

# Resources for Individuals with Diabetes

## Statewide Organizations

### **Children's Health Insurance Program in Texas (CHIP)/Children's Medicaid**

1-800-647-6558, 1-877-543-7669

fax: 1-877-542-5951

<http://www.chipmedicaid.org>

Families can apply for CHIP using a toll-free phone number or a mail application.

### **Medicaid**

Texas Department of Human Services

Statewide: 1-800-252-8263

<http://www.hhsc.state.tx.us/medicaid/index.html>

Information on Medicaid eligibility and coverage.

### **Children with Special Health Care Needs (CSHCN, formerly CIDC)**

Phones: 1-800-252-8023, or 1-800-422-2956 (Family Health Services)

Fax: 512-458-7417

[www.dshs.state.tx.us/cshcn](http://www.dshs.state.tx.us/cshcn)

Children with Special Health Care Needs (formerly CIDC) provides state-funded assistance for children with type 1 and type 2 diabetes for services not covered by Medicaid, CHIP, private insurance or third party payors.

### **Texas Diabetes Program/Council**

Texas Department of State Health Services

1100 West 49th Street

Austin, Texas 78756

(512) 458-7490, 1-888-963-7111 ext. 7490

<http://www.texasdiabetescouncil.org>

The Texas Diabetes Council was established by the Texas Legislature in 1983. The Council works with private and public organizations to promote diabetes prevention and awareness of quality care. They develop, implement and monitor a state plan for diabetes control. Free educational materials are available.

### **Texas Department of State Health Services Audiovisual Library**

1100 West 49th Street, Mail Code 1975

Austin, TX 78756-3199

1-888-963-7111 ext. 7260

TDD: 512-458-7708

<http://www.dshs.state.tx.us/avlib/default.shtm>

Offers free loan of audiovisual materials to Texas residents on a number of health and safety topics.

### **HHSC (Health and Human Services Commission) Office of the Ombudsman**

1-877-787-8999

Fax: 512-491-1067

TDD Hotline 888-425-6889 or 512-438-3087 (not toll free)

The Office of the Ombudsman was created to assist the public with health and human services-related complaints or issues.

## CAMPS

### **ADA (American Diabetes Association) Youth Camps**

<http://www.diabetes.org/communityprograms-and-localevents/diabetescamps.jsp>

Each summer, there are day camps and 1- to 3-week camping sessions for children with type 1 diabetes. Tuition assistance is available based on financial need.

### **Texas Children's Hospital Diabetes Summer Camp**

Corpus Christi, TX

Contact: Patsy Reyes at 1-361-694-5434

### **Texas Lions Camp**

P.O. Box 247

Kerrville, Texas 78029-0247

(830) 896-8500

Camp serves children, ages 7-17, who use insulin.

## **National Organizations**

### **American Association of Diabetes Educators**

100 West Monroe, 4th Floor

Chicago, Illinois 60603

1-800-338-3633

1-800-832-6874 for diabetes educators in your area

<http://www.aadenet.org>

### **American Diabetes Association**

1660 Duke Street

Alexandria, Virginia 22314

1-800-342-2383 (DIABETES)

1-800-232-6733 (ADA ORDER) to order publications

<http://www.diabetes.org>

### **American Dietetic Association**

120 South Riverside Plaza, Suite 2000

Chicago, Illinois 60606-6995

1-800-877-1600

Consumer Nutrition Hotline:

1-800-366-1655 (Spanish speaker available); has a list of registered dietitian in your area

<http://www.eatright.org>

### **Centers for Disease Control and Prevention**

#### **Division of Diabetes Translation**

4770 Buford Highway, NE, Mailstop K-10

Atlanta, Georgia 30341-3717

1-800-232-4636

TTY: 1-888-232-6348

1-877-CDC-DIAB (232-3422)

<http://www.cdc.gov/diabetes>

### **Joslin Diabetes Center**

One Joslin Place

Boston, MA 02215

617-732-2400

[www.joslin.org](http://www.joslin.org)

### **Juvenile Diabetes Research Foundation International**

120 Wall St., 19th Floor  
New York, New York 10005-4001  
1-800-533-2873 (JDF-CURE)  
<http://www.jdf.org>  
email: info@jdrf.org

### **Medic Alert Foundation International**

2323 Colorado Avenue  
Turlock, California 95382  
1-800-ID-ALERT (432-5378), or 1-888-633-4298  
<http://www.medicalert.org>  
For medical information jewelry and national registry service.

### **Diabetes Research and Wellness Foundation**

5151 Wisconsin Ave., NW  
Suite 420  
Washington, D.C. 20016  
<http://www.diabeteswellness.net>

### **National Diabetes Information Clearinghouse**

1 Information Way  
Bethesda, Maryland 20892-3560  
(301) 654-3327  
1-800-860-8747  
[ndic@info.niddk.nih.gov](mailto:ndic@info.niddk.nih.gov)  
<http://www.niddk.nih.gov>

### **National Diabetes Education Program**

One Diabetes Way  
Bethesda, MD 20814-9692  
1-800-438-5383  
<http://www.ndep.nih.gov>  
Publications and Audiovisual Resources

American Diabetes Association, American Dietetic Association, and the other organizations listed above have educational publications and audiovisual materials available, some at no cost. The list of other materials is only a sampling of diabetes education materials. The public library, local health department, local hospital and heart association are also sources for information.

## **Books and Brochures**

### **Texas Diabetes Program/Council Texas Department of State Health Services**

1100 West 49th Street  
Austin, Texas 78756  
(512)458-7490

Offers more than 20 free publications, English and Spanish, in easy-to-read formats. For example, "Food for Life: Living Well with Diabetes" is a booklet describing healthy eating habits and dietary choices.

[www.texasdiabetescouncil.org](http://www.texasdiabetescouncil.org)

**United States Department of Agriculture**

Food and Nutrition Information Center

<http://www.nal.usda.gov/fnic>

1-800-687-2258

Food Guide Pyramid – Copyright free materials that can be downloaded from Internet  
Weight-control Information Network

**National Institute for Diabetes & Digestive & Kidney Disease (NIDDK)**

1 WIN Way

Bethesda, Maryland 20892-3665

1-800-WIN-8098; (301) 984-7378

email: win@info.niddk.nih.gov

## **Patient Magazines/Print**

**Diabetes Digest**

5 South Myrtle Ave.

Spring Valley, NY 10977

845-426-7612

fax: 845-426-7512

**Diabetes Forecast**

<http://www.diabetes.org/diabetes-forecast.jsp>

**Diabetes Health**

6 School St.

Suite 160

Fairfax, CA 94930

1-800-234-1218

fax: 415-258-2822

[www.diabeteshealth.com](http://www.diabeteshealth.com)

**Diabetes Interview** (monthly)

P.O. Box 668

Fairfax, CA 94978-0668

1-800-488-8468

Fax 1-800-559-0031

**Diabetes Self-Management**

P.O. Box 51125

Boulder, CO 80323-1125

**Diabetes Wellness Letter**

DRWF, P.O. 231

Shrub Oak, NY 10588

**Practical Diabetology**

150 22nd Street

New York, NY 10011

**Voice of the Diabetic**

Free upon Request  
811 Cherry Street, Ste. 309  
Columbia, MO 65201-4892

## Patient Magazines/Online

### Children with Diabetes

[www.childrenwithdiabetes.com](http://www.childrenwithdiabetes.com)

Helps kids with diabetes and their families learn about diabetes, meet people with diabetes, and help others with diabetes.

### Diabetic Gourmet

[www.diabeticgourmet.com](http://www.diabeticgourmet.com)

Online magazine dedicated to healthy eating, diabetes, and diabetes-related health issues, with news, recipes, articles, forums, tools, and more.

### Diabetic Lifestyle Online Magazine

[www.diabetic-lifestyle.com](http://www.diabetic-lifestyle.com)

Includes recipes, menus, medical updates, and practical information on managing diabetes on a daily basis.

## Online Resources/Chat Rooms

### Diabetic-Lifestyle Just for Kids

[www.diabetic-lifestyle.com/forkids.htm](http://www.diabetic-lifestyle.com/forkids.htm)

### Children with DIABETES

[www.childrenwithdiabetes.com](http://www.childrenwithdiabetes.com)

### Diabetes Chat

[www.diabetesCHAT.net](http://www.diabetesCHAT.net)

Must be 18 years old to participate

## Medication Assistance & Information

### Abbot Diabetes Patient Assistance Program

866-224-8887

[www.abbottdiabetescare.com](http://www.abbottdiabetescare.com)

### American Diabetes Supply, Inc.

1-800-453-9033, ext. 611

[www.americandiabetessupply.com](http://www.americandiabetessupply.com)

### B-Scientific Diabetes Centre

800-544-5969

877-505-5545 (fax)

[www.bscientific.com](http://www.bscientific.com)

Serves Medicaid, CHIP, CSHCN, & commercial enrollees

### Care Entrée

972-522-2000

[www.careentree.com](http://www.careentree.com)

**Cost Containment Research Institute**

202-318-0770

4200 Wisconsin Ave NW, Suite 106-222

Washington, DC 20016

[www.institutedc.org](http://www.institutedc.org)

**Free Drug Card**

[www.freedrugcard.us](http://www.freedrugcard.us)

**Free Medicine Foundation**

573-996-3333

[www.freemedicinefoundation.com/index.html](http://www.freemedicinefoundation.com/index.html)

**Free Medicine Program**

800-921-0072

[www.freemedicineprogram.com](http://www.freemedicineprogram.com)

**FREEDOMED**

1-888-722-7556

[www.freedomed.com](http://www.freedomed.com)

**The Health and Wellness Education Center**

205-652-6557

[tydebra3@aol.com](mailto:tydebra3@aol.com)

**HealthCove**

800-796-5558

[www.healthcove.com](http://www.healthcove.com)

**Medicare Prescription Drug Plans**

800-633-4227

[www.medicare.gov/MPDPF/Shared/Static/Resources.asp](http://www.medicare.gov/MPDPF/Shared/Static/Resources.asp)

**The Medicine Program**

866-694-3893

[www.themedicineprogram.com](http://www.themedicineprogram.com)

**National Diabetes Information Clearinghouse**

[www.diabetes.niddk.nih.gov/dm/pubs/financialhelp/index.htm](http://www.diabetes.niddk.nih.gov/dm/pubs/financialhelp/index.htm)

**National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)**

800-860-8747

Publication: "Financial Help for Diabetes Care"

**NeedyMeds**

[www.needy meds.com](http://www.needy meds.com)

**Partnership for Prescription Assistance (PPA)**

1-888-477-2669

[www.pparx.org](http://www.pparx.org)

### **Pfizer**

866-776-3700

[www.pfizerhelpfulanswers.com](http://www.pfizerhelpfulanswers.com)

2 programs: Connection to Care, & Pfizer Pfriends—not age-mandated

Note: Cannot have insurance to qualify for this program

### **RxAssist**

[www.rxassist.org](http://www.rxassist.org)

### **State Pharmaceutical Assistance Programs**

[www.ncsl.org/programs/health/drugaid.htm](http://www.ncsl.org/programs/health/drugaid.htm)

### **Together RX**

1-800-865-7211

[www.Together-RX.com](http://www.Together-RX.com)

### **Veterans Prescription Service**

877-222-8387

[www.va.gov/healtheligibility](http://www.va.gov/healtheligibility)

## **Eye Care Assistance**

### **Eye Care America**

655 Beach St.

San Francisco, CA 94109-1336

1-800-222-3937

[www.eyecareamerica.org](http://www.eyecareamerica.org)

Note: Also provides assistance with medications

### **Blindness Education, Screening, and Treatment (BEST) Program**

Division for Blind Services

Texas Department of Assistive and Rehabilitative Services (DARS)

1-800-628-5115

<http://www.dars.state.tx.us/dbs/best/>

[DBSinfo@dars.state.tx.us](mailto:DBSinfo@dars.state.tx.us)

## **Advocacy**

### **Advocacy, Inc.**

7800 Shoal Creek Blvd., #171-E

Austin, TX 78757-1024

1-800-252-9108

### **Patient Advocate Foundation**

800-532-5274

[www.patientadvocate.org](http://www.patientadvocate.org)

# Children's Resources

## Marathon Kids

[www.marathonkids.com/site/](http://www.marathonkids.com/site/)

## Shriners Hospitals

800-237-5055

## Texas Children's Hospital

832-822-3670

[www.texaschildrenshospital.org/CareCenter/Diabetes](http://www.texaschildrenshospital.org/CareCenter/Diabetes)

## Camps

### ADA Diabetes Camps

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P.O. Box 247

Kerrville, Texas 78029-0247

1-830- 896-8500

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Corpus Christi, TX

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## Government Resources

### Centers for Disease Control

Division of Diabetes Translation

[www.cdc.gov](http://www.cdc.gov)

### National Institutes of Health

[www.nih.gov](http://www.nih.gov)

### National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

[www.niddk.nih.gov](http://www.niddk.nih.gov)

## General Information

### Maternal and Child Health Library

[www.mchlibrary.info/KnowledgePaths/kp\\_diabetes.html](http://www.mchlibrary.info/KnowledgePaths/kp_diabetes.html)



# Language Translation

CDC's "Take Charge of Your Diabetes" is available in 9 languages. For translations, access the following link:

<http://www.hawaii.gov/health/family-child-health/chronic-disease/diabetes/resourcesandtools.html>

## Pump Training

<b>Animas:</b>	Animas Pump Company	1-877-937-7867
<b>MiniMed:</b>	Medtronic	1-800-999-9859
<b>Cosmo Pump:</b>	Deltec	1-800-544-4734

## Primary Care Service Sites

**Texas Association of Community Health Centers**

[www.tachc.org](http://www.tachc.org)

**U.S. Department of Health and Human Services (DHHS)  
Health Resources and Services Administration (HRSA)**

<http://ask.hrsa.gov/pc/>

## Support Services

**Family Support Network**

<http://www.childrenwithdiabetes.com/fsn/>

## Insurance Information

**Health Insurance Consumer Guides**

[www.healthinsuranceinfo.net](http://www.healthinsuranceinfo.net)

**Insure Kids Now!**

877-543-7669

[www.insurekidsnow.gov](http://www.insurekidsnow.gov)

**Medicaid**

1-877-267-2323

**State Children's Health Insurance Program**

1-877-543-7669

[www.cms.hhs.gov/home/schip.asp](http://www.cms.hhs.gov/home/schip.asp)

**The Texas Department of Insurance**

333 Guadalupe

Austin 78701

or

P.O. Box 149104  
Austin 78714-9104  
800-578-4677 (in Texas) ,512-463-6169  
Consumer Helpline 1-800-252-3439, 463-6515 in Austin  
[www.tdi.state.tx.us](http://www.tdi.state.tx.us)