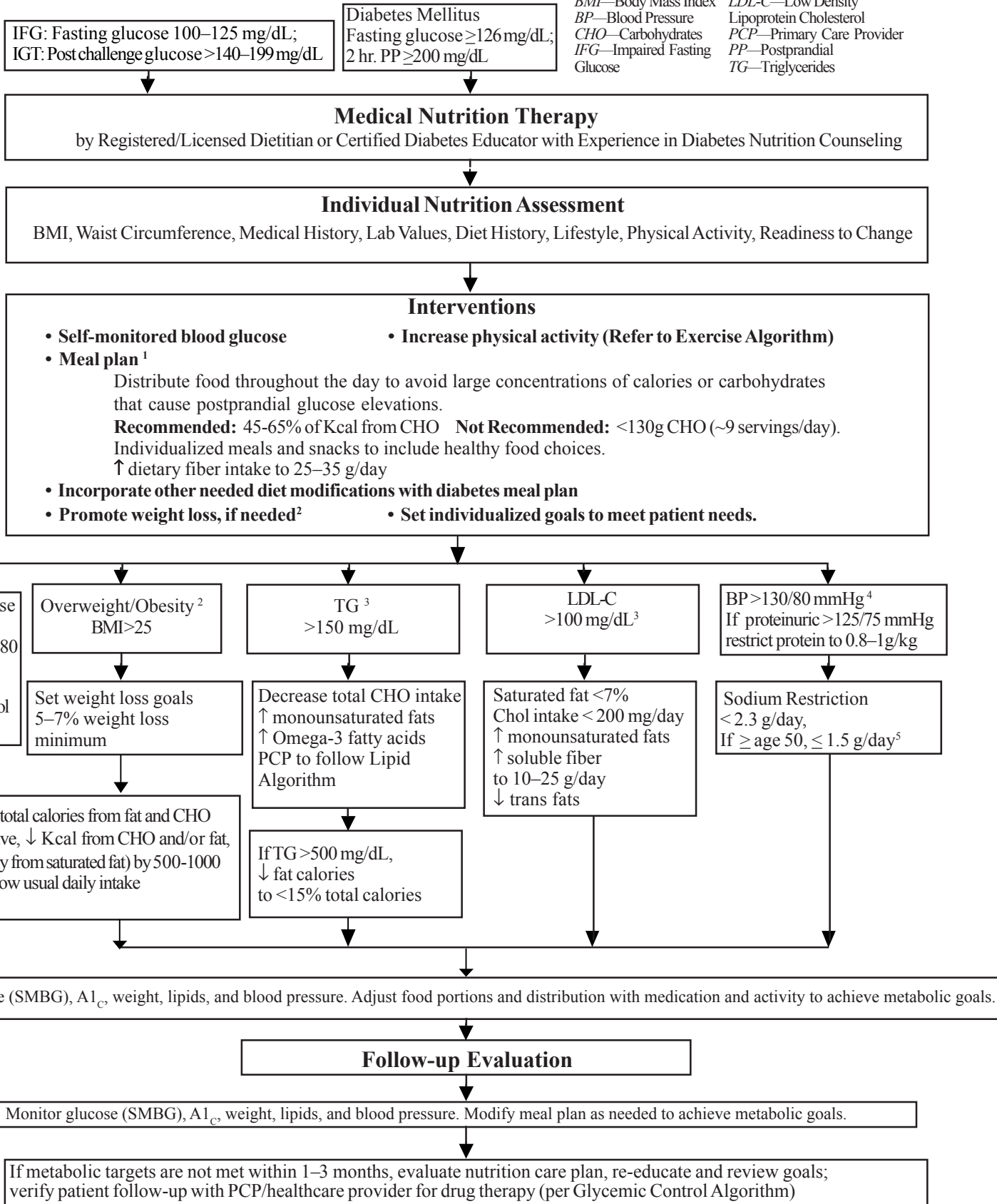


Diabetes Medical Nutrition Therapy and Prevention Algorithm

A1c—Glycosylated Hemoglobin A1c
BMI—Body Mass Index
BP—Blood Pressure
CHO—Carbohydrates
IFG—Impaired Fasting Glucose
IGT—Impaired Glucose Tolerance
LDL-C—Low Density Lipoprotein Cholesterol
PCP—Primary Care Provider
PP—Postprandial
TG—Triglycerides



Footnotes

¹*Diabetes Care*. 2006 Jan, 29 (suppl 1): S11-S14, *Diabetes Care*. 2004;27(suppl 1):S36–S46; S55–7. ²Refer to Weight Loss Algorithm. ³Refer to Lipid Algorithm. ⁴Refer to Hypertension Algorithm. **See web site** (<http://www.texasdiabetesCouncil.org>) **for latest version and disclaimer.**

⁵Dietary Guidelines for Americans, 2005. Available online at <http://www.health.gov/dietaryguidelines/dga2005/document/html/chapter8.htm>. Accessed on April 21, 2006.

†This test requires the use of a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water. 2-hr post-challenge glucose.