

# Getting Started in the Free World

*Services for Incarcerated and  
Recently Released Persons with HIV Infection*

## **Will you be ready for the Free World?**

The move to life in the Free World isn't always easy, especially for people with HIV. Many HIV+ incarcerated and recently released people are not prepared for living a healthy, successful life in the Free World. We can help!

## **What services are available?**

We are here to help you receive health care, medications, and social support. Our goal is to help HIV+ people stay healthy and increase their chances of success once they return to the Free World.

## **Who can receive services?**

Services are available free of charge to HIV+ men and women. The agencies listed below provide access to medical and social support services in East Texas. *All services are provided with the utmost respect for privacy.*

## **How do you start getting services?**

You can contact the agencies below by phone or mail, or you can link to them through:

- ◆ medical or social services staff in your unit;
- ◆ your parole or probation officer; or
- ◆ medical or social service providers in your area.

## **What can we do for you?**

- ◆ We will work closely with you, correctional staff, and your parole/probation officers to assist with pre- and post-release plans.
- ◆ We will help you access health care, medication assistance, and support services in the Free World.
- ◆ We will provide HIV education and wellness training to help you build health and success in the Free World.
- ◆ We will provide referrals for you and your family to meet your needs and support your efforts to maintain good health.
- ◆ We will meet with you after your release at your home, at your medical provider, at other agencies, or at our offices.
- ◆ We will provide bilingual staff to serve Spanish-speaking persons.

### **Contact the agencies below to learn more about services in East Texas:**

#### **Special Health Resources for Texas - Texarkana**

803 Spruce St.  
Texarkana, TX 75501  
Phone: 903-792-5924

#### **Health Horizons of East Texas**

412 North St., Ste. F  
Nacogdoches, TX 77726  
Phone: 936-569-8240

#### **Special Health Resources for Texas - Longview**

323-B N. High St.  
Longview, TX 75602  
Phone: 903-234-8808

#### **Triangle AIDS Network**

2544 Broadway  
Beaumont, TX 77702  
Phone: 409-832-8338