# **Metabolic University**

## The Children's Hospital of Denver



## February 2-6, 2008

#### **Educational Methods**

#### Needs and Target Audience:

With the implementation of expanded newborn screening and other advances in the field of clinical genetics, the need for healthcare professionals trained in the field of inborn errors in metabolism has increased. Diagnosis and management of these diseases requires an interdisciplinary approach. Dietitians, Nurses and Genetic Counselors play critical roles in the care of these patients. Metabolic University is targeted to professionals newly entering the field of inborn errors in metabolism.

#### **Objectives**

At the conclusion of the week, participants should be able to:

- Describe the pathophysiology and primary offending metabolites in common disorders of amino acid, organic acid, urea cycle, carbohydrate and fatty acid metabolism.
- Describe nutrition interventions commonly used disorders of amino acid, organic acid, urea cycle, carbohydrate and fatty acid metabolism.
- Describe common management issues in disorders of amino acid, organic acid, urea cycle, carbohydrate, and fatty acid metabolism as it relates to one's health care profession.
- Describe use of tandem mass spectrometry in the identification of metabolites suggestive of disorders of amino acid, organic acid, urea cycle, carbohydrate, and fatty acid metabolism.

#### **Education Methods**

Lectures, Group teaching, Observations, Pre and post tests, Web-based learning (e-protocols)

#### **Evaluation**

Evaluation by questionnaire will address program content and presentation.

#### **Planning Committee and Faculty**

Laurie Bernstein, MS RD FADA Assistant Professor of Pediatrics Director – IMD Nutrition

The Children's Hospital, Denver, CO

Cindy Freehauf, RN CGC

Assistant Professor of Pediatrics The Children's Hospital, Denver, CO

Janet Thomas, MD

Associate Professor of Pediatrics
Director – IMD Clinical Services
The Children's Hospital, Denver, CO

Robert Binard, BS Clinical Staff

**UCDHSC Biochemical Genetics Laboratory** 

Cheryl Peck, MT (ASCP)

**Clinical Staff** 

**UCDHSC Biochemical Genetics Laboratory** 

Lisa Schlichting, MT (ASCP)

Clinical Staff

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Renata Gallagher, PhD MD

Assistant Professor of Pediatrics The Children's Hospital, Denver, CO

Steven Yannicelli, PhD RD

Director of Science and Education

Nutricia North America

Barbara McIntyre

Brand Manager, Metabolics Nutricia North America

Fran Rohr, MS RD

Clinical Nutrition Specialist Metabolism Program Children's Hospital, Boston

Erin Dunn, R.Psych; Psychologist

Eating Disorders Program St. Paul Hospital, Vancouver









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#### **Lodging Information:**

Lodging: Doubletree Hotel (Group: Metabolic University)

Dates: February 2-6, 2008
Registration Deadline: January 10, 2008
Room Types: Double or Single

Rate: \$109.00/night plus CO sales tax

Free shuttle service available to and from the hotel

#### **Book directly online!**

The address for Booking directly online will be available the week of November 12th.2007

Or call 1-800-222-TREE and ask for Doubletree Denver - Metabolic University

#### **Registration Information:**

Registration Fee: \$475.00 US

(Includes reception, 1 dinner, all lunches and all coffeebreaks. This will also include all shuttle service during the program.)

Make checks payable to: The Children's Hospital - Metabolic University

Registration deadline: January 1, 2008

Due to space limitations, no more than 10 dietitians, 10 nurses

and genetic counselors will be accepted.

You may pay by personal or company check, no credit cards are accepted. **Registration will not be processed without payment**.

#### Mail check and completed registration form to:

Attn: Laurie Bernstein MS RD FADA

Assistant Professor - Department of Pediatrics

Director - IMD Nutrition

Clinical Genetics and Metabolism, MS8400 Education South 2, Building L28, Room 4109

13121 E. 17th Avenue

PO Box 6508 Aurora, CO 80045

#### RDs:

30 CEU's Applied

#### CGCs:

Can Apply for Level 2

### Metabolic University Registration Form (Please Print)

Full Name:

Degree(s):

Institution:

Address:....

City: .....

State, Zip, Country:

Telephone: .....

E-Mail:







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# **Schedule of Events**



#### - Tentative Schedule -

#### **Saturday Afternoon**

- > Welcome and Opening Remarks
- > Full Course Pretest
- > Genetics And Pathophysiology
- > PKU A New Patient The Role Of A Multidisciplinary Team
- > Amino Acid Disorders
- > Biochemistry, Clinical Manifestations, Principals of Diet, Clinical Management
- > Reception

#### **Sunday Morning**

- Organic Acid Disorders
   Biochemistry, Clinical Manifestations, Principals of Diet, Clinical Management
- > Urea Cycle Defects Biochemistry, Clinical Manifestations, Principals of Diet, Clinical Management
- > Fatty Acid Oxidation Defects
  Biochemistry, Clinical Manifestations, Principals of Diet, Clinical Management

#### **Sunday Afternoon**

- > Motivational Interviewing
- > Adjourn for the day

## **Monday Morning**

- > Eat Right, Stay Bright A trip to the hospital to observe a group clinic
- > Management of IEM Pregnancies
- > Expanded Newborn Screening

## **Monday Afternoon**

- > Organic Acidemias
- > Urea Cycle Defects
- > Fatty Acid Oxidation
- > Disability, Frontal Lobe Dysfunction, Compliance Issues
- > Creating Adult Transition Programs
  - Clinical Pearls FAQs
- > Use of Medical Foods

### **Monday Evening**

> Adjourn for the day









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# Schedule of Events



#### - Tentative Schedule -

#### **Tuesday Morning**

- > Laboratory Studies
  - Amino Acid Analysis
  - Organic Acid Analysis
  - MS/MS

### **Tuesday Afternoon**

- > Nutritional Assessment And Disorders of Carbohydrate Metabolism
- > Nutritional Assessment
- Disorders of Carbohydrate Metabolism
- Biochemistry, Clinical Manifestations, Principals of Diet, Clinical Management
- An Evening In Denver Compliments of Nutricia

### **Wednesday Morning**

- > E-protocols
- Open Mike Question and Answers
- Meet the Patients
- > Wrap-up
- > Evaluations
- > Post-test
- > Adjourn

If you have any questions, please contact Laurie Bernstein at 303-724-2341













