

**TX Dept. of State
Health Services**

**Substance Abuse
Services
Information Center**



**Catalog Supplement
Summer 2005
New Books and
Videos**

Note: Limit one new item per order

VIDEO AUDIENCE KEY:

E Elementary
JH Junior High
SH Senior High
C College
A Adult
G General (includes
audiences E-A)
Ed Educators
HP Health Professionals
P Patients in Recovery
[CC] Closed Captioned for
hearing impaired

NEW VIDEOS

*Adolescents and Alcohol: Setting it
Straight.*

Hazelden
14 min. JH,SH,C,A,P.

Teens share their stories of alcoholism, loss of control, and the hope that recovery can bring. These stories offer teens in early recovery encouragement and the promise that sobriety is possible and desirable. The video emphasizes the positive experiences of teens who are building new, sober lives and rediscovering themselves in the process.

HV5135 .A36 2001

*Adolescents and Co-occurring
Disorders.*

Hazelden.
24 min. G,HP,P,[CC].

Features testimonials from young people with more than one clinical issue at a time, such as a mood disorder and a substance abuse problem. Testimonials from individuals illustrate the special attraction of self-medication with drugs and alcohol.

RJ506.D83 A36 2003

Adults and Co-occurring Disorders.

Hazelden
28 min. C,A,P,[CC].

Men and women speak frankly about the benefits of therapy, the importance of taking medication regularly, how addiction and mental disorders fuel each other, and the challenges and rewards of seeking support through a Twelve Step group. Hope for recovery is reinforced by psychiatrist Kenneth Minkoff, noted for his integrated treatment model of co-occurring disorders.

RC564.68 .A38 2003

Alcohol: A Woman's Health Issue.

National Institute on Alcohol Abuse and Alcoholism
13 min. C,A,[CC].

Addresses the complex issue of alcohol-related problems and provides resources for women. Includes the narratives of seven women recovering from alcohol problems.

HV5137 .A43 2002

Alcohol & Drugs, Body & Mind.

FMS Productions
43 min. JH,SH,C,A,Ed,P.

Issues related to tolerance, dependence, and craving are discussed, and are illustrated visually through the use of brain scans and various other graphics. Viewers come to a more complete understanding of the medical consequences of alcohol and drug abuse at the end of a serious, yet lively, presentation. Presented by DSHS Substance Abuse Clinical Director Dr. John Keppler.

RC564 .A433 2002

Alcohol: The Medical Consequences.

FMS Productions
61 min. JH,SH,C,A,Ed,P.

Part I focuses on alcohol's effect on the digestive tract. The toxic effects on the pharynx, throat, stomach, pancreas, and liver are shown in detail. Part II discusses alcohol's target organ, the brain. Shows how alcohol affects the chemistry, biology, and structure of the brain. Also includes effects on skeletal, heart, and hormonal systems. Presented by DSHS Substance Abuse Clinical Director Dr. John Keppler.

RC564 .A4333 2004

Alone in the Dark

Echo Communications, Inc.
26 min. JH,SH.

The story of a teenage girl faced with choices related to obedience to parents, pressures from her friends, and a situation involving drinking and driving. After drinking at a party, she takes the wheel of the car and is shown the devastating consequences of her choices.

HV5135 .A46 1994

Altered States.

Films for the Humanities & Sciences.
58 min. SH,C,A,Ed,P.

A documentary on the history of drug use and abuse in America, encompassing tobacco, alcohol, caffeine, opium, cocaine, LSD, marijuana and other substances. Indicates that drug use is not a contemporary phenomenon or problem but has been a constant presence throughout the country's social history.

HV5020 .A48 1996

Angry Young Man: A Drug Tragedy.

AIMS Multimedia

24 min.

JH,SH,A.

Looks at the harsh realities of drug abuse through the eyes of a young man from a middle-class family, who moved from marijuana to cocaine. Examines the guilt, frustration, and helplessness that overwhelm parents when they discover they have an addicted child.

HV5278.S73 2004

Babies Can't Say 'No': Substance Abuse During Pregnancy.

AIMS Multimedia

23 min.

SH,C,A,P.

Shows how a pregnant woman's use of alcohol, tobacco, and other drugs may severely harm the fetus, causing miscarriage or premature birth. The birth mother and adoptive mother of a child with FAS present their real-life experience, while an FAS-trained pediatrician explains the medical and developmental struggles of children with FAS and other drug-induced birth defects.

RG580.S75 B33 2002

Blow.

New Line Home Entertainment

124 min.

Rated "R" A, [CC].

Set in the 70s and 80s and based on a true story, *Blow* chronicles the rise and fall of George Jung (Johnny Depp), the largest importer of Colombian cocaine to the U.S., and his relationship with the infamous drug lord Pablo Escobar (Ray Liotta).

PN1995.9.D78 B56 2001

Available in English and Spanish

Boogie Nights.

New Line Home Video

155 min. Rated "R" [explicit]. A, [CC].

A touching and often humorous portrayal of California's adult entertainment industry in the 1970s, tracking the adventures and ever-increasing drug use of this unusual family of filmmakers. Director Paul Thomas Anderson's critically praised feature film stars Mark Wahlberg, Julianne Moore, Burt Reynolds, William H. Macy, Heather Graham, and Phillip Seymour Hoffman.

PN1995.9.D78 B66 1998

Bright Lights, Big City.

MGM/UA Home Video

108 min.

Rated "R". C,A,[CC].

Manhattan's seductive fast lane, a life of all-night parties and neon lights, has young Jamie Conway moving way too fast. Michael J. Fox gives an exciting performance as a struggling young writer and cocaine addict in search of his identity.

PN1995.9.D78 B75 1988

Bystander Issues and Bullying

AIMS Multimedia
26 min. JH,SH,Ed.

Part of the Urban Improv Educational Series. A bystander can choose to intervene in an incident or to abstain from action. Three vignettes illustrate how lack of bystander involvement can lead to escalating situations. Group activities investigate the price of silence, bystanders' responsibilities, rumors, cliques, and bullying.

BF637.B85 B97 2004

Cake Night.

Films for the Humanities & Sciences
46 min. C,A.

Set in the Canadian addiction treatment center Edgewood, this program explores the private world of recovering addicts whose goal is to arrive clean and sober to Cake Night, the monthly celebration of recovery.

HV5283.C22 E33 2000

Chalk Talk on Drugs.

Kelly Productions
56 min. G, Ed,P.

C.C. Nuckols gives anti-drug facts and anecdotes from a religious perspective, attempting to steer non-users away from substance abuse and to bring current users closer to God. Covers cocaine, heroin, valium, and marijuana. Includes interviews with ex-users conducted by Father Joseph Martin.

HV5278.M37 C53 1999

A Challenge to Care: Strategies to Help Chemically Dependent Women and Their Children.

Vida Health Communications
39 min. G,Ed,HP,P.

A practical overview for professionals who work with addicted women and their infants. Looks at the phenomenon of addiction in mothers, featuring statistics and numerous interviews with ex-users and health care professionals.

RG580.S7 C53 1998

Club drugs: Dancing with Danger.

AIMS Multimedia
20 min. SH,C,A.

Describes the results of club drug use and gives tips on identifying and avoiding these easily available and deadly substances.

HV5822.A5 C584 2003

Credit Card Abuse, Gambling Addiction.

MTV Television Networks.
21 min. JH,SH,C,A.

Provides a look at the devastating results of reckless spending and problem gambling by demonstrating real-life consequences. Both behaviors can have destructive, long-lasting effects on an individual's financial, emotional, social, and occupational well-being

RC569.5.G35 C74 2002

David with Fetal Alcohol Syndrome.

Kanata Productions
45 min. C,A.

Provides a unique personal look at what it's like to grow up and live with the effects of FAS, through the words and experiences of a victim and his family.

RG629.F45 D38 1996

Days of Wine and Roses.

Warner Home Video
118 min. Unrated. C,A,P.

This classic 1962 film starring Jack Lemmon and Lee Remick portrays a young couple caught in the trap of alcoholism, with nothing to lean on but their love for each other. Nominated for five Oscars.

PN1995.9.A45 D39 1962

Diamonds in the Rough.

Film Ideas, Inc.
27 min. SH,C,A.

A film documentary about the lives of inner city youths, exploring a New York baseball team whose dedicated coach and players use their talents and drive to survive a neighborhood formerly known as the 'crack capital' of the world.

GV867.3 D53 1999

The Disease of Alcoholism Update.

AIMS Multimedia
39 min. SH,C,A.

Dr. David Ohlms, a world authority on addiction disease, shares startling and convincing information on the physiological aspects of alcohol addiction and fetal alcohol syndrome, describing alcoholism as a chronic, progressive, incurable disease characterized by a series of signs and symptoms.

RC565 .D57 1992

The Dog Who Dared to Keep Kids Off Drugs & Alcohol.

Moving Images
25 min. E,JH.

Ralph, a street-smart border collie, protects his young friends who are talking about experimenting with drugs and alcohol. He addresses issues like

self-esteem and peer pressure, promoting positive alternatives.

HV5824.Y68 D64 1992

Donna's Story: Breaking the Cycle of Addiction and Abuse.

Films for the Humanities & Sciences
52 min. C,A.

By the time Donna Gamble turned 13 she was a drug addict and a prostitute. Today, she is a fiercely determined survivor who has emerged as a powerful voice in counseling members of the Cree Nation and others about how to triumph over addiction.

HV5824.N38 D66 2002

Drug Use and Addiction: The Teen Files Flipped.

MTV Networks
21 min. JH,SH,C.

Two teen drug users are 'flipped' by their families and experience the dark side of drug addiction, including HIV infection and brain damage, which causes them to swear off drug use and reconcile with their families.

HV5824.Y68 D76 2002

Drunks.

WinStar/Fox Lorber Films
88 min. Rated "R" A,P.

Feature film story of a small but diverse group of recovering alcoholics who meet in a twelve-step program to share coffee and laughs along with their stories. Stars Richard Lewis, Faye Dunaway, Parker Posey, and Dianne Wiest.

PN1995.9.A45 D78 1995

Dual Diagnosis: An Integrated Model for the Treatment of People with Co-occurring Psychiatric and Substance Disorders.

Mental Illness Education Project Videos
120 minutes C,A,HP.

Despite the fact that at least half of the people with major mental illness also have co-occurring substance abuse problems, the two disorders have traditionally been treated in separate systems of care. Outlines how each system can learn from the other despite differences in treatment philosophy. Presented by Dr. Kenneth Minkoff.

VNA, 2000

Ecstasy- The E-Street Blues.

Brain Trust Films
21 min. SH,C,A.

This video examines the fast-growing problem of ecstasy use, examining MDMA's physiological effects. Interviews with former users describe prison and homelessness, as well as their eventual success in the battle for recovery.

HV5822.M38 E274 2003

Ecstasy: What's all the Rave About?

Center for Substance Abuse Prevention
29 min. A.

The second of four teleconferences in the series "Myths, Facts, and Illicit Drugs: What You Should Know." Former ecstasy users join with experts to examine facts, discuss raves, and dispel myths surrounding this dangerous and illicit drug.

HV5822.M38 E279 2002

Flipping the World: Drugs through a Blue Lens.

National Film Board of Canada
30 min. SH,C,A,[CC].

An astonishingly honest look at the world of youth and drug addiction, told by those who have been there. The video captures the reactions of seven high school students with a history of substance abuse as they come face-to-face with addicts. During their journeys of self-discovery, each fully opens his or her eyes to the reality of drug abuse.

HV5824.Y68 F55 2000

Helping Addicted Youth Find Recovery.

Center for Substance Abuse Treatment
57 min. C,A,HP.

Young people who are experiencing substance abuse disorders have unique needs. Helping Addicted Youth Find

Recovery features a panel of experts that explores the complex issues related to youth in recovery and highlights effective and innovative treatment strategies. Several students also tell their stories of successfully overcoming substance abuse dependence to lead healthy lives today.

RC564 .H45 2003

Hepatitis C: Staying Well.

FMS Productions
40 min. JH,SH,C,A,Ed,P.

Dr. John Keppler offers an overview of Hepatitis C and discusses how those with the virus can work to stay healthy and prevent transmission to others. Viewers come to see how and why the virus disproportionately affects those in recovery, while Dr. Keppler reminds us that Hep C is not a death sentence and that it can actually be a positive motivating factor to keep people in recovery.

RC564 .A4334 2004

Ironweed.

Vestron Video
135 min. Rated R. C,A.

In 1938, the soup kitchens and flophouses are overflowing with homeless people seeking food and refuge from the winter in Albany, NY. Francis Phelan (Jack Nicholson) wanders the streets, back in his hometown after 22 years, a vagabond ready to confront the family he

abandoned. While sharing whiskey with "pal" Helen (Meryl Streep), he reveals the secrets of his past that he now must reconcile.

PN1995.9.D68 I76 1988

It's Not Only Murder: Discovering the Violence in Your Life.

Hazelden
17 min. JH,SH,C,Ed,[CC].

Discusses violence, which by definition includes anything that hurts someone, from spreading rumors to sexual harassment. Peers talk to teens about how subtle and pervasive violence can be, how it starts, escalates and spreads, and methods to break the cycle.

LB3013.3 .I87 2001

Jesus' Son.

Lions Gate Home Entertainment
107 min. Rated "R" A,P.

Follows a ruffled, hapless, perpetually high young man's journey and quest for love in the freewheeling 70s, his dreams and hallucinations blurring and merging into reality. He eventually stops doing drugs and starts to discover the small rewards of sobriety, thereby reaching the state of grace and fulfillment he had unknowingly been searching for all along. Billy Crudup, Samantha Morton, Holly Hunter, and Dennis Hopper star in this moving feature film.

PN1995.9.D78 J47 1999 sp
English with Spanish subtitles.

Last Call: Alcoholism and Co-Dependency.

Films for the Humanities and Sciences
24 min. SH,C,A,P.

Takes an in-depth look at the effects of alcoholism on both the individual and the family, contrasting an urban and a rural home linked by the common problem of alcoholism.

VNA 1996

Less Than Zero.

CBS/Fox Video
98 min. Rated R. C,A,[CC].

Three Beverly Hills teens with everything risk losing it all when the drug habit of one of them could take them all down. This 1987 feature film stars Robert Downey, Jr., Andrew McCarthy, and Jami Gertz.

PN1995.9.D78 L47 1988

Marijuana: The Medical Consequences.

FMS Productions
42 min. JH,SH,C,A,Ed,P.

Viewers will explore marijuana's effect on the brain, both in terms of what produces its pleasurable effect, and the side effects apparent in various parts of the brain. Other core issues include effects on general physical health and emotional wellness, addictive qualities,

and women's issues. Presented by
DSHS Substance Abuse Services
Clinical Director Dr. John Keppler.

RC564 .A4336 2004

Marijuana Update.

Black Water Productions.
16 min. JH,SH.

Leo Hayden, a former college athlete,
relates how he became addicted to
marijuana. Other former users share their
stories of addiction, revealing the
psychological and physical effects of the
drug.

HV5822.M3 M376 1997

Marijuana: Weeding out the Hype!

Center for Substance Abuse Prevention
29 min. A.

The fourth of four teleconferences in the
series "Myths, Facts, and Illicit Drugs:
What You Should Know." Gives the
latest facts about marijuana, including
trends in its use, its strength today, its
effects, and the efforts being made in
prevention and treatment.

HV5822.M3 M3768 2002

***Meth: What's Cooking in your
Neighborhood?***

Center for Substance Abuse Prevention
27 min. A.

The first of four teleconferences in the
series "Myths, Facts, and Illicit Drugs:
What You Should Know." Audiences
with varying levels of knowledge about
methamphetamine will learn about its
many physical, psychological, and
economic consequences for individuals,
families, and communities.

HV5822.A5 M489 2002

No Kinda Life

Discover Films Video
24 min. SH,C,A.

A documentary filmed inside Louisiana
State Penitentiary, prisoners 'tell it like it
is' about losing their freedom while still
in their teens due to drug-related crimes.
The harsh world of prison is portrayed
from the loss of freedom to a world
without family or loved ones. Advises
viewers to make the right choices in life
and not allow drugs to ruin their lives
and rob them of their futures.

HV8836.5 .N65 2003

***Nothing to Rave About: A Club Drugs
Prevention Video.***

Hazelden
20 min. JH,SH,C,A,[CC].

Young people ages seventeen to twenty-
two describe how they learned the hard
way that there is no such thing as a safe
or recreational drug.

VNA, 2001.

Permanent Midnight.

Artisan Entertainment
88 min. Rated "R" A,P,[CC].

Jerry Stahl, a successful TV writer and recovering heroin addict remembers the permanent midnight of his addiction in this feature film true story starring Ben Stiller.

PN1995.9.D78 P47 1998

Prayer: The Path to God's Will.

Kelly Productions
45 min. G, Ed, P.

Using religious anecdotes and stories, Father Joseph Martin focuses on the 11th step of Alcoholics Anonymous. His lecture is aimed at bringing those searching for sobriety closer to God.

HV5278.M37 P73 1999

Prescription Drug Abuse.

Film Ideas
22 min. SH,C,A.

Contrary to what many believe, prescription drugs can be just as hazardous to a person's health and well being as illicit street drugs. Take a hard look at a widespread problem and understand why drugs of any type should never be used recreationally.

RM146.5 P74 2001

The Real True & False about Alcohol, Marijuana, and Inhalants.

Discover Films Video.
15 min. JH,SH,Ed.

High school narrators lead middle school students through drug-specific sections by asking them true-false questions. Emergency room doctors, law enforcement officers, and drug-free high school students support the teen guides throughout, providing a positive social norms message for a drug-free lifestyle.

HV5822.M3 R43 1999

The Real True & False about Club Drugs, Prescription Drugs and Street Drugs.

Discover Films Video.
17 min. JH.

Drug-free high school students, medical, and law enforcement experts help middle schoolers understand the truths and myths surrounding these lethal drugs, promoting positive lifestyle choices.

HV5824.Y68 R43 2002

Reality Check: A Marijuana Prevention Video.

Hazelden
18 min. JH,SH,C,Ed,[CC].

Exposes teens to the reality of the physical, mental, and emotional dangers of this increasingly popular drug.

Provides viewers with skills and positive alternatives to avoid the pitfalls of pot.

HV5822.M3 R435 1999

The Reality of Drug Use.

AIMS Multimedia
21 min.

JH,SH,C,A.

Four teen drug users experience the dark side of drug use. Each is “flipped” into a scenario involving the consequences of continued drug and alcohol abuse: arrest/treatment, DWI, homelessness, and overdose/death. The teens react strongly to their dramatized situations, vowing they don’t want to see any of this happen for real.

HV4999.Y68 R435 2002

Recovery: A Family Affair.

AIMS Multimedia.
30 min.

SH,C,A.

Focuses on family issues related to addiction, recovery, and reentry into society. Stresses the importance of building support systems, positive relationships, and healthy boundaries.

HV4998 R43 2000

Relapse: The Illusion of Immunity.

Claudja, Inc.
27 min.

HP, P.

Dr. Claudia Black’s overview of relapse brings new insight to the issues

involved. She discusses four factors which can hamper recovery from alcoholism or drug abuse: overconfidence, control (of others), fear of feelings, and keeping secrets.

RC489.R44 R45 1998

Requiem for a Dream.

Artisan Home Entertainment
102 min. Unrated [explicit]. A,P,[CC].

A lonely widowed mother, her son, his girlfriend and best friend all pursue happiness, despite their addictions in this critically acclaimed feature film from director Darren Aronofsky starring Ellen Burstyn, Jared Leto, Jennifer Connelly and Marlon Wayans.

PN1995.9.D78 R47 2001

Recovery: A Family Affair

Kineticvideo

30 min.

C,A,P,[CC].

Focuses on family issues related to addiction, recovery and returning to the community after treatment. Discussions are focused on the behaviors and expectations of the alcoholic or addict and their family prior to and after being released from treatment and/or incarceration.

VNA, 2000.

Rush.

MGM/UA Home Video

120 min.

Rated R. C,A,[CC].

1991 feature film starring Jason Patric and Jennifer Jason Leigh. Undercover narcotics officers Jim Raynor (Patric) and Kristen Cates (Leigh) are partners who become lovers and addicts as they infiltrate the local drug scene in order to bring down a suspected drug lord.

PN1995.9.D78 R87 1991

The Secret to a Satisfied Life.

Hazelden Educational Materials
44 min. A,P.

Host Earnest Larsen shows how the way you encounter life can bring happiness, no matter what happens. He asserts that adjusting one's attitudes, beliefs, and decisions can profoundly affect the path to recovery.

BF637.S4 S43 1992

SmokeFree TV: A Nicotine Prevention Video.

Hazelden Foundation
20 min. JH.

Through a variety of engaging youth-focused vignettes, students will learn about the health risks associated with nicotine use and the struggles of nicotine addiction.

HV5745 .S59 1999

Smoking: The Toxic Truth.

Discover Films Video

26 min. JH,SH.

This documentary style program presents teens warning their peers about tobacco toxicity and addiction, giving them the good advice to say no to smoking. Interviews with cancer patients and medical personnel introduce in graphic fashion the message that smoking can, and will, kill you.

RA1242.T6 S665 2002

Sports & Drugs.

CNS Productions
37 min. SH,C,A.

Examines the effects of therapeutic, performance-enhancing, and social/recreational drugs on an athlete's performance. Uses live action, animation, graphics, and interviews with athletes, coaches, and medical experts to explore the issues.

RC1230 .S66 1998

Straight from the Heart: Stories of Mothers Recovering From Addiction.

Vida Health Communications
28 min. G, Ed, HP,P.

A motivational program for and about women with histories of substance abuse. Seven mothers at various stages of sobriety speak about motherhood, their past, and about addiction, the disease they have in common.

HV4999.W65 S87 1991

Step 3 for Adults.

Hazelden.
14 min.

A,P,[CC].

Men and women in recovery candidly share their triumphs and setbacks in working step three, maintaining a conscious contact with a higher power, finding a sponsor, and learning to have sober fun.

HV5278.S73 2004

Students Like Me: Teaching Children with FAS.

Vida Health Communications
39 min.

Ed.

Created to help elementary school teachers understand the needs of children with fetal alcohol syndrome (FAS). Explains how FAS affects children and what teachers can do to help students with FAS reach their fullest potential in the classroom. The techniques illustrated can be used in classes of all sizes. Features interviews with special education consultants.

RG629.F45 S88 2000

Substance Abuse Among Latinos

Films for the Humanities and Sciences
28 min.

C,A.

Due to high unemployment and underemployment, lack of adequate housing, a failing public school system, and a shift to non-traditional families, the Latino population is at high risk for

AIDS and/or substance abuse. This program looks at specific cultural approaches being used within the Latino community to combat drug and alcohol abuse.

HV4999.L3 S83 1991

Through A Blue Lens: A New Take on Drug Abuse Prevention.

National Film Board of Canada
53 min.

C,A.

Created by the 'Odd Squad'- a group of policemen- this video examines the life of addicts in downtown Vancouver, who talk openly about who they are and how they ended up on the streets. Intended to help prevent drug use among young people; contains harsh language and graphic scenes.

HV5840.C32 V368 1999

The Truth About Teenage Alcohol Use 101: A Social Norms Approach.

Discover Films
24 min.

SH,C,A.

A social norms approach is taken to show high school students that most of their peers do not drink. Dr. David Craig leads a panel of teenagers in a discussion of what the students perceive is happening versus what is really true.

HV5135 .T785 2002

The War on Addiction: The Battle of Relapse.

GWC, Inc. and Kelly Productions, Inc.
Approx. 2 hrs. HP, P.

Father Joseph Martin and Delbert Boone speak to inmates in Hale Creek Correctional Facility in New York about recovery. Focuses on helping prisoners get and stay sober. Features interviews with prisoners at different stages of abuse and sobriety.

RC498.R44 W37 1998

Welcome Back, Devon

AIMS Multimedia
30 min. JH,SH,Ed.

A video about bullying and its consequences. A middle school student is bullied and harassed by classmates to the point that he fakes illness to avoid school. A fellow student catches the bullies, but chooses not to speak out until the victim ends up in the hospital. Viewers learn that it is important to speak out about bullying.

BF637.B85 W45 2004

When Addiction and Mental Disorders Co-Occur.

U.S. Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.
60 min. A,HP.

Drug and alcohol dependence. Mental disorders. Alone, each is a disease that affects the lives of millions, and both require intensive treatment. When afflicted with these diseases simultaneously, the result can be even more debilitating for an individual. This recorded webcast examines the issues and promising practices associated with treating individuals with co-occurring and co-existing disorders.

RC564.68 .W44 2003

Why Can't We Be a Family Again?

Public Policy Productions, Inc.
27 min. SH,C,A.

The emotional story of a family torn apart by substance abuse. Centers around two brothers who long to be reunited with their mother, who is battling crack addiction.

HV4999.P37 W49 2002

Women Beat the Streets: Getting Clean, Sober and Safe.

Kineticvideo
38 min. C,A,P,[CC].

Presents the poignant testimony of five recovering women with Post Traumatic Stress Disorder (PTSD). All of the suffered unspeakable trauma, yet are remaining clean today because they are aware of and addressing these issues.

VNA, 2000.

Women in Recovery.

Hazelden
22 min. C,A,P,[CC].

Women talk about how they keep their recovery strong and what they are learning about trust, faith, action, and friendship along the way.

HV4999.W6 W665 2002

Worth the Trip: Raising Children with Fetal Alcohol Syndrome.

Vida Health Communications
45 min. A,Ed,HP.

A clear and practical outline of suggestions for helping caregivers of children with fetal alcohol syndrome. Features interviews with health care professionals and parents of children with FAS. Explains causes, symptoms, and characteristics.

RG629.F45 W67 1999

NEW BOOKS

Addiction-free Naturally: Liberating Yourself from Sugar, Caffeine, Food Addictions, Tobacco, Alcohol, Prescription Drugs.

Mars, Brigitte.

Offers gentle but effective ways to ease cravings and nourish the body, as well as information on cleansing the body of accumulated toxins and finding healthy ways to combat depression, anxiety, fatigue, and stress.

RC564 .M37 2001

Addiction Recovery Tools: A Practical Handbook.

Edited by Robert Holman Coombs.

Presents verified recovery tools with a methodological “when and how” approach for each available tool. Including both Western and Eastern methods, the book catalogs the motivational, medical-pharmaceutical, cognitive-behavioral, psychosocial, and holistic tools accessible in a wide variety of settings and programs.

HV4998.A337 2001

Addictions and Change: How Addictions Develop and Addicted People Recover.

DiClemente, Carlo C.

The stages-of-change model has become widely known as a framework for conceptualizing recovery. Less well known are the processes that drive movement through the stages or how the stages apply to becoming addicted. From Carlo DiClemente, co-developer of the Transtheoretical Model, this book offers a view of the entire continuum of addictive behavior change.

RC564 .D535 2003

Adolescent Substance Abuse Treatment in the United States: Exemplary Models from a National Evaluation Study.

Sally J. Stevens, Andrew R. Morral, editors.

Examines various strategies for working with substance-abusing adolescents, with sections covering outpatient, residential, family-oriented, and modified therapeutic community programs. Gives detailed descriptions of treatment models serving a wide range of ethnic and cultural backgrounds.

RJ506.D78 A36 2003

Ageing & Addiction: Helping Older Adults Overcome Alcohol or Medication Dependence.

Colleran, Carol.

Offers research, vital medical information, compelling testimonies, and guidance focusing on the alcohol and medication problems facing older adults.

RC564.5.A34 C65 2002

Alcohol: Cradle to Grave.

Newhouse, Eric.

Exposes the societal cost of alcohol abuse and offers a compelling day-in-the-life look at the impact of alcohol on a community. Based on a Pulitzer Prize-winning newspaper series.

HV5298.G74 N49 2001

Alcoholism: The Genetic Inheritance.

FitzGerald, Kathleen Whalen.

Explores the genetic links that biologically predispose individuals to alcoholism.

RC565 .F55 2002

Arresting Addictions: Drug Education and Relapse Prevention in Corrections.

Alexander, Robert Bruce.

A drug education and relapse prevention program for training substance abuse specialists and counselors. Includes suggestions on introducing inmates to treatment, motivating them, developing an atmosphere in which confrontation of destructive attitudes can be started and maintained, and introducing the important goal of relapse prevention.

HV8836.5 .A43 2002

Ashes to Ashes: America's Hundred-Year Cigarette War, the Public Health, and the Unabashed Triumph of Philip Morris.

Kluger, Richard.

This Pulitzer Prize-winning work looks at the powerful and loosely-regulated tobacco industry, examining its historical, cultural, and legislative aspects.

HV5760 .K58 1997

Bad Neighbor Policy: Washington's Futile War on Drugs in Latin America.

Carpenter, Ted Galen.

A broad view of the fiasco that is Washington's drug war, and provides a candid portrait of the situation in Latin America.

HV5825 .C37 2003

A Bar on Every Corner: Sobering up in a Tempting World.

Erdmann, Jack.

A sequel to *Whiskey's Children*, Erdmann retraces his steps out of hell and into faith, sobriety, and sanity.

HV5293.E73 E73 2001

Becoming an Addictions Counselor.

Peter L. Myers and Norman R. Salt.

Addresses the knowledge, skills, and attitudes needed for professional preparation. The text covers a diverse menu of treatment modalities and options, with significant space devoted to ethics and confidentiality.

RC564 .M94 2000

Big Book Unplugged: A Young Person's Guide to Alcoholics Anonymous.

R., John.

A simple, concise, and often humorous guide for teens and young adults to using the Big Book of Alcoholics Anonymous.

HV5135 .R17 2003

A Brief History of Drugs: From the Stone Age to the Stoned Age.

Escohotado, Antonio.

Shows how the story of drugs illuminates the story of humanity, exploring the long relationship between human beings and mind-altering substances.

HV5801 .E83 1999

The Business Style Handbook: An A-to-Z Guide for Writing on the Job with Tips from Communications Experts at the Fortune 500.

Cunningham, Helen.

A practical, comprehensive, and easy-to-use guide for writing effectively on the job. Focuses on writing issues identified as most important in the workplace by communications executives from the Fortune 500. More than 1,200 entries.

HF5718.3 .C86 2002

Busted: Stone Cowboys, Narco-Lords and Washington's War on Drugs.

Edited by Mike Gray.

Drawing on writing from across the political spectrum, this work charts the violence, chaos, and corruption that America's 'unwinnable' war on drugs has spawned.

HV5825 .B885 2002

Buzzed: The Straight Facts about the Most Used and Abused Drugs from Alcohol to Ecstasy. 2nd edition.

Kuhn, Cynthia et al.

With the goal of informed decision-making, this no-nonsense handbook provides the general public with balanced, objective information on the most often used and abused drugs, from alcohol, caffeine, and nicotine, to heroin and ecstasy.

RM316 .K84 2003

Chemical Dependency and the African American.

Bell, Peter.

Explains how issues related to race, culture, and class play a vital role in treating addiction as a physical, mental, and emotional disorder.

HV4999.A47 B45 2002

Chemical Dependency Counseling: A Practical Guide.

2nd edition.

Perkinson, Robert R.

Combines the traditional twelve-step program with cognitive behavioral therapy and motivational enhancement. Chapters cover the gamut of treatment issues, including screening, detoxification, assessment, dual diagnosis, treatment planning, individual therapy, group therapy, case management, crisis intervention, referral, record keeping, and discharge planning.

RC564 .P47 2002

Children of Alcoholics: Selected Readings, Volume II.

Edited by Stephanie Abbott.

A monograph representing a variety of perspectives and professional experience from clinicians and researchers in the family addiction field.

HV5132 .C457 2000

Clinician's Guide to Substance Abuse.

David E. Smith and Richard E. Seymour

Part of Hazelden's 'Chronic Illness Series', this work provides a comprehensive introduction to substance abuse and treatment, covering medical complications and examining issues specific to women, children, families, etc.

RC564 .S45 2001

A Comprehensive Guide for Integrated Treatment of People with Co-Occurring Disorders.

Edited by Diane Doyle Pita, LeRoy Spaniol.

Explores parameters and course of disorders, assessment, treatment, cognitive-behavior approaches, clinical issues, role recovery, family and self-help support, and legal system involvement.

RC564.68 .C66 2002

Cool, Hip & Sober: 88 Ways to Beat Booze and Drugs.

Manville, Bill.

Noted writer and radio host Bill Manville sums up what he's learned in more than forty years of research ... twenty as a drunk and over twenty in recovery. From his popular radio show *Addictions and Answers*, Manville has compiled a list of 88 questions and answers dealing with issues faced by alcoholics, addicts, and their loved ones.

HV4998 .M36 2003

***Counseling Lesbian, Gay, Bisexual,
and Transgender Substance Abusers:
Dual Identities.***

Finnegan, Dana G.

Examines ways to help the LGBT population, including special treatment issues, stages of identity transformation, counseling approaches, and resources.

HV5139 .F56 2002

***Countertransference in Chemical
Dependency Counseling.***

Forrest, Gary G.

Examines the emotional, behavioral, cognitive, and interpersonal responses of chemical dependency counselors to their clients.

RC489.C68 F67 2002

***Cracked: Putting Broken Lives
Together Again, A Doctor's Story.***

Dr. Drew Pinsky with Todd Gold.

Dr. Drew Pinsky is best known as the cohost of the long-running advice program *Loveline*. But he is also the medical director of an addiction rehab clinic in Southern California, treating the severest cases of drug dependency and psychiatric breakdown. Pinsky takes readers into the hospital with him, sharing the stories behind his struggle to help his patients regain control of their lives.

RC564 .P56 2003

***Crossing the Quality Chasm: A New
Health System for the 21st Century.***

Institute of Medicine.

A call for a sweeping redesign of the American health care system. The text documents causes of the quality gap and identifies ways to implement change in order to meet performance expectations for the 21st century health care system.

RA395.A3 I576 2001

***The Decline of Substance Use in Young
Adulthood: Changes in Social
Activities, Roles, and Beliefs.***

Jerald G. Bachman ... [et al.].

Examines how changes in attitudes and social and religious experiences among young adults are related to changes in substance use, family transitions, living arrangements, college experience, and employment.

HV4999.Y68 D46 2002

***Dehumanizing Discourse, Anti-Drug
Law, and Policy in America: A "Crack
Mother's" Nightmare.***

Assata Zerai and Rae Banks.

Using black feminist analysis, this work examines significant sexist, racist, and class-based ideologies which underlie drug policy and legislation, and the social construction of the crack mother.

HV5824.W6 Z47 2002

Double Down: Reflections on Gambling and Loss.

Barthelme, Steven and Frederick.

A memoir of compulsion and complex family psychology by two brothers who recount their firsthand experiences with organized gambling. They lost close to a quarter million dollars in gambling boats off the Mississippi coast and were eventually cleared of charges of violating state gambling laws.

RC569.5.G35 B37 1999

The Dream Drugstore: Chemically Altered States of Consciousness.

Hobson, J. Allan.

A new look at altered states of consciousness focusing on brain chemistry and the concept of chemical balance. Presents evidence that drugs with transformative effects on consciousness interact with naturally occurring chemicals in the brain.

QP411 .H63 2001

Drinking: A Love Story.

Knapp, Caroline.

Knapp's ruthless self-examination, moral courage, and singular ability as a writer inform this remarkable memoir

with many new insights about alcoholism and life.

HV5293.K53 K53 1996

Drug Abuse Prevention: A School and Community Partnership.

Richard Wilson and Cheryl Kolander.

This text is designed to teach students and practitioners the important concepts and skills needed in designing prevention programs, assessing the merits of prevention materials, interacting with community constituents, and evaluating the impact of drug abuse prevention programs.

HV5825.W57 2003

Drug Misuse and Motherhood.

Hilary Klee, Marcia Jackson, and Suzan Lewis.

Incorporating both user and professional perspectives derived from longitudinal research and in-depth interviews, this work provides insight on drug use and its affect on family life.

HV5824.W6 D79 2002

Drug Use, Policy, and Management.

Isralowitz, Richard.

A broad overview of the problem of drug use, including key terms and classes of drugs, examination of social context and forces, and commentary on

organization and management of drug services provision.

HV5825 .I85 2002

Drugs, Behavior, and Modern Society.
3rd edition.

Levinthal, Charles F.

Explores topics such as drugs and behavior today, how drugs work in the body, stimulants, narcotics, hallucinogens, marijuana, steroids, alcohol, alcoholism, nicotine and tobacco, caffeine, inhalants, legal drugs, prevention, treatment, and education.

HV5801 .L49 2002

Drugs, Crime, & Justice.
2nd edition.

Edited by Larry K. Gaines and Peter B. Kraska.

The issues of drugs, crime, and justice are important and complex. There are unquestionably harmful effects from some drug use. There are also harmful effects from the drug war. The articles in this collection address numerous dimensions of the use of mind-altering substances, providing the necessary background for understanding current policy and for considering possible avenues for change.

HV5825 .D779 2003

Drugs of Abuse.

Produced and published by Drug Enforcement Administration, U.S. Department of Justice.

Delivers clear, scientific information about narcotics, depressants, stimulants, cannabis, hallucinogens, steroids, and inhalants.

HV5825 .D78 2003

Drugs, Oil and War: The United States in Afghanistan, Colombia, and Indochina.

Scott, Peter Dale.

Explores the underlying factors that have engendered a U.S. strategy of indirect intervention in Third World countries through alliances with drug-trafficking proxies, and how covert interventions have escalated into war.

JK468 .I6 S36 2003

Dual Diagnosis.

Edited by Richard N. Rosenthal.

This collection of articles addresses vulnerability, screening, and differential diagnosis of substance abuse within individuals with co-occurring mental disorders.

RC564.68 .D687 2003

The Dual Diagnosis Recovery Sourcebook: A Physical, Mental, and Spiritual Approach to Addiction with an Emotional Disorder.

Ortman, Dennis.

Explores the physical, psychological, social, and spiritual approaches to recovering from this often misunderstood and yet surprisingly common condition.

RC564.68 .O78 2000

The Early Drug Courts: Case Studies in Judicial Innovation.

Terry, W. Clinton, III, editor.

This volume focuses on five case studies in judicial innovation (the dedicated drug treatment courts in Miami, Oakland, Ft. Lauderdale, Portland, and Phoenix) and offers a roadmap for the effective utilization of federal funds earmarked for the creation of drug courts.

KF3890 .E17 1999

Ecstasy: The Complete Guide: a Comprehensive Look at the Risks and Benefits of MDMA.

Edited by Julie Holland.

An unbiased look at the risks and benefits of Ecstasy, offering a critical resource for anyone seeking credible information. Explores how it works, how to minimize the health risks of illicit use, and its promise as a treatment for depression, post-traumatic stress disorder, chronic pain, and other illnesses.

RM666.M35 E378 2001

Ecstasy and the Rise of the Chemical Generation.

Hammersley, Richard.

The first research-based book-length study of Ecstasy, the most talked-about drug of the 1990s. Based on one of the largest government-funded studies ever undertaken in the UK, this book gives voice to the chemical generation and the drug that defines them.

HV5822.M38 H36 2002

The Emergence of Crack Cocaine Abuse.

Cooper, Edith Fairman

Provides background information about the arrival and rise of crack cocaine abuse in the U.S., and suggests possible approaches to avert future drug crises.

HV5810 .C66 2002

Essentials of Chemical Dependency Counseling. 3rd edition.

Gary W. Lawson, Ann W. Lawson, and P. Clayton Rivers.

The third edition of this well-known, evidence-based text presents new ways of thinking about and addressing problems related to chemical dependency treatment and prevention, exploring the full range of issues that face today's counselors and counselors-

in-training. Also included are practical suggestions for career success.

HV5825 .L385 2001

Ethnicity and Substance Abuse: Prevention and Intervention.

[Compiled and edited] by Grace Xueqin Ma and George Henderson.

A fresh, interdisciplinary approach to understanding drug abuse problems with the U.S. ethnic minority community, including African American, Asian Pacific American, Hispanics, and Native Americans.

HV5824.E85 E875 2002

Ethnocultural Factors in Substance Abuse Treatment.

Shulamith Lala Ashenberg Straussner, editor.

A nuanced discussion of addictive behaviors and their treatment among 19 ethnocultural groups in the United States, with concrete recommendations for enhancing individual treatment success.

HV4999.E85 E84 2001

Ever Wondered If Your Child Will Use Drugs?: The Essential Parent's Guide for Drug Prevention: How to Recognize Early Warning Signs, Reduce the Risks and Save Your Child's Future!

Elliott, Crystal.

Crystal Elliott, noted speaker and expert on adolescent drug use and abuse shares her wealth of knowledge and in-depth research with every parent, so that they may be better equipped to prevent their children from taking dangerous risks and walking down the path of addiction.

RJ506.D78 E44 2002

Family Recovery and Substance Abuse: A Twelve-Step Guide for Treatment.

Nowinski, Joseph K.

Offers clinicians a structured, research-based approach to working with significant others involved with substance abusers. Emphasizing unilateral family therapy, this practical book offers therapists methods to improve the well-being of concerned significant others and to teach them how to restructure their relationship to the substance abuser in ways that may enhance the substance abuser's motivation to change.

HV4998.N69 1999

The Fellas: Overcoming Prison and Addiction.

Terry, Charles M.

Based on the life histories of 20 men, the book provides a means of understanding the social forces and situations that can lead people into and away from lifestyles that center around the chronic use of drugs and imprisonment.

HV8836.5 .T47 2003

Fighting Back: Women and the Impact of Drug Abuse on Families and Communities.

Murphy-Lawless, Jo.

Drawing on Dublin's inner city conditions, this work focuses on women as mothers trying to cope with the problem of drug abuse as it affects their children and extended family, as well as women as community organizers trying to protect and improve their neighborhoods.

HQ1600.3 .M87 2002

Get Your Loved One Sober: Alternatives to Nagging, Pleading, and Threatening.

Robert J. Meyers and Brenda L. Wolfe.

Based on the Community Reinforcement and Family Training Model, this work provides guidance and tools for recognizing patterns in interaction with loved ones and methods to change these to achieve happier, healthier results.

HV5278 .M39 2004

A Ghost in the Closet: Is there an Alcoholic Hiding?

Mitchel, Dale.

Drawing on his experiences, Mitchel presents a comprehensive and compelling view of alcoholism and the

recovery process, shining a light on self-understanding and self-forgiveness along the recovery path.

HV5279 .M58 1999

Group Treatment for Substance Abuse: A Stages-of-Change Therapy Manual.

Mary Marden Velasquez ... [et al.]

A practical manual presenting a 29-session treatment program designed to engage, motivate, and stimulate processes of change in clients at all stages of recovery.

RC564 .G768 2001

The Handbook of Addiction Treatment for Women: Theory and Practice.

Edited by Shulamith Lala Ashenberg Straussner and Stephanie Brown.

Offers an historical context on the issue of women and addiction, examines the myriad challenges of the female addict, and includes recommendations for choosing a course of treatment that will meet the specific needs of an individual woman addict.

RC564.5.W65 H36 2002

Harm Reduction Psychotherapy: A New Treatment for Drug and Alcohol Problems.

Edited by Andrew Tatarsky.

This ground-breaking volume provides readers with both an overview of harm reduction therapy and a series of ten case studies, treated by different therapists, that vividly illustrate this treatment approach with a wide variety of clients.

RC564 .H376 2002

Hellfire Nation: The Politics of Sin in American History.

Morone, James A.

Recasting American history as a moral epic, explores how America became a nation with the soul of a church.

E183 .M67 2003

How to Form a Nonprofit Corporation.

Mancuso, Anthony.

Details how to start a nonprofit organization in all 50 states. Includes all forms for Articles of Incorporation, bylaws and minutes as text and on CD-ROM.

MC, 2002.

Illegal Drugs: A Complete Guide to their History, Chemistry, Use, and Abuse.

Gahlinger, Paul M.

A complete reference describing all 178 illegal drugs and explaining every aspect of their use.

RC566 .G34 2001

Improving Treatment Compliance: Counseling and Systems Strategies for Substance Abuse and Dual Disorders.

Daley, Dennis C.

Addresses how to get clients to attend treatment and motivate them to work on the problems that are causing them pain and dysfunction.

RC564 .D35 1999

In Search of Respect: Selling Crack in El Barrio. 2nd edition.

Bourgois, Philippe.

In this ethnographic study, Bourgois gained the trust of East Harlem drug dealers and revealed the realities of street culture and crack economy within the neighborhood. This updated edition adds a prologue and epilogue describing changes that have occurred since the original 1995 publishing.

HV5810 .B68 2003

Innovations in Adolescent Substance Abuse Interventions.

Edited by Eric F. Wagner and Holly B. Waldron.

Provides a single reference source for state-of-the-art, empirically tested approaches to assessing, preventing, and treating adolescent substance use problems.

HV4999.Y88 I56 2001

Integrated Treatment for Mood and Substance Use Disorders.

Fourteen clinicians provide differing points of view on issues such as methods of assessment, typical courses, treatments (including psychotherapy and pharmacotherapy), and proceeding with treatment before a clear diagnosis is known.

Edited by Joseph J. Westermeyer, Roger D. Weiss, Douglas M. Ziedonis.

RC564 .I58 2003

Learning to Smoke: Tobacco Use in the West.

Hughes, Jason.

Looking at the experience of smoking in a variety of different historical and cultural contexts, Hughes lays out the long-term development of tobacco use in the West to show how its once common reputation as a panacea gave way to its current standing as a pandemic.

HV5730 .H84 2003

Liquid Lover: A Memoir.

Moriarty, John.

A memoir of addiction, recovery, and hope. A story of recovery, not just from addiction, but from self-hatred and the ghosts of the past. A blisteringly real

account of a gay man's survival and triumph, this memoir serves not as a cautionary tale but as a call to action for anyone with demons to battle.

HV5139 .M67 2001

Love First: A New Approach to Intervention for Alcoholism and Drug Addiction.

Jay, Jeff.

Dispels two myths: that an addict has to hit bottom and that intervention must be confrontational.

HV5132 .J39 2000

Love on the Rocks: Men, Women, and Alcohol in Post-World War II America.

Rotskoff, Lori.

Draws on short stories, advertisements, medical writings, and Hollywood films to investigate how gender norms and ideologies of marriage intersected with scientific and popular ideas about drinking and alcoholism.

HV5292 .R68 2002

Managing the Dually Diagnosed Patient: Current Issues and Clinical Approaches. 2nd edition.

David O'Connell and Eileen Beyer, editors.

Updated edition which includes literature overview on dual diagnosis

assessment and treatment, with new information on considerations for women and adolescents and examination of increased restrictions placed on treatment in the age of managed care.

RC564.68 .M36 2002

Mass Media and Drug Prevention: Classic and Contemporary Theories and Research.

Edited by William D. Crano and Michael Burgoon.

Tells the story of the media's potential in the war against drug abuse. Based on scientific evidence gathered from the early 1920s to the present on the use of media in health promotion and disease prevention. The successes and failures of past approaches are examined, and advice about the logical steps that should be taken to help alleviate the crisis of drug abuse is featured throughout.

HV5825 .M375 2002

Measuring Treatment Progress: An Outcome Study Guidebook.

Owen, Patricia L.

An easy-to-follow, step-by-step guide for treatment providers interested in designing and conducting outcome studies for their programs.

RC564.O94 2003

Mental Health in Black America.

Edited by Harold W. Neighbors and James S. Jackson.

Details the self-reported stress of being black in America and documents the cultural resources African Americans draw upon to overcome adversity and maintain a positive, healthy perspective on life.

RC451.5 .N4 M46 1996

More Terrible Than Death: Massacres, Drugs, and America's War in Colombia.

Kirk, Robin.

A history of the U.S. role in Colombian conflicts and a narrative about the Colombian lives affected by the violence.

HV5840.C7 K57 2003

Motivational Interviewing: Preparing People for Change.

Miller, William R.

Reviews the conceptual and research background supporting motivational interviewing, and examines the ambivalence that prevents people from making changes in their lives.

RC533 .M55 2002

My Name is Bill.

Cheever, Susan.

A biography of Bill Wilson, influential founder of Alcoholics Anonymous, drawn from personal letters and diaries, archival records, and hundreds of interviews.

HV5032.W19 C44 2004

A Nation Under the Influence: America's Addiction to Alcohol.

Peterson, J. Vincent.

A current view of America's use of, abuse of, and dependence on alcohol, with prevention and treatment approaches presented. For professionals and concerned laypersons who care for persons who are, or may be, suffering with or recovering from alcohol addiction.

HV5292 .P48 2003

Note Found in a Bottle: My Life as a Drinker.

Cheever, Susan.

Cheever addresses the profound effects that drinking had on her life, in shaping her relationships with men and in influencing her as a writer.

HV5293.C44 C44 1999

Neurobiology of Addictions: Implications for Clinical Practice.

Edited by Richard T. Spence, et al.

A collection of articles which provide comprehensive exposure to such key

concerns as the neurobiological causes of addiction and the impact of drugs and alcohol on the brain throughout the life cycle.

RC563.2 .N48 2001

A Collection of NIDA Notes: Articles that Address Research on Club Drugs.

National Institute on Drug Abuse.

Collected brief articles addressing statistics of teen drug use and the effects of specific club drugs including ecstasy, methamphetamine, and ketamine.

RM316 .C65 2003

Of Course You're Angry: A Guide to Dealing with the Emotions of Substance Abuse. 2nd ed.

Rosellini, Gayle.

First published in 1985, this second edition on the nature and reolution of anger shows readers how to make anger work in a positive and effective way that can ease, rather than exacerbate, the problems and challenges of early recovery.

BF575.A5 R67 1997

One Breath at a Time: Buddhism and the Twelve Steps.

Griffin, Kevin.

A ground-breaking coming together of Twelve Step principles with Buddhist

teaching in a way that is practical,
personal, and liberating.

BQ4570.T85 G74 2004

Parental Substance Misuse and Child Welfare.

Brynna Kroll and Andy Taylor.

Focusing on the needs of children of substance misusing parents and the dilemmas faced by professionals working with them, this work brings together theoretical and practice issues for all those involved with the crossover between responses to drug and alcohol problems and child welfare.

HV4999.P37 K76 2003

Passages Through Recovery: An Action Plan for Preventing Relapse.

Gorski, Terence T.

Helps chemically dependent people understand how recovery works and what is needed to move from active addiction to sobriety.

RC565 .G67 1989

The Power of Appreciative Inquiry: A Practical Guide to Positive Change.

Whitney, Diana Kaplin.

Dramatically improves performance by encouraging people to study, discuss, learn from, and build on what's working,

rather than simply trying to fix what's not.

HD30.3 .W55 2003

Pregnant Women on Drugs: Combating Stereotypes and Stigma.

Sheigla Murphy and Marsha Rosenbaum.

Through extensive interviews, the authors examine how pregnant addicts make choices about drug use, pregnancy, and prenatal care. To combat the stereotype of negligence, they seek to understand the feelings and motivations of the women themselves.

HV5824.W6 M87 1999

Prescription Drug Addiction: The Hidden Epidemic: A Guide to Coping and Understanding.

Colvin, Rod.

Offers compelling stories of recovery, along with advice and insights from addiction medicine specialists. Provides the perspectives of therapists, pharmacists, pain management experts, and fraud investigators.

RM146.7 .C65 2002

Preventing Workplace Substance Abuse: Beyond Drug Testing to Wellness.

Joel B. Bennett and Wayne E.K. Lehman, editors.

Sheds light on the limitations of drug testing and demonstrates how individual and organizational wellness can more effectively cut employee alcohol and drug abuse.

HF5549.5.D7 P74 2003

Prevention that Works! A Guide for Developing School-Based Drug and Violence Prevention Programs.

Knowles, Cynthia R.

A handbook for implementing effective school prevention programs with guidelines, glossaries, and advice on online funding.

LB3013.3 .K56 2001

Psychology of Alcohol and Other Drugs: A Research Perspective.

Jung, John.

Exposes students to a variety of social and political opinions both for and against drug availability, and provides exposure to psychological and medical issues which can lead to intelligent choices.

RC565 .J86 2001

The Pursuit of Oblivion: A Global History of Narcotics.

Davenport-Hines, R. P. T.

An account of the history of drug use, presenting insights into the history of human need and addiction. Melds social,

political, and cultural history to illustrate that intoxication is neither unnatural nor deviant.

HV5801 .D38 2002

The Quest for Drug Control: Politics and Federal Policy in a Period of Increasing Substance Abuse, 1963-1981.

Musto, David F.

Between 1960 and 1980 various administrations attempted to deal with a rising tide of illicit drug use that was unprecedented in U.S. history. This book provides a close look at the politics and bureaucracy of drug control policy during those years, showing how they changed during the presidencies of Johnson, Nixon, Ford, and Carter and how much current federal drug-control policies owe to those earlier efforts.

HV5825 .M87 2002

A Question of Intent: A Great American Battle with a Deadly Industry.

Kessler, David.

As former Commissioner of the FDA, Kessler imparts in-depth knowledge about the tobacco industry. Exploring every possible avenue, interviewing terrified informants, conducting forensic tests, and obtaining secret documents, the FDA team found themselves aiming at the heart of the world's most powerful corporations, and at the center of an intense political struggle.

KF3894.T63 K47 2001

***Random Family: Love, Drugs, Trouble,
and Coming of Age in the Bronx.***

LeBlanc, Adrian Nicole.

A true urban soap opera that illustrates the intricacies of a little-known ghetto world full of “gangsta glamour, gold-drenched drug dealers, and street-corner society.”

HV4046.N7 L43 2003

The Real Drug Abusers.

Leavitt, Fred.

An eye-opening book documenting disturbing trends in the legal drug industry which urges American society to change its medical and policy approaches to drugs.

RM263 .L43 2003

***Reducing Adolescent Risk: Toward an
Integrated Approach.***

Edited by Daniel Romer.

A summary of presentations at the Adolescent Risk Communication Institute, this work focuses on common influences that result in a number of interrelated risk behaviors in order to design more unified, comprehensive prevention strategies.

RJ506.R57 R43 2003

***Reducing Underage Drinking: A
Collective Responsibility.***

National Research Council, Institute of
Medicine.

Examines pervasive dangerous behavior amongst America’s youth and explores ways in which many groups and individuals contribute to both the cause of and solution to the problem of underage alcohol use.

HV5135 .R43 2004

***Reefer Madness: Sex, Drugs, and
Cheap Labor in the American Black
Market.***

Schlosser, Eric.

Investigates America’s black market and its far-reaching influence on our society through three of its mainstays: pot, porn, and illegal immigrants. From the author of *Fast Food Nation*.

HD2346.U52 S34 2003

***Reinventing Justice: The American
Drug Court Movement.***

Nolan, James L., Jr.

Constructs an overall picture of the drug court phenomenon and its place in an American history of the social control of drugs.

KF3890 .N65 2001

Relapse and Recovery in Addictions.

Edited by Frank M. Tims, Carl G. Leukenfeld, and Jerome J. Platt.

Leading experts in the field of addictions report on key aspects of addictive disorders, focusing on relapse, the long-term course of addiction to drugs or alcohol, and interventions to prevent relapse and promote recovery.

RC489.R44 R453 2001

Relapse Prevention: Maintenance Strategies in the Treatment of Addictive Behaviors.

Edited by G. Alan Marlatt, Judith R. Gordon.

Provides a framework for helping individuals with addictive behavior develop the skills to remain abstinent once they have kicked the habit.

RC564 .R45 1985

Relapse Prevention Counseling for African Americans: A Culturally Specific Model.

Roland Williams and Terence T. Gorski

An in-depth look at relapse among African Americans recovering from addiction and what can be done to prevent it.

HV5824.E85 W54 1997

Resilience and Development: Positive Life Adaptations.

Meyer D. Glantz and Jeannette L. Johnson, editors.

An examination of the characteristics of resilience and how they offer the possibility of more effective interventions by building on the positive and strengthening the individual.

HV4998 .R47 1999

The Road of Excess: A History of Writers on Drugs.

Boon, Marcus.

Explores the age-old association between drugs and literature by drawing on history, science, biography, literary analysis, and ethnography.

PN56.N18 B66 2002

Road of Sighs: Poems, 1985-2001.

Murphy, James.

A realistic portrait of drug addiction as relayed through the poetry of a user and member of the American drug culture.

PS3613.U737 R63 2002

School-Based Drug Prevention: What Kind of Drug Use Does it Prevent?

Jonathan P. Caulkins ... [et al.].

Analyzes the costs and effectiveness of several scientifically evaluated drug prevention programs, along with the social costs of the use of various substances.

HV5824.Y68 S34 2002

Secrets of Successful Fundraising: the Best from the Non-Profit Pros.

Compiled and edited by Carol Weisman.

Nineteen nonprofit gurus share their fundraising secrets.

HV41.2 .S43 2000

Sober for Good.

Fletcher, Anne M.

Drawing on advice from those who have succeeded, this book offers new solutions for drinking problems that shatter long-held assumptions about alcohol recovery.

HV5276 .F65 2001

The Sober Kitchen.

Scott, Liz.

A guide to eating and cooking for a healthy and successful recovery. The book incorporates basic nutrition information, current addiction research, advice, and 300 recipes.

TX714 .S36 2003

The Social Norms Approach to Preventing School and College Age Substance Abuse.

H. Wesley Perkins, editor.

By identifying young people's dramatic misperceptions about their peers' norms, this handbook offers educators, counselors, and clinicians a new and successful alternative to traditional methods for preventing substance abuse among young people.

HV4999.Y68 S63 2003

Staying Sober: A Guide for Relapse Prevention.

Gorski, Terence T.

A practical manual for understanding the relapse dynamic. For frontline counselors, recovering clients, and health professionals.

RC489.R44 G677 1986

Staying Sober in Mexico City.

Brandes, Stanley.

A study of Alcoholics Anonymous in Mexico City. The work employs ethnography and analyzes the group's social dynamics, therapeutic effectiveness, and ritual and spiritual life.

HV5283.M62 M483 2002

***Substance Abuse Assessment and
Diagnosis: A Comprehensive Guide for
Counselors and Helping Professionals.***

Juhnke, Gerald A.

Substance abuse counseling has gone beyond being viewed as optional training; instead it is fast becoming an essential part of the education of helping professionals. Dr. Gerald Juhnke presents a practical model for use in the assessment and diagnosis of substance abuse and related co-morbid disorders.

RC564.J84 2002

***Substance Abuse Prevention: The
Intersection of Science and Practice.***

Hogan, Julie A., et al.

Presents the science-based components of substance abuse prevention practice, a rapidly growing profession in the United States. This text presents the most current knowledge in the field, critically analyzing what does and doesn't work when implementing prevention programs.

HV4999.2 .H64 2003

***Substance Abuse Treatment and the
Stages of Change: Selecting and
Planning Interventions.***

Synthesizes the latest theory and research on the process of addictive behavior and offers concrete guidance for tailoring interventions to clients with varying levels of motivation or readiness to change.

Edited by Gerard J. Connors, Dennis M. Donovan and Carlo C. DiClemente.

RJ 506 .D78 C66 2001

***Taking Sides: Clashing Views on
Controversial Educational Issues.***

Selected, edited, and with introductions by James Wm. Noll.

A debate-style reader featuring the arguments of leading educators and social commentators. Designed to introduce students to controversies in education.

LB41 .T35 2003

***The Therapeutic Community: Theory,
Model and Method.***

De Leon, George.

A comprehensive treatise on the therapeutic communities model of drug abuse treatment, including history, conceptual framework, and practices and policies.

RC489.T67 D43 2000

The Thin Book of Appreciative Inquiry.

Hammond, Sue Annis.

An introduction to appreciative inquiry, which proposes that in every organization something works, and that change can be managed through the identification of what works and the

analysis of how to do more of what works.

HD58.8 .H36 1998

Thirst: God and the Alcoholic Experience.

Nelson, James B.

Reflections on the complex theological issues involved in addiction and recovery from James B. Nelson, Professor Emeritus of Christian Ethics, United Theological Seminary of the Twin Cities.

HV5186 .N45 2004

Tobacco Control: Comparative Politics in the United States and Canada.

Studlar, Donley T.

A comparison of the course of tobacco control policy, regulation, and taxation on several levels of government within each country.

HV5770.C2 S78 2002

Trauma and Addiction: Ending the Cycle of Pain through Emotional Literacy.

Dayton, Tian.

Focusing on the esteem-building and ego-strengthening skills of emotional literacy, this work provides research and case studies which indicate the effective role that resilience can take in resolving

and healing the trauma and addiction cycle.

RC552.T7 D39 2000

Trauma and Substance Abuse: Causes, Consequences, and Treatment of Comorbid Disorders.

Edited by Paige Ouimette and Pamela J. Brown.

Explores the under-diagnosed connection between drug use and posttraumatic stress disorder (PTSD). Patients with PTSD often use alcohol and drugs in a problematic manner classifiable as substance use disorder (SUD). By not recognizing the connection between symptoms, providers frequently misdiagnose or do not fully attend to SUD-PTSD comorbidity.

RC489.C63 T73 2003

Treatment of Drug Offenders: Policies and Issues.

Edited by Carl G. Leukefeld, et al.

Topics covered include strategies and alternatives to incarceration across criminal justice settings, employment rehabilitation, and related issues such as drug courts and clinical implications.

HV8836.5 .T74 2002

The Twelve-Step Facilitation Handbook: A Systematic Approach to Recovery from Substance Dependence.

Joseph Nowinski and Stuart Baker

Presents the techniques and protocols studied for project MATCH and examines the ongoing clinical effectiveness of this model.

RC564 .N69 2003

Unemployed No More: How to Get a Good Job Now That You are in Recovery.

Young, John L.

A job-search handbook designed specifically for persons in recovery.

HF5382.7 .Y68 2000

When Someone You Love Drinks Too Much.

Kraft, William F.

Focuses on the lives, needs, behaviors, and attitudes of those involved with problem drinkers and provides psychological and social coping skills.

HV5132 .K73 2002

Working in the Dark: Keeping Your Job While Dealing with Depression.

Fawn Fitter and Beth Gulas.

A guide to dealing with depression at the workplace, offering informative advice

on legal rights and the struggle for recovery from a depressive episode.

BF481 .F58 2002

Working with the Problem Drinker: A Solution-Focused Approach.

Insoo Kim Berg and Scott D. Miller.

Numerous case examples show the myriad ways the solution-focused therapy model can be applied to clients at different points on the substance abuse continuum and how successful it can be.

RC565 .B456 1992

Worth Protecting: Women, Men, and Freedom from Sexual Aggression.

Pamela Woll and Terence T. Gorski.

Provides a non-adversarial approach toward understanding and avoiding sexual aggression and manipulation in relationships, including the use of seduction, coercion, psychological force, and rape. Designed for women and men from early teens through the adult years.

HV6592 .W65 1995
