to:

- Construction
- Cooking or baking
- Fryers or grills
- Hoisting devices
- Ladders or scaffolds
- Lawn mower & weed eater,
other than working for self
- Loading / unloading
- Manufacturing, mining or processing
- Motor vehicles or service as helpers on vehicles
- Power-driven machines or equipment
- Public messenger service
- Public utilities and communications
- Slicers or sharp knives
- Transportation of persons or property by rail, highway, air, water, pipeline or other means
- Warehousing or storage,

and any occupation declared particularly hazardous by federal law, federal regulations or the Commissioner of Labor.

Questions?

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