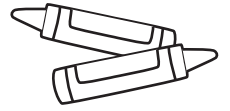# Healthy Drinks Coloring Sheet
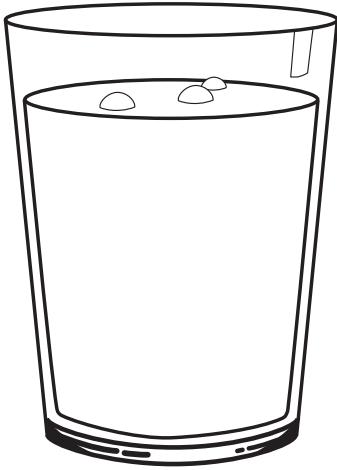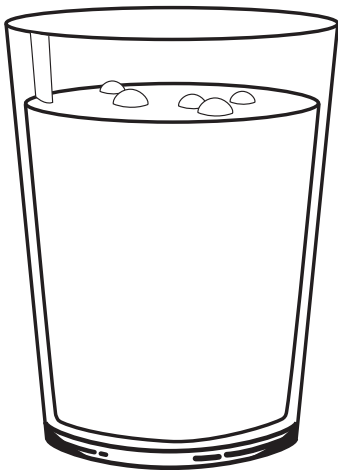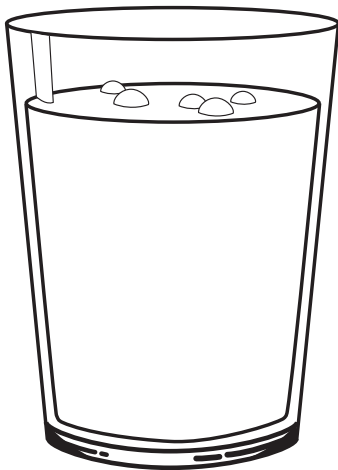
I need this much **juice** each day:

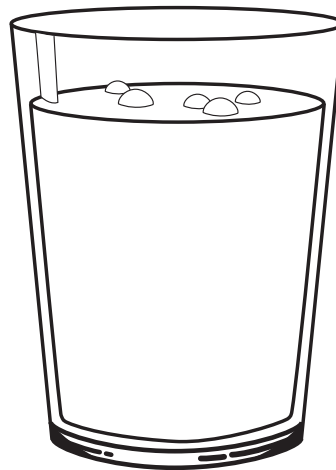I need this much **milk** each day:

| 6 oz. | 6 oz. | 6 oz. |

Water is another healthy drink: