



Texas WIC

Breast Pump Procedures Manual

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Breast Pump Training

According to Breastfeeding Policies BF:2.0 and BF:4.0, all WIC certifying authorities and other WIC staff designated by the WIC director to issue breast pumps must be trained on breast-pump issuance, inventory control, retrieval, basic troubleshooting, assembly, use and cleaning within the first six months of employment. Staff should fulfill the training requirement by completing one of the two following options:

1. Successful completion of the *Breast Pump Procedures Manual* post-test (pages 93–95 of the manual) and IDL training for each manufacturer of breast pump in inventory at the local agency.
2. Successful completion of IDL training for each manufacturer of breast pump in inventory at the local agency as well as IDL training on breast-pump issuance, inventory, storage and troubleshooting.

The following IDL trainings are offered on breast pumps:

1. Texas WIC Breast Pump Program 1 — Issuance, Inventory, and Storage of Breast Pumps
2. Texas WIC Breast Pump Program 2 — Hollister Breast Pump Basics: Use, Assembly, and Cleaning
3. Texas WIC Breast Pump Program 3 — Medela Breast Pump Basics: Use, Assembly, and Cleaning (only required if your local agency issues Medela manual pumps)
4. Texas WIC Breast Pump Program 4 — When Moms Can't Make It Work
5. Texas WIC Breast Pump Program 6 — How to Help Moms Maintain Their Milk Supply When Returning to Work

Texas WIC Breast Pump Program 6 is not a required component of pump training, but is strongly recommended.

To complete the *Breast Pump Procedures Manual* post-test, in lieu of completing IDL training 1, please read the manual and then take the post-test that starts on page 93.

Documentation of completing the post-test and IDL pump trainings should be kept at the local agency.

TRAINING REQUIREMENTS					
Topics Covered	<i>Breast Pump Procedures Manual</i>	Attend Texas WIC Breast Pump Program Training 01 on IDL (Issuance/Inventory)	Attend Texas WIC Breast Pump Program Training 02 on IDL (Hollister pumps)	Attend Texas WIC Breast Pump Program Training 03 on IDL (Medela pumps)	Attend Texas WIC Breast Pump Program Training 04 on IDL (Troubleshooting)
Issuance	X	X			
Inventory and Storage	X	X			
Assembly			X*	X*	X*
Use			X	X	X
Cleaning			X	X	X
Expression			X	X	X
Storage of Breastmilk			X	X	X
LA Protocol					

* Assembly is not covered on all manual pumps.