

2018 Healing Art Showcase

Counseling and Testing Services (CTS) and the Student Health and Wellness Center invite all students to participate in the 4th annual Healing Art Showcase. This Showcase exhibits artwork created by University of North Texas (UNT) students. It is designed to help students empower themselves as well as other students. The goals of the Healing Art Showcase are to educate about and address mental health issues that can impact academic and personal functioning among students, as well as decrease mental health stigma.

We invite you to submit artwork that represents **empowerment and resilience related to mental health**. The Healing Art Showcase will be held on **Thursday, November 8th, from 6-7:30pm, at Chestnut Hall**. This exhibit will be open to the public. Refreshments will be served.

According to the National College Health Assessment (2018) data, the top five factors that impact college students' academic performance are stress, anxiety, sleep difficulties, depression, and work. If you choose, your artwork may focus on one of these areas.

Awards will include gift cards and other items (e.g., UNT clothing) from businesses in the Denton area. Awards will be confirmed by the deadline for entry (October 19th).

Entry Deadline is Friday, October 19th, 2018.

Eligibility

All entries must be original works of art, created within the past 3 years, and artists must identify as a current University of North Texas student.

Process of Entry

- 1) Fill out entry form (see below).
- 2) Attach a photo of your artwork. If you are submitting the form via email, please have the photo be saved as JPEG, minimum of 75 dpi.
- 3) Fill out an entry form for each separate piece of artwork (maximum of three) **BY FRIDAY, OCTOBER 19th**.
- 4) Email the entry form to steffanie.grossman@unt.edu, with the subject "Healing Art Showcase Entry", or bring the form and photo to CTS, Chestnut Hall, Suite 311.
- 5) Artists will be notified if their artwork is selected to be exhibited **BY WEDNESDAY, OCTOBER 24th**.
- 6) Selected artwork must be delivered to Counseling and Testing Services between **TUESDAY OCTOBER 30th AND THURSDAY, NOVEMBER 1st** (unless other arrangements are agreed upon between artist and CTS).

Rules of Entry

- 7) There is no entry fee.
- 8) The maximum number of submissions is three.
- 9) Artwork can be in any form of media (e.g., Drawing, Painting, Photography, Printmaking, Mixed Media, Collage, Computer-Generated Imagery), that can be hung on a wall.
- 10) Size is limited to 36 inches in any direction, including frame.
- 11) Artwork will be displayed as is; please have the artwork framed if appropriate and ready to hang.
- 12) Artists must include measurements of each submission on the application form.
- 13) CTS and the Health and Wellness Center are not responsible for lost, stolen, or misdirected entries.
- 14) CTS and the Health and Wellness Center are not responsible for artwork being damaged; signs indicating to not touch the artwork will be placed around CTS, though it is not able to be guaranteed that artwork will not be touched (e.g., not in protective casing).
- 15) Your entry acknowledges acceptance of the rules of entry.
- 16) Your art work will be “on loan” to CTS until October 2019, so students visiting CTS may view and benefit from your artwork. Exceptions to this may apply (e.g., if graduating and leaving the UNT area). Artwork not picked up by October 31, 2019 will be considered abandoned and will become the property of CTS to be used as it deems appropriate. Additionally, if you wish to donate your artwork to CTS to remain on display, you are welcome to do so.
- 17) CTS may request that you pick up your Artwork prior to the stated loan date, if CTS is no longer able to safely display it (e.g., if scarcity of space occurs).
- 18) To guarantee client confidentiality, the exhibition is only open to the public during the opening reception in November 2018, at the “Creative Innovations in College Counseling Conference” in June 2019, and at scheduled viewings.

Criteria and Judging

- 1) The panel of judges will be professional art educators, practicing artists, mental health professionals, and UNT students.
- 2) Judging will take place prior to the Healing Art Showcase, for all awards other than the People’s Choice Award. Awards will be presented during the showcase, other than the People’s Choice Award, which will be announced via social media within one week of the Showcase. Works will be selected on the basis of original concept, expressive use of media, artistic excellence, and representation of the theme of empowerment and resilience.

Submit entries to Dr. Steffanie Grossman, at steffanie.grossman@unt.edu. Be sure that all information is complete on submissions.

Adapted from University of Central Florida Counseling and Psychological Services’ Healing Art Exhibit and Savannah College of Art and Design Counseling and Student Support Services’ Art of Prevention.

2018 Healing Art Showcase Entry Form

Name:

Address:

Phone number:

Email Address:

Are you a UNT student?

What is your year in school?

What are your pronouns (e.g., she, they, ze)?

Title of Work:

Completion date:

Medium:

Height:

Width:

Is a photo (JPEG, minimum of 75 dpi, if via email) of your artwork attached?

Do you prefer your name is placed beside your artwork or that you remain anonymous?

May we display your Artist Statement/Inspiration with your artwork?

Artist Statement/Inspiration for this artwork (PLEASE TYPE OR SUPPLY A TYPED COPY):

Submit entries to Dr. Steffanie Grossman, at steffanie.grossman@unt.edu. Be sure that all information is complete on submissions.