

TEXAS DEPARTMENT OF HEALTH  
FISH AND SHELLFISH CONSUMPTION ADVISORY

ADV-14

This consumption advisory is issued as a result of fish samples taken from the Gulf of Mexico off the Texas Coast. Samples of king mackerel indicate that mercury is in the edible tissue.

Mercury is a naturally occurring element that can cause harmful effects to the central nervous system, particularly in young children or infants exposed prenatally.

**Areas:** All waters off the Texas Coast

**Species Affected:** King Mackerel

**Consumption Advisory:** The Texas Department of Health recommends that people adhere to the following consumption recommendation for king mackerel:

For king mackerel less than 37 inches total length: safe for unrestricted consumption

For king mackerel 37 to 43 inches total length : Adults should limit consumption to 1 meal (8 ounces) per week; women of child bearing age and children should limit consumption to 1 meal (8 ounces) per month.

For king mackerel greater than 43 inches total length: should not be consumed

This advisory shall remain in effect until rescinded in writing.

Issued this <sup>10th</sup> ~~5th~~ day of June, 1997



Patti J. Patterson, M.D.  
Commissioner of Health