

**MINUTES**  
**Texas Diabetes Council**  
**January 22, 2004**

The January 22, 2004 quarterly meeting of the Texas Diabetes Council was called to order at 1:15 p.m., at the Texas Department of Health, Moreton Building, Room 739 by Lawrence B. Harkless, DPM, Chair, presiding.

**Texas Diabetes Council Members in Attendance:**

Lawrence B. Harkless, DPM – Chair  
Gene Bell, RN, CFNP, CDE - Secretary  
Judith L. Haley – Vice Chair  
Belinda Bazan-Lara, MA, RD/LD  
Avery Rhodes  
Jeffery Ross, DPM, MD  
Randy Byron Baker  
Margaret G. Pacillas, RN  
Lenore Frances Katz  
Richard (Rick) Hayley  
Victor H. Gonzalez, MD

**State Agency Representatives:**

Philip Huang, MD, MPH (Texas Department of Health)  
Linda G. Robinson (Texas Commission for the Blind)  
Deborah F. Simpson, MSHP, RD/LD (Texas Department of Human Services)  
Jack Clifton (Texas Rehabilitation Commission)

**State Agency Representatives absent:**

Hellene Bedgood, Texas Education Agency

Dr. Harkless, Chair called the meeting to order and welcomed new members. Ms. Bell, Secretary, called the roll. Ms. Bell announced that a quorum was present.

Ms. Bell announced that Hellene Bedgood, TEA, was unable to attend the meeting.

**Presentations:**

- Charles E. Bell, MD, congratulated the Council on its work and on behalf of Commissioner Hawkins stated that the Council was very important to Texas. He gave a brief overview of the HHSC agencies' consolidation plan.
- Olga Garcia, Program and Senior Policy Analyst from CHIP, addressed the questions the Council had submitted in reference to Medicaid initiatives and changes: she discussed status of discontinued adult podiatric services, preferred drug list selection process, and contracting for chronic disease management .
- Beckie McCleery gave an introduction to Texans for the Advancement of Medical Research (TAMR), and Dr. Bettie Sue Masters discussed stem cell research as regenerative medicine.

ON A MOTION MADE BY RICK HAYLEY, THAT THE COUNCIL SUPPORT AND JOIN TEXANS FOR THE ADVANCEMENT OF MEDICAL RESEARCH (TAMR). MOTION SECONDED BY RANDY BRYON BAKER. MOTION PASSED.

**Minutes:**

ON A MOTION MADE BY MARGARET PACILLAS, THAT MINUTES OF THE OCTOBER 16, 2003, QUARTERLY MEETING OF THE TEXAS DIABETES COUNCIL BE APPROVED AS WRITTEN. MOTION SECONDED BY DR. JEFFREY ROSS. MOTION PASSED.

**Chair's Report:**

Dr. Harkless acknowledged the work and dedication of Mike Thompson. Mr. Thompson will receive a plaque and a letter of thanks for his service to the Council.

**CATCH:**

Deanna Hoelscher, PhD, of the University of Texas at Houston School of Public Health presented the three-year project summary of Coordinated Approach to Child Health (CATCH) and its relevance to childhood obesity prevention efforts.

**Health Care Professionals (HCPC) Advisory Committee Reports:****Medical Professionals Advisory Committee:**

Craig Spellman, DO, PhD, Chair, Health Care Professionals Advisory Committee reported progress on new algorithms and recommended revisions of current algorithms as follows:

1. Weight Loss – BMI (Table) be updated from the Joint National Committee on Detecting, Evaluation and Treatment of High Blood Pressure 9 (JNC) 6 to JNC 7.

ON A MOTION BY MARGARET PACILLAS, AND SECONDED BY DR. VICTOR GONZALEZ, TO ACCEPT THE RECOMMENDED CHANGE ON THE WEIGHT LOSS ALGORITHM AS OUTLINED BY DR SPELLMAN. MOTION PASSED UNANIMOUSLY.

2. Impaired fasting (plasma) glucose (IFG) value be changed from 110 to 100 mg/dl in the following algorithms: Exercise, Medical Nutrition Therapy and Weight Loss. Rationale: to adopt revised American Diabetes Association standards for IFG.

ON A MOTION BY LENORE KATZ, AND SECONDED BY DR. JEFFREY ROSS, TO ACCEPT THE RECOMMENDED CHANGE IN DEFINITION OF IMPAIRED FASTING GLUCOSE ON THE EXERCISE, MEDICAL NUTRITION THERAPY AND WEIGHT LOSS ALGORITHMS AS OUTLINED BY DR. SPELLMAN. MOTION PASSED UNANIMOUSLY.

3. Recommended update of Glycemic Algorithm to reflect new target for A1c for Insulin for type 1 & 2 diabetes to be changed from "<6.5 to 7" to "≤6.5," fasting plasma glucose and self maintained. (110-130). No motion was made at Medical Professionals or Health Care Professionals Advisory Committee's. Algorithm will be discussed again at the next Medical Professionals Advisory Committee meeting.

4. Recommended initiation of Insulin Therapy (box) to include glargine and to add NPH insulin HS (bedtime) and to include a footnote with considerations.

ON A MOTION BY JEFFREY ROSS, MD, AND SECONDED BY DR. VICTOR GONZALEZ, TO ACCEPT THE RECOMMENDED CHANGES ON THE INSULIN THERAPY ALGORITHM AS OUTLINED BY DR SPELLMAN. MOTION PASSED UNANIMOUSLY.

5. Lipids Algorithm new footnote to include the Heart Protection Study (LDL cholesterol less than 100mg)

ON A MOTION BY DR. VICTOR GONZALEZ, AND SECONDED BY RANDY BAKER, TO ACCEPT THE RECOMMENDED CHANGES ON THE LIPIDS ALGORITHM AS OUTLINED BY DR SPELLMAN. MOTION PASSED UNANIMOUSLY.

**Texas Roundup**

Madison Mauze from the Office of the Governor outlined the new Texas Roundup initiative of the Governor's office. The celebration event will be held in Austin on April 17 with cities across the state participating. Dr. Ross added details.

ON A MOTION BY DR. JEFFREY ROSS, AND SECONDED BY JUDY HALEY, TO ENDORSE TEXAS ROUND-UP AND ALLOW USE OF TDC LOGO IN THEIR PUBLICATIONS AS WELL AS AT THE EVENT. MOTION PASSED UNANIMOUSLY.

**Texas Death Certificate**

Dr. Philip Huang, Bureau Chief, Chronic Disease and Tobacco Prevention, reported methods to improve the reporting of diabetes on death certificates, i.e., to add a diabetes check box to increase accurate reporting of diabetes as a contributing factor in addition to a prompt in Part I to indicate diabetes as an underlying cause of death.

ON A MOTION BY LENORE KATZ, AND SECONDED BY MARGARET PACILLAS, THAT THE COUNCIL RECOMMEND ADDING A CHECK BOX TO THE DEATH CERTIFICATES AS WELL AS INCLUDE THE PROMPT IN PART ONE AND COMMUNICATE THIS RECOMMENDATION TO THE BUREAU OF VITAL STATISTICS. MOTION PASSED UNANIMOUSLY.

**Educational Grant:**

Dr. Ozias reported that Roche Pharmaceuticals has approached the Council with a \$10,000 unrestricted educational grant upon receipt of an official request.

ON A MOTION BY JUDY HALEY, AND SECONDED BY DR. VICTOR GONZALEZ, TO ACCEPT THE ROCHE PHARMACEUTICALS \$10,000 UNRESTRICTED EDUCATIONAL GRANT. MOTION PASSED UNANIMOUSLY.

**Executive Director report:**

Dr. Ozias directed the Council to the written report and stated that the consolidation of agencies may affect the representation of the non-voting agency membership on the Council.

Council will hold its State Plan 2006-07 development meeting Friday, April 23, 2004.

Proposed Eye Program Rules changes were approved by the Board of Health for posting on January 15.

They will be posted in the Texas Register for a thirty- day comment period.

The Council will hold a regular quarterly meeting July 15 in Corpus Christi. Member Rick Hayley will assist staff planning and coordination.

Monty Waters, TDH, Office of General Counsel:

In preparation for the 2006-07 State Plan development meeting, Mr. Waters reviewed the Council's duties and powers per Chapter 103, Health and Safety Code, e.g.,

§ Develop state plan for diabetes treatment, education and training.

§ Make recommendations to state member agencies and the legislature. Council has ability to mandate action.

Dr. Harkless will contact Texas Education Agency confirming a member on the Council.

**Affiliated Groups:**

1. Lenore Katz reported that Chris Arrington of Becton/Dickinson demonstrated new safety lancets and syringes to the Diabetes Coalition of Texas (DCoT). Members of DCoT met with Senator Duncan in reference to the school care for students with diabetes bill. Texas Medical Association will assist training professionals for diabetes education.

2. The group intends to continue to pursue changes to the death certificate that maximize accurate reporting of the contribution of diabetes to any death.

3. The Texas House of Representatives Committee on Public Health will meet in February and reportedly would like to have restaurant involvement in healthy food menus.

Dr. Harkless re-appointed Lenore Katz as Chair of the Diabetes Coalition of Texas. Margaret Pacillas and Gene Bell will vote for Council on any issues voted on at DCoT meetings. The Chair (Ms Katz) can vote, according to the latest DCoT bylaws, only to break a tie.

**Member Announcements:**

Rick Hayley has organized a committee to pursue enhanced law enforcement officer training by adding diabetes education and the process by which officers safely handle people with signs of diabetes difficulty. The committee includes Jeff Kepche, Mike Thompson, Robert Bodisch ( Director of Special Services and Curriculum at Texas Commission of Law Enforcement Officer Standards and Education [TCLEOSE]). The committee is reviewing the American Red Cross EMT training and first aid as a possible module.

**Program Reports:** As written.

**Agency Reports:**

Texas Department of Health:

Dr. Huang will assist with a letter explaining recommended changes to the death certificate to include a diabetes checkbox to indicate diabetes as a contributing cause.

Texas Commission for the Blind: None

Texas Department of Human Services: None

Texas Rehabilitation Commission: None

Texas Education Agency: None.

Public Comment: None.

**Adjournment**

ON A MOTION BY DR. VICTOR GONZALEZ, AND A SECOND BY JUDY HALEY, THE COUNCIL VOTED TO ADJOURN AT 5:30 pm.