## Chronic Disease in Texas

A Report of the Bureau of Chronic Disease and Tobacco Prevention
Texas Department of Health

## Sexual Behaviors Among Texas Youth 2001 Texas Youth Risk Behavior Survey

In thespring of 2001, theTexas D epartment of H ealth, in cooperation with theC enters for D iseaseC ontrol and Prevention, conducted a statewide school-based Youth Risk Behavior Survey (YRBS). The 2001 survey represents the first time that Texas has successfully completed a statistically representative YRBS survey for the state.

## Ever had Sexual Intercourse

- The percentage of students who had sexual intercourse during their lifetime was 50.4 percent(see Figure 1).
- African American students (68.9\%) were significantly more likely than H ispanic students (52.7\%) and white students (43.7\%) to have had sexual intercourse.
- Students in grades 11 (57.2\%) and 12 (67.6\%) were significantly more likely than students in grades 9 (37.4\%) to have had sexual intercourse. Students in grade 12 were significantly more likely than students in grade 10 (47.2\%) to have had sexual intercourse.



## Initiation of Sexual Intercourse Before Age 13

- The percentage of students who had initiated sexual intercourse before age 13 was 7.5 percent (see Figure 2).
- M ale students (10.7\%) were significantly more likely than female students (4.2\%) to have initiated sexual intercourse before 13 years of age.
- African American students (18.1\%) were significantly more likely than H ispanic students ( $7.4 \%$ ) and white students ( $4.8 \%$ ) to have initiated sexual intercourse before 13 years of age.
- No significant differences exist among students by
 grade level.


## Four or More Sex Partners During Lifetime

- The percentage of students who had sexual intercourse with four or more sex partners during their lifetime was 16.4 percent (see Figure 3).
- African American students (31.5\%) were significantly more likely than H ispanic students ( $15.9 \%$ ) and white students ( $12.7 \%$ ) to have had four or more sex partners.
- Students in grades 11 (19.7\%) and 12 ( $23.8 \%$ ) were significantly more likely than students in grades $9(10.9 \%)$ and 10 ( $14.3 \%$ ) to have had four or more sex partners.


## Currently Sexually Active

- D uring the 3 months preceding the survey, 36.2 percent of students had engaged in sexual intercourse (i.e., currently sexually active) (see Figure 4).
- African American students ( $48.8 \%$ ) were significantly more likely than white students (31.6\%) to be currently sexually active.
- Students in grades 11 (39.9\%) and 12 (54.5\%) were significantly more likely than students in grade 9 (24.3\%) to be currently sexually active. Students in grade 12 were significantly more likely than students in grade 10 (33.4\%) to be currently sexually active.


## Currently Sexually Abstinent

- Among students who had engaged in sexual intercourse during their lifetime, 27.8 percent of students had been abstinent during the 3 months preceding the survey (i.e., currently abstinent) (see Figure 5).
- $\quad$ ale students (31.4\%) were significantly more likely than female students (24.1\%) to report current abstinence.
- Students in grades 9 (34.7\%), 10 ( $29 \%$ ) and 11 $(30 \%)$ were significantly more likely than students in grade 12 (19.3\%) to report current abstinence.

Condom Use During Last Sexual Intercourse

- Among currently sexually active students, 55.4 percent reported that either they or their partner had used a condom during the last sexual intercourse (see Figure 6).
- $\quad$ ale students ( $63.7 \%$ ) were significantly more likely than female students (47.1\%) to report condom use.
- Students in grade 9 ( $66.7 \%$ ) were significantly more likely than students in grades 11 (49.9\%)
 and $12(50.3 \%)$ to report condom use.


## Birth Control Pill Use Before Last Sexual Intercourse

- Among currently sexually active students, 10.8 percent reported that either they or their partner had used birth control pills before last sexual intercourse (see Figure 7).
- Female students ( $14.2 \%$ ) were significantly more likely than male students (7.4\%) to report birth control pill use.
- W hite students ( $15.4 \%$ ) were significantly more likely than African American students (6.3\%) and Hispanic students (7.7\%) to report birth control pill use.
- Students in grade 12 ( $18.3 \%$ ) were significantly more likely than students in grades $9(4.6 \%), 10$ ( $8.7 \%$ ) and $11(9.6 \%)$ to report birth control pill use.


## Alcohol or Drug Use at Last Sexual Intercourse

- Among currently sexually active students, 26.6 percent had used alcohol or drugs at last sexual intercourse (see Figure 8).
- M ale students ( $31.5 \%$ ) were significantly more likely than female students (21.3\%) to have used alcohol or drugs at last sexual intercourse.
- White students $(29.5 \%)$ and H ispanic students (27.8\%) were significantly more likely than African American students (15.1\%) to have used alcohol and drugs at last sexual intercourse.



## Pregnancy

- The percentage of students that had been pregnant or had gotten someone else pregnant was 7.4 percent (see Figure 9).
- African American students ( $13.9 \%$ ) were significantly more likely than white students (3.2\%) to have been pregnant or to have gotten someone else pregnant.
- Students in grade 12 ( $12.1 \%$ ) were significantly more likely than students in grade 9 (3.7\%) to have been pregnant or to have gotten someone else pregnant.


## Taught About HIV/AIDS

- The percentage of students who had been taught about H IV/AIDS in school was 82.9 percent (see Figure 10).
- No significant differences exist among students by
 gender, race/ethnicity group or grade level.


## Methods

The Youth Risk Behavior Survey (YRBS) was developed by the $C$ enters for $D$ isease $C$ ontrol and Prevention to monitor priority health risk behaviors that contribute to leading causes of mortality, morbidity, and social problems among youth and adults.

These behaviors fall under six categories:

- Behaviors that result in unintentional and intentional injuries
- Tobacco use
- Alcohol and other drug use
- Sexual behaviors that result in HIV, ST D s and unintended pregnancies
- Dietary Behaviors
- Physical Activity

The 2001 Texas YRBS is a composite of two samples: schools in the Texas state YRBS and schools in the national YRBS that are located in Texas. TheTexas YRBS employed a two-stage cluster sample design to produce representative samples of students in grades 9 through 12. For the 2001 survey, the school response
rate was 80 percent ( 91 of the 114 eligible sampled schools participated) while the student response rate was 79 percent ( 7,067 of the 8,917 sampled students completed usable questionnaires). Therefore, the overall response rate was 63 percent (school response rate times student response rate). SU DAAN was used to compute 95 percent confidence intervals to determine differences among subgoups at the p $<0.05$ level. Differences between prevalence estimates were considered statistically significant if the 95 percent confidence intervals did not overlap.

SEXUAL BEHAVIORS

|  | EVER HAD SEXUAL INTERCOURSE |  |  | INITIATION OF SEXUAL <br> INTERCOURSE BEFORE AGE 13 |  |  | FOUR OR MORE SEX PARTNERS DURING LIFETIME |  |  | CURRENTLY <br> SEXUALLY ACTIVE |  |  | CURRENTLY SEXUALLY ABSTINENT |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | \% |  | Cl | \% | 95\% CI |  | \% | 95\% Cl |  | \% | 95\% CI |  | \% | 95\% CI |  |
|  |  | Low | High |  | Low | High |  | Low | High |  | Low | High |  | Low | High |
| MALES | 52.9 | 48.6 | 57.1 | 10.7 | 7.9 | 13.5 | 19.8 | 15.4 | 24.2 | 36.1 | 32.0 | 40.1 | 31.4 | 28.5 | 34.4 |
| FEMALES | 47.7 | 40.2 | 55.2 | 4.2 | 2.2 | 6.3 | 12.8 | 9.7 | 16.0 | 36.1 | 29.7 | 42.5 | 24.1 | 20.9 | 27.4 |
| WHITES | 43.7 | 38.8 | 48.6 | 4.8 | 2.9 | 6.7 | 12.7 | 9.8 | 15.6 | 31.6 | 27.0 | 36.2 | 27.6 | 22.5 | 32.8 |
| AFR AMER | 68.9 | 61.9 | 75.8 | 18.1 | 13.2 | 23.0 | 31.5 | 26.4 | 36.6 | 48.8 | 43.3 | 54.4 | 28.6 | 24.6 | 32.7 |
| HISPANICS | 52.7 | 44.5 | 61.0 | 7.4 | 4.6 | 10.2 | 15.9 | 10.8 | 21.0 | 37.9 | 30.4 | 45.3 | 27.8 | 23.5 | 32.1 |
| 9th | 37.4 | 30.3 | 44.6 | 9.4 | 6.2 | 12.6 | 10.9 | 7.2 | 14.6 | 24.3 | 18.7 | 29.9 | 34.7 | 28.4 | 41.0 |
| 10th | 47.2 | 41.3 | 53.1 | 8.2 | 5.3 | 11.0 | 14.3 | 10.2 | 18.3 | 33.4 | 28.6 | 38.4 | 29.0 | 25.5 | 32.5 |
| 11th | 57.2 | 50.7 | 63.6 | 5.8 | 3.6 | 8.0 | 19.7 | 15.7 | 23.6 | 39.9 | 33.8 | 46.0 | 30.0 | 25.2 | 34.8 |
| 12th | 67.6 | 62.0 | 73.2 | 5.1 | 2.9 | 7.2 | 23.8 | 19.2 | 28.3 | 54.5 | 48.0 | 61.0 | 19.3 | 14.4 | 24.1 |
| TOTAL | 50.4 | 44.9 | 55.9 | 7.5 | 5.4 | 9.7 | 16.4 | 12.9 | 20.0 | 36.2 | 31.4 | 41.0 | 27.8 | 25.3 | 30.4 |


|  | SEXUAL BEHAVIORS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | CONDOM USE DURING LAST SEXUAL INTERCOURSE |  |  | BIRTH CONTROL PILL USE BEFORE LAST SEXUAL INTERCOURSE |  |  | ALCOHOL OR DRUG USE AT LAST SEXUAL INTERCOURSE |  |  | PREGNANCY |  |  | TAUGHT ABOUT HIV/AIDS |  |  |
|  | 95\% CI |  |  | \% | 95\% CI |  | \% | 95\% CI |  | \% | 95\% CI |  | \% | 95\% CI |  |
|  | \% | Low | High |  | Low | High |  | Low | High |  | Low | High |  | Low | High |
| MALES | 63.7 | 59.7 | 67.7 | 7.4 | 5.3 | 9.5 | 31.5 | 27.3 | 35.6 | 5.2 | 3.6 | 6.8 | 82.8 | 80.4 | 85.3 |
| FEMALES | 47.1 | 41.3 | 52.9 | 14.2 | 10.2 | 18.2 | 21.3 | 17.7 | 24.8 | 9.7 | 4.2 | 15.2 | 82.9 | 79.3 | 86.5 |
| WHITES | 60.0 | 54.7 | 65.3 | 15.4 | 11.4 | 19.4 | 29.5 | 24.2 | 34.8 | 3.2 | 1.8 | 4.6 | 85.2 | 80.7 | 89.6 |
| AFR AMER | 61.9 | 52.4 | 71.5 | 6.3 | 3.3 | 9.2 | 15.1 | 11.3 | 18.9 | 13.9 | 10.9 | 16.9 | 83.7 | 80.5 | 86.9 |
| HISPANICS | 47.5 | 39.8 | 55.3 | 7.7 | 5.6 | 9.9 | 27.8 | 23.4 | 32.2 | 10.5 | 4.0 | 16.9 | 79.6 | 76.9 | 82.2 |
| 9th | 66.7 | 59.2 | 74.1 | 4.6 | 1.1 | 8.0 | 26.8 | 21.5 | 32.2 | 3.7 | 1.7 | 5.8 | 79.1 | 75.0 | 83.2 |
| 10th | 57.9 | 48.5 | 67.3 | 8.7 | 4.4 | 13.1 | 27.9 | 21.8 | 33.9 | 6.4 | 2.2 | 10.7 | 84.0 | 80.8 | 87.2 |
| 11th | 49.9 | 44.1 | 55.6 | 9.6 | 6.5 | 12.8 | 25.7 | 21.2 | 30.2 | 8.7 | 4.1 | 13.3 | 84.3 | 81.2 | 87.4 |
| 12th | 50.3 | 46.0 | 54.7 | 18.3 | 13.3 | 23.3 | 25.9 | 20.4 | 31.5 | 12.1 | 9.0 | 15.3 | 85.9 | 81.0 | 90.8 |
| TOTAL | 55.4 | 50.9 | 59.9 | 10.8 | 8.1 | 13.6 | 26.6 | 23.6 | 29.6 | 7.4 | 4.0 | 10.8 | 82.9 | 80.1 | 85.7 |

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