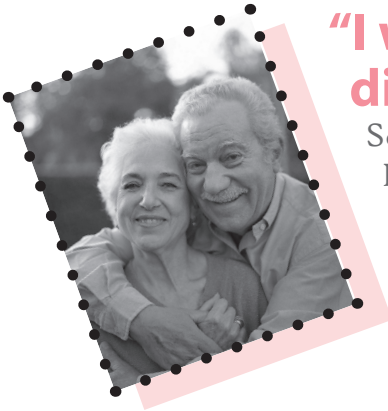


Take care of yourself! Your loved ones need you. The facts about mammograms



“I was surprised that my mammogram didn’t hurt.”

Some women may experience discomfort when they have a mammogram. For most women, this discomfort is mild and worthwhile because they want to be there for their family. If discomfort occurs, it usually only lasts for a few seconds while the X-ray is taken. Get this test every year for yourself and the people you love.

“I’d rather not know if I have breast cancer.”

Yearly mammograms are recommended for women age 40 and older to increase the chance of detecting breast cancer at a very early stage. If it is found early, most breast cancer can be cured. More and more women are going on to lead normal, healthy lives after treatment for breast cancer.



“I don’t feel any pain or lumps.”

You may not feel pain or lumps if you have breast cancer. Mammograms can detect cancer two years before you or your doctor can feel a lump. That’s why it’s important for you to get a mammogram every year.

“I don’t think I can afford a mammogram.”

Medicare Part B will cover 80 percent of the cost of an annual mammogram. This means that you would not pay more than \$30 for this important test. To find a location where you can get a mammogram, call the American Cancer Society at 1-800-227-2345. They may also be able to help you find a low-cost mammogram.

**See your doctor today
about a mammogram!**

Call the American Cancer Society for more information about mammograms at 1-800-227-2345.