

Minutes

Texas Diabetes Council

January 27, 2005

The January 27, 2005 quarterly meeting of the Texas Diabetes Council was called to order at 1:20 p.m., at the Texas Department of State Health Services, Room T-607, by Lawrence B. Harkless, DPM, Chair.

Texas Diabetes Council Members in Attendance:

Lawrence B. Harkless, DPM – Chair
Gene Bell, RN, CFNP, CDE - Secretary
Judith L. Haley – Vice Chair
Belinda Bazan-Lara, MA, RD/LD
Jeffery A. Ross, DPM
Lenore F. Katz
Richard (Rick) Hayley
Victor H. Gonzalez, MD
Avery Rhodes

State Agency Representatives:

Linda G. Robinson (Department of Assistive and Rehabilitative Services)
Grace Elinsway, MEd, (Department of Assistive and Rehabilitative Services)
Philip Huang, MD, MPH, (Department of State Health Services)
Monica Martinez (Texas Education Agency) for Karen Batchelor, MEd
Beth Stalvey, MPH, PhD (Department of Aging and Disability Services)

Mrs. Bell, Secretary, called the roll and announced that a quorum was present. Margaret G. Pacillas sent regrets due to a family commitment. Randy Baker was not present.

ON A MOTION BY JUDY HALEY TO EXCUSE MARGARET PACILLAS' ABSENCE AND SECONDED BY BELINDA BAZAN-LARA. MOTION CARRIED.

Presentations:

Safe Community Needle Disposal by Jenny Schumann, Coalition for Safe Community Needle Disposal

Household waste is only regulated at the federal level, not at the municipal level. Two-thirds of the current home needle use is by persons with diabetes. A US survey of people with diabetes indicated that 93% dispose of their needles directly in the trash using previously accepted practices, 3% flush them down the toilet. These end up in

landfills or in the water system creating risk of needle sticks for workers. Only 3% use red box containers.

EPA new recommendations include:

- Drop box collection sites
- Residential special waste pick-up
- Household hazardous waste programs
- Syringe exchange programs
- Mail back container programs
- In-home individual disposal

There is a federal resolution to raise awareness about safe needle disposal and to pursue Medicare reimbursement for disposal containers.

The website www.safeneedledisposal.org or 800-643-1643 for information. She asked the Texas Diabetes Council to partner with the Coalition for Safe Community Needle Disposal.

ON MOTION TO PARTNER WITH THE COALITION BY DR. VICTOR GONZALEZ AND SECONDED BY DR. JEFFREY ROSS. MOTION CARRIED. Council recommended that Avery Rhodes be the Council liaison due to her experience with environmental issues (Keep Texas Beautiful campaign).

Health Care Professionals (HCPC) Advisory Committee Reports:

Medical Professionals Advisory Committee:

Craig Spellman, DO, PhD, Chair, Health Care Professionals Advisory Committee and Jeffrey Jackson, MD, reported progress and recommended revisions to six algorithms, including, recommended language from the Pediatric Task Force related to glucose target statement; revision of the prevention and delay of type 2 diabetes; glycemic control; the Insulin Algorithms ; and the IV insulin protocol.

ON A MOTION BY DR. JEFFREY ROSS TO ACCEPT RECOMMENDED REVISIONS OF ALGORITHMS AS PRESENTED BY DR. JACKSON, SECONDED BY JUDY HALEY. MOTION CARRIED

ON A MOTION BY BELINDA BAZAN-LARA, SECONDED BY DR. VICTOR GONZALEZ TO AMEND THE LIPID ALGORITHM WITH AN LDL-C CUTPOINT <70mg/dL for high risk patients to align with American Heart Association and American Diabetes Association and the LDL reduction guide for therapeutic product selection. Discussion addressed a footnote regarding side effects of statins. MOTION CARRIED.

Drs. Spellman and Jackson presented the committee recommendation to add or amend the following work products by the next quarterly meeting:

- Preliminary weight management algorithm for overweight adolescents;

Design a sample worksheet to be used to simplify calculations for single to multi-dose insulin or intensive insulin therapy; this could include content on carbohydrate counting;
Manuscript on insulin algorithms to submit to Archives of Internal Medicine (peer-reviewed publication);
Macrovascular tables BS is;
Regular review/update of medical nutrition therapy algorithm;
Gestational diabetes algorithm;
Update the document on diabetes care of the elderly;
Develop a one-day community education program for patients as a Texas Diabetes Council educational program;
Develop a system to update TDC algorithms to be consistent with American Diabetes Association guidelines annually

Outcomes and Standards of Care reported their discussion on current data sets and HEDIS reporting. They recommended TDC develop and implement a recognition program to acknowledge state health plans with high performance on HEDIS diabetes indicators. A future goal would be to recognize high-performing individual providers.

ON A MOTION BY DR. PHILIP HUANG TO DEVELOP AND IMPLEMENT A REGOGNITION PROGRAM AS A POSITIVE INCENTIVE FOR TEXAS HEALTH PLANS, SECONDED BY DR. VICTOR GONZALEZ. MOTION CARRIED.

Outcomes and Standards of Care advisory also recommend that the TDC declare a proclamation to focus attention on improving HEDIS measures with an “all-out” effort. TDC should expect a 10% improvement in goals over a 2-year period (2007).

The group discussed distributing algorithms to physicians by pharmaceutical representatives. Jan Ozias and Barb Schreimer will follow up.

Presentations:

Tom Baranowski, PhD (Baylor, Houston) STOPP-T2D Diabetes Prevention Study Group. Dr. Baranowski stated that the STOPP-T2D Group is conducting studies of treatment and prevention of diabetes among children and adolescents. The program is working with 112 middle schools to promote changes in physical education, food services, behavior, activities, social marketing messages to that age group, and goal setting. Dr. Baranowski mentioned that teachers are resistant to the changes and so far no technique has been found to improve parental participation. The impact will come from the different games, goal setting, and media attention being given to good eating and exercise habits and using marketing strategies that go to the sources that kids use the most, including computer games and other media.

Curtis Triplitt, PharmD – Diabetes Screening in Pharmacies

On behalf of Texas Pharmacy Association, Dr. Triplitt, outlined a proposal for a pilot program in which specially trained pharmacists would screen customers for diabetes in six community retail pharmacies. Based on visual observation, people who appear to be at risk would be invited to complete a paper assessment consistent with the

American Diabetes Association's guidelines. A random capillary blood glucose level would be offered to persons with higher risk scores. Dr. Triplitt noted that a community pharmacy offers a less formal, familiar, and friendlier atmosphere for the assessment. He will submit an application for a \$50,000 grant for the pilot project. Dr. Triplitt and Dr. Kent Porter, PharmD, Aventis-Sanofi, requested Texas Diabetes Council's endorsement of this project.

ON A MOTION MADE BY RICK HAYLEY, AND SECONDED BY JUDY HALEY THAT THE TEXAS DIABETES COUNCIL ENDORSE THE PILOT PROJECT AND ALLOW TEXAS PHARMACY ASSOCIATION TO USE THE TDC ENDORSEMENT IN APPLICATIONS FOR PROJECT FUNDING AND PROJECT PROMOTION.

Discussion ensued about the target population for a cost-effective approach in terms of new case finding and a clear plan for follow up of uninsured residents in need of medical attention. The estimated value of pharmacist time is \$12 per screening. A sufficient number of community physicians would need to commit to seeing referred persons who are not insured would be required for implementation in a site. MOTION PASSED. Abstaining were Dr. Ross and Dr. Gonzalez.

Minutes of October 2004 meeting:

ON A MOTION MADE BY JUDY HALEY, AND SECONDED BY LENORE KATZ, THAT MINUTES OF THE OCTOBER 28, 2004, QUARTERLY MEETING OF THE TEXAS DIABETES COUNCIL BE APPROVED AS WRITTEN. MOTION PASSED.

Diabetes as a Reportable Condition in Children

Monty Waters, assistant general counsel, DSHS stated that reportable issues in reference to diabetes management in children are also under the HIPAA rules put in place in 2003. There is limited access to information within the parameters of the law due to confidentiality issues. Access would require a registry and a definition of who had the right to that access.

Lenore Katz, Chair of Diabetes Coalition of Texas stated that a draft bill submitted to the legislature had similar language as that of the cancer registry.

Follow Up on Body Media Request

Dr. Gonzalez had pursued Body Media's request to partner with Texas Diabetes Council to conduct a study testing their monitors in children with type 1, type 2 and pre-diabetes by wireless port and assist with the development of new algorithms through the data received.

Monty Waters, Legal Counsel, stated that there would be a need to validate the efficacy of their equipment as it is proprietary technology.

Executive Director's Report

Dr. Ozias reported that Dr. Ponder requested financial sponsorship for the May 12 Childhood Obesity seminar jointly hosted by Texas Medical Association and Pediatric

Society. More information will be obtained. She announced that National Diabetes Education Program's new Managed Care and Business Workgroup had invited our nurse consultant, Susan Young, to join. (Note: February it was learned that Susan is the only representative from a state diabetes control program.)

Chair's Report:

Dr. Harkless summarized the site visit to University of North Texas with presentations from leadership including the Osteopathic College, School of Public Health, the Diabetes Care Center (with Dr. Spellman as host), the Continuing and Professional Education program. The visit included the premiere of "Changing Course" a continuing education set of DVDs developed by UNT.

Affiliated Group: Diabetes Coalition of Texas (DCoT) and Legislative Update

Lenore Katz, Chair thanked Bob Johnson and Veronica De La Garza for meeting with the Texas Department of Insurance and creating guidelines to challenge coverage denial. Ms. Katz thanked Bob Johnson for his report on coalition sustainability. She recognized Judy Haley for her role in the stem cell education forum.

ON A MOTION BY LENORE KATZ, AND SECONDED BY DR. VICTOR GONZALEZ TO ADOPT THE ADVISORY FORM ON INSURANCE COMPLAINTS AS RECOMMENDED. MOTION PASSED.

Mrs. Katz acknowledged Susan Young, nurse consultant, for her document, Frequently Asked Questions (FAQ's), prepared to address questions about durable medical equipment and other benefits in regulated health plans and ERISA plans.

The Coalition discussed an "across the board" 5% reduction in appropriations to state agencies. The Coalition recommends protecting current appropriations and an increase by 2% for the Texas Diabetes Council due to epidemiologic data indicating an increased prevalence of diabetes which affects the quality of life across all ages. They recommended a Council letter to the Governor, Lt. Governor, House Public Health Committee and Senate Finance Appropriations in reference to these funding needs.

ON A MOTION MADE BY LENORE KATZ, AND SECONDED BY JUDY HALEY TO SUPPORT THE RECOMMENDATIONS AS WRITTEN. MOTION PASSED.

Ms. Katz announced that a bill was submitted that would make BMI reportable on students' report cards throughout Texas schools. There is opposition to this bill and the language is going to be changed because it is not part of the standards of practice to give a child's BMI on a report card. There was discussion by the group on the pros and cons of how this bill will affect the reporting process in schools as well as the children.

Dr. Gonzalez requested communication shared with a parent that addresses a child's weight especially for those who are risk for a multitude of health problems. He would like an action plan drafted as to how school systems are going to pursue this reporting.

The Diabetes Coalition of Texas (DCoT) passed a resolution recommending that BMI should be part of a health report and should not be on an academic report card. Ms. Katz requested that the Council pass a similar resolution.

ON A MOTION MADE BY BELINDA BAZAN-LARA AND SECONDED BY JUDY HALEY THAT THE TEXAS DIABETES COUNCIL POSITION IS TO RECOMMEND THAT A STUDENT'S BODY MASS INDEX BE RECORDED AT PART OF A HEALTH ASSESSMENT, BUT NOT ON THE ACADEMIC REPORT CARD AND THAT PARENTS RECEIVE EDUCATION ABOUT THE MEANING OF BMI AND REFERRAL TO PRIMARY CARE. MOTION CARRIED WITH DISSENTING VOTES BY DR. VICTOR GONZALEZ AND DR. JEFFREY ROSS. Dr. Gonzalez commented on the need to take action to get the message to parents about their children being overweight and at considerable health risk.

Member Reports

Dr. Jeffrey Ross read a letter of resignation from the Council. He has been appointed by Governor Perry to serve as a member of the new Department of State Health Services Advisory Council pending approval by the Senate. Dr. Ross thanked Dr. Harkless, Dr. Ozias, the members of Council and program staff for their work.

Rick Hayley reported that the American Diabetes Association police training video should be ready by the April 28 Council meeting.

Dr. Victor Gonzalez reported on the "National Diabetes Plan of Action". He was on US Secretary of Health Tommy Thompson's work group.

Judy Haley commended Senators Zaffirini and Warren for convening the stem cell education forum. Dr. Harkless thanked Mrs. Haley for her work on the project.

Dr. Harkless contacted Ms. Sowell, Governor's Office, regarding appointments to the Texas Diabetes Council. Appointments will be delayed until after the legislative session is over. He asked that those members whose terms would expire February 2005 continue to serve on the Council.

Rick Hayley will present on behalf of the Council to TMA's Continuing Education Committee to promote diabetes content, i.e., the TDC standards of care and treatment algorithms, to help improve the quality of care delivered by primary care physicians.

Dr. Harkless reported on electronic medical records as being released by the Veterans Administration through authorized vendors. The software is free but there is a cost for installation and training. He and Dr. Spellman will participate in a conference call February 8 for additional details.

Program Reports:

As written.

Donna Jones is preparing information packets for Council to be used as talking points for media presentations.

Agency Reports:

Texas Department of State Health Services: none

Texas Department of Assistive and Rehabilitative Services: none

Texas Department of Aging and Disability Services: Beth Stalvey, MPH, PhD is the new representative.

Texas Education Agency: None

Public Comment: None.

Adjournment

ON A MOTION BY JUDY HALEY, AND SECONDED BY DR.VICTOR GONZALEZ, THE COUNCIL VOTED TO ADJOURN AT 5:35 pm.