

Algorithm for ADHD Comorbid with Major Depressive Disorder

CMAP ADHD revision

Stage 0

Any stage(s) can be skipped depending on the clinical picture.

Diagnostic Assessment and Family Consultation Regarding Treatment Alternatives

Non-Medication Treatment Alternatives

ADHD more severe

MDD more severe

Stage 1

Begin ADHD Algorithm - Stage 1*

Begin Major Depressive Disorder (MDD) Algorithm - Stage 1**

Both MDD and ADHD improve

Continuation

ADHD improved, no response of depression

ADHD and/or depressive symptoms worsened

Depressive symptoms improve, no response of ADHD

Stage 2

Begin MDD algorithm, add to ADHD treatment

Discontinue ADHD algorithm, begin MDD algorithm

Begin ADHD algorithm,* add to MDD treatment

* See Pliszka et al., 2005

** See Hughes et al., 2005