

2004 Texas WIC Publication List

(Nutrition Education, Breastfeeding, Outreach, Training and WIC Forms)

<http://www.tdh.state.tx.us/wichd/nut/nebfpub-s.pdf>

Stock No.	Language/Date	NUTRITION EDUCATION AND BREASTFEEDING Title / Description	Order From	Use Form
13-3	English- 5/02	Welcome To WIC Designed for the new WIC participant, this 6-page pamphlet describes various features of the WIC program and answers frequently asked questions about the program.	TDH	AG-30
13-3A	Spanish- 7/02		WIC	WIC
13-3V	Vietnamese- 9/03		WIC	WIC
13-8	English- 8/02	Calcium Discusses what iron is and what foods contain good sources of iron.	TDH	AG-30
13-8A	Spanish- 8/02		TDH	AG-30
13-9	Bilingual-12/95	Vitamin A Gives important tips on Vitamin A and what fruits and vegetables are the best sources of Vitamin A.	TDH	AG-30
13-13	English- 11/01	Shop and Save Discusses planning before you shop, shopping smart, and the use of the unit price to get the best buy.	TDH	AG-30
13-13A	Spanish- 11/01		TDH	AG-30
13-14	Bilingual- 5/02	Thinking About the Baby? Think About Breastfeeding! This brochure shows the stages of pregnancy and encourages breastfeeding.	TDH	AG-30
13-16	Bilingual-10/01	Mothe's Milk: Baby's First Immunization Bilingual poster shows a newborn breastfeeding, identifies childhood immunizations and shows a miniature of the immunizations schedule.	WIC	WIC
13-17	English-5/03	Breastfeeding.. The Gift of Love Fully illustrated and shows correct positioning and latch-on and information on how often to nurse.	TDH	AG-0
13-17A	Spanish 5/03		TDH	AG-0
13-17V	Vietnamese 9/03		WIC	WIC
13-18	English-10/97	Help! My Child is A Picky Eater! Gives tips and ways to help your picky eater.	TDH	AG-30
13-18A	Spanish-10/97		TDH	AG-30
13-19	English-3/96	Lowfat Milk: Answers To Your Questions Answers the most commonly asked questions about lowfat milk.	TDH	AG-30
13-19A	Spanish-3/96		TDH	AG-30

Stock No.	Language/Date	NUTRITION EDUCATION AND BREASTFEEDING Title Description	Order From	Use Form
13-20	English-10/02	Food Safety at Home Keep your food safe from bacteria that can make you sick.	TDH	AG-30
13-20A	Spanish-10/02		TDH	AG-30
13-25	Bilingual-6/99	I'm A Breastfed Baby Hospital crib card gives feeding instructions to the nursing staff and mom about how often baby needs to nurse and how to tell if baby is getting enough to eat and the breastfeeding information 1-800 telephone number.	TDH	AG-30
13-28	Bilingual-9/00	Tips for Caring for the Breastfed Baby in Day Care Suggestions for parents and nursery caregivers about breastfeeding baby while at the day care.	WIC	WIC
13-32	Bilingual-8/02	Get The Lead Out With Good Nutrition Discusses healthy eating and food-preparation practices to reduce lead poisoning in children.	TDH	AG-30
13-46	English-7/03	Mother's Milk for Premature Babies Tips to help give premature babies the best possible start.	WIC	WIC
13-46A	Spanish-7/03		WIC	WIC
13-50	Bilingual1/00	You Can Breastfeed Anywhere Bilingual poster illustrates that breastfeeding can be done anywhere.	WIC	WIC
13-53	English-2/03	Dad Gives tips to dads on bonding with their babies and how to be a part of the breastfeeding experience. (This replaces <i>Especially For Dads</i> , same stock number)	TDH	AG-30
13-53A	Spanish-2/03		TDH	AG-30
13-54	Bilingual-8/97	Mother's Milk: Our Most Precious Resources Promotes breastfeeding as the natural way to feed a baby in a relaxed environment, illustrates family outing.	WIC	WIC
13-58	English-3/04 Spanish-3/04	Become A Mother-Friendly Worksite Program Answers employers' questions about becoming a "mother friendly" worksite	TDH	AG-30
13-61	English-2/02	Food For Your Baby's First Year Pictorial infant feeding guide that shows the progression of foods for infants from birth to 12 months. Lists specific feeding tips at different stages and has room for the reader or nutritionist to make notes tailored to a particular infant.	TDH	AG-30
13-61A	Spanish-2/02		TDH	AG-30
13-61V	Vietnamese		WIC	WIC

Stock No.	Language/Date	NUTRITION EDUCATION AND BREASTFEEDING Title / Description	Order From	Use Form
13-66	English-5/03	Healthy Moms for Healthy Babies Provides tips for healthy eating that are geared specifically to the new mom.	TDH	AG-30
13-66A	Spanish-5/03		TDH	AG-30
13-66V	Vietnamese-5/03		WIC	WIC
13-67	English-7/00	Prevent Anemia with Iron-rich Foods Explains what anemia is and gives steps to help prevent anemia by eating iron-rich food.	TDH	AG-30
13-67A	Spanish-7/00		TDH	AG-30
13-67V	Vietnamese-9/01		WIC	WIC
13-68	Bilingual-3/00	10 Ways to Get Your Kids to Eat More Fruits and Vegetable Tips for parents on increasing child's food and vegetable consumption.	TDH	AG-30
13-69	English-6/01	Pumping in Progress. Do Not Disturb This door hanger lists the benefits of breastfeeding on the back.	WIC	WIC
13-69A	Spanish-6/01		WIC	WIC
13-75	English-10/00	Help Your Child Have a Healthy Weight Explains that an overweight child may have different health concerns and lists ways to help an over-weight child by teaching healthy eating habits and how to help a child to make healthy food choices	TDH	AG-30
13-75A	Spanish-10/00		TDH	AG-30
13-75V	Vietnamese-9/03		TDH	AG-30
13-76	Bilingual-12/03	Cereal Suggestions for feeding cereal to the four to six month old baby	TDH	AG-30
13-77	Bilingual-3/03	To The Pregnant Woman Who is Gaining Too Much Weight Special instruction sheet for the pregnant woman who is gaining too much weight.	TDH	AG-30
13-78	Bilingual-3/03	To The Pregnant Woman Who is Not Gaining Enough Weight Tips for gaining weight during pregnancy.	TDH	AG-30
13-89	English-7/98	Healthy Teeth for a Healthy Smile Gives tips on how to help your child have healthy teeth and a healthy smile.	TDH	AG-30
13-89A	Spanish-7/98		TDH	AG-30

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13-97	English-2/97	<p>Another Satisfied Customer</p> <p>Full color poster illustrates a truly satisfied customer - Mother's Milk: The best things in life are free!</p>	WIC	WIC
13-97A	Spanish-2/97		WIC	WIC
13-98	Bilingual-10/01	<p>WIC Approved Foods Shopping List</p> <p>One-page shopping list to assist participants in learning the WIC-approved foods and make their shopping experience easier at the grocery store by planning and preparing.</p>	TDH	AG-30
13-100	English-8/02	<p>Common Childhood Problems 1-9 years: What About Constipation?</p> <p>Gives answers to the most common questions and concerns that parents may have and offers suggestions on solving their concerns on constipation.</p>	TDH	AG-30
13-100A	Spanish-8/02		TDH	AG-30
13-101	English-1/04	<p>Breastfeeding And Family Planning</p> <p>Information and resources on family planning and birth control methods.</p>	TDH	AG-30
13-101A	Spanish-1/04		TDH	AG-30
13-102	English-9/02	<p>Let's Talk About Teen Moms and Breastfeeding</p> <p>Provides benefits of breastfeeding for teen parents and resources for breastfeeding help.</p>	TDH	AG-30
13-102A	Spanish-9/02		TDH	AG-30
13-103A	Spanish only	<p>Tips for Nursing Mothers: First Few Days</p> <p>Designed for staff and participants and others interested in keeping up with the latest information on breastfeeding management. Please note: Once this item has been depleted it will not be reprinted.</p>	WIC	WIC
13-107	English only	<p>Tips for Nursing Mothers: Plugged Ducts and Mastitis</p> <p>Designed for staff and participants and others interested in keeping up with the latest information on breastfeeding management. Please note: Once this item has been depleted it will not be reprinted.</p>	WIC	WIC
13-110A	Spanish	<p>Tips for Nursing Mothers: Taking Medications</p> <p>Designed for staff and participants and others interested in keeping up with the latest information on breastfeeding management. Please note: Once this item has been depleted it will not be reprinted.</p>	WIC	WIC
13-113	English only	<p>Tips for Nursing Mothers: Nursing The Older Baby</p> <p>Designed for staff and participants and others interested in keeping up with the latest information on breastfeeding management. Please note: Once this item has been depleted it will not be reprinted.</p>	WIC	WIC

Stock No.	Language/Date	<i>NUTRITION EDUCATION AND BREASTFEEDING</i> Title /Date /Description	Order From	Use Form
13-114	English	<i>Tips for Nursing Mothers: Nursing More Than One</i> Designed for staff and participants and others interested in keeping up with the latest information on breastfeeding management. Please note: Once this item has been depleted it will not be reprinted.	WIC	WIC
13-114A	Spanish		WIC	WIC
13-120	English-8/02	<i>Common Infant Problems (birth through 1 year): What About Colic?</i> Answers to the most common questions and concerns that parents may have and other suggestions on solving their concerns on infant colic.	TDH	AG-30
13-120A	Spanish-8/02		TDH	AG-30
13-121	English-8/02	<i>Common Infant Problems(birth through 1 year): What About Constipation?</i> Answers the most common questions and concerns that parents may have and offers suggestions on solving their concerns about constipation.	TDH	AG-30
13-121A	Spanish-8/02		TDH	AG-30
13-122	English-8/02	<i>Common Infant Problems (birth through 1 year): What About Crying?</i> Answers most common questions and concerns that parents may have and offers suggestions on solving their concerns about infant crying.	TDH	AG-30
13-122A	Spanish-8/02		TDH	AG-30
13-123	English-8/02	<i>Common Infant Problems (birth through 1 year) What About Diarrhea?</i> Answers most common questions and concerns that parents may have and offers suggestions on solving their concerns about diarrhea.	TDH	AG-30
13-123A	Spanish-8/02		TDH	AG-30
13-125	English-9/03	<i>Common Childhood Problems (1-5 years) What about Diarrhea?</i> Answers questions like What is Diarrhea? What Should I do if my child has diarrhea?,	TDH	AG-30
13-125A	Spanish-9/03		TDH	AG-30
13-129	Bilingual-10/02	<i>It's Easy to Eat Healthy: Just Add More Fruits and Vegetables</i> Encourages and explains why eating at least 5 small portions of fruits and vegetables each day are essential for good health.	TDH	AG-30
13-130	English-9/01	<i>Eat 5 Fruits and Vegetables Every Day</i> 5 A Day for Better Health Program encourages Americans to eat 5 or more servings of fruits and vegetables each day for better health.	TDH	AG-30
13-130A	Spanish-7/01		TDH	AG-30
13-132	English-10/99	<i>Breastfeeding Telephone Resource Card</i> Rolodex card with telephone numbers for Lactation Study Center, LaLeche League Hotline, 24 hour Breastfeeding Help and information and State WIC Breastfeeding Promotion Section. (This will not be reprinted)	WIC	WIC

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13-133	Bilingual-2001	Dad's Role in Supporting Breastfeeding Gives Dads tips on how they can support mom and breastfeeding their newborn infant.	WIC	WIC
13-161	Bilingual-8/98	Breastfeeding: Nature's Health Plan; How to know if baby is getting enough 8/98 Full color poster gives tips how to know if a breastfed baby is getting enough or mother's milk, and the breastfeeding 1-800 number.	WIC	WIC
13-165	Bilingual-10/98	Breastfeeding: Nature's Health Plan; Get off to a good start Two sided full color poster gives 4 tips on how to get off to a good start and the breastfeeding 1-800 number.	WIC	WIC
13-166	Bilingual-12/98	Breastfeeding: Nature's Health Plan; Up in the air about when to wean Two sided color poster gives 5 tips on when to wean and the breastfeeding 1-800 number.	WIC	WIC
13-168	English-7/02	Let's Eat! Food for Baby's First Year Discusses feeding tips for your baby. What the baby does, new foods and what to do during the different stages of their first year.	TDH	AG-30
13-168A	Spanish-7/02		TDH	AG-30
13-168V	Vietnamese-9/03		WIC	WIC
13-169	English-4/03	Eat Well, Be Well A Nutrition guide for all women under 40, why they should eat healthy foods and gives examples of healthy, low-fat choices for fast foods. Provides Gives tips on healthy eating and activity.	TDH	AG-30
13-169A	Spanish-4/03		TDH	AG-30
13-169V	Vietnamese-12/03		WIC	WIC
13-170	English-5/03	Weaning Your Baby From The Bottle Answers questions such as How do I wean by baby from the bottle and Why should my baby give up the bottle at 1 year?	TDH	AG-30
13-170A	Spanish-5/03		TDH	AG-30
13-170V	Vietnamese-12/01		WIC	WIC
13-172	Bilingual-12/98	Help for Common Problems During Pregnancy Suggests solutions for heartburn, nausea, and constipation during pregnancy.	TDH	AG-30
13-172V	Vietnamese-8/01		WIC	WIC

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13-173	Bilingual-11/03	Folic Acid: Females age 11 and older need folic acid everyday Answers questions on how to get enough folic acid and the importance of getting enough folic acid to prevent birth defects before you're pregnant.	TDH	AG-30
13-173V	Vietnamese-8/01		WIC	WIC
13-176	Bilingual-5/99	Breastfeeding: Nature's Health Plan; Look I'm Hungry Now This two sided full color poster gives tips and the statewide breastfeeding 1-800 number.	WIC	WIC
13-177	Bilingual-5/99	Breastfeeding: Nature's Health Plan, Breastfeeding and Working Works for me! This two sided full color poster gives 5 tips on breastfeeding and working and the breastfeeding 1-800 number.	WIC	WIC
13-179	English-8/03	Breastfeeding In Public This brochure addresses women's concerns about breastfeeding in public. Suggest ways to discreetly nurse in public and informs women of the law that protects their right to breastfeed in public.	TDH	AG-30
13-179A	Spanish-8/03		TDH	AG-30
13-182	English-11/99	Food Guide Pyramid: A Guide to Daily Food Choices Pamphlet shows the six food groups and gives the appropriate selections from each food group, (under revision 2003.)	TDH	AG-30
13-182A	Spanish-11/99		TDH	AG-30
13-184	English-2/01	Breastfeeding: The Best Choice List the benefits of breastfeeding for baby, mom, and family.	WIC	WIC
13-184A	Spanish-2/01		WIC	WIC
13-184V	Vietnamese-2/01		WIC	WIC
13-186	Bilingual-7/00	Breast Pump Poster - Would you like to? Bilingual poster advertises WIC breast pumps to WIC participants who want to continue breastfeeding after returning to work or school.	WIC	WIC
13-188	English-6/00	Growing Healthy Families Physical Activity Challenge Certificate Certificates for participants and accompanies WIC nutrition education lesson GD-000-01.	WIC	WIC
13-188A	Spanish-6/00		WIC	WIC
13-189	English-6/00	How Can I Help My Family to be Physically Active and Eat Healthy Foods? Full color poster gives tips on how to be physically active and eat healthy foods. Accompanies lesson GD-000-01	WIC	WIC
13-189A	Spanish-6/00		WIC	WIC

13-190	English-6/00	What Benefits Will My Family Get From Physical Activity? This full color poster gives the benefits of physical activity. Accompanies lesson GD-000-01	WIC	WIC
13-190A	Spanish-6/00		WIC	WIC
13-191	English-6/00	What Is Physical Activity? This poster takes a look at what physical activity is and examples of physical activity. Accompanies lesson GD-000-01	WIC	WIC
13-191A	Spanish-6/00		WIC	WIC
13-196	English-10/02	Tips for feeding 1 to 3 year olds Features the Food Guide Pyramid for Young Children, gives information about feeding young children and goal-setting.	TDH	AG-30
13-196A	Spanish-10/02		TDH	AG-30
13-196V	Vietnamese-9/03		WIC	WIC
13-197	English-1/01	Eating for You and a Healthy Baby, too! Talks about areas to consider during pregnancy like gaining enough weight, things to avoid during pregnancy and breastfeeding	TDH	AG-30
13-197A	Spanish-1/01		TDH	AG-30
13-197V	Vietnamese-11/01		WIC	WIC
13-198	English-8/01	Tips for feeding 4 to 6 year olds Features the Food Guide Pyramid for Young Children, gives information about feeding 4 to 6 year olds and answers common questions that parents have about feeding their children.	TDH	AG-30
13-198A	Spanish-8/01		TDH	AG-30
13-198V	Vietnamese-9/03		WIC	WIC
13-200	Bilingual-11/02	Vitamin C Foods Lists fruits and vegetables that contain Vitamin C and important tips about Vitamin C	TDH	AG-30
13-201	Bilingual-11/02	Foods with Iron A list of foods that are good sources of iron. Gives important tips for eating foods high in iron.	TDH	AG-30
13-202	English-1/04	Watch Me Grow In My First Year Discusses developmental milestones for infants during the first year.	TDH	AG-30
13-202A	Spanish-11/02		TDH	AG-30
13-203	English-11/02	Watch Me Grow Years 1 through 4 Discusses developmental milestones for children 1 through 4.	TDH	AG-30
13-203A	Spanish-11/02		TDH	AG-30

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13-206	English-7/3	Hand Expression and Storage of Breastmilk Covers method of hand expressing, and tips for breastfeeding when returning to work or school.	TDH	AG-30
13-206A	Spanish-7/3		TDH	AG-30
13-06-10128	English-2/02	Very Important WIC Parents Certificate Certificate in English, Spanish and to be used for parents and the importance of breastfeeding their baby.	WIC	WIC
13-06-10128A	Spanish-2/02		WIC	WIC
13-06-10830	English-1/03	License to Breastfeed in Public This license informs breastfeeding mothers of the Texas law that states "A mother is entitled to breastfeed her baby in any location where the mother is entitled to be!"	WIC	WIC
13-06-10830A	Spanish-1/03		WIC	WIC
13-06-10954	English-/03	An Instructional Guide For Giving Your Baby the Best Breastfeeding "how-to" guide full of photos and information. Covers positioning and latch-on, milk transfer signals, engorgement, hunger and satiety cues, sleepy baby, growth spurts, weight gain, diaper output, how to take care of yourself, and when to call the doctor.	WIC	WIC
13-06-10954A	Spanish-6/03		WIC	WIC
13-06-11216	English-2/01	Feeding Your Newborn Gives information on actual size of a newborn stomach, how much to feed a newborn, and boiling water used to make formula during the first three months of age.	WIC	WIC
13-06-11216A	Spanish-2/01		WIC	WIC
13-06-11217	English-2/01	The Healthy Family Flipchart A colorful participant handout that shows health message pictures on both sides. One side features a game for the family.	WIC	WIC
13-06-11217	Spanish-2/01		WIC	WIC
13-06-11218	English-2/01	The Healthy Family Place Mat with Recipes A colorful participant handout that shows health message pictures on both sides. One side features a game for the family.	WIC	WIC
13-06-11218A	Spanish-2/01		WIC	WIC
13-06-11219	English-2/01	Your Child's WIC Record A take home record for WIC participants of their measurements, blood values for iron, health goals and progress.	WIC	WIC
13-06-11219A	Spanish-2/01		WIC	WIC

Stock No.	Language/Date	NUTRITION EDUCATION AND BREASTFEEDING Title Description	Order From	Use Form
13-06-11234	English-10/01	Feeding Your Premature Baby Step by Step Feeding problems commonly occur when infants are given foods that they are not developmentally ready to eat. This brochure gives step by step instructions for feeding the premature baby.	WIC	WIC
13-06-11234	Spanish-10/01		WIC	WIC
13-06-11236	English-5/03	Weaning Your Baby From the Breast Encourages mothers to continue breastfeeding, but offers helpful information on weaning.	WIC	WIC
13-06-11236A	Spanish-5/03		WIC	WIC
13-06-11288	English-/02	Just For Grandparents A brochure full of information a grandparent should know: benefits of breastfeeding to baby and mom, how to tell if your grandbaby is getting enough to eat, milk production, and ways to be supportive of breastfeeding.	WIC	WIC
13-06-11288A	Spanish-3/02		WIC	WIC
13-06-11289	English	Nursing More Than One This brochure gives practical advise for mothers of multiples. Photos show different positions for nursing more that one simultaneously, information on pumping, family support and resources.	WIC	WIC
13-06-11289A	Spanish		WIC	WIC
13-06-11435	English-/02	Cooking with Fruits and Vegetables The cookbook features recipes that incorporate fruits and vegetables as key ingredients.	WIC	WIC
13-06-11435A	Spanish-3/02		WIC	WIC
13-06-11451	English-2002	Healthy Mothers for Healthy Babies The World Breastfeeding Month 2002 full color poster focuses on the benefits breastfeeding provides the mother.	WIC	WIC
13-06-11451A	Spanish-2002		WIC	WIC
13-06-11496	English-2/03	Breastfeeding and Working Works for Me! Colorful brochure for breastfeeding mothers wanting to return to work. Includes tips on choosing a child-care provider, pumping, storage of milk, and maintaining a milk supply.	WIC	WIC
13-06-11496A	Spanish-2/03		WIC	WIC
13-06-11549	Bilingual-10/02	Colostrum This pamphlet give important tips and information about colostrum, mother's first breastmilk.	WIC	WIC
13-06-11550	English-6/00	Did you know? Children Need This poster illustrates children should drink 6-8 glasses of liquid a day.	WIC	WIC
13-06-11550A	Spanish-6/00		WIC	WIC

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13-06-11551	Bilingual-6/00	<p><i>The Active Family is a Healthy Family</i> This poster promotes family physical activities.</p>	WIC	WIC
13-06-11580	English-5/03	<p><i>Beans for Breakfast</i> Bilingual children's book for all children on WIC Program.</p>	WIC	WIC
13-06-11580A	Spanish-5/03		WIC	WIC
<p><i>Fit Families is a series of new materials that are intended to be proactive in addressing the issue of obesity. Each poster and pamphlet combination targets a specific area and participant category.</i></p>				
13-06-11618	Bilingual-8/03	<p><i>Fit Families – Baby Talk about food</i> This poster encourages parents of young children to recognize when their child has had enough to eat and to stop feeding them.</p>	WIC	WIC
13-06-11619	English-8/03	<p><i>Fit Families – Baby Talk about food</i> This brochure targets parents of infants and children 4 months to 24 months of age. The pamphlet provides parents with a wealth of information about developmental milestones related to eating. Parents are provided with a list of hunger and satiety cues common in infants and young children and encouraged to respect their child's natural ability to regulate food intake.</p>	WIC	WIC
13-06-11619A	Spanish-8/03		WIC	WIC
13-06-11620	Bilingual-8/03	<p><i>Fit Families Bounce Back, getting in shape after your baby is born</i> This poster illustrates a postpartum mom taking time for herself, being physically active.</p>	WIC	WIC
13-06-11621	English-8/03	<p><i>Fit Families - Bounce Back, getting in shape after your baby is born</i> This pamphlet provides postpartum women with practical nutrition and activity advise. The goal is to give postpartum women information that will help them achieve and maintain a healthy weight.</p>	WIC	WIC
13-06-11621	Spanish-8/03		WIC	WIC
13-06-11622	Bilingual-8/03	<p><i>Fit Families – First Steps to an active life</i> This poster encourages parents of children birth to 5 years of age to actively play with their infants and young children for a strong start in life.</p>	WIC	WIC
13-06-11623	English-8/03	<p><i>Fit Families - First Steps to an active life</i> This brochure encourages parents of children birth to 5 years of age to actively play with their infants and young children. The pamphlet gives parents a list of age-appropriate activities they can do with their children and stresses the idea that active children are healthy children.</p>	WIC	WIC
13-06-11623A	Spanish-8/03		WIC	WIC

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13-06-11638	Bilingual-2/03	<p>Feed Your Baby's Brain This full color poster promotes the connection of breastfeeding and intelligence.</p>	WIC	WIC
13-06-11703	English-3/03	<p>Breastfeed for a Leaner, brighter, healthier little Texans 2003 World Breastfeeding Month Poster</p>	WIC	WIC
13-06-11703A	Spanish-3/03		WIC	WIC
13-06-11714	Bilingual-5/03	<p>Breastfeed for healthier little Texans Activity Booklet 2003 World Breastfeeding Month children's activity book.</p>	WIC	WIC
13-06-11723	English-4/03	<p>This is a breastfeeding friendly clinic Poster for WIC clinics encourages moms to breastfeed at the clinic.</p>	WIC	WIC
13-06-11723A	Spanish-4/03		WIC	WIC
13-06-11727	Bilingual-2/04	<p>Congratulations WIC Graduation Certificate – Girl Graduation certificates for girls and their parents when they go off of the WIC Program. This may be either at age 5 or if they are not re-certified at any age. Both the parent's name and the child's name can be written on the certificate</p>	WIC	WIC
13-06-11728	Bilingual-2/04	<p>Congratulations WIC Graduation Certificate – Boy Graduation certificates for boys and their parents when they go off of the WIC Program. This may be either at age 5 or if they are not re-certified at any age. Both the parent's name and the child's name can be written on the certificate</p>	WIC	WIC
13-06-11920	English	<p>Stamp Out Obesity: Breastfeed This colorful poster that highlights the benefits that breastfeeding reduces a child's risk of becoming overweight or obese later in life.</p>	WIC	WIC
13-06-11920A	Spanish		WIC	WIC
13-06-11924	Bilingual – 4/04	<p>Women Who Breastfeed Have a Reduced Risk of Breast and Ovarian Cancer This colorful poster that highlights the benefits that breastfeeding reduces the risk for breast and ovarian cancer.</p>	WIC	WIC

Stock No.	Language -Date	FACT SHEETS – Staff Resources for WIC Staff Title/Description	Order From	Use Form
06-10105	English-11/93	Fact Sheet No. 1, A Quick Consumer Guide To Safe Food Handling This is a fact sheet that discusses Food Safety. Eating out, or at home, and recommendations on ways for keeping your family safe from food borne illness.	WIC	WIC
06-10106	English-11/93	Fact Sheet No. 2, Meat And Poultry Guideline This fact sheet discusses meat and poultry guidelines , how long can you save fresh and cooked meats and poultry? Uses the USDA guidelines to be sure your food is still safe to eat.	WIC	WIC
06-10107	English-11/93	Fact Sheet No. 3, Handling Eggs Safely At Home This fact sheet discusses special precautions, and proper handling of eggs safely at home and uses tips from USDA guidelines for handling eggs safely.	WIC	WIC
06-10108	English-11/93	Fact Sheet No. 4, Gluten Intolerance This fact sheet is an update for health care professionals dealing with Celiac Sprue, Dermatitis Herpetiformis and Transient Gluten Sensitivity.	WIC	WIC
06-10109	English-11/93	Fact Sheet No. 5, Lactose Intolerance This fact sheet is an update for health care professionals and discusses the symptoms, types and diagnosis for lactose intolerance.	WIC	WIC
06-10110	English	Fact Sheet No. 6, Maternal Nutrition: Gestational Weight Gain This fact sheet is an update for health care professionals and discusses optimal gestational weight gain, low gestational weight gain and very high gestational weight gain and weight-for-height status.	WIC	WIC
06-10111	English- 4/94	Fact Sheet No. 7, Infant Feeding: Low Birth-Weight and Pre-Term Infants This update for health care professionals discusses the low birth-weight and pre-term infants discusses common problems with a low-birth-weight infants, affects on nutrition, and psychiatric and social problems.	WIC	WIC
06-10112	English-9/01	Fact Sheet No. 8, Postpartum Questions This update for health care professionals discusses postpartum question in the period six to ten weeks after a woman gives birth and identifies some of the major problems and recommendations.	WIC	WIC

Stock No.	Language -Date	FACT SHEETS – Staff Resources for WIC Staff Title/Description	Order From	Form
06-10113	English-2/04	Fact Sheet No. 9, Herbal Teas This update for health care professionals refers to the 1992 Survey of Ethnic Food Habits completed by local agency staff in Texas identified the use of herbal teas as a common practice, predominantly found in the Hispanic community.	WIC	WIC
06-10213	English-2/04	Fact Sheet No. 10, Lead Poisoning This update for health care professionals discusses the possible sources of lead poisoning and what are the treatment options and why children under 7 years are at highest risk.	WIC	WIC
06-10104	English-7/02	Fact Sheet No. 11, Iron Deficiency This update for health care professionals discusses iron deficiencies are relatively common in pregnant women, infants and children, women of childbearing age and the preterm infants, and the stages of deficiency, effects on learning and iron absorption.	WIC	WIC
06-10252	English-9/01	Fact Sheet No. 12, Gestational Diabetes This update for health care professionals gives information on gestational diabetes, who is at risk, possible dangers to mothers and baby, and the symptoms and gives some recommendations and things to avoid.	WIC	WIC
06-10256	English-4/97	Fact Sheet No. 13, Reading to Children This fact sheet for health care professionals encourages reading to children and the benefits of reading to children about nutrition.	WIC	WIC
06-10324	English-8/02	Fact Sheet No. 14, Constipation in Infancy and Childhood This update defines constipation, and what are some of the symptoms of constipation, and how to prevent constipation.	WIC	WIC
06-10325	English-1/97	Fact Sheet No. 15, Diarrhea in Infancy and Early Childhood This update for professionals gives the definition of diarrhea and the importance of diarrhea management, causes of diarrhea, dehydration and recommended food for infants and older infants and children.	WIC	WIC

Stock No.	Language -Date	FACT SHEETS – Staff Resources for WIC Staff Title/Description	Order From	Use Form
06-10391	English10/03	Fact Sheet No. 16, Weaning from The Bottle - How To Handle Both the Typical and the Slow To Wean Child This update for professionals discusses when does weaning start, When to get off a bottle, What are the recommendations and Why wean around 1 year of age?	WIC	WIC
06-10411	English-1/99	Fact Sheet No. 17, Folic Acid and Women of Childbearing Age Items of discussion in this update for professionals are: Why is folic acid important, key functions of folic acid and what are the building blocks of protein?	WIC	WIC
06-10495	English-3/00	Fact Sheet No. 18, Contraception and Breastfeeding This information update explains the impact of different methods of contraception on breastfeeding.	WIC	WIC
06-10494	English11/99	Fact Sheet No. 19, Breastfeeding The Sleepy Newborn This information update discusses the sleepy baby and the difficulties that may occur when trying to rouse the baby and getting the sleepy baby to latch on to the breast.	WIC	WIC
06-10760	English-8/00	Fact Sheet No. 20, Bottled Water and Infant Formula This information update deals with bottled water and infant formula. What are the characteristics of the different types of bottled water and recommendations for using them to make infant formula.	WIC	WIC
13-06-11017	English-6/01	Fact Sheet No. 21, Oversupply Syndrome And Overactive Let-Down Reflex This update for professionals defines symptoms causes, and treatment of oversupply syndrome and overactive let-down reflex in the breastfeeding mother.	WIC	WIC
13-06-11018	English-8/03	Fact Sheet No. 22, Normal Breast Fullness, Engorgement, Plugged Ducts and Breast Infections This Information update discusses symptoms of normal breast fullness, engorgement, plugged ducts and breast infections, ways to distinguish between them, and when to refer the breastfeeding mother to her doctor.	WIC	WIC

Stock No.	Language -Date	FACT SHEETS – Staff Resources for WIC Staff Title/Description	Order From	Use Form
13-06-11384	English-7/02	Fact Sheet No. 23, Inappropriate Feeding Practices This fact sheet discusses the inappropriate feeding practices for children and gives the regular or routine consumption of foods that displace or reduce nutrients, growth and development. Also discusses the most common behaviors that compromise the parent-child feeding relationship.	WIC	WIC
13-06-11467	English-5/02	Fact Sheet No. 24, Type 1 Diabetes Information is given on treatment goals, management of Type 1 Diabetes, meal patterns and carbohydrate counting. Gives the warning signs of diabetes	WIC	WIC
13-06-11468	English-5/02	Fact Sheet No. 25, Type 2 Diabetes This fact sheet discusses who gets Type 2 Diabetes, can it be prevented, why and how to manage Type 2 Diabetes	WIC	WIC

Stock No.	Language-Date	Staff Resources - Individual Counseling Guides and Nutrition Modules Title/Description	Order From	Use Form
13-06-10654	English – 7/00	Individual Counseling Guide – Children	WIC	WIC
13-06-11056	English-10/02	Texas Nutrition Risk Manual Provides the definition, justification, clarification/guidelines and references for risk conditions.	WIC	WIC
13-06-11285	English-10/01	Individual Counseling Guide – Infants	WIC	WIC
13-06-11417	English-2/02	Individual Counseling Guide – Pregnant Women	WIC	WIC
13-06-11491	English-5/02	Individual Counseling Guide – Postpartum Women	WIC	WIC
13-06-11544	English-10/02	Individual Counseling Guide – Breastfeeding Women	WIC	WIC

Stock No.	Language-Date	Staff Resources - Individual Counseling Guides and Nutrition Modules Title/Description	Order From	Use Form
13-27-1	English-2/02	Breastfeeding Promotion Support Module Breastfeeding section of the WIC Nutrition Training Module covers everything from reasons for breastfeeding to starting solids. http://www.tdh.state.tx.us/wichd/tng/bftrain.pdf	WIC	WIC
13-27-3	English-2/02	Breastfeeding Promotion Support Module Answer Key This is the Answer Key to the Breastfeeding Promotion and Support Module. http://www.tdh.state.tx.us/wichd/tng/bfanswer.pdf	WIC	WIC
13-33	English-6/01	Basic Nutrition Module This training module covers the basic concepts of good nutrition from the nutrients in food to current topics such as vegetarian diets and weight management. http://www.tdh.state.tx.us/wichd/tng/basic2.pdf	WIC	WIC
13-34	English-6/01	Basic Nutrition Module Answer Key This is the answer key to the Basic Nutrition Module. http://www.tdh.state.tx.us/wichd/tng/basic2_answer.pdf	WIC	WIC
13-36	English- 4/93	WIC Nutrition Training Guide: Infant Nutrition Module Workbook A self-paced workbook designed to train WIC staff in infant nutrition in order to deliver group nutrition education classes and individual nutrition counseling to WIC participants.	WIC	WIC
13-37	English- 4/93	WIC Nutrition Training Guide: Infant Nutrition Module This module is designed to train WIC staff in infant nutrition in order to deliver group nutrition-education classes and individual nutrition counseling to WIC participants.	WIC	WIC
13-38	English- 4/93	WIC Nutrition Training Guide: Infant Nutrition Self-Check Answer Key This is the answer key to the Infant Nutrition Workbook at the local agency.	WIC	WIC
13-40	English- 11/00	Preschool Nutrition Module A self-paced workbook designed to train WIC staff in preschool nutrition in order to deliver group nutrition education classes and individual nutrition counseling to WIC participants. This module covers the importance of good nutrition for preschoolers, and their need for energy and nutrients to be active, to think, and to grow. http://www.tdh.state.tx.us/wichd/tng/Preschool2.pdf	WIC	WIC

Stock No.	Language-Date	Staff Resources - Individual Counseling Guides and Nutrition Modules Title/Description	Order From	Use Form
13-41	English- 11/00	Preschool Nutrition Module: Answer Key The answer key to the Preschool Nutrition workbook at the local agency. http://www.tdh.state.tx.us/wichd/tng/Preschool2_answer.pdf	WIC	WIC
13-42	English- 7/03	Postpartum Nutrition Module A self-paced workbook designed to train WIC staff in postpartum nutrition in order to deliver group nutrition education classes and individual nutrition counseling to WIC participants.	WIC	WIC
13-42-1	English- 7/03	Postpartum Nutrition Module Answer Key This is the answer key to the Postpartum Nutrition Module workbook.	WIC	WIC
13-81	English- 5/96	Prenatal Nutrition Module: Training Guide A module designed to train WIC staff in prenatal nutrition in order to deliver group nutrition education classes and individual counseling to WIC participant.	WIC	WIC
13-81-1	English- 5/96	Prenatal Nutrition Module Workbook A self-paced workbook designed to train WIC staff in prenatal nutrition, an adjunct of the Prenatal Nutrition Module.	WIC	WIC
13-81-2	English- 5/96	Prenatal Nutrition Module: Answer Key The answer key to the Prenatal Nutrition workbook at the local agency.	WIC	WIC
13-174	English-3/00	Formula Resource Book: Basic Infant Formula This is a formula resource book on basic Infant formula, (under revision 2003.)	WIC	WIC
13-174-1	English- 3/00	Basic Infant Formula: Answer Key Self-paced answer key for the Basic Infant Formula, (under revision 2003.)	WIC	WIC

Stock No.	Language	<p style="text-align: center;">OUTREACH Title /Description</p>	Order From	Use Form
13-7	English-4/97	<p><i>We Are Here To Serve You</i> Printed one side poster. Place this poster in WIC clinics so that participants know who to call if they have a question about WIC or problem with the program or staff.</p>	TDH	AG 30
13-7A	Spanish		TDH	AG 30
13-12	Bilingual-4/03	<p><i>A Friendly Reminder</i> Use this 8 ½ x 11 reminder letter for WIC participants for their appointment times.</p>	TDH	AG-30
WIC 26	Bilingual-8/02	<p><i>Growing Healthy Families</i> Card mailed to pregnant women who are on Medicaid by the Department of Human Services and also may be used as an envelope stuffer in local communities.</p>	WIC	WIC
13-45	English-5/01	<p><i>Plan for a Healthy Future</i> Hand out or post this brightly colored poster in company break rooms, lobbies, and cafeterias. Printed in English on one side and Spanish on the other.</p>	WIC	WIC
13-55	Bilingual-4/03	<p><i>Texas WIC Reference Guide</i> The Texas WIC Reference Guide is designed to provide DHS offices and other agencies/programs/organizations, who may refer people to WIC, with information about the WIC program.</p>	TDH	AG-30
13-55V	Vietnamese-9/03		WIC	WIC
13-85	Bilingual	<p><i>Texas WIC Income Guidelines</i> This is a quick way to get income guidelines out to clients. Make copies of this camera-ready flier and cut into thirds to make stuffers. English on the front and Spanish on the back.</p>	TDH	AG-30
13-92	English	<p><i>WIC is Growing Healthy Families</i> This brochure explains who can qualify for WIC, including working families, and briefly explains WIC benefits.</p>	TDH	AG-30
13-92A	Spanish		TDH	AG-30
13-92V	Vietnamese		WIC	WIC

Stock No.	Language	OUTREACH Title /Description	Order From	Use Form
13-137	English-10/98	<i>Wishing You A Beary Happy Birthday</i> This bright yellow, brown and pink postcard can be sent by clinic staff to child participants for their birthdays. Reminds moms that their children can stay on WIC until age 5, that they can get benefits if another baby is due, and that they can retain WIC benefits for a year after baby's birth if they breastfeed.	WIC	WIC
13-137A	Spanish-10/98		WIC	WIC
13-154	English-3/01	<i>WIC Growing Healthy Families</i> Cream/beige notepad with WIC 1-800 number. Note: These will not be reprinted.	WIC	WIC
13-155	English-3/01	<i>Make A Note Refer to WIC</i> Blue notepad. Note: These will not be reprinted.	WIC	WIC
13-156	English-9/03	<i>A Guide to Helpful Programs and Services</i> This flier provides helpful information to both clinic staff and participants regarding other programs and services such as Texas Health Steps, Medicaid, Child Support Enforcement Services, and Food Stamps. Medicaid guidelines are included.	WIC	WIC
13-156A	Spanish-9/03		WIC	WIC
13-163	English-8/98	<i>Just Take One</i> A colorful poster. Do not enroll in more than one WIC clinic at a time. It's the Law!	WIC	WIC
13-163-A	Spanish-8/98		WIC	WIC
13-183P	Bilingual-8/01	<i>And Justice For All</i> This is a discrimination statement poster	WIC	WIC
13-06-11273	English-10/01	<i>Physicians Referral Cards: For Pregnant, Postpartum and Breastfeeding Women</i> These pink referral cards are used by doctors to refer patients to WIC clinics. The doctor fills in the medical information, and the patient takes the card to a WIC clinic. Since some screening tests have already been done, this saves time for the WIC clinic staff. The cards come 50 to a pad. The pads have a reorder form at the back.	WIC	WIC
13-06-11274	English-10/01	<i>Physician Referral Card: Infants & Children Younger than 5</i> This yellow referral cards are used by doctors to refer patients to WIC clinics. The doctor fills in the medical information, and the patient takes the card to a WIC clinic. Since some screening tests have already been done, this saves time for the WIC clinic staff. The cards come 50 to a pad. The pads have a reorder form at the back.	WIC	WIC

Stock No	Language-Date	OUTREACH Title /Description	Order From	Use Form
NA	English	WIC is Beary Healthy Sticker Colorful stickers to hand out to your younger clients. Use as rewards for coming to WIC appointments, getting immunized, good behavior, birthdays.	WIC	WIC
NA	Spanish		WIC	WIC
NA	English	Some Bunny Special Sticker Colorful stickers to hand out to your younger clients. Use as rewards for coming to WIC appointments, getting immunized, good behavior, birthdays..	WIC	WIC
NA	Spanish		WIC	WIC
NA	English	Purr...fectly Happy Sticker Colorful stickers to hand out to your younger clients. Use as rewards for coming to WIC appointments, getting immunized, good behavior, birthdays.	WIC	WIC
NA	Spanish		WIC	WIC
NA	English	Happy Birthday Sticker Colorful stickers to use on infants' and children's birthdays. Stick on birthday treats,.	WIC	WIC
NA	Spanish		WIC	WIC

Stock No.	Language/Date	FOOD ISSUANCE Title /Description	Order From	Use Form
WIC-34	English- 7/03	Texas WIC Approved Foods Brochure Full color shopping guide gives all name brands approved.	TDH	AG-30
WIC-34A	Spanish- 7/03		TDH	AG-30
WIC 34V	Vietnamese 1/04		TDH	AG-30
WIC 34-I	Bilingual- 6/03	Texas WIC-Approved Infant Formula and Cereal This full-color insert to WIC Approved Foods brochure displays photos of the contract infant formula and cereal.	WIC	WIC
WIC 34-IV	Vietnamese- 9/03		WIC	WIC
WIC-34P	English-7/03	Texas WIC Approved Foods Poster Full color shopping guide gives all name brands approved.	WIC	WIC
13-1999	Bilingual-8/01	WIC Voucher Folder Holds participant food vouchers and allows staff to use for notations, documentation for certification, and appointment information.	TDH	AG-30
13-06-11422	Bilingual-6/03	Texas WIC Approved Foods for Participants With Limited Storage/Refrigeration This black and white insert to the WIC Approved Foods brochure displays photos of foods approved for limited storage or refrigeration.	WIC	WIC

Stock No.	Language	WIC Staff Training Title/Description	Order From	Use Form
13-80	English-6/02	<i>Diet History/Dietary Recall & Assessment: Self Paced Training Guide</i> This module explains the policy and proper procedures for obtaining and scoring a WIC applicant's diet.	WIC	WIC
13-140	English-6/03	<i>Training Moms To Help Moms</i> WIC Breastfeeding Peer Counselor Manual for Instructors.	WIC	WIC
13-06-11342	English-2002	<i>Moms Helping Moms</i> This is the WIC Breastfeeding Peer Counselor Manual for Counselors, for Texas WIC Staff only.)	WIC	WIC
13-06-11342A	Spanish-2002		WIC	WIC
13-06-11057	English-6/02	<i>Interviewing Skills: Self-Paced Training Guide</i> This module provides information on the proper interviewing techniques for the WIC certification process.	WIC	WIC
13-06-11058	English-11/00	<i>WIC Food Packages and Food Issuance Class Participant Manual</i> This module identifies and explains the WIC allowable foods, food packages, formulas and formula drop shipment.	WIC	WIC
13-06-11060	English-4/03	<i>Growth Assessment: Weighing and Measuring WIC Participants Self-Paced</i> This module explains and provides the proper procedures for weighing and measuring infants, children, and women.	WIC	WIC
13-06-11134	English-2/03	<i>Screening for Eligibility Category, Residency & Income: Class Participant Manual</i> This module explains the policies and procedures involved in category, identification, residency and income eligibility. http://www.tdh.state.tx.us/wichd/tng/eligcpm-9-s.pdf	WIC	WIC
13-06-11180	English-5/01	<i>Teaching WIC Nutrition Education Classes</i> A training guide for WIC staff.	WIC	WIC
13-06-11477	English-10/93	<i>Testing for Hematocrit and Hemoglobin Values:</i> Assessment Guide Series This module provides the proper techniques for performing an hemoglobin and hematocrit from an infant, child and woman.	WIC	WIC
13-06-11980	English-4/04	<i>Nutrition Assessment/Individual Counseling Self-Paced Learning Materials</i>	WIC	WIC

Stock No.	Language	WIC Forms Title/Description	Order From	Use Form
WIC-19a	English-7/02	<p>Assistance Verification/Supplement for Income Eligibility <u>Section I</u> is used when an applicant does not have an income and other household members do not earn wages. There is no money made by members of this household. The person providing financial support, not a member of the household, should complete this section. <u>Section II</u> is used when an applicant does not have an income and a third party can verify the financial status of the applicant. The third party should complete this section.</p>	TDH	AG-30
WIC-19b	English-7/02	<p>Employment Verification Form This form is used to verify income when an applicant or any individual of the applicant's household gets paid in cash or does not have a check stub. The local agency staff, the wage earned, and the employer each have sections to complete on this form.</p>	TDH	AG-30
WIC-19c	English-12/01	<p>Separate Economic Unit This form is used when an applicant and her family member is determined to be a separate economic unit from the rest of the household.</p>	TDH	AG-30
WIC-19E	English-11/01	<p>Special Supplemental Nutrition Program For Women, Infants, and Children (WIC) Residency Verification Form For Homeless Families. This form is used by homeless applicant who is unable to verify any specific place of residency. Available in the WIC Policy Manual.</p>	WIC Policy Manual	
WIC 32	English-11/98	<p>Applicant's Statement of Farm/Self-Employed <u>Section A</u> is used when an applicant or any individual of the applicant's household is self-employed. <u>Section B</u> is used when an applicant or any individual of the applicant's household is a farmer.</p>	TDH	AG-30
WIC-35	English-7/02	<p>Family Certification Form This form is used to document presented certification information and proof of identification, residency and income for the parent/guardian/applicant and his/her household.</p>	TDH	AG-30

Stock No.	Language Date	WIC Forms Title/Description	Order From	Use Form
WIC-35-1	English-10/02	WIC Supplemental Information For This form contains the rights and responsibilities of each WIC participant. The top portion of the form is completed when an applicant is determined eligible for WIC benefits. The bottom portion of the form is completed when applicant is determined ineligible for WIC benefits or a participant is terminated.	TDH	AG-30
WIC-35-2	English- 4/95	Release List: This form lists health or welfare agencies that may use WIC participant information to determine other programs eligibility or to conduct outreach. The blank side is used to list the names of the programs that have a memorandum of understanding with the local agency.	TDH	AG-30
WIC 36	English-4/02	Infant Participant Form Document WIC certification and nutrition-assessment information for an infant participant.	TDH	AG-30
WIC 37	English-3/95	Quick Intake Form This form is use to a) collect preliminary information form WIC applicants and b) to request in-state transfer information. It is often used when the information cannot be directly entered into the Texas WIN system.	TDH	AG-30
WIC-38	English-10/02	Child Participant Form Document WIC certification and nutrition-assessment information for a child participant.	TDH	AG-30
WIC-39	English-10/02	Pregnant Participant Form Document WIC certification and nutrition-assessment information for a pregnant participant.	TDH	AG-30
WIC-4	English-4/02	Range of Prenatal Weight Gain Health Record Chart used to assist in tracking the range of prenatal weight gain and the instructions.	TDH	AG-30
WIC-40	English-10/02	Breastfeeding Participant Form Document WIC certification and nutrition-assessment information for a breastfeeding participant.	TDH	AG-30
WIC-41	English-10/02	Postpartum Participant Form Document WIC certification and nutrition-assessment information for a postpartum participant.	TDH	AG-30

Stock No.	Language	WIC Forms Title/Description	Order From	Use Form
WIC-42	English-10/02	<i>Diet History for Infants Birth through 11 mo.</i> Document collect and assess infant's dietary health information on an infant from birth to the age of 11 months.	TDH	AG-30
WIC 42-A	Spanish-10/02		TDH	AG-30
WIC-44	English-11/01	<i>Diet Health History for Children ages 1 through 4 Years</i> This form is used to collect and assess the infant's dietary health information on a child ages 1 to the 4 years.	TDH	AG-30
WIC 44A	Spanish-11/01		TDH	AG-30
WIC 45	English-10/02	<i>Diet History Pregnant/Breastfeeding/Postpartum Women: Diet Recall and Assessment</i> Documentation used to collect and assess pregnant, breastfeeding, and postpartum women's diet and health information.	TDH	AG30
WIC 45A	Spanish-10/02		TDH	AG30
WIC-R02	Bilingual-2/99	<i>Verification of Residency</i> <u>Section A</u> is used when an applicant does not have acceptable proof of residency and a third party can verify the applicant's living arrangements. The third party will complete this section. <u>Section B</u> is used when the applicant uses an acceptable map to indicate her residence. The applicant will complete this section. <u>Section C</u> is used when an applicant lives with someone and does not have written proof of residency. The person providing residency will complete this.	TDH	AG-30
WIC - RO5	Bilingual-4/03	<i>Infant Midpoint Review</i> This form is used to determine if an infant participant is receiving health care services. Documents well-child check or nutrition/immunization assessment by WIC.	TDH	AG-30
WIC-R-14	English-12/01	<i>WIC-R-14 What to Bring to Your WIC Appointment</i> This is a checklist of items a participant needs to bring to their first WIC appointment.	TDH	AG-30
WIC-R-14A	Spanish-12/01		TDH	AG-30
WIC-50	English-11/99	<i>Single-User Electric Breast Pump Loan/Release Form</i> A two page carbonless copy form required when issuing breastfeeding single-user electric breast pump to a breastfeeding participant.	WIC	WIC
WIC 50A	Spanish-11/99		WIC	WIC

Stock No.	Language Date	WIC Forms Title/Description	Order From	Use Form
WIC-51	English-11/99	Multi-User Electric Breast Pump Loan/Release Form A two page carbonless copy form required when issuing breastfeeding multi-user electric breast pump to a breastfeeding participant.	WIC	WIC
WIC 51-A	Spanish-11/99		WIC	WIC
NVRA-WIC	Bilingual-NA	Opportunity To Register To Vote Declination of voter registration.	WIC	WIC
	Bilingual-NA	Voters Registration Voters registration card.	WIC	WIC
CH-9W	English-4/02	Girls from Birth to 36 Months Growth chart for girls from birth to 36 months. This chart gives head circumference for age, weight for length, weight for age and length for age.	TDH	AG-30
CH-10W	English-4/02	Boys: Birth to 36 Months This is a growth chart for boys from birth to 36 months. This chart gives head circumference for age, weight for length, weight for age and length for age.	TDH	AG-30
CH-11	English-12/01	Girls: 2-20 Years Front of this chart shows Body-Mass Index for age percentiles for girls ages 2-20 years Back of this chart is a growth chart for girls 2-20 years (stature for age and weight for age).	TDH	AG-30
CH-12	English-12/01	Boys: 2-20 Years Front is growth chart for pre-pubertal boys from 2 to 11.5 years weight for stature front of this form shows Body-Mass Index for age percentiles for boys ages 2-20 years. Back of this chart is a growth chart for boys 2-20 years (stature for age and weight for age).	TDH	AG-30
CH-20W	English-12/01	Pre-Pubertal Girls: 2-5 Years Front of this form shows Body-Mass Index for age percentiles for girls ages 2-5 years. Back of this chart is a growth chart for girls 2-5 years (stature for age and weight for age).	TDH	AG-30
CH-21W	English-12/01	Pre-Pubertal Boys from 2 To 5 Years Weight for Stature Front of this form shows Body-Mass Index for age percentiles for boys ages 2-5 years. Back of this chart is a growth chart for boys ages 2-5 years (stature for age and weight for age).	TDH	AG-30