

MINUTES
Texas Diabetes Council
July 15, 2004

The July 15, 2004 quarterly meeting of the Texas Diabetes Council was called to order at 1:15 p.m., at the Omni Bayfront Hotel, Corpus Christi, Texas by Lawrence B. Harkless, DPM, Chair.

Texas Diabetes Council Members in Attendance:

Lawrence B. Harkless, DPM – Chair
Gene Bell, RN, CFNP, CDE - Secretary
Judith L. Haley – Vice Chair
Jeffery Ross, DPM, MD
Avery Rhodes
Belinda Bazan-Lara, RD, LD
Margaret G. Pacillas, RN
Lenore Frances Katz
Richard (Rick) Hayley
Victor H. Gonzalez, MD

State Agency Representatives:

Linda G. Robinson (Department of Assistive and Rehabilitative Services)

Mrs. Bell, Secretary, called the roll and announced that a quorum was present.
Randy Baker was unable to attend but furnished information on his necessary absence.

ON A MOTION BY LENORE KATZ, AND SECONDED BY DR. JEFFREY ROSS TO EXCUSE THE ABSENCE OF RANDY BAKER. MOTION PASSED UNANIMOUSLY.

Presentations:

Local endocrinologist, Melissa Wilson, MD welcomed the Council and thanked the group for bringing a meeting to the area. She outlined progress and challenges in diabetes prevention and control for Nueces County and surrounding area. Limited insurance funding for diabetes education means that certified diabetes educators in the area are not able to function in that role. She is developing an outreach diabetes prevention education project for worksites to reach working women.

Local physician, John W Criss, MD, was recognized by the Texas Diabetes Council in a resolution that acknowledged his service and dedication to the people of Corpus Christi as a physician and civic leader. He was among the first group of US physicians to become certified in endocrinology and metabolism in 1972, the first year the American Board of Internal Medicine offered the subspecialty examination.

Dr. Spellman advised that the planned presentation on A1c target and postprandial glucose level target be deferred to October pending consensus among the expert panel.

Health Care Professionals (HCPC) Advisory Committee Reports:

Medical Professionals Advisory Committee:

Craig Spellman, DO, PhD, Chair, Health Care Professionals Advisory Committee reported progress on algorithms and recommended adoption of a new Insulin infusion algorithm, revision of the Prevention and Delay of type 2 diabetes algorithm and additional bibliography for Glycemic Control algorithm.

1. Updated bibliography for Glycemic Control algorithm to add references for the oral medications.

ON A MOTION BY VICTOR GONZALES, SECONDED BY BELINDA BAZAN-LARA, TO ACCEPT THE RECOMMENDATION TO UPDATE ALGORITHMS AND GLYCEMIC CONTROL BIBLIOGRAPHY AS OUTLINED BY DR SPELLMAN. PASSED UNANIMOUSLY

2. Prevention and delay of type 2 diabetes in children and adults with IFG and/or IGT. Recommending deleting the phrase "in patients," adding "or" to clarify "IFG and/or IGT, " adding guidance to not routinely measure insulin levels, and adding delivery of a baby over 9 pounds as a risk factor. The purpose for limiting insulin levels is that the guidance is intended to be a foundation for preventive action in community and primary care settings.

ON A MOTION BY JUDY HALEY, AND SECONDED BY MARGARET PACILLAS, TO ACCEPT REVISIONS OF THE PREVENTION AND DELAY OF TYPE 2 DIABETES IN CHILDREN AND/OR ADULTS WITH IFG AND/OR IGT. MOTION PASSED UNANIMOUSLY.

3. New IV Insulin Protocol for Critically-Ill Adult Patients in the Intensive Care Setting. Rationale: Evidence indicates that tight glycemic control (80-140 mg/dl range) in hospitalized, operative, acutely ill or injured patients can significantly reduce the risk of sepsis and the number needing transfusion or dialysis.

ON A MOTION BY MARGARET PACILLAS, AND SECONDED BY BELINDA BAZAN-LARA TO ACCEPT THE RECOMMENDED IV INSULIN PROTOCOL AS PRESENTED. MOTION BY LENORE KATZ, SECONDED BY BELINDA BAZAN-LARA TO AMEND BY BOLDING THE "15 MINUTES" OVERLAP TIME ON TRANSITION. AMENDMENT ACCEPTED AND AMENDED MOTION PASSED UNANIMOUSLY.

Minutes of April 2004 meeting:

ON A MOTION MADE BY MARGARET PACILLAS, AND SECONDED BY BELINDA BAZAN-LARA THAT MINUTES OF THE APRIL 22, 2004, QUARTERLY MEETING OF THE TEXAS DIABETES COUNCIL BE APPROVED AS WRITTEN. DR. ROSS ADDED THAT SURGEON GENERAL CARMONA, DR. KENNETH COOPER, AND COMMISSIONERS OF HEALTH AND OF AGRICULTURE ATTENDED THE TEXAS ROUNDUP AND SPOKE ON THE MATTERS OF OBESITY, EXERCISE AND TYPE 2 DIABETES AMONG YOUTH AT THE ROUNDUP. MOTION PASSED AS AMENDED.

Chair's Report:

Dr. Harkless reported on the TDH Bureau of Vital Statistics stakeholder meeting on changes to electronic system of completing death certificates. Correspondence from BVS indicated no plan to add a check box. Correspondence from the National Center for Health Statistics (NCHS) and from CDC Division of Diabetes Translation indicated no planned changes but CDC acknowledged the likely under-reporting of diabetes as an underlying or contributing cause of death and will meet with NCHS. A statement on the need for training physicians and others who complete the certificate to include diabetes appropriately is advised for the state plan for 2006-07.

Dr. Harkless reported on the proposed study of cardiovascular and diabetes treatment outcomes in the Medicaid population using Medicaid claims and drug vendor data as proposed by the Council on Cardiovascular Disease and Stroke. Dr. Ozias reported that a company which manufactures cardiac medication may underwrite the cost of the study. Dr. Ross suggested that hospitalization data (costs) be incorporated in the study. Ms. Pacillas suggested presentation by a party who codes data to orient Council to the issues around collecting cost of care data.

ON MOTION BY LENORE KATZ, SECONDED BY DR. ROSS AND DR. GONZALES TO WORK WITH THE COUNCIL ON CARDIOVASCULAR DISEASE AND STROKE AND TO RECOMMEND THE ADDITIONS DISCUSSED. MOTION PASSED.

Dr. Harkless reported on the recent university visit to University of Texas Health Science Center San Antonio. He intends to visit the University of North Texas which sent a descriptive report followed by an invitation from the Associate Dean.

Executive Director's Report

Dr. Ozias announced the Texas House Public Health committee hearing August 11 in Austin on its interim charge to study the demographics and costs of diabetes, impact on the population, state budget and health care system and to make policy recommendations. The committee chair is Representative Jody Laubenberg. Among the invited parties to testify will be Dr. Harkless, Mr. Baker and Dr. Ozias.

Draft State Plan 2006-07

The draft State Plan 2006-07 Council prepared at the April 23 work session was reviewed for comment. The following will be included by consensus:

1. Implement a system of guidelines to ensure the safety of children with diabetes in school and their ability to participate in all activities by ensuring that schools follow the NDEP Guide for School Personnel.
2. For surveillance purposes, diabetes diagnosed during childhood should be a reportable condition to the state health department.
3. Amend the research statement to include support, protect and promote diabetes research opportunities in Texas with emphasis on pediatric diabetes.

Discussion ensued about the Council's roles in statewide goals with other organizations and agencies related to obesity, nutrition and exercise. The Council can advocate where these topics are important for diabetes prevention (the population at risk for type 2) and to prevent diabetes complications. The Council should exercise leadership and coordinate other groups' efforts directed toward diabetes, include other organizations in working committees and reach out to others to the extent their members address a common purpose. The Council can engage other stakeholders in its integrated diabetes-related efforts and keep diabetes on their agendas.

Other Topics from the Executive Director

Dr. Ozias reported on calls from durable medical equipment vendors seeking credentials to provide orthotic inserts and shoes under Medicare. The calls are referred to the State Board of Orthotists which regulates the practice. Council asked for exploration to determine if legislation is needed to define qualifications, i.e., license, training and certification, for persons to prescribe and prepare inserts.

SAFE campaign magnets developed by Steve Ponder, MD and produced by Driscoll Children's Hospital were distributed.

Dr. Ozias reported on National Diabetes Education Program awards. One was presented to Donna Jones for the cooperative radio media campaign with the Department of Agriculture. Dr Ozias presented the other to Lenore Katz for representing the Diabetes Program at the Diabetes at Work seminar held in conjunction with the Dallas-Ft Worth Business Group on Health. Discussion ensued on interaction between the Council and the press. Suggestions included press releases on new algorithms, personal contacts as Mr. Hayley had done, contacting media medical news reporters, and preparing information for visits with editorial boards.

Carol Filer presented information on the new 9-month pilot family-focused projects addressing primary prevention in three selected counties/cities: Beaumont, Nueces County, and San Antonio.

Affiliated Group: Diabetes Coalition of Texas

Lenore Katz, Chair reported on legislative priorities: 1) Protect insurance coverage for diabetes supplies, equipment and education; the group may create a fact sheet on coverage or reimbursement for public information. 2) Pursue a school bill to support health and safety of students with diabetes and support efforts to improve nutrition in schools. The group prepared letters of support for the Texas Agriculture Commissioner and testimony for the Joint Interim Committee on Health and Nutrition in Schools. 3) Endorse the implementation of recommendations of the Pediatric Diabetes advisory committee (2002). 4) Pursue required training for law enforcement personnel after the American Diabetes Association releases its training video.

DCoT recommends that the Council develop a method for recognizing schools that implement the National Diabetes Education Program Guide for schools and actions consistent with American School Health Association recommendations for the coordinated school health program and the TDH school health manual. This was proposed by Maryanne Strobel, RN, CDE of Corpus Christi at the Coalition meeting.

ON MOTION BY JUDY HALEY, SECONDED BY RICK HAYLEY, TO DEVELOP A RECOGNITION PROGRAM TO ENCOURAGE SCHOOLS (DISTRICTS/ PRINCIPALS) TO HAVE POLICIES AND PRACTICES CONSISTENT WITH NDEP GUIDE, TDH SCHOOL HEALTH MANUAL AND THE AMERICAN SCHOOL HEALTH ASSOCIATION DOCUMENT, HEALTH IN ACTION FOR STUDENTS WITH DIABETES.

Discussion included defining what recognition means, how to publicize the opportunity through other organizations. MOTION PASSED. Dr. Ross followed with recommendations to award schools for increasing physical activity among students in grades 3-5.

Judy Haley reported that Texans for the Advancement of Medical Research met with Senator Zaffrini. Texas Medical Association supports stem cell research as a priority issue. She asked that the Council indicate its support for stem cell research in a letter to the heads of the Texas academic centers.

Ms. Katz listed continuing education events reported by Coalition members and will share the information via the listserv.

On the matter of Acanthosis Nigricans screening, the Council by consensus directed staff to amend the legislative position paper to retitle the item to read Risk Assessment for type 2 diabetes among youth and to include body mass index as the first criterion. Texas Medical Association has a resolution to place a moratorium on any expansion of AN screening pending review of the scientific evidence supporting such screening. In addition, the Council by consensus affirmed adding a legislative position statement in support for the restoration of podiatric physician as providers of foot care services and eye care for adults with diabetes on Medicaid.

Margaret Pacillas reported her research into nutrition education associated with the Food Stamp program. The program is federally funded and regulated (Food Stamp Act). Millions of dollars are spent on classes offered but attendance is poor. A state-level nutrition education promotion strategy may be an option to improve use of the funded service. Audience member Melissa Wilson, MD suggested asking for a grocery purchases study of the foods purchased with food stamps and followup to educate young families, e.g., teen parents in school, worksite education for working mothers, and pursuing a legislative requirement for education for women with gestational diabetes and on Medicaid.

Rick Hayley inquired if Council can pursue a requirement that algorithms be followed by primary care providers. Discussion followed without recommendation.

Member Announcements:

Rick Hayley reported the committee on law enforcement training is awaiting guidelines from American Diabetes Association which should be available by October. Training of law enforcement officers includes medical emergencies and safe handling of persons experiencing problems such as hypoglycemia.

Program Reports: As written. Carol Filer summarized the process used for the CDC-required Assessment of the Texas Diabetes Public Health System and Essential Public Health Services. Information will be posted for additional public comment on the website prior to program staff using the input to address the required performance improvement plan for the next CDC funding year.

Agency Reports:

Texas Department of Health: In Dr Huang's absence, Dr Ozias updated the status of changes in the pending Department of State Health Services and distributed the website for access to information. She informed members of recent vacancies in the positions of Nurse Consultant and Epidemiologist. The final proposed Eye Program Rules changes were approved by the Board of Health at their final meeting July 1 2004.

Texas Department of Assistive and Rehabilitative Services: Linda Robinson reported that 181 residents received treatment services through funds in the BEST program in the current fiscal year and a waiting list is pending additional donations. Dr. Gonzales promoted the merits of the \$1 donation requested of persons renewing driver licenses.

Texas Department of Human Services: None

Texas Education Agency: None

Additional Member Reports

Mr. Hayley reported on contacts with the media and interest of the local ABC News station to develop a local diabetes screening project in partnership with the Council member. Ideas including use of the new federal Diabetes Detection Initiative tools were shared.

Dr. Gonzales was contacted by Nicole Johnson, spokesperson for American Diabetes Association, inviting the Council to participate in a privately funded research project involving wireless communications to help physicians monitor children with diabetes.

Dr. Ross reported on an impact of Texas RoundUp in Sugar Land, Tx. Mayor David Wallace is formulating a community program to increase physical exercise and improve fitness; this program involves the Superintendent of Ft. Bend ISD, Betty Baitland, EdD. He provided email addresses for these civic leaders for follow up. Dr. Ross cited input from Dr. William Dietz from the CDC on research addressing type 2 diabetes, obesity and exercise.

Public Comment: None.

Adjournment

Dr. Harkless thanked Rick Hayley for his many contributions to host the meetings in Corpus Christi and all concurred.

ON A MOTION BY LENORE KATZ, AND A SECOND BY JUDY HALEY, THE COUNCIL VOTED TO
ADJOURN AT 4:50 pm.