

Getting Started in the Free World

*Services for Incarcerated and
Recently Released Persons with HIV Infection*

Will you be ready for the Free World?

The move to life in the Free World isn't always easy, especially for people with HIV. Many HIV+ incarcerated and recently released people are not prepared for living a healthy, successful life in the Free World. We can help!

What services are available?

We are here to help you receive health care, medications, and social support. Our goal is to help HIV+ people stay healthy and increase their chances of success once they return to the Free World.

Who can receive services?

Services are available free of charge to HIV+ men and women. The agencies listed below provide access to medical and social support services in Central Texas. *All services are provided with the utmost respect for privacy.*

How do you start getting services?

You can contact the agencies below by phone or mail, or you can link to them through:

- ◆ medical or social services staff in your unit;
- ◆ your parole or probation officer; or
- ◆ medical or social service providers in your area.

What can we do for you?

- ◆ We will work closely with you, correctional staff, and your parole/probation officers to assist with pre- and post-release plans.
- ◆ We will help you access health care, medication assistance, and support services in the Free World.
- ◆ We will provide HIV education and wellness training to help you build health and success in the Free World.
- ◆ We will provide referrals for you and your family to meet your needs and support your efforts to maintain good health.
- ◆ We will meet with you after your release at your home, at your medical provider, at other agencies, or at our offices.
- ◆ We will provide bilingual staff to serve Spanish-speaking persons.

Contact the agencies below to learn more about services in Central Texas:

Austin/Travis County Health and Human Services Department
2100 E. St. Elmo Rd., Bldg. E-30
Austin, TX 78744
Phone: 512-972-5081

Waco-McLennan County Public Health District
225 W. Waco Dr.
Waco, TX 76707
Phone: 254-750-5499

Community Action of Hays, Caldwell, and Blanco Counties
P.O. Box 748
San Marcos, TX 78667-0748
Phone: 512-754-6600

Brazos Valley Community Action Agency
1702-B S. Texas Av., Ste. 202
Bryan, TX 77802
Phone: 979-775-3141

United Way of the Greater Fort Hood Area
P.O. Box 1793
Temple, TX 76503
Phone: 254-778-1444